
Positive Youth Development Resource Guide: A MultimediuM Resource Guide for Youth-Serving Providers



Office of Sexual Health and Youth Development
Massachusetts Department of Public Health
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Overview

The Positive Youth Development Resource Guide is a resource for youth-serving providers that features webinars, online training modules, fact sheets, reports and briefs, toolkits, and guidelines. The resource guide originated from the Training and Knowledge Assessment in 2019, a survey that captured the learning needs of youth-serving providers. Youth-serving providers often face several barriers in accessing quality trainings and tools, including cost and scheduling conflicts. As a result of the survey, the Office of Sexual Health and Youth Development (OSHYD) recognized the importance of having a centralized resource that removed barriers to accessing quality professional development.

OSHYD has six core values: positive youth development, reproductive justice, health equity, data-driven, sustainability, and trauma-informed care. The resource guide provides materials that explore and elevate these values and helps providers and programs practice them within youth-serving programs.

Acknowledgements

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WEBINARS

LGBTQ Youth Inclusive Programming

W: *LGBTQ Best Practices: Classroom Culture and Curriculum*

Description: This webinar models how to create an inclusive classroom culture and build an intersectional curriculum that incorporates queer history and perspectives.

Audience: Program instructors/facilitators, other educators

Source: Teaching Tolerance

Time Commitment: 46 mins

Link: <https://www.tolerance.org/professional-development/webinars/lgbtq-best-practices-classroom-culture-and-curriculum>



Racial Justice Inequities vs. Disparities

W: *Equity 101: Starting the Equity Conversation*

Description: This webinar explores creating conditions for people to make sense of what equity means, why it's important, and how to approach it together. This webinar aims to provide new insights and some concrete tools for getting the equity conversation started in the context of your organization or program

Audience: General

Source: National Equity Project

Link: <https://www.nationalequityproject.org/webinar-recordings>

Racial Inequities

W: *"Black Girls Matter: Pushed Out, Overpoliced, and Underprotected" – Report Launch Webinar*

Description: In this webinar, panelists including Kimberlé Crenshaw discuss "Black Girls Matter: Pushed Out, Overpoliced, and Underprotected", a report from the African American Policy Forum and Columbia Law School's Center for Intersectionality and Social Policy Studies which brings attention to the impact of overly punitive school discipline policies on Black girls and other girls of color.

Source: African American Policy Forum

Link: <https://vimeo.com/119582353>

Audience: Educators, general

Time Commitment: 1hr, 18mins

W: *Why Black Girls are Targeted for Punishment at School- and How to Change That*

Description: In this TedTalk, Monique W. Morris uncovered the causes of "pushout", which occurs when Black girls are pushed out of schools because of policies that target them for punishment, and shows how we can work to turn all schools into spaces where Black girls can heal and thrive.

Time Commitment: 13 mins

Audience: Educators, general

Link: https://www.ted.com/talks/monique_w_morris_why_black_girls_are_targeted_for_punishment_at_school_and_how_to_change_that

Sexual Health

PrEP & PEP

W: *PrEP and Gender Diverse Communities*

Audience: Clinical, community health work

Description: This brief talk covers topics such as the intersectionality of identities and health disparities for gender diverse people and recent results from the U.S. transgender survey. This webinar is prerecorded but you must “register” to access the video.

Source: New England AIDS Education and Training Center

Time commitment: 7 mins

Link: <https://www.neaetc.org/events/view/15919>

W: *PrEP for Adolescents*

Description: This video covers the specific health disparities and considerations for the adolescent LGBTQ community and best practices for engaging youth in prevention through delivery of PrEP HIV intervention. This webinar is prerecorded but you must “register” to access the video.

Audience: Clinical

Source: New England AIDS Education and Training Center

Time Commitment: 15 mins

Link: <https://www.neaetc.org/events/view/15916>

W: *PrEP and PEP*

Description: This segment covers PrEP (pre-exposure prophylaxis) and PEP (post-exposure prophylaxis), the difference between the two, and best practices for prescribing and monitoring. This video is prerecorded but you must “register” to access the webinar.

Audience: Clinical, community health work

Source: New England AIDS Education and Training Center

Time commitment: 7 minutes

Link: <https://www.neaetc.org/events/view/15921>



Violence & Harassment

Teen Dating Violence

W: *That's Not Cool*

Description: This webinar uses digital tools to promote healthy relationships and prevent teen dating abuse. That's Not Cool provides resources for both teens and adult allies and providers, including culturally responsive prevention and intervention strategies, as well as youth-driven prevention programs.

Audience: Youth workers, providers, general

Source: Futures Without Violence

Time Commitment: 1 hr 10 mins

Link: <https://www.futureswithoutviolence.org/thats-not-cool-teen-dating-violence-healthy-relationships-digital-age/>

Trauma-Informed Care/Healing Centered Approach

W: *Trauma-Informed Care for Transgender and Gender-Diverse People*

Audience: Clinical, care providers

Source: National LGBT Health Education Center

Description: In this talk, Dr. Jennifer Potter discusses how traumatic experiences can intervene with the formation of therapeutic patient-provider relationships, and describes how a universal trauma-informed approach can enhance engagement of transgender and gender diverse patients into care. Participants must click "Log on to enroll" to view the webinar.

