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**To**: Naturopathy Training Programs and Organizations

**From**: Steven Joubert, Director, Board of Registration in Naturopathy

**Date**: July 30, 2024

**Subject:** Physical Agents Utilized by Naturopathy Doctors

The purpose of this memo is to provide information about which physical medicine agents naturopathic doctors are authorized to use within their scope of practice.

Naturopathic Doctors use various physical medicine agents as part of their treatment protocols. The below list serves to expand on this particular scope of practice and provide guidelines pursuant to [273 CMR 2.02](https://www.mass.gov/doc/273-cmr-2-purpose-definitions-and-severability/download): “Naturopathic Physical Medicine means the therapeutic use of the physical agents of air, water, heat, cold, sound, light and physical modalities including, but not limited to, electrotherapy, diathermy, ultraviolet light, hydrotherapy, naturopathic manipulative therapy, and therapeutic exercise.”

*Diathermy:*

* Ultrasound
* Short wave capacitive
* Inductive diathermy

*Thermotherapy:*

* Hydrocollator packs
* Thermal Design Power heat lamps
* Cryotherapy: ice, frozen gel packs
* Paraffin Wax

*Phototherapies:*

* Cold lasers - Low Level Laser-Light Therapy
* Ultraviolet light
* Red light therapy
* Pulsed light therapy
* Infrared light and saunas

*Topical creams:* hot/cold with iontophoresis

*Colonic irrigation machines*

*Ozone generator machines*

*Hyperbaric Oxygen chamber*

*Naturopathic Manipulative therapy:*

* Manual joint adjustments
* Myofascial and lymphatic release technique
* Trigger point release
* Visceral manipulation

*Electrotherapies:*

* Sinewave
* Low volt galvanism
* Iontophoresis
* Microcurrent
* High volt pulsed
* Interferential
* Transcutaneous Electric Nerve Stimulator units
* High Frequency current
* Low Frequency Current
* Electromagnetic frequency
* Radiofrequency