105 CMR: DEPARTMENT OF PUBLIC HEALTH

105 CMR 210.000: THE ADMINISTRATION OF PRESCRIPTION MEDICATIONS IN PUBLIC AND ~~PRIVATE~~ **NON-PUBLIC** SCHOOLS

Section

* 1. : Purpose
  2. : Definitions
  3. : Policies Governing the Administration of Prescription Medications in Schools 210.004: Policies Regarding Delegation of Prescription Medication Administration

210.005: Responsibilities of the School Nurse Regarding Prescription Medication Administration 210.006: Self**-**Administration **and Self-Carry** of Prescription Medications

210.007: Training of **Unlicensed** School Personnel Responsible for Administering Prescription Medications

210.008: Handling, Storage and Disposal of Prescription Medications

210.009: Documentation and Record-Keeping

210.~~100~~**010**: Administration of Epinephrine

**210.011: Administration of Emergency Rescue Opioid Antagonist**

**210.015: Waiver of Requirements Imposed on Entities Administering Medications Under 105 CMR 210.000**

**210.017: Inspection**

**210.019: Severability**

* 1. : Purpose

The purpose of 105 CMR 210.000 is to provide minimum standards for the safe and proper **storage and** administration of prescription medications to students in the Commonwealth's public and ~~private~~ **non-public** primary and secondary schools. 105 CMR 210.000 permit**s** school nurses to delegate responsibility for administration of prescription medications to trained, nursing-supervised **unlicensed** school personnel, provided the school district or ~~private~~ **non-public** school registers with the Department of Public Health. The aim of 105 CMR 210.000 is to ensure that students requiring prescription medication administration during ~~the school day~~ school day will be able to attend school and to ensure that prescription medications are safely administered **and stored** in schools. 105 CMR

210.000 encourages collaboration between ~~parents or guardians~~ **caregivers, health care providers,** and the school in this effort.

* 1. : Definitions

As used in 105 CMR 210.000, the following words, unless the context clearly requires otherwise, shall have the following meanings:

Administration of Medication means the direct application of a prescription medication by inhalation, ingestion, or by any other means to the body of a person.

Prescription Medication means any medication which by federal law may be obtained only by prescription.

**Caregiver means a parent or guardian of a student.**

**Controlled Substance shall have the meaning as defined in M.G.L. c. 94C, § 1.**

Cumulative Health Record means the ~~cumulative health record of a pupil as specified under~~

~~M.G.L. c. 71.~~ **collection of an individual student’s medical documentation relevant to the health of the student maintained by a school or school district which may include historical and ongoing medications, applicable diagnosis information, allergies and other relevant medical conditions, immunization records, health screenings, health office visits notes, and contact information for the student’s health care providers. The records may be maintained in a paper or electronic format or a combination of both.**

**Drug shall have the meaning as defined in M.G.L. c. 94C, § 1.**

Department means the Massachusetts Department of Public Health.

**Emergency Rescue Medication means a schedule II-VI medication which is administered in the event of an allergic reaction, apparent opioid overdose, asthma or other loss of consciousness and/or acute respiratory event, in order to prevent imminent death or serious injury or illness. Examples may include but are not limited to: epinephrine, naloxone or other FDA-approved opioid antagonist, atropine, pralidoxime chloride or other designated nerve agent antidotes that are in an FDA- approved, pre-dosed form; rescue inhalers; and other medications in FDA-approved, pre-dosed forms that are administered through the mucous membranes of the nose, mouth, or lungs.**

Investigational New Drug means any medication with an approved investigational new drug (IND) application on file with the Food and Drug Administration (FDA) which is being scientifically tested and clinically evaluated to determine its efficacy, safety and side effects and which has not yet received FDA approval.

Licensed Practical Nurse means an individual who is a graduate of an approved practical nursing program, and who is currently licensed as a practical nurse pursuant to M.G.L. c. 112.

Licensed Prescriber means a health care provider who is legally authorized to prescribe medication pursuant to M.G.L. c. 94C and applicable federal laws and regulations.

**Medical Device means an instrument, apparatus, implement, machine, contrivance, implant, in vitro reagent, or other similar or related article, including any component, part, or accessory for use as outlined in 21 U.S.C. § 321.**

**Medication means any controlled substance in schedules II-VI**

**Medication Program Manager means a school nurse who has assumed responsibility for a school or district medication program by registering with the Department of Public Health.**

Parenteral Medication means any medication administered in a manner other than by the digestive tract or topical application, as by intravenous, intramuscular, subcutaneous, or

intradermal injection.

Physician means a doctor of medicine or osteopathy licensed to practice medicine in Massachusetts or in another state.

**Pro re nata (abbreviated p.r.n.) means “as needed.”**

School Nurse means a nurse practicing in a school setting, who is:

* + 1. a graduate of an approved school for professional nursing;
    2. currently licensed as a Registered Nurse pursuant to M.G.L. c. 112; and
    3. appointed by a School Committee or a Board of Health in accordance with M.G.L. c. 71, §§ 53, 53A, and 53B or, in the case of a ~~private~~ **non-public** school, by the ~~Board~~ ~~of Trustees~~ **governing body**.

School Physician means a physician appointed by a School Committee or Board of Health in accordance with M.G.L. c. 71, §§ 53, 53A, and 53B or, in the case of a ~~private~~ **non-public** school, by the ~~Board of Trustees~~ **governing body**.

**Self-Administration shall have the meaning as defined in 105 CMR 700.001.**

**Self-Carry means storage of limited quantities of medications on a student’s person, at the discretion of the school nurse, as outlined in 105 CMR 210.006.**

Supervision means guidance by a qualified school nurse**, provided through any communication medium,** to accomplish a task, with initial direction and instruction concerning the task and periodic inspection and oversight of activities related to the task.

