

COMMONWEALTH OF MASSACHUSETTS  
HEALTH POLICY COMMISSION

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January 20, 2016  
Board Meeting



# Agenda

- Approval of Minutes from the December 16, 2015 Meeting
- Executive Director's Report
- Update on HPC Committee Assignments
- Cost Trends and Market Performance
- Community Health Care Investment and Consumer Involvement
- Schedule of Next Meeting (March 2, 2016)



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## Vote: Approving Minutes

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**Motion:** That the Commission hereby approves the minutes of the Commission meeting held on December 16, 2015, as presented.

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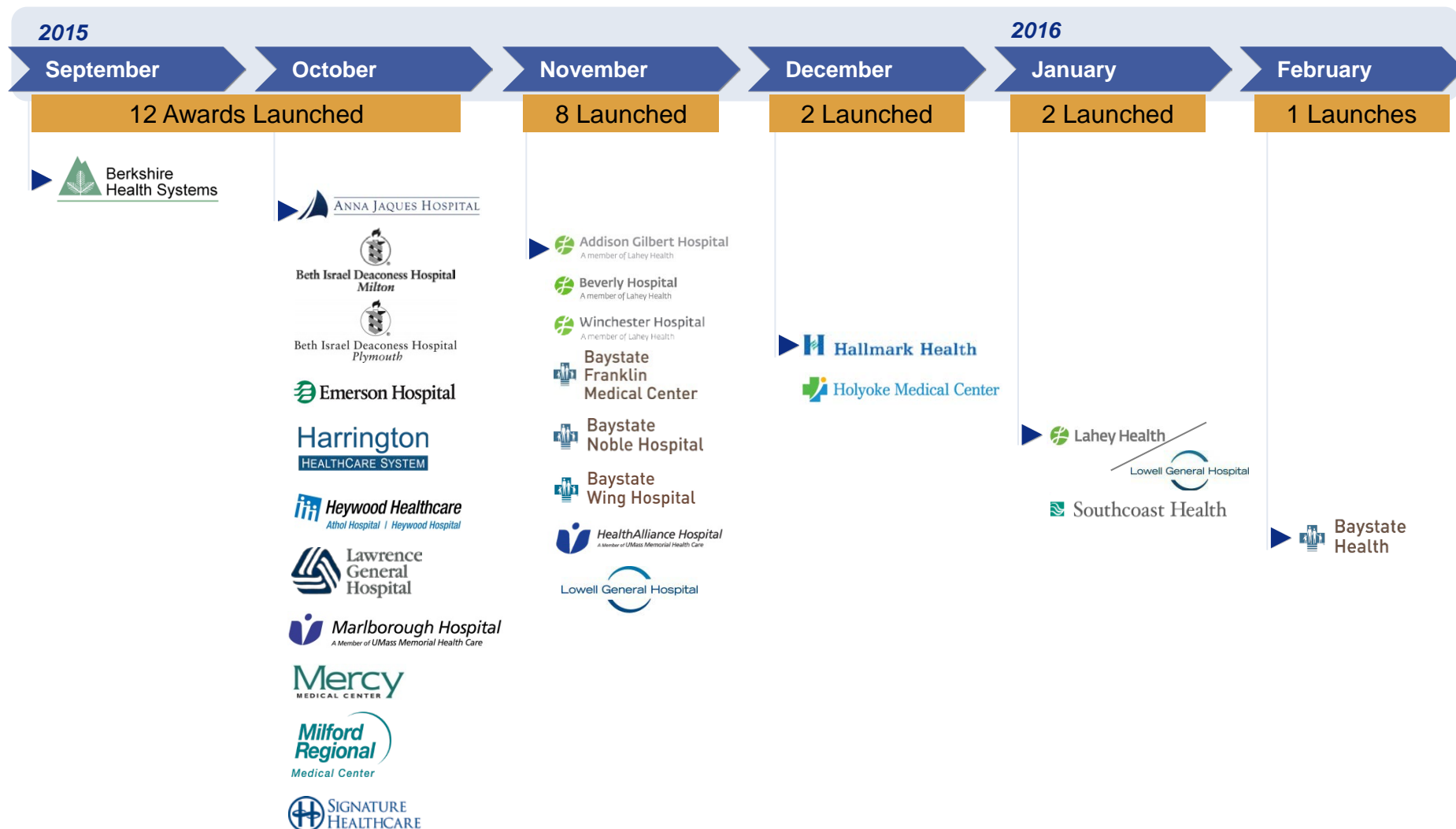


