



North Region Coastal District
Lynn Shore & Nahant Beach Reservation
Department of Conservation and Recreation

SUMMER PROGRAMS

JUNE-AUGUST 2025



ADA/Reasonable Accommodations
617-645-0358 | moneesha.dasgupta2@mass.gov

All Programs are free and open to the public. An adult must accompany children. Please dress for the weather. Programs are cancelled during inclement weather, including high winds and extreme heat. For more information call (617) 721-4132 or email matthew.nash@mass.gov

9:00am-12:00pm

Saturday

June 14 & 28

July 12

August 9 & 23

CREATURES OF THE SEAS AND SANDS DISCOVERY STATION

Drop by anytime for a brief (3-5 minute) lesson about the fascinating and vital creatures that rely on the sea and sand for their survival.

Ages: All ages. Children must be with an adult. **Meet At:** Red Rock Park, 188 Lynn Shore Drive, Lynn, MA

9:00-10:30 am

Friday

June 20

July 18

August 15

A MINDFUL AWAKENING WITH NATURE

Engage your senses to deepen your connection with nature and boost peace, creativity, and health. Expect sitting, standing, and short walks. Bring a small chair, blanket, or pad to sit on. **Ages:** Adults and teens with adults.

Meet At: Nahant Beach, on the beach in the vicinity of the south entrance booth.

For more information, or if you would like to receive regular emails about our current program schedules, please call (617) 721-4132 or email Matthew.Nash@mass.gov

North Region Coastal District
1 Eliot Circle, Revere, MA 02151 Tel. (617) 721-4132

coming events