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# MASSACHUSETTS GENERAL LAWS Mandating that Certain Health Benefits Be Provided By Commercial Insurers, Blue Cross and Blue Shield and Health Maintenance Organizations as of 0717/2023

I.	Services and supplies	Pages	1-5
II.	Mandated providers and provider contracting	Pages	6-7
III	. Eligibility	Page	8
IV	. Confidentiality	Page	9
V.	Continuation of coverage	Page	10
VI	Other	Page	10

Listings are for informational purposes only. Please refer to the appropriate sections of the law for specific mandated benefit provisions.

I. <u>Services and supplies</u> BEHAVIORAL HEALTH	REGULATORY CITATIONS COMMERCIAL BLUE CROSS AND		
	INSURER	BLUE SHIELD	<u>HMO</u>
Autism Extraterritorial <sup>1</sup>	c. 175 § 47AA See also Bulletin 2010-15 and Bulletin 2011-08	c. 176A § 8DD; c. 176B § 4DD See also Bulletin 2010-15 and Bulletin 2011-08	c. 176G § 4V See also Bulletin 2010-15 and Bulletin 2011-08
Behavioral health care Extraterritorial	c. 175 § 47B See also Bulletins 2023-11; 2023-07; 2023-05; 2022-08; 2021-07; 2019-08; 2018-01; and 2015-08	c. 176A § 8A; c. 176B § 4A See also Bulletins 2023-11; 2023-07; 2023-05; 2022-08; 2021-07; 2019-08; 2018-01; and 2015-08	c. 176G § 4M See also Bulletins 2023-11; 2023-07; 2023-05; 2022- 08; 2021-07; 2019-08; 2018-01; and 2015-08
Behavioral health wellness examination Extraterritorial	c. 175 § 47TT See also Bulletin 2023-05	c. 176A § 8UU; c. 176B § 4UU See also Bulletin 2023-05	c. 176G § 4MM See also Bulletin 2023-05
Community-based acute behavioral health treatment <i>Extraterritorial</i>	c. 175 § 47SS See also Bulletin 2023-07	c. 176A § 8SS; c. 176B § 4SS See also Bulletin 2023-07	c. 176G § 4KK See also Bulletin 2023-07
Community-based behavioral health crisis services (replacing Emergency Services Programs) <i>Extraterritorial</i>	c. 175 § 47RR See also Bulletin 2023-11	c. 176A § 8TT; c. 176B § 4TT See also Bulletin 2023-11	c. 176G § 4LL See also Bulletin 2023-11
Psychiatric Collaborative Model of Care Extraterritorial	c. 175 § 47QQ See also Bulletin 2023-04	c. 176A § 8RR; c. 176B § 4RR See also Bulletin 2023-04	c. 176G § 4JJ See also Bulletin 2023-04
Substance use: Acute Treatment and Clinical Stabilization Services	c. 175 § 47GG See also Bulletin 2015-05	c. 176A § 8II; c. 176B § 4II See also Bulletin 2015-05	c. 176G § 4AA See also Bulletin 2015-05

<sup>&</sup>lt;sup>1</sup> If a mandated benefit is Extraterritorial, then it applies to health plans issued or renewed within the Commonwealth and to health plans issued or renewed in other states to Massachusetts members.

Substance use: Deterrent opioid drug products and pain management access plans c. 175 § 47EE; c. 175 § 47KK See also Bulletin 2019-06 c. 176A § 8GG; c. 176B § 4GG; c. 176A § 8MM; c. 176B § 4MM See also Bulletin 2019-06 c. 176G § 4Y; c. 176G § 4EE See also Bulletin 2019-06

