

Grow and Thrive!



Wellness & Skills-Building Groups

Join our therapeutic programs to enhance communication, physical development, and teamwork skills. Led by experienced therapists, each session offers a supportive environment for growth and learning. Open to all in the designated age groups, these programs can complement other Therapy services.

Mighty Barnyard Buddies

Ages 3-5

Fall Session 2: **November 8-December 20, 2024**

- Fridays 9:00-10:00 a.m. (no class on Friday, 11/29)

At Mighty Barnyard Buddies, young children and their parents participate in fun-filled activities that promote growth, strength, and confidence! This group focuses on enhancing gross motor skills, balance, and functional strength in a playful and meaningful way.

With the guidance of experienced Physical or Occupational Therapists, children engage in various games and exercises that challenge their gross motor skills. Parents will be actively involved, learning techniques to support their child's development.

Barnyard-inspired activities and exercises improve physical abilities and nurture self-confidence and independence.



Register Today!



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For questions, email tbc@eastersealsma.org.