/ Hand.indd For: Revimmartin Greated: 10/31/Ub, 10:41 AM By: Adobe HDEsign C52 (4.0.4) 10.0 dpi (Fuji FD-T6000 POS, Right-Reading, Color-Seps, Std-OVP Simulated Spot Colors) (TRAP ABO:100 Scaling Percent: HT 100 WD 100 \rsi\lut\ C:200015 M:200075 Y:20000 K:200045] blee : 0.125 margin size: 0.375 In the Black Version: 3015.102 HQN Version 6.3 Revision 0 RSI System 10.1 Build: #47, Ripped on Tuesday, October 31, 2006 10:46:14 AM

Don't let infection

get under your skin.

CUTS AND SCRAPES ARE PART OF THE GAME. TAKE CARE OF THEM PROPERLY.

To avoid skin infections:

- Wash your hands frequently.
- Shower after playing sports; use a clean towel.
- Keep cuts and scrapes clean and covered with a bandage.

Tell your coach or athletic trainer if you think you have a skin infection.



Massachusetts Department of Public Health

www.mass.gov/dph October 2006