**2018 Multicultural Mental Health**

**Resource Directory**

MA Department of Mental Health

# **Northeast Massachusetts Area**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Acton | Chelmsford | Littleton | Newbury | Tewksbury |
| Amesbury | Concord | Lowell | Newburyport | Topsfield |
| Andover | Danvers | Lynn | North Andover | Tyngsborough |
| Arlington | Dracut | Lynnfield | North Reading | Wakefield |
| Bedford | Dunstable | Malden | Peabody | Waltham |
| Belmont | Essex | Manchester | Reading | Watertown |
| Beverly | Everett | Marblehead | Rockport | Wenham |
| Billerica | Georgetown | Maynard | Rowley | Westford |
| Boxborough | Gloucester | Medford | Salem | West Newbury |
| Boxford | Hamilton | Melrose | Salisbury | Wilmington |
| Bradford | Ipswich | Merrimac | Saugus | Winchester |
| Burlington | Lawrence | Methuen | Stoneham | Woburn |
| Byfield | Lexington | Middleton | Stow |  |
| Carlisle | Lincoln | Nahant | Swampscott |  |

|  |  |  |
| --- | --- | --- |
|  | | |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Alternative House, Inc.  P.O Box 2100  Lowell, MA 01885  978-937-5777  24/7 Hotline:888-291-6228  [**alternative-house.org**](http://www.abelardpsychotherapy.com) | * Community-based support group * Community education * Domestic violence emergency shelter services | * Portuguese * Spanish |
| Arbour Counseling Services  116 Summer Street  Haverhill, MA 01830  978-373-7010  599 Canal Street  Lawrence, MA 01840  978-686-8202  10 Bridge Street  Lowell, MA 01852  978-453-5736  [**arbourhealth.com**](http://www.arbourhealth.com) | * Individual, couple, family, and group mental health counseling * Substance abuse counseling * Case management * Latino partial hospitalization program * Women’s partial hospitalization program * The Triangle Program (LGBTQ focused) | * Spanish * Greek * Khmer * Russian * Ukrainian |
| Arbour Counseling Services Latino Program  115 Mill Street  Belmont, MA 02478  617-855-2000  **[arbourhealth.com/about/Latino-services](http://arbourhealth.com/about/Latino-services/)** | * Short-term treatment for Latino adults with psychiatric or co-occurring psychiatric and addiction disorders * Psychotherapy and psychoeducation group sessions * Individual, group, and family therapy * Medical evaluation and monitoring | * Spanish |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Bosnian Community Center for Resource Development, Inc.  330 Lynnway, Suite 302  Lynn, MA 01901  781-593-0100 Ext. 20  [**bccrd.org**](http://www.abelardpsychotherapy.com) | * English for Speakers of Other Languages (ESOL) * Citizenship assistance * Translation and Interpreting Project * Services for refugees and immigrants who are deaf or hard of hearing * Legal assistance * Information and referrals | * Albanian * Arabic * Bosnian * Croatian * Nepali * Hindi * Serbian * Somali |
| Cambodian Mutual Assistance Association  465 School Street  Lowell, MA 01851  978-454-6200  [**cmaalowell.org**](http://www.cmaalowell.org/wp/) | * English for Speakers of Other Languages (ESOL) * Civics and history classes * Aid with citizenship application process | * Khmer (Cambodian) * Lao * Thai * Vietnamese * Burmese |
| Children’s Friend & Family Services—A Division of Justice Research Institute  112 Market Street  Lynn, MA 01901  781-592-5691  15 Union Street  Lawrence, MA 01840  978-682-7289  [**childrensfriend.net**](http://childrensfriend.net/) | * Children’s mental health services * Youth mentoring * Teen parenting services * Juvenile court services * In-home therapy * Therapeutic mentoring * Outpatient therapy * Family support and training | * Haitian Creole * Cantonese Chinese * Khmer (Cambodian) * Albanian * Spanish (Lawrence only) |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Congolese Development Center  330 Lynnway  781-593-0100 Ext. 11  [**cd-c.org**](http://cd-c.org/favicon.ico) | * Translation services * Legal services * Employment services * Preventative health services * Cultural promotion and advocacy * Cross-cultural interaction program | * French |
| Eliot Community Human Services  730 Eastern Avenue  Malden, MA 02148  781-395-0704  **eliotchs.org** | * Emergency services and crisis stabilization * Individual, group, and family outpatient counseling * Addiction treatment * In-home therapy * Therapeutic mentoring * Early intervention for children * Community outreach * Mental illness case management | * Spanish * Haitian Creole * Mandarin Chinese * Portuguese * Amharic |
| Family Continuity Programs (FCP)  360 Merrimack Street  Lawrence, MA 01843  978-687-1617  9 Centennial Drive, Suite 202  Peabody, MA 01960  978-927-9410  [**familycontinuity.org**](http://familycontinuity.org/) | * Children’s Behavioral Health Initiative (CBHI) * Family/community based services * Outpatient mental health clinics * Integrated care services * Workplace safety training * Specialized community programs | * Spanish * Interpreter services available |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| International Institute of Lowell  15 Warren Street  Lowell, MA 01852  978-459-9031  [**iine.org**](https://iine.org/) | * Refugee resettlement * Health and mental health service navigation * Employment and education services * Targeted services for Asylees and Cuban-Haitian entrants * English for Speakers of Other Languages (ESOL) | * Interpreters services available |
