Appendix G: Behavioral Health

Exhibit 1: MassHealth Emergency Services Programs (ESPs) Provider List As of 07/31/19

	BOSTON				
			00) 981-4357		
	Cer	tralized fax number: (617	7) 414-8306		
ESP	Provider: Boston Medical Center/	Boston Emergency Serv	ices Team (B.E.S.T.)		
	ESP Director: Tasha Ferguson	(617) 414-8379 Tasha.Ferguso	n@bmc.org		
	Assistant ESP Director: Elizabeth Li	ndblad (617) 414-8307 Elizab	eth.piper@bmc.org		
		tervention Manager: TBD			
	Service Locations	Operating Hours	Cities/Towns in Area		
BEST Community-Bas		Operating nours	Boston (Dorchester, South Boston, Roxbury, West		
85 E. Newton Street			Roxbury, Jamaica Plain, Mattapan, Roslindale,		
Boston, MA 02118	(800) 981-4357	7 a.m 11 p.m. weekdays	Hyde Park, Lower Mills), Brighton, Brookline,		
(617) 414-8336	(000) 301-4337	9 a.m 5 p.m. weekends	Charlestown, Chelsea, East Boston, Revere, and		
Fax (617) 414-8333			Winthrop		
BEST Community-Bas	sed Location				
25 Staniford Street					
Boston, MA 02114	(800) 981-4357	7 a.m 5 p.m. weekdays			
(617) 523-1529					
Fax (617) 523-1207					
BEST/Boston Medical	Center				
818 Harrison Ave					
Boston, MA 02118	(800) 981-4357	24/7			
(617) 414-7612					
Fax (617) 414-4209					
BEST/Mass General H	ospital				
55 Fruit Street					
Boston, MA 02114	(800) 981-4357	24/7			
(617) 726-2994					
Fax (617) 724-3727			4		
20 Vining St.	sis Stabilization Program				
Boston, MA 02118	(800) 981-4357	24/7			
(617) 371-3000		27/1			
(617) 516-5070					
	sis Stabilization Program	1	1		
85 E. Newton Street					
Boston, MA 02118	(800) 981-4357	24/7			
(617) 371-3000					
Fax (617) 414-8319					

Every ESP provides behavioral health crisis assessment, intervention and stabilization services, 24 hours per day/7 days per week/365 days per year, through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations, and community crisis stabilization (CCS) services for ages 18 and over. The operating hours for the ESP community based locations and CCS programs are noted above. The operating hours for Mobile Crisis Intervention services for youth are 24 hours per day/7 days per week at any and all locations. The operating hours for adult mobile services are 24 hours per day/7 days per week: during this time period, mobile services will be available from 7 a.m. to 8 p.m. at any/all locations, and from 8 p.m. to 7 a.m. this service will be available in residential programs and hospital emergency departments.

	METRO BOSTON				
Are	a: Cambridge Somerville	24-hour access numb	er: (800) 981-4357		
Provider:	Boston Medical Center/Cambridge Sor	nerville Emergency Servio	ces Program (C.S.E.S.P.)		
ESI	P Director: Tasha Ferguson (617) 414-8379				
		Iblad Elizabeth.piper@bmc.org vention Manager: TBD	g 617-414-8307		
	Service Locations	Operating Hours	Cities/Towns in Area		
CSESP Community-B	ased Location		Cambridge and Somerville		
660 Broadway		7 a.m. 11 n.m. wookdowo			
Somerville, MA 02145	(800) 981-4357	7 a.m 11 p.m. weekdays 8 a.m 4 p.m. weekends			
(617) 616-5111		o a.m 4 p.m. weekends			
Fax (617) 623-1817					
CSESP / Cambridge H	lospital				
1493 Cambridge Street	t				
Cambridge, MA 02139	(800) 981-4357	24/7			
(617) 665-1560					
Fax (617) 616-5410					
	Area: Norwood 24-hou	r access number: (80	0) 529-5077		
		erside Community Care			
		00) 529-5077 clauzon@rivers			
		llins (781) 769-8674 ccollins	@riversidecc.org		
	Mobile Crisis Intervention Manager: Evan M	Marcus (781) 769-8674 ema	rcus@riversidecc.org		
	Service Locations	Operating Hours	Cities/Towns in Area		
Riverside Community	-Based Location		Canton, Dedham, Dover, Foxboro, Medfield, Millis,		
190 Lenox Street			Needham, Newton, Norfolk, Norwood, Plainville,		
Norwood, MA 02062	(800) 529-5077	8 a.m 8p.m.	Sharon, Walpole, Wellesley, Weston, Westwood,		
(781) 769-8674	· · ·	7 days/week	and Wrentham		
Fax (781) 440-0740					
Riverside Community	r-Based Location				
15 Beacon Ave		0			
Norwood, MA 02062	(800) 529-5077	8 a.m 8p.m.			
(781) 769-8674		7 days/week			
Fax (781) 769-6072					
Riverside Community	Crisis Stabilization Program				
15 Beacon Ave					
Norwood, MA 02062	(800) 529-5077	24/7			
(781) 769-1342					
Fax (781) 769-0197					
	Area: South Shore 24	-hour access number:	(800) 528-4890		
	ESP Provider: South SI	nore Mental Health (SS	MH)		
	ESP Director: Colleen Babson	(617) 774-6036 cbabson@s			
	Mobile Crisis Intervention Manager: Nath		nbailey@ssmh.org		
	Service Locations	Operating Hours	Cities/Towns in Area		
SSMH Community-Ba	sed Location		Braintree, Cohasset, Hingham, Hull, Milton,		
460 Quincy Ave			Norwell, Quincy, Randolph, Scituate, and		
Quincy, MA 02169	(800) 528-4890	24/7	Weymouth		
(617) 774-6036					
Fax (617) 479-0356					
-	isis Stabilization Program				
460 Quincy Ave					
Quincy, MA 02169	(800) 528-4890	24/7			
(617) 774-6036					
Fax (617) 479-0356					

All ESP service components and locations may be accessed through the ESP's toll free number. Where applicable, local

numbers for specific locations have also been provided above. It is recommended that individuals and families call the ESP's toll free number first, so the ESP can help them access the most appropriate services. Please refer to www.masspartnership.com and click on "ESP" on the left side of the homepage for more information including updates to this directory.

