



The Massachusetts Universal Newborn Hearing Screening Program presents an event for families who have a child who is deaf or hard of hearing:

## Parent Workshop: Creating positive and healthy habits

Saturday February 8<sup>th</sup> 10AM-1PM

The Reggie Lewis Center

1350 Tremont Street

Roxbury Crossing, MA 02120

Saturday  
February  
8th

**FREE  
EVENT!**  
Registration is required



**Everyday Language** – Learn tips and tricks for promoting language exposure and conversational turn taking doing everyday errands and activities. Reinforce lessons and skills from your child’s providers while waiting for an appointment, at the grocery store or at bedtime. This session will be led by Denise Fournier Eng, a speech language pathologist from the Deaf and Hard of Hearing Program at Boston Children’s Hospital.

**Self-Care** – More than just a buzzword or another item on your to-do list, self-care is crucial to your well-being and that of your family. Learn what works for you and how to integrate self-care into your already busy schedule. This session will be led by Kris Martone-Levine, the Early Intervention Parent Leadership Project Director.

Accessible via MBTA and free parking is available.

Light breakfast and lunch will be provided. RSVP to [sarah.stone@state.ma.us](mailto:sarah.stone@state.ma.us)



If you are deaf or hard of hearing, or are a person with a disability who requires accommodation, please contact:

Sarah Stone | (617) 624-5912 | [sarah.stone@state.ma.us](mailto:sarah.stone@state.ma.us)