

APPLICANT'S NAME _____

ACADEMIC REQUIREMENT FORM

A minimum of three semester credits, or four quarter credits of graduate-level courses must be taken in each of the ten content areas listed below. Each course taken may only be used to fill one requirement. All courses must focus on Mental Health Counseling. Please review your transcript and specify the course number which corresponds to the course content area listed below. **After you have completed this form, please have a Department Head, Faculty Advisor or Program Director attest to the identified courses' compliance with the regulations as stated below. Please duplicate this form for every graduate program that you have attended. Each graduate program should complete a new and separate form.**

Course Content Area Description	Course Number
<u>Counseling Theory.</u> Examination of the major theories, principles & techniques of Mental Health Counseling & their application to professional counseling settings. Understanding & applying theoretical perspectives with clients.	
<u>Human Growth and Development.</u> Understanding the nature & needs of individuals at all developmental stages of life. Understanding major theories of physical, cognitive, affective and social development & their application to Mental Health Counseling practice.	
<u>Psychopathology.</u> Identification & diagnosis and mental health treatment planning for abnormal, deviant, or psychopathological behavior, includes assessments and treatment procedures.	
<u>Social and Cultural Foundations.</u> Theories of multicultural counseling, issues and trends of a multicultural and diverse society. Foundational knowledge & skills needed to provide Mental Health Counseling services to diverse populations in a culturally competent manner.	
<u>Clinical Skills.</u> Understanding of the theoretical bases of the counseling processes, Mental Health Counseling techniques, and their therapeutic applications. Understanding & practice of counseling skills necessary for the mental health counselor.	
<u>Group Work.</u> Theoretical & experiential understandings of group development, purpose, dynamics, group counseling methods and skills, as well as leadership styles. Understanding of the dynamics and processes of Mental Health (therapeutic, psychosocial, psycho-educational)	

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groups.	
Special Treatment Issues. Areas relevant to the practice of Mental Health Counseling, <i>i.e.</i> psychopharmacology, substance abuse, school or career issues, marriage & family treatment, sexuality & lifestyle choices, treating special populations.	
Appraisal. Individual & group educational and psychometric theories and approaches to appraisal. Examination of the various instruments and methods of psychological appraisal and assessment including, but not limited to, cognitive, affective, and personality assessment utilized by the mental health counselor. The function of measurement and evaluation, purposes of testing, reliability & validity.	
Research and Evaluation. Understanding social science research, evaluative methodologies & strategies, types of research, program evaluation, needs assessments, ethical and legal considerations.	
Professional Orientation. Understanding of professional roles & functions of Mental Health Counselors, with particular emphasis on legal & ethical standards. Ethical case conceptualization, analysis & decision making as it relates to clinical practice. Knowledge and understanding of the standards set by the code of ethics of the American Counseling Association & the American Mental Health Counselors Association. Understanding of licensure and regulatory practices.	

In addition, all applicants must have a minimum of 60 semester credits or 80 quarter credits in counseling or a related field as stated in 262 CMR 2.02. Please note the total number of credits completed during this program that are in counseling or a related field here _____. Please note whether these credits are semester values or quarter values. _____

This section to be signed and verified by a Department Chair, Faculty Advisor or Program Director:

I have read the course content area requirements for this license as stated above and certify that the identified courses meet requisite criteria. The undersigned states that under the pains and penalties of perjury, the above statements are true and correct.

Signature

Date

Please check one:

- ☐ I am a Department Chair
- ☐ I am a Faculty Advisor for this student
- ☐ I am a Program Director