	WESTER	N MASSACHUSETT	S
Area: 1	The Berkshires	24-hour access numbe	er: (800) 252-0227
ESP	Provider: The Brien Ce	enter for Mental Health and Su	ubstance Abuse
	SP Director: Rebecca Phelp		
	Crisis Intervention Manager:		ardner@briencenter.org
Serv	vice Locations	Operating Hours	Cities/Towns in Area
The Brien Center Community-B	Based Location	Ŭ	Adams, Alford, Becket, Cheshire, Clarksburg,
34 Pomeroy Ave			Dalton, Egremont, Florida, Great Barrington,
Pittsfield, MA 01201	(800) 252-0227	24/7	Hancock, Hinsdale, Lanesboro, Lee, Lenox,
(413) 499-0412			Monroe, Monterey, Mount Washington, New Ashford, New Marlboro, North Adams, Otis, Peru,
Fax (413) 499-0995			Pittsfield, Richmond, Sandisfield, Savoy, Sheffield,
The Brien Center Community-B	Based Location		Stockbridge, Tyringham, Washington, West
66 West Street		8 a.m. 12 a.m.	Stockbridge, Williamstown, and Windsor
Pittsfield, MA 01201	(800) 252-0227	8 a.m 12 a.m.	
(413) 499-0412		7 days/week	
Fax (413) 447-3245			
The Brien Center Community-B	ased Location		
124 American Legion Drive			
North Adams, MA 01247	(800) 252-0227	9 a.m 5 p.m. weekdays	
(413) 664-4541			
Fax (413) 662-3311			
The Brien Center Community-B	ased Location		
60 Cottage Street			
Great Barrington, MA 01230	(800) 252-0227	9 a.m 5 p.m. weekdays	
(413) 664-4541			
Fax (413) 528-8187			
The Brien Center Community C	Crisis Stabilization Program		
34 Pomeroy Ave			
Pittsfield, MA 01201	(800) 252-0227	24/7	
(413) 499-0412			
Fax (413) 499-0995			
Area	a: Greenfield	24-hour access number:	(800) 562-0112
	ESP Provide	er: Clinical & Support Options	
ES	P Director: Dan Sontag (413	3) 774-5411 dsontag@csoinc.org Fa	ax: (413) 773-8429
		istin Smith (413) 774-5411 kristinsmit	
	bile Crisis Intervention Manage		ashley.adam@csoinc.org
Serv	vice Locations	Operating Hours	Cities/Towns in Area
Clinical & Support Options Cor	nmunity-Based Location		Ashfield, Athol, Bernardston, Buckland,
298 Federal St., Condo B3			Charlemont, Colrain, Conway, Deerfield, Erving,
Greenfield, MA 01301	(800) 562-0112	24/7	Gill, Greenfield, Hawley, Heath, Leverett, Leyden,
(413) 774-5411			Millers Falls, Montague, New Salem, Northfield, Orange, Petersham, Phillipston, Rowe, Royalston,
Fax (413) 773-8429			Shelburne, Shutebury, Sunderland, Turners Falls,
Clinical & Support Options Cor	nmunity-Based Location		Warwick, Wendell, and Whately
491 Main Street			
Athol, MA 01331	(800) 562-0112	8 a.m 8 p.m. weekdays	
(978) 249-9490			
Fax (978) 249-3139			
	nmunity Crisis Stabilization Program		
	-		
Clinical & Support Options Cor	nmunity Crisis Stabilization Program (800) 562-0112	24/7	
Clinical & Support Options Cor 298 Federal St., Condo B3	-	24/7	

	WESTERN MASSA	CHUSETTS (con	tinued)
Ar	ea: Northampton 2	4-hour access number	: (844) 788-6470
	-	inical & Support Options	
	ESP Director: Debra DeMuth (41)		h@csoinc.org
	Mobile Crisis Intervention Manager: An	mber Gahn (413) 586-5555 a	gahn@csoinc.org
9	Service Locations	Operating Hours	Cities/Towns in Area
Clinical & Support Option	s Community-Based Location		Amherst, Chesterfield, Cummington,
29 North Main Street			Easthampton, Florence, Goshen, Hadley, Hatfield,
Florence, MA 01062	(800) 322-0424	24/7	Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, and Worthington
(413) 586-5555			treeatanipten, trimanozarg, and tretainigten
Fax (413) 586-2723			
	s Community Crisis Stabilization Program		
29 North Main Street			
Florence, MA 01062	(800) 322-0424	24/7	
(413) 586-2973			
Fax (413) 582-6893			
Area: So	outhern Pioneer Valley		ımber: (800) 437-5922
		havioral Health Network	
	ESP Director: TBD	(110) 001 0000	
	Assistant ESP Director: Matthew Leon	()	eone@bhninc.org
Asst. ESP Directo	r / Mobile Crisis Intervention Manager: H		
S	Service Locations	Operating Hours	Cities/Towns in Area
Behavioral Health Networ	k Community-Based Location		Agawam, Belchertown, Blandford, Bondsville,
417 Liberty Street			Chester, Chicopee, East Longmeadow, Granby, Granville, Hampden, Holyoke, Huntington, Indian
Springfield, MA 01104	(800) 437-5922	24/7	Orchard, Longmeadow, Ludlow, Monson,
(413) 733-6661			Montgomery, Palmer, Russell, South Hadley,
Fax (413) 733-7841			Southampton, Southwick, Springfield, Thorndike,
	k Community-Based Location		Three Rivers, Tolland, Ware, Westfield, West Springfield, and Wilbraham
Carson Center			opingiold, and wildranam
77 Mill Street		24/7	
Westfield, MA 01085	(800) 437-5922		
(413) 568-6386			
Fax (413) 572-4144	k Community Crisis Stabilization Program		4
	k Community Crisis Stabilization Program		
417 Liberty Street Springfield, MA 01104	(800) 437-5922	24/7	
(413) 733-6661	(800) 437-5922	24/1	
Fax (413) 733-7841			
. ,	k Community Crisis Stabilization Program	+	4
Carson Center			
77 Mill Street			
Westfield, MA 01085	(800) 437-5922	24/7	
(413) 568-6386			
Fax (413) 572-4144			
Behavioral Health Networ	k Community Crisis Stabilization Program		1
40 Bobala Road			
Holyoke, MA 01104	(800) 437-5922	24/7	
(413) 532-8016			
(110) 002 0010			

