

OSHA 10 Hour Outreach Training

Presented by:

The Massachusetts Division of Occupational Safety
On-Site Consultation Program

Hosted by: Middlesex Community College

Two-Day 10-hour Training Course in Construction Safety and Health
Complete Attendance Mandatory for OSHA Card

Monday February 22, 2010 9:00 a.m. – 2:30 p.m.
Wednesday March 24, 2010 9:00 a.m. – 2:30 p.m.
(no refreshments served; bring your own and/or cafeteria available for lunch)

Middlesex Community College
Café East – Bedford Campus Center, Building #8
591 Springs Road
Bedford, MA 01730

College closings (class cancellations) due to weather, etc: Please check website: <https://mymcc.middlesex.mass.edu/>

From Route 128 (west of Boston): Take exit 31B/Bedford onto Bedford St (Rt 225) – go 1.1 mi. Continue to follow Rt 225-go 1.4 mi. Turn Rt on Hillside Ave – go 0.3 mi. Continue on Springs Rd go 2 miles to **Bedford VA/MCC** parking lot on Springs Road. Parking is free and MCC's shuttle runs every ten minutes to and from the campus.

The Massachusetts Division of Occupational Safety – Consultation Program is offering a **free** training seminar for those wishing to acquire the OSHA 10 Hour Card. The Outreach Training Program is intended as an orientation to Occupational Safety and Health. Workers must receive additional training on specific hazards of their job.

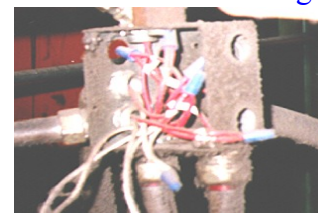
Registration: Please complete a **legible** registration form below for each registrant and mail, email or fax to Susan Humphreys.

Space is limited. **Unless informed otherwise, your registration will be honored.** You cannot register at the training site. First come first served. Registration ends February 19, 2010. **If you cannot attend please notify Susan because there will be a Waiting List.**

Topics will include:

Introduction to OSHA w/ 4 High Hazards	Fire Safety
Health Hazards in Construction	Electrical Safety
Personnel Protective Equipment	Fall Protection
Trench/Excavation Safety	Ladders and Stairways
Hand and Power Tools	Scaffolds

Questions?
Call Jean Manoli or Kathy Flannery at 617-969-7177



February 2010 Bedford OSHA 10-Hour Training Course

Name _____ Street Address _____
Company Name _____ City _____ State, _____ Zip Code _____
Phone _____ email address _____

Return this registration form to:

Susan Humphreys
MA Division of Occupational Safety
1001 Watertown Street
West Newton, MA 02465
Email: susan.humphreys@state.ma.us
Fax: (617) 244-2705 Phone: 617-969-7177 x328