**2018 Multicultural Mental Health**

**Resource Directory**

MA Department of Mental Health

# **Northeast Massachusetts Area**

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| --- | --- | --- | --- | --- |
| Acton | Chelmsford | Littleton | Newbury | Tewksbury |
| Amesbury | Concord | Lowell | Newburyport | Topsfield |
| Andover | Danvers | Lynn | North Andover | Tyngsborough |
| Arlington | Dracut | Lynnfield | North Reading | Wakefield |
| Bedford | Dunstable | Malden | Peabody | Waltham |
| Belmont | Essex | Manchester | Reading | Watertown |
| Beverly | Everett | Marblehead | Rockport | Wenham |
| Billerica | Georgetown | Maynard | Rowley | Westford |
| Boxborough | Gloucester | Medford | Salem | West Newbury |
| Boxford | Hamilton | Melrose | Salisbury | Wilmington |
| Bradford | Ipswich | Merrimac | Saugus | Winchester |
| Burlington | Lawrence | Methuen | Stoneham | Woburn |
| Byfield | Lexington | Middleton | Stow |  |
| Carlisle | Lincoln | Nahant | Swampscott |  |

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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Alternative House, Inc.P.O Box 2100Lowell, MA 01885978-937-577724/7 Hotline:888-291-6228[**alternative-house.org**](http://www.abelardpsychotherapy.com) | * Community-based support group
* Community education
* Domestic violence emergency shelter services
 | * Portuguese
* Spanish
 |
| Arbour Counseling Services116 Summer StreetHaverhill, MA 01830978-373-7010599 Canal StreetLawrence, MA 01840978-686-820210 Bridge StreetLowell, MA 01852978-453-5736[**arbourhealth.com**](http://www.arbourhealth.com) | * Individual, couple, family, and group mental health counseling
* Substance abuse counseling
* Case management
* Latino partial hospitalization program
* Women’s partial hospitalization program
* The Triangle Program (LGBTQ focused)
 | * Spanish
* Greek
* Khmer
* Russian
* Ukrainian