	CENTRA	AL MASS	SACHUSET1	S
Are	ea: Metro West	24-hou	r access number	r: (800) 640-5432
	E	SP Provider:	Advocates	
Mobile Cris	ESP Director: John DeF ESP Director: Carla Anto sis Intervention Manager: Kim	onellis (781)89		ocatesinc.org advocatesinc.org nberly_ward@waysideyouth.org
Se	rvice Locations	(Operating Hours	Cities/Towns in Area
Advocates Community-Base 354 Waverly Street Framingham, MA 01702 (508) 872-3333	d Location (800) 640-5432		24/7	Acton, Ashland, Arlington, Bedford, Belmont, Boxborough, Burlington, Carlisle, Concord, Framingham, Holliston, Hopkinton, Hudson, Lexington, Lincoln, Littleton, Maynard, Marlborough, Natick, Northborough, Sherborn,
Fax (508) 875-2600				Southborough, Stow, Sudbury, Waltham,
Advocates Community-Base 28 Mill Street Marlboro, MA 01752 (508) 786-1584 Fax (508) 786-1585	(800) 640-5432		24/7	Watertown, Wayland, Westborough, Wilmington, Winchester, and Woburn
Advocates Community-Base 675 Main Street Waltham, MA 02451 (781) 893-2003 Fax (781) 647-0183	d Location (800) 540-5806		24/7	
Advocates Community Crisi 28 Mill Street Marlboro, MA 01752 (508) 786-1580	s Stabilization Program (800) 640-5432	_	24/7	
Area	: North County	24-ho	ur access numbe	er: (800) 977-5555
	ESP Provid	der: Commu	nity HealthLink, In	IC.
Mobile C	ESP Director: Matthew V		-7982 mwalsh02@c	ommunityhealthlink.org tel@communityhealthlink.org
Se	rvice Locations	(Operating Hours	Cities/Towns in Area
Community HealthLink, Inc. 40 Spruce Street Leominster, MA 01453 (978) 534-6116 Fax (978) 537-4966	Community-Based Location (800) 977-5555		24/7	Ashburnham, Ashby, Ayer, Barre, Berlin, Bolton, Clinton, Fitchburg, Gardner, Groton, Hardwick, Harvard, Hubbardston, Lancaster, Leominster, Lunenburg, New Braintree, Oakham, Pepperell, Princeton, Rutland, Shirley, Sterling, Templeton, Townsend, Westminster, and Winchendon
Community HeatIhLink, Inc. 40 Spruce Street Leominster, MA 01453 (978) 534-6116 Fax (978) 534-3294	Community Crisis Stabilization Progr (800) 977-5555	am	24/7	

CENTRAL MASSACHUSETTS (continued)						
Area	Area: South County 24-hour access number: (800) 294-4665					
	•	erside Community Care				
	ESP Director: Amanda Rutherford		riversidecc.org			
Mob			prson@riversidecc.org			
	rvice Locations	Cities/Towns in Area				
Riverside Community-Based	Location	· · · · · · · · · · · · · · · · · · ·	Bellingham, Blackstone, Brimfield, Brookfield,			
32 Hamilton St.			Charlton, Douglas, Dudley, East Brookfield,			
Milford, MA 01757	(800) 294-4665	24/7	Franklin, Holland, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield,			
(508) 634-3420			Oxford, Southbridge, Sturbridge, Sutton, Upton,			
Fax (508) 533-2462			Uxbridge, Wales, Warren, Webster, and West			
Riverside Community-Based	Location		Brookfield			
206 Milford Street						
Upton, MA 01568	(800) 294-4665	9 a.m 8 p.m. weekdays				
(508) 634-3420						
Fax (508) 533-2462						
Riverside/Harrington Memori	al Hospital					
100 South Street	(000) 004 4005	0.1/7				
Southbridge, MA 01550	(800) 294-4665	24/7				
(508) 765-3035						
Fax (508) 533-2462						
Riverside Community Crisis	Stabilization Program					
Milford, MA 01757	(800) 294-4665	24/7				
(508) 422-8095	(800) 294-4005	24//				
(300) 422-0033 Fax (978) 533-2462						
	a: Worcester 24	-hour access number:	(866) 549-2142			
	ESP Provider: Co	mmunity Healthlink, Inc.	• •			
	ESP Director: Janeane Daniels (978	3) 401-3820 jdaniels@commun				
-	ervention Manager: Lori Simkowitz-Lavi					
	rvice Locations					
		Operating Hours	Cities/Towns in Area			
Community HealthLink, Inc.			Auburn, Boylston, Grafton, Holden, Leicester,			
12 Queen St.			Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
•			Auburn, Boylston, Grafton, Holden, Leicester,			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610		24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283	Community-Based Location		Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277	Community-Based Location (866) 549-2142		Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce	Community-Based Location (866) 549-2142		Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North	Community-Based Location (866) 549-2142 nter	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655	Community-Based Location (866) 549-2142		Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655 (508) 334-3562	Community-Based Location (866) 549-2142 nter	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655 (508) 334-3562 Fax (508) 856-1695	Community-Based Location (866) 549-2142 nter (866) 549-2142	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655 (508) 334-3562 Fax (508) 856-1695 Community HealthLink, Inc.	Community-Based Location (866) 549-2142 nter	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655 (508) 334-3562 Fax (508) 856-1695 Community HealthLink, Inc. 6 72 Jaques Ave	Community-Based Location (866) 549-2142 nter (866) 549-2142	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655 (508) 334-3562 Fax (508) 856-1695 Community HealthLink, Inc. 6 72 Jaques Ave Thayer Building, 2nd floor	Community-Based Location (866) 549-2142 Inter (866) 549-2142 Community Crisis Stabilization Program	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			
12 Queen St. Thayer Building, 2nd floor Worcester, MA 01610 (508) 860-1283 Fax (508) 304-6277 UMASS Memorial Medical Ce 55 Lake Avenue North Worcester, MA 01655 (508) 334-3562 Fax (508) 856-1695 Community HealthLink, Inc. 6 72 Jaques Ave	Community-Based Location (866) 549-2142 nter (866) 549-2142	24/7	Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West			