~~Teacher for the purpose of 105 CMR 210.000, means a professional school employee who:~~

1. ~~​ instructs students or serves in the role of administrator below the rank of~~ ~~superintendent; and~~
2. ~~​ is employed by a School Committee or Board of Trustees.~~

**Unlicensed School Personnel means any individual employed by the School Committee, school district, school, or in the case of a non-public school, by the governing body, who does not hold a healthcare license in Massachusetts that authorizes the licensee to administer medications.**

* 1. : Policies Governing the Administration of ~~Prescription~~ Medications in Schools

1. The School Committee or ~~Board of Trustees~~ **governing body**, consulting with the Board of Health where appropriate, shall adopt policies and procedures governing the administration of prescription medications and self**-**administration of prescription medications within the school system, following development of a proposal by the ~~school~~ ~~nurse~~ **medication program manager**, in consultation with the school physician. Review and

revision of such policies and procedures shall occur as needed. At a minimum, these policies shall include:

* 1. designation of a ~~school nurse~~ **medication program manager** as supervisor of the prescription medication administration program in a school;
  2. documentation of the administration of prescription medications;
  3. response to a medication emergency;
  4. storage of prescription medications;
  5. reporting and documentation of medication errors;
  6. dissemination of information to ~~parents or guardians~~ **caregivers**. Such information shall include an outline of a school's medication policies and shall be available to ~~parents~~ ~~or guardians~~ **caregivers** upon request;
  7. procedures for resolving questions between the school and a ~~parent or guardian~~ **caregiver** regarding administration of medications. Such procedures shall provide for and encourage the participation of the ~~parent or guardian~~ **caregiver**. Existing procedures for resolution of differences may be used whenever appropriate.

1. The School Committee or ~~Board of Trustees~~ **governing body** shall submit these policies and procedures to the Department of Public Health upon request.
2. **All schools/districts where medication is stored or where medication administration is delegated to unlicensed school personnel must obtain a Massachusetts Controlled Substances Registration by registering with the Department of Public Health. At minimum, schools/districts may accomplish this by registering for emergency medication training.**
3. **Schools/districts are not authorized to make use of 105 CMR 700.003(C) for the administration of emergency rescue medications during regular school activities.**
   1. : Policies Regarding Delegation of Prescription ~~Prescription~~ Medication Administration
4. The School Committee or Board of Trustees, consulting with the Board of Health where appropriate, may approve a proposal, developed by the school nurse and school physician, to permit the administration of prescription medications to be delegated by the school nurse to unlicensed school personnel. Such delegation may occur only if the school district registers with the Department of Public Health pursuant to the applicable provisions of 105 CMR

~~700.000 and complies with the requirements of 105 CMR 210.000.~~

(A) **The School Committee, Board of Health, or governing body may approve of a policy developed by the school nurse which allows the school nurse to delegate responsibility to unlicensed school personnel for medication administration.**

1. In accordance with the proposal of the school nurse and school physician, the School Committee or Board of Trustees may approve categories of unlicensed school personnel to whom the school nurse may delegate responsibility for prescription medication ~~administration.~~
   1. ~~​ Said categories of personnel may include administrative and teaching staff, licensed~~ ~~health personnel, health aides and secretaries.~~
      1. ~~​ For the purposes of 105 CMR 210.000, health aide shall mean an unlicensed~~ ~~employee of the school district who is generally supervised by the school nurse and~~ ~~performs those health-related duties defined by the school nurse, the School~~

~~Committee, Board of Health or Board of Trustees.~~

* + 1. **(1)** For the purpose of administering emergency prescription medication to an individual ~~child~~ **student**, including parenteral administration of medication pursuant to 105 CMR 210.004(**A**~~B~~)(4), the school nurse may identify individual **unlicensed** school personnel ~~or additional categories~~ **who may be trained**. Said **unlicensed** school personnel shall be listed on the medication administration plan developed in accordance with 105 CMR 210.005(E) and receive training in the administration of emergency medication to a specific ~~child~~ **student**.
  1. An individual ~~in an approved category~~ **selected by the school nurse** may be authorized to administer prescription medication if ~~he/she meets~~ **they meet** the following criteria:
     1. ~~​ is a high school graduate or its equivalent;~~
     2. **(a)** demonstrates sound judgment;
     3. **(b)** is able to read and write ~~English~~ **in the language in which the medication order is written**;

1. **is able to communicate with the school nurse orally and in writing;**
2. is able to communicate with the student receiving the prescription medication or has ready access to an interpreter when needed;
3. is able to meet the requirements of 105 CMR 210.000 and follow nursing supervision;
4. is able to respect and protect the student's confidentiality; and
5. has completed an approved training program pursuant to 105 CMR 210.007.
   1. A school nurse shall be on duty ~~in the school system~~ while prescription medications are being administered by designated unlicensed school personnel, and available ~~by telephone~~ virtually **(telephonic or web-based)** should consultation be required.
   2. The administration of parenteral medications may not be delegated **or administered by training**, with the exception of epinephrine ~~administered in accordance~~ ~~with 105 CMR 210.100~~ **and emergency rescue medications administered through the mucous membranes of the nose, mouth, or lungs so long as the above referenced medications are administered in accordance with the restrictions outlined in this regulation**.
   3. ~~Prescription m~~**M**edications to be administered pursuant to p.r.n. ~~("as needed")~~ orders may be administered by authorized **unlicensed** school personnel after an assessment by or consultation with the school nurse for each dose**, with the exception of emergency rescue medications**.

~~(6)~~ **(7)** ~~For each school, an updated list of unlicensed school personnel who have been~~ ~~trained in the administration of prescription medications shall be maintained. Upon~~ ~~request, a parent shall be provided with a list of school personnel authorized to administer~~ ~~prescription medications.~~ **The name of the unlicensed school personnel that administered medication by delegation must be identified in the student health record.**

* 1. : Responsibilities of the School Nurse Regarding Prescription Medication Administration

1. The ~~school nurse~~ **medication program manager**, in consultation with the school physician and the ~~school health advisory committee~~ **School Wellness/Health Advisory Committee**, if established **pursuant to 105 CMR 215.000**, shall develop policies and procedures consistent with 105 CMR 210.000 for approval by the School Committee or

~~Board of Trustees~~ **governing body**, in consultation with the Board of Health where appropriate.

