

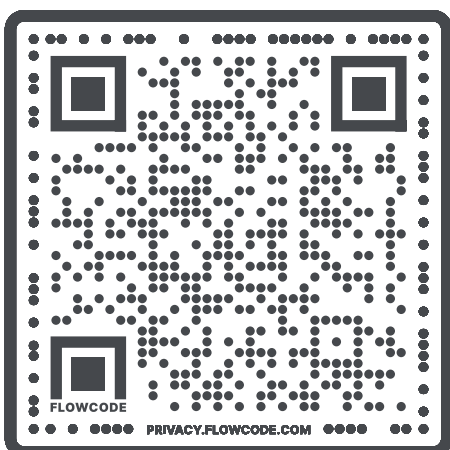


OBHPP

Office of Behavioral Health
Promotion & Prevention



What's on your child's mind?



Trust your instincts. If something feels off, like changes in mood, energy, sleep, or connection - starting a conversation can help. Learn about your child's well-being, screening options, and connections to care. **Visit [Mass.gov/WhatsOnYourMind](https://www.mass.gov/WhatsOnYourMind)**