	NORTHE	ASTERN MASSACHUSE	TTS
A	rea: North Essex	24-hour access number:	(866) 523-1216
	ESP Provid	der: Lahey/Northeast Behavioral Hea	alth
		n Jarmusik (978) 744-1585 Ellen.M.Jarmusik	
	Assistant ESP Directo Mobile Crisis Intervention	r: Haskell Brooks (978) 521-7777 E.H.Broo Manager: TBD	ks@Lahey.org
	Service Locations	Operating Hours	Cities/Towns in Area
Lahey/NBH Community	Based Location		Amesbury, Beverly, Boxford, Danvers, Essex,
62 Brown St., Suite 305		8 a.m 8 p.m. M-Th	Georgetown, Gloucester, Groveland, Hamilton, Haverhill, Ipswich, Manchester by the Sea,
Haverhill, MA 01830	(800) 281-3223	8 a.m 5 p.m. Fri	Marblehead, Merrimac, Middleton, Newbury,
(978) 521-7777			Newburyport, Peabody, Rockport, Rowley, Salem
Fax : (978) 521-7767	Depend Logation		Salisbury, Topsfield, Wenham, and West Newbury
Lahey/NBH Community 35 Congress St., Suite 21			
Salem, MA 01970	(866) 523-1216	24/7	
(978) 744-1585	(000) 020 1210	2411	
Fax (978) 744-1379			
	ital - North Shore Medical Center		
81 Highland Avenue			
Salem, MA 01970	(866) 523-1216	24/7	
(978) 354-4550			
Fax (978) 745-9021			
	Crisis Stabilization program		
35 Congress St., Suite 21			
Salem, MA 01970	(866) 523-1216	24/7	
(978) 744-1585			
Fax (978) 744-1379			
	Area: Lawrence	24-hour access number: (a	-
	ESP Provid	der: Lahey/Northeast Behavioral Hea	alth
Mob	ESP Director: 1	Γyrone Scott (978) 620-1250 Tyrone.scott@L. ger: Suzanne McPhail 978-620-1250 suzanr	ahey.org ne.b.macphail@Lahey.org
	Service Locations	Operating Hours	Cities/Towns in Area
Lahey/NBH Community	Based Location	· _ •	Andover, Lawrence, Methuen, and North Andover
12 Methuen St., 2nd Floo	r	0.0 m	
Lawrence, MA 01841	(877) 255-1261	8 a.m 12 a.m.	
(978)-620-1250		7 days/week	
Fax (978) 682-9333			
• •	Crisis Stabilization Program		
12 Methuen St., 2nd Floo			
Lawrence, MA 01841	(877) 255-1261	24/7	
(078)_620_1250			
(978)-620-1250			
(978)-620-1250 Fax (978) 682-9333	Areas Lawall		0) 020 5477
· /	Area: Lowell	24-hour access number: (80	·
· /		24-hour access number: (80 der: Lahey/Northeast Behavioral Hea	·
· /	ESP Provid	•	alth
Fax (978) 682-9333	ESP Provid ESP Director: Kate vention Manager: Alyson Arc	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn Bergeron	alth
Fax (978) 682-9333 Mobile Crisis Interv alyson.m.arcand@la	ESP Provid ESP Director: Kate vention Manager: Alyson Arc hey.org	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron and (978) 455-3397	alth
Fax (978) 682-9333 Mobile Crisis Inter alyson.m.arcand@la	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn Bergeron	alth @Lahey.org Cities/Towns in Area
Fax (978) 682-9333 Mobile Crisis Inter alyson.m.arcand@la Lahey/NBH Community	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron and (978) 455-3397 Operating Hours	alth @Lahey.org
Mobile Crisis Inter alyson.m.arcand@la Lahey/NBH Community 391 Varnum Ave	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations Based Location	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron (978) 455-3397 Operating Hours 8 a.m 8 p.m.	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,
Mobile Crisis Internalyson.m.arcand@la Lahey/NBH Community 391 Varnum Ave Lowell, MA 01854	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron and (978) 455-3397 Operating Hours	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,
Fax (978) 682-9333 Mobile Crisis Inter alyson.m.arcand@la Lahey/NBH Community- 391 Varnum Ave	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations Based Location	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron (978) 455-3397 Operating Hours 8 a.m 8 p.m.	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,
Eax (978) 682-9333 Mobile Crisis Internalyson.m.arcand@la Lahey/NBH Community: 391 Varnum Ave Lowell, MA 01854 (978) 455-3397 Fax (978) 459-9096	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations Based Location	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron (978) 455-3397 Operating Hours 8 a.m 8 p.m.	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,
Fax (978) 682-9333 Mobile Crisis Internalyson.m.arcand@la Lahey/NBH Community 391 Varnum Ave Lowell, MA 01854 (978) 455-3397 Fax (978) 459-9096	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations Based Location (800) 830-5177	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron (978) 455-3397 Operating Hours 8 a.m 8 p.m.	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,
Fax (978) 682-9333 Mobile Crisis Internalyson.m.arcand@la Lahey/NBH Community 391 Varnum Ave Lowell, MA 01854 (978) 455-3397 Fax (978) 459-9096 Lahey/NBH Community	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations Based Location (800) 830-5177	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron (978) 455-3397 Operating Hours 8 a.m 8 p.m.	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,
Fax (978) 682-9333 Mobile Crisis Internalyson.m.arcand@la Lahey/NBH Community. 391 Varnum Ave Lowell, MA 01854 (978) 455-3397 Fax (978) 459-9096 Lahey/NBH Community 391 Varnum Ave (978) 459-9096 Lahey/NBH Community 391 Varnum Ave Jage (NBH Community) 391 Varnum Ave	ESP Provid ESP Director: Kate vention Manager: Alyson Arc ahey.org Service Locations Based Location (800) 830-5177 Crisis Stabilization Program	der: Lahey/Northeast Behavioral Hea Bergeron (978) 455-3397 Kathryn.Bergeron (978) 455-3397 Operating Hours 8 a.m 8 p.m. 7 days/week	alth @Lahey.org Cities/Towns in Area Billerica, Chelmsford, Dracut, Dunstable, Lowell,

	NORTHEASTERN MASSACHUSETTS (continued)					
	Area: Tri-City 24-hour access number: (800) 988-1111					
	ESP Provide	er: Eliot Community Services				
		npson (781) 581-4422 zthompson@ : Donna Kausek (781) 581-4493 dł				
	Service Locations	Operating Hours	Cities/Towns in Area			
Eliot Community-Base 95 Pleasant Street Lynn, MA 01901 (781) 596-9222 Fax (781) 581-9876 Eliot Community-Base 173 Chelsea Street Everett, MA 02149 (781) 388-6220	(800) 988-1111	8 a.m 8 p.m.weekdays 9 a.m 6 p.m.weekends 8 a.m 8 p.m. weekdays	Everett, Lynn, Lynnfield, Malden, Medford, Melrose, Nahant, North Reading, Reading, Saugus, Stoneham, Swampscott, and Wakefield			
Fax (781) 581-9876						
95 Pleasant Street	is Stabilization Program					
Lynn, MA 01901 (781) 596-9222 Fax (781) 581-9876	(800) 988-1111	24/7				

