Everyone knows that discussing tough topics with your teen and young adult children can be hard.



Researchers at BIDMC are studying whether training in communication strategies can help parents to address mental health and behavioral concerns with their children in a way that encourages healthy changes. Potential benefits include better communication with your child.

This study is for parents of 14-24 year olds with mental health or behavioral challenges. Participants can earn up to \$75 plus travel expenses for completing assessments to evaluate the impact of this course.

Text/Call **Simone** at **(617) 982–3441** or email **mistudy@bidmc.harvard.edu** to see if you are eligible.

Trainings will place from 10am to 1:30pm on Fridays May 1st, 8th, 15th, and 22nd at 75 Fenwood Road in Boston.