#### I. <u>Services and supplies</u> <u>NON-BEHAVIORAL HEALTH</u>

	COMMERCIAL INSURER	BLUE CROSS AND BLUE SHIELD	НМО
Abortion Extraterritorial for M.G.L. c. 175	c. 175 § 47F See also Bulletin 2023-01	c. 176A § 8H; c. 176B § 4H See also Bulletin 2023-01	c. 176G § 4I See also Bulletin 2023- 01
Bone marrow transplants for treatment of breast cancer	c. 175 § 47R (105 CMR 240.00)	c. 176A § 80; c. 176B § 40 (105 CMR 240.00)	c. 176G § 4F (105 CMR 240.00)
Cardiac rehabilitation Extraterritorial for M.G.L. c. 175 and 176G	c. 175 § 47D (105 CMR 143.00)	c. 176A § 8G; c. 176B § 4F (105 CMR 143.00)	c. 176G § 4 (105 CMR 143.00)
Chiropractic services	n/a, but see p. 7 regarding provider nondiscrimination	c. 176A, n/a; c. 176B § 4L but see p. 7 regarding provider nondiscrimination	n/a, but see p. 7 regarding provider nondiscrimination
Cleft palate and cleft lip Extraterritorial	c. 175 § 47BB See c. 234 of the Acts of 2012; See also Bulletin 2012-12	c. 176A § 8EE; c. 176B, §4EE See c. 234 of the Acts of 2012; See also Bulletin 2012-12	c. 176G § 4W See c. 234 of the Acts of 2012; See also Bulletin 2012-12
Clinical trials (to treat cancer)	c. 175 § 110L See also Bulletin 2002-13	c. 176A § 8X; c. 176B § 4X See also Bulletin 2002-13	c. 176G § 4P See also Bulletin 2002- 13
Contraceptive services	c. 175 § 47W See also Bulletin 2020-26; Bulletin 2016-03; Bulletin 2002-09	c. 176A § 8W; c. 176B § 4W See also Bulletin 2020-26; Bulletin 2016-03; Bulletin 2002-09	c. 176G § 40 See also Bulletin 20-26; Bulletin 2016-03; Bulletin 2002-09
COVID tests, vaccines and treatment	c. 260, 2020 Acts § 70 See also Bulletin 2021- 08	c. 260, 2020 Acts § 70 See also Bulletin 2021-08	c. 260, 2020 Acts § 70 See also Bulletin 21-08

	c. 175 § 47G	c. 176A, §8J; c. 176B, § 4I	c. 176G § 4
Cytologic screening Extraterritorial for M.G.L. c. 175 and M.G.L. c. 176G			
Diabetes-related services and supplies <i>Extraterritorial</i>	c. 175 § 47N See also Bulletin 00-05	c. 176A § 8P; c. 176B § 4S See also Bulletin 00-05	c. 176G § 4H See also Bulletin 00-05
Early Intervention services Extraterritorial for M.G.L. c. 175	c. 175 § 47C Bulletin 2009-08; Bulletin 2004-07; Bulletin 2002-06	c. 176A § 8B; c. 176B § 4C Bulletin 2009-08; Bulletin 2004-07; Bulletin 2002-06	c. 176G § 4 Bulletin 2009-08; Bulletin 2004-07; Bulletin 2002-06
Federally-Designed Preventive Services	c. 175 §47uu	c. 176A §8vv; c. 176B §4vv	c. 176G §4nn
Hearing aids for children Extraterritorial for M.G.L. c. 175 large-employer plans and employees under 176A & B plans	c. 175 § 47X(f) See c. 233 of the Acts of 2012; Bulletin 2012-11	c. 176A § 8Y(f); c. 176B § 4EE See c. 233 of the Acts of 2012; Bulletin 2012-11	c. 176G § 4N See c. 233 of the Acts of 2012; Bulletin 2012-11
Hearing screening for newborns Extraterritorial for M.G.L. c. 175	c. 175 § 47C (c. 111 § 67F)	c. 176A § 8B; c. 176B §4C (c. 111 § 67F)	c. 176G § 4K (c. 111 § 67F)
HIV associated lipodystrophy treatment Extraterritorial for M.G.L. c. 175 large-employer plans	c. 175 §47II	c. 176A §8KK & c. 176B §4KK	c. 176G §4CC
Home health care	c. 175 § 110(K)	c. 176A § 8I	c. 176G § 4C
Hormone Replacement Therapy (HRT) <i>Extraterritorial</i>	c. 175 § 47W See also Bulletin 02-09	c. 176A § 8W; c. 176B § 4W See also Bulletin 02-09	c. 176G § 40 See also Bulletin 02-09
Hospice care	c. 175 § 47S (105 CMR 141.00)	c. 176A § 8R; c. 176B § 4Q (105 CMR 141.00)	c. 176G § 4L (105 CMR 141.00)
Human leukocyte antigen testing Extraterritorial for M.G.L. c. 175 large-employer plans, and M.G.L. chs. 176A, B, and G	c. 175 § 47V	c. 176A § 8V; c. 176B § 4V	c. 176G § 4Q