SOUTHEASTERN	MASSACHUSE	TTS
Area: Southern Coast 24	4-hour access number	r: (877) 996-3154
ESP Provider: Child and Fa		· · ·
ESP Director: Pam Bolarinho (50	08) 996-3154 pbolarinho@cfs	ervices.org
Mobile Crisis Intervention Manager: Matthe	, ()	ooyd@cfservices.org
Service Locations	Operating Hours	Cities/Towns in Area
Child and Family Services Community-Based Location		Acushnet, Carver, Dartmouth, Duxbury, Fairhaven,
543 North Street	04/7	Halifax, Hanover, Hanson, Kingston, Marion, Marshfield, Mattapoisett, New Bedford, Pembroke,
New Bedford, MA 02740 (877) 996-3154 (508) 996-3154	24/7	Plymouth, Plympton, Rochester, and Wareham
Fax (508) 991-8082		
Child and Family Services Community-Based Location		
202 South Meadow Rd., Unit 5B	- <i>1</i> -	
Plymouth, MA 02360 (877) 996-3154 (508) 747-8833	24/7	
(306) 747-8835 Fax (508) 747-8835		
Child and Family Services Community Crisis Stabilization Program		
543 North Street		
New Bedford, MA 02740 (877) 996-3154	24/7	
(508) 996-3154 Fax (508) 991-8082		
	our access number: (8	877) 670-9957
ESP Provider: Community Counsel		
	8) 8972100 cmatto@comco	
		Dcomcounseling.org
Service Locations	Operating Hours	Cities/Towns in Area
Community Counseling of Bristol County Community-Based Location		Abington, Avon, Bridgewater, Brockton, East
56 Cherry Street		Bridgewater, Easton, Holbrook, Rockland,
Brockton, MA 02301 (877) 670-9957	8 a.m 8 p.m.	Stoughton, West Bridgewater, and Whitman
(508) 580-0801		
Fax (508) 580-0690 CCBC Crisis Stabilization Program		
TBD		
(877) 670-9957	24/7	
Area: Cape Cod and The Islands	24-hour access nun	nber: (833) 229-2683
ESP Provider: Baycove / Cape Co	d & the Islands Emerge	ency Services
Service Director: Lori Myles	(508) 815-5375 lmyles@baye	
ESP Director: Jamie Shorten	(508) 815-5373 jshorten@ba	
	cca Stanley (508) 815-5373 r	
Service Locations	Operating Hours	Cities/Towns in Area
Cape Cod Community-Based Location		Aquinnah, Barnstable, Bourne, Brewster, Chatham, Chilmark, Cotuit, Dennis, Eastham,
270 Communication Way, Unit 1E Hyannis, MA 02601	7 a.m 11 p.m. weekdays	Edgartown, Falmouth, Gay Head, Gosnold,
(508) 815-5373	9 a.m 5 p.m. weekends	Harwich, Hyannis, Mashpee, Nantucket, Oak Bluffs, Orleans, Osterville, Provincetown,
Fax (508) 815-5361		Sandwich, Tisbury, Truro, Wellfleet, West Tisbury,
Martha's Vinyard Community-Based Location		Woods Hole, and Yarmouth
111 Edgartown Road	7 a.m 11 p.m. weekdays	
Vineyard Haven, MA 02568 (508) 693-7900	9 a.m 5 p.m. weekends	
Fax (508) 696-0401		
Nantucket Community-Based Location		
35 Old South Road	7 a.m 11 p.m. weekdays	
Nantucket, MA 02554	9 a.m 5 p.m. weekends	
(508) 228-3955 Fax (774) 763-6055		
Cape Cod Community Crisis Stabilization Program		
270 Communication Way, Unit 1E		
Hyannis, MA 02601	24/7	
(508) 790-4094		
Fax (508) 790-0899		

SOU	THEASTERN MASS	SACHUSETTS (d	continued)
Are	ea: Fall River 24-hou	ir access number: (87	7) 425-0048
ESP Pro	ovider: Boston Medical Cente	r (BMC) / Fall River Em	ergency Services
Mobi	Clinical Director: Elizabeth Ma ESP Director: Julie Sanders (le Crisis Intervention Manager: Juliu	(508)-985-6630 jsanders@bay	vcove.org
Serv	ice Locations	Operating Hours	Cities/Towns in Area
Boston Medical Center (BMC) Fa 49 Hillside Street Fall River, MA 02720 (508)-985-6630 Fax (508) 235-7345	all River Emergency Services (877) 425-0048	24/7	Fall River, Freetown, Somerset, Swansea, and Westport
Child and Family Services Comm 543 North Street New Bedford, MA 02740 (508) 996-3154 Fax (508) 991-8082	nunity Crisis Stabilization Program	24/7	
Area:	Taunton/Attleboro 24-	hour access number:	(800) 660-4300
ESP Provid	der: Community Counseling o	of Bristol County (CCBC) Taunton Attleboro
	Melissa Rile	(508) 285-9400 apeters ntervention Manager: y (508) 285-9400 imcounseling.org	-kurtz@comcounseling.org
Serv	ice Locations	Operating Hours	Cities/Towns in Area
Community Counseling of Bristo AttleboroCommunity-Based Loc 108 West Main St., Bldg. #2 Norton, MA 02766 (508) 285-9400 Fax (508) 285-6573		8 a.m 8 p.m.	Attleboro, Berkley, Dighton, Lakeville, Mansfield, Middleborough, North Attleboro, Norton, Raynham, Rehoboth, Seekonk, and Taunton
()	ol County (CCBC) Taunton Attleboro Crisis (800) 660-4300	24/7	

Exhibit 2: State-Operated Community Mental health Centers

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Brockton Multi-Service Center
165 Quincy Street
Brockton, MA 02402
John C. Corrigan Mental Health Center
49 Hillside Street
Fall River, MA 02729
Mass. Mental Health Center
75 Fenwood Rd,
Boston, MA 02115
Pocasset Mental Health Center
830 Country Road
Pocasset, MA 02559

Exhibit 3: State Operated Facilities Providing Inpatient Mental Health Services, Outpatient Behavioral Health Services, and Diversionary Behavioral Health Services

Type of Service/Appendix C Category	Provider Name	Location	NPI	Claim Form ¹	Service
Hospital Based Services	Cape Cod and Islands Mental Health Center	Pocasset	1851477491	UB04	Inpatient Services
Hospital Based Services	Corrigan Mental Health Center	Fall River	1700964947	UB04	Inpatient Services
Hospital Based Services	Corrigan Mental Health Center	Fall River	1194803288	UB04	Outpatient Services*
Hospital Based Services	Cape Cod and Islands Mental Health Center	Pocasset	1851477491	1500	Professional Services
Hospital Based Services	Corrigan Mental Health Center	Fall River	1700964947	1500	Professional Services
Diversionary Services	Substance Abuse Program "WRAP"	Taunton	1508212416	1500	Acute Treatment Services
Diversionary Services	Substance Abuse Program "WRAP"	Taunton	1508212416	1500	Clinical Support Services
Clinic services	Brockton MultiService Center	Brockton	1326155458	1500	Clinic
Clinic services	MassMental Health Center	Boston	1073638805	1500	Clinic

¹ Professional services are also billed for these programs on a 1500 claim form. Fourth Amended and Restated Managed Care Organization Contract, Appendix G – Behavioral Health

Exhibit 4: Public and Private Institutions for Mental Disease (IMD)²

Private IMDs – Inpatient Hospital Services

1.4.			20401
(AS	OŢ	iviay	2019)

