Appendix G: Behavioral Health

Exhibit 1: MassHealth Emergency Services Programs (ESPs) Provider List
As of 07/31/19

| | | BOSTON | |
|---|-----------------------|---|---|
| | Area: Boston | 24-hour access number: (| 900\ 094_4257 |
| 4 | Area. Buston | • | • |
| | | Centralized fax number: (61 | 7) 414-8306 |
| ESP Pr | ovider: Boston Medica | al Center/Boston Emergency Ser | vices Team (B.E.S.T.) |
| | ESP Director: Tasha | Ferguson (617) 414-8379 Tasha.Fergus | on@bmc.org |
| | | Elizabeth Lindblad (617) 414-8307 Eliza | |
| | | ile Crisis Intervention Manager: TBD | ooup.por.@zoro.g |
| S | ervice Locations | Operating Hours | Cities/Towns in Area |
| BEST Community-Based L | | operaning i eare | Boston (Dorchester, South Boston, Roxbury, West |
| 85 E. Newton Street | | . | Roxbury, Jamaica Plain, Mattapan, Roslindale, |
| Boston, MA 02118 | (800) 981-4357 | 7 a.m 11 p.m. weekdays | , |
| (617) 414-8336 | , | 9 a.m 5 p.m. weekends | Charlestown, Chelsea, East Boston, Revere, and Winthrop |
| Fax (617) 414-8333 | | | vviittiiop |
| BEST Community-Based L | ocation | | 7 |
| 25 Staniford Street | | | į |
| Boston, MA 02114 | (800) 981-4357 | 7 a.m 5 p.m. weekdays | İ |
| (617) 523-1529 | | | |
| Fax (617) 523-1207 | | | |
| BEST/Boston Medical Cent | ter | | |
| 818 Harrison Ave | | | 1 |
| Boston, MA 02118 | (800) 981-4357 | 24/7 | |
| (617) 414-7612 | | | |
| Fax (617) 414-4209 | -1 | | 4 |
| BEST/Mass General Hospit 55 Fruit Street | tai | | |
| Boston, MA 02114 | (800) 981-4357 | 24/7 | |
| (617) 726-2994 | (000) 901-4337 | | |
| (617) 726-2994 Fax (617) 724-3727 | | | |
| BEST Community Crisis St | tabilization Program | | ╡ |
| 20 Vining St. | | | |
| Boston, MA 02118 | (800) 981-4357 | 24/7 | |
| (617) 371-3000 | | | İ |
| Fax (617) 516-5070 | | | |
| BEST Community Crisis St | tabilization Program | | 7 |
| 85 E. Newton Street | | | İ |
| Boston, MA 02118 | (800) 981-4357 | 24/7 | 1 |
| (617) 371-3000 | | | |
| Fax (617) 414-8319 | | | |

Every ESP provides behavioral health crisis assessment, intervention and stabilization services, 24 hours per day/7 days per week/365 days per year, through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations, and community crisis stabilization (CCS) services for ages 18 and over. The operating hours for the ESP community based locations and CCS programs are noted above. The operating hours for Mobile Crisis Intervention services for youth are 24 hours per day/7 days per week at any and all locations. The operating hours for adult mobile services are 24 hours per day/7 days per week: during this time period, mobile services will be available from 7 a.m. to 8 p.m. at any/all locations, and from 8 p.m. to 7 a.m. this service will be available in residential programs and hospital emergency departments.

METRO BOSTON Area: Cambridge Somerville 24-hour access number: (800) 981-4357 Provider: Boston Medical Center/Cambridge Somerville Emergency Services Program (C.S.E.S.P.) Tasha.Ferguson@bmc.org Direct Fax: (617) 414-4769 ESP Director: Tasha Ferguson (617) 414-8379 Elizabeth Lindblad Elizabeth.piper@bmc.org 617-414-8307 Assistant ESP Director: Mobile Crisis Intervention Manager: TBD Service Locations **Operating Hours** Cities/Towns in Area CSESP Community-Based Location Cambridge and Somerville 660 Broadway 7 a.m. - 11 p.m. weekdays Somerville, MA 02145 (800) 981-4357 8 a.m. - 4 p.m. weekends (617) 616-5111 Fax (617) 623-1817 CSESP / Cambridge Hospital 1493 Cambridge Street Cambridge, MA 02139 (800) 981-4357 24/7 (617) 665-1560 Fax (617) 616-5410 Area: Norwood 24-hour access number: (800) 529-5077 ESP Provider: Riverside Community Care ESP Director: Chris Lauzon (800) 529-5077 clauzon@riversidecc.org Assistant ESP Director: Caitlyn Collins (781) 769-8674 ccollins@riversidecc.org Mobile Crisis Intervention Manager: Evan Marcus (781) 769-8674 emarcus@riversidecc.org Service Locations Operating Hours Cities/Towns in Area Riverside Community-Based Location Canton, Dedham, Dover, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, 190 Lenox Street 8 a.m. - 8p.m. Sharon, Walpole, Wellesley, Weston, Westwood, (800) 529-5077 Norwood, MA 02062 7 days/week and Wrentham (781) 769-8674 Fax (781) 440-0740 Riverside Community-Based Location 15 Beacon Ave 8 a.m. - 8p.m. Norwood MA 02062 (800) 529-5077 7 days/week (781) 769-8674 Fax (781) 769-6072 Riverside Community Crisis Stabilization Program 15 Beacon Ave Norwood, MA 02062 (800) 529-5077 24/7 (781) 769-1342 Fax (781) 769-0197 24-hour access number: (800) 528-4890 **Area: South Shore** ESP Provider: South Shore Mental Health (SSMH) Colleen Babson ESP Director: (617) 774-6036 cbabson@ssmh.org Mobile Crisis Intervention Manager: Nathalie Bailey (617) 774-6036 nbailey@ssmh.org Service Locations **Operating Hours** Cities/Towns in Area SSMH Community-Based Location Braintree, Cohasset, Hingham, Hull, Milton. Norwell, Quincy, Randolph, Scituate, and 460 Quincy Ave Weymouth Quincy, MA 02169 (800) 528-4890 24/7 (617) 774-6036 Fax (617) 479-0356 SSMH Community Crisis Stabilization Program 460 Quincy Ave Quincy, MA 02169 (800) 528-4890 24/7 (617) 774-6036 Fax (617) 479-0356

Every ESP provides behavioral health crisis assessment, intervention and stabilization services, 24 hours per day/7 days per week/365 days per year, through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations, and community crisis stabilization (CCS) services for ages 18 and over. The operating hours for the ESP community based locations and CCS programs are noted above. The operating hours for Mobile Crisis Intervention services for youth are 24 hours per day/7 days per week at any and all locations. The operating hours for adult mobile services are 24 hours per day/7 days per week: during this time period, mobile services will be available from 7 a.m. to 8 p.m. at any/all locations, and from 8 p.m. to 7 a.m. this service will be available in residential programs and hospital emergency departments.

