Medication Assisted Treatment in Long Term Care Technical Support

**Draft Core Competencies**

## November 21, 2019

***Prepared for:***

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**\*\*\*The tenets within the Core Competencies shall apply to all residents – including those with different cultural, racial, ethnic backgrounds and those with disabilities. \*\*\***

# *Understanding OUD:* LTCF clinicians must develop and maintain knowledge, skills, and attitudes about opioid use disorder (OUD) to effectively care for individuals with this chronic, re-occurring medical condition:

* + Culturally responsive clinical skills when caring for residents with OUD from diverse backgrounds1
	+ Distinction between use, dependence and use disorder2,3,4
	+ Recognize and manage intoxication, withdrawal or overdose5,6,7,8
	+ Trauma informed care9
		- Universal suicide/self-harm risk screening10
	+ Stigma - dispelling misconceptions11,12,13
	+ Ethical and legal guidelines when caring for residents with OUD14,15,16
		- Current 42CFR overview17
1. ***Safety Considerations for LTCF Residents with OUD:18* Although the LTCF population may primarily include an older and more medically frail population than individuals who reside in the community, it may also include younger adults**

1 <https://store.samhsa.gov/system/files/sma14-4849.pdf>

2 <https://www.drugabuse.gov/sites/default/files/files/OpioidRiskTool.pdf>

3 <https://www.hopkinsmedicine.org/opioids/signs-of-opioid-abuse.html>

4 <https://www.nejm.org/doi/10.1056/NEJMra1604339>

5 <https://www.ncbi.nlm.nih.gov/books/NBK64114/>

6 <https://www.asahq.org/whensecondscount/pain-management/opioid-treatment/opioid-abuse/>

7 <https://www.integration.samhsa.gov/Opioid_Toolkit_Prescribers.pdf>

8 <https://emergencymedicinecases.com/opioid-misuse-overdose-withdrawal/>

9 [http://socialwork.buffalo.edu/social-research/institutes-centers/institute-on-trauma-and-trauma-informed-](http://socialwork.buffalo.edu/social-research/institutes-centers/institute-on-trauma-and-trauma-informed-care/what-is-trauma-informed-care.html) [care/what-is-trauma-informed-care.html](http://socialwork.buffalo.edu/social-research/institutes-centers/institute-on-trauma-and-trauma-informed-care/what-is-trauma-informed-care.html)

10 <http://cssrs.columbia.edu/>

11 [https://www.acponline.org/system/files/documents/about\_acp/chapters/ma/ge-rize-shatterproof-white-](https://www.acponline.org/system/files/documents/about_acp/chapters/ma/ge-rize-shatterproof-white-paper_final.pdf) [paper\_final.pdf](https://www.acponline.org/system/files/documents/about_acp/chapters/ma/ge-rize-shatterproof-white-paper_final.pdf)

12 Olsen, Y., Sharfstein, J.M., 2014. Confronting the Stigma of Opioid Use Disorder—and Its Treatment. JAMA 311, 1393. <https://doi.org/10.1001/jama.2014.2147>

13 [https://cf8b2643ab1d3c05e8f6-](https://cf8b2643ab1d3c05e8f6-d3dc0d8f838e182b6b722cea42bb6a35.ssl.cf2.rackcdn.com/aaap_eb20f80a7ec0c1713978ba2b069091f7.pdf) [d3dc0d8f838e182b6b722cea42bb6a35.ssl.cf2.rackcdn.com/aaap\_eb20f80a7ec0c1713978ba2b069091f7.pdf](https://cf8b2643ab1d3c05e8f6-d3dc0d8f838e182b6b722cea42bb6a35.ssl.cf2.rackcdn.com/aaap_eb20f80a7ec0c1713978ba2b069091f7.pdf)

14 <https://www.ama-assn.org/delivering-care/opioids/10-ways-new-opioids-law-could-help-address-epidemic>

15 <https://www.ama-assn.org/delivering-care/ethics/untangling-medical-ethics-prescribing-opioids>

16 <https://www.bmcobat.org/resources/?category=1>

17 <https://www.samhsa.gov/about-us/who-we-are/laws-regulations/confidentiality-regulations-faqs>