Provider ID	Hospital Name	NUM TAX ID	Provider Type
110026750A	Adcare Hospital of Worcester	042053042	74
110020804E	Arbour Hospital	232238962	73
110027416A	Arbour HRI Hospital Inc	232238958	73
110027414A	Bournewood Hospital	042844287	73
	Brattleboro Retreat Hospital (VT)		73
110027429A	Fuller Hospital	232801395	73
110032615B	Hampstead Hospital (NH)		73
110150907B	Haverhill Pavilion		73
110150798B	Hospital for Behavioral Medicine		73
110027417A	McLean Hospital (Partners HealthCare)	042697981	73
110027393D	Pembroke Hospital		73
110105912B	Southcoast Behavioral Health		73
110027437A	Walden Behavioral Care 200060125		73
110119411A	TaraVista Behavioral Health Care		73
110131276B	Westborough Behavioral Healthcare Hospital		73

Public IMDs - State-Owned Non-Acute Hospitals Operated by the Department of Mental Health

(As of June 2014)

Provider ID	DMH Hospital Name
110000091G	SC Fuller Mental Health Center
110000084H	Taunton State Hospital
110000091D	Worcester State Hospital

Exhibit 5

DEPARTMENT OF MENTAL HEALTH DIVISION OF CLINICAL AND PROFESSIONAL SERVICES LICENSING DIVISION – BULLETIN #19-01 March 1, 2019

Clinical Competencies/Operational Standards for DMH Licensed Inpatient Facilities

This bulletin, and the attachments hereto are issued pursuant to Department of Mental Health (DMH) regulations 104 CMR 27.03(5)&(8), which provide that DMH "may establish clinical competencies and

² In accordance with 42 CFR 438.3(e)(2) and 438.6(e)

additional operational standards for care and treatment of patients admitted to facilities³ licensed pursuant to 104 CMR 27.00, including for specialty populations." The purpose of this regulatory provision is to assist the Department in assuring that DMH licensed facilities have the capability to provide the level of care needed by individuals who meet criteria for inpatient hospitalization, thereby increasing access to services required by citizens of the Commonwealth.

The attached clinical competencies/standards were developed by a broad stakeholder group that included DMH clinical and licensing staff, representatives of DMH licensed facilities, public and commercial payers, and professional trade associations. They are intended as guidelines to inform practice and to provide a baseline for DMH licensing reviews of individual facility's compliance with licensing regulations. The competencies/standards cover the following areas:

- Clinical Competencies/ Operational Standards Related to Co-occurring Medical Conditions: Psychiatric units within General Hospitals
- OMITTED
- Clinical Competencies/ Operational Standards Related to Severe Behavior/ Assault Risk
- Clinical Competencies/ Operational Standards Related to Co-occurring Autism Spectrum Disorders or Other Intellectual and Developmental Disabilities (ASD/ID/DD)
- Clinical Competencies/ Operational Standards Related to Co-occurring Substance Use Disorders (SUD)

While it is expected that all facilities will generally be able to meet the clinical competencies/standards (including provision of services and equipment), it is not necessarily expected that each facility will have the resources or staff available at all times to meet all competencies and standards at all times, as circumstances within facility at any given time may limit its ability to be in compliance. Facilities must, however, have a plan in place to provide additional staff coverage or equipment as may be needed to facilitate admission of patients who require such coverage or equipment, and should be prepared to engage with public and commercial payers proactively as indicated.

The DMH Licensing Division will begin referring to the attached competencies/standards in its licensing reviews beginning May 1, 2019.

Questions regarding this bulletin should be directed to the DMH Licensing Division at 617-626-8117 or DMH.Licensing@massmail.state.ma.us.

Attachments:

Clinical Competencies/ Operational Standards Related to Co-occurring Medical Conditions: Psychiatric units within General Hospitals

OMITTED

Clinical Competencies/ Operational Standards Related to Severe Behavior/ Assault Risk

Clinical Competencies/ Operational Standards Related to Co-occurring Autism Spectrum Disorders or Other

³ The term "facility" as used in this bulletin includes DMH licensed units within general hospitals. Fourth Amended and Restated Managed Care Organization Contract, Appendix G – Behavioral Health

Intellectual and Developmental Disabilities (ASD/ ID/ DD)

Clinical Competencies/ Operational Standards Related to Co-occurring Substance Use Disorders (SUD)

Department of Mental Health Inpatient Licensing Division

Clinical Competencies/ Operational Standards Related to Co-Occurring Medical Conditions

Psychiatric Units within General Hospitals

Psychiatric units in general hospitals are expected to have the capability, or the ability to secure the capability within a reasonable period of time (in hours or, for very complex medical care needs, days), to provide necessary medical care to patients requiring inpatient psychiatric hospitalization who also have medical conditions requiring the following services.

Each inpatient psychiatric unit in a general hospital shall have policies to assure that it has the capacity to provide care for persons with the following medical needs or conditions. If resources are not immediately available for patients with certain medical conditions, the facility must have a plan to secure the resources necessary to provide the care (e.g., securing "just in time" training for nurses from a specialty nurse educator, availability of a specialist to consult with the attending psychiatrist, etc.) through training, supplemental staff, etc. within a reasonable period of time:

- Intravenous (IV) hydration
- Continuous Positive Airway Pressure (CPAP)
- Diabetes Care
- Oxygen Therapy
- Alcohol Detoxification (See specific competencies required for treatment of co-occurring Substance Use Disorders)
- Opiate Detoxification (See specific competencies required for treatment of co-occurring Substance Use Disorders)
- Methicillin-resistant Staphylococcus aureus (MRSA) or other antibiotic-resistant infections or communicable infections
- Assistive devices/specialty equipment (e.g., walkers, canes, wheelchairs, hospital beds, specialty mattresses)
- Occupational Therapy (OT)/ Physical Therapy (PT)
- Anticoagulation therapies
- Eating disorders
- Incontinence
- Foley catheter
- Ostomy care
- Seizures History and/ or risk of
- Respiratory conditions
- Wound care (any stage)
- Patient in need of in-house Lab services
- Patient in need of internal medicine resources on site

Each facility shall ensure that all staff designated to provide the listed services receive education and demonstrate competencies (i.e., upon hire, as needed, and/ or annually) that are consistent with their role in patient care regarding the above competencies. Each facility shall further ensure that medical and nursing care staff are trained in and can demonstrate knowledge of the facility's policy or plan for securing the resources necessary to provide the listed services and to provide just-in-time training to all staff who will provide care to the patient being admitted.