All ESP service components and locations may be accessed through the ESP's toll free number. Where applicable, local

| numbers for specific locations have also been provided above. It is recommended that individuals and families call the ESP's toll free number first, so the ESP can help them access the most appropriate services. Please refer to www.masspartnership.com and click on "ESP" on the left side of the homepage for more information including updates to this directory. |
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| | WESTER | N MACCACHICETT | 6 |
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| A root | The Berkshires | N MASSACHUSETT | |
| | | 24-hour access number | • • |
| ESP | | enter for Mental Health and S | |
| | ESP Director: Rebecca Phe Crisis Intervention Manager: | lps (413) 629-1062 Rebecca.Phelps April Gardner (413) 447-2024 april.ç | @briencenter.org gardner@briencenter.org |
| Ser | vice Locations | Operating Hours | Cities/Towns in Area |
| The Brien Center Community-I | Based Location | - | Adams, Alford, Becket, Cheshire, Clarksburg, |
| 34 Pomeroy Ave Pittsfield, MA 01201 (413) 499-0412 Fax (413) 499-0995 | (800) 252-0227 | 24/7 | Dalton, Egremont, Florida, Great Barrington, Hancock, Hinsdale, Lanesboro, Lee, Lenox, Monroe, Monterey, Mount Washington, New Ashford, New Marlboro, North Adams, Otis, Peru, Pittsfield, Richmond, Sandisfield, Savoy, Sheffield, |
| The Brien Center Community-l | Based Location | | Stockbridge, Tyringham, Washington, West |
| 66 West Street Pittsfield, MA 01201 (413) 499-0412 Fax (413) 447-3245 | (800) 252-0227 | 8 a.m 12 a.m. 7 days/week | Stockbridge, Williamstown, and Windsor |
| The Brien Center Community- | Based Location | | 1 |
| 124 American Legion Drive North Adams, MA 01247 (413) 664-4541 Fax (413) 662-3311 | (800) 252-0227 | 9 a.m 5 p.m. weekdays | |
| The Brien Center Community-I | Based Location | | ┪ |
| 60 Cottage Street | | 1 | |
| Great Barrington, MA 01230 (413) 664-4541 Fax (413) 528-8187 | (800) 252-0227 | 9 a.m 5 p.m. weekdays | |
| The Brien Center Community (| Pricie Stabilization Program | | ╡ |
| 34 Pomeroy Ave | onoio otaomzation i rogram | | |
| Pittsfield, MA 01201 | (800) 252-0227 | 24/7 | |
| (413) 499-0412 | | | |
| Fax (413) 499-0995 | a: Greenfield | 24-hour access number: | (900) 562 0442 |
| Ale | | | 1 / |
| | | der: Clinical & Support Options | |
| | <u> </u> | 13) 774-5411 dsontag@csoinc.org F Kristin Smith (413) 774-5411 kristinsmi | ax: (413) 773-8429 |
| | bile Crisis Intervention Mana | | ന്നുഗ്രാന്ദ്രാന്യ ashley.adam@csoinc.org |
| Ser | vice Locations | Operating Hours | Cities/Towns in Area |
| Clinical & Support Options Co | mmunity-Based Location | | Ashfield, Athol, Bernardston, Buckland, |
| 298 Federal St., Condo B3 | | | Charlemont, Colrain, Conway, Deerfield, Erving, |
| Greenfield, MA 01301 | (800) 562-0112 | 24/7 | Gill, Greenfield, Hawley, Heath, Leverett, Leyden, Millers Falls, Montague, New Salem, Northfield, |
| (413) 774-5411 | | İ | Orange, Petersham, Phillipston, Rowe, Royalston, |
| Fax (413) 773-8429 | | | Shelburne, Shutebury, Sunderland, Turners Falls, |
| Clinical & Support Options Co | mmunity-Based Location | | Warwick, Wendell, and Whately |
| 491 Main Street | | | |
| Athol, MA 01331 | (800) 562-0112 | 8 a.m 8 p.m. weekdays | |
| (978) 249-9490 Fax (978) 249-3139 | | | |
| | mmunity Crisis Stabilization Prograr | | ┪ |
| 298 Federal St., Condo B3 | a.n.y Onoio Glabilization Flograf | ` | |
| Greenfield, MA 01301 | (800) 562-0112 | 24/7 | |
| (413) 774-5411 | . , | - ". | |
| Fax (413) 773-8429 | | | |

| | WESTERN MASSA | CHUSETTS (con | tinued) |
|-------------------------------------|--|---|---|
| Α | | 24-hour access number | , , , , , , , , , , , , , , , , , , , |
| 2 | - | Clinical & Support Options | . , |
| | ESP Director: Debra DeMuth (4 | • | |
| | Mobile Crisis Intervention Manager: A | Amber Gahn (413) 586-5555 a | agahn@csoinc.org |
| , | Service Locations | Operating Hours | Cities/Towns in Area |
| Clinical & Support Optio | ns Community-Based Location | | Amherst, Chesterfield, Cummington, |
| 29 North Main Street | | i | Easthampton, Florence, Goshen, Hadley, Hatfield |
| Florence, MA 01062 | (800) 322-0424 | 24/7 | Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, and Worthington |
| (413) 586-5555 | | | westnampton, williamsburg, and worthington |
| Fax (413) 586-2723 | | j | <u>j</u> |
| Clinical & Support Option | ns Community Crisis Stabilization Program | | 1 |
| 29 North Main Street | | | |
| Florence, MA 01062 | (800) 322-0424 | 24/7 | |
| (413) 586-2973 | | | |
| Fax (413) 582-6893 | | | |
| Area: S | outhern Pioneer Valley | 24-hour access nu | ımber: (800) 437-5922 |
| | ESP Provider: Be | ehavioral Health Network | |
| | ESP Director: TBD | (442) 204 0200 | |
| | Assistant ESP Director: Matthew Leo | (-) | eone@bhninc.org |
| | or / Mobile Crisis Intervention Manager: | | |
| | Service Locations | Operating Hours | Cities/Towns in Area |
| | ork Community-Based Location | | Agawam, Belchertown, Blandford, Bondsville, |
| 417 Liberty Street | | _ | Chester, Chicopee, East Longmeadow, Granby, Granville, Hampden, Holyoke, Huntington, Indiar |
| Springfield, MA 01104 | (800) 437-5922 | 24/7 | Orchard, Longmeadow, Ludlow, Monson, |
| (413) 733-6661 | | | Montgomery, Palmer, Russell, South Hadley, |
| Fax (413) 733-7841 | | | Southampton, Southwick, Springfield, Thorndike, |
| Behavioral Health Netwo | ork Community-Based Location | | Three Rivers, Tolland, Ware, Westfield, West |
| Carson Center | | 1 | Springfield, and Wilbraham |
| 77 Mill Street | | 24/7 | |
| Westfield, MA 01085 | (800) 437-5922 | 4-7/ / | |
| (413) 568-6386 | | | |
| Fax (413) 572-4144 | | | 1 |
| | ork Community Crisis Stabilization Program | | |
| 417 Liberty Street | | | |
| Springfield, MA 01104 | (800) 437-5922 | 24/7 | |
| (413) 733-6661 | | | |
| Fax (413) 733-7841 | | | 1 |
| | ork Community Crisis Stabilization Program | | |
| Carson Center | | | |
| 77 Mill Street | | 24/7 | |
| Westfield, MA 01085 | (800) 437-5922 | | 1 |
| (413) 568-6386 | | | |
| Fax (413) 572-4144 | | | 4 |
| | ork Community Crisis Stabilization Program | | |
| 40 Bobala Road | | | |
| | / | - · · · | |
| Holyoke, MA 01104 (413) 532-8016 | (800) 437-5922 | 24/7 | |