1. The ~~school nurse~~ **medication program manager** shall have responsibility for the development and management of the prescription medication administration program. Such responsibility shall be delineated in policies and procedures adopted by the School Committee or ~~Board of Trustees~~ **governing body**, in consultation with the Board of Health where appropriate.
2. The school nurse, in consultation with the school physician, shall have final decision- making authority with respect to delegating **and training on** administration of prescription medications to unlicensed **school** personnel ~~in school systems registered with the Department~~ ~~of Public Health~~ **consistent with the requirements established in this regulation and in Board of Registration in Nursing regulations, 244 CMR 3.00**.
3. Medication Orders.
   1. The school nurse shall ensure that there is a proper medication order from a licensed prescriber which is renewed ~~as necessary including~~ **at** the beginning of each academic year **and as clinically necessary**. A telephone order or an order for any change in prescription medication shall be received only by the school nurse. Any verbal order must be followed by a written **or electronic** order within three school days. Whenever possible, the medication order shall be obtained, and the medication administration plan specified in 105 CMR 210.005(E) shall be developed before the student enters or re- enters school.
      1. In accordance with standard medical practice, a medication order from a licensed prescriber shall contain:
         1. the student's name;
         2. the name and signature of the licensed prescriber and business and emergency phone numbers;
         3. the name, route and dosage of medication;
         4. the frequency and time of medication administration;
         5. the date of the order;
         6. a diagnosis and any other medical condition(s) requiring medication, if not a violation of confidentiality or if not contrary to the request of a ~~parent, guardian,~~ **caregiver** or student to keep confidential;
         7. specific directions for administration.
      2. Every effort shall be made to obtain from the licensed prescriber the following additional information, as appropriate:
         1. any ~~special~~ **student-specific** side effects, contraindications and adverse reactions to be observed;
         2. any other medications being taken by the student;
         3. the date of return visit, if applicable.
   2. Special Medication Situations
      1. For short-term prescriptionmedications, *i.e.*, those requiring administration for ten school days or fewer, the pharmacy-labelled container may be used in lieu of a licensed prescriber's order. If the **school** nurse has a question, ~~she~~ **they** may request a licensed prescriber's order.
      2. For "over-the-counter" medications, *i.e.*, non-prescription medications, the school nurse shall follow the Board of Registration in Nursing's ~~protocols regarding~~ ~~administration of over-the-counter medications in schools~~ **Advisory Ruling 92-05:**

**Medication Administration of Over the Counter Drugs**.

* + 1. **For medications administered under a standing order, the school nurse shall follow the Board of Registration in Nursing’s Advisory Ruling 9324: Accepting, Verifying, Transcribing and Implementing Medication Orders.**

~~(c)~~ **(d)** Investigational new drugs may be administered in the schools with (1) a written order by a licensed prescriber, (2) written consent of the ~~parent or guardian~~ **caregiver**, and (3) a pharmacy-labelled container for dispensing. If there is a question, the school nurse may seek consultation and/or approval from the school physician to administer the medication in a school setting.

* 1. The school nurse shall ensure that there is a written authorization by the ~~parent or~~ ~~guardian~~ **caregiver** which contains:
     1. the ~~parent or guardian~~ **caregiver**'s printed name and signature and ~~a home and~~ ~~emergency~~ phone number;
     2. a list of all medications the student is currently receiving, if not a violation of confidentiality or contrary to the request of the ~~parent, guardian~~ **caregiver** or student that such medication not be documented;
     3. approval to have the school nurse or **unlicensed** school personnel designated by the school nurse administer the prescription medication;
     4. persons to be notified in case of a medication emergency **if the caregiver is unavailable** ~~in addition to the parent or guardian and licensed prescriber~~.

1. Medication Administration Plan: The school nurse, in collaboration with the ~~parent or~~ ~~guardian~~ **caregiver** whenever possible, shall establish a medication administration plan for each student receiving a prescription medication. Whenever possible, a student who understands the issues of medication administration shall be involved in the decision-making process and ~~his/her~~ **their** preferences respected to the maximum extent possible. If appropriate, the medication administration plan shall be referenced in any other health or educational plan developed pursuant to St. 1972, c. 766 the Massachusetts Special Education Law (Individual Education Plan under Chapter 766) or federal laws, such as the Individuals with Disabilities Education Act (IDEA) or Section 504 of the Rehabilitation Act of 1973.
   1. Prior to the initial administration of the prescriptionmedication, the school nurse shall assess the ~~child~~ **student**’s health status and develop a medication administration plan which includes:
      1. the name of the student;
      2. a medication order from a licensed prescriber, which meets the requirements of 105 CMR 210.005(D)(1);
      3. the signed authorization of the ~~parent or guardian~~ **caregiver**, which meets the requirements of 105 CMR 210.005(D)(3);
      4. any known allergies to food or medications;
      5. the diagnosis, unless a violation of confidentiality or the ~~parent, guardian~~

**caregiver** or student requests that it not be documented;

* + 1. any possible side effects, adverse reactions or contraindications;
    2. the quantity of prescription medication to be received by the school from the ~~parent or guardian~~ **caregiver**;
    3. the required storage conditions;
    4. the duration of the prescription **medication order**;
    5. the designation of unlicensed school personnel, if any, who will administer the prescription medication to the student in the absence of the **school** nurse, and plans for back-up if the designated personnel are unavailable;
    6. plans, if any, for teaching self**-**administration of the prescriptionmedication;
    7. with ~~parental~~ **caregiver** permission, other persons, including teachers, to be notified of medication administration and possible adverse effects of the medication;
    8. when appropriate, the location where the administration of the prescription medication will take place;
    9. a plan for monitoring the effects of the medication;
    10. Provision for prescription medication administration in the case of field trips and other short-term special school events. Every effort shall be made to obtain a nurse or school staff member trained in prescription medication administration to accompany students at special events. When this is not possible, the school nurse may delegate prescription medication administration to another responsible adult. Written consent from the caregiver for the named responsible adult to administer prescription medication shall be obtained. The school nurse shall instruct the responsible adult on how to administer the prescription medication to the child.

