



July 2025 MSRB

Retiree eNews Bulletin



NOTICE OF 2025-26 RETIREMENT BOARD ELECTION

Pursuant to Massachusetts General Laws c.10, §18 and c.32, and plan rules, the State Retirement Board ("Board") will conduct a regularly scheduled election for one of the two elected positions to its five-member Board. The elected member will serve for a three-year term without compensation beginning January 2026.

[Nomination forms](#) and Election Rules will be available beginning July 22, 2025 through the Board's website at www.mass.gov/retirement. **Completed original nomination forms must be received by mail at the Board's Boston office, located at One Winter Street, 8th Floor, Boston, MA 02108, by 5:00 p.m. Friday, September 12, 2025. PLEASE NOTE: The Board's offices are closed to the public.** The Board's drop-off hours are Monday through Friday from 10:00 a.m. - 3:00 p.m., except on state holidays.

Notice to nominees who qualify as candidates will be issued on or about September 16, 2025.

After the qualification of candidates, official ballots will be issued on or about October 15, 2025, by standard mail. Votes must be received, or ballots must be postmarked before midnight on November 14, 2025, to the Board's designated agent.

COLA FY'26 Approved

We are pleased to inform you that if you retired before July 1, 2024 and are otherwise eligible, this month's payment includes a Cost-of-Living Adjustment (COLA), effective July 1, 2025. The COLA is 3% of the first \$13,000 of your annual benefit paid in monthly installments.

If you have questions about the COLA amount or base, please contact your [local state legislator](#) or the [Governor's Office](#).

July Pension Payment

The next pension benefit will be direct deposited on Thursday, July 31, 2025, the last business day of this month.

The **MSRB 2025 Pension Payment Calendar** is available on our website and can be downloaded; [click here](#).

A Friendly Reminder About PayInfo

You can opt out of mailed paper pension payment statements! Your full statements are accessible [online via PayInfo](#). For details, see the article below titled "Go Green!"

You may request a complete set of the Board's Election Rules from the Board's offices or obtain them through the Board's website. If you have any questions, please email the Election Officer, Paula Daddona, Director of Member Experience, Communications, & Operations at pdaddona@tre.state.ma.us, or email MSRBCommunications@tre.state.ma.us.

The *MSRB Retiree eNews Bulletin* Celebrates Its Eleventh Anniversary!

July marks the eleventh anniversary of the launch of the ***MSRB Retiree eNews Bulletin***. Over the past eleven years, staff has worked diligently to provide important and relevant information to our retired members.

Our July 2014 inaugural issue was emailed to 22,645 retirees, survivors, and beneficiaries. Since then, we are pleased to report that the number of current subscribers has grown to 57,172 (79%) of our benefit recipients!

Altus Dental is the New Dental Plan

You may have recently received an insurance card in the mail from a company called Altus Dental. Per the Group Insurance Commission's (GIC) website, Altus Dental is the new dental plan carrier and Altus Vision, in partnership with VSP Vision Care, is the new vision plan provider. For more information, please call the GIC at (617) 727-2310 or [visit the GIC website](#).

Go Green!

There is no better time than the summer to practice going green. Reduce paper usage by opting out of your mailed paper pension statements, which are easily accessible online at PayInfo! PayInfo makes it fast and easy to view your statements and access them whenever you want! The production of paper has a huge impact on our environment, so it's important that we find ways to minimize it as much as we can.

[Access your PayInfo statements here.](#)

Once logged in, click the "Go Paperless Now!" button to opt out of mail-in statements and join us in going green!

If you need assistance, [click here for instructions](#).

Governor Healey Signs Executive Order and Releases Updated State Plan for Supporting Older Adults in Massachusetts

Recently, Governor Maura Healey signed an Executive Order and released a state plan to provide more support for older adults in Massachusetts. This was done after gathering feedback from individuals across the state on ways that Massachusetts agencies can improve their communication and work with older adults.

For more information, [click here](#). To read the Executive Order, [click here](#).

Staying Cool On Hot Days

With record-hot temperatures throughout

Governor Healey Renames Executive Office of Elder Affairs to “Executive Office of Aging & Independence”

A press release on January 9, 2025, announced that Governor Maura Healey signed legislation to officially rename the Executive Office of Elder Affairs to the “Executive Office of Aging & Independence.” Part of the renaming was done to emphasize the value of independence for older adults and to distance away from the negative stigma associated with aging.

Governor Healey explained the reason for the change, saying she wants “residents to feel reflected in our agencies and to know where to turn when they need support.”

For more information, you can read the press release [here](#). To visit the Executive Office of Aging & Independence, [click here](#).

How to Prepare for a Natural Disaster

While the summer is often a time for sunny weather, it can also mean unexpected storms or floods. Disasters can often occur unexpectedly, and it’s good to be prepared. The AARP has created a webpage that collects different articles on preparing for a natural disaster. From wildfire prep to putting together an emergency “to-go bag,” there are many ways to ensure you are ready for the unexpected. [Click here to learn more](#).

Past issues of our newsletter publications can be found on our [website](#).

Quick links: Visit our website: mass.gov/retirement

the country, knowing how to keep cool is essential. The Centers for Disease Control (CDC) estimates that around 1,220 people die every year in the United States from severe heat. [This article](#) from the CDC looks at some tips on keeping yourself cool during these periods of high humidity and extreme heat.

Be sure to drink plenty of water, stay in air-conditioned buildings when possible, limit your stove and oven use, and check in on your friends and neighbors.

Is there something you would like us to communicate in an upcoming **Retiree eNews Bulletin**? If so, let us know!

Email your request or comments to MSRBCommunications@tre.state.ma.us.

We look forward to hearing from you!

Have you, or are you, planning to move? If so, be sure to notify the Board of your address change! Retirees who already have summer and winter addresses on file with the Board can call us to request the address update. Otherwise, you must notify the Board in writing by completing and submitting a **Benefit Recipient Change of Address Form**. [You can download it here!](#)

Contact us:

Boston Office:

Downtown Crossing
One Winter Street, 8th Floor
Boston, MA 02108

Springfield Office:

436 Dwight Street, #109A
Springfield, MA 01103

Tel: 617-367-7770

Like us on Facebook:

facebook.com/mass.state.retirement

Follow us on X @MassStateRet:

x.com/massstateret

**Note: MSRB phones are answered
Monday - Friday, 8:00 a.m. - 5:00 p.m.,
except on state holidays.**

**Drop-off hours at both offices are
Monday-Friday, 10:00 a.m. - 3:00 p.m.,
except on state holidays.**

