Have you tried the Milestone Tracker phone app?

The Milestone Tracker phone app is a great way to track your child’s development on your won. Milestones are behaviors or skills seen in children as they develop and grow. The app has developmental milestone checklists for children ages 2 months to 5 years old, so you can use it for years to come!

How to get it

Download it for free from the App Store or Google Play

OR
Link to it from the WICShopper App

How to use it

Enter your child’s name, date of birth, and gender

Select Milestone Checklist

Answer the questions about your child’s development using the pictures and videos as guides

Tips & Activities: Find tips to help your baby grow and reach milestones

Milestone Overview: See all of the milestones for your child’s current and future age

My Child’s Summary: Share milestones with your doctor and WIC

Questions? Contact your local WIC office or email Massachusetts WIC at wicinfo.dph@mass.gov

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