1. Developing Procedures for Administration of Prescription Medications.
   1. The ~~school nurse~~ **medication program manager** shall develop procedures for the administration of prescription medications which shall include the following:
      1. A procedure to ensure the positive identification of the student who receives the medication;
      2. A system for documentation and record-keeping which meets the requirements of 105 CMR 210.009.
   2. The ~~school nurse~~ **medication program manager** shall develop a system of documenting observations by the **school** nurse or **unlicensed** school personnel and communicating significant observations relating to prescription medication effectiveness and adverse reactions or other harmful effects to the ~~child~~ **student**'s ~~parent or guardian~~ **caregiver** and/or licensed prescriber;
   3. The ~~school nurse~~ **medication program manager** shall develop and implement procedures regarding receipt and safe storage of prescription medications **in accordance with 105 CMR 210.008**;
   4. The ~~school nurse~~ **medication program manager** shall develop procedures for responding to medication emergencies, *i.e.*, any reaction or condition related to administration of medication which poses an immediate threat to the health or well-being of the student. This includes maintaining a list of persons, with their phone numbers, to be contacted as appropriate, in addition to the ~~parent/guardian~~ **caregiver**, school nurse, licensed prescriber and other persons designated in the medication administration plan. Such persons may include other **unlicensed** school personnel, the school physician, clinic or emergency room staff, ambulance services and the local poison control center;
   5. The ~~school nurse~~ **medication program manager** shall develop procedures and forms for documenting and reporting prescription medication errors. The procedures shall specify persons to be notified in addition to the ~~parent or guardian~~ **caregiver** and **school** nurse, including the licensed prescriber or school physician if there is a question of potential harm to the student. A medication error includes any failure to administer prescription medication as prescribed for a particular student, including failure to administer the prescription medication:
      1. within appropriate time frames;
      2. in the correct dosage;
      3. in accordance with accepted practice;
      4. to the correct student.
   6. The ~~school nurse~~ **medication program manager** shall develop procedures to review reports of medication errors and take necessary steps to ensure appropriate prescription medication administration in the future.
2. Delegation/Supervision. When a School Committee or ~~Board of Trustees~~ **governing body**, in consultation with the Board of Health where appropriate, has registered with the Department of Public Health and authorized ~~categories of~~ unlicensed school personnel to administer prescription medications, such personnel shall be under the supervision of the school nurse for the purposes of 105 CMR 210.000. The School Committee or ~~Board of~~ ~~Trustees~~ **governing body**, in consultation with the Board of Health where appropriate, shall provide assurance that sufficient school nurse(s) are available to provide proper supervision of unlicensed school personnel. Responsibilities for supervision, at a minimum, shall include the following:
   1. After consultation with the principal or administrator responsible for a given school, the school nurse shall select, train and supervise the specific individuals~~, in those~~ ~~categories of school personnel approved by the School Committee or Board of Trustees,~~ ~~in consultation with the Board of Health where appropriate,~~ who may administer prescription medications. When necessary to protect student health and safety, the school nurse may rescind such selection.
   2. The number of unlicensed school personnel to whom responsibility for prescription medication administration may be delegated is to be determined by:
      1. the number of unlicensed school personnel the school nurse can adequately supervise ~~on a weekly basis~~, as determined by the school nurse; **and**
      2. the number of unlicensed school personnel necessary, in the **school** nurse's judgment, to ensure that the prescription medications are properly administered to each student.
   3. The school nurse shall support and assist persons who have completed the training specified in 105 CMR 210.007 to prepare for and implement their responsibilities related to the administration of prescription medication.
   4. When possible, the first time that an unlicensed school personnel administers medication, the delegating **school** nurse shall provide supervision at the work site. **In extenuating circumstances, as determined by the school nurse, the skills competency for p.r.n. emergency rescue medications administered through inhalation or through the mucous membranes of the nose, mouth, or lungs (such as inhalers and nasal preparations of glucagon and diazepam) may be demonstrated without administration of the medication to the student. When a p.r.n. emergency rescue medication is administered, the medication plan shall address notification of the local emergency medical services system, followed by notification of the student’s caregiver.**
   5. The degree of supervision required for each student shall be determined by the school nurse after an evaluation of the appropriate factors involved in protecting the student's health, including but not limited to the following:
      1. health condition and ability of the student;
      2. the extent of training and capability of the unlicensed school personnel to whom the prescription medication administration is delegated;
      3. the type of prescription medication; and
      4. the proximity and availability of the school nurse to the unlicensed ~~person~~ **school**

**personnel** who is performing the prescription medication administration.

* 1. For the individual ~~child~~ **student**, the school nurse shall:
     1. determine whether or not it is medically safe and appropriate to delegate prescription medication administration;
     2. administer the first dose of the prescription medication, if:
        1. there is reason to believe there is a risk to the ~~child~~ **student** as indicated by the health assessment, or
        2. the student has not previously received this prescription medication in any setting**. In extenuating circumstances, as determined by the school nurse,**

**p.r.n. emergency rescue medications administered through inhalation or through the mucous membranes of the nose, mouth, or lungs (such as inhalers and nasal preparations of glucagon and diazepam) are not required to be administered previously. When a p.r.n. emergency rescue medication is administered, the medication plan shall address notification of the local emergency medical services system, followed by notification of the student’s caregiver**;

* + 1. review the initial orders, possible side effects, adverse reactions and other pertinent information with the ~~person~~ **unlicensed school personnel** to whom prescription medication administration has been delegated;
    2. provide supervision and consultation as needed to ensure that the student is receiving the prescription medication appropriately. Supervision and consultation may include record review, on-site observation and/or assessment;
    3. review all documentation pertaining to prescription **the delegation of**

medication administration on a ~~bi~~weekly basis or more often if necessary.