# January 20 Meeting: Agenda

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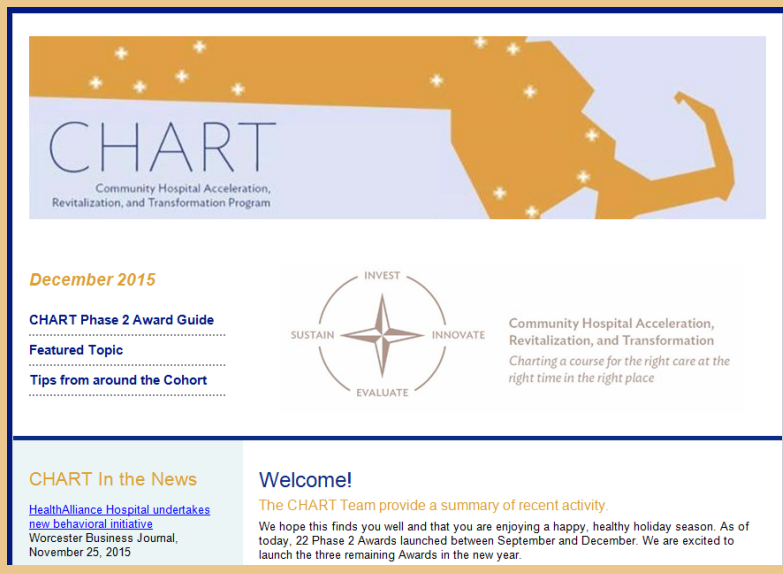
- 1 Update on HPC Committee Assignments
- 2 Cost Trends and Market Performance Updates
  - Update on Material Change Notices
  - Discussion of 2015 Cost Trends Report: Provider Price Variation
  - Discussion of Recommendations from the 2015 Cost Trends Report
- 3 Community Health Care Investment and Consumer Involvement Updates
  - Approval of Program Design for Health Care Innovation Investment Program
  - Approval of Program Design for HPC's Telemedicine Pilot Program

# CHART Investment Program: Phase 2 launch update



# CHART Phase 2: Activities and supports

## CHART Phase 2 Newsletter



**December 2015**

**CHART Phase 2 Award Guide**

**Featured Topic**

**Tips from around the Cohort**

**CHART In the News**

[HealthAlliance Hospital undertakes new behavioral initiative](#)  
Worcester Business Journal, November 25, 2015

**Welcome!**

The CHART Team provide a summary of recent activity. We hope this finds you well and that you are enjoying a happy, healthy holiday season. As of today, 22 Phase 2 Awards launched between September and December. We are excited to launch the three remaining Awards in the new year.

Communities  
of Practice by  
Vocation

Quarterly  
regional  
convenings

12+  
working meetings with  
strategic advisors  
each month

CHART  
lecture series  
with  
national  
experts

## CHART Hospital Resource Page

### CHART Hospital Resource Center

#### Updates from the HPC

Stay tuned for more CHART updates.



Community Hospital Acceleration, Revitalization, and Transformation  
Charting a course for the right care at the right time in the right place

#### CHART Phase 2 Program Guide and Reporting

- [CHART Phase 2 Award Guide](#)
- [Lessons Learned and Reflections](#)
- [Request for Modification - Budget](#)
- [Request for Modification - Key Personnel](#)

#### CHART Phase 2 Measurement Forms

To obtain a copy of your CHART Program's unique measure specifications or unique measure reporting template, please contact your Program Officer.

- [Baseline Data Submission Template](#)
- [Program-specific Measure Spec Template](#)

#### CHART Phase 2 Measurement Guidance

- [Measurement FAQs, Updated 12/21/15](#)

#### Questions? Content suggestions?

Please contact staff by email at [hpc:chart@state.ma.us](mailto:hpc:chart@state.ma.us) or by phone at (617) 979-1400.

#### Questions for other CHART hospitals?

Contact CHART hospital Project Managers using [this list](#)

#### Upcoming Events for CHART Teams

Below is a sample of upcoming events in Massachusetts and across the country that may be of interest to CHART teams.