Time commitment: 56 mins

Link: <https://www.lgbthealtheducation.org/courses/trauma-informed-care-for-transgender-and-gender-diverse-people-2020/>



Youth Development

Positive Youth Development

W: *Positive Youth Development: Motivation and Goals*

Description: This webinar provides theory and background about motivation and goal setting in youth, as well as some practical tools and tips.

Time Commitment: 45 mins (motivation & goal related content begins around min. 7)

Source: Act for Youth

Link: <https://vimeo.com/304232046/c82337afa1>

Achievement Outcomes

W: From Surviving to Thriving: Supporting Transformation, Reentry and Connections to Employment for Young Adults

Description: This webinar focuses on supporting young adults with transformation, reentry, and connections to employment. Presenters discuss how communities are connecting young adults who have been impacted by the criminal justice system to employment, education pathways, and supportive services.

Time Commitment: 1 hr

Audience: Educators, community health workers, other providers

Link: <https://www.clasp.org/publications/presentation/webinar/webinar-surviving-thriving-supporting-transformation-reentry-and>



Implementation & Skills

Making Curriculum Adaptations for Youth with IDD

W: Inclusive Program Environments for Youth with Different Abilities

Description: This supplemental presentation to the Act for Youth training manual, Creating Inclusive Program Environments for Youth with Different Abilities, provides additional background information about different disabilities, how they affect youth, and approaches for creating inclusive program environments.

Audience: Educators, facilitators, program leaders

Time Commitment: 23 mins

Link: <https://vimeo.com/392044905/97e26bc585>

W: Disability Legislation: IDEA and ADA

Description: This supplemental presentation to the Act for Youth training manual, Creating Inclusive Program Environments for Youth with Different Abilities, provides a closer look at key points of important legislation related to disabilities and serving students with disabilities.

Time Commitment: 15 mins

Source: Act for Youth

Audience: Educators, facilitators

Link: <https://vimeo.com/393032379/e8c0b0fba9>

Making Curriculum Adaptations for ELL Youth



W: Creating a Welcoming Environment for ELLs and Immigrant Students

Description: In this video, ELL middle school teacher Amber Prentice describes strategies that teachers can use to create a welcoming classroom environment for ELL students.

Time commitment: 5 mins

Source: Colorin Colorado

Audience: Educators, facilitators

Link: https://www.youtube.com/watch?list=PLoU659hwTd-DZ_1Vy7iW_V8zEt3vaf1EqC&time_continue=63&v=uh-19gewSNFg

Building Rapport with Youth

W: What We Say and How We Say It Matter: Teacher Talk that Improves Student Learning and Behavior

Description: Many common, well-intentioned statements may actually lead students to disengage and learn less. This webinar examines several common language habits and patterns that educators and youth workers find themselves in and explores better alternatives.

Time Commitment: 1 hr, 6 mins

Audience: Educators, facilitators

Link: <http://www.ascd.org/professional-development/webinars/what-we-say-webinar.aspx>

Supporting Young Pregnant & Parenting Moms

W: *Listening to Youth Parents: The Multigenerational Making of Mental Health*

Description: This webinar from CLASP is about parental mental health, and focuses specifically on young parents. This webinar considers the unique experiences of young parents of color and the role of inter-generational trauma in shaping families' relationships to mental health.

Time Commitment: 1 hr

Source: CLASP

Audience: General

Link: <https://www.clasp.org/publications/presentation/webinar/webinar-listening-young-parents-multi-generational-making-mental>

Engaging Quiet/Withdrawn Participants & High Energy Participants

W: *Motivating and Managing Difficult Students: A Discipline with Dignity Approach*

Description: This webinar explores ways to motivate and respond to students/participants who are hard to reach, uninterested, or disruptive and provides an overview and examples of effective discipline and motivation. This webinar emphasizes the importance of strong relationships, diffusing inappropriate behavior quickly and with dignity, making curriculum relevant, empowering and involving students, and learning and using effective discipline to solve problems. Click "watch now" on the webpage to register and view the webinar.

Time Commitment: 1 hr 20 mins

Source: Association for Supervision and Curriculum Development

Audience: Educators, facilitators

Link: <http://www.ascd.org/professional-development/webinars/motivating-and-managing-difficult-students-webinar.aspx>



ONLINE LEARNING

Healthy Relationships

Trust in Relationships

O: *The Teacher's Guide to Sex Ed- Lesson 8: Talking About Getting Along: The Basics of Teaching Students about Healthy Relationships*

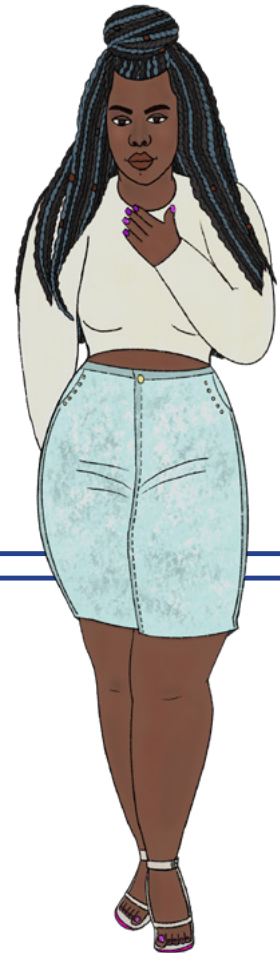
Description: This is one specific unit of a larger e-learning course. This unit covers how to teach about healthy relationships when teaching sexual health education, HIV/STI prevention, and/or family life education.

