



## **Mount Greylock State Reservation**

Department of Conservation and Recreation

## **APRIL 2024 PROGRAMS**

All programs are free and open to the public. Children must be accompanied by an adult. **All programs meet at the Mount Greylock Visitor Center unless otherwise noted.** For more information call the Visitor Center (413) 499-4262.



ADA/Reasonable Accommodation:

Cell: (617) 645-0358, Email: Moneesha.dasgupta2@mass.gov

#### **OPEN DAILY**

#### VISITOR CENTER, 9:00 a.m.-4:00 p.m.

Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.

### SUNDAYS, ONGOING

### NATURE SCAVENGER HUNT, 10:00 a.m.—3:00 p.m.

For all ages. For families with children. Adventurous quests invite you to search for natural treasures along park trails. Several "seek and find" scavenger hunts for different age and skill levels. Program is self-guided. Scavenger Hunt pages

available at the Visitor Center.

### DAILY, ONGOING

## SENSING SPRING TRIP-TIP, SELF-GUIDED ADVENTURE

For all ages. Spring is in the air! This self-guided exploration in and around Mount Greylock State Reservation, includes three DCR properties in the northern Berkshires. Click here to

Start your adventure!

#### MONDAY, APRIL 8

#### SOLAR ECLIPSE 2024, 2:00-4:00 p.m.

Join us for this incredible <u>astronomic event</u>! Free official eclipse viewing glasses provided, while supplies last. For all ages. Children must be accompanied by an adult. Dress warmly and bring a lawn chair. This is an outdoor event.

### ONGOING, PROGRAM DATES VARY

#### **MOUNTAIN MINDFULNESS PROGRAM SERIES:**

Programs include Mindful Walks, Forest Bathing, Yoga, or Qi Gong and Tai Chi. Designed to help you de-stress and reconnect with and nature. No experience necessary. Dress for the weather. Trails may be muddy. Inclement weather cancels.

Space is limited, pre-register at (413) 499-4262.

#### SATURDAY, APRIL 6

MINDFUL SPRING WALK, 1:00—3:00 p.m.

For ages 12 and up. Co-sponsored by TreePose Explorations.

# WEDNESDAY, APRIL 10

FOREST BATHING WALK, 10:00—11:30 a.m.

For ages 8 and up. Co-sponsored by Canyon Ranch  $\,$ 

#### FRIDAY, APRIL 12

MINDFUL OUTDOOR EXPERIENCE, 1:00—3:00 p.m.

For all ages. Co-sponsored by Terra Trek NY.

# WEDNESDAY, APRIL 24

YOGA & MEDITATION, 10:00—11:15 a.m. For all ages.

Co-sponsored by Jacqui G., Libra Star Wellness.

### THURSDAY, APRIL 25

AY, QI GONG—TAI CHI, 10:00—11:30 a.m. For ages 12 and

older. Join Jeanne S. Co-sponsored by Canyon Ranch Wellness

Resort, Lenox.

#### PROGRAMS CONTINUED ON NEXT PAGE.

Mount Greylock State Reservation 30 Rockwell Road, Lanesborough, MA 01237. Tel. (413) 499-4262





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#### PROGRAMS CONTINUED FROM PREVIOUS PAGE.

#### **APRIL SCHOOL VACATION WEEK PROGRAMS**

SUNDAY, APRIL 13 — SUNDAY, APRIL 21 Family-friendly programs. Join us for guided experiences, or create you own park adventure! Offerings include guided and self-guided hikes, scavenger hunts, Geocaching, Photography group outing, and an opportunity to give back by building a bird box on **Park Serve Day**. Read on for more details!

SATURDAY, APRIL 13 MOUNT GREYLOCK PHOTOGRAPHY GROUP MEET-UP: ROARING BROOK, 1:00—2:30 p.m.

All ages. For everyone who loves nature and a chance to photograph the beauty of our majestic mountain. No experience necessary. All interest and skill levels welcome. Explore the west side of Greylock. **Meet at Roaring Brook Road trailhead in Williamstown**. For more information call the Visitor Center, or visit our **Facebook** page.

WEDNESDAY, APRIL 17 GEOCACHING 101, 1:00—2:30 p.m.

For all ages. Looking for a fun way to engage your tech-savvy kids with the natural world? This outdoor activity combines hiking with a tech-aided treasure hunt. Join Kathy G. and Berkshire Geobash members to learn the basics. Beginners welcome! **No experience necessary**. To participate fully download the free **geocaching.com app** Dress appropriately for variable weather. Trails may be muddy. Bring drinking

water and a snack.

FRIDAY, APRIL 19

APRIL 20

DISCOVER GREYLOCK HIKE, 11:00 a.m.—2:00 p.m. For all ages. Enjoy a guided, easy-moderate, one to 3 mile, family-friendly trail hike! Look for signs of wildlife, explore seasonal changes in the forest. Dress for the variable weather. Trails may be muddy. Bring water and snack. Call ahead for meeting location. Inclement weather cancels.

SATURDAY,

PARK SERVE DAY, 9:00 a.m.—12:00 p.m.

For all ages. Celebrate Park Serve Day and Earth Week by volunteering to help **build bird nesting boxes**! Bring gloves if you have them, a water bottle and a snack. **Space is limited.** Click here to register.

#### **EARTH WEEK PROGRAMS**

MONDAY, APRIL 22 EARTH DAY OPEN HOUSE, 10:00 a.m.—3:00 p.m.

For all ages. Join us for activities that inspire taking care of where we live, and honoring the Earth, our shared home! Explore how you can Reduce, Reuse, and Recycle with an **Earth Day** craft! All materials provided while supplies last.

#### EARTH WEEK PROGRAMS CONTINUED NEXT PAGE.

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## **APRIL 2024 PROGRAMS**

#### EARTH WEEK PROGRAMS CONTINUED.

#### ARBOR DAY TREE IDENTIFICATION HIKE FRIDAY,

APRIL 26 11:00 a.m.—12:30 p.m.

> For ages 8 and up. Celebrate **Arbor Day** by learning how to identify trees emerging from their winter slumber. Join DCR Forester, Kevin Podkowka, for a short, easy, walk for families. Dress for weather. Trails may be muddy. Bring water and snack. Inclement weather cancels.

#### SATURDAY, **DISCOVERY GREYLOCK: MEADOW WALK** APRIL 27 1:00—2:00 p.m.

For ages 8 and older. Siblings welcome. Enjoy a short, easy, guided walk through our Visitor Center south meadows. Explore seasonal changes and identify signs of spring, ephemeral flora, and emerging fauna. Dress for the weather. Trails may be muddy. Bring water and snack. Inclement weather cancels.

#### SUNDAY, MASSACHUSETTS BOATING BASIC COURSE APRIL 14 & 21 10:00 a.m.—3:00 p.m.

Free for ages 12 and older, and great for families who boat together. Free two-day training by Massachusetts Environmental Police, on separate Sundays. Promotes increased awareness of power boating and personal watercraft safety and laws. Satisfy requirements and receive a Safety Certificate. Course ID is 4989. Registration is required online at www.mass.gov/info-details/boating-safety-

course-schedule

**ATTENTION SPRING HIKERS:** Be prepared for variable weather, dress in layers, wear sturdy boots. Hiking poles advisable. Spring trails may be muddy, icy or even snow-covered. Bring drinking water and a snack.

