

**District 6**

**Greater Lowell Team**

Mike Curran / Tom Greenhalgh,  
Coordinators  
1.800.614.CISM

**District 7**

**Central Mass CISM Team**

Bill Bernhard, Coordinator  
508.387.0937

**District 8**

**Montachusets CISM Team**

Scott Mentzer, Coordinator  
508.899.0055

**Districts 9,10,11,12**

**Western MA CISM**

Linda Moriarty, Coordinator  
413.586.6065

**District 13**

**Boston Metro Fire Team**

Charlie Popp/Dick Ryan, Coordinator  
617.343.2880

**District 14**

**Concord/Carlisle CISM**

David Flannery, Coordinator  
978.369.1442

**Additional Teams/Groups**

**Serving The Network**

**WINGS CISM**

Kathy Minehan, Coordinator  
617.416.0773

**Boston Police CISM**

Mark Freire  
Coordinator  
617.594.9313

**Boston EMS Team**

Virginia Famolare, Coordinator  
617.968.0833

**DCR**

Dwayne Erickson, Coordinator  
617.647.1025

**MA Corps Fire Chaplains**

James Tilbe, Chief Chaplain  
774.696.4587

**Cambridge Fire CISM Team**

(City of Cambridge)  
Diane Moran, Co-Coordinator  
781.632.0401  
Darron Smith, Co-Coordinator  
857.939.8556

*All services are rendered taking the  
greatest care to maintain the highest  
levels of personal integrity,  
confidentiality and to do no harm.*

**MASSACHUSETTS**



**PEER SUPPORT  
NETWORK**

**If you need assistance**

**Network members are on-call 24/7**

**508-820-2000**

*Our mission is to provide peer  
assistance to all emergency service  
personnel within the Commonwealth  
before, during or after a critical  
incident, regardless of race, gender  
or age.*

**Charlie Popp, Coordinator**

617-967-4141(c) 24/7

**Thomas Famolare, Coordinator**

617-866-9999 (c)

**David Clemons**

**Operations Section Chief**

**DFS/CISM Liaison**

978-567-3179 (office)

### **What is a Critical Incident?**

Events that have the potential to create significant human distress and can overwhelm one's usual coping mechanisms.

### **Known Critical Incidents**

Line of Duty Death  
Suicide of a Working Colleague  
Death / Serious Injury of a Child  
Discharge of a Firearm  
Prolonged Failed Rescue  
Mass Casualty Incidents  
Victim Known to Responder  
Personal Safety Jeopardized  
Excessive Media Coverage

### **How Do We React to These Events?**

Often reactions to Critical Incidents fall into five categories. It is not unusual for one, or all members of the department to experience some or all of these reactions.

### **Cognitive Reactions**

Decision making difficulties  
Confusion  
Disorientation  
Concentration  
Memory loss  
Unable to perform multiple tasks  
Flashbacks

### **Behavioral Reactions**

Sleep Disturbance  
Withdrawal  
Family Discord  
Crying Spells  
Hyper-vigilance  
Hyperactivity  
Alcohol / Drug Use

### **Physical Reactions**

Muscle Tremors  
Headaches  
Backaches  
Loss of coordination  
Nausea  
Upset stomach

### **Emotional Reactions**

Anxiety  
Fear  
Feeling overwhelmed  
Feeling detached from reality  
Anger  
Resentment  
Grief  
Guilt  
Melancholy

### **Spiritual Reactions**

Anger at God  
Withdrawal from Faith-based  
Community  
Cessation of Faith-Related Practices

**The MA Peer Support Network** seeks to lessen the impact of such stress reactions through a variety of interventions provided by fully trained peer support personnel.

**District Teams serve the towns within their fire district.**

### **District 1**

#### ***Cape & Islands CISM***

Chrystal LaPine, Coordinator  
508-563-4200

### **District 2**

#### ***Plymouth County CISM***

Debi Ladd, Coordinator  
508.747.1779

### **Districts 3&4**

#### ***Bristol/Norfolk Team***

Keith H. Jackson, Coordinator  
508.285.5380

### **District 5&15**

#### ***Metro-Boston CISM***

Melissa Stasiak, Co-Coordinator  
617.710.4809  
Jack Barry, Co-Coordinator  
857.246.8577