1. In accordance with standard nursing practice, the school nurse may refuse to administer or allow to be administered any prescription medication which, based on ~~her/his~~ **their** individual assessment and professional judgment, has the potential to be harmful, dangerous or inappropriate. In these cases, the ~~parent/guardian~~ **caregiver** and licensed prescriber shall be notified immediately by the school nurse.
2. For the purposes of 105 CMR 210.000, a Licensed Practical Nurse functions under the general supervision of the school nurse who has delegating authority.
3. The school nurse shall have ~~a current pharmaceutical reference available for her/his use,~~ such as the *Physician's Desk Reference* (P.D.R.) or *U.S.P. DI* (Dispensing Information), *~~Facts~~* ~~and Comparisons~~ **access to current, peer-reviewed medication references**.
   1. : Self-Administration **and Self-Carry** of Prescription Medications
4. ~~Consistent with school policy, students may self administer prescription medication~~ provided that certain conditions are met. For the purposes of 105 CMR 210.000, "self administration" shall mean that the student is able to consume or apply prescription medication in the manner directed by the licensed prescriber, without additional assistance or ~~direction.~~
5. ~~​~~**Consistent with school policy, t**~~T~~he school nurse may permit ~~self medication~~ **self- administration** of ~~prescription~~ medication by a student provided that the following requirements are met:
   1. the student, school nurse and ~~parent/guardian~~ **caregiver**, where appropriate, enter into an agreement which specifies the conditions under which prescription medication may be self**-**administered**, which may include the conditions under which a student may self-carry medication or whether the medication being self-administered is being taken or applied by the student themselves or with an FDA-approved medical device**;
   2. the school nurse, as appropriate, develops a medication administration plan **pursuant to** ~~(~~105 CMR 210.005(E) which contains only those elements necessary to ensure safe self**-**administration of prescription medication;
   3. the school nurse evaluates the student's health status and abilities and deems self**-** administration safe and appropriate. As necessary, the school nurse shall observe initial self-administration of the prescription medication;
   4. the school nurse is reasonably assured that the student is able to identify the appropriate prescription medication, knows the frequency and time of day for which the prescription medication is ordered, and follows the school self**-**administration protocols;
   5. there is written authorization from the student's ~~parent or guardian~~ **caregiver** that the student may ~~self medicate~~ **self-administer medication**, unless the student has consented to treatment under M.G.L. c. 112, § 12F or other authority permitting the student to consent to medical treatment without ~~parental~~ **caregiver** permission;
   6. if requested by the school nurse, the licensed prescriber provides a written order for self**-**administration;
   7. ~~the student follows a procedure for documentation of self-administration of~~ ~~prescription medication;~~

;

* 1. the school nurse establishes a ~~policy~~ **plan** for the safe storage of self-administered prescription medication and, as necessary, consults with teachers, the student and ~~parent/guardian~~ **caregiver**, if appropriate, to determine a safe place for storing the prescription medication for the individual student, while providing for accessibility if the student's health needs require it. This **may include self-carry of the medication and this** information shall be included in the medication administration plan. In the case of an inhaler or other preventive or emergency medication, whenever possible, a backup supply of the prescription medication shall be kept in the health room or a second readily available location;
  2. **(8)** the school nurse develops and implements a plan to monitor the student's self- administration, based on the student's abilities and health status. Monitoring may include teaching the student the correct way of taking the prescription medication~~, reminding the~~ ~~student to take the prescription medication, visual observation to ensure compliance,~~ ~~recording that the prescription medication was taken,~~ and notifying the ~~parent, guardian~~ **caregiver** or licensed prescriber of any side effects, variation from the plan, or the student's refusal or failure to take the prescription medication;
  3. **(9)** with ~~parental/guardian~~ **caregiver** and student permission**, if required by law**, as appropriate, the school nurse may inform appropriate teachers and administrators that the student is self-administering **and/or self-carrying** a prescription medication.
  4. : Training of **Unlicensed** School Personnel Responsible for Administering Prescription Medications

1. All prescription medications shall be administered by properly trained and supervised school personnel under the direction of the school nurse.
2. Training shall be provided under the direction of the school nurse.
3. At a minimum, the training program shall include content standards and a test of competency developed and approved by the Department of Public Health in consultation with the Board of Registration in Nursing and practicing school nurses.
4. Personnel designated to administer prescription medications shall be provided with the names and locations of **unlicensed** school personnel who have documented certification in cardiopulmonary resuscitation. Schools should make every effort to have a minimum of two school staff members with documented certification in cardiopulmonary resuscitation present in each school building throughout the day.
5. The school nurse shall document the training and evidence of competency of unlicensed personnel designated to assume the responsibility for prescriptionmedication administration.
6. The school nurse shall provide a training review and informational update at least annually for those **unlicensed** school ~~staff~~ **personnel** authorized to administer prescription medications.
   1. : Handling, Storage and Disposal of Prescription Medications
7. A ~~parent, guardian~~ **caregiver** or ~~parent/guardian~~ **caregiver**-designated responsible adult shall deliver all ~~prescription~~ medications to be administered by school personnel or to be taken by ~~self-medicating~~ **self-administering** students, if required by the self-administration agreement (105 CMR 210.006(~~B~~**A**)), to the school nurse or other responsible person designated **and trained** by the school nurse **to receive medication**.
   1. The prescription medication must be in a pharmacy or manufacturer labelled container

**specific to that medication**.

* 1. The school nurse or other responsibleperson receiving the prescription medication shall document the quantity of the prescription medication delivered.
  2. In extenuating circumstances, as determined by the school nurse, the prescription medication may be delivered by other persons **or a licensed pharmacy**; provided, however, that the **school** nurse is notified in advance by the ~~parent or guardian~~ **caregiver** of the arrangement and the quantity of prescription medication being delivered to the school.

