

ADDITIONAL OPTIONAL ACTIVITIES

1

Select a popular song, television show, movie or book that depicts alcohol or drug use.

- Analyze how alcohol or drugs are portrayed. Is it generally positive or negative?
- Did the person suffer any consequences as a result of using alcohol or drugs?
- Is it realistic?

2

Evaluate your own family history and potential prevention tools.

- Speak with your parents or another adult in your family about your family's history of addiction.
- Identify any prevention tools you have. Are there others you could add?

3

You have been given a scenario that places you in a situation that may make you uncomfortable.

- Using the Decision-Making Skills for Life as a guideline, write a role play as to how you would possibly deal with the situation.
- What might your friend say to get you to try a substance and what would your response be?

4

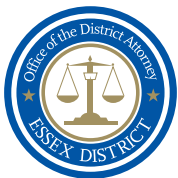
Write a Public Service Announcement (PSA) or make a poster that would educate students on the effects that using substances may have on them.



Presenter Notes:

The activities above are optional.

Activity Number 3 corresponds with the scenarios on slides 30-34.



Office of District Attorney Jonathan W. Blodgett

Choose to Refuse! • A Middle School Substance Abuse Education Prevention Program