

## Key Services



**All prescriptions through one plan**—over-the-counter medications, such as vitamins and allergy medications prescribed by your provider



**Dental services**, including routine cleanings, x-rays, fillings, dentures, crowns, and root canals



**Vision services**, including exams, eyeglasses, and contact lenses



**Community support services** to help you with everyday activities and skills so you can live independently, manage chronic conditions, and participate fully in your community



**Behavioral health** services to support you in the community and help you in your recovery goals



**An LTS coordinator** to work with you to get the right community services to support your goals in wellness, community participation, recovery, and independence



**Medical equipment**, supplies, replacement parts, training, modifications, and repairs



**Personal assistance services** that can provide hands-on care to help you with everyday activities, including getting dressed, eating, taking a bath, and doing laundry, so that you can live independently

**No copayments**

## About One Care



One Care combines MassHealth and Medicare benefits into one plan with one card and one care team. One Care covers medical, behavioral health, and prescription medications, plus support for recovery goals, daily tasks, and independent living. Care coordinators help members stay healthy and get the services they need.

### Enroll in One Care:

○ Medicare  
Part A (Hospitals)  
Part B (Doctors)  
Part D (Prescriptions)

AND

○ MassHealth Services

AND

○ No copayments

○ One person to coordinate your care

○ All prescriptions through one plan

AND more options for

○ Dental  
○ Vision  
○ Community support  
○ Long-Term Services (LTS)  
○ Coordinator  
○ Personal assistance services

## One Care

**MassHealth+Medicare**

Bringing your care together



**One plan with one card  
and one care team.**

**Available Since 2013 –  
Over 10 Years of Experience**

[mass.gov/one-care](https://mass.gov/one-care)

# Your One Care Choices

## CCA One Care

[ccama.org/onecare](http://ccama.org/onecare)



### Phone

(855) 210-1892



### Available in the following counties:

Barnstable, Berkshire, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester

## Mass General Brigham One Care

[massgeneralbrighamadvantage.org/onecare](http://massgeneralbrighamadvantage.org/onecare)



### Phone

(888) 403-7579



### Available in the following counties:

Bristol, Dukes, Essex, Middlesex, Nantucket, Norfolk, Plymouth, Suffolk

## Molina One Care

[molinahealthcare.com](http://molinahealthcare.com)



### Phone

(888) 566-3526



### Available in the following counties:

Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester

## Tufts Health One Care

[tuftshealthonecare.org](http://tuftshealthonecare.org)



### Phone

(844) 459-3056



### Available in the following counties:

Barnstable, Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester

## UnitedHealthcare Connected

[uhc.com/communityplan/massachusetts/plans/medicaid/one-care](http://uhc.com/communityplan/massachusetts/plans/medicaid/one-care)



### Phone

(844) 580-7922



### Available in the following counties:

Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester

## Questions?

### SHINE: Serving the Health Insurance Needs of Everyone

- SHINE works with you and your caregivers to help you understand your options.
- **(800) 243-4636 | TTY: (800) 439-2370**  
Monday – Friday 9 a.m.-5 p.m.



## Concerns or Problems?

### My Ombudsman

An ombudsman can help you with any concerns or complaints you may have about One Care or the services you receive.

All services are confidential and free.

- (855) 781-9898 | TTY: Call 711
- Video Phone: (339) 224-6831
- 11 Dartmouth Street, Suite 301  
Malden, MA 02148
- [www.myombudsman.org](http://www.myombudsman.org)  
[info@myombudsman.org](mailto:info@myombudsman.org)