1. All prescription medications shall be stored in their original pharmacy or manufacturer labelled containers and in such manner as to render them safe and effective.
2. All prescription medications to be administered by school personnel shall be kept in a securely locked cabinet used exclusively for medications, which is kept locked except when opened to obtain medications. The cabinet shall be substantially constructed and anchored securely to a solid surface. Prescription **m**edications requiring refrigeration shall be stored in either a locked box in a refrigerator or in a locked refrigerator maintained at temperatures ~~of~~ **between** 3~~8~~**6**°F **(2°C)** to 4~~2~~**6**°F **(8°C)**. **Medications requiring freezer storage shall be stored in either a locked box in a freezer or in a locked freezer maintained at temperatures between -13°F (-25°C) to 14°F (-10°C).**
3. Access to stored prescription medications shall be limited to persons authorized to

Administer prescription medications and to self-medicating students, to the extent permitted by school policy developed pursuant to 105 CMR 210.006(~~B~~**A**)(~~8~~**7**). Access to keys and knowledge of the location of keys shall be restricted to the maximum extent possible. Students who are self-medicating shall not have access to other students' medications.

1. ~~Parents or guardians~~ **Caregivers** may retrieve the prescription medications from the school at any time.
2. No more than a 30-school-day supply of the prescription medication for a student shall be stored at the school**, with the exception of multidose devices, which may contain more than a 30-day supply**.
3. Where possible, all unused, discontinued or outdated prescription medications shall be returned to the ~~parent or guardian~~ **caregiver** and the return appropriately documented. In extenuating circumstances, with ~~parental~~ **caregiver** consent when possible, such prescriptionmedications may be destroyed by the school nurse in accordance with any applicable policies of the Massachusetts Department of Public Health, ~~Division of Food and Drugs~~ **Drug Control Program**.
   1. : Documentation and Record-Keeping
4. Each school where prescription medications are administered by school personnel shall maintain a medication administration record for each student who receives prescription medication during school hours.
   1. Such record at a minimum shall include a daily log and a medication administration plan, including the medication order and ~~parent/guardian~~ **caregiver** authorization.
   2. The medication administration plan shall include the information as described in 105 CMR 210.005(E).
   3. The daily log shall contain:
      1. the dose or amount of prescription medication administered;
      2. the date and time of administration or omission of administration, including the reason for omission **and action taken post omission**;
      3. ~~the full signature of the nurse or designated unlicensed school personnel~~ ~~administering the prescription medication. If the prescription medication is given~~ ~~more than once by the same person, he/she may initial the record, subsequent to~~ ~~signing a full signature~~ **a mechanism for identifying the person administering each dose**.
   4. The school nurse shall document in the medication administration record significant observations of the prescription medication's effectiveness, as appropriate, and any adverse reactions or other harmful effects, as well as any action taken.
   5. All documentation shall be recorded in ~~ink and shall not be altered~~ **a manner that prevents alteration or destruction of the record**.
   6. With the consent of the ~~parent, guardian,~~ **caregiver** or student where appropriate, the completed prescription medication administration record and records pertinent to self**-** administration shall be filed in the student's cumulative health record. When the ~~parent,~~ ~~guardian~~ **caregiver** or student, where appropriate, objects, these records shall be regarded as confidential medical notes and shall be kept confidential, except as provided in 105 CMR 210.000.
5. Medication errors, as defined in 105 CMR 210.005(F)(5), shall be documented by the

school nurse on ~~an~~ **the school/district’s** accident/incident report form **and in the student’s health record**. These reports shall be retained in a location as determined by school policy and made available to the Department of Public Health upon request. All suspected diversion or tampering of drugs shall be reported to the Department of Public Health, ~~Division of Food~~ ~~and Drugs~~ **Drug Control Program**. All medication errors ~~resulting in serious illness~~ requiring medical care **or ongoing assessment** shall be reported **as instructed** to the Department of Public Health~~, Bureau of Family and Community Health~~.

1. The school district shall comply with the Department of Public Health's reporting requirements for prescription medication administration in the schools.
2. The Department of Public Health may inspect any individual student medication record or record relating to the administration or storage of prescription medications without prior notice to ensure compliance with 105 CMR 210.000.

210.~~100~~**010**: Administration of Epinephrine

1. A public school district or non-public school, as defined by the Massachusetts Department of **Elementary and Secondary** Education, may register with the Department for the limited purpose of permitting properly trained **unlicensed** school personnel to administer **any available, FDA-approved, pre-dosed form of** epinephrine **(hereafter, any available, FDA-approved, pre-dosed form of epinephrine will be referred to solely as epinephrine for the purposes of 105 CMR 210.010)** ~~by auto injector~~ in a life-threatening situation during ~~the school day~~ **regular school activities** when a school nurse is not immediately available, including field trips, provided that the following conditions are met:
   1. the **S**~~s~~chool **C**~~c~~ommittee or~~, in the case of a non-public school, the chief~~ ~~administrative officer,~~ **governing body** approves policies developed by the ~~designated~~ school nurse leader or, in the absence of a school nurse leader, a school nurse with designated responsibility for management of the program (“responsible school nurse”) **medication program manager** governing administration of epinephrine ~~by auto injector~~. This approval must be renewed every ~~two~~ year~~s~~;
   2. the **S**~~s~~chool **C**~~c~~ommittee or ~~chief administrative officer~~ **governing body** provides an assurance to the Department that the requirements of 105 CMR 210.000 will be met **through registration with the Department**;
   3. in consultation with the school physician, the ~~designated school nurse leader or~~ ~~responsible school nurse manages~~ **medication program manager oversees** and has final decision-making authority about the **epinephrine** program. ~~This person, or school nurses~~ designated by this person, shall select the individuals authorized to administer epinephrine by auto injector. Persons authorized to administer epinephrine shall meet the ~~requirements of 105 CMR 210.004(B)(2);~~
   4. the **unlicensed** school personnel authorized to administer epinephrine ~~by auto~~ ~~injector~~ are trained and ~~tested for competency~~ **evaluated** by the ~~designated school nurse~~ ~~leader or responsible school nurse~~ **medication program manager**, or school nurses designated by this person, in accordance with standards and a curriculum established by the Department.
      1. The ~~designated school nurse leader or responsible school nurse~~ **medication program manager**, or school nurses designated by this person, shall document the training and ~~testing~~ **evaluation** of competency.
      2. The ~~designated school nurse leader or responsible school nurse~~ **medication program manager**, or a designee, shall provide a training review and informational

update at least twice a year.

