



Massachusetts Helplines



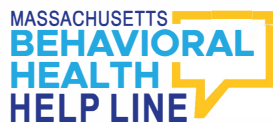
The Massachusetts Substance Use Helpline provides the public with resources and information about harm reduction, treatment, and recovery services for substance use disorder available in Massachusetts and a warm hand off to these programs when needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Connect by phone (800-327-5050) or [visiting their website \(helplinema.org\)](http://helplinema.org).



The Boston Medical Center Addiction Warmline provides rapid access to medications to treat opioid use disorder, including buprenorphine (Suboxone), Sublocade, injectable naltrexone (Vivitrol), linkage to treatment on demand (including methadone), and referral to long-term care. The line is free and available 24/7, 365 days a year via call. Depending on time, may receive call-back after leaving message. Phone number: 617-414-4175.



SafeSpot provides virtual spotting services to people who use drugs to prevent overdose. An individual using drugs alone calls the line, uses the substance, and stays in verbal communication with the operator until both the caller and the operator have decided that it is safe to disconnect. If there is an emergency, the operator will call the designated responder given by the caller or emergency response services. Connect by phone (800-972-0590) or [visiting their website \(safe-spot.me\)](http://safe-spot.me).



The Massachusetts Behavioral Health Help Line provides the public the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. They provide real-time support, initial clinical assessment, and connection to the right evaluation and treatment. The line is free and available 24/7, 365 days a year via call, text or chat. Connect by phone (833-773-2445) or [visiting their website \(masshelpline.com\)](http://masshelpline.com).



988 provides free and confidential emotional support to all callers in emotional distress and connects them to services if needed. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Connect by phone (988) or [visiting their website \(mass.gov/988\)](http://mass.gov/988).



The MA Problem Gambling Helpline provides information about the risks and signs of problem gambling, and offers links to treatment and other resources to help you or your loved one start on the path to recovery. The line is free and available 24/7, 365 days a year via phone call, text, or chat. Connect by phone (800-327-5050) or [visiting their website \(gamblinghelplinema.org\)](http://gamblinghelplinema.org).



SafeLink provides resources, support, and safety planning to anyone affected by domestic or intimate partner violence. Each call is answered by a trained advocate who provides nonjudgmental support, assistance with safety planning, and information on appropriate resources. The line is toll-free and available 24/7/365 by phone or chat. Connect by phone (877-785-2020) or [visiting their website \(casamyrna.org/get-support/safelink\)](http://casamyrna.org/get-support/safelink).