DMH recognizes that some capabilities may be beyond the capacity of certain general inpatient units within general hospitals. It is necessary; however, that these capabilities be present within the Commonwealth's hospital system, even if they may require extra resources, transportation or preparation. Facilities are encouraged to develop these capabilities, either through direct service arrangements, affiliations with outside providers or otherwise. These capabilities include, but are not limited to:

- IV medications
- Bilevel Positive Airway Pressure (BiPAP)
- Dialysis
- Suction
- Nasogastric (NG) Tube
- Eating disorders severe restrictive or purging
- Pregnancy

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's capability at the time admission is sought. The medical director's determination must be written, and include the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See DMH Licensing Bulletin #18-01 - *Documentation of Unit Conditions and Facility Denial of Inpatient Care* and 104 CMR 27.05 (3) (d).]

* The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence.

Department of Mental Health Inpatient Licensing Division

Clinical Competencies/ Operational Standards Related to Severe Behavior/ Assault Risk

Inpatient psychiatric facilities licensed by the Department of Mental Health are expected to have the capability to provide care to patients who require inpatient psychiatric hospitalization and who present with high level of acuity, including severe behavior and assault risk.

Each general inpatient psychiatric facility shall assure that it has the capacity to:

- Provide treatment to patients with severe behavior/assault risk, including evaluating patients during the intake and admissions process to determine if additional staffing supplementation is required.
- Adjust staffing levels to meet varying levels of unit acuity.
- Evaluate and document care needs during the referral and acceptance process which serves as preparation for direct care staff and others to incorporate risk and individualized crisis prevention planning (ICPP) upon admission. (While safety tools are generally completed within 48 hours of admission, a person admitted with this risk level should have their safety tool or ICPP completed as soon as possible after arrival.)
- Provide a range of intervention approaches to address the needs of patients with higher levels of acuity. Aggressive, assaultive patients may benefit from behavior management plans, anger management, relaxation techniques, occupational therapy, and social skills development. Consideration for consultation with behavior specialists should be given.
- Provide ongoing training and demonstration of competencies in verbal de-escalation, including hands on experience, to reduce likelihood of harm.

De-escalation and Preventative Skills that can assist direct care staff to safely respond to patient agitation or aggression include but are not limited to:

- Motivational Interviewing
- Trauma Informed Care
- Person-Centered Approaches
- o Stigma/ Countertransference
- Mindfulness
- Flexible Rules
- Strength-based interventions
- Approachability of staff for providing help
- Anger Management
- Leadership Rounds regularly on units
- Security specialists/ guards who may participate in direct interactions with patients experiencing episodes of severe behavior or assault risk should have training (e.g. CPI, Handle With Care, MOAB) that is consistent with training received by the direct care psychiatric inpatient staff, as should any additional staff who may participate in such episodes.
- Ensure robust debriefing processes, including incidents that qualify as "near misses."
- Provide Medication Management with proactive use of PRNs and use of withdrawal protocols as indicated.

- Ensure that staff on all shifts have access to Sensory Tools, and the training required to select and work with patients to use these tools as coping skills and methods for decreasing frustration and aggression.
- Involve community treaters, state agency representatives, and the legal system (if involved) in treatment and discharge planning as soon as possible after admission in order to assess the patient's current continuum of care and foster successful outcomes.
- Ensure that wraparound community services are in place (e.g., get/fill medications, an outpatient medication/injection clinic (if needed), access transportation to appointments, stable housing, and case management).
- Engage patients who are identified as having "personality disorders or traits," utilizing Trauma Informed Care (TIC), Motivational Interviewing (MI), Sensory Tools, attention to diet (e.g., polydipsia, excessive caffeine or sugar intake), and Mindfulness Training.
- Work with court system, families and/ or guardians to expedite the process of commitment if necessary.
- Provide increased security presence, specialized psychopharmacology interventions, and active treatment with the patient to identify and practice greater behavioral control skills.
- Ensure all staff receive consistent education and maintain current trainings and certifications (i.e., upon hire, as needed, and annually) to work with and care for these patients.

Each general inpatient psychiatric facility is recommended to consider:

- When possible, create flexibility in the physical plant for non-restraint and seclusion management of behavior. This can involve providing special observation/single rooms and higher staffing ratios for patients requiring assault precautions to mitigate the risk to roommates and other patients on the unit. It is ideal that a unit be able to provide a distinct, spacious area for the most acute patients with specialized group programming, activity space, and comfort space (if possible). Patients could move to the regular section of the milieu when able to tolerate more stimulation.
- Consideration should be given to the inclusion of Peer Support Specialists in milieu treatment.

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's capability at the time admission is sought. The medical director's determination must be written, and include the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See *DMH Licensing Bulletin #18-01 - Documentation of Unit Conditions and Facility Denial of Inpatient Care* and 104 CMR 27.05 (3) (d).]

* The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence.

Department of Mental Health Inpatient Licensing Division

Clinical Competencies/Operational Standards Related to Co-occurring Autism Spectrum Disorder or Other Intellectual and Developmental Disabilities (ASD/ID/DD)

Inpatient psychiatric facilities licensed by the Department of Mental Health are expected to have the capability to provide care to patients who require inpatient psychiatric hospitalization, who present with Autism Spectrum Disorders or Other Intellectual and Developmental Disabilities (ASD/ID/DD), but who do not require specialized treatment due to their ASD/ID/DD beyond the competencies listed below.

Each general inpatient psychiatric facility shall assure that it has the capacity to:

- Provide care to patients with mild to moderate presentations of Autism Spectrum Disorder or other intellectual and/or developmental disabilities whose baseline level of functional impairment is mild to moderate as well. Patients with significant maladaptive behavior, inability to maintain ADLs, as well as those with significant self-injurious or violent behavior, due to their ASD/ID/DD may have needs that exceed the expected capability of a general inpatient psychiatric unit.
- Recognize the clinical needs of common co-occurring physical conditions that are associated with many patients with ASD/ID/DD (e.g., severe constipation, diarrhea, urinary tract infections, food allergies, etc.).
- Provide sensory supports for varying levels of functioning.
- Ensure all staff receive consistent education and maintain current trainings (i.e., upon hire, as needed, and annually) to work with and care for this population.
- Provide ongoing trainings and demonstration of competencies in de-escalating behaviors of patients with ASD/ID/DD, as part of the general de-escalation program.
- Evaluate and document care needs during the referral and acceptance process, and use this information to incorporate the inclusion of behavioral triggers/warning signs, as well as strengths, motivators and any sensory tools that have been successfully employed for direct care staff and the multidisciplinary team.
- Notify and collaborate with the Department of Developmental Services, as appropriate and with the Department of Education (DOE), town or city special education departments to ensure the continuity of special education services for eligible students.
- Engage the Children's Behavioral Health Initiative (CBHI) teams, Department of Education (DOE) teams, DMH, and/or DDS for consultation and discharge planning as needed.
- Minimize the difficulty with transitions, especially by providing discharge information to care managers and outpatient services. Ideally, the same team members (both inpatient and outpatient) would work with these patients as they move across the care continuum.
- Work with families and other caregivers before discharge to enhance successful transition of level of care and reduce recidivism.

