

Malnutrition Awareness and Prevention Events in Massachusetts May 13th -20th 2019

Seventy-six events will be taking place throughout the Commonwealth this week. These include presentations about the signs of malnutrition and how to prevent it, individual malnutrition risk screenings, healthy diet information, free snack giveaway, recipe demonstrations / tastings, questions answered by a dietitian or other professional. (Alphabetical by town)

Monday May 13th

Time	Location	Address	City	Presenter(s)
11:30am	Amherst COA	70 Boltwood Walk	Amherst	Nicole Chivas
11am	Beech Street Center (COA)	266 Beech Street	Belmont	Meghan Ostrander
11:00-12:30pm	Quincy Towers	5 Oak Street West	Boston	Sophia Ding, Shuhan Zhan
1pm	Cambridge Senior Center (COA)	806 Massachusetts Avenue	Cambridge	Andrea Svartstrom
11am	RiverMills (COA)	5 W Main St	Chicopee	Christy Maxwell
11:30am	Keystone Apartments	151 Hallet St	Dorchester	Tara Hammes & Alie Hill
12-1pm	Dudley Senior Center (COA)	71 W Main St	Dudley	Mary Brunelle
11:30am-2pm	Heywood Hospital	242 Green St, Dining Room B	Gardner	Nutrition, PT, Social Services
11:30am	Lexington Community Center (COA)	39 Marrett Road	Lexington	Denise Mercury and Jenn Stiff
12pm	Lynn COA	8 Silsbee St	Lynn	Ben Graff or Ellen Goldman
11:30-12:30	Norfolk COA	28 Medway Branch Rd.	Norfolk	TBA
1:30pm	Ruggles/Hearth	25 Ruggles St.	Roslindale	Alie Hill
11am-12pm	Dartmouth COA	628 Dartmouth St	S. Dartmouth	
10:30am - 11:30am	Deerfield Senior Center (COA)	67 N. Main St.	S. Deerfield	Karen Lentner
12pm	Harbor United Methodist Church	55 First Parish	Scituate	Marianne DiCorpo and TBA

Tuesday May 14th

Time	Location	Address	City	Presenter(s)
11:30am	Acton Senior Center (COA)	30 Sudbury Road	Acton	Denise Mercury, Jenn Stiff, Minuteman nurse
12pm	Bellingham COA	40 Blackstone St	Bellingham	SNAP-Ed, Dept. of Transitional Assistance
11am-12pm	Bernardston Senior Center (COA)	38 Church St.	Bernardston	Karen Lentner
9:45 am	Golden Age Senior Center	382 Main St.	Charlestown	Tara Hammes
11:45am	Buckley Towers	14 Bloomingdale Avenue	Chelsea	TBA
1pm	Grove Hall	51 Geneva Ave	Dorchester	Alie Hill
12:30-1:30pm	Holden Senior Center (COA)	1128 Main St.	Holden	TBA
12:30 to 1:30 PM	Marion COA	465 Mill St.	Marion	
10am-1pm	Mashpee Senior Center	26 Frank E. Hicks Dr.	Mashpee	TBA
10-11:30am	Methuen COA	77 Lowell St	Methuen	Leigh Hartwell and Susan Poludniak
10am	Ralph J. Froio Senior Center (COA)	330 North Street	Pittsfield	Bruce Homstead, Beth Mathis-Torrey, Linda Gilardi, LPN
11:30am	Randolph Intergenerational Center	128 Pleasant St	Randolph	Marianne DiCorpo and TBA
11:45	St. Patricks	400 Dudley St	Roxbury	Alie Hill
9:45-10:45	Levesque Community Life Center (COA)	401 Bridge St.	Salem	Molly Pecukonis & Michelle Zelikman
11:30am	Seekonk COA	540 Arcade Avenue	Seekonk	Sarah Sheppard
10:30am	Holland St. Senior Center	167 Holland Street	Somerville	Andrea Svartstrom
11:30 am	Hungry Hill Senior Center	773 Liberty Street	Springfield	
10-11am	Stoughton COA	110 Rockland Street	Stoughton	Barbara Nalen-Cardosa
10-11am	Webster Senior Center (COA)	5 Church St	Webster	Mary Brunelle

