

District 6

Greater Lowell CISM Team

Tom Greenhalgh, Co-Coordinator
Mike Curran Co-Coordinator
833-444-CISM

District 7

Central Mass CISM Team

Dave Dockstader, Coordinator
508.387.0937

District 8

Montachusets CISM Team

Pete Stone, Gregg Sculthorpe
Co-coordinators
508.899.0055

Districts 9,10,11,12

Western MA CISM Team

Lisa Herringshaw, Deb Clapp
Coordinators 413.586.6065

District 13

***Boston Fire-MetroFire
CISM Peer Support Team***

Charlie Popp, Rick O'Brien
Dick Ryan,617.343.2880

District 14

Concord/Carlisle CISM

David Flannery, Coordinator
978.369.1442

Additional Network Teams

WINGS CISM

Kathy Minehan, Coord 617.416.0773

Boston Police CISM/Peer Support

Mark Freire 617.594.9313
Peter Moscaritolo 617.594.5175

Boston EMS CISM Team

Pat Calter, Coordinator
781.831.3223

MA Corps Fire Chaplains

James Tilbe, Chief Chaplain 774.696.4587

Cambridge Fire CISM Team

Callout 781.632.0401 Coordinators
David House, Pat Haggerty, Diane Moran

SEMLEC Law Enforcement Team

Rob Swartz, Coordinator
508-658-2478

METROLEC Law Enforcement Team

Kristine Lydon 339-235-0989
Ed O'Brien 781424-4919

MetroBoston 911/Dispatch Peer Support

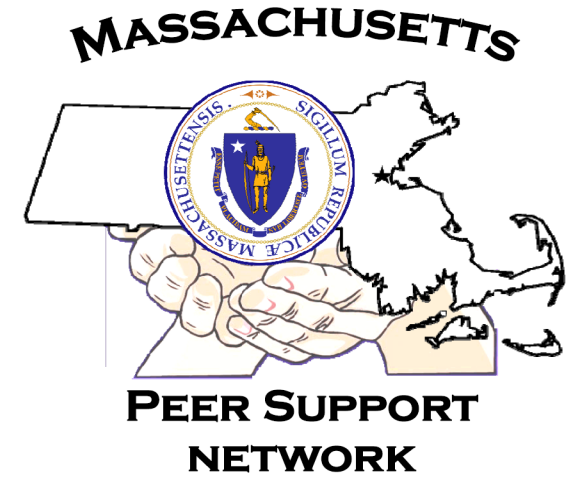
Anthony Landry Coordinator
Hotline 617-981-2186

Massachusetts Department of Correction

508-422-3481

Dept of Conservation and Recreation

Dwayne Erickson, Coordinator
617.647.1025



**If you need assistance
Network members are on-call 24/7**

508-820-2000

Our mission is to provide peer assistance to all emergency service personnel within the Commonwealth before, during or after a critical incident, regardless of race, gender or age.

Charlie Popp, Coordinator

617-967-4141(c) 24/7

Jim Leary, Coordinator

508-404-7301 (c)

David Clemons

Director of Operations

DFS/CISM Liaison

978-567-3179 (office)

What is a Critical Incident?

Any event that has the potential to create significant human distress and can overwhelm one's usual coping mechanisms. This will vary greatly from person to person and may change over time.

Some Possible Critical Incidents

Line of Duty Death
Suicide of a Working Colleague
Death / Serious Injury of a Child
Discharge of a Firearm
Prolonged Failed Rescue
Mass Casualty Incidents
Victim Known to Responder
Personal Safety Jeopardized
Excessive Media Coverage

How Do We React to These Events?

Often reactions to Critical Incidents fall into five categories. It is not unusual for one, or all members of the department to experience some or all of these reactions.

Cognitive Reactions

Decision making difficulties
Confusion
Disorientation
Concentration
Memory loss
Unable to perform multiple tasks
Flashbacks

Behavioral Reactions

Sleep Disturbance
Withdrawal
Family Discord
Crying Spells
Hyper-vigilance
Hyperactivity
Alcohol / Drug Use (Change)

Physical Reactions

Muscle Tremors
Headaches
Backaches
Loss of coordination
Nausea
Upset stomach

Emotional Reactions

Anxiety
Fear
Feeling overwhelmed
Feeling detached from reality
Anger
Resentment
Grief
Guilt
Melancholy

Spiritual Reactions

Anger at God
Withdrawal from Faith-based
Community
Cessation of Faith-Related Practices

The MA Peer Support Network seeks to lessen the impact of such stress reactions through a variety of interventions provided by fully trained peer support personnel.

District Teams serve the towns within their fire district.

District 1

Cape & Islands CISM

Chrystal LaPine, Coordinator
508-563-4200

District 2

Plymouth County CISM

Debi Ladd, Coordinator
508.747.1779

Districts 3&4

Bristol/Norfolk Team

Keith H. Jackson, Coordinator
508.285.5380

District 5&15

Metro-Boston CISM

Dave Mondy, and John Doucette
857-246-8577

All services are rendered taking the greatest care to maintain the highest levels of personal integrity, confidentiality and to do no harm