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Fax (413) 532-8205

CENTRAL MASSACHUSETTS Area: Metro West 24-hour access number: (800) 640-5432 ESP Provider: Advocates jderonc@advocatesinc.org ESP Director: John DeRonck (508) 661-2043 ESP Director: Carla Antonellis (781) 893-2003 cantonellis@advocatesinc.org (508) 620-0010 x109 Mobile Crisis Intervention Manager: Kimberly Ward Kimberly_ward@waysideyouth.org Service Locations **Operating Hours** Cities/Towns in Area Advocates Community-Based Location Acton, Ashland, Arlington, Bedford, Belmont, Boxborough, Burlington, Carlisle, Concord, 354 Waverly Street Framingham, Holliston, Hopkinton, Hudson, (800) 640-5432 Framingham, MA 01702 24/7 Lexington, Lincoln, Littleton, Maynard, (508) 872-3333 Marlborough, Natick, Northborough, Sherborn, Fax (508) 875-2600 Southborough, Stow, Sudbury, Waltham, Watertown, Wayland, Westborough, Wilmington, Advocates Community-Based Location Winchester, and Woburn 28 Mill Street Marlboro, MA 01752 (800) 640-5432 24/7 (508) 786-1584 Fax (508) 786-1585 Advocates Community-Based Location 675 Main Street Waltham, MA 02451 (800) 540-5806 24/7 (781) 893-2003 Fax (781) 647-0183 Advocates Community Crisis Stabilization Program 28 Mill Street Marlboro, MA 01752 (800) 640-5432 24/7 (508) 786-1580 **Area: North County** 24-hour access number: (800) 977-5555 ESP Provider: Community HealthLink, Inc. Matthew Walsh (508) 373-7982 mwals Manager: Wendy Martel (978) 840-9340 ESP Director: mwalsh02@communityhealthlink.org -9340 wmartel@communityhealthlink.org Mobile Crisis Intervention Manager: **Operating Hours** Service Locations Cities/Towns in Area Community HealthLink, Inc. Community-Based Location Ashburnham, Ashby, Aver, Barre, Berlin, Bolton Clinton, Fitchburg, Gardner, Groton, Hardwick, 40 Spruce Street Harvard, Hubbardston, Lancaster, Leominster, Leominster, MA 01453 (800) 977-5555 24/7 Lunenburg, New Braintree, Oakham, Pepperell, (978) 534-6116 Princeton, Rutland, Shirley, Sterling, Templeton, Fax (978) 537-4966 Townsend, Westminster, and Winchendon Community HeatIhLink, Inc. Community Crisis Stabilization Program 40 Spruce Street (800) 977-5555 Leominster, MA 01453 24/7 (978) 534-6116 Fax (978) 534-3294

CENTRAL MASSACHUSETTS (continued) Area: South County 24-hour access number: (800) 294-4665 ESP Provider: Riverside Community Care ESP Director: (508) 634-3420 arutherford@riversidecc.org Amanda Rutherford (508) 634-3420 Mobile Crisis Intervention Manager: Karen Corson kcorson@riversidecc.org **Operating Hours Service Locations** Cities/Towns in Area Riverside Community-Based Location Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield. 32 Hamilton St Franklin, Holland, Hopedale, Medway, Mendon, Milford, MA 01757 (800) 294-4665 24/7 Milford, Millville, Northbridge, North Brookfield, (508) 634-3420 Oxford, Southbridge, Sturbridge, Sutton, Upton, Fax (508) 533-2462 Uxbridge, Wales, Warren, Webster, and West Riverside Community-Based Location Brookfield 206 Milford Street Upton, MA 01568 (800) 294-4665 9 a.m. - 8 p.m. weekdays (508) 634-3420 Fax (508) 533-2462 Riverside/Harrington Memorial Hospital 100 South Street Southbridge, MA 01550 (800) 294-4665 24/7 (508) 765-3035 Fax (508) 533-2462 Riverside Community Crisis Stabilization Program 32 Hamilton St. (800) 294-4665 Milford, MA 01757 24/7 (508) 422-8095 Fax (978) 533-2462 Area: Worcester 24-hour access number: (866) 549-2142 ESP Provider: Community Healthlink, Inc. (978) 401-3820 ESP Director: Janeane Daniels (978) 401-3820 jdaniels@communityhealthlink.org Mobile Crisis Intervention Manager: Lori Simkowitz-Lavigne (774) 312-2474 lsimkowitz-lavigne@communityhealthlink.org Service Locations Operating Hours Cities/Towns in Area Community HealthLink, Inc. Community-Based Location Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West 12 Queen St. Boylston, and Worcester Thayer Building, 2nd floor 24/7 Worcester, MA 01610 (866) 549-2142 (508) 860-1283 Fax (508) 304-6277 **UMASS Memorial Medical Center** 55 Lake Avenue North Worcester, MA 01655 (866) 549-2142 24/7 (508) 334-3562 Fax (508) 856-1695 Community HealthLink, Inc. Community Crisis Stabilization Program 72 Jagues Ave Thayer Building, 2nd floor 24/7 Worcester, MA 01610 (866) 549-2142 (508) 860-1283