Hypodermic syringes or needles Extraterritorial for M.G.L. c. 176A and B subscribers having principal place of employment within the Commonwealth	c. 175 § 47Y	c. 176A § 8CC; c. 176B § 4CC	c. 176G § 4U
Infertility treatment (does not apply to a diocese See St. 1987, c. 394, § 5 and St. 1993, c. 110, § 248) Extraterritorial for M.G.L. chs. 175 and 176G, extraterritorial for M.G.L. chs. 176A and B for group members with principal place of business in MA	c. 175 § 47H (211 CMR 37.00)	c. 176A § 8K; c. 176B § 4J (211 CMR 37.00)	c. 176G § 4 (211 CMR 37.00)
Lead poisoning screening Extraterritorial for M.G.L. c. 175 and M.G.L. c. 176G	c. 175 § 47C	c. 176A § 8B; c. 176B § 4C	c. 176G § 4
Long term antibiotic therapy for the treatment of Lyme disease	c. 175 § 47HH	c. 176A §8JJ & c. 176B §4JJ	c. 176G, § 4BB, 4HH
Low protein food products for inherited amino acid and organic acid diseases ( <i>e.g.</i> PKU)	c. 175 § 47I	c. 176A § 8L; c. 176B § 4K	c. 176G § 4D
Mammography Extraterritorial for M.G.L. c. 175 large-employer plans, and M.G.L. c. 176G	c. 175 §§ 47G (see also clinical trials under c. 175, § 110L)	c. 176A § 8J; 176B, §4I	c. 176G § 4
Maternity health care (including minimum 48-hour maternity stay) <i>Extraterritorial for M.G.L. c. 175</i> <i>large-employer plans, and</i> <i>M.G.L. c. 176G</i>	c. 175 § 47F (105 Mass.Reg. 130.660)	c. 176A § 8H; c. 176B § 4H (105 Mass.Reg. 130.660)	c. 176G §§ 4, 4I (105 Mass.Reg. 130.660)
Nonprescription enteral formulas	c. 175 § 47I	c. 176A § 8L; c. 176B § 4K	c. 176G § 4D
Off-label uses of prescription drugs to treat cancer	c. 175 §§ 47K, 47L	c. 176A § 8N; c. 176B § 4N	c. 176G § 4E
Off-label uses of prescription drugs to treat HIV/AIDS	c. 175 §§ 47O, 47P	c. 176A § 8Q; c. 176B § 4P	c. 176G § 4G

