



JUNE 2026 PROGRAMS

All programs are free and open to the public. Children under 18 must be accompanied by an adult. All programs meet at the Notch Visitor Center, 1500 West Street, Amherst, MA, unless otherwise noted. To register for programs or get more information, call the Visitor Center (413) 253-2883 or email holyoke.range@mass.gov.



ADA/Reasonable Accommodation:
Call 617-645-0358, or email Moneesha.dasgupta2@mass.gov.

Coming Events

Open Daily
9:00 am–
4:00 pm.

Visitor Center Open Hours.

The Notch Visitor Center at 1500 West Street in Amherst, features trail maps, park orientation and information, exhibits, restrooms, and drinking water. Take a walk or hike in the park. Accessible by PVTa public transit (Amherst R38). Wheelchair accessible. Lobby and restrooms are open daily; Info desk and exhibits may be closed periodically for programming.

Wednesdays,
10:00–
11:00 am.
Starting June 17.

Nature Storytime – Kiddleidoscope.

For ages 0–6+, accompanied by an adult. Enjoy nature themed storybooks paired with age-appropriate activity or craft. Prepare to be outside when the weather allows. All materials are provided. Meet in the Visitor Center.

Friday,
June 19.
9:00–11:30 am.

Mountain Mindfulness Series.

For ages 12 and up. Join Kripalu trained Jim McNerney for a 1 to 2-mile walk exploring present-moment awareness, deep breathing, forest bathing, and conscious movement. Fully awaken your senses and receive the many healing properties of nature. Free. Meet in the Visitor Center. **Registration required. Call 413-253-2883, or email holyoke.range@mass.gov.**

**Tuesdays &
Saturdays,**
1:30–2:30 pm.

Nice and Easy Hike.

Starting June
16.
Except June 27.

Easy-paced, guided hike for seniors, but open to all ages. Join a park interpreter for an eye-opening walk. Discover the hidden themes of natural and cultural history along the trail. Modest slope, 1-2 miles. Dress for the weather, bring water, and snack. Free. Hiking poles and traction footwear recommended. Meet in the Visitor Center.

PROGRAMS CONTINUED, NEXT PAGE.



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Coming Events

Sunday,
June 14 & 28.
9:30 am–
12:00 pm.

Off the Beaten Path Hike.

For ages 12 and up. This guided hike explores summer in the Holyoke Range. A more strenuous 2 to 4-mile hike over uneven terrain. Dress for the weather, bring water, snacks and extra layers. Sturdy hiking shoes are required and hiking poles recommended. Free. Meet in the Visitor Center.

Registration required, call 413-253-2883, or email holyoke.range@mass.gov.

SPECIAL EVENTS

Saturday,
June 27.
10:00 am–
12:00 pm.

Pride Hike!

Celebrate community, connection, and the outdoors on this welcoming Pride in Parks hike. Guided 2-mile, easy-paced hike on a moderate trail. Open to all ages and identities. Leashed dogs welcome. Wear your favorite Pride gear or colors! Dress for the weather and bring water and a snack. Sturdy footwear is recommended. Severe weather cancels. Meet in the Visitor Center.

Prefer not to hike? Stop by the Visitor Center for self-guided activities for a relaxed way to participate.

Sunday,
June 7.
10:00–
11:00 am.

Meet the Artist, Chasing Trails, by Monica Aguilar.

Meet in the Visitor Center for a presentation by Monica Aguilar about her passions for art and the outdoors. View Monica’s work and hear stories from the trail that inspired her. Her pieces reflect the spirit of exploration shaped by her thru-hike of the Continental Divide Trail, time on the New England Trail, and local landscapes. Free and open to all ages. No registration needed.

ONGOING

June 13
Through
July 26.

Community Gallery, Upstream: Views of the Connecticut River Valley.

Enjoy wood engravings by Samuel Swaps, depicting the biodiversity and beauty that rests within the Connecticut River Valley, and often the Mt. Holyoke Range. Explore Samuel’s block print reductions, how they draw inspiration from the valley and what we can learn from its inhabitants.

The Community Gallery is a rotating exhibit featuring art by local artists, each sharing their own perspective, story and relationship with the Mt. Holyoke Range. Interested in showing your work? To learn more or apply, email holyoke.range@mass.gov.