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Fax (508) 421-9370

NORTHEASTERN MASSACHUSETTS Area: North Essex 24-hour access number: (866) 523-1216 ESP Provider: Lahey/Northeast Behavioral Health (978) 744-1585 Ellen.M.Jarmusik@Lahey.org ESP Director: Ellen Jarmusik Assistant ESP Director: Haskell Brooks (978) 521-7777 E.H.Brooks@Lahey.org Mobile Crisis Intervention Manager: TBD Service Locations **Operating Hours** Cities/Towns in Area Lahey/NBH Community-Based Location Amesbury, Beverly, Boxford, Danvers, Essex, Georgetown, Gloucester, Groveland, Hamilton, 62 Brown St., Suite 305 8 a.m. - 8 p.m. M-Th Haverhill, Ipswich, Manchester by the Sea, Haverhill, MA 01830 (800) 281-3223 Marblehead, Merrimac, Middleton, Newbury, 8 a.m. - 5 p.m. Fri (978) 521-7777 Newburyport, Peabody, Rockport, Rowley, Salem Fax: (978) 521-7767 Salisbury, Topsfield, Wenham, and West Newbury Lahey/NBH Community-Based Location 35 Congress St., Suite 2150 Salem, MA 01970 (866) 523-1216 24/7 (978) 744-1585 Fax (978) 744-1379 Lahey/NBH/Salem Hospital - North Shore Medical Center 81 Highland Avenue Salem, MA 01970 (866) 523-1216 24/7 (978) 354-4550 Fax (978) 745-9021 Lahey/NBH Community Crisis Stabilization program 35 Congress St., Suite 2150 Salem, MA 01970 (866) 523-1216 24/7 (978) 744-1585 Fax (978) 744-1379 24-hour access number: (877) 255-1261 Area: Lawrence ESP Provider: Lahey/Northeast Behavioral Health ESP Director: Tyrone Scott (978) 620-1250 Tyrone.scott@Lahey.org Mobile Crisis Intervention Manager: Suzanne McPhail 978-620-1250 suzanne.b.macphail@Lahey.org **Operating Hours** Service Locations Cities/Towns in Area Lahey/NBH Community-Based Location Andover, Lawrence, Methuen, and North Andove 12 Methuen St., 2nd Floor 8 a.m. - 12 a.m. (877) 255-1261 Lawrence, MA 01841 7 days/week (978)-620-1250 Fax (978) 682-9333 Lahey/NBH Community Crisis Stabilization Program 12 Methuen St., 2nd Floor (877) 255-1261 Lawrence, MA 01841 24/7 (978)-620-1250 Fax (978) 682-9333 Area: Lowell 24-hour access number: (800) 830-5177 ESP Provider: Lahey/Northeast Behavioral Health ESP Director: Kate Bergeron (978) 455-3397 Kathryn.Bergeron@Lahey.org Mobile Crisis Intervention Manager: Alyson Arcand (978) 455-3397 alyson.m.arcand@lahey.org Service Locations **Operating Hours** Cities/Towns in Area Lahey/NBH Community-Based Location Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, and Westford 391 Varnum Ave 8 a.m. - 8 p.m. Lowell, MA 01854 (800) 830-5177 7 days/week (978) 455-3397 Fax (978) 459-9096 Lahey/NBH Community Crisis Stabilization Program 391 Varnum Ave owell, MA 01854 (800) 830-5177 24/7 (978) 455-3397 Fax (978) 459-9096

| | LODTUE A OTEDN | MAAOOAOUUOETTO / | |
|---|--|--|---|
| | NORTHEASTERN | MASSACHUSETTS (| continuea) |
| | Area: Tri-City | 24-hour access number: (8 | 00) 988-1111 |
| | ESP Prov | ider: Eliot Community Services | |
| | ESP Director: Zachary T | hompson (781) 581-4422 zthompson@ ger: Donna Kausek (781) 581-4493 dl | |
| | Service Locations | Operating Hours | Cities/Towns in Area |
| Eliot Community-Base 95 Pleasant Street Lynn, MA 01901 (781) 596-9222 Fax (781) 581-9876 | d Location (800) 988-1111 | 8 a.m 8 p.m. weekdays 9 a.m 6 p.m. weekends | Everett, Lynn, Lynnfield, Malden, Medford, Melrose, Nahant, North Reading, Reading, Saugus, Stoneham, Swampscott, and Wakefield |
| Eliot Community-Base 173 Chelsea Street Everett, MA 02149 (781) 388-6220 Fax (781) 581-9876 | (800) 988-1111 | 8 a.m 8 p.m. weekdays | |
| Eliot Community Crisi 95 Pleasant Street Lynn, MA 01901 (781) 596-9222 Fax (781) 581-9876 | s Stabilization Program (800) 988-1111 | 24/7 | |

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| | SOUTHEASTI | ERN MASSACHUSE | TTS |
|---|---|--|--|
| Area | : Southern Coast | 24-hour access number | r: (877) 996-3154 |
| | ESP Provider: Child | and Family Services of New E | Bedford |
| M | ESP Director: Pam Bolarin obile Crisis Intervention Manager: | ho (508) 996-3154 pbolarinho@cfs : Matthew Boyd (508) 996-3154 mk | ervices.org poyd@cfservices.org |
| _ | ervice Locations | Operating Hours | Cities/Towns in Area |
| | Community-Based Location | Operating flours | Acushnet, Carver, Dartmouth, Duxbury, Fairhave |
| 543 North Street | | | Halifax, Hanover, Hanson, Kingston, Marion, |
| New Bedford, MA 02740 | (877) 996-3154 | 24/7 | Marshfield, Mattapoisett, New Bedford, Pembrol Plymouth, Plympton, Rochester, and Warehan |
| (508) 996-3154 Fax (508) 991-8082 | | | |
| ` ' | Community-Based Location | | i |
| 202 South Meadow Rd., Unit | 5B | | |
| Plymouth, MA 02360 | (877) 996-3154 | 24/7 | |
| (508) 747-8833 | | | |
| Fax (508) 747-8835 | Community Crisis Stabilization Program | | 4 |
| 543 North Street | community crisis stabilization riogram | | |
| New Bedford, MA 02740 | (877) 996-3154 | 24/7 | |
| (508) 996-3154 | | | |
| Fax (508) 991-8082 | Duraletan | 04 h 4 | 077\ 070.0057 |
| | rea: Brockton | 24-hour access number: (8 | , |
| ES | <u> </u> | ounseling of Bristol County (C | |
| М | ESP Director: Courtney Mat obile Crisis Intervention Manager | | ounseling.org @comcounseling.org |
| | ervice Locations | Operating Hours | Cities/Towns in Area |
| | Bristol County Community-Based Location | | Abington, Avon, Bridgewater, Brockton, East |
| 56 Cherry Street | | | Bridgewater, Easton, Holbrook, Rockland, |
| Brockton, MA 02301 | (877) 670-9957 | 8 a.m 8 p.m. | Stoughton, West Bridgewater, and Whitman |
| (508) 580-0801 | | | |
| Fax (508) 580-0690 CCBC Crisis Stabilization F | lro aro m | | 4 |
| TBD | rogram | | |
| | (877) 670-9957 | 24/7 | |
| | | İ | |
| Area: C | ape Cod and The Islands | 24-hour access nun | nber: (833) 229-2683 |
| | • | ape Cod & the Islands Emerge | , , |
| L' | Service Director: Lori | • | • |
| | ESP Director: Jamie Shorter | n (508) 815-5373 jshorten@ba | aycove.org |
| | bbile Crisis Intervention Manager: | | stanley2@baycove.org |
| | ervice Locations | Operating Hours | Cities/Towns in Area |
| Cape Cod Community-Base | | | Aquinnah, Barnstable, Bourne, Brewster, Chatham, Chilmark, Cotuit, Dennis, Eastham. |
| 270 Communication Way, Un Hyannis, MA 02601 | it 1E | 7 a.m 11 p.m. weekdays | Edgartown, Falmouth, Gay Head, Gosnold, |
| (508) 815-5373 | | 9 a.m 5 p.m. weekends | Harwich, Hyannis, Mashpee, Nantucket, Oak |
| Fax (508) 815-5361 | | | Bluffs, Orleans, Osterville, Provincetown, Sandwich, Tisbury, Truro, Wellfleet, West Tisbu |
| Martha's Vinyard Communi | ty-Based Location | | Woods Hole, and Yarmouth |
| 111 Edgartown Road | | 7 a.m 11 p.m. weekdays | |
| Vineyard Haven, MA 02568 | | 9 a.m 5 p.m. weekends | |
| (508) 693-7900 Fax (508) 696-0401 | | | |
| Nantucket Community-Base | ed Location | <u> </u> | 1 |
| 35 Old South Road | | 7 | i |
| Nantucket, MA 02554 | | 7 a.m 11 p.m. weekdays | |
| (508) 228-3955 | | 9 a.m 5 p.m. weekends | I |
| Fax (774) 763-6055 | 0.1.0 | | |
| Cape Cod Community Crisi | | | |
| 270 Communication Way, Un Hyannis, MA 02601 | IL IE | 24/7 | |
| (508) 790-4094 | | 2411 | |
| | | i i | 3 |

| SOUTHEASTERN MASS | ACHUSETTS (d | continued) |
|--|---|--|
| | r access number: (87 | • |
| ESP Provider: Boston Medical Center | r (BMC) / Fall River Em | ergency Services |
| Clinical Director: Elizabeth Ma ESP Director: Julie Sanders (9 Mobile Crisis Intervention Manager: Julius | 508)-985-6630 jsanders@bay | cove.org |
| Service Locations | Operating Hours | Cities/Towns in Area |
| Boston Medical Center (BMC) Fall River Emergency Services 49 Hillside Street Fall River, MA 02720 (877) 425-0048 (508)-985-6630 Fax (508) 235-7345 | 24/7 | Fall River, Freetown, Somerset, Swansea, and Westport |
| Child and Family Services Community Crisis Stabilization Program 543 North Street New Bedford, MA 02740 (508) 996-3154 Fax (508) 991-8082 | 24/7 | |
| Area: Taunton/Attleboro 24- | hour access number: | (800) 660-4300 |
| ESP Provider: Community Counseling o | of Bristol County (CCBC |) Taunton Attleboro |
| Melissa Riley | (508) 285-9400 apeters- tervention Manager: y (508) 285-9400 mcounseling.org | -kurtz@comcounseling.org |
| Service Locations | Operating Hours | Cities/Towns in Area |
| Community Counseling of Bristol County (CCBC) Taunton AttleboroCommunity-Based Location 108 West Main St., Bldg. #2 Norton, MA 02766 (800) 660-4300 (508) 285-9400 Fax (508) 285-6573 | 8 a.m 8 p.m. | Attleboro, Berkley, Dighton, Lakeville, Mansfield, Middleborough, North Attleboro, Norton, Raynham, Rehoboth, Seekonk, and Taunton |
| Community Counseling of Bristol County (CCBC) Taunton Attleboro Crisis Stabilization Program 108 West Main St., Bldg. #2 Norton, MA 02766 (800) 660-4300 (508) 285-9400 Fax (508) 285-6573 | 24/7 | |

Every ESP provides behavioral health crisis assessment, intervention and stabilization services, 24 hours per day/7 days per week/365 days per year, through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations, and community crisis stabilization (CCS) services for ages 18 and over. The operating hours for the ESP community based locations and CCS programs are noted above. The operating hours for Mobile Crisis Intervention services for youth are 24 hours per day/7 days per week at any and all locations. The operating hours for adult mobile services are 24 hours per day/7 days per week: during this time period, mobile services will be available from 7 a.m. to 8 p.m. at any/all locations, and from 8 p.m. to 7 a.m. this service will be available in residential programs and hospital emergency departments.

Exhibit 2: State-Operated Community Mental health Centers

| Brockton Multi-Service Center |
|---------------------------------------|
| 165 Quincy Street |
| Brockton, MA 02402 |
| |
| John C. Corrigan Mental Health Center |
| 49 Hillside Street |
| Fall River, MA 02729 |
| Mass. Mental Health Center |
| 75 Fenwood Rd, |
| Boston, MA 02115 |
| Pocasset Mental Health Center |
| 830 Country Road |
| Pocasset, MA 02559 |

Exhibit 3: State Operated Facilities Providing Inpatient Mental Health Services, Outpatient Behavioral Health Services, and Diversionary Behavioral Health Services

| Type of Service/Appendix C Category | Provider Name | Location | NPI | Claim Form ¹ | Service |
|-------------------------------------|--|------------|------------|----------------------------|------------------------------|
| Hospital Based Services | Cape Cod and Islands Mental Health Center | Pocasset | 1851477491 | UB04 | Inpatient Services |
| Hospital Based Services | Corrigan Mental Health Center | Fall River | 1700964947 | UB04 | Inpatient Services |
| Hospital Based Services | Corrigan Mental Health Center | Fall River | 1194803288 | UB04 | Outpatient Services* |
| Hospital Based Services | Cape Cod and Islands Mental Health Center | Pocasset | 1851477491 | 1500 | Professional Services |
| Hospital Based Services | Corrigan Mental Health Center | Fall River | 1700964947 | 1500 | Professional Services |
| Diversionary Services | Substance Abuse Program "WRAP" | Taunton | 1508212416 | 1500 | Acute Treatment Services |
| Diversionary Services | Substance Abuse Program "WRAP" | Taunton | 1508212416 | 1500 | Clinical Support Services |
| Clinic services | Brockton MultiService Center | Brockton | 1326155458 | 1500 | Clinic |
| Clinic services | MassMental Health Center | Boston | 1073638805 | 1500 | Clinic |

¹ Professional services are also billed for these programs on a 1500 claim form.

