

Health Policy Commission Board Meeting

March 28, 2018



- Call to Order
- Approval of Minutes from the January 31, 2018 Meeting
- Commissioner Updates
- Market Oversight and Transparency
- Executive Director's Report
- Public Hearing on the Potential Modification of the 2019 Health Care Cost Growth Benchmark
- Schedule of Next Board Meeting (April 25, 2018)



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VOTE: Approving Minutes

MOTION: That the Commission hereby approves the minutes of the Commission meeting held on January 31, 2018 as presented.

Benchmark Hearing Agenda

7 12:00PN • Brief meeting of the HPC Board

12:30PN

- Introduction, Dr. Stuart Altman
- Opening Remarks, Vice Chairman Jeffrey Roy and Chairman James Welch

12:40PM

• Statutory Process and Factors for Consideration, David Seltz

12:45PM

• Overview of MA Spending Performance and Opportunities for Savings, Dr. David Auerbach

1:15PM

- Board Discussion
- Questions from the Board and members of the Joint Committee on Health Care Financing

1:25PM

- Public Testimony
- Questions from the HPC Board and members of the Joint Committee on Health Care Financing





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VOTE: Vice Chair Appointment

MOTION: That, pursuant to Section 2.3 of the By-Laws, the Commission hereby appoints ______ to serve a one-year term as Vice Chairperson of the Health Policy Commission.



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The 2017 report includes material in two publications, a narrative written report and a graphical chartpack.





Written Report Focus Areas:

- Trends in Spending and Care Delivery
- Hospital Outpatient Department Spending
- Provider Organization
 Performance Variation
- Policy Recommendations





Chartpack Focus Areas:

- Hospital Utilization
- Post-Acute Care
- Alternative Payment Methods
- Demand-Side Incentives





VOTE: 2017 Cost Trends Report

MOTION: That, pursuant to section 8(g) of chapter 6D of the Massachusetts General Laws, the Commission hereby authorizes the Executive Director to issue the annual report on cost trends as presented.



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CHART Phase 2: Activities since program launch¹

15 regional meetings

with

900 +

hospital and community provider attendees

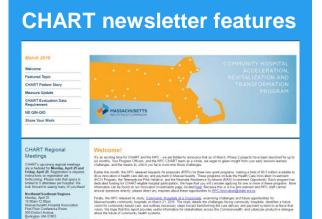
290+

technical assistance working meetings

900 +

hours of coaching phone calls

27



575+ data reports received 3,794 unique visits to the CHART hospital resource page **CHART Hospital Resource Center**

Updates from the HPC CHART Phase 2 Reports

CHART Phase 2 reports with due dates that fall during a weekend or state holiday may be submitted before the due date or on the next business day after the weekend/state

Upcoming CHART Regional

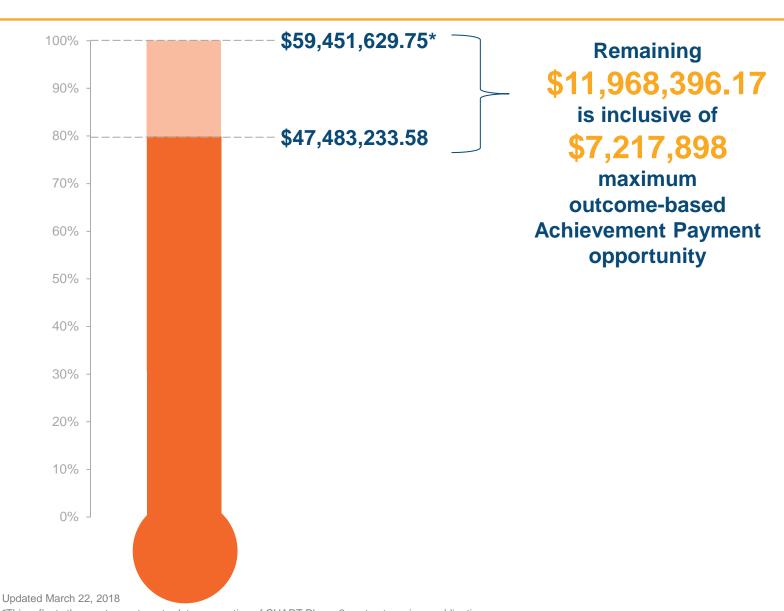
CHART Phase 2 Program Gu

CHART Phase 2 Award Guide #

18 teams are pursuing No Cost **Extensions**, using unspent funds to continue the model or finalize reporting for up to six months



CHART Phase 2: The HPC has disbursed \$47M to date



By the Numbers: Health Care Innovation Investment (HCII) Program

>100
organizations
collaborating to deliver care

54
Qualitative
Reports
submitted by awardees

129 months
of Key Performance
Indicators reported to
the HPC; 220 measures of
patient/provider experience,
quality, and outcomes

197 working
meetings with HPC
staff for progress reports,
learning, and technical
assistance









HCII Program Timeline



Awardees are continuously enrolling patients in their target populations and delivering services, including:

- Assessing students for unmet behavioral health needs
- Engaging opioid-using mothers in evidence-based care for their Substance Exposed Newborns
- Expanding outreach on the streets to engage homeless patients
- Investigating new use cases for tele-psychiatry services
- Training physicians in holding advance care conversations with patients nearing the end of life



Practices Participating in PCMH PRIME

Since January 1, 2016 program launch:

79 practices
are PCMH PRIME Certified

21 practices
are on the Pathway to PCMH
PRIME









UMass Club One Beacon Street, 32nd Floor Boston, MA 02108



HPC SPECIAL EVENT

Partnering to Address the Social Determinants of Health: What Works?

Join the HPC for a special event to explore how partnerships between health care providers and community stakeholders work to address health-related social needs. The morning will feature nationally-recognized experts and panels of Massachusetts health care leaders focused on the practical and policy approaches for supporting such partnerships. Coffee and a light breakfast will be provided. Register now (link below) and visit the HPC's website (www.mass.gov/HPC) for more information.



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HEARING ON THE POTENTIAL MODIFICATION OF THE

HEALTH CARE COST GROWTH BENCHMARK



Health Care Cost Growth Benchmark

- Sets a target for controlling the growth of total health care expenditures across all payers (public and private), and is set to the state's long-term economic growth rate:
 - Health care cost growth benchmark for 2013 2017 equals 3.6%
 - Health care cost growth benchmark for 2017 2018 equals 3.1%
- If target is not met, the Health Policy Commission can require health care entities to implement Performance Improvement Plans and submit to strict monitoring

TOTAL HEALTH CARE EXPENDITURES

Definition: Annual per capita sum of all health care expenditures in the Commonwealth from public and private sources

Includes:

- All categories of medical expenses and all non-claims related payments to providers
- All patient cost-sharing amounts, such as deductibles and copayments
- Net cost of private health insurance



What is Potential Gross State Product?

