



Suicides Among Men of Working Age (Ages 25-64) in Massachusetts, 2020

327

Suicides among
men of working
age in 2020



Over half of all suicides in
MA in 2020 were among
men of working age

17.7

Suicide rate per
100,000 among
men of working
age in 2020

2x higher than
the overall state rate

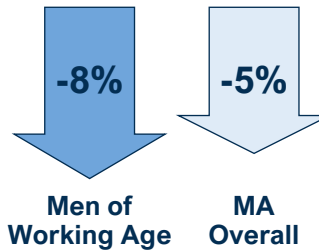
Mechanism of Injury



1 in 2 suicides involved
hanging/suffocation

1 in 4 suicides involved
Firearms
(compared to 1 in 2
nationally)

Suicide Rate Changes 2019 to 2020



Men of working age
saw a greater
decrease in suicide
rates from 2019
compared to the state
overall



44%

had a known alcohol or
substance use issue, a rate nearly
1.5x higher than all
other suicide decedents.

*Stigma for men seeking help
with health issues may be a
contributing factor*

Nearly
9 in 10
were White,
non-Hispanic



1 in 5
were experiencing a
job and/or
financial problem



1 in 10
were current
or former
military
personnel



1 in 4
worked in the
construction or
manufacturing
industry sector



1 in 8
worked in the
construction and
extraction
occupation group

68%

Had a known mental health
problem



31%

Had a known history of
suicidal thoughts or plans



25%

Had a known intimate
partner problem



18%

Had a known history of
past suicide attempts



12%

Had a known physical
health problem



RESOURCES

Help is available 24/7.

Contact the Suicide and Crisis Lifeline:

Call/Text: 988

(Press 1 for Veterans, Press 2 for Spanish)

Chat: 988lifeline.org



MASSMEN
LIFE TOOLS FOR MEN

Additional resources for men are
available at: mass.gov/massmen

Data Source: Massachusetts Violent Death Reporting System (MAVDRS),
Massachusetts Department of Public Health; CDC WISQARS