Time commitment: About 30-40 mins.

Source: Healthy Teen Network

Audience: Educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/talking-about-getting-along/story_html5.html



Sexual Health

Puberty

O: *The Teacher's Guide to Sex Ed Lesson 1: Puberty & the Reproductive System*

Description: This specific unit of a larger e-learning course covers pointers for teaching about puberty and reproduction.

Time Commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/Puberty%20Repro%20System/story_html5.html

STD Prevention & Treatment

O: *The Teacher's Guide to Sex Ed Lesson 2: Preventing Pregnancy & Infection: The Basics of Keeping Safe*

Description: This specific unit of a larger e-learning course covers learning about condoms and contraception when teaching sexual health education, HIV/STI prevention, and/or family life education.

Time Commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/preventing-pregnancy/story_html5.html

O: *The Teacher's Guide to Sex Ed Lesson 3: HIV & STIs: Making Sense of Being Safe*

Description: This unit of a larger e-learning course covers learning about HIV and STIs when teaching sexual health education, HIV/STI prevention, and/or family life education. Understanding how HIV and STIs are spread is critical information for students to learn. It can also be a challenging topic to understand and teach about.

Time Commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/HIV-STIs/story_html5.html

LGBTQ Youth

Gender Identity

O: *The Teacher's Guide to Sex Ed Lesson 7: Sexuality & Gender 101: Explaining Concepts of Gender & Sexuality*

Description: This unit of a larger e-learning course covers how to talk about gender and sexual orientation particularly when teaching sexual health education, HIV/STI prevention, and/or family life education.

Time Commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/sexuality-gender-101/story_html5.html

Violence & Harassment

Sexual Violence



O: *Human Trafficking 101*

Description: This interactive, self-paced e-learning unit explores critical elements of sex and labor trafficking and steps you can take to support victims and survivors in your community.

Audience: General

Time Commitment: About 20 mins per module (includes 1 sex trafficking & 1 labor trafficking module)

Source: Healthy Teen Network

Audience: General

Link: <https://www.ssw.umaryland.edu/pari/resources/elearning-units/ht101/>

O: *Working with Patients Experiencing Human Trafficking*

Description: This follow-up to Human Trafficking 101 explores the signs that may indicate a patient is experiencing human trafficking and what you can do to help them.

Time Commitment: 1 hr

Source: Healthy Teen Network

Audience: Clinicians, medical care providers

Link: <https://www.ssw.umaryland.edu/pari/resources/elearning-units/working-with-patients-experiencing-human-trafficking/>

Teen Dating Violence

O: *Dating Matters: Understanding Teen Dating Violence Prevention*

Description: This online training demonstrates characteristics of healthy and unhealthy teen relationships; early warning signs that may increase a teen's risk for dating violence, statistics, examples, and consequences of teen dating violence; and ways to promote healthy relationships and prevent unhealthy and violent ones.

Time commitment: 1 hr

Source: Centers for Disease Control and Prevention

Audience: Teachers/instructors, youth leaders, other youth serving workers

Link: <https://vetoviolence.cdc.gov/apps/datingmatters/>



Trauma-Informed Care/Healing Centered Approach

O: *Connecting the Dots*

Description: This online learning explores how different types of violence are connected and also share the same root cause, as well as how different types of violence can take place in the same house, in the same neighborhood, at the same time, or at different stages of life. This training is meant to help you understand the overlapping causes of different types of violence and what can protect against violence.

Time commitment: 40 mins

Source: Centers for Disease Control and Prevention

Audience: General

Link: <https://vetoviolence.cdc.gov/apps/connecting-the-dots/node/4>

Youth Development

Positive Youth Development

O: *Positive Youth Development 101*

Description: This is a series of short, online courses intended to introduce PYD. The courses are designed to provide participants with knowledge to identify the principles of the PYD approach and strategies for ways for put these principles into action.

Time Commitment: 6 courses, 30 mins each (can be taken in any order)

Source: Act for Youth

Audience: New youth work professionals, volunteers, advocates

Link: <https://www.pyd101.net>

Implementation & Skills

Adapting Curriculum for LGBTQ Inclusivity

O: *Serving Everyone: Providing Sexual & Reproductive Health Services to LGBTQ+ Youth*

Description: This e-learning provides info about what can be done to ensure youth who identify as LGBTQ+ are being treated with respect and dignity by health center staff and providers while receiving sexual and reproductive health services.

Time commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Clinicians, providers

Link: <https://www.healthyteennetwork.org/resources/serving-everyone/>

Choosing Educational Materials

O: *Engaging Curriculum*

Description: This resource provides information and suggestions for how to choose educational materials that will engage students and foster learning.

Time Commitment: Approx 25 mins.

Source: Teaching Tolerance

Audience: Teachers, educators

Link: <https://www.tolerance.org/professional-development/engaging-curriculum>

Recruitment & Retention

O: *Internet Advertising to Recruit Youth*

Description: This e-learning provides info and lessons learned for how to effectively recruit youth into programs using internet advertising.

