# MassHealth Prescription and Medical Necessity Review Form for Absorbent Products

MassHealth  
The Commonwealth of Massachusetts  
Executive Office of Health and Human Services

Sections 1, 2, 3, and 4 may be completed by the provider of DME or the ordering practitioner. Section 5 must be completed by the provider of DME. Sections 4A, 6, and 7 must be filled out by the ordering practitioner.

## Section 1

Member Name   
Date of Delivery

Address

Telephone

MassHealth ID   
Date of Birth  
Gender   
Height   
Weight

Primary ICD Code   
Description

Secondary ICD Code   
Description

## Section 2

Ordering Practitioner’s Name   
NPI

Address

Telephone   
Fax

## Section 3

Name of Provider of DME   
NPI

Address

Telephone   
Fax

## Section 4

Place checkmark beside item requested and enter the appropriate size, HCPCS code, and modifier. See section 4 of instruction page for daily allowable units for each product.

1. Item Requested Brief/Diaper:

Reusable Disposable Adult Child   
Size  
HCPCS Code   
Modifier

2. Item Requested Protective underwear/pull-on:

Reusable Disposable Adult Child  
Size  
HCPCS Code   
Modifier

3. Item Requested Insert/liner:  
Size  
HCPCS Code   
Modifier

4. Item Requested Disposable underpad/bedpad:  
Size  
HCPCS Code   
Modifier

5. Item Requested Reusable underpad/bedpad:  
Size  
HCPCS Code   
Modifier

6. Is this a **request to exceed the quantity limits** for any absorbent product?   
Yes No  
If yes, current prior authorization (PA) no.:  
If yes, documentation must be submitted in accordance with Section 6, Question 10.

7. Is this a **request to change the size** of absorbent products? Yes No  
If yes, current prior authorization (PA) no.:

Section 4A

(Must be completed by the ordering practitioner or their staff.)

1. Daily Units   
No. of Monthly Refills   
Length of Need

2. Daily Units   
No. of Monthly Refills   
Length of Need

3. Daily Units   
No. of Monthly Refills   
Length of Need

4. Daily Units   
No. of Monthly Refills   
Length of Need

5. Daily Units   
No. of Monthly Refills   
Length of Need

## Member Name

## Section 5—Provider of DME Attestation, Signature, and Date

I certify under the pains and penalties of perjury that the information on this form and any attached statement that I have provided has been reviewed and signed by me, and is true, accurate, and complete, to the best of my knowledge. I also certify that I am the provider or, in the case of a legal entity, duly authorized to act on behalf of the provider. I understand that I may be subject to civil penalties or criminal prosecution for any falsification, omission, or concealment of any material fact contained herein.

For more information, please refer to Durable Medical Equipment bulletin 31 and instructions for Section 5.

DME provider’s signature

(Wet and electronic signatures are acceptable. Signature and date stamps, or the signature of anyone other than the provider of DME or a person legally authorized to sign on behalf of a legal entity, are not acceptable.)

For wet signature, print legal name of provider

Date

## Section 6

Section 6 must be completed by the member’s ordering practitioner or their staff. Complete all applicable questions and attach any pertinent information (e.g., lab tests, medical history and physical examination, clinical notes, etc.). Please check all boxes that apply for each question.

### Answer Questions 1–6 for all requests for absorbent products.

1. Member presents:  
Stress incontinence  
Urge incontinence  
Mixed incontinence  
Overflow incontinence  
Functional incontinence  
Indeterminable incontinence  
Fecal incontinence  
Other (specify)

2. Has a focused medical history and targeted physical exam been performed to detect factors contributing to incontinence, that, if treated, could improve or eliminate incontinence if treated? (See *MassHealth Guidelines for Medical Necessity Determination for Absorbent Products* for specific contributing factors.) Yes No  
(If yes, attach medical history and physical exam)

3. Risk factors identified for developing incontinence:

Genito urological or gynecological disorders.

Lower gastrointestinal tract disorder

Impaired cognitive function

Neurological disorder  
Impaired mobility

Increasing Age

Obesity  
Other (specify)

4. The following tests/exams have been conducted. (Please attach results.):  
Urinalysis/culture sensitivity  
Urological test/consultation  
Rectal examination  
Pelvic examination (women)  
Developmental assessment and prognosis (children)

5. Have treatments to manage symptoms of incontinence been tried and failed or been partially successful? (For example, behavioral techniques, pharmacologic therapy, and/or surgical intervention) Yes No  
(If yes, attach clinical evidence of such treatments, treatment results, and member’s responsiveness.)

6. Is it the ordering practitioner’s determination that the product is necessary to manage observable symptoms of incontinence in circumstances where the member or caregiver (family member or guardian) refuses to have a medical history taken, physical exam conducted, and/or treatments accepted for incontinence? Yes No

(Documentation that the member or caregiver refused medical history, examination and/or treatments “against medical advice” must be provided.)

**Answer Question 7 if requesting absorbent liners/inserts.**

7. Does the member report light or infrequent incontinence? Yes No

### Answer Question 8 if requesting any type of absorbent underpads/bedpads.

8. Is the member using absorbent products and does the member report leakage?

Yes No

Does the member report leakage when there is an indwelling catheter? Yes No

Is the member able to reposition independently? Yes No

### Answer Question 9 if requesting both reusable and disposable underpads/bedpads.

9. Does the member report high volume of urine or fecal leakage? Yes No

Please provide additional documentation if requesting a number of units that exceed the maximum allowable.

10. Clinical documentation must be submitted to justify the medical need for a quantity of absorbent product that is above the allowable limit set forth in the MassHealth Durable Medical Equipment and Oxygen Payment and Coverage Guideline Tool and listed below in Section 4 of the instruction page. Refer to MassHealth Guidelines for Medical Necessity Determination for Absorbent Products, Clinical Coverage, Section II.A., for criteria justifying a number of units that exceed the maximum allowable.

## Section 7— Ordering Practitioner’s Attestation, Signature, and Date

I certify under the pains and penalties of perjury that I am the ordering practitioner identified in Section 2 of this form. Any attached statement on my letterhead has been reviewed and signed by me. I certify that the medical necessity information (per 130 CMR 450.204) on this form is true, accurate, and complete, to the best of my knowledge. I understand that I may be subject to civil penalties or criminal prosecution for any falsification, omission, or concealment of any material herein.

For more information, refer to Durable Medical Equipment Bulletin 31 and instructions for section 7.

Ordering practitioner signature

Date

(Wet and electronic signatures are acceptable. Signature and date stamps, or the signature of anyone other than the ordering practitioner, are not acceptable.)

Check applicable credentials: MD NP PA CNS

If wet signature, print legal name of provider

Date

## Instructions for Completing the MassHealth Prescription and Medical Necessity Review Form for Absorbent Products

### Sections 1, 2, 3, and 4 may be completed by the DME provider or the ordering practitioner.

### Instructions for using this Form

Providers of DME are instructed to use this form when obtaining a prescription and letter of medical necessity from the member’s ordering practitioner for absorbent products, and as an attachment to a prior-authorization (PA) request for absorbent products. Providers of DME are responsible for ensuring compliance with applicable MassHealth regulations and guidelines when using this form. MassHealth reserves the right not to accept the form if it is completed improperly or if the provider has failed to meet applicable MassHealth regulations, requirements, and guidelines, including, without limitation, medical necessity requirements. Please refer to the *MassHealth Guidelines for Medical Necessity Determination for Absorbent Products* for further information about required clinical documentation and information that must be submitted for PA requests for absorbent products. A copy of this completed form (including all attachments and supporting documentation) must be maintained in the member’s medical record at the ordering practitioner’s office and at the DME provider’s office.

### Section 1

Enter the date of delivery of the absorbent products at the top of the form. The date of delivery in Section 1 at the top of page 1 of the form must match the date of initial delivery on the delivery slip in accordance with 130 CMR 409.419. Enter the member’s name, address (including apartment number, if applicable), telephone number, MassHealth ID number, date of birth, gender, height, and weight, and applicable ICD diagnosis code(s) with their descriptions. Once the delivery has been made, enter the date of the delivery in the date of delivery field in the upper right corner of Section 1.

