



Money Follows the Person Demonstration Fact Sheet for Professionals



Who is this information for?

This fact sheet contains information for nursing facility staff, discharge planners, social workers, community-based organizations, and others who help people moving to the community from nursing facilities, chronic disease and rehabilitation hospitals, intermediate care facilities for people with intellectual disabilities, and psychiatric hospitals.

What is the Money Follows the Person Demonstration?

The Money Follows the Person Demonstration (MFP Demo) is a federally funded grant that covers services that help people with disabilities and older adults to move from qualified nursing facilities and long term stay hospitals to qualified residence in the community.

What is a qualified residence?

Any of the following settings will qualify under the MFP Demo:

- A home owned or leased by the person or a family member
- An apartment with an individual lease
- An adult foster care or shared living caregiver's home
- A community-based residential setting where no more than four unrelated people live, or
- An assisted-living residence that meets the following requirements:
 - An apartment with separate living, sleeping, bathing, and cooking areas
 - A unit with lockable access and exit
 - Is not located on a campus that includes a medical facility
 - Cannot require that services must be provided as a condition of tenancy
 - Must not require notification of absences from the residence
 - Leases may not reserve the right to assign or change apartments.

What services and supports are available?

The MFP Demo provides an array of services to support successful transition to the community. A case manager is assigned and works closely with the participant to help and coordinate needed services to live independently in the community.

Supports can include the following:

- Finding accessible and affordable housing
- Paying for moving expenses
- Paying for security deposits, utility deposits, and first month's rent
- Purchasing home furnishings
- Improving accessibility through home modifications
- Providing peer support
- Purchasing assistive technology devices
- Engaging in and exploring local areas and services before moving to a community

Once a participant has moved into the community, the case manager will work with them to make sure that continued services and supports are available to them where they live and work.

To qualify for MFP Demo services, the person must be

- A MassHealth member or be able to meet the financial rules to qualify
- Living in a nursing facility or a chronic disease or rehabilitation hospital for at least 60 consecutive days—Medicare rehabilitation days included. This could also include a public health hospital; intermediate care facility for people with intellectual disabilities; or a qualified psychiatric hospital
- 18 years old or older and be disabled OR be 65 years or older
- Wanting to participate by signing an informed consent, and
- Willing to move to an MFP Demo-qualified residence in the community. This could include returning to their home

What is 24-hour back-up?

All MFP Demo participants will have a 24-hour back-up plan in place before they move to the community. This requirement includes plans to address contingencies, including when

- Critical services are unavailable
- Back-up transportation is needed
- Emergency repair is needed for durable medical equipment (DME), and
- There is a failure of other essential supports and services that the participant needs to live safely and securely in the community.

How long can a participant be enrolled?

Participants are enrolled in the MFP Demo for a total of 365 days after discharge to the community. Participants who need additional facility-based or hospital care after they've moved to the community will have their 365 MFP days suspended until they return to the community.

What happens when MFP ends?

At the end of the 365 MFP days, members may continue to receive MassHealth services if they continue to meet eligibility requirements. MassHealth services could include continuing or new enrollment in one of the MassHealth Home and Community-Based Services (HCBS) waivers or MassHealth State Plan services, or they could receive both.

How does a person apply for the MFP Demo?

People who are in the following type of facility and are interested in transitioning to the community or want to learn more about community services can apply at any time:

- Nursing facility
- Chronic disease or rehabilitation hospital, including public health hospital
- Intermediate care facility for people with intellectual disabilities, or
- Psychiatric hospital setting.

If a person is currently working with a case manager, they should contact that case manager to start the process. If they're not working with a case manager, they can submit a referral at any time.

To submit a referral to the MFP Demo program, download the fillable PDF at www.mass.gov/MFPDemo, fill it out, save it, and email it as an attachment to the MFP Project Office at MFP@mass.gov. The Subject line should be MFP Demo Referral.

Please note: If you are a state agency or organization sending on behalf of the applicant, ensure the email is sent securely and in compliance with any applicable privacy laws.

Once we receive the referral, someone will contact you to explain the next steps.

For more information

To learn more about the MFP Demo, you can:

- Contact the Money Follows the Person Project Office at MFP@mass.gov.
- Call (617) 573-1647

or

- Visit www.mass.gov/MFPDemo

This document was developed under grant CFDA 93.791 from the U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services. The contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, and you should not assume endorsement by the federal government.