Time commitment: 2-3 mins per lesson, 35 mins for entire e-learning

Source: Healthy Teen Network

Audience: Program leaders, coordinators, outreach workers

Link: <https://www.healthyteennetwork.org/resources/internet-advertising-recruit-youth/>



Building Rapport with Youth

O: *The Teacher's Guide to Sex Ed Lesson 4: It's Not Just What You Say: Techniques & Approaches for a Healthy Sex Ed Class*

Description: This unit of a larger e-learning course covers learning about how to create and maintain a comfortable environment teaching sexual health education, HIV/STI prevention, and/or family life education.

Time Commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/not-just-what-say/story_html5.html

O: *The Teacher's Guide to Sex Ed Lesson 5: Knowing the Law: Laws and Policies Related to Teaching Sex Ed*

Description: This unit of a larger e-learning course covers learning about the laws and policies that are relevant to teaching sexual education, HIV/STI prevention, and/or family life education.

Time Commitment: 30-40 mins

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/knowing-law/story_html5.html



Answering Difficult Questions

O: *The Teacher's Guide to Sex Ed- Lesson 6: Responding with Confidence: Answering Sensitive Questions & Maintaining Boundaries*

Description: This is one specific unit of a larger e-learning course. This unit covers how to answer sensitive or challenging questions from students when teaching sexual health education, HIV/STI prevention, and/or family life education.

Time commitment: About 30-40 mins.

Source: Healthy Teen Network

Audience: Sex educators, health educators

Link: https://www.healthyteennetwork.org/wp-content/uploads/scorm/responding-with-confidence/story_html5.html

Classroom Management

O: *Unlocking the Secrets of Classroom Management: A Terrible, No Good, Very Bad Sex Ed Lesson*
Description: This e-learning explores essential classroom management techniques for the sex education classroom, as well as a number of challenging behaviors and techniques to address them.

Time Commitment: 20-25 mins

Source: Healthy Teen Network

Audience: Educators, sex ed teachers/instructors/facilitators

Link: <https://www.healthyteennetwork.org/resources/unlocking-secrets-classroom-management/>



Evaluation

O: *Evaluaction: Putting Evaluation to Work*

Description: This e-learning is designed to help evaluate violence prevention programs and help you identify what is working and what isn't. This tool explains program evaluation and how you can apply it to your work, as well as help you plan and track your progress.

Time Commitment: 30 mins

Source: Centers for Disease Control and Prevention

Audience: Program coordinators, managers

Link: <https://vetoviolence.cdc.gov/apps/evaluaction/>

FACT SHEETS

LGBTQ Youth

Gender Identity

F: I Think I Might Be Transgender

Description: Written by transgender youth, this downloadable packet provides answers for young people who find that the gender to which they were born, or assigned at birth, does not fit them. This information is also valuable to educators or providers working with these youth, to help understand their questions and experiences, including safety, coming out, healthy relationships, and safer sex practices.

Source: Advocates for Youth

Audience: Youth, educators, youth and health workers

Link: <https://advocatesforyouth.org/resources/health-information/i-think-i-might-be-transgender/>

F: Gender Expansive Students at Higher Risk for Suicidal Behavior

Description: This fact sheet provides information and data about gender expansive students and the increased risk of suicidal behavior they may face, as well as recommendations for educators and public health practitioners.

Source: Advocates for Youth

Audience: Educators, public health practitioners

Link: https://advocatesforyouth.org/wp-content/uploads/storage/advfy/documents/Factsheets/Final_Trevor_AFY_GE_and_Suicide.pdf



Sexual Identity

F: I Think I Might Be Bisexual + Pansexual

Description: Written by bisexual youth, this downloadable packet provides answers for young people with questions about sexual orientation.

This information is also valuable to educators or providers working with these youth, to help understand their questions and what they might be experiencing.

Source: Advocates for Youth

Audience: Youth, educators, youth and health workers

Link: <https://advocatesforyouth.org/resources/health-information/i-think-i-might-be-bi-pan/>

F: I Think I Might Be Lesbian

Description: Written by young lesbians, this downloadable packet provides answers for young people questioning their sexual orientation. This information is also valuable to educators or providers working with these youth, to help understand their questions and what they might be experiencing.

Source: Advocates for Youth

Audience: Youth, educators, youth and health workers

Link: <https://advocatesforyouth.org/resources/health-information/i-think-i-might-be-lesbian/>

F: I Think I Might Be Gay

Description: Written by young gay men, this downloadable packet provides answers for young people with questions about sexual orientation. This information is also valuable to educators or providers working with these youth, to help understand their questions and what they might be experiencing.

Source: Advocates for Youth

Audience: Youth, educators, youth and health workers

Link: <https://advocatesforyouth.org/resources/health-information/i-think-i-might-be-gay/>

Sexual Health

Puberty

F: Understanding Sexual Development

Description: This page explores the different aspects of healthy sexual development for adolescents and the different processes that are occurring between puberty, identity development, socio-cultural influences, and sexual behaviors

Source: Act for Youth

Audience: Educators, youth workers

Link: http://actforyouth.net/sexual_health/sexual_development.cfm



Youth Development

Risk & Protective Factors

F: *Adverse Childhood Experiences: Looking at How ACEs Affect Our Lives & Society*

Description: This infographic sheet covers what adverse childhood experiences are and how they can affect individuals in their youth and throughout their lives.

Source: Centers for Disease Control and Prevention

Audience: General

Link: https://vetoviolence.cdc.gov/apps/phl/resource_center_infographic.html

Implementation & Skills

Making Curriculum Adaptations for Youth with IDD

F: *Sexual Health Education for Young People With Disabilities – Research and Resources for Educators*

Description: This fact sheet provides a few statistics on disability among U.S youth and an overview of myths and facts about the sexuality of people with disabilities. The document also includes general guidelines for educators and offers a select, annotated bibliography of sexual education materials and resources.

Source: Advocates for Youth

Audience: Educators, general

Link: <https://advocatesforyouth.org/wp-content/uploads/storage//advfy/documents/Factsheets/sexual-health-education-for-young-people-with-disabilities-educators.pdf>

Referrals to Sexual and Domestic Violence Services

F: *Rape Crisis Centers*

Description: This list provides location and contact information for Rape Crisis Centers across Massachusetts. These Rape Crisis Centers offer free services for adolescent and adult sexual assault survivors, and for people who care about survivors of all ages.

Source: Mass.gov

Audience: General

Link: <https://www.mass.gov/service-details/rape-crisis-centers>



Classroom Management

F: *Facilitation Tips*

Description: This page provides bulleted tips with more in-depth handouts about certain facilitation topics. This page covers preparing space, enhancing participation, handling disruptive behavior, and general presentation skills.

Source: Act for Youth

Audience: Facilitators, educators

Link: http://actforyouth.net/youth_development/professionals/facilitation.cfm

F: *Teaching Techniques*

Description: This page demonstrates a few of the most common pedagogical techniques used in youth programming: brainstorming, small group activities, and role playing. Videos are included for examples of both weak and strong facilitation.

Source: Act for Youth

Audience: Facilitators, educators

Link: http://actforyouth.net/youth_development/professionals/teaching.cfm



TOOLKITS

Healthy Relationships Communication

T: *Healthy Relationship Middle School Educators Toolkit*

Description: This toolkit provides resources to help young people better understand healthy relationships and learn to recognize the signs of an unhealthy or abusive relationship. This toolkit provides guidance about theories and practical tips for educators and program leaders who want to lead these discussions in their organization for middle school-aged youth, including warning signs, ways to help, and activities.

Audience: Educators, program leaders, service providers working with middle school-aged youth

Source: LovelsRespect.org

Link: <https://www.loveisrespect.org/wp-content/uploads/2016/08/middle-school-educators-toolkit.pdf>

T: *Healthy Relationship High School Educators Toolkit*

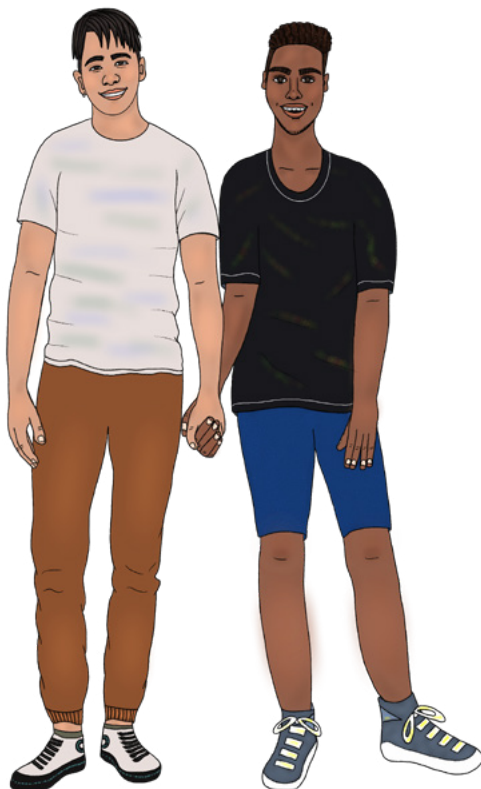
Description: This toolkit provides resources to help young people better understand healthy relationships and learn to recognize the signs of an unhealthy or abusive relationship. This toolkit provides guidance for educators and program leaders who want to lead these discussions in their organization for high school-aged youth. This toolkit contains some additional information to the middle school toolkit and is tailored to apply more specifically to high school youth.

Audience: Educators, program leaders, service providers working with high school-aged youth

Source: LovelsRespect.org

Link: <https://www.loveisrespect.org/wp-content/uploads/2016/08/highschool-educators-toolkit.pdf>

Sexual Health PrEP & PEP



T: *PrEP Action Kit*

Description: This downloadable action kit includes clinical resources to help providers incorporate PrEP into their practices. Including helpful resources such as tips on taking a comprehensive sexual history, frequently asked questions about PrEP and information on PrEP prescribing and monitoring. This action kit is a resource for all providers treating LGBTQIA+ patients or patients at risk of HIV infection.

Source: National LGBT Health Education Center

Audience: Clinical

Link: https://www.lgbtqiahealtheducation.org/wp-content/uploads/2020/06/PrEPActionKit_Updated-Spring-2020.pdf

STD Prevention & Treatment

T: *Priority Resource Dissemination Toolkit*

Description: This toolkit includes priority resources and examples of social media posts related to youth sexual health.

