



# Mount Holyoke Range State Park

Massachusetts Department of Conservation and Recreation

## JUNE 2022 PROGRAMS

All programs are **free**, open to the public, and **meet at the Notch Visitor Center**, 1500 West Street, Amherst, unless otherwise noted. Parking is free. All children must be accompanied by an adult. Reasonable accommodations available upon request. For more information call the park at **(413) 253-2883**

**OPEN DAILY** **NOTCH VISITOR CENTER, 9:00 a.m.—4:00 p.m.\***  
The Visitor Center features free exhibits, park information, restrooms and drinking water. Wheelchair accessible. Accessible by PVRTA public transit (Amherst R38). Open late-May through mid-October. \*Times and dates are subject to change.

**DAILY, ONGOING, AT VISITOR CENTER**

### SCAVENGER HUNT

A self-guided handout sends you outside on the Notch Visitor Center grounds to seek natural treasures! This activity is self-guided. For ages 6 and up.

### NATURE ACTIVITIES

A self-guided exploration of nature, a sensory touch table and an activity! For ages 5 and up.

**MONDAYS & SUNDAYS**

### BIRDING, 9:00 a.m.—9:30 a.m.

Join a Park Interpreter for a moderate, 1/2-mile hike in the woods. Discover more about birds, their behaviors, their needs, habitats and significance. Listen, watch, sketch or journal on this interactive program. For ages 12 and up.

**TUESDAYS**

### FIRE AND ICE GEOLOGY, 10:00 a.m.—10:30 a.m.

The Holyoke Range was formed by both fire and ice! Explore this 200-million year old story of dinosaurs, lava and glaciers with a Park Interpreter. Meet inside the Notch Visitor Center. For ages 7 and up.

**WEDNESDAYS**

### TROLLEY TRAIL, 10:00 a.m.—10:30 a.m.

This talk uncovers the story of the trolley that once connected Holyoke to Amherst. It fostered community and connections to recreation areas like The Notch. Meet inside the Notch Visitor Center. For children ages 7 and up.

**THURSDAYS**

### WILD WOODS WALK, 10:00 a.m.—11:00 a.m.

Join a Park Interpreter for an eye-opening walk about the dynamic, colorful and life-supporting plants on the Holyoke Range. This is a moderate, 3/4-mile hike on the Laurel Loop Trail. For ages 12 and up. Storms cancel outdoor programs.

**FRIDAYS**

### ROCKS TO ROOTS HIKE, 10:00 a.m.—11:00 a.m.

6/10

Basalt bedrock is a reliable feature of the Range. It supports an ever changing microclimate where rare plant communities thrive. Guided hike may take us on challenging trails, please be prepared! \*Storms cancel outdoor programs. For ages 14 and up.

6/17

6/24

**SATURDAYS**

### EMPOWERMENT HIKE, 10:00 a.m.—11:00 a.m.

Guided hike follows a challenging but fun trail. Build your navigating skills, connect to nature and learn how to become a better steward. Moderate to advanced, round-trip hike with challenging terrain. For ages 14 and up. Storms cancel outdoor programs.

coming events