

On-Campus Activity Guide



EDUCATION •• ENGAGEMENT ••• EVALUATION ••• ENGINEERING ••• EQUITY

ENCOURAGEMENT

We understand some communities are limited in their ability to walk, bike, and roll to school due to their geographic location or lack of bike/pedestrian infrastructure. However, there are numerous aspects of the Safe Routes to School (SRTS) Program that schools in these communities can utilize to support students in developing healthy and safe walking, biking, and rolling habits. Below are a few examples of activities to engage students on these important life skills — **there's something for everyone!**

Bike and Pedestrian Safety

Even if students do not walk, bike, or roll to school, they may choose to do so:

- In their neighborhoods
- On rail trails
- On the road

We want to make sure that these students receive both bike and pedestrian safety education. Reach out to your Outreach Coordinator to host a bike safety assembly and pedestrian safety sessions.

"Even if my students aren't walking to school right now, they are going to walk somewhere someday and I want to make sure they know how to do that safely."

-John Campbell, Berlin Memorial School (Berlin)

Evaluation Tools

Use the SRTS evaluation tools to gain a better understanding of what improvements can be made to support health and safety when it comes to student transportation. These tools can also help with applications for SRTS Infrastructure Grants.

- Student Address Maps; Arrival/Dismissal Maps; and Park, Walk, & Roll Maps
- Family Travel Surveys (offered online and on paper in nine languages)
- Arrival/Dismissal Observations

"In Oakham we don't have any sidewalks that lead to the school from the center of town, but with the help of the Oakham Police Department, our Walking Wednesdays have been wildly successful."

-Tricia Worthington, Oakham Center School (Oakham)

Walk AT School Events

Even if students can't walk, bike, or roll to school, you can still host a successful on-campus event that gets the school community up and moving:

- Laps around the school or track before the morning bell or during recess
- Short activity breaks with students during the day
- Pedestrian or bike safety lessons during gym class
- Partnering with local officials to create a safe route for students to walk, bike, or roll to school for one day

"There aren't any sidewalks on the road leading to our school, so we do walk at school events where the teachers sign up for time slots to walk laps around the school with their classes. We also have done Safe Routes to School bike and pedestrian safety sessions with our students."

-Sharon Kennelly, Crisafulli School (Westford)

Participate in Our Annual Yard Sign Contest

Each year our Annual Yard Sign Design Contest has a different theme. Students are encouraged to create a design that can be transformed into a yard sign.

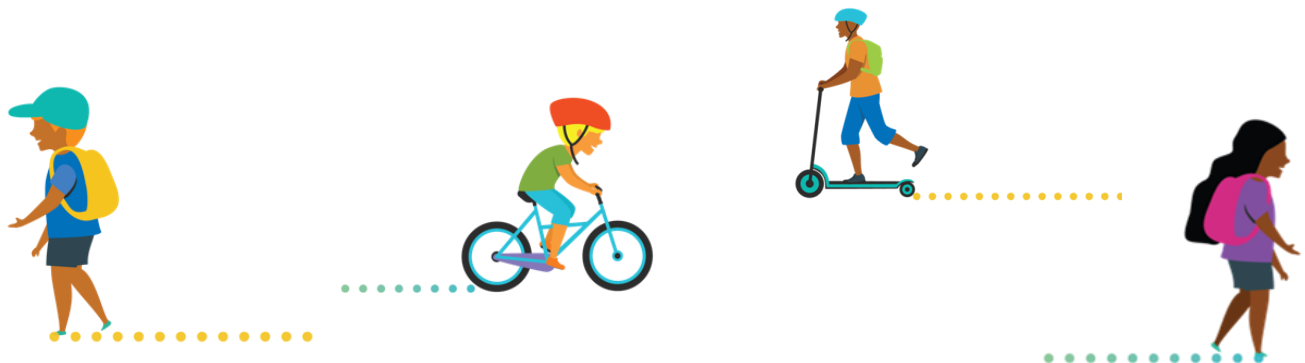
- Share information about the Yard Sign Design Contest with parents/guardians through the school newsletter, social media, and other outlets to encourage students to submit designs
- Work with school staff and art teachers to incorporate yard sign designs into a school assignment or project

"Although limitations exist in the rural setting that prevent walking and biking to school, we encourage students to make healthy SRTS decisions in their lives beyond the school day."

-Paul Guerin, Burgess Elementary School (Sturbridge)

Interested in these activities? Reach out to us to get started!

https://gis.massdot.state.ma.us/forms/srts_request/



massDOT
Massachusetts Department of Transportation

 **MASSACHUSETTS
Safe Routes to School**
[MASS.GOV/SAFE-ROUTES-TO-SCHOOL](https://mass.gov/safe-routes-to-school)

FOR MORE INFORMATION:

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(888) 426-6688