Source: National Coalition of STD Directors

Audience: Medical providers, educators

Link: https://www.ncsddc.org/wp-content/uploads/2019/03/f1-NCSD-DASH_Priority_Resource_Toolkit_Final.pdf

Implementation & Skills

Supporting Young Pregnant & Parenting Moms

T: *Supporting Young Mothers*

Description: This toolkit provides resources to help young moms with pregnancy, birth, and the first years of parenthood, as well as sexual and reproductive health services. Resources specifically for single moms are also included.

Source: Act for Youth

Audience: Medical providers, educators, other providers working with young parents and families

Link: http://actforyouth.net/youth_development/professionals/yp/mothers.cfm

Supporting Young Dads

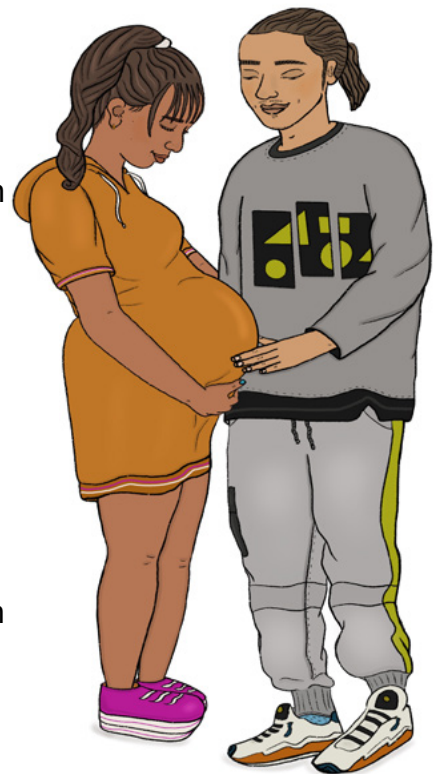
T: *Supporting Young Fathers*

Description: Fathers are an important part of developing healthy and self-sufficient young families. The resources in this toolkit can aid efforts to engage and serve young fathers in your community.

Source: Act for Youth

Audience: Medical providers, educators, other providers working with young parents and families

Link: http://actforyouth.net/youth_development/professionals/yp/fathers.cfm



Recruitment & Retention

T: *Youth-Adult Partnerships: A Training Manual*

Description: This toolkit offers lessons and advanced training for people in the field of youth and community work. The goal is to strengthen and promote individuals, groups, and organizations in their practice of youth-adult partnerships. The toolkit includes training essentials for groups, teams, and organizations that are relatively new to youth-adult partnerships, and information and activities to better understand assets and barriers to effective partnerships.

Source: Innovation Center for Community and Youth Development

Audience: Facilitators, youth and community workers

Link: <https://fyi.extension.wisc.edu/youthadulthoodpartnership/files/2015/03/Youth-AdultPartnershipsTrainingManual.pdf>

T: *Youth Engagement Toolkit*

Description: This toolkit is designed to help adult facilitators engage youth people, allowing youth to serve as true leaders for programs that affect them. This toolkit is tailored for involving youth in local adolescent health programs.

Source: Wisconsin Department of Public Health

Audience: Facilitators, program coordinators, outreach workers

Link: <https://www.dhs.wisconsin.gov/publications/p02250.pdf>

Supervision of Youth Employees

T: *Designing and Managing Youth Internship*

Programmes with Impact: A Handbook for Employers

Description: This guide provides information about the values of internships for both participating youth and employers, as well as strategies for making your internship program as effective and valuable as possible. This toolkit is written from an international perspective but has useful implications for organizations in the U.S.

Source: International Youth Foundation

Audience: Youth organizations

Link: https://www.iyfnet.org/sites/default/files/library/Internship_Handbook_for_Employers.pdf



Making Curriculum Adaptations for ELL Youth

T: *Diversity Toolkit: English Language Learners (ELLs)*

Description: This section of a diversity toolkit from the National Education Association provides strategies for schools and educators to effectively address the needs of ELL students.

Source: National Education Association

Audience: Educators

Link: <http://www.nea.org/tools/30405.htm>

Evaluation

T: *Personal Responsibility Education Program (PREP): Tools and Guidance Documents*

Description: This toolkit includes tools and guidance documents for collecting and reporting PREP (State, Tribal, Competitive, and PREIS) performance measures. Measures include structure, cost, and support for implementation; attendance, reach, dosage, and participants' characteristics and program experiences.

Source: PMAPS

Audience: PREP program providers

Link: <https://www.prepeval.com/DataCollectionToolsAndGuidance.html>

BRIEFS & REPORTS

Racial Justice Racial Inequities

R: *Black Girls Matter: Pushed Out, Overpoliced, and Underprotected*

Description: This report, written by Kimberlé Crenshaw with Priscilla Ocen and Jyoti Nanda, discusses the impact of overly punitive school discipline policies on Black girls and other girls of color. The report discusses the intersection of race and gender for Black girls and girls of color, examines the consequences of these policies, and provides recommendations for what can be done.

Source: African American Policy Forum

Audience: Educators, general

Link: https://static1.squarespace.com/static/53f20d90e4b0b80451158d8c/t/54dcc1ece-4b001c03e323448/1423753708557/AAPF_BlackGirlsMatterReport.pdf

Violence & Harassment Teen Dating Violence

B: *Recognizing and Addressing Intimate Partner Violence in Relationships of LGBTQ People: A Primer for Health Centers*

Description: This publication discusses intimate partner violence in sexual and gender minority communities. Intimate partner violence is defined and the particular circumstances that impact IPV within sexual and gender minority communities is addressed. This publication provides guidance on how to talk with patients who may be experiencing IPV, and offer resources for helping sexual and gender minorities in unsafe relationships.

Source: National LGBT Health Education Center

Audience: Clinicians

Link: https://www.lgbtqihealtheducation.org/wp-content/uploads/2020/04/TFIR-158_Intimate-Partner-Violence-Brief_web_spreads.pdf

Youth Development

Achievement Outcomes

R: *From Surviving to Thriving: Supporting Transformation, Reentry and Connections to Employment for Young Adults*

Description: This downloadable report, written by Kisha Bird, discusses how communities are connecting young adults who have been impacted by the criminal justice system to employment, education pathways, and supportive services. The report features insights and best practices from 9 communities.

Source: CLASP

Audience: General

Link: <https://www.clasp.org/publications/report/brief/surviving-thriving-supporting-transformation-reentry-and-connections>



Implementation & Skills

Making Curriculum Adaptations for LGBTQ Inclusivity

B: *LGBTQ Inclusion in Youth Program Environments*

Description: This article/brief by L. Maurer outlines strategies for making program environments and curriculum more inclusive to LGBTQ youth.

Audience: Educators, facilitators program coordinators

Source: Act for Youth

Link: http://www.actforyouth.net/resources/pm/pm_lgbtq_0613.pdf



Supporting Young Pregnant & Parenting Moms

B: *Looking at Life Different: Equitable Mental Health Support for Young Adult Parents*

Description: This downloadable brief from CLASP, written by Nia West-Bey, explains how we can best help young adults by recognizing parenthood as a valued, central identity that can spur growth and development in other key areas. This brief explores conversations with young adult parents of color, and offers recommendations for supporting the mental health of young adult parents.

Source: CLASP

Audience: General

Link: <https://www.clasp.org/publications/report/brief/looking-life-different-equitable-mental-health-support-young-adult-parents>

Supervision of Youth Employees

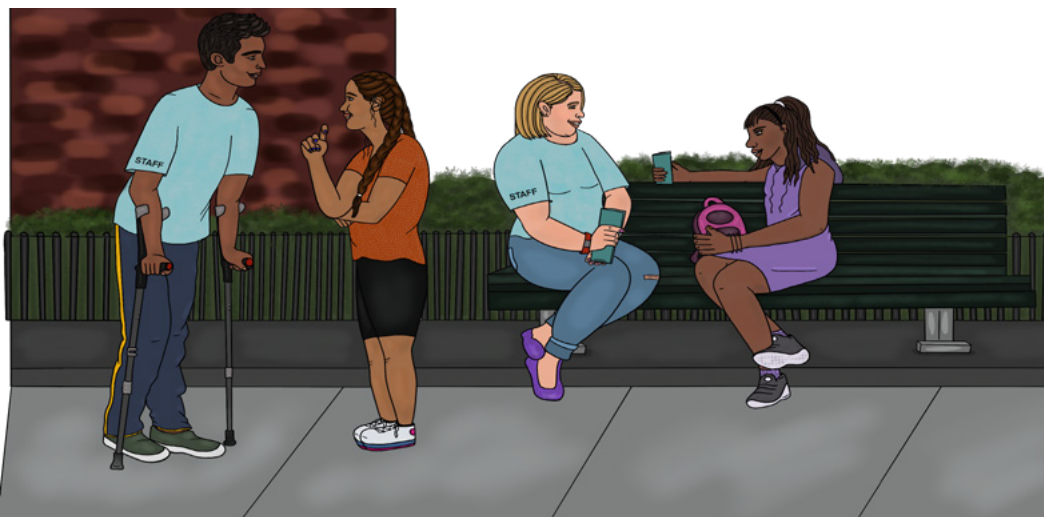
R: *Youth Speak: By Young People. For Young People.*

Description: This report contains the results of a youth survey and focus group discussions conducted with students and graduates of vocational and entrepreneurship training. Participants discuss their employment and self-employment goals, barriers they face in reaching them, and their experiences with and preferences for youth engagement. This report hopes to inform the design of programs and activities to be more responsive to the wants and needs of young people. This report is written from an international perspective but has useful implications for organizations in the U.S.

Source: International Youth Foundation

Audience: Employment supervisors, program coordinators

Link: https://www.iyfn.net/sites/default/files/library/Youth_Speak_Final_Report.pdf



GUIDELINES

Implementation & Skills

Responding to Disclosures of Abuse and/or Sexual Violence

G: *First Response: A Guide for Sexual Assault Disclosures*

Description: This 2-page guide provides key components of appropriately responding to a disclosure of sexual assault, and provides an activity for rethinking common well-intentioned responses to make them more empowering and supportive.

Audience: Youth workers, healthcare providers, educators

Source: Boston Area Rape Crisis Center

Link: https://barcc.org/assets/docs/SEEK_handout_and_worksheet.pdf



Making Curriculum Adaptations for ELL Youth

G: *How to Create a Welcoming Classroom Environment*

Description: This page provides insights about challenges ELL students might face as they experience stages of cultural accommodation and strategies for helping ELL students adjust to new surroundings.