Potential Gross State Product (PGSP)

Long-run average growth rate of the Commonwealth's economy, excluding fluctuations due to the business cycle

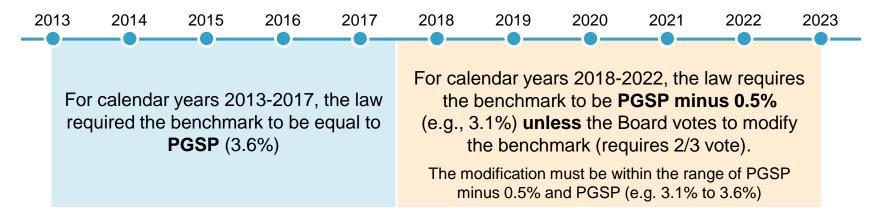
Process

- Every year the Secretary of Administration and Finance and the House and Senate Ways and Means Committees meet to develop and estimate of potential gross state product (PGSP) growth
- The PGSP estimate is established as part of the state's existing consensus tax revenue forecast process and is included in a joint resolution by January 15th of each year
- The Commonwealth's estimate of PGSP is developed with input from outside economists
- The PGSP estimate is used by the Health Policy Commission to establish the Commonwealth's health care cost growth benchmark



Benchmark Modification Process – Overview

- Beginning in 2017, the HPC Board may modify the statutory annual health care cost growth benchmark (for the following calendar year), pursuant to a public hearing process and engagement with the Legislature.
- The HPC Board sets the health care cost growth benchmark for the following calendar year annually between January 15 (when the PGSP is established in the consensus revenue process) and April 15.



• "For calendar years 2018 through 2022, if the commission determines that an adjustment in the health care cost growth benchmark is **reasonably warranted**...the board of the commission may modify the health care cost growth benchmark..." between -0.5 and PGSP.



Benchmark Modification Process – Key Steps

HPC ROLE

- HPC Board must hold a public hearing prior to making any modification of the benchmark.
- Hearing must consider testimony, information, and data on whether modification of the benchmark is appropriate:
 - Data: CHIA annual report, other CHIA data, or other data considered by the Board
 - Information: "health care provider, provider organization, and private and public health care payer costs, prices and cost trends, with particular attention to factors that contribute to cost growth within the Commonwealth's health care system"
 - Testimony: representative sample of providers, provider organizations, payers and other parties determined by HPC
 - The Joint Committee on Health Care Financing may participate in the hearing.
- Following a potential vote to modify, the HPC Board must submit notice of its intent to modify the benchmark to the Joint Committee.

LEGISLATIVE PROCESS

- Joint Committee must hold a public hearing within 30 days of notice of intent to modify.
- Joint Committee must submit findings and recommendations, including any legislative recommendations, to the General Court within 30 days of hearing.
- General Court must act within 45 days of public hearing or the HPC Board's modification of the benchmark takes effect.



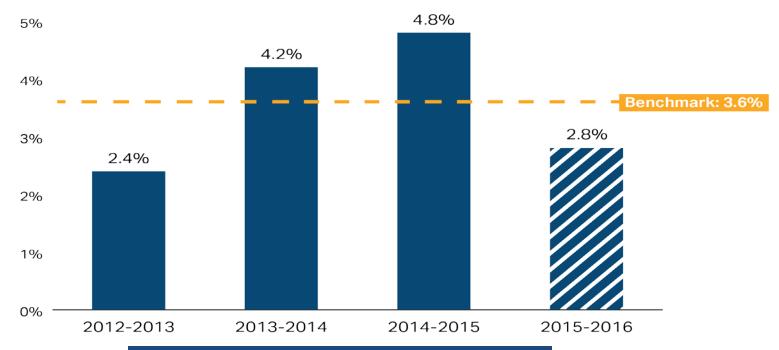
Factors to consider in determining whether an adjustment is reasonably warranted

- 1 Massachusetts' health system performance to date
- 2 Impact of enrollment and demographic changes on performance
- 3 Opportunities for and barriers to additional savings in Massachusetts
- 4 Financial impact of modifying the benchmark
- 5 Significant changes to the state or federal health care landscape
- 6 Role of the benchmark in the HPC's statutory responsibilities
- 7 Feedback from market participants and interested parties



Total health care expenditures (THCE) per capita grew 2.8% in 2016, below the benchmark rate

Annual per-capita total health care expenditure growth in Massachusetts, 2012-2016

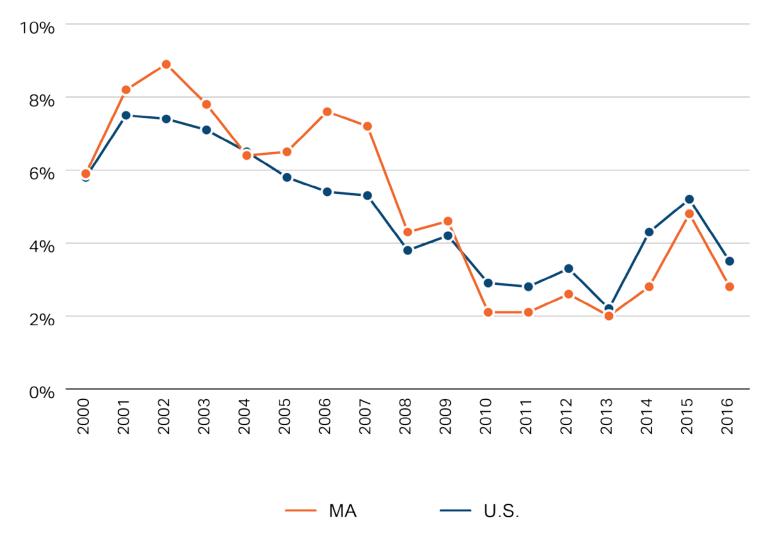


Average Annual Growth 2012-2016	
Massachusetts Health Care Spending	3.55%
National Health Care Spending	3.8%
Consumer Price Inflation (Boston)	1.3%
Wages and Salaries (Boston)	2.8%



