

HMOs' Outpatient Behavioral Health Utilization Data for MA Residents
1/1/2017 - 12/31/2017
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Aetna Health Inc.						
Major Depression	30	12.44	138	57.22	168	69.65
Attention Deficit Hyperactivity Disorder	85	35.24	70	29.02	155	64.26
Eating Disorders	3	1.24	8	3.32	11	4.56
Chemical Dependency	75	31.10	51	21.15	126	52.24
Other Mental Health	267	110.70	1,024	424.56	1,291	535.26
Total Outpatient Behavioral Health Utilization	460	190.72	1,291	535.26	1,751	725.98
Blue Cross and Blue Shield of MA HMO Blue, Inc.						
Major Depression	132,087	212.48	107,637	173.15	239,724	385.62
Attention Deficit Hyperactivity Disorder	43,367	69.76	20,609	33.15	63,976	102.91
Eating Disorders	3,951	6.36	4,243	6.83	8,194	13.18
Chemical Dependency	1,426	2.29	63,796	102.62	65,222	104.92
Other Mental Health	329,224	529.60	489,961	788.16	819,185	1,317.76
Total Outpatient Behavioral Health Utilization	510,055	820.49	686,246	1,103.91	1,196,301	1,924.39
Boston Medical Center Health Plan, Inc.						
Major Depression	4,114	17.28	35,127	147.56	39,241	164.84
Attention Deficit Hyperactivity Disorder	2,194	9.22	35,639	149.71	37,833	158.92
Eating Disorders	10	0.04	198	0.83	208	0.87
Chemical Dependency	352,109	1,479.09	849,958	3,570.38	1,202,067	5,049.46
Other Mental Health	8,911	37.43	124,293	522.11	133,204	559.54
Total Outpatient Behavioral Health Utilization	367,338	1,543.06	1,045,215	4,390.58	1,412,553	5,933.64
ConnectiCare of Massachusetts, Inc.						
Major Depression	0	0.00	0	0.00	0	0.00
Attention Deficit Hyperactivity Disorder	0	0.00	0	0.00	0	0.00
Eating Disorders	0	0.00	0	0.00	0	0.00
Chemical Dependency	0	0.00	0	0.00	0	0.00
Other Mental Health	0	0.00	0	0.00	0	0.00
Total Outpatient Behavioral Health Utilization	0	0.00	0	0.00	0	0.00
Fallon Community Health Plan, Inc.						
Major Depression	67	0.49	37,161	271.92	37,228	272.41
Attention Deficit Hyperactivity Disorder	21	0.15	10,879	79.61	10,900	79.76
Eating Disorders	1	0.01	1,439	10.53	1,440	10.54
Chemical Dependency	9,308	68.11	171,791	1,257.06	181,099	1,325.17
Other Mental Health	94,562	691.94	214,917	1,572.62	309,479	2,264.57
Total Outpatient Behavioral Health Utilization	103,959	760.71	436,187	3,191.74	540,146	3,952.44
Harvard Pilgrim Health Care, Inc.						
Major Depression	14,827	81.05	65,871	360.10	80,698	441.15
Attention Deficit Hyperactivity Disorder	6,375	34.85	15,867	86.74	22,242	121.59
Eating Disorders	122	0.67	3,012	16.47	3,134	17.13
Chemical Dependency	5,690	31.11	11,516	62.95	17,206	94.06
Other Mental Health	27,263	149.04	257,463	1,407.47	284,726	1,556.51
Total Outpatient Behavioral Health Utilization	54,277	296.72	353,729	1,933.73	408,006	2,230.44
Health New England, Inc.						
Major Depression	7,699	49.90	64,444	417.65	72,143	467.54
Attention Deficit Hyperactivity Disorder	2,880	18.66	45,198	292.92	48,078	311.58
Eating Disorders	134	0.87	642	4.16	776	5.03
Chemical Dependency	1,222	7.92	163,481	1,059.48	164,703	1,067.40
Other Mental Health	18,067	117.09	208,611	1,351.96	226,678	1,469.05
Total Outpatient Behavioral Health Utilization	30,002	194.44	482,376	3,126.17	512,378	3,320.61
Neighborhood Health Plan, Inc.						
Major Depression	18,956	50.43	174,594	464.49	193,550	514.92
Attention Deficit Hyperactivity Disorder	9,831	26.15	97,386	259.09	107,217	285.24
Eating Disorders	61	0.16	3,036	8.08	3,097	8.24
Chemical Dependency	32,925	87.59	1,072,800	2,854.10	1,105,725	2,941.69
Other Mental Health	36,605	97.38	525,757	1,398.73	562,362	1,496.12
Total Outpatient Behavioral Health Utilization	98,378	261.73	1,873,573	4,984.49	1,971,951	5,246.21
Tufts Health Public Plans, Inc.						
Major Depression	18,353	52.25	161,307	459.27	179,660	511.52
Attention Deficit Hyperactivity Disorder	15,546	44.26	70,556	200.88	86,102	245.15
Eating Disorders	418	1.19	1,843	5.25	2,261	6.44
Chemical Dependency	98,363	280.05	1,051,562	2,993.95	1,149,925	3,274.01
Other Mental Health	47,531	135.33	449,098	1,278.65	496,629	1,413.98
Total Outpatient Behavioral Health Utilization	180,211	513.09	1,734,366	4,938.00	1,914,577	5,451.09
Tufts Associated HMO, Inc.						
Major Depression	31,174	114.11	64,380	235.67	95,554	349.78
Attention Deficit Hyperactivity Disorder	10,712	39.21	10,243	37.50	20,955	76.71
Eating Disorders	685	2.51	2,544	9.31	3,229	11.82
Chemical Dependency	8,199	30.01	7,552	27.64	15,751	57.66
Other Mental Health	50,105	183.41	169,696	621.18	219,801	804.59
Total Outpatient Behavioral Health Utilization	100,875	369.26	254,415	931.30	355,290	1,300.56
TOTAL	1,445,555	618.60	6,867,398	2,938.78	8,312,953	3,557.38