Each general inpatient psychiatric facility is recommended to consider:

• Flexible availability of a separate, designated, less stimulating space is best.

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's

capability at the time admission is sought. The medical director's determination must be written, and include the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See DMH Licensing Bulletin #18-01 - *Documentation of Unit Conditions and Facility Denial of Inpatient Care* and 104 CMR 27.05 (3) (d).]

* The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence.

Department of Mental Health Inpatient Licensing Division

Clinical Competencies/ Operational Standards Related to Co-Occurring Substance Use Disorders (SUD)

The Department of Public Health Bureau of Substance Addiction Services (BSAS) licenses inpatient psychiatric facilities that also provide a separate, identifiable inpatient SUD treatment program. Such units/ facilities are required to be dually licensed by DMH and BSAS.

A DMH licensed facility that provides SUD treatment or services, such as medication assisted treatment (MAT), incidental to the evaluation, diagnostic and treatment services for which it is licensed under 104 CMR 27.00, and that does not offer a separate, identifiable inpatient substance use disorder treatment unit or program, or represent themselves to the public as providing substance use disorder treatment or services as a primary or specialty service, must comply with DMH licensing requirements at 104 CMR 27.03(11) but is not subject to BSAS licensure requirements.

As part of its licensure obligations under 104 CMR 27.00, each inpatient psychiatric facility that is not subject to BSAS licensure shall assure that it has the capacity to:

- Identify potential for addictive disorders through evidence-based screening and assessment tools during the admission assessment process.
- Evaluate for, order, assess, and provide medication assisted treatments for alcohol, benzodiazepine, and opioid withdrawal and for addictions to these substances within limitations of licensure. Medication assisted treatment, education, orientation, and initiation is required when clinically indicated. (See SAMHSA Treatment Improvement Protocol 63 –Medications for Opioid Use Disorder)
 - This includes:
 - Assessing the patient for the appropriateness of induction on MAT using one of the three FDA-approved medications for the treatment of Opioid use disorder: buprenorphine, methadone, or naltrexone; and
 - Ensuring that once an induction begins, referrals for an outpatient provider (ex. OTP, OBOT) are secured.
 - Any physician or other authorized hospital staff in DMH-licensed inpatient facilities can administer or dispense methadone and buprenorphine without additional state or federal oversight or approval, provide the methadone or buprenorphine is administered or dispensed incident to the patient's medical treatment for a condition other than substance use disorder. This includes MAT induction for a patient with a secondary diagnosis of substance use disorder on either methadone or buprenorphine.
 - DEA regulations⁴ authorize physicians or other authorized hospital staff to administer or dispense buprenorphine or methadone in the hospital, which includes psychiatric

⁴ <u>21 CFR Part 1306.07</u>. Note that these regulations also include the "three day rule", which allows any physician to **administer** methadone or buprenorphine **without additional state or federal oversight or approval**. This includes MAT induction for a patient being treated for acute withdrawal symptoms. The rule allows MAT treatment to relieve acute withdrawal symptoms, provided the treatment is limited to 72 hours where not more than one day's medication is administered to a person at a time. The 72-hour period cannot be renewed. For more information, see 21 CFR Part 1306.07(b).

hospitals, in order to maintain or detox a patient "as an incidental adjunct to medical or surgical treatment of conditions other than addiction". In effect, this allows a physician or other authorized hospital provider to administer or dispense MAT to patients at the hospital, without time limitation, where SUD is a secondary diagnosis.

- Practitioners who are DATA- waived⁵ can prescribe, administer, or dispense buprenorphine to patients in DMH-licensed inpatient facilities.
- Administer opioid antagonist, if needed. All units must have naloxone available on unit and staff trained to order/administer.
- Provide group and/ or individual therapeutic programming and patient education, provided by appropriately trained staff, which addresses recovery and relapse prevention planning related to SUD. Engage, inform, and support parents and guardians of minors with SUD (on adolescent units). Suggested training for staff may include effects of substance use disorders on the family and related topics such as the role of the family in treatment and recovery.
- Provide active discharge planning to next step placements based on the patient's care plan. Placements should address ongoing needs related to mental health, addiction, and other biopsychosocial needs and may include step down to subacute levels of care, 24 hour settings, partial hospitalization, intensive outpatient, ongoing outpatient treatment, access to peer services, and other community and housing supports as appropriate. When appropriate, discharge planning must include access to ongoing medication management, both for psychiatric and addiction medications; for continuity of treatment with the goal of reducing readmissions and the likelihood of relapse. This includes having knowledge of Clinical Stabilization/Stepdown Services (CSS) and Transitional Support Services (TSS), Outpatient Medication Management, Sober Houses, and step down to subacute level of care.
- Understand deterrents to successful discharges such as housing, financial assistance for medication copayments, transportation to non-24-hour programs, applying for a prescription for transportation PT-1 form for those with financial issues, etc.
- Ensure a physician dispenses buprenorphine or morphine at discharge or a DATA-waived practitioner provides "bridge" prescriptions for buprenorphine (and other medications) until outpatient appointments can be secured and prescriptions provided for in the outpatient setting.
- Provide direct care staff with a general overview of addictions medicine.

Each inpatient psychiatric facility is recommended to:

- Facilities are strongly encouraged to provide access to all FDA-approved medications for the treatment of opioid use disorder.
- Consider engaging Substance Use Recovery Coaches and/or Peer Specialists within staffing models.
- Include credentialed staff with experience in SUD treatment and resources, ideally, but not necessarily as Licensed Alcohol and Drug Abuse Counselor (LADC) or Certified Alcohol and Drug Abuse Counselor (CDAC) levels.
- Consider referrals to ensure a continuum of care for the client, including arrangements for further substance abuse treatment and post-discharge counseling and other supportive service.
- Consider entering into formal agreements (Qualified Services Organization Agreement QSOA's) with community-based Substance Use Disorder treatment providers to support continuation of care.

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's

⁵ The Drug Addiction Treatment Act (DATA) of 2000 authorized physicians to dispense or prescribe buprenorphine in settings other than an opioid treatment program (OTP), subject to certain limitations. This has subsequently been expanded to also authorize nurse practitioners and physician assistants to dispense or prescribe buprenorphine, subject to certain limitations. Information on the process for submitting a waiver to SAMHSA and the DEA can be accessed here: <u>https://www.samhsa.gov/programs-campaigns/medication-assisted-treatment/training-materials-resources/buprenorphine-waiver</u>

capability at the time admission is sought. The medical director's determination must be written, and include the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See DMH Licensing Bulletin #18-01 - *Documentation of Unit Conditions and Facility Denial of Inpatient Care* and 104 CMR 27.05 (3) (d).]

* The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence.