



North Region Coastal District  
Lynn Shore & Nahant Beach Reservation  
Department of Conservation and Recreation

## WINTER 2026 PROGRAMS

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All Programs are free and open to the public. An adult must accompany children. Please dress for the weather. Programs are cancelled during inclement weather, including high winds and extreme temperatures. For more information, or if you would like to receive regular emails about our current program schedules, please call (617) 721-4132 or email [Matthew.Nash@mass.gov](mailto:Matthew.Nash@mass.gov)



ADA/Reasonable Accommodation

617-645-0358 | [Moneesha.dasgupta2@mass.gov](mailto:Moneesha.dasgupta2@mass.gov)

**Thursdays**  
**3:00–4:00 pm**  
January 8 & 22  
February 5 & 19

### **The Quiet Beauty of Birding**

Come join us for an up-close look at sea ducks and gulls in action! Observe, share your insights, ask questions, and connect with fellow bird enthusiasts.

**Ages:** For adults & children 8+. Children must be with an adult.

**Location:** Red Rock Park, 188 Lynn Shore Drive, Lynn, MA

Coming events