Wednesday May 15th

Time	Location	Address	City	Presenter(s)
12-1pm	Acushnet COA	59 ½ Main St	Acushnet	
10-11am	Belair High Rise	105 Belair Street	Brockton	Barbara Nalen-Cardosa
10:30am	Manning Apartments	237 Franklin Street	Cambridge	Andrea Svartstrom
12pm	Ferrin	100 Ferrin St.	Charlestown	Tara Hammes
10:45-11:30	Danvers COA	25 Stone St	Danvers	Molly Pecukonis & Michelle Zelikman
12pm	East Boston Social Center	68 Central Sq	East Boston	Alie Hill
11am	Heritage Apartments	209 Summer St.	East Boston	Alie Hill
3-4pm	Foxboro COA	75 Central St.	Foxboro	TBA
10am-12pm	Hamilton Senior Center (COA)	299 Bay Road	Hamilton	Deb Davidson
12pm	Hingham COA	224 Central Street	Hingham	Marianne DiCorpo and TBA
10am	Hudson COA	29 Church St	Hudson	Traci Robidoux
12:30	McCarthy Apartments	910 Main Street	Melrose	TBA
2:30pm	Needham COA	300 Hillside Ave	Needham Heights	Meghan Ostrander
12:30pm	North Attleboro COA	204 Elm St	North Attleboro	Sarah Sheppard, Debora Avila-Carreiro
10am	Saugus COA	466 Central St	Saugus	Ben Graff or Ellen Goldman
10am	South Boston Neighborhood House (The Ollie)	136 H St	South Boston	SNAP-Ed, Dept. of Transitional Assistance
11am	South Hadley COA	45 Dayton St	South Hadley	Katie DeFoe
11 am	Clodo Conception Senior Center	1187 ½ Parker Street	Springfield	
12:30-1:15pm	Worcester Senior Center	128 Providence St.	Worcester	TBA
12:30 pm	Westfield COA		Westfield	Nicole Chivas

Thursday May 16th

Time	Location	Address	City	Presenter(s)
11:30am-12:15pm	Auburn Senior Center (COA)	4 Goddard Dr.	Auburn	TBA
10:00-11:30am	Hong Lok House	5-31 Essex St,	Boston	Sophia Ding, Shuhan Zhan
11:45-12:30	Café Emmanuel (LGBT)	15 Newbury St	Boston	TBA
12:45pm	Erving Senior Center (COA)	1 Care Drive	Erving	Karen Lentner
12pm	Rose Kennedy Lane housing	1 Rose Kennedy Ln	Framingham	Traci Robidoux
10am-12pm	Rose Baker Senior Center (COA)	6 Manuel Lewis Ave	Gloucester	Deb Davidson, Robin Stone, RD, The Open Door
11:15am	Granby COA	10 W State St	Granby	Likely Katie DeFoe
12:30pm	Claire Teague Senior Center (COA)	917 South Main St	Great Barrington	Bruce Homstead, Beth Mathis-Torrey, Linda Gilardi, LPN
12:30pm	Hadley COA	46 Middle St	Hadley	Nicole Chivas
10-11am	Kingston COA	30 Evergreen St.	Kingston	Barbara Nalen-Cardosa
11am-12pm	Leominster Senior Center (COA)	5 Pond Street	Leominster	Alex Welch and Nursing Students
2pm	Unquity House	30 Curtis Rd	Milton	SNAP-Ed, Dept. of Transitional Assistance
11:30am	People's Baptist	134 Camden St.	South End	Alie Hill
9-10am	Sterling Senior Center (COA)	36 Muddy Pond Rd	Sterling	Alex Welch and Nursing Students
12:30 PM	Finnegan Hall	Duncklee Ave	Stoneham	TBA
10am	Swampscott COA	200R Essex St	Swampscott	Ben Graff or Ellen Goldman
10am-1pm	Yarmouth COA	528 Forest Rd	West Yarmouth	

Friday May 17th

Time	Location	Address	City	Presenter(s)
10am-12pm	Beverly Senior Center (COA)	90 Colon St.	Beverly	Deb Davidson
12:30-2:00 pm	Brighton House	677 Cambridge St	Brighton	Sophia Ding Shuhan Zhan (Tufts Intern)
10-11am	Fitchburg Senior Center	14 Wallace Ave	Fitchburg	Alex Welch and Nursing Students
1:30-3:30pm	Barnstable COA	825 Falmouth Rd	Hyannis	TBA
11:00-12:00	Marblehead Community Center (COA)	10 Humphrey St	Marblehead	Michelle Zelikman
11:00-12:00	Buttonwood Senior Center (COA)	1 Oneida St	New Bedford	
1-3pm	Newburyport COA	331 High St	Newburyport	Leigh Hartwell and Susan Poludniak
11am	Palmer Senior Center (COA)	1029 Central St	Palmer	GSSSI RD and Nutritionist
11am-12pm	Westwood COA	60 Nahatan St	Westwood	TBA

Saturday May 18th

Time	Location	Address	City	Presenter(s)
12pm	Goddard	165 Chestnut St	Brookline	Alie Hill

Monday May 20th

Time	Location	Address	City	Presenter(s)
12:30-2:30pm	Dennis COA	1045 Route 134	Dennis	TBA