18 [https://cf8b2643ab1d3c05e8f6-](https://cf8b2643ab1d3c05e8f6-d3dc0d8f838e182b6b722cea42bb6a35.ssl.cf2.rackcdn.com/aaap_986d7d138b9fc49bcf0f61d6ba0392c9.pdf) [d3dc0d8f838e182b6b722cea42bb6a35.ssl.cf2.rackcdn.com/aaap\_986d7d138b9fc49bcf0f61d6ba0392c9.pdf](https://cf8b2643ab1d3c05e8f6-d3dc0d8f838e182b6b722cea42bb6a35.ssl.cf2.rackcdn.com/aaap_986d7d138b9fc49bcf0f61d6ba0392c9.pdf)

# who are admitted for short-term rehabilitation or are medically compromised and need the level of care provided in a LTCF. The following safety considerations when managing medication for OUD (MOUD) apply to all types of residents in the LTCF:

* Medical co-morbidities
* Mental Health/Psychiatric co-morbidities
* Managing acute and chronic pain and OUD19
* Appropriate dosing
* Polypharmacy and drug interactions
* Activities
1. ***LTCF Residential Milieu (a resident’s social environment):20,21* The best practices and guidance of LTCF with residents who have OUD. LTCFs have best practices and guidance which apply to all residents, including those with OUD:**
	* Resident-centered care22
	* Setting boundaries for residents, staff, and visitors
	* Assessing and treating high-risk residents with OUD23
	* Culturally and linguistically appropriate resources and strategies to optimize resident and staff safety24
2. ***Caring for Residents treated with MOUD in LTCF:25,26* Residents with OUD can receive MOUD treatment while residing in LTCFs even though these facilities are not designated as OTP or OBOT programs:**
	* Pain management: residents with OUD require consistent and regular assessment of pain and functional levels27
	* Goals of MOUD 28

19 <http://pcssnow.org/wp-content/uploads/2015/12/Alford-Acute-Chronic-Pain-MAT-FINAL2-12-22-15.pdf>

20 <https://academic.oup.com/gerontologist/article/41/5/612/596559>

21

[https://books.google.com/books?id=KcnsAwAAQBAJ&pg=PA35&lpg=PA35&dq=maintaining+a+pleasant+n](https://books.google.com/books?id=KcnsAwAAQBAJ&pg=PA35&lpg=PA35&dq=maintaining%2Ba%2Bpleasant%2Bnursing%2Bhome%2Bmilieu%3F&source=bl&ots=53iHWyl-ZQ&sig=ACfU3U2hgtZqa_NQ4KTcTzNgdVoX0PKcWA&hl=en&sa=X&ved=2ahUKEwi23fGp5I_kAhVumuAKHVTyC3M4ChDoATABegQIBxAB%23v%3Donepage&q=maintaining%20a%20pleasant%20nursing%20home%20milieu%3F&f=false) [ursing+home+milieu?&source=bl&ots=53iHWyl-](https://books.google.com/books?id=KcnsAwAAQBAJ&pg=PA35&lpg=PA35&dq=maintaining%2Ba%2Bpleasant%2Bnursing%2Bhome%2Bmilieu%3F&source=bl&ots=53iHWyl-ZQ&sig=ACfU3U2hgtZqa_NQ4KTcTzNgdVoX0PKcWA&hl=en&sa=X&ved=2ahUKEwi23fGp5I_kAhVumuAKHVTyC3M4ChDoATABegQIBxAB%23v%3Donepage&q=maintaining%20a%20pleasant%20nursing%20home%20milieu%3F&f=false) [ZQ&sig=ACfU3U2hgtZqa\_NQ4KTcTzNgdVoX0PKcWA&hl=en&sa=X&ved=2ahUKEwi23fGp5I\_kAhVum](https://books.google.com/books?id=KcnsAwAAQBAJ&pg=PA35&lpg=PA35&dq=maintaining%2Ba%2Bpleasant%2Bnursing%2Bhome%2Bmilieu%3F&source=bl&ots=53iHWyl-ZQ&sig=ACfU3U2hgtZqa_NQ4KTcTzNgdVoX0PKcWA&hl=en&sa=X&ved=2ahUKEwi23fGp5I_kAhVumuAKHVTyC3M4ChDoATABegQIBxAB%23v%3Donepage&q=maintaining%20a%20pleasant%20nursing%20home%20milieu%3F&f=false) [uAKHVTyC3M4ChDoATABegQIBxAB#v=onepage&q=maintaining%20a%20pleasant%20nursing%20home](https://books.google.com/books?id=KcnsAwAAQBAJ&pg=PA35&lpg=PA35&dq=maintaining%2Ba%2Bpleasant%2Bnursing%2Bhome%2Bmilieu%3F&source=bl&ots=53iHWyl-ZQ&sig=ACfU3U2hgtZqa_NQ4KTcTzNgdVoX0PKcWA&hl=en&sa=X&ved=2ahUKEwi23fGp5I_kAhVumuAKHVTyC3M4ChDoATABegQIBxAB%23v%3Donepage&q=maintaining%20a%20pleasant%20nursing%20home%20milieu%3F&f=false)