[Massachusetts Hospital Association](#)  
Project Management for Healthcare, January 15

[Institute for Healthcare Improvement](#)  
Hospital Flow Professional Development Program, April 4-7

[National Quality Forum](#) 2016 Annual Conference, April 7-8



# Certification Programs

## Patient-Centered Medical Home Certification Program

PCMH PRIME launched on January 1, 2016.

NCQA is currently accepting applications from eligible entities on its website.

HPC, in conjunction with NCQA, will continue to release communications on this program.

For more information, visit [bit.ly/HPCPRIME](http://bit.ly/HPCPRIME).

## Accountable Care Organization Certification Program

HPC is accepting public comment on proposed ACO certification criteria through **Friday, January 29.**

Submit Comment: [HPC-Certification@state.ma.us](mailto:HPC-Certification@state.ma.us)

or

Health Policy Commission

Attn: Catherine Harrison

50 Milk Street, 8th floor, Boston, MA 02109

All written or oral comments submitted to the HPC may be posted on the HPC's website and released in response to a request for public records. Please do not include any information in either written or oral comments that may lead to the identification of a patient, other than oneself.

## January 20 Meeting: Proposed Votes

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- 1 Minutes from December 16, 2015 Meeting
- 2 Committee Assignments
- 3 2015 Cost Trends Report
- 4 Program Design for the Health Care Innovation Investment Program
- 5 Program Design for the HPC's Telemedicine Pilot Program

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## Vote: Approving Committee Appointments

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**Motion:** That pursuant to section 4.1 of the By-Laws, the Commission hereby approves the following Committee appointments and directs each Committee that does not have a Chairperson to appoint a Chairperson at its next meeting:

**Cost Trends and Market Performance**

Dr. Cutler, Chair  
Dr. Everett

**Mr. Mastrogiovanni**

Mr. Lord  
Secretary Lepore

**Care Delivery and Payment System Transformation**

Dr. Allen, Chair  
Mr. Cohen  
Dr. Cutler

**Dr. Berwick**

Secretary Sudders

**Administration and Finance**

Dr. Altman, Chair  
Mr. Lord  
Mr. Mastrogiovanni  
Ms. Turner  
Secretary Lepore

**Quality Improvement and Patient Protection**

Mr. Cohen, Chair  
Dr. Allen  
Dr. Everett  
Ms. Turner  
Secretary Sudders

**Community Health Care Investment and Consumer Involvement**

**Dr. Berwick**

Mr. Lord  
Mr. Mastrogiovanni  
Ms. Turner  
Secretary Lepore

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## Types of transactions noticed

### April 2013 to Present

Type of Transaction	Number of Transactions	Frequency
Clinical affiliation	14	25%
Physician group merger, acquisition or network affiliation	12	22%
Acute hospital merger, acquisition or network affiliation	11	20%
Formation of a contracting entity	9	16%
Merger, acquisition or network affiliation of other provider type (e.g. post-acute)	5	9%
Change in ownership or merger of corporately affiliated entities	3	5%
Affiliation between a provider and a carrier	1	2%

## Update on notices of material change

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### Notices Received Since Last Commission Meeting

- Clinical affiliation between Beth Israel Deaconess Medical Center (BIDMC), Harvard Medical Faculty Physicians, and MetroWest Medical Center (MWMC), under which the parties would expand MWMC service offerings and direct MWMC patients to BIDMC for tertiary/quaternary care.
- Clinical affiliation between Boston Children's Hospital (Children's), Mount Auburn Cambridge Independent Practice Association (MACIPA), and Mount Auburn Hospital, under which Children's would become the preferred pediatric academic medical center for MACIPA patients.

### Elected Not to Proceed

- **Clinical affiliation between Atrius Health (Atrius) and Massachusetts Eye and Ear Infirmary**
  - Our analysis indicated that referral patterns for Atrius patients were not expected to shift significantly, and thus that there was limited scope for changes to health care spending.
  - We did not find evidence suggesting negative impacts on quality or access to care.



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# Introduction

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- As part of the 2015 Cost Trends Report series, the HPC is releasing a companion report on provider price variation, focused on the significant and persistent variation in prices paid by commercial insurers to different providers for the same sets of services.
- Chapter 224 charged the HPC with examining provider price variation and recommending solutions to address it.
- This Report provides an overview of previous work on provider price variation (by the HPC, AGO, CHIA and other national experts) and presents new data-driven analyses further detailing the issue of unwarranted price variation, including a rigorous examination of the factors associated with differing inpatient hospital prices.

## Key findings

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- Provider prices vary extensively for the same sets of services.
- Provider price variation has not diminished over time.
- Market leverage continues to be a significant driver of higher prices; higher hospital prices are not generally associated with higher quality or other value-based factors that provide benefit to the Commonwealth.
- While some variation in prices may be warranted to support activities that provide value to the Commonwealth (e.g. physician training), unwarranted variation in prices combined with the large share of volume at higher-priced providers results in increased health care spending and creates inequities in the distribution of health care resources.
- Other states have also found unwarranted variation in provider prices; however, in one state that limits hospital price variation to value-based factors, hospital prices for specific services vary less than in Massachusetts.
- Unwarranted price variation is unlikely to diminish over time absent policy action to address the issue.

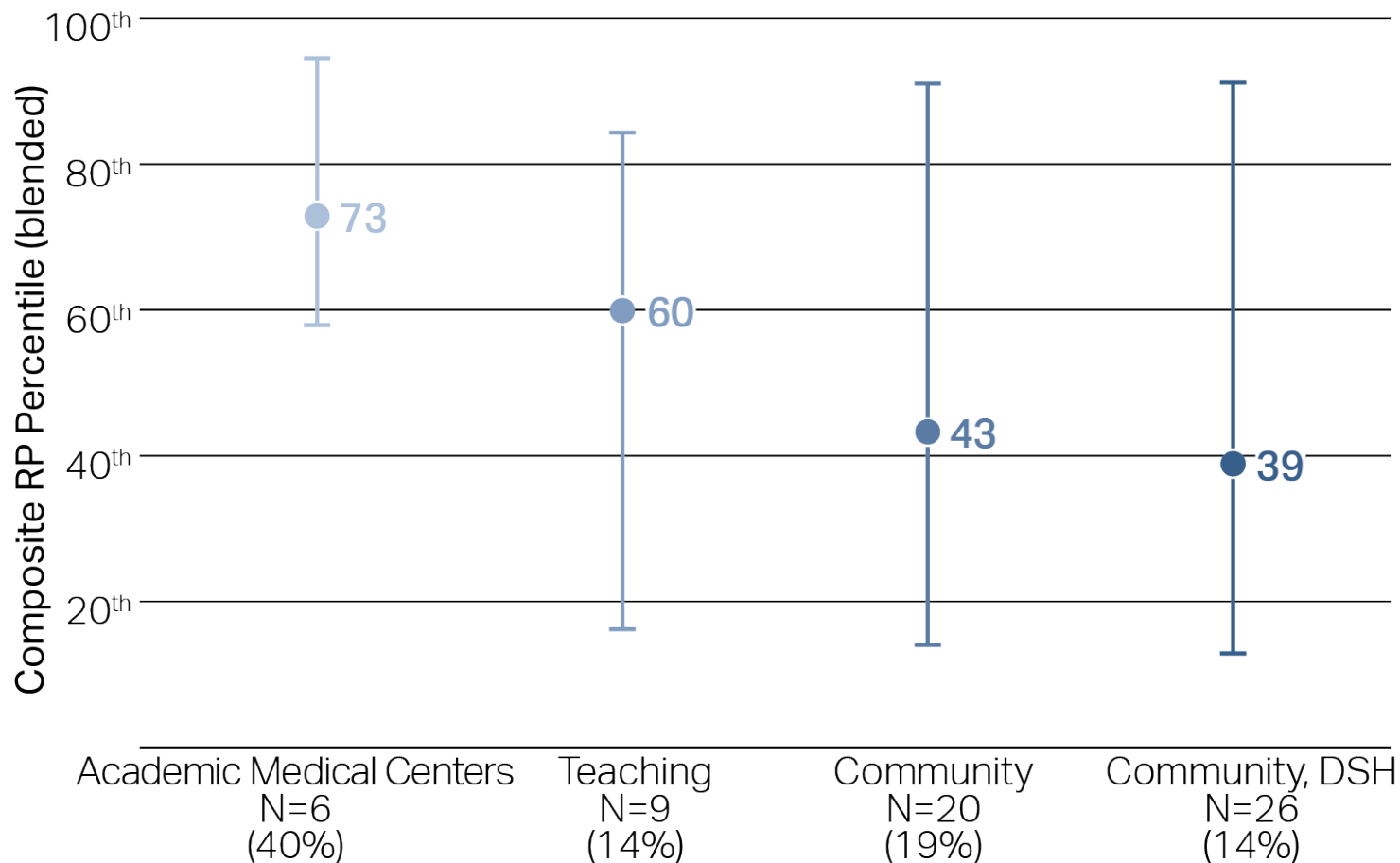
## Multiple state agencies have documented extensive, unwarranted variation in hospital and physician prices in Massachusetts since 2010

