Massachusetts Commission on ​Falls Prevention​

Wednesday, November 22, 2023​

10-11 a.m.​

Meeting Agenda

Welcome and Introductions

Update on the 2022 Commission Report

Discussion: 2024 Commission Report Proposed Outline and Process

Closing Remarks

Key points from the February 14, 2023 Commission discussion on the 2024 report​

* Falls prevention needs a stronger platform—the repot should reflect connections between falls prevention, other outcomes, interventions, and related activities​
* Interest in making the report a more practical resource that supports elder care providers and other stakeholders (trainees, medical students, caregivers, etc.)​
* Report should be accessible, with different formats that target different audiences​
* Opportunity to highlight success stories from member organizations and beyond around falls prevention​
* Difficult to assess progress on past recommendations, but worth including recommendations as a reference​

Proposed 2024 Report Outline

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| --- | --- | --- |
| **Section​** | **Source​** | **Questions/Issues​** |
| Brief overview of older adult falls as a problem: risk/protective factors, interventions, links to other outcomes ​ | Drafted by DPH staff​ | This should be the place to argue for the importance of a renewed and sustained focus on falls prevention​ |
| Data on the impact of older adult falls​ | Adapted from the MA Falls Profile under development at DPH​ | Are there particular data the Commission would like to highlight?​ |
| Success stories from Commission organizations around falls prevention or adjacent activities​ | 1-on-1 conversations between staff and Commission members; member organization documents​ | ​ |
| Goals/outlook for the next two years​ | 1-on-1 conversations between staff and Commission members; member organization documents​ | Is this worth including?​ |
| Resources for older adults, caregivers, and providers (including trainees) around falls prevention and related issues​ | EOEA, CDC, NCOA, and other existing sources​ | What audiences should this section target?​ |
| Appendix with previous recommendations​ | Previous Commission reports​ | How much context should be included for each recommendation?​ |

Proposed 2024 Timeline

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| --- | --- |
| **Step​** | **Timeline ​** |
| Complete data section and circulate to members​ | November 2023 to January 2024​ |
| Convene 1-on-1 meetings with Commission members​ | December 2023 to February 2024​ |
| Compile falls prevention resources​ | December 2023 to February 2024​ |
| Circulate initial draft to members​ | March 2024​ |
| Convene Commission to discuss report status​ | April 2024​ |
| Revise report based on Commission deliberations and redistribute to members​ | May 2024​ |
| Convene Commission to vote on report​ | June 2024​ |
| Submit report for EHS review ​ | June 2024​ |
| Disseminate approved report​ | September 2024​ |

Thank You!

For more information about the MA Falls Commission for Falls Prevention please visit <https://www.mass.gov/massachusetts-commission-on-falls-prevention>

Kelley Cunningham​

Kelley.Cunningham@mass.gov​

Alexandria Papadimoulis​

Alexandria.Papadimoulis@mass.gov​

Max Rasbold-Gabbard​

Max.Rasbold-Gabbard@mass.go