



敬请留意：如果你年龄在 **19 至 64 岁** 之间，一项新的联邦法律可能会影响你的 **MassHealth**（马萨诸塞州医疗补助）

自 **2027 年 1 月** 起，联邦政府将对 **MassHealth** 政策作出调整

谁会受到影响？

- 绝大多数 **19 至 64 岁**、无残疾的成年人

谁不会受到影响？

- **18 岁** 及以下人士
- **65 岁** 及以上人士
- 孕妇或产后女性
- **13 岁** 及以下儿童的父母
- 残障人士或患有特定健康状况的人群
- 其他符合豁免条件的人士

政策有哪些调整？

为继续享受 MassHealth 的保障，你可能需要满足以下要求：

- 参加工作、在校就读或从事志愿服务
- 每 **6 个月** 重新审核保障资格

我现在该怎么做？

请确保你在 MassHealth 系统中留存手机号码、邮寄地址和电子邮箱均为最新信息。

如果这些新规适用于你，MassHealth 会直接与你联系。

在哪里可以了解更多信息？



Mass.gov/MassHealthMemberChanges

请联系当地服务站点：





ATTENTION: If you are between the ages of 19-64, a new federal law may impact your MassHealth

Starting January 2027, the federal government is making changes to MassHealth

WHO IS IMPACTED?

- most non-disabled adults ages 19-64

WHO IS NOT IMPACTED?

- people 18 and under
- people 65 and over
- people who are pregnant or postpartum
- parents of children 13 years or younger
- people living with a disability or certain health conditions
- other exemptions may apply

WHAT CHANGES ARE COMING?

To keep MassHealth coverage, you may now need to:

- work, attend school, or volunteer
- renew your coverage every 6 months

WHAT CAN I DO NOW?

Make sure MassHealth has your current cell number, mailing address, and email.

If these new rules apply to you, MassHealth will contact you directly.

WHERE CAN I LEARN MORE?



Mass.gov/MassHealthMemberChanges

Reach out for local support:

