



Mass
Measures

Participants Needed

Free testing for environmental chemicals in the body

Why participate?

- Everyone has some environmental chemicals in their body – from the food we eat, air we breathe, and water we drink.
- The Massachusetts Department of Public Health is offering **free** testing for environmental chemicals in the body.
- We will explain your results and discuss ways to reduce contact with environmental chemicals, if needed.



What will happen?

- We test a small sample of your blood and urine for certain chemicals. This is called **biomonitoring**.
- You can participate in a one-hour **in-person appointment** (blood and urine) or have a kit sent to your home (urine only).
- We keep your results and personal information **confidential**.



Learn more:

Call toll free 866-626-4224

Email MassMeasures@mass.gov

Visit www.mass.gov/MassMeasures



The Mass Measures study is supported by a cooperative agreement between Massachusetts Department of Public Health (DPH) and the U.S. Centers for Disease Control and Prevention (Number NU88EH001345). Based on Massachusetts law (**M.G.L. c.111, § 24A**), the DPH Institutional Review Board (IRB) and Commissioner of Public Health reviewed and approved the plan to protect participants in the Mass Measures study. To learn more about IRB protections, contact the DPH IRB at DPH.IRB@state.ma.us or by calling (617) 624-5621 and reference IRB #2289318. To learn more about the Mass Measures study, contact Meg Blanchet, M.S., REHS, Principal Investigator, at 866-626-4224 or MassMeasures@Mass.gov.