| Jewish Family and Children’s Services  1430 Main Street  Waltham, MA 02451  781-647-5327  [**jfcsboston.org**](https://www.jfcsboston.org/) | * Child and family counseling * In-home services * School-based consultation * Community services | * German * Hebrew * Russian * Spanish * Yiddish |
| Lahey/Northeast Behavioral Health  200 Main Street  Haverhill, MA 01820  978-374-0414  298 Washington Street  Gloucester, MA 01930  978-922-0025  [**nebhealth.org**](http://nebhealth.org/favicon.ico) | * Outpatient clinics, counseling, and medication services * Day treatment for adults * Addiction treatment * Child, youth, and family services * Inpatient mental health * Employee assistance programs * Emergency psychiatric care | * French (Haverhill site only) * Spanish * Haitian Creole * Shona * Japanese |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Lowell Community Health Metta Health Center  135 Jackson Street  Lowell, MA 01852  978-441-1700  [**lchealth.org**](http://www.lchealth.org/) | * Focused on Southeast Asian and other refugee populations in Lowell * Mental health services * Acupuncture * Massage therapy * Social services * Meditation * Health education | * Khmer (Cambodian) * Laotian * Portuguese * Vietnamese * French * Mandarin Chinese * Hindi * Swahili * Interpreter services available |
| Massachusetts Alliance of Portuguese Speakers (MAPS)  11 Mill Street  Lowell, MA 01852  978-970-1250  [**maps-inc.org**](http://www.maps-inc.org/) | * Citizenship assistance * Domestic violence/sexual assault advocacy * Family support services * Intimate partner abuse educational program * Translation and notary services * Elder services * Employment and career assistance * Immigrant integration services | * Portuguese |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| McLean Hospital  115 Mill street  Belmont, MA 02478  800-333-0338  [**mcleanhospital.org**](https://www.mcleanhospital.org/) | * Alcohol/ drug abuse services * Child and adolescent services * Inpatient and outpatient services * Adult psychiatric program * Trauma, borderline personality disorder, and eating disorder services | * French * American Sign Language (ASL) * Interpreter available through telephone or in person |
| Mystic Valley Elder Services  300 Commercial Street, Suite 19  Malden, MA 02148  781-324-7705  [**mves.org**](http://www.mves.org/) | * Coordination of services * Services for LGBTQ seniors * Resource for Chinese-American seniors (citizenship, translations, etc.) * Services for adults with disabilities * Caregiver support services | * French * Fuzhou * German * Polish * Russian * Spanish * Ukrainian * Haitian Creole |
| Northeast Independent Living Program  20 Ballard Road  Lawrence, MA 01843  978-687-4288  [**nilp.org**](https://www.nilp.org/) | * Advocacy * Personal care attendant program * Deaf and hard of hearing independent living services * Vocational rehabilitation learning community * Youth services program | * American Sign Language (ASL) |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Refugee & Immigrant Assistance Center (RIAC)  330 Lynnway  Lynn, MA 01901  781-593-0100 Ext. 13  [**riacboston.org**](http://www.riacboston.org/) | * Youth enrichment * Civics tutoring, citizenship, and Green Card services * Domestic violence advocacy * Community support program * Employment services * Extended case management * Refugee resettlement * Community mental health clinic | * Somali * Farsi * Arabic * Spanish * Swahili |
| Russian Community Association of Massachusetts  330 Lynnway, Suite 302-Rear  Lynn, MA 01901  781-593-0100  [**rcamlynn.org**](https://www.rcamlynn.org/) | * Case management * English for employment classes * Youth programs * Elder services * Preventative health * Citizenship assistance | * Russian * Ukrainian * Moldavian * Turkish * Uzbek * Interpreter services available |
| South Bay Community Services  35 Congress Street, Suite 214  Salem, MA 01970  978-542-1951  22 Old Canal Drive  Lowell, MA 01851  978-674-5400  Other locations in Lawrence and Malden  [**southbaycommunityservices.com**](https://www.southbaycommunityservices.com/) | * Adult behavioral health * Substance abuse counseling * Children’s behavioral health * Day services * Autism services * Early childhood services | * Spanish * Portuguese * Khmer (Cambodian) * Japanese |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Wayside Youth & Family Support Network  73 East Merrimack Street  Lowell, MA 01852  978-460-8712  [**waysideyouth.org**](http://waysideyouth.org/) | * Intensive care coordination * In-home therapy * Therapeutic mentoring * Other family-based services | * Spanish * Portuguese * Khmer (Cambodian) |
| YouForward  15 Union Street  Lawrence, MA 01840  978-989-2047  Drop-in Centers:  Mondays through Wednesdays  1:00-6:00pm  YouForward-Entrance B in the back of the building  15 Union Street  Lawrence, MA 01840  Thursdays 2:00-5:00pm  Haverhill YMCA  81 Winter Street  Haverhill, MA 01830  [**youforward.org**](http://youforward.org/) | YouForward serves young adults ages  16-25 who experience mental health  concerns. Services include:   * Individual and Team-based support services to help young adults in the areas of education, housing, employment, physical and mental health and more. * Gathering & Inspiring Future Talent (GIFT)/Employment courses * LGBTQ&A Group and Activities | * Spanish |