* + 1. The training, at a minimum, shall include:
       1. procedures for risk reduction.
       2. recognition of the symptoms of a severe allergic reaction;
       3. the importance of following the medication administration plan;
       4. proper use of the ~~auto injector~~ **administration device**; and
       5. requirements for proper storage and security, notification of appropriate persons following administration, and record keeping.
    2. The school shall maintain and make available upon request by ~~parents~~ **caregivers** or staff ~~a list~~ **documentation** of those **unlicensed** school personnel authorized and trained to administer epinephrine ~~by auto injector~~ in an emergency, when the school nurse is not immediately available;
  1. epinephrine shall be administered only in accordance with an individualized medication administration plan satisfying the applicable requirements of 105 CMR 210.005(E) and 210.009(A)(6), updated every year, which includes the following:
     1. a diagnosis by a ~~physician~~ **licensed prescriber** that the ~~child~~ **student** is at risk of a life threatening allergic reaction and a medication order containing proper dosage and indications for administration of epinephrine;
     2. written authorization by a ~~parent or legal guardian~~ **caregiver**;
     3. ~~home and emergency~~ **phone** number for the ~~parent(s) or legal guardian(s)~~ **caregiver**, as well as the names(s) and phone number(s) of any other person(s) to be notified if the ~~parent(s) or guardian(s) are~~ **caregiver is** unavailable;
     4. identification of places where the epinephrine is to be stored, following consideration of the need for storage:
        1. at one or more places where the student may be most at risk;
        2. in such a manner as to allow rapid access by authorized persons, including possession by the student when appropriate; and
        3. in a place accessible only to authorized persons. The storage location(s) should be secure, but not locked during those times when epinephrine is most likely to be administered, as determined by the school nurse;
     5. ~~a list~~ **documentation** of the **unlicensed** school personnel who would administer the epinephrine to the student in a life threatening situation when a school nurse is not immediately available;
     6. a plan for comprehensive risk reduction for the student, including preventing exposure to specific allergens; and
     7. an assessment of the student’s readiness for self-administration and training, as appropriate.
  2. when epinephrine is administered, there shall be immediate notification of the local emergency medical services system (generally 911), followed by notification of the student’s ~~parent(s) or guardian(s)~~ **caregiver.** ~~or, if the parent(s)or guardian(s) are is not~~ ~~available, any other designated person(s), the school nurse, the student’s physician, and~~ ~~the school physician, to the extent possible~~ **If epinephrine is administered by unlicensed school personnel, the school nurse, and other individuals as warranted and deemed appropriate by the school nurse, must also be notified**;
  3. there shall be procedures, in accordance with any standards established by the Department, for:
     1. developing the medication administration plan;
     2. developing general policies for the proper storage of medication, including limiting access to persons authorized to administer the medication and returning unused or outdated medication to a ~~parent or guardian~~ **caregiver** whenever possible;
     3. recording receipt and return of medication by the school nurse;
     4. documenting the date and time of administration;
     5. notifying appropriate parties of administration and documenting such notification;
     6. reporting medication errors in accordance with 105 CMR 210.005(F)(5);
     7. reviewing any incident involving administration of epinephrine to determine the adequacy of the response and to consider ways of reducing risks for the particular student and the student body in general;
     8. planning and working with the emergency medical system to ensure the fastest possible response;
     9. disposing properly of used **or expired** epinephrine ~~injector~~ **administration devices**;
     10. submitting ~~a written~~ **the Department of Public Health Epinephrine Administration R**~~r~~eport to the Department of Public Health each time epinephrine is administered to a student or staff, ~~on a form obtained from the Department~~ **in accordance with 105 CMR 210.009(C)**;
     11. permitting the Department of Public Health to inspect any record related to the administration of epinephrine without prior notice, to ensure compliance with 105 CMR 210.~~100~~**010**.

1. Epinephrine may be administered in accordance with 105 CMR 210.000 in before and after school programs offered or provided by a school, such as athletic programs, special school events and school-sponsored programs on week~~-~~ends, provided that the public school district or non-public school is registered with the Department pursuant to 105 CMR 210.~~100~~**010** (A) and meets the requirements set forth in 105 CMR 210.~~100~~**010**(B).
   1. Epinephrine may be administered in such before and after school programs and special events, to students attending the school where the epinephrine is to be administered, provided that the following requirements in 105 CMR 210.~~100~~**010**(B)(1)(a) through (d) are met:
      1. **S**~~s~~chool **C**~~c~~ommittee or ~~chief administrative officer in a non-public school~~ **governing body** approves in the policy developed in accordance with 105 CMR210.~~100~~**010**(A)(1), administration of epinephrine in such programs. The policy shall identify the school official(s), along with a school nurse for each school designated by the ~~school nurse leader or responsible nurse~~ **medication program manager**, responsible for determining which before and after school programs and special events are to be covered by the policy;
      2. the designated school nurse approves administration of epinephrine in that program and selects the properly trained person(s) to administer the epinephrine;
      3. the school complies with the requirements of 105 CMR 210.~~100~~**010**(A), including immediate notification of emergency medical services following administration of epinephrine, but need not comply with the requirement of 105 CMR 210.004~~(B)~~**(A)**(3); and
      4. the program is not licensed by another state **or municipal** agency, in which case the regulations promulgated by that ~~state~~ agency will apply.
   2. Epinephrine may be administered in such before and after school programs and special events to students from another school or school district if approved in the school policy developed pursuant to 105 CMR 210.~~100~~**010**(A)(1) and in accordance with the requirements in 105 CMR 210.00(B)(2)(a) through (d).
      1. The school complies with the requirements of 105 CMR210.~~100~~**010**(A) and 210.~~100~~**010**(B)(1), including immediate notification of emergency medical services following administration of epinephrine, except as provided in 105 CMR 210.~~100~~**010**(B)(2)(d).
      2. In the event the student is accompanied by **unlicensed** school personnel from the

sending school, such personnel, whenever possible, shall assume responsibility for ensuring that the epinephrine is brought, properly stored and administered as necessary, in accordance with the medication administration plan developed by the sending school in accordance with 105 CMR 210.~~100~~**010**(A)(5).

