Mpox

Learn the facts: Anyone can get mpox (formerly called Monkeypox).

It spreads mostly through close skin-to-skin and sexual contact. You can prevent mpox.

Get checked

Talk to your healthcare provider or local health center about new or unexplained rashes or lesions on your body, including your hands, feet, face, genitals, and anus.

Get tested

Testing is available from your healthcare provider or local health center.

Get treated

If you have mpox, ask about treatment.

Get vaccinated

Find out if vaccination may be right for you. Limited vaccine supply is prioritized for those currently most at risk, and the communities where the virus is spreading.

Mpox is most commonly spread by close physical contact such as:

* Bare skin-to-skin contact with a rash, scabs, or body fluids
* Sexual contact
* Other skin-to-skin contact like kissing, massage, or cuddling

Mpox can also sometimes be spread through:

* Exposure to respiratory droplets through prolonged face-to-face contact without a mask
* Sharing towels, bed linens, clothing or other personal items
* Sharing drinks, utensils, cigarettes, vapes, pipes

Mpox is unlikely to be spread by the following activities or settings:

* Crowds where people are clothed and without a lot of skin-to-skin contact
* Briefly shaking hands
* Shopping at malls or grocery stores

Find vaccine locations near you at:

mass.gov/MpoxVaccine