

Problem gambling

can make you miss out on life.

Visit mass.gov/ProblemGambling for individual, family, and community support services.



Massachusetts
Department of
Public Health



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Post copy: Gambling might be a common social activity, but for some, it's a serious problem. Many social events like community casino nights can involve gambling. For some people, these activities are just for fun, but others may experience problem gambling. Learn where to find support at mass.gov/ProblemGambling.

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Massachusetts
Problem Gambling
Helpline
800-327-5080

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Post copy: Gambling can make people feel withdrawn, depressed, and disconnected from their family, friends, and community. It can get you in legal trouble and hurt you and your loved ones financially. A gambling problem can have as big an impact on your life as an alcohol or substance use problem. Get support at mass.gov/ProblemGambling.