Oral Cancer Therapy	c. 175 § 47DD	c. 176A § 8FF; c. 176B § 4FF	c. 176G § 4X
PANS/PANDAS Extraterritorial for M.G.L. chs. 175, 176A, and 176B	c. 175 § 47NN	c. 176A § 800; c. 176B § 400	c. 176G § 4GG
Prescription Eye Drops	c. 175 § 47PP	c. 176A § 8QQ; c. 176B § 4QQ	c. 176G § 4II
Preventive care for children up to age six (including specific newborn testing) <i>Extraterritorial for M.G.L. c.</i> 175 large-employer plans, and M.G.L. c. 176G	c. 175 § 47C	c. 176A § 8B; c. 176B § 4C	c. 176G § 4
Prosthetic Devices Extraterritorial for M.G.L. c.175 large-employer plans, and M.G.L. c. 176A	c. 175 § 47Z	c. 176A § 8AA; c. 176B § 4AA	c. 176G § 4S
Scalp hair prostheses for cancer patients <i>Extraterritorial for M.G.L. c.175</i> <i>large-employer plans</i>	c. 175 § 47T	c. 176A § 8T; c. 176B § 4R	c. 176G § 4J
Special medical formulas approved by commissioner of public health <i>Extraterritorial for M.G.L. c. 175</i> <i>large-employer plans, and</i> <i>M.G.L. c. 176G</i>	c. 175 § 47C	c. 176A § 8B; c. 176B § 4C	c. 176G § 4
Speech, hearing and language disorders <i>Extraterritorial</i>	c. 175 § 47X	c. 176A § 8Y; c. 176B § 4Y	c. 176G § 4N
Telehealth Extraterritorial for M.G.L. c. 175	c. 175 § 47MM	c. 176A § 38; c. 176B § 25	c. 176G § 33
Tobacco cessation products Extraterritorial for M.G.L. chs. 175 and 176G	c. 175 § 47LL	c. 176A § 8NN; c. 176B § 4NN	c. 176G § 4FF

## II. <u>Providers</u>

(1) <u>Mandated coverage</u> Certified nurse midwives <i>Extraterritorial for M.G.L. c. 175</i>	COMMERCIAL INSURER c. 175 § 47E	BLUE CROSS AND BLUE SHIELD c. 176B § 4G	HMO n/a
Certified registered nurse anesthetists	c. 175 § 47Q	c. 176A § 8S; c. 176B § 4T	c. 176G § 4
Mental health providers: Licensed psychiatrists, psychologist, independent clinical social worker, mental health counselor, nurse mental health clinical specialist, a licensed alcohol and drug counselor, or marriage and family therapist within the lawful scope of practice for such therapist or a clinician practicing under the supervision of a licensed professional and working toward licensure in a clinic licensed under M.G.L c. 111. <i>Extraterritorial</i>	c. 175 § 47B	c. 176A § 8A; c. 176B § 4A	c. 176G § 4M
Nurse practitioners	c. 175 § 47Q	c. 176A § 8S; c. 176B § 4T	c. 176G § 4
(2) <u>Nondiscrimination</u> (re: p.	roviders)		
Chiropractors Extraterritorial for M.G.L. c. 175	c. 175 § 108D	c. 176B § 7 see also "chiropractic services", p. 1	n/a
Dentists	c. 175 § 108B	c. 176B § 4	n/a
Nurse Midwives Extraterritorial for M.G.L. c. 175	c. 175 § 47E	c. 176B § 4G; c. 176B § 7 see also "certified nurse midwives" above	see "certified nurse midwives" above
Nurse Practitioners	c. 175 § 47Q; c. 176R	c. 176R	c. 176G § 4; c. 176R
Optometrists	c. 175 § 108(8)(D); c. 175, §110(F)	c. 176B § 4	n/a
Physician Assistants	c. 176S See Section 216 of c. 224 of the Acts of 2012	c. 176S See Section 216 of c. 224 of the Acts of 2012	c. 176S See Section 216 of c. 224 of the Acts of 2012
Podiatrists	c. 175 § 110(I)	c. 176B § 4	c. 176G § 1 (See definition for "nondiscriminatory")

#### (3) Contracting

Good faith communication (a.k.a. "gag rule" prohibition) See also c. 1761 §2 for preferred provider arrangements	c. 175 § 108(11); c. 175 § 110(M)	c. 176B § 7	c. 176G § 6
Pharmacy freedom of choice: any willing provider	c. 176D § 3B (211 CMR 44.00)	c. 176D § 3B (211 CMR 44.00)	c. 176D § 3B (211 CMR 44.00)
Provider protection re: 48/96-hour maternity stay	St. 1995, c. 218 § 9 (see also Bulletin 1996-02)	St. 1995, c. 218 § 9 (see also Bulletin 1996-02)	St. 1995, c. 218 § 9 (see also Bulletin 1996-02)
Prompt payment of claims See also c. 1761 § 2 for insured preferred provider plans	c. 175 §§ 108(4)(c) and 110(G)	c. 176A § 8(e); c. 176B § 7	c. 176G § 6

## III. <u>Eligibility</u>

### **REGULATORY CITATIONS**

### (1) <u>Dependents</u>

Dependent coverage: newborn infants children of dependents adopted children disabled adult <i>Extraterritorial for M.G.L. chs.</i> 175 and 176G	c. 175 § 47C	c. 176A § 8B; c. 176B § 4C	c. 176G § 4
Eligibility as a Dependent	c. 175 § 108.2.(a)(3) c. 175 § 110(P)	c. 176A § 8BB; c. 176B § 4BB	c. 176G § 4T
(2) Nondiscrimination (re: in	sureds)		
Blind or deaf persons	c. 175 § 108A	c. 176A § 8C; c. 176B § 4D	n/a
Diethylstilbestrol exposure	c. 175 § 108C	c. 176A § 8E; c. 176B § 4E	n/a
Victims of domestic abuse	c. 175 § 108G	c. 176A § 3A; c. 176B § 5A	c. 176G § 19
Genetic testing/genetic information: use prohibited in health insurance	c. 175 § 108H	c. 176A § 3B; c. 176B § 5B	c. 176G § 24
See also c. 1761 §4A for insured preferred provider plans Genetic testing/genetic information: limits on use for long-term care and disability income insurance	c. 175 § 108I	n/a	n/a

## IV. <u>Confidentiality</u>

Confidentiality of mental health information	c. 175 § 108E	c. 176A § 14B; c. 176B § 20	c. 176G §§ 4B, 4M
Insurance information and privacy protection	c. 175I	c. 175I	c. 175I

## V. <u>State-mandated</u> <u>Continuation of Health Coverage</u>

	COMMERCIAL <u>INSURER</u>	BLUE CROSS AND <u>BLUE SHIELD</u>	<u>HMO</u>
Continuation of Coverage			
(1) <u>Following Divorce</u> <u>or Separation</u>	c. 175 § 110I	c. 176A § 8F; c. 176B § 6B	c. 176G § 5A
(2) <u>Following Separation</u> <u>from Employment</u>			
Employee after termination due to plant closing or partial closing	c. 175 § 110D c. 175 § 110G	c. 176A § 8D; c. 176B § 6A	c. 176G § 4A
Group member after leaving insured group	c. 175 § 110D c. 175 § 110G	c. 176A § 8D; c. 176B § 6A	n/a
(3) <u>For small employer</u> <u>group (with 2-19</u> <u>employees):</u> <u>Continuation of coverage</u> <u>provisions similar to</u> <u>COBRA</u>	c. 176J § 9	c. 176J § 9	c. 176J § 9
(4) <u>Disabled adult children</u>	c. 175 § 108 2(a)(3)	c. 176A § 8(d); c. 176B § 6(c)	n/a
VI. <u>Other</u>			
Alternative dental coverage option	c. 175 § 110K	n/a	c. 176G § 11A
Coordination of benefits	211 CMR 38.00	211 CMR 38.00	211 CMR 38.00
Emergency services provided to insureds for emergency medical conditions see also Bulletin 2000-14 and M.G.L. c. 1761 §§ 1 and 3(b) for insured preferred provider plans	M.G.L. c. 175 § 47U	M.G.L. c. 176A § 8U and M.G.L. c. 176B § 4U	M.G.L. c. 176G § 5
Prompt payment of claims See also c. 1761 § 2 for insured preferred provider plans	c. 175 §§ 108 and 110	c. 176A § 8	c. 176G § 6