



# Mount Greylock State Reservation

Department of Conservation and Recreation

## APRIL 2026 PROGRAMS

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Join us for winter programs, January through March. All programs are free and open to the public. Children must be accompanied by an adult. All programs meet at the Mount Greylock Visitor Center unless otherwise noted. Inclement weather may cancel outdoor activities. Program registration recommended. For more information and weather updates, call the Visitor Center: (413) 499-4262.

 ADA/Reasonable Accommodation, phone 617-645-0358, or email [Moncesha.dasgupta2@mass.gov](mailto:Moncesha.dasgupta2@mass.gov).

# Coming Events

**Daily,  
9:00 am–  
4:00 pm.**

### **Visitor Center Open.**

Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.

**Ongoing,  
Daily.**

### **Sensing Spring Trip-Tip, Self-Guided Adventure.**

For all ages. This self-guided exploration in and around Mt. Greylock State Reservation also includes three northern Berkshires DCR properties. Start your adventure by visit the website to download the guide at: [mass.gov/doc/sensing-spring-mt-greylock-trip-tip/download](https://mass.gov/doc/sensing-spring-mt-greylock-trip-tip/download). DCR properties are open dawn to dusk.

**Sunday,  
April 5.  
11:00 am–  
3:00 pm.**

### **Eggs-ellent Nature Scavenger Hunt.**

For all ages and families with children. Join us for an adventurous “seek and find” outdoor quest that appeals to all ages and abilities. Follow the meadow path of eggs in search of the natural hidden treasure. A fun way to explore springtime features at Mount Greylock! **Meet at Mt. Greylock Visitor Center.**

**Friday,  
April 10.  
1:00–3:00 pm.**

### **Discover Greylock Explorers Club.**

Fun, hands-on indoor/outdoor nature-based activities designed for homeschoolers, but open to all families with ages 8 and older. Call (413) 499-4262 for location. **Meet at Greylock Glen Outdoor Center, 165 Gould Rd., Adams, MA.**

**Saturday,  
April 11,  
1:00–2:30 pm.**

### **Greylock Photography Group Meet-Up.**

All ages. For everyone who loves nature and a chance to photograph the beauty of our majestic mountain. No experience necessary. All interest and skill levels welcome. Explore the west side of Greylock. **Meet at Roaring Brook Road trailhead in Williamstown, MA.** For more info and location call (413) 499-4262.

**Programs continue on next page.**



# APRIL 2026 PROGRAMS

## MOUNTAIN MINDFULNESS PROGRAM SERIES.

**Ongoing.**  
**Program Dates Vary.**  
Explore healthy, mind-body techniques. Sessions guided by certified teachers. Beginners welcome! Start times and locations vary. No experience necessary. Dress for the weather. Trails may be muddy. Inclement weather cancels. **Space is limited, pre-register at (413) 499-4262.** See below for program dates and details.

**Note: All April Mountain Mindfulness Programs meet at Greylock Glen Outdoor Center, 165 Gould Rd., Adams, MA.**

**Saturday, April 4.**  
**1:00–3:00 pm.**  
**Spring Walk with Suzy.**  
For all ages. Look for signs of spring on a mindful, slow woodland saunter. Experience forest bathing, meditation, and mindful breathing. Up to a mile distance. Co-sponsored by Terra Trek NY.

**Wednesday, April 8.**  
**10:00–11:30 am.**  
**Forest Bathing Walk.**  
Ages 8 and up. Canyon ranch guide leads a slow, intentional woodland walk, to de-stress, rec-connect with nature. Up to a mile. Co-sponsored by Canyon Ranch.

**Thursday, April 16.**  
**1:00–3:00 pm.**  
**Spring Walk with Suzy.**  
For all ages. Look for signs of spring on a mindful, slow woodland saunter. Experience forest bathing, meditation, and mindful breathing. Up to a mile distance. Co-sponsored by Terra Trek NY.

**Sunday, April 26.**  
**1:00–3:00 pm.**  
**Spring Walk with Vicky.**  
For all ages. Look for signs of spring on a mindful, slow woodland saunter. Experience forest bathing, meditation, and mindful breathing, and group reflection. Up to a mile distance. Co-sponsored by Gaia Wellness.

**Thursday, April 30.**  
**10:00–11:30 am.**  
**Qi Gong/Tai Chi.**  
Ages 12 and older. Experience the ancient Chinese meditative martial arts of Qi Gong/Tai Chi with guide Jeanne. Enhance overall optimal health and longevity. All experience levels welcome. Wear comfortable winter clothing. Program held indoors, or outdoors in fair weather. Co-sponsored by Canyon Ranch Wellness Resort, Lenox.

**Programs continue on next page.**

Coming Events



# APRIL 2026 PROGRAMS

## APRIL SCHOOL VACATION WEEK & EARTH DAY PROGRAMS.

**Friday,  
April 17 —  
Sunday,  
April 26.**

Family-friendly programs. Join us for guided experiences, or, create your own park adventure! Offerings include guided and self-guided hikes, scavenger hunts, mindfulness forest walks, Qi gong, Earth Day activities, Geocaching, Arbor Day forest walk, and our Visitor Center Open House! Read on for more details. See **Mountain Mindfulness Program Series** and **Scavenger Hunt** section on page one, for program dates and details. **Note that meeting locations vary.**

**Friday,  
April 17.  
1:00–3:00 pm.**

### **Discover Greylock Hike.**

For ages 8 and older. Explore seasonal changes in the forest and look for signs of wildlife and unique features. 2- to 3-miles along an easy to moderate trail. Dress appropriately for the weather. Bring water and a snack. **Meet at Greylock Glen Outdoor Center, 165 Gould Rd., Adams, MA.** Inclement weather cancels.

**Saturday,  
April 18.  
7:00–8:30 pm.**

### **Under The Night Sky, with Kevin Collins.**

For ages 8 and older. Explore the wonders of the New England sky with amateur astronomer, Kevin Collins, and his planetarium projector! During this engaging indoor program learn about star hopping, marvel at various celestial objects, and delve into fascinating topics such as astronomy, physics, and a touch of mythology. **Meet at Mt. Greylock Visitor Center, 30 Rockwell Rd., Lanesborough, MA.**

**Sunday,  
April 19.  
1:00–3:00 pm.**

### **Discover Greylock Family-Friendly Earth Walk.**

For all ages. Enjoy a guided, easy-moderate, 1- to 2-mile, family-friendly field and forest walk! Look for signs of wildlife, explore seasonal changes in the forest. Dress for variable weather. Trails may be muddy. Bring water and snack. **Meet at the Mt. Greylock Visitor Center, 30 Rockwell Rd., Lanesborough, MA.** Inclement weather cancels.

**School Vacation & Earth Week Programs  
continued on next page.**

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# Coming Events

**Tuesday,  
April 21.  
1:00–2:30 pm.**

### **Geocaching 101.**

For all ages. Looking for a fun way to engage your tech-savvy kids with the natural world? This outdoor activity combines hiking with a tech-aided treasure hunt.

Beginners welcome! **No experience necessary.** To participate fully download the free app at the website:

[geocaching.com/play](https://www.geocaching.com/play). Dress appropriately for variable weather. Trails may be muddy. Bring water and a snack.

**Meet at the Greylock Glen Outdoor Center, 165 Gould Rd., Adams, MA.**

**Wednesday,  
April 22.  
1:00–3:00 pm.**

### **Earth Day Open House.**

For all ages. Join us for activities that inspire taking care of where we live, and honor the Earth, our shared home! Explore how you can Reduce, Reuse, and Recycle with an Earth Day craft! All materials provided, while supplies last. **This event is held at the Greylock Glen Outdoor Center, 165 Gould Rd., in Adams, MA.**

**Friday,  
April 24.  
11:00 am–  
1:00 pm.**

### **Arbor Day – A Forester’s Walk.**

For ages 8 and up. Celebrate National Arbor Day. Join DCR state lands Forester, Kevin Podkowka, as he shares insights into our partnership with trees. Challenge yourself to look beyond the trees and see the forest in a way that you never have before. Suitable for families able to walk an easy-moderate 1- to 3-miles. Space is limited.

**Registration required.** Dress in layers for variable weather. Bring water and a snack. Inclement weather cancels. **Meet at Mt. Greylock Visitor Center, 30 Rockwell Rd., Lanesborough, MA.**

**Attention Spring Hikers:** Be prepared for variable weather, dress in layers, wear sturdy boots. Hiking poles advisable. Spring trails may be muddy, icy or even snow-covered. Bring drinking water and a snack.