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Exhibit 4: Public and Private Institutions for Mental Disease (IMD)²

Private IMDs – Inpatient Hospital Services

(As of May 2019)

| Provider ID | Hospital Name | NUM_TAX_ID | Provider Type |
|-------------|--|------------|------------------|
| 110026750A | Adcare Hospital of Worcester | 042053042 | 74 |
| 110020804E | Arbour Hospital | 232238962 | 73 |
| 110027416A | Arbour HRI Hospital Inc | 232238958 | 73 |
| 110027414A | Bournewood Hospital | 042844287 | 73 |
| | Brattleboro Retreat Hospital (VT) | | 73 |
| 110027429A | Fuller Hospital | 232801395 | 73 |
| 110032615B | Hampstead Hospital (NH) | | 73 |
| 110150907B | Haverhill Pavilion | | 73 |
| 110150798B | Hospital for Behavioral Medicine | | 73 |
| 110027417A | McLean Hospital (Partners HealthCare) | 042697981 | 73 |
| 110027393D | Pembroke Hospital | | 73 |
| 110105912B | Southcoast Behavioral Health | | 73 |
| 110027437A | Walden Behavioral Care | 200060125 | 73 |
| 110119411A | TaraVista Behavioral Health Care | | 73 |
| 110131276B | Westborough Behavioral Healthcare Hospital | | 73 |

Public IMDs - State-Owned Non-Acute Hospitals Operated by the Department of Mental Health

(As of June 2014)

| (100) 34116 2011/ | | |
|-------------------|--------------------------------|--|
| Provider ID | DMH Hospital Name | |
| 110000091G | SC Fuller Mental Health Center | |
| 110000084H | Taunton State Hospital | |
| 110000091D | Worcester State Hospital | |

Exhibit 5

DEPARTMENT OF MENTAL HEALTH DIVISION OF CLINICAL AND PROFESSIONAL SERVICES LICENSING DIVISION – BULLETIN #19-01 March 1, 2019

Clinical Competencies/Operational Standards for DMH Licensed Inpatient Facilities

This bulletin, and the attachments hereto are issued pursuant to Department of Mental Health (DMH) regulations 104 CMR 27.03(5)&(8), which provide that DMH "may establish clinical competencies and

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² In accordance with 42 CFR 438.3(e)(2) and 438.6(e)

additional operational standards for care and treatment of patients admitted to facilities³ licensed pursuant to 104 CMR 27.00, including for specialty populations." The purpose of this regulatory provision is to assist the Department in assuring that DMH licensed facilities have the capability to provide the level of care needed by individuals who meet criteria for inpatient hospitalization, thereby increasing access to services required by citizens of the Commonwealth.

The attached clinical competencies/standards were developed by a broad stakeholder group that included DMH clinical and licensing staff, representatives of DMH licensed facilities, public and commercial payers, and professional trade associations. They are intended as guidelines to inform practice and to provide a baseline for DMH licensing reviews of individual facility's compliance with licensing regulations. The competencies/standards cover the following areas:

- Clinical Competencies/ Operational Standards Related to Co-occurring Medical Conditions: Psychiatric units within General Hospitals
- OMITTED
- Clinical Competencies/ Operational Standards Related to Severe Behavior/ Assault Risk
- Clinical Competencies/ Operational Standards Related to Co-occurring Autism Spectrum Disorders or Other Intellectual and Developmental Disabilities (ASD/ID/DD)
- Clinical Competencies/ Operational Standards Related to Co-occurring Substance Use Disorders (SUD)

While it is expected that all facilities will generally be able to meet the clinical competencies/standards (including provision of services and equipment), it is not necessarily expected that each facility will have the resources or staff available at all times to meet all competencies and standards at all times, as circumstances within facility at any given time may limit its ability to be in compliance. Facilities must, however, have a plan in place to provide additional staff coverage or equipment as may be needed to facilitate admission of patients who require such coverage or equipment, and should be prepared to engage with public and commercial payers proactively as indicated.

The DMH Licensing Division will begin referring to the attached competencies/standards in its licensing reviews beginning May 1, 2019.

Questions regarding this bulletin should be directed to the DMH Licensing Division at 617-626-8117 or DMH.Licensing@massmail.state.ma.us.

Attachments:

Clinical Competencies/ Operational Standards Related to Co-occurring Medical Conditions: Psychiatric units within General Hospitals

OMITTED

Clinical Competencies/ Operational Standards Related to Severe Behavior/ Assault Risk

Clinical Competencies/ Operational Standards Related to Co-occurring Autism Spectrum Disorders or Other

³ The term "facility" as used in this bulletin includes DMH licensed units within general hospitals. Third Amended and Restated Managed Care Organization Contract, Appendix G – Behavioral Health

| Intellectual and Developmental Disabilities (ASD/ ID/ DD) |
|--|
| Clinical Competencies/ Operational Standards Related to Co-occurring Substance Use Disorders (SUD) |
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Clinical Competencies/ Operational Standards Related to Co-Occurring Medical Conditions

Psychiatric Units within General Hospitals

Psychiatric units in general hospitals are expected to have the capability, or the ability to secure the capability within a reasonable period of time (in hours or, for very complex medical care needs, days), to provide necessary medical care to patients requiring inpatient psychiatric hospitalization who also have medical conditions requiring the following services.

Each inpatient psychiatric unit in a general hospital shall have policies to assure that it has the capacity to provide care for persons with the following medical needs or conditions. If resources are not immediately available for patients with certain medical conditions, the facility must have a plan to secure the resources necessary to provide the care (e.g., securing "just in time" training for nurses from a specialty nurse educator, availability of a specialist to consult with the attending psychiatrist, etc.) through training, supplemental staff, etc. within a reasonable period of time:

- Intravenous (IV) hydration
- Continuous Positive Airway Pressure (CPAP)
- Diabetes Care
- Oxygen Therapy
- Alcohol Detoxification (See specific competencies required for treatment of co-occurring Substance Use Disorders)
- Opiate Detoxification (See specific competencies required for treatment of co-occurring Substance Use Disorders)
- Methicillin-resistant Staphylococcus aureus (MRSA) or other antibiotic-resistant infections or communicable infections
- Assistive devices/specialty equipment (e.g., walkers, canes, wheelchairs, hospital beds, specialty mattresses)
- Occupational Therapy (OT)/ Physical Therapy (PT)
- Anticoagulation therapies
- Eating disorders
- Incontinence
- Foley catheter
- Ostomy care
- Seizures History and/ or risk of
- Respiratory conditions
- Wound care (any stage)
- Patient in need of in-house Lab services
- Patient in need of internal medicine resources on site

Each facility shall ensure that all staff designated to provide the listed services receive education and demonstrate competencies (i.e., upon hire, as needed, and/ or annually) that are consistent with their role in patient care regarding the above competencies. Each facility shall further ensure that medical and nursing care staff are trained in and can demonstrate knowledge of the facility's policy or plan for securing the resources necessary to provide the listed services and to provide just-in-time training to all staff who will provide care to the patient being admitted.

DMH recognizes that some capabilities may be beyond the capacity of certain general inpatient units within general hospitals. It is necessary; however, that these capabilities be present within the Commonwealth's hospital system, even if they may require extra resources, transportation or preparation. Facilities are encouraged to develop these capabilities, either through direct service arrangements, affiliations with outside providers or otherwise. These capabilities include, but are not limited to:

- IV medications
- Bilevel Positive Airway Pressure (BiPAP)
- Dialysis
- Suction
- Nasogastric (NG) Tube
- Eating disorders severe restrictive or purging
- Pregnancy

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's capability at the time admission is sought. The medical director's determination must be written, and include the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See DMH Licensing Bulletin #18-01 - **Documentation of Unit Conditions and Facility Denial of Inpatient Care** and 104 CMR 27.05 (3) (d).]