[%20milieu%3F&f=false](https://books.google.com/books?id=KcnsAwAAQBAJ&pg=PA35&lpg=PA35&dq=maintaining%2Ba%2Bpleasant%2Bnursing%2Bhome%2Bmilieu%3F&source=bl&ots=53iHWyl-ZQ&sig=ACfU3U2hgtZqa_NQ4KTcTzNgdVoX0PKcWA&hl=en&sa=X&ved=2ahUKEwi23fGp5I_kAhVumuAKHVTyC3M4ChDoATABegQIBxAB%23v%3Donepage&q=maintaining%20a%20pleasant%20nursing%20home%20milieu%3F&f=false)

22 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3056855/>

23 <https://www.oregonpainguidance.org/guideline/tapering/>

24 <https://www.mass.gov/lists/making-clas-happen-six-areas-for-action>

25 [https://www.mass.gov/circular-letter/circular-letter-dhcq-16-11-662-admission-of-residents-on-medication-](https://www.mass.gov/circular-letter/circular-letter-dhcq-16-11-662-admission-of-residents-on-medication-assisted) [assisted](https://www.mass.gov/circular-letter/circular-letter-dhcq-16-11-662-admission-of-residents-on-medication-assisted)

26 <https://www.americannursetoday.com/np-medication-treatment-opioid-disorder/>

27 <https://doi.org/10.3928/00989134-20190813-02>

28 <https://www.ncbi.nlm.nih.gov/books/NBK535274/>

* + Treatment modalities including methadone, buprenorphine, naltrexone, counseling/recovery support/peer support-coaching
	+ Effective assessments and care plans based on the unique needs of each resident29
	+ Meaningful communication with treatment programs30
	+ Protocols for medication changes and needs
	+ Arranging transportation
	+ Discharge planning including continuity of care and resources
	+ Competency administering naloxone (Narcan) to reverse opioid overdose to include overdose/harm reduction strategies
	+ Storing, dispensing, and transporting MOUD
	+ Record-keeping
	+ Reporting requirements for overdose events
	+ Activities in LTCF

Engaging residents’ family members and friends (with residents’ consent) by sharing their treatment goals and agreements

1. ***Caring for the caregivers:*31,32,33,34**
	* Setting personal and professional boundaries
	* Recovering from traumatic events (e.g., overdose event or unexpected resident death)
	* Debriefing after a crisis
	* Recognizing and preventing burn out
	* Community resources (e.g., Nar-Anon, Al-Anon, Al-Ateen, family counseling)

29 <https://www.mass.gov/lists/making-clas-happen-six-areas-for-action>

30 <https://www.mass.gov/lists/making-clas-happen-six-areas-for-action>

31 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6446475/>

32 <https://fuquacenter.org/wp-content/uploads/2017/12/IssueBrief12-Caregivers.pdf>

33 [https://www.caringfortheages.com/article/S1526-4114(19)30003-4/fulltext?rss=yes](https://www.caringfortheages.com/article/S1526-4114%2819%2930003-4/fulltext?rss=yes)

34 <https://journals.sagepub.com/doi/abs/10.1177/0733464814542465>