* + 1. In the event the student is not accompanied by **unlicensed** school personnel from the sending school or such personnel are not trained in the administration of epinephrine, the receiving school may, ~~in~~ **at** its discretion, assume responsibility for administering epinephrine, provided that:
       1. the designated school nurse in the receiving school is provided with adequate prior notice of the request, which ~~shall be at least one week in advance unless~~ ~~otherwise specified by the designated school nurse~~ **is at the discretion of the designated school nurse in the receiving school**;
       2. ~~​ the designated school nurse in the receiving school approves administration of~~ ~~epinephrine for that student;~~

~~3.~~**2. as appropriate** the designated school nurse selects properly trained person(s) to administer the epinephrine; and

* + - 1. the student provides the ~~designated school nurse or the person(s) selected by~~ ~~the~~

~~4. designated school nurse to administer~~ epinephrine ~~with the medication~~ to be administered.

* + 1. If the receiving school assumes responsibility for administering epinephrine, whenever possible, the ~~student shall~~ **sending school may, with proper consent,** provide the designated school nurse in the receiving school with copy of the medication administration plan developed in accordance with 105 CMR 210.005(E). The **medication administration** plan shall be provided to the ~~designated~~ **receiving** school nurse ~~in timely fashion in accordance with procedures established by the nurse~~ **prior to the event, if possible, or on the day of the event**. If no medication administration plan is provided, the student at a minimum shall provide to the designated school nurse in the receiving school:
       1. written authorization and emergency phone numbers from a ~~parent or guardian~~

**caregiver**;

* + - 1. a copy of a medication order from a licensed provider; and
      2. any specific indications or instructions for administration.

1. Administration **and storage** of epinephrine shall be governed solely by 105 CMR 210.~~100~~**010**. ~~The provisions of 105 CMR 210.004(B)(5) and 210.005(E)(1)(o) shall not be~~ ~~applicable to the administration of epinephrine.~~

**210.011: Administration of Emergency Rescue Opioid Antagonist**

1. **A public school district or non-public school, as defined by the Massachusetts Department of Elementary and Secondary Education, may register with the Department for the limited purpose of permitting properly trained unlicensed school personnel to administer any available, FDA-approved, pre-dosed form of an emergency rescue opioid antagonist (hereafter, any available, FDA-approved, pre-dosed form of an emergency rescue opioid antagonist will be referred to solely as an emergency rescue opioid antagonist for the purposes of 105 CMR 210.011) in a life-threatening situation during regular school activities when a school nurse is not immediately available, including field trips, provided that the following conditions are met:**
   1. **the School Committee or governing body approves policies developed by the medication program manager governing administration of an emergency rescue opioid antagonist. This approval must be renewed every year;**
   2. **the School Committee or governing body provides an assurance to the Department that the requirements of 105 CMR 210.000 will be met through registration with the Department;**
   3. **in consultation with the school physician, the medication program manager oversees and has final decision-making authority about the emergency rescue opioid antagonist program;**
   4. **the unlicensed school personnel authorized to administer an emergency rescue opioid antagonist are trained by the school nurse, or a training provider designated by the school nurse, in accordance with standards established by the Department;**
      1. **the training, at a minimum, shall include:**
         1. **recognition of the symptoms of an opioid overdose;**
         2. **proper use of the administration method.**
      2. **the medication program manager, or school nurses designated by this person, shall document the training and testing of competency;**
      3. **the school shall maintain and make available upon request by caregivers or staff documentation of those unlicensed school personnel authorized and trained to administer an emergency rescue opioid antagonist when the school nurse is not immediately available.**
   5. **when an emergency rescue opioid antagonist is administered;**
      1. **there shall be immediate notification of the local emergency medical services system (generally 911), followed by notification of a student’s caregiver as appropriate, the school nurse, and other individuals as warranted and deemed appropriate by the school nurse;**
      2. **the medication program manager will report the administration of an emergency rescue opioid antagonist to the Department of Public Health as directed each time an emergency rescue opioid antagonist is administered to a student or staff in accordance with 105 CMR 210.009(C).**
   6. **All school staff, regardless of licensure, should follow a medication order for the administration of an emergency rescue opioid antagonist.**
2. **Administration and storage of an emergency rescue opioid antagonist in schools shall be governed by 105 CMR 210.011.**

**210.015: Waiver of Requirements Imposed on Entities Administering Medications Under 105 CMR 210.000**

1. **The Commissioner may issue a waiver of one or more of the requirements imposed through 105 CMR 210.000: The Administration of Medications in Public and Non- Public Schools upon a finding that:**
   1. **compliance would cause undue hardship to the public school district or non- public school;**
   2. **the public school district or non-public school’s noncompliance does not jeopardize the health or safety of individuals or the public;**
   3. **the public school district or non-public school is in substantial compliance with the spirit of the regulations and has instituted compensating measures that are acceptable to the Commissioner; and**
   4. **the public school district or non-public schools provides to the Commissioner, or their designee, written documentation supporting its request for a waiver.**

**210.019: Severability**

**If any provision of 105 CMR 210.000 is declared invalid or unenforceable, the other provisions shall not be affected thereby, but shall continue in full force and effect.**

REGULATORY AUTHORITY

105 CMR 210.000: M.G.L. c. 94C, § 7(g); c. 71, § 54B.