Health care spending in Massachusetts grew slower than the nation again in 2016

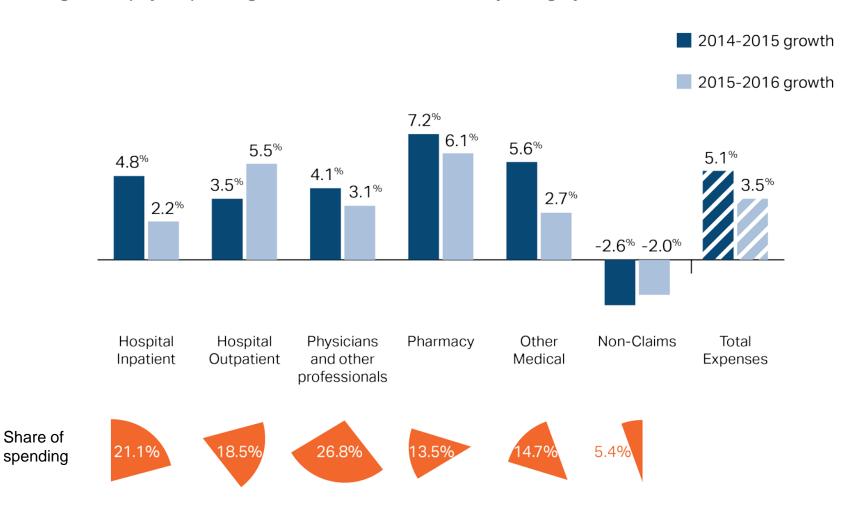
Annual growth in per capita health care spending, MA and the U.S., 2000-2016





Among categories of care, pharmacy drugs and hospital outpatient spending grew the fastest in 2016

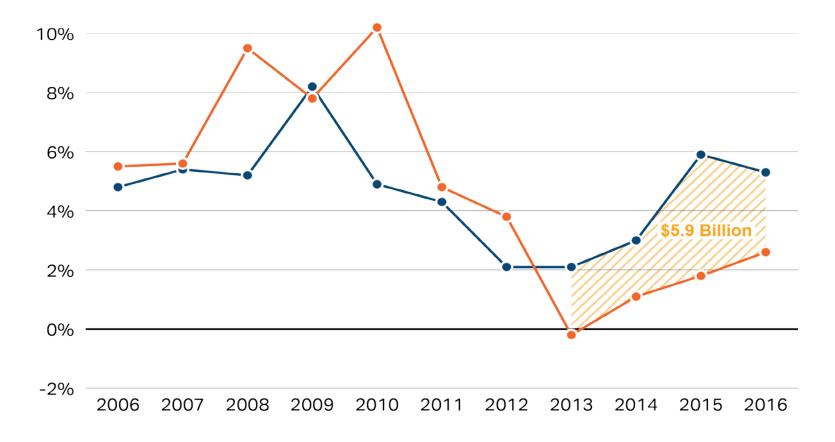
Change in all-payer spending 2014-2015 and 2015-2016 by category of care





In recent years, growth in spending on private health insurance in Massachusetts has been consistently lower than national rates

Annual growth in commercial health insurance spending from previous year, per enrollee, MA and the U.S.



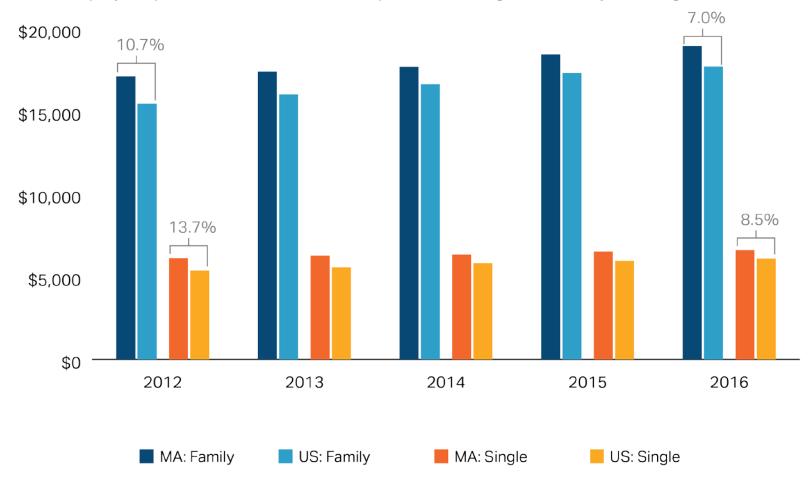




Notes: U.S. data includes Massachusetts. Center for Health Information and Analysis data are for the fully-insured market only. U.S. data for 2016 is partially projected.

For both families and individuals, the difference between MA and U.S. premiums narrowed between 2012 and 2016

Annual employer sponsored health insurance premiums, single and family coverage

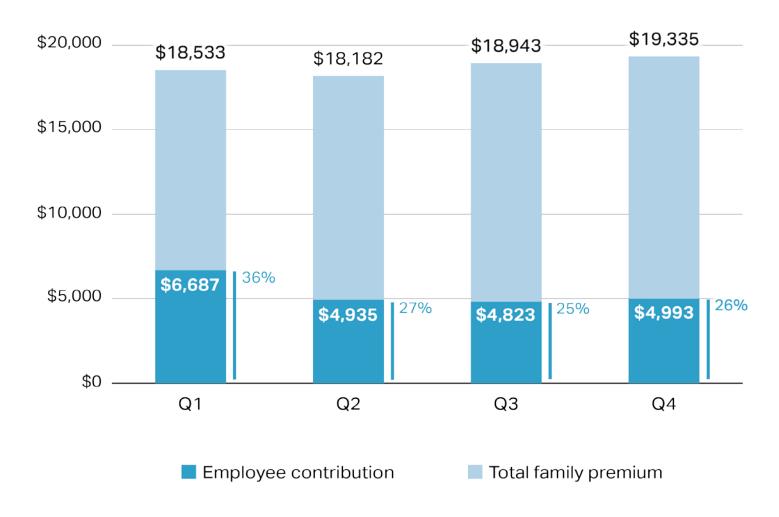


Family premiums in Massachusetts averaged \$19,000 in 2016, \$21,085 including typical cost-sharing; as high as \$29,000 for 10% of residents



Employees working for low-wage firms contribute considerably more for family coverage

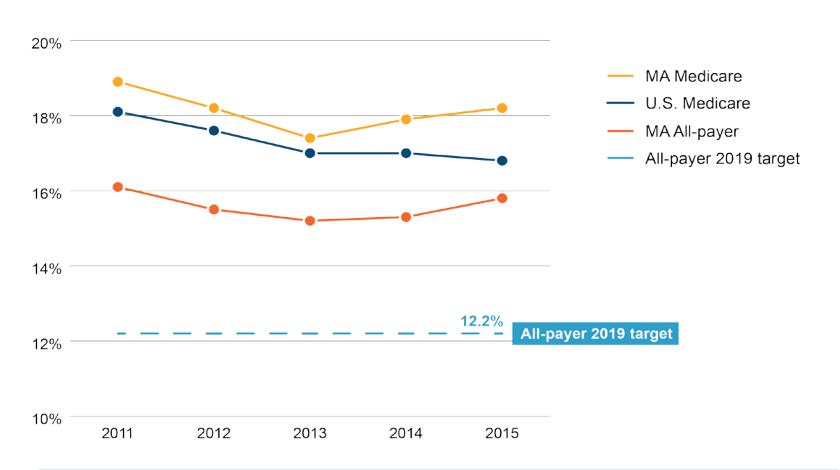
Average annual employer sponsored health insurance family coverage premium by firm wage quartile





As of 2015, readmission rates in Massachusetts increased, diverging from national trends

Thirty-day readmission rates, Massachusetts and the U.S., 2011-2015

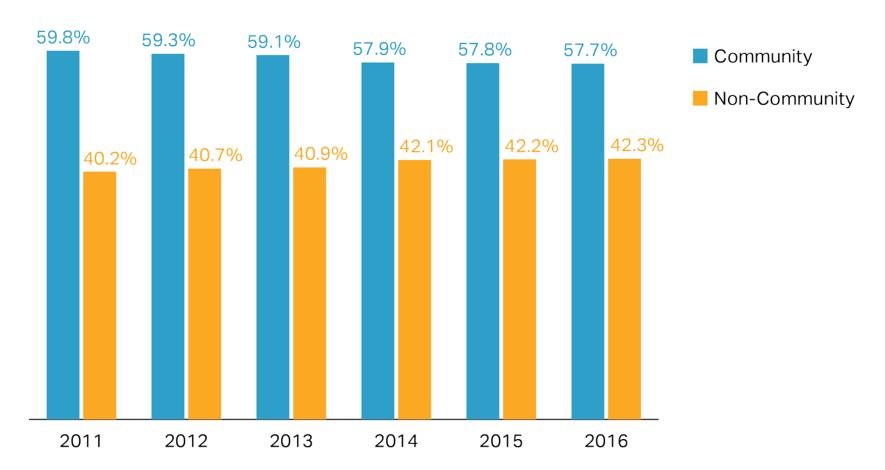


Based on pre-filed testimony, payers are starting to adopt a range of strategies to reduce readmissions, including non-payment for avoidable readmissions.



From 2011 to 2016, the share of community appropriate hospital stays in community hospitals has steadily declined

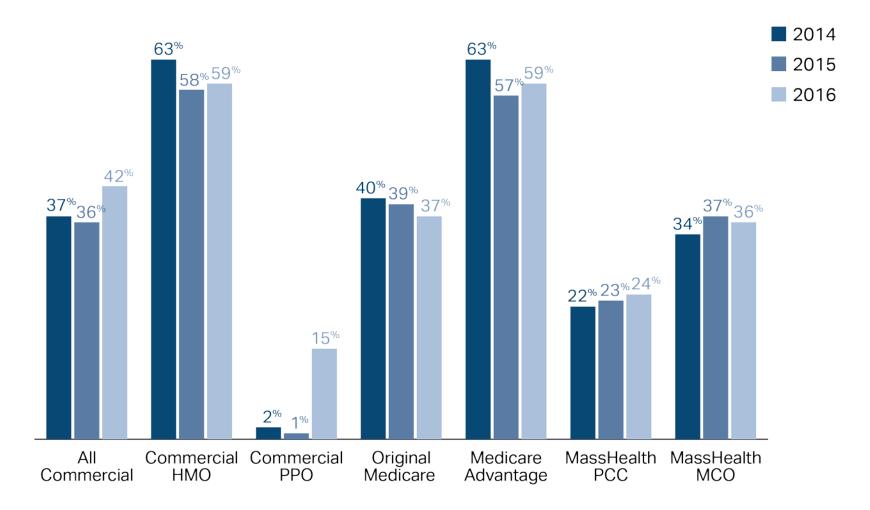
Inpatient hospital discharges by hospital type, 2011-2016





Uptake of alternative payment methods (APMs) increased in 2016, driven by growth in commercial PPO products

Proportion of member months under APM by insurance category, 2014-2016





Notes: 2016 results for Original Medicare represent preliminary estimates.

Aging of the population in Massachusetts contributes to health care spending growth

The Massachusetts population is aging

	2011	2015	2019
Average age	38.8 years	39.4 years	40.2 years
% of state residents 65+	13.9%	15.4%	17.0%

Older residents have higher spending

Age	0-18	19-44	45-64	65-84	85+
Average PMPY spending	\$3,394	\$4,260	\$9,091	\$16,123	\$30,972

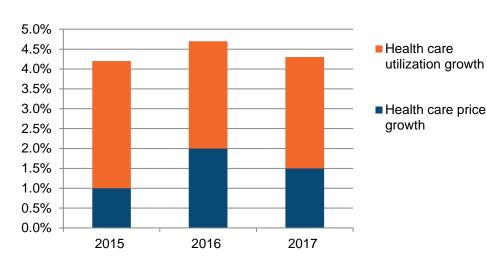
Relative population aging contributes consistently to notable TME growth

	2012-2015	2016-2019
TME growth per year due to relative aging	+0.5%	+0.6%

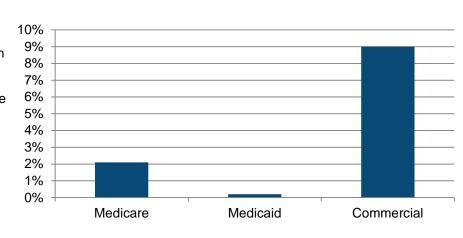


National health care spending growth has averaged 4-5% from 2014 to 2017, driven by both prices and utilization

Growth in national health care spending from previous year



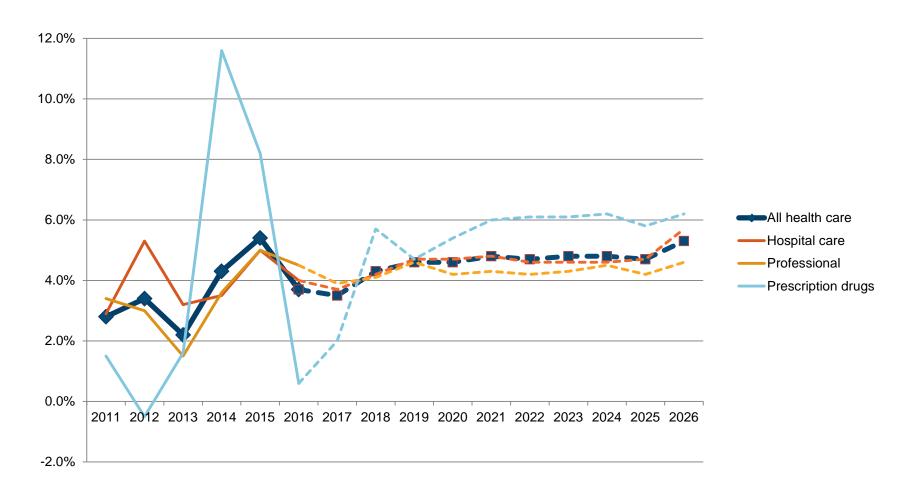
Cumulative hospital price growth, June 2014-Dec 2017



- Price growth over this period has been historically low (1-2%), with the exception of:
 - Commercial sector hospital prices (~3% per year)
 - Prescription drug prices (~4% per year)



National health care spending is projected to increase 5 percent annually from 2017 to 2026

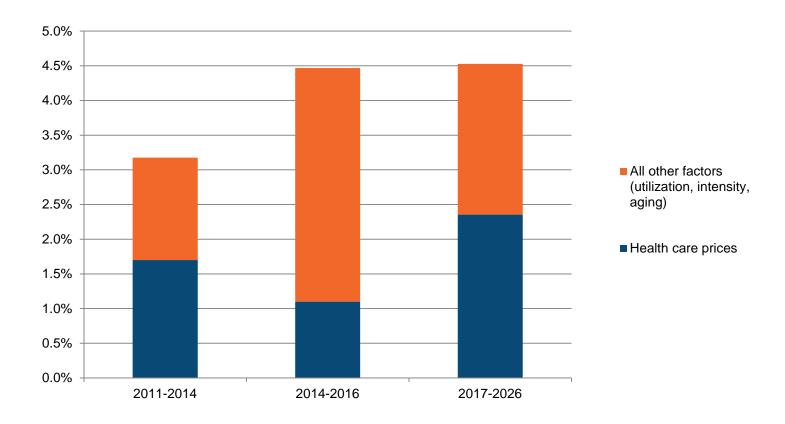


Higher expected growth driven by population aging, prices, and specialty prescription drugs



Price increases are projected to be the primary driver of national health care spending growth moving forward

Average contribution to annual percent growth in health care spending per capita for the years shown



Price growth has been relatively low from 2014-7 but is expected to increase





HEARING ON THE POTENTIAL MODIFICATION OF THE

HEALTH CARE COST GROWTH BENCHMARK

OPPORTUNITIES FOR COST SAVINGS



Opportunities for Improving Care and Reducing Spending

Background on 2018 Opportunities

- In order to inform the consideration of whether to modify the health care cost growth benchmark, the HPC identified a set of specific opportunities for improvement and modeled potential health care spending reduction estimates for each one.
- The limited set of seven scenarios is based on specific policy recommendations and targets described in the 2017 Cost Trends Report. This should **not** be considered an exhaustive list of potential areas for reducing health care spending.
- These illustrative, "what-if" scenarios are intended to provide the HPC's Board, the Legislature, market participants, and the public with a greater understanding of the scope and scale of different savings opportunities.
- This year, the model includes five-year estimates from 2018 to 2022 and separate estimates for commercial spending, Medicare, and MassHealth, where applicable.



List of 2018 Spending Reduction Scenarios

- 1 Reduce Hospital Readmissions
- 2 Reduce Institutional Post-Acute Care
- 3 Reduce Avoidable Emergency Department Use
- 4 Shift Community-Appropriate Inpatient Care to Community Hospitals
- 5 Implement Site-Neutral Payment for Hospital Outpatient Services
- 6 Reduce Prescription Drug Price Growth
- 7 Increase Adoption of Alternative Payment Methods



Hospital Readmissions

BACKGROUND

- Massachusetts all-payer hospital readmissions rates increased in 2014 and 2015 while the national average has been falling
 - Massachusetts' Medicare readmission rate was 10th highest in the US in 2015 at 18.2% versus 16.8% in the rest of the nation

ESTIMATE TARGET AND SCOPE

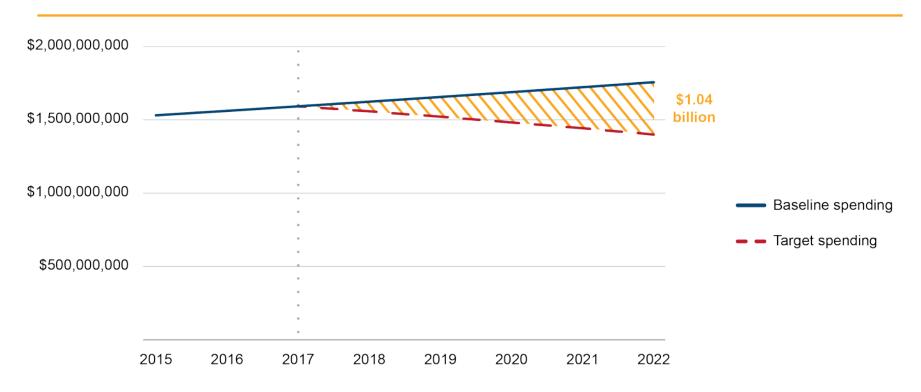
- Reduce all-payer readmissions gradually such that the 2022 readmissions rate is 20% below the 2015 rate
- Scope: All discharges

KEY ASSUMPTIONS

- Baseline: readmission rates hold steady for all payers from 2015 onward
- Assume that rates for Medicare, Commercial, and MassHealth each drop by 20% from their 2015 levels



Reducing hospital readmissions by 20% would save \$1.04 billion over five years



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	2018	2019	2020	2021	2022	Total
Total Savings	\$66,041,768	\$134,704,966	\$206,070,783	\$280,222,749	\$357,246,803	\$1,044,287,069



Post-Acute Care

BACKGROUND

- Massachusetts residents are more likely to be discharged from hospitals to institutional post-acute care (PAC) settings than residents of other states (20.4% versus 17.1%).
 - Of 36 states with available data, Massachusetts had the *highest* rate of institutional PAC discharges;13 states had a discharge rate to institutional PAC below 15%
- All institutional PAC settings (SNFs, IRFs, LTCHs) are markedly more costly, on average, than routine discharges or home health care

ESTIMATE TARGET AND SCOPE

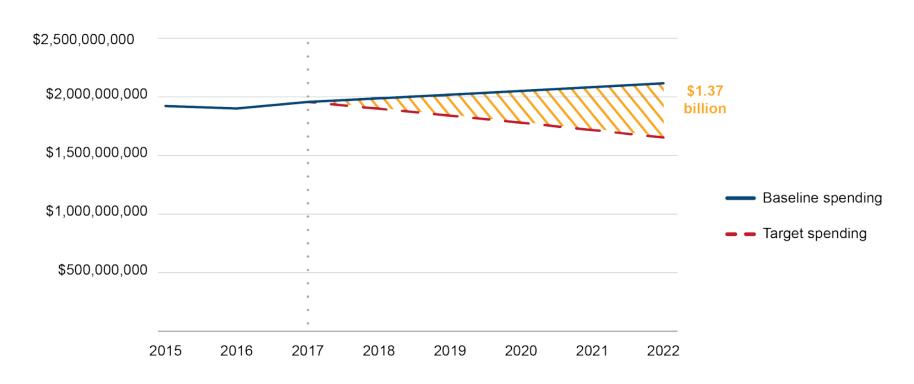
- Gradually reduce the rate of discharge to institutional PAC to 15% by 2022 without increasing home health use
- Scope: All discharges

KEY ASSUMPTIONS

- Baseline: rate of discharges to PAC settings remains at 2016 levels
- Use Medicare payment amounts for all payers; Medicare makes up 80% of PAC discharges



Reducing institutional post-acute care by 25% would save \$1.37 billion over five years



All-Payer

	2018	2019	2020	2021	2022	Total
Total Savings	\$88,690,518	\$178,626,287	\$270,946,831	\$365,700,683	\$462,937,279	\$1,366,901,599



Avoidable Emergency Department Use

BACKGROUND

- Emergency departments often serve patients with non-emergency conditions (~20% of visits) or conditions that could be safely treated in a primary care setting (~20% of visits)
- Massachusetts has a higher rate of Emergency Department visits and avoidable ED visits than the nation as a whole

ESTIMATE TARGET AND SCOPE

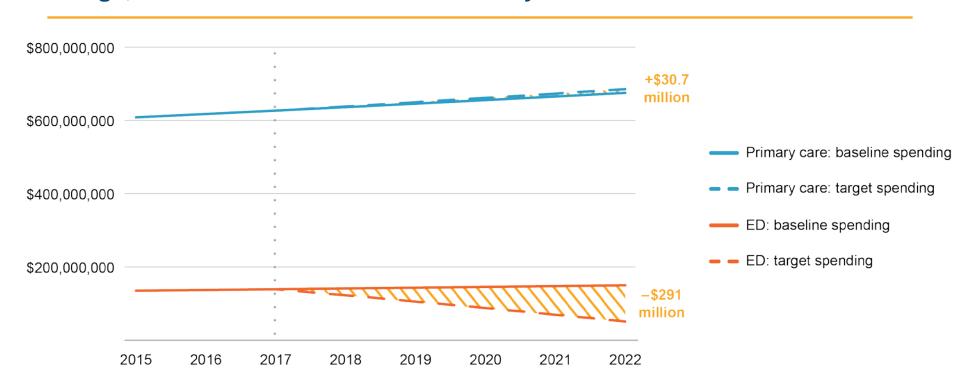
- By 2022, gradually shift:
 - 20% of visits for <u>emergent primary care treatable</u> conditions to primary care settings
 - 33% of visits for <u>non-emergency conditions</u> to a lower-intensity setting (urgent care center, retail clinic, or primary care office), and
- Gradually eliminate 33% of visits for non-emergency conditions
- Scope: MassHealth and Commercial ED visits

KEY ASSUMPTIONS

- <u>Baseline</u>: the number of ED visits per year remains constant
- Shifts are in the same proportions for Commercial and MassHealth patients



Reducing <u>non-emergent</u> ED visits by 66%, including a 33% shift to other settings, would save \$260 million over five years

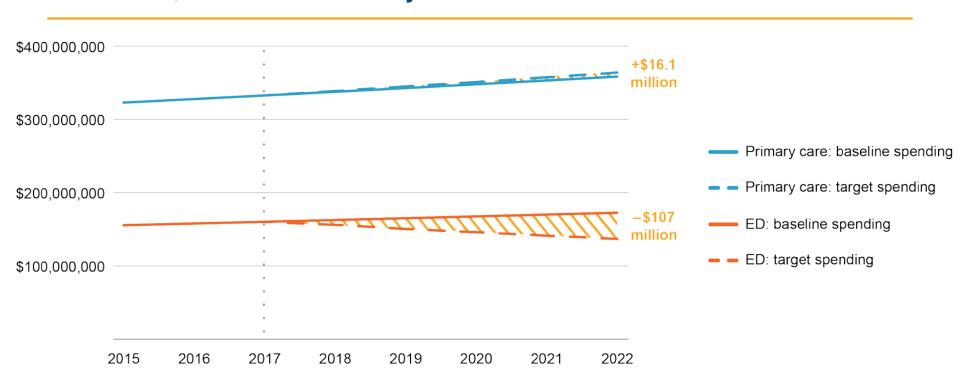


Commercial + MassHealth

	2018	2019	2020	2021	2022	Total
Total Savings	\$16,683,137	\$33,866,769	\$51,562,155	\$69,780,783	\$88,534,369	\$260,427,213



Shifting 20% of <u>emergent primary care treatable</u> ED visits to other settings would save \$91 million over five years



Commercial + MassHealth

	2018	2019	2020	2021	2022	Total
Total Savings	\$5,479,069	\$12,634,813	\$18,402,271	\$24,339,909	\$30,451,537	\$91,307,599



Community Appropriate Discharges

BACKGROUND

- "Community appropriate" inpatient care can be safely delivered to patients at most hospitals in the Commonwealth
 - As much as possible, this care should be provided at high-value community hospitals
- The percentage of such care provided by community hospitals has steadily fallen from 59.8% in 2011 to 57.7% in 2016

ESTIMATE TARGET AND SCOPE

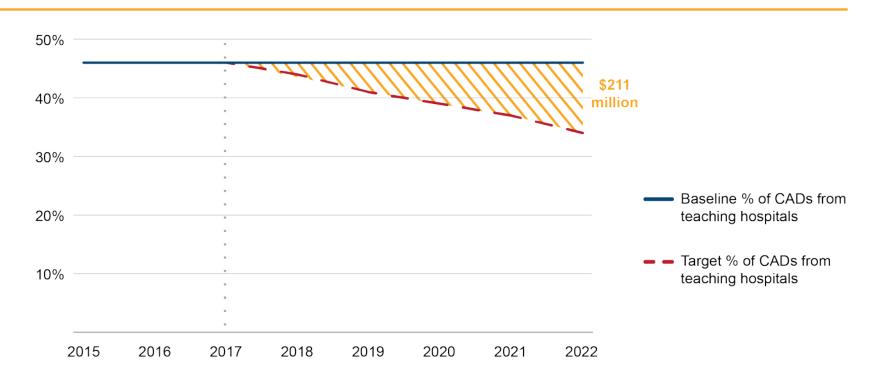
- Gradually shift 25% of Commercial and Medicare community appropriate care from teaching hospitals to community hospitals by 2022
- Scope: Commercial and Medicare discharges

KEY ASSUMPTIONS

 Baseline: The number of community appropriate discharges remains constant from 2016 onward



Shifting 25% of community appropriate inpatient discharges from teaching hospitals to community hospitals would save \$211 million over five years



Commercial + Medicare

	2018	2019	2020	2021	2022	Total
Total Savings	\$13,477,918	\$27,409,461	\$41,806,221	\$56,680,058	\$72,043,103	\$211,416,761



Hospital Outpatient Care

BACKGROUND

- In 2016, hospital outpatient spending represented the fastest-growing category of commercial spending at 5.5% per member
 - It was also the largest source of variation in spending by provider organization
- Many services performed in hospital outpatient departments (HOPDs) can be performed in alternative settings, including less expensive physicians' offices and freestanding imaging centers

ESTIMATE TARGET AND SCOPE

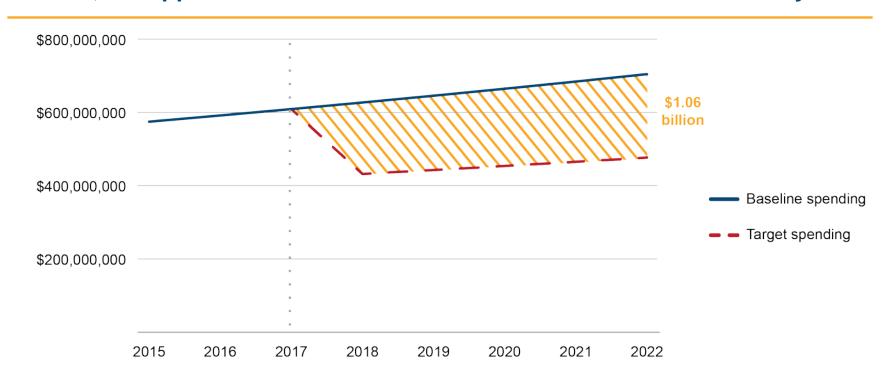
- Reimburse select outpatient procedures at a site-neutral rate, starting in 2018
- Scope: 19 selected high-volume, 'shoppable' outpatient procedures*

KEY ASSUMPTIONS

- Baseline: Assume constant utilization rates of selected procedures from 2015 to 2022
- Apply site-neutral payments, based on the price of performing these procedures in non-HOPD settings, for patients attributed to the 14 largest provider organizations in Massachusetts.



Implementing site-neutral outpatient reimbursement for certain high-volume, "shoppable" conditions would save over \$1 billion over five years



Commercial Only

	2018	2019	2020	2021	2022	Total
Total Savings	\$195,132,039	\$202,841,187	\$210,830,830	\$219,110,675	\$227,690,801	\$1,055,605,532



Prescription Drug Spending

BACKGROUND

 Prescription drug spending represented the fastest growing category of care in 2015 and 2016 (7.2% and 6.1% net of rebates, respectively)

ESTIMATE TARGET AND SCOPE

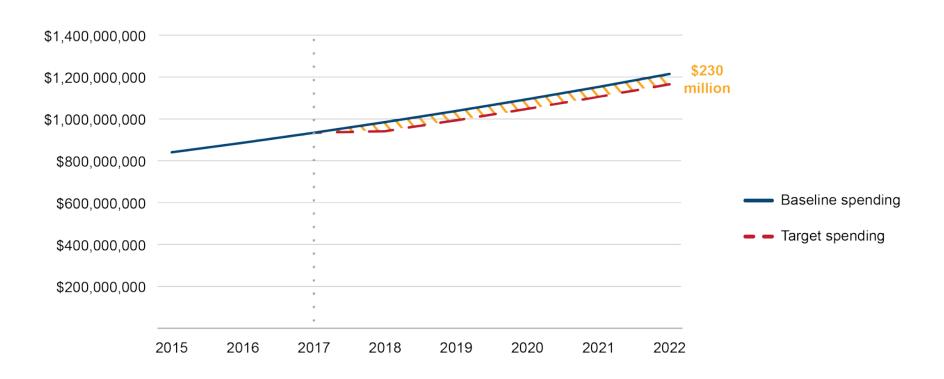
- In order to achieve overall growth consistent with the benchmark, cap annual growth in the price of existing prescription drugs at 1.6%
- This allows up for up to 1.5% spending growth due to utilization and introduction of new therapies/products
- Scope: Commercial market; prescription drugs that rank high in total spending comprising the top 50% of all drug spend

KEY ASSUMPTIONS

 Baseline: 2018-2022 drug prices grow in accordance with 2015-2017 national trends¹



Limiting prescription drug price growth to 1.6% would save \$230 million over five years



Commercial Only

	2018	2019	2020	2021	2022	Total
Total Savings	\$43,366,003	\$44,517,093	\$46,037,453	\$47,357,490	\$49,233,591	\$230,511,630



Alternative Payment Methods

BACKGROUND

• Massachusetts APM adoption in the commercial market increased from 37% to 42% between 2014 and 2016, which is still below the rate needed for APMs to provide sufficient incentives to reduce health care costs.

ESTIMATE TARGET AND SCOPE

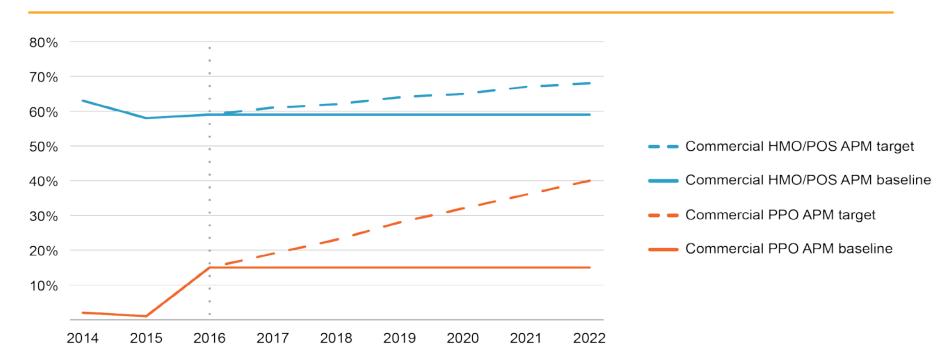
- Increase APM adoption in the commercial market to 68% among HMO plans and 40% among PPO plans by 2022 (see graph)
- Scope: Commercial market

KEY ASSUMPTIONS

- Baseline: APM rates hold steady from 2016 onward; spending grows 3.1% per year
- APMs reduce spending growth by 1-2%, but the effect is twice as large once a critical mass (63%) of patients is under APMs for a given provider organization



Expanding use of alternative payment methods would save \$494 million over five years



Commercial Only

	2018	2019	2020	2021	2022	Total
Total Savings	\$3,877,163	\$30,889,395	\$74,780,093	\$150,444,441	\$234,635,036	\$494,626,098

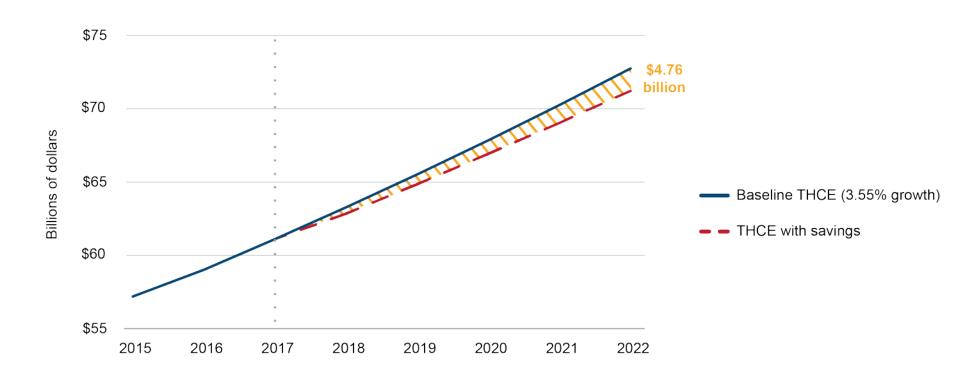


Total savings over five years exceeds \$4.7 billion

Measure	2018 savings	2019 savings	2020 savings	2021 savings	2022 savings	5 year savings
Readmissions	\$66.0m	\$134.7m	\$206.1m	\$280.2m	\$357.2m	\$1.04b
PAC	\$88.7m	\$178.6m	\$270.9m	\$365.7m	\$462.9m	\$1.37b
Avoidable ED	\$22.2m	\$46.5m	\$70.0m	\$94.1m	\$119.0m	\$351.7m
Outpatient	\$195.1m	\$202.8m	\$210.8m	\$219.1m	\$227.7m	\$1.06b
CADs	\$13.5m	\$27.4m	\$41.8m	\$56.7m	\$72.0m	\$211.4m
Drugs	\$43.4m	\$44.5m	\$46.0m	\$47.4m	\$49.2m	\$230.5m
APMs	\$3.9m	\$30.9m	\$74.8m	\$150.4m	\$234.6m	\$494.6m
Net savings	\$432.7m	\$665.5m	\$920.4m	\$1.21b	\$1.52b	\$4.76b
Commercial savings	\$291.6m	\$379.5m	\$484.8m	\$623.6m	\$773.3m	\$2.55b



Compared to recent performance, achieving the combined savings would reduce THCE by \$1.5 billion (2.1%) in 2022



All-Payer					
	2018	2019	2020	2021	2022
Baseline THCE (3.55% growth)	\$63.3 billion	\$65.5 billion	\$67.8 billion	\$70.3 billion	\$72.7 billion
Savings as a percentage of THCE 0.7		1.0%	1.4%	1.7%	2.1%

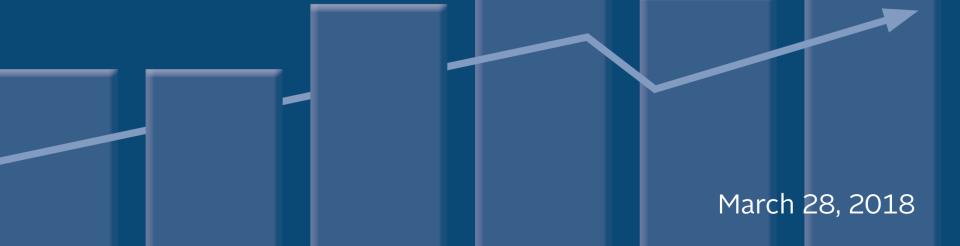




HEARING ON THE POTENTIAL MODIFICATION OF THE

HEALTH CARE COST GROWTH BENCHMARK

PUBLIC TESTIMONY



2018 Meetings and Contact Information



Board Meetings

Wednesday, April 25, 2018 Wednesday, July 18, 2018 Wednesday, September 12, 2018 Thursday, December 13, 2018



Committee Meetings

Wednesday, June 13, 2018 Wednesday, October 3, 2018 Wednesday, November 28, 2018



Contact Us

Mass.Gov/HPC

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Special Events

Thursday, May 17, 2018: Partnering to Address the Social Determinants of Health: *What Works?*

Monday and Tuesday, October 15 and

16, 2018: Cost Trends Hearing