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| Arbour Counseling Services Latino Program115 Mill StreetBelmont, MA 02478617-855-2000**[arbourhealth.com/about/Latino-services](http://arbourhealth.com/about/Latino-services/)** | * Short-term treatment for Latino adults with psychiatric or co-occurring psychiatric and addiction disorders
* Psychotherapy and psychoeducation group sessions
* Individual, group, and family therapy
* Medical evaluation and monitoring
 | * Spanish
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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Bosnian Community Center for Resource Development, Inc.330 Lynnway, Suite 302 Lynn, MA 01901781-593-0100 Ext. 20[**bccrd.org**](http://www.abelardpsychotherapy.com) | * English for Speakers of Other Languages (ESOL)
* Citizenship assistance
* Translation and Interpreting Project
* Services for refugees and immigrants who are deaf or hard of hearing
* Legal assistance
* Information and referrals
 | * Albanian
* Arabic
* Bosnian
* Croatian
* Nepali
* Hindi
* Serbian
* Somali
 |
| Cambodian Mutual Assistance Association465 School StreetLowell, MA 01851978-454-6200[**cmaalowell.org**](http://www.cmaalowell.org/wp/) | * English for Speakers of Other Languages (ESOL)
* Civics and history classes
* Aid with citizenship application process
 | * Khmer (Cambodian)
* Lao
* Thai
* Vietnamese
* Burmese
 |
| Children’s Friend & Family Services—A Division of Justice Research Institute112 Market StreetLynn, MA 01901781-592-569115 Union StreetLawrence, MA 01840978-682-7289[**childrensfriend.net**](http://childrensfriend.net/) | * Children’s mental health services
* Youth mentoring
* Teen parenting services
* Juvenile court services
* In-home therapy
* Therapeutic mentoring
* Outpatient therapy
* Family support and training
 | * Haitian Creole
* Cantonese Chinese
* Khmer (Cambodian)
* Albanian
* Spanish (Lawrence only)
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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Congolese Development Center330 Lynnway781-593-0100 Ext. 11[**cd-c.org**](http://cd-c.org/favicon.ico) | * Translation services
* Legal services
* Employment services
* Preventative health services
* Cultural promotion and advocacy
* Cross-cultural interaction program
 | * French
 |
| Eliot Community Human Services730 Eastern AvenueMalden, MA 02148781-395-0704**eliotchs.org** | * Emergency services and crisis stabilization
* Individual, group, and family outpatient counseling
* Addiction treatment
* In-home therapy
* Therapeutic mentoring
* Early intervention for children
* Community outreach
* Mental illness case management
 | * Spanish
* Haitian Creole
* Mandarin Chinese
* Portuguese
* Amharic
 |
| Family Continuity Programs (FCP)360 Merrimack StreetLawrence, MA 01843978-687-16179 Centennial Drive, Suite 202Peabody, MA 01960978-927-9410[**familycontinuity.org**](http://familycontinuity.org/) | * Children’s Behavioral Health Initiative (CBHI)
* Family/community based services
* Outpatient mental health clinics
* Integrated care services
* Workplace safety training
* Specialized community programs
 | * Spanish
* Interpreter services available
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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| International Institute of Lowell15 Warren StreetLowell, MA 01852978-459-9031[**iine.org**](https://iine.org/) | * Refugee resettlement
* Health and mental health service navigation
* Employment and education services
* Targeted services for Asylees and Cuban-Haitian entrants
* English for Speakers of Other Languages (ESOL)
 | * Interpreters services available
 |
| Jewish Family and Children’s Services1430 Main StreetWaltham, MA 02451781-647-5327[**jfcsboston.org**](https://www.jfcsboston.org/) | * Child and family counseling
* In-home services
* School-based consultation
* Community services
 | * German
* Hebrew
* Russian
* Spanish
* Yiddish
 |
| Lahey/Northeast Behavioral Health200 Main StreetHaverhill, MA 01820978-374-0414298 Washington StreetGloucester, MA 01930978-922-0025[**nebhealth.org**](http://nebhealth.org/favicon.ico) | * Outpatient clinics, counseling, and medication services
* Day treatment for adults
* Addiction treatment
* Child, youth, and family services
* Inpatient mental health
* Employee assistance programs
* Emergency psychiatric care
 | * French (Haverhill site only)
* Spanish
* Haitian Creole
* Shona
* Japanese
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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Lowell Community Health Metta Health Center135 Jackson StreetLowell, MA 01852978-441-1700[**lchealth.org**](http://www.lchealth.org/) | * Focused on Southeast Asian and other refugee populations in Lowell
* Mental health services
* Acupuncture
* Massage therapy
* Social services
* Meditation
* Health education
 | * Khmer (Cambodian)
* Laotian
* Portuguese
* Vietnamese
* French
* Mandarin Chinese
* Hindi
* Swahili
* Interpreter services available
 |
| Massachusetts Alliance of Portuguese Speakers (MAPS)11 Mill StreetLowell, MA 01852978-970-1250[**maps-inc.org**](http://www.maps-inc.org/) | * Citizenship assistance
* Domestic violence/sexual assault advocacy
* Family support services
* Intimate partner abuse educational program
* Translation and notary services
* Elder services
* Employment and career assistance
* Immigrant integration services
 | * Portuguese
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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| McLean Hospital115 Mill streetBelmont, MA 02478800-333-0338[**mcleanhospital.org**](https://www.mcleanhospital.org/) | * Alcohol/ drug abuse services
* Child and adolescent services
* Inpatient and outpatient services
* Adult psychiatric program
* Trauma, borderline personality disorder, and eating disorder services
 | * French
* American Sign Language (ASL)
* Interpreter available through telephone or in person
 |
| Mystic Valley Elder Services300 Commercial Street, Suite 19Malden, MA 02148781-324-7705[**mves.org**](http://www.mves.org/) | * Coordination of services
* Services for LGBTQ seniors
* Resource for Chinese-American seniors (citizenship, translations, etc.)
* Services for adults with disabilities
* Caregiver support services
 | * French
* Fuzhou
* German
* Polish
* Russian
* Spanish
* Ukrainian
* Haitian Creole
 |
| Northeast Independent Living Program20 Ballard RoadLawrence, MA 01843978-687-4288[**nilp.org**](https://www.nilp.org/) | * Advocacy
* Personal care attendant program
* Deaf and hard of hearing independent living services
* Vocational rehabilitation learning community
* Youth services program
 | * American Sign Language (ASL)
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| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Refugee & Immigrant Assistance Center (RIAC)330 LynnwayLynn, MA 01901781-593-0100 Ext. 13[**riacboston.org**](http://www.riacboston.org/) | * Youth enrichment
* Civics tutoring, citizenship, and Green Card services
* Domestic violence advocacy
* Community support program
* Employment services
* Extended case management
* Refugee resettlement
* Community mental health clinic
 | * Somali
* Farsi
* Arabic
* Spanish
* Swahili
 |
| Russian Community Association of Massachusetts330 Lynnway, Suite 302-RearLynn, MA 01901781-593-0100[**rcamlynn.org**](https://www.rcamlynn.org/) | * Case management
* English for employment classes
* Youth programs
* Elder services
* Preventative health
* Citizenship assistance
 | * Russian
* Ukrainian
* Moldavian
* Turkish
* Uzbek
* Interpreter services available
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| South Bay Community Services35 Congress Street, Suite 214Salem, MA 01970978-542-195122 Old Canal DriveLowell, MA 01851978-674-5400Other locations in Lawrence and Malden[**southbaycommunityservices.com**](https://www.southbaycommunityservices.com/) | * Adult behavioral health
* Substance abuse counseling
* Children’s behavioral health
* Day services
* Autism services
* Early childhood services
 | * Spanish
* Portuguese
* Khmer (Cambodian)
* Japanese
 |
| **ORGANIZATION** | SERVICES OFFERED | **LANGUAGES OTHER THAN ENGLISH** |
| Wayside Youth & Family Support Network73 East Merrimack StreetLowell, MA 01852978-460-8712[**waysideyouth.org**](http://waysideyouth.org/) | * Intensive care coordination
* In-home therapy
* Therapeutic mentoring
* Other family-based services
 | * Spanish
* Portuguese
* Khmer (Cambodian)
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| YouForward15 Union StreetLawrence, MA 01840978-989-2047Drop-in Centers:Mondays through Wednesdays 1:00-6:00pmYouForward-Entrance B in the back of the building15 Union StreetLawrence, MA 01840Thursdays 2:00-5:00pmHaverhill YMCA81 Winter StreetHaverhill, MA 01830[**youforward.org**](http://youforward.org/) | YouForward serves young adults ages16-25 who experience mental healthconcerns. Services include:* Individual and Team-based support services to help young adults in the areas of education, housing, employment, physical and mental health and more.
* Gathering & Inspiring Future Talent (GIFT)/Employment courses
* LGBTQ&A Group and Activities
 | * Spanish
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