**Date:** January 23, 2024

**Time:** 9:30 a.m. to 11:00 a.m.

**Location:** Virtual via Teams

**Attendees:** Maeve Edwards, Kathryn Ashe, Ilya Ablavsky, Michelle D’Amico, Lynn O’Neal, Amy Peters, Phil Litch, Quendia Martinez

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| **Topic** | **Discussion** | **Assignment/Task** | **Point Person**  | **Notes** |
| Introductions  | Amy Peters is new to the board. She has been working in Lynn as a psychiatric nurse doing home care through Innovive Health (formerly Nizhoni) for the last 17 years. She is very involved in the community. All other board members introduced themselves to Amy.  |  |  |  |
| Approval of Prior Meeting Minutes | December meeting minutes were reviewed and accepted as written.  |  |  |  |
| Treasurer’s Report | Michelle updated us that our current balance is $737.65. We received a donation from Phil of $220 that brought us to that number. This is Michelle’s last meeting as treasurer. Signatories have been signed over at the bank. |  |    |    |
| Local Community Services Updates | **DMH:** There were 4 DMH applicants approved for services. Had some other applicants but they withdrew due to no contact. The applicants this month were on the younger side. One individual was Spanish speaking, 3 were English speaking, all from Lynn. No applicants who had co-occurring substance use disorder, which is interesting because it is rare. They are working on the Zero Suicide initiative at DMH and are developing a policy and protocol around assessing suicide risk. One of the areas that they have paid attention to is screening following care transitions (if they have lost their housing, or just discharged from the hospital etc.). Transitions in care can be destabilizing and so they are focusing on this to minimize risk. They will be having case management assess for risk at these times and then follow up quarterly to reassess. It would be best practice to be adaptable in the questions but also administering enough training so that people have the expertise to be adaptable but ensure that they are getting the information that is needed. They are also trying to work out who on the care team will be asking these questions if there are multiple providers on the team.**GLSS:** Things are operating as usual. Lynn is going to be increasing her hours to the food hub. **Pathways:** Quendia gave an update. They are increasing the applicants from various countries. She is going to share a flyer about a workshop that they are offering this weekend. **CPCS:** No new updates. **Innovive Health:** Amy updated us on the NAMI North Shore board. They are planning a Mental Health First Aid program for April. It will be free of charge. She will forward a flyer about this. **Phil:** Phil gave an update on an event being held in Lynnfield.  |  |  |  |
| Old Business | Board Member Recruitment: We have technically 10 board members. At the next meeting we will have the following people joining us: Tina Hoofnagle (Lynn Public Schools, Director of Social Emotional Learning), Angelica Perez Baez (The Haven Project, Director of Community Services), Sarita Ago (City of Lynn, Community Affairs and Outreach Coordinator), and Cassandra Ford (Spectrum Health Systems, Director of Spectrum Health Systems). Speakers: Phil has not found any additional names for speakers, so if people can send him ideas, that would be appreciated. We could use zoom for these meetings if needed. We did finalize a list of questions and a letter to send out as an invitation to come speak. They will try to get that sent out by the end of the week. We are hoping to have the psychiatrist come to speak in March. Fundraising: After the last meeting, Lynn was not sure what we were going to be working toward. She has not heard from anyone about a location that might be willing to host it. Michelle was talking about an event space at the Lynn Housing Authority, but that would be a big undertaking and since we are still onboarding new members, it might be better to do an online auction that is not as heavy of a lift. The DMH staff member who is in a band said that they would auction a performance (with a minimum bid). Cassandra Ford, who will be joining the board, has a connection at a pizza place that might be able to donate. There is a self-care basket there that someone donated, and a few other people are happy to donate baskets. Lynn will work on recruiting donations for the auction. Phil also has a connection at a restaurant and can ask about them donating a portion of their profits to the board. Quendia was thinking about fundraising and knows someone who was involved in local politics who used to donate to their program and might be willing to donate to us. She also knows that Trios in Lynn usually is willing to host fundraisers, so they might be able to donate a gift card or something. She will speak with them. We are raising funds for the consumer emergency fund, that goes toward helping people who are struggling with mental health and need assistance with bills, items, medication etc. Kat will look and see if there is a description of the fund that we can give to people, along with a description that a donation is a tax deduction. She will get that to us in 2 weeks. We are looking at doing this auction in May for Mental Health Month.  |   |  |  |
| New Business  | No new business.  |   |  |  |
| ADDENDA AND MATERIALS PROVIDED | * January 2024 Site Board Agenda
* December 2023 Meeting Minutes
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| ADJOURNMENT/NEXT MEETING | Next meeting: **February 20th at 9:30 a.m.** via Teams.  \*\*note the new time and platform\*\* |   |   | .  |

**DMH staff:** Minutes should be emailed to **DMH-DL – Open Meeting Notices** after they are approved by the Public Body.