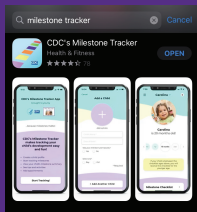


HAVE YOU TRIED THE MILESTONE TRACKER PHONE APP?

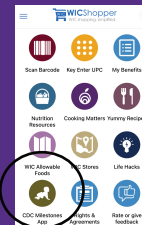
The Milestone Tracker phone app is a great way to track your child's development on your own. Milestones are behaviors or skills seen in children as they develop and grow. The app has developmental milestone checklists for children ages 2 months to 5 years old, so you can use it for years to come!

HOW TO GET IT



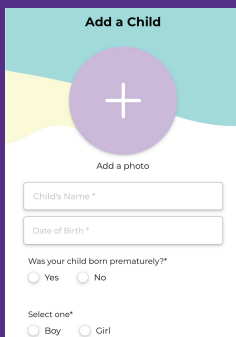
Download it for free from the App Store or Google Play

OR

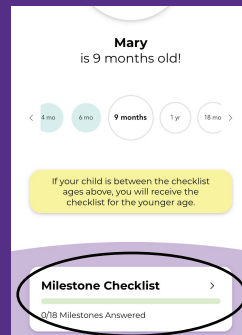


Link to it from the WICShopper App

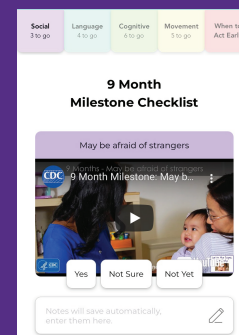
HOW TO USE IT



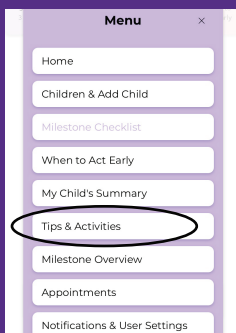
Enter your child's name, date of birth, and gender



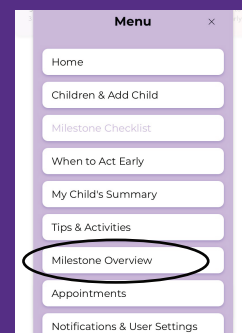
Select Milestone Checklist



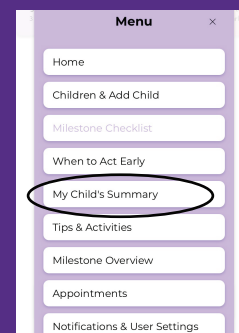
Answer the questions about your child's development using the pictures and videos as guides



Tips & Activities
Find tips to help your baby grow and reach milestones



Milestone Overview
See all of the milestones for your child's current and future age



My Child's Summary
Share milestones with your doctor and WIC

Questions? Contact your local WIC office or email Massachusetts WIC at wicinfo.dph@mass.gov

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