Audience: Educators, facilitators

Source: Colorín Colorado

Link: <https://www.colorincolorado.org/article/how-create-welcoming-classroom-environment>

Building Rapport with Youth

G: *Cultural Synchronization Questions*

Description: These guidelines provide examples of questions you might ask students in an informational one-to-one, to better connect, understand, and build rapport with your student/participant.

Source: National Equity Project

Audience: Educators, counselors

Link: <https://static1.squarespace.com/static/5e32157bff63c7446f3f1529/t/5f173d7d7d2c-0c271703d543/1595358590081/Building-Rapport-Cultural-Synchronization-Questions.pdf>

Making Curriculum Adaptations for a Virtual Environment

G: *Virtual Vitality: Adapting Sexual Health Education for a Virtual Environment*

Description: This document provides tips and strategies for effective provision of virtually delivered sexual health education, whether it is delivered live and/or through self-paced delivery.

Audience: Sex educators, health educators

Source: ETR

Link: <https://www.etr.org/default/assets/File/projects/ETR-VirtualVitality-TipSheet-2.pdf>

Creating Brave Spaces

G: *Moving from Safe Classrooms to Brave Classrooms*

Description: These guidelines explain the differences between a “safe” space and a “brave” space, and the benefits of establishing a brave space to foster an inclusive and equitable environment for your classroom or group space. This page also provides strategies for setting up brave guidelines in your classroom or group.

Audience: Educators, facilitators

Source: Antidefamation League

Link: www.adl.org/media/12532/download



Appendix A: DPH Programs & Evidence-Based Curricula

DPH Program	Link
Adolescent Sexuality Education (ASE)	https://www.mass.gov/service-details/about-the-massachusetts-adolescent-sexuality-education-ase
Personal Responsibility Education Program (PREP)	https://www.mass.gov/service-details/about-the-personal-responsibility-education-program-prep
Sexual and Reproductive Health Program (SRHP)	https://www.mass.gov/sexual-and-reproductive-health-program-srhp

Curriculum Name	Link
¡Cuidate!	https://www.etr.org/ebi/programs/cuidate/
Get Real: Comprehensive Sexuality Education that Works	https://www.getrealeducation.org
Making Proud Choices	https://www.etr.org/ebi/programs/making-proud-choices/
Project AIM	https://www.chla.org/project-aim
Relationship Smarts	https://www.dibbleinstitute.org/our-programs/relationship-smarts-plus-sra/
Teen Outreach Program	https://wymancenter.org/top/

Appendix B: Additional Resource Websites

Name of Website	Topics Covered	Link
The Center for Law & Social Policy (CLASP)	Children, youth, and families, health and mental health, income and work supports, job training and education, and racial equity	https://www.clasp.org
Healthy Teen Network Resources for Young People who are Pregnant/Parenting	Young parents, young people who are pregnant or parenting, rights and laws, support resource	https://www.healthyteen-network.org/teens/resources-pregnant-parenting-teens/
Love is Respect	Teen dating abuse, domestic violence	https://www.loveisrespect.org
Massachusetts Immigrant and Refugee Advocacy Coalition	Immigration policies, serving and advocating for immigrant and refugee populations	https://miracoalition.org
National Alliance on Mental Illness (NAMI)	Mental health education, advocacy, services, and resources	https://www.nami.org/Home
Planned Parenthood League of Massachusetts	Promoting and providing sexual & reproductive health and freedom of choice in Massachusetts	https://www.plannedparenthood.org/planned-parenthood-massachusetts
Sex Is....	Sex positivity, talking to youth about sex, sexual health, sex and technology	https://sexisdc.org

Appendix C: Consultants

Name: Dr. Nicole Christian-Brathwaite, MD

Contact: info@wellmindsconsulting.com

Description of expertise: Dr. Nicole Christian-Brathwaite is the founder of Well Minds Psychiatry, which specializes in providing consultation and trainings to organizations, schools, and individuals on trauma-informed schools and work environments, the intersection of trauma and racism, institutional and implicit bias, and racism in healthcare.

Website: www.wellmindsconsulting.com

Name: Chrislene DeJean

Contact: chrislene.dejean@gmail.com

Description of expertise: Chrislene specializes in facilitation, reproductive health, racial justice, arts and culture, and social design.

Website <https://www.linkedin.com/in/chrislenedejean/>

Name: Joanna Gattuso

Contact: <https://www.joannagattuso.com/contact>

Description of expertise: Joanna is a facilitator that works in the areas of organizational change and organizational culture, helping teams to align their values with their practice.

Website: <https://www.joannagattuso.com>

Farah Jeune

Contact: Farenheight55@gmail.com

Description of expertise: Farah is a multimedia artist specializing in illustrations, artist-led classes, and video production.

Website: <https://www.farenheighttv.com>

Name: Aida Manduley, LCSW

Contact: <http://aidamanduley.com/contact/>

Description of expertise: Aida is a presenter, therapist, educator, activist, and consultant with expertise in mental health, sex and sexuality, anti-oppression, anti-violence, engaging technology, and digital literacy.

Website: <http://aidamanduley.com>