^{*} The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence.

Clinical Competencies/ Operational Standards Related to Severe Behavior/ Assault Risk

Inpatient psychiatric facilities licensed by the Department of Mental Health are expected to have the capability to provide care to patients who require inpatient psychiatric hospitalization and who present with high level of acuity, including severe behavior and assault risk.

Each general inpatient psychiatric facility shall assure that it has the capacity to:

- Provide treatment to patients with severe behavior/assault risk, including evaluating patients during the intake and admissions process to determine if additional staffing supplementation is required.
- Adjust staffing levels to meet varying levels of unit acuity.
- Evaluate and document care needs during the referral and acceptance process which serves as preparation for direct care staff and others to incorporate risk and individualized crisis prevention planning (ICPP) upon admission. (While safety tools are generally completed within 48 hours of admission, a person admitted with this risk level should have their safety tool or ICPP completed as soon as possible after arrival.)
- Provide a range of intervention approaches to address the needs of patients with higher levels of acuity. Aggressive, assaultive patients may benefit from behavior management plans, anger management, relaxation techniques, occupational therapy, and social skills development. Consideration for consultation with behavior specialists should be given.
- Provide ongoing training and demonstration of competencies in verbal de-escalation, including hands on experience, to reduce likelihood of harm.

De-escalation and Preventative Skills that can assist direct care staff to safely respond to patient agitation or aggression include but are not limited to:

- Motivational Interviewing
- o Trauma Informed Care
- o Person-Centered Approaches
- o Stigma/ Countertransference
- o Mindfulness
- o Flexible Rules
- Strength-based interventions
- o Approachability of staff for providing help
- o Anger Management
- Leadership Rounds regularly on units
- Security specialists/ guards who may participate in direct interactions with patients experiencing episodes of severe behavior or assault risk should have training (e.g. CPI, Handle With Care, MOAB) that is consistent with training received by the direct care psychiatric inpatient staff, as should any additional staff who may participate in such episodes.
- Ensure robust debriefing processes, including incidents that qualify as "near misses."
- Provide Medication Management with proactive use of PRNs and use of withdrawal protocols as indicated.

- Ensure that staff on all shifts have access to Sensory Tools, and the training required to select and work with patients to use these tools as coping skills and methods for decreasing frustration and aggression.
- Involve community treaters, state agency representatives, and the legal system (if involved) in treatment and discharge planning as soon as possible after admission in order to assess the patient's current continuum of care and foster successful outcomes.
- Ensure that wraparound community services are in place (e.g., get/fill medications, an outpatient medication/injection clinic (if needed), access transportation to appointments, stable housing, and case management).
- Engage patients who are identified as having "personality disorders or traits," utilizing Trauma Informed Care (TIC), Motivational Interviewing (MI), Sensory Tools, attention to diet (e.g., polydipsia, excessive caffeine or sugar intake), and Mindfulness Training.
- Work with court system, families and/ or guardians to expedite the process of commitment if necessary.
- Provide increased security presence, specialized psychopharmacology interventions, and active treatment with the patient to identify and practice greater behavioral control skills.
- Ensure all staff receive consistent education and maintain current trainings and certifications (i.e., upon hire, as needed, and annually) to work with and care for these patients.

Each general inpatient psychiatric facility is recommended to consider:

- When possible, create flexibility in the physical plant for non-restraint and seclusion management of behavior. This can involve providing special observation/single rooms and higher staffing ratios for patients requiring assault precautions to mitigate the risk to roommates and other patients on the unit. It is ideal that a unit be able to provide a distinct, spacious area for the most acute patients with specialized group programming, activity space, and comfort space (if possible). Patients could move to the regular section of the milieu when able to tolerate more stimulation.
- Consideration should be given to the inclusion of Peer Support Specialists in milieu treatment. A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's capability at the time admission is sought. The medical director's determination must be written, and include the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See *DMH Licensing Bulletin #18-01 Documentation of Unit Conditions and Facility Denial of Inpatient Care* and 104 CMR 27.05 (3) (d).]

^{*} The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence.

Clinical Competencies/Operational Standards Related to Co-occurring Autism Spectrum Disorder or Other Intellectual and Developmental Disabilities (ASD/ID/DD)

Inpatient psychiatric facilities licensed by the Department of Mental Health are expected to have the capability to provide care to patients who require inpatient psychiatric hospitalization, who present with Autism Spectrum Disorders or Other Intellectual and Developmental Disabilities (ASD/ID/DD), but who do not require specialized treatment due to their ASD/ID/DD beyond the competencies listed below.

Each general inpatient psychiatric facility shall assure that it has the capacity to:

- Provide care to patients with mild to moderate presentations of Autism Spectrum Disorder or other intellectual and/or developmental disabilities whose baseline level of functional impairment is mild to moderate as well. Patients with significant maladaptive behavior, inability to maintain ADLs, as well as those with significant self-injurious or violent behavior, due to their ASD/ID/DD may have needs that exceed the expected capability of a general inpatient psychiatric unit.
- Recognize the clinical needs of common co-occurring physical conditions that are associated with many patients with ASD/ID/DD (e.g., severe constipation, diarrhea, urinary tract infections, food allergies, etc.).
- Provide sensory supports for varying levels of functioning.
- Ensure all staff receive consistent education and maintain current trainings (i.e., upon hire, as needed, and annually) to work with and care for this population.
- Provide ongoing trainings and demonstration of competencies in de-escalating behaviors of patients with ASD/ID/DD, as part of the general de-escalation program.
- Evaluate and document care needs during the referral and acceptance process, and use this information to incorporate the inclusion of behavioral triggers/warning signs, as well as strengths, motivators and any sensory tools that have been successfully employed for direct care staff and the multidisciplinary team.
- Notify and collaborate with the Department of Developmental Services, as appropriate and with the Department of Education (DOE), town or city special education departments to ensure the continuity of special education services for eligible students.
- Engage the Children's Behavioral Health Initiative (CBHI) teams, Department of Education (DOE) teams, DMH, and/or DDS for consultation and discharge planning as needed.
- Minimize the difficulty with transitions, especially by providing discharge information to care managers and outpatient services. Ideally, the same team members (both inpatient and outpatient) would work with these patients as they move across the care continuum.
- Work with families and other caregivers before discharge to enhance successful transition of level of care and reduce recidivism.

Each general inpatient psychiatric facility is recommended to consider:

• Flexible availability of a separate, designated, less stimulating space is best.