### Section 2

Enter the ordering practitioner’s name, NPI number, address, telephone number, and fax numbers.

### Section 3

Enter the DME providers name, NPI number, address, telephone number, and fax numbers.

**Section 4**

Place a checkmark beside the item requested. Enter the size, HCPCS code(s), and modifier(s).

MassHealth has adopted minimum quality requirements for certain absorbent products (briefs/diapers) and (protective underwear/pull-on). Please see Durable Medical Equipment Bulletin 36 based on those of the National Association for Continence (NAFC).

Absorbents’ Allowable Units:

Briefs/Diapers:

* allowable units: 8 per day or 248 per month (disposable)
* allowable units: 5 per 3 months (reusable)

Protective underwear /Pull-on products:

* allowable units: 8 per day or 248 per month (disposable)
* allowable units: 5 per 3 months (reusable)

Inserts/liners:

* allowable units: 8 per day or 248 per month.

Underpad/bedpad/mattress protector:

* allowable units: 8 per day or 248 per month (disposable)
* allowable units: 2 per month (reusable)

### Section 5 must be completed by the DME provider.

The provider of DME must sign and enter the date the form was completed. By signing the form, the provider is making the certifications listed above the signature line. The signature of anyone other than the provider of DME or a person legally authorized to sign on behalf of a legal entity (if the provider of DME is a legal entity), is not acceptable. Wet signatures and electronic signatures as defined below and in [Durable](https://www.mass.gov/lists/masshealth-provider-bulletins-by-provider-type-d-h#durable-medical-equipment-) Medical Equipment Bulletin 31 are acceptable.

MassHealth will accept provider signatures executed by an authorized signatory in any of the following formats**.**

1. Traditional “wet signature” (ink on paper)

2. Electronic signature that is either:

a. Hand**-**drawn with a mouse or finger if working from a touch screen device

b. An uploaded picture of the signatory’s hand**-**drawn signature

3. Electronic signatures affixed using a digital tool such as, but not limited to:

a. Adobe Sign

b. DocuSign

If the provider is using an electronic signature, the signature must be visible, include the signatory’s name and title, and must be accompanied by a signature date.

One of the following notations must be included to indicate that the signatory’s name, typically applied in typed format, was electronically signed.

* Electronically signed by
* Authenticated by
* Approved by
* Completed by
* Finalized by
* Signed by
* Validated by
* Sealed by

### Sections 4A, and 6, must be completed by the ordering practitioner or their staff. Section 7 must be completed by the ordering practitioner.

### Section 4A

The ordering practitioner or their staff must enter the total number of monthly units, monthly refills, and the expected duration of use of absorbent products by the member.

### Section 6

The member’s ordering practitioner or their staff must answer questions 1–6 if requesting any type of absorbent product. Answer question 7 if requesting absorbent inserts or liners. Answer question 8 if requesting disposable or reusable absorbent underpads/bedpads. Answer question 9 if requesting both disposable or reusable underpad/bedpads to be used in conjunction with each other. Answer question 10 if requesting quantities of absorbent products that exceed the limits in the MassHealth DME and Oxygen Payment and Coverage Guidelines Tool. Section 6 must be filled in, and applicable supporting documentation must be attached.

**Section 7**

The member’s ordering practitioner listed in Section 2 of this form must review all information completed on and attached to this form and must sign and date the form. By signing the form, the ordering practitioner is making the certifications contained above the signature line. The form must be signed by the member’s ordering practitioner, who must be either the member’s physician (MD), nurse practitioner (NP), clinical nurse specialist (CNS) or physician assistant (PA). The ordering practitioner must check the applicable credential(s). Wet signatures and electronic signatures as defined in [Durable Medical Equipment Bulletin 31](https://www.mass.gov/lists/masshealth-provider-bulletins-by-provider-type-d-h#durable-medical-equipment-) are acceptable. Please also refer to Section 5 above for information and requirements for wet and electronic signatures.

If you have any questions about how to complete this form, please contact the MassHealth Customer Service Center at (844) 368-5184.

MNR-AP (01/24)