

Who Quits Smoking

Massachusetts Fact Sheet

Sixty-five percent of smokers in Massachusetts made a quit attempt in the past year and sixty-five percent of adults who ever smoked have now quit smoking based on data from the Massachusetts Behavioral Risk Factor Surveillance System (2014 MA BRFSS).

- 62.8% of males and 66.5% of females who ever smoked have now quit;
- 67.6% of whites, 45.6% of blacks, and 44.6% of Hispanics who smoked in the past have successfully quit (Figure 1).

Although the percentages of smokers who made a quit attempt were similar among different population subgroups, their rates of quit success are different. Successful rates of quitting are lower among those with mental illness, disabilities, low socio-economic status, and those that identify as LGBT (lesbian, gay, bisexual, and transgender).