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's

| the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See DMH Licensing Bulletin #18-01 - Documentation of Unit Conditions and Facility Denial of Inpatient Care and 104 CMR 27.05 (3) (d).] | | |
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| * The medical director's physician designee must be a physician who is vested with the full range of the medical director's authority and responsibility in the medical director's absence. | | |
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| Third Amended and Postated Managed Care Organization Contract, Appendix 6 — Rehavioral Health | | |

capability at the time admission is sought. The medical director's determination must be written, and include

Clinical Competencies/ Operational Standards Related to Co-Occurring Substance Use Disorders (SUD)

The Department of Public Health Bureau of Substance Addiction Services (BSAS) licenses inpatient psychiatric facilities that also provide a separate, identifiable inpatient SUD treatment program. Such units/ facilities are required to be dually licensed by DMH and BSAS.

A DMH licensed facility that provides SUD treatment or services, such as medication assisted treatment (MAT), incidental to the evaluation, diagnostic and treatment services for which it is licensed under 104 CMR 27.00, and that does not offer a separate, identifiable inpatient substance use disorder treatment unit or program, or represent themselves to the public as providing substance use disorder treatment or services as a primary or specialty service, must comply with DMH licensing requirements at 104 CMR 27.03(11) but is not subject to BSAS licensure requirements.

As part of its licensure obligations under 104 CMR 27.00, each inpatient psychiatric facility that is not subject to BSAS licensure shall assure that it has the capacity to:

- Identify potential for addictive disorders through evidence-based screening and assessment tools during the admission assessment process.
- Evaluate for, order, assess, and provide medication assisted treatments for alcohol, benzodiazepine, and opioid withdrawal and for addictions to these substances within limitations of licensure. Medication assisted treatment, education, orientation, and initiation is required when clinically indicated. (See SAMHSA Treatment Improvement Protocol 63 –Medications for Opioid Use Disorder)
 - This includes:
 - Assessing the patient for the appropriateness of induction on MAT using one of the three FDA-approved medications for the treatment of Opioid use disorder: buprenorphine, methadone, or naltrexone; and
 - Ensuring that once an induction begins, referrals for an outpatient provider (ex. OTP, OBOT) are secured.
 - Any physician or other authorized hospital staff in DMH-licensed inpatient facilities can
 administer or dispense methadone and buprenorphine without additional state or federal
 oversight or approval, provide the methadone or buprenorphine is administered or dispensed
 incident to the patient's medical treatment for a condition other than substance use disorder.
 This includes MAT induction for a patient with a secondary diagnosis of substance use disorder
 on either methadone or buprenorphine.
 - DEA regulations⁴ authorize physicians or other authorized hospital staff to administer or dispense buprenorphine or methadone in the hospital, which includes psychiatric

⁴ 21 CFR Part 1306.07. Note that these regulations also include the "three day rule", which allows any physician to administer methadone or buprenorphine without additional state or federal oversight or approval. This includes MAT induction for a patient being treated for acute withdrawal symptoms. The rule allows MAT treatment to relieve acute withdrawal symptoms, provided the treatment is limited to 72 hours where not more than one day's medication is administered to a person at a time. The 72-hour period cannot be renewed. For more information, see 21 CFR Part 1306.07(b).

hospitals, in order to maintain or detox a patient "as an incidental adjunct to medical or surgical treatment of conditions other than addiction". In effect, this allows a physician or other authorized hospital provider to administer or dispense MAT to patients at the hospital, without time limitation, where SUD is a secondary diagnosis.

- Practitioners who are DATA- waived⁵ can prescribe, administer, or dispense buprenorphine to patients in DMH-licensed inpatient facilities.
- Administer opioid antagonist, if needed. All units must have naloxone available on unit and staff trained to order/administer.
- Provide group and/ or individual therapeutic programming and patient education, provided by appropriately trained staff, which addresses recovery and relapse prevention planning related to SUD. Engage, inform, and support parents and guardians of minors with SUD (on adolescent units). Suggested training for staff may include effects of substance use disorders on the family and related topics such as the role of the family in treatment and recovery.
- Provide active discharge planning to next step placements based on the patient's care plan. Placements should address ongoing needs related to mental health, addiction, and other biopsychosocial needs and may include step down to subacute levels of care, 24 hour settings, partial hospitalization, intensive outpatient, ongoing outpatient treatment, access to peer services, and other community and housing supports as appropriate. When appropriate, discharge planning must include access to ongoing medication management, both for psychiatric and addiction medications; for continuity of treatment with the goal of reducing readmissions and the likelihood of relapse. This includes having knowledge of Clinical Stabilization/Stepdown Services (CSS) and Transitional Support Services (TSS), Outpatient Medication Management, Sober Houses, and step down to subacute level of care.
- Understand deterrents to successful discharges such as housing, financial assistance for medication copayments, transportation to non-24-hour programs, applying for a prescription for transportation PT-1 form for those with financial issues, etc.
- Ensure a physician dispenses buprenorphine or morphine at discharge or a DATA-waived practitioner provides "bridge" prescriptions for buprenorphine (and other medications) until outpatient appointments can be secured and prescriptions provided for in the outpatient setting.
- Provide direct care staff with a general overview of addictions medicine.

Each inpatient psychiatric facility is recommended to:

• Facilities are strongly encouraged to provide access to all FDA-approved medications for the treatment of opioid use disorder.

- Consider engaging Substance Use Recovery Coaches and/or Peer Specialists within staffing models.
- Include credentialed staff with experience in SUD treatment and resources, ideally, but not necessarily as Licensed Alcohol and Drug Abuse Counselor (LADC) or Certified Alcohol and Drug Abuse Counselor (CDAC) levels.
- Consider referrals to ensure a continuum of care for the client, including arrangements for further substance abuse treatment and post-discharge counseling and other supportive service.
- Consider entering into formal agreements (Qualified Services Organization Agreement QSOA's) with community-based Substance Use Disorder treatment providers to support continuation of care.

A facility with available beds may deny admission to a patient whose needs have been determined by the facility medical director, or the medical director's physician designee when unavailable* to exceed the facility's

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⁵ The Drug Addiction Treatment Act (DATA) of 2000 authorized physicians to dispense or prescribe buprenorphine in settings other than an opioid treatment program (OTP), subject to certain limitations. This has subsequently been expanded to also authorize nurse practitioners and physician assistants to dispense or prescribe buprenorphine, subject to certain limitations. Information on the process for submitting a waiver to SAMHSA and the DEA can be accessed here: https://www.samhsa.gov/programs-campaigns/medication-assisted-treatment/training-materials-resources/buprenorphine-waiver

| the factors justifying the denial and why mitigating efforts, such as utilization of additional staff, would have been inadequate. [See DMH Licensing Bulletin #18-01 - <i>Documentation of Unit Conditions and Facility Denial of Inpatient Care</i> and 104 CMR 27.05 (3) (d).] | | |
|---|---------------|--|
| The medical director's physician designee must be a physician who is vested with the full range of the medical director responsibility in the medical director's absence. | r's authority | |
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capability at the time admission is sought. The medical director's determination must be written, and include