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- Multiple state agencies have found significant price variation among health care providers in the Commonwealth:
  - The Office of the Attorney General in 2010, 2011, 2013, and 2015
  - The Special Commission on Provider Price Reform in 2011
  - The Division of Health Care Finance and Policy in 2011 and the Center for Health Information and Analysis (CHIA) in 2012, 2013, and 2015
- In addition to variation in fee-for-service prices, multiple reports have documented extensive variation in prices paid under alternative payment methods, specifically global budget arrangements.
- Variation has not generally be found to be explained by differences in quality, patient acuity, or other common measures of value. Rather, past reports have found that higher prices are associated with market leverage.
- Previous reports have documented that hospital prices vary considerably not only across all Massachusetts hospitals, but also within hospital cohorts (AMC, teaching, community, community-DSH).

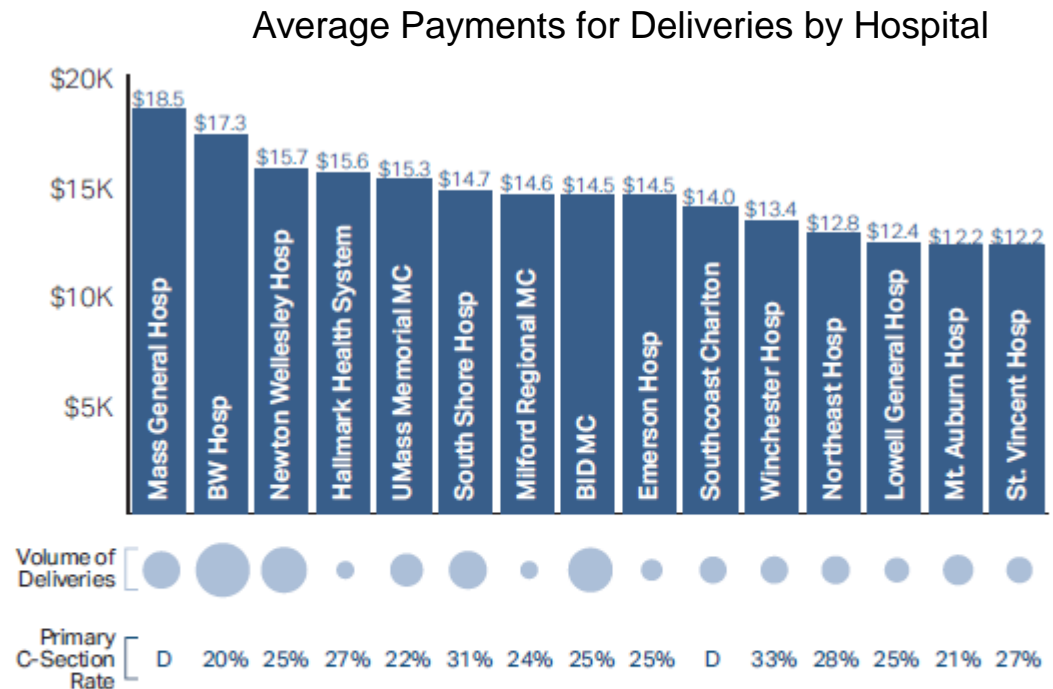
## Hospital prices vary not only across all hospitals, but also within hospital cohorts

### Acute Hospital Composite Relative