**Person-Centered Approach**

Handout

Self-Identification Interview Exercise

**Approach A:**

Explain the goal of your questions is to get a better sense of who the interviewee is as a person to improve your work together Ask whether the interviewee feels comfortable talking about their gender identity.

*1. What sex were you assigned at birth? In other words, what does it say on your birth certificate?*

* + *Female*
  + *Male*
  + *Question not answered*

*2. What is your current gender identity? [If they are unsure, explain gender can mean ‘being a man’, ‘being a transgender woman’, etc.]*

* + *Female*
  + *Male*
  + *Transgender Male/Trans Man/Female-to Male*
  + *Transgender Female/Trans Woman/Male-to-Female*
  + *Non-Binary/not exclusively Male or Female*
  + *Additional Gender category, please specify\_\_\_\_\_\_*
    - *Question not answered*

**Approach B:**

Explain that some individuals feel that their gender influences their health and the kind of care they need. Some also may feel their gender affects the way others treat them because there may be specific social roles or expectations for one gender but not for others.

1. What pronouns do you prefer to use to describe yourself? E.g. He, she, theirs
2. Have you ever felt like [your gender – replace with the gender expressed by their pronoun] has influenced your ability to get the kind of care you need? If yes, how so?