



AUGUST 2025 PROGRAMS

All programs are **free** and open to the public. Children must be accompanied by an adult. All programs **meet at the Mount Greylock Visitor Center**, unless otherwise noted. For additional information and weather updates, call the Visitor Center at (413) 499-4262.



ADA/Reasonable Accommodations
Contact: Moneesha.dasgupta2@mass.gov , or call (617) 645-0358.

OPEN DAILY	VISITOR CENTER, 9:00 a.m.—4:00 p.m. Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.
SUNDAYS, ONGOING	NATURE SCAVENGER HUNT, 10:00 a.m.—3:00 p.m. All ages. Suitable for children and families. Self-guided adventurous quests invite you to search for natural treasures along park trails. Several “seek and find” scavenger hunts for different age and skill levels. Scavenger Hunts are available at the Visitor Center.
DAILY, ONGOING	SENSING SUMMER TRIP-TIP, Dawn—Dusk All ages. Self-guided activity in and around Mt. Greylock State Reservation. Start your adventure by clicking here - www.mass.gov/doc/sensing-spring-mt-greylock-trip-tip/download
SATURDAYS & SUNDAYS, (EXCEPT AUGUST 10)	SCENIC SUMMIT TOURS, 1:00 p.m. and 2:00 p.m. All ages. Park Interpreter-guided short and easy walk along paths that explore the cultural landscape and unique ecology of the highest point in Massachusetts. Wheelchair accessible. Meet the circular relief map at the Summit. Duration 30 minutes.
ONGOING PROGRAM, DATES VARY	MOUNTAIN MINDFULNESS PROGRAM SERIES: Programs include Mindful Walks, Forest Bathing, Qi Gong, Tai Chi or Yoga. Designed to help you de-stress and re-connect with nature. No experience necessary. Rain may cancel. Space is limited, pre-register at (413) 499-4262.
FRIDAY, AUGUST 8	MINDFUL SUMMIT YOGA HIKE, 11:00 a.m. —1:00 p.m. Ages 12 and older. Meet at Summit. Bring yoga mat. Co-sponsored by Suzy C. of Terra Trek NY www.terratrekny.com & Vicki Z. of Gaia Wellness at www.facebook.com/GaiaWellness
WEDNESDAY, AUGUST 13	NATURE’S INNATE WISDOM, 1:30 p.m.—3:30 p.m. Ages 12 and older. Join us for this mindfulness invitation to slow down, relax, and breathe in healing rhythms of the natural world. Bring a journal, drinking water, sturdy shoes.
THURSDAY, AUGUST 28	GENTLE YOGA & NATURE MEDITATION with Vicki 11:00 a.m. —12:15 p.m. All ages and skill levels. Bring mat. Co-sponsored by Vicki Z. of Gaia Wellness at www.facebook.com/GaiaWellness

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coming events



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WEDNESDAYS, AUGUST 6 AUGUST 20	DISCOVER GREYLOCK WILDFLOWER WALKS, 10:00 a.m.-11:30 a.m. All ages. Explore special areas at Mt. Greylock State Reservation with a Park Interpreter on a relaxed walk.
WEDNESDAYS, AUGUST 6 AUGUST 20 and FRIDAY, AUGUST 15	NICE AND EASY ON THE RAIL TRAIL, times vary. Join a Park Interpreter on these easy paced bike rides geared for new riders, but open to all ages and skill levels. Duration up to 2 hours & 4-to-6 miles. Beginners welcome! August 6, 1:30 p.m.—3:30 p.m. Meet at Ashuwillticook Rail Trail, Church St., Cheshire by Diane’s Twist. August 15, 5:30 p.m.—7:30 p.m. Meet at Ashuwillticook Rail Trail, Farnam’s Causeway, Route 8 in Cheshire. August 20, 1:30 p.m.—3:30 p.m. Meet at Ashuwillticook Rail Trail, Farnam’s Causeway, Route 8 in Cheshire.
WEDNESDAYS, AUGUST 13 AUGUST 27	NICE AND EASY HIKES, 10:00 a.m.—11:00 a.m. Explore easy paced, 2-to-3-mile hikes geared for seniors, but open to all ages. All programs meet first at Mount Greylock Visitor Center. August 13, Stage Trail & August 27, Rounds Rock Trail
THURSDAYS, AUGUST 7 AUGUST 14 AUGUST 21	JUNIOR RANGERS PROGRAM, 10:00 a.m.—12:00 p.m. Ages 8—12. Junior Rangers is a fun way for children to get acquainted with the state parks and learn outdoor recreation skills. Led by DCR Park Interpreters at different state parks. Parents and/or guardians are required to participate. Please note, park locations change each week.
FRIDAYS, AUGUST 8 AUGUST 15 AUGUST 22 AUGUST 29	DISCOVER GREYLOCK HIKES, 11:00 a.m.—2:00 p.m. For ages 8 and up. Summer is a great time for an off-the-beaten path experience in the natural world. Join a Park Interpreter for a fabulous fun time exploring the diversity of flora, fauna and landmark features at Mount Greylock.
SATURDAY, AUGUST 16	A WALK IN THE GLEN, 10:00am - 12:00pm. Suitable for all ages. Explore the Gould Trail Connector along and across Pecks Brook at the foot of Mt. Greylock in the Greylock Glen. We will loop back through gorgeous meadows and birch groves. Meet at the Greylock Glen Outdoor Center on Gould Road in Adams and then continue to the trailhead parking lot at the end of Gould Road.

ATTENTION HIKERS:	Be prepared for variable weather; dress in layers and wear sturdy boots. Hiking poles may be advisable. Trails may be muddy. Bring bug repellent, drinking water, and a snack. Inclement weather cancels outdoor programs. For more information, call the Visitor Center at (413) 499-4262.
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SPECIAL PROGRAMS

FRIDAY, AUGUST 1	OWL PROWL, 7:00 p.m.- 9:00 p.m. All ages. Who hoots for you? Owls have evoked awe and wonder for centuries. Join Park Interpreters for a fun exploration of the mysterious Barred Owl and other species.
SATURDAY, AUGUST 9	MT. GREYLOCK PHOTO GROUP MEET-UP 10:00 a.m.—12:30 p.m. All ages. For everyone who loves nature and opportunities to photograph beautiful landscapes! For more info, visit the www.facebook.com/groups/427752957932877
SUNDAY, AUGUST 10	MOUNT GREYLOCK THROUGH TIME AND SPACE 5:30 p.m.— 6:30 p.m. Ages 12 and older. Join Mike Whalen from the Mass. DCR for an entertaining slide show journey through time as we explore many of the unusual and forgotten events that shaped the identity of Mount Greylock. This presentation offers a unique viewpoint of the oldest wilderness state park in Massachusetts. Meet inside Bascom Lodge.
FRIDAY, AUGUST 15	DISCOVER GREYLOCK SPIRIT OF THE MOUNTAIN HIKE, 11:00am - 2:00pm. Ages 12 and older. Throughout history, mountains have compelled humans to wonder and seek the truth. Join Park Interpreters for an enlightening earthly journey as we explore the deeper nature of Mt. Greylock. The mountain’s diverse ecological landscape and hidden features have long offered an ideal setting for personal transformation. Moderate 2-mile hike along forested trails and scenic overlooks. Meet at the Visitor Center and drive to hike location.
FRIDAY, AUGUST 22	NEW MOON CAMPFIRE GHOST STORIES, 7:30 p.m.—9:30 p.m. All ages. Join Park Interpreters for an evening of spooky ghost stories and riveting folklore as we celebrate the mysteries of Mount Greylock under the shroud of a New Moon. Around a dazzling campfire, hear compelling tales and unbelievable legends of creatures and characters that once inhabited these wild hills. Meet at the Visitor Center.
SATURDAY, AUGUST 23	FAMILY FRIENDLY BIKE RIDE ON THE RAIL TRAIL 5:30 p.m.—7:30 p.m. All ages. Explore the Ashuwillticook Rail Trail with Park Interpreters and discover many amazing natural and cultural features found along this popular recreational trail. Look for signs of wildlife and railroad history as you enjoy a scenic evening bike ride along the Cheshire Reservoir! Bring your bike (traditional or e-bike pedal-assist class 1), wear a helmet, and clothing appropriate for the weather. Meet at Farnam’s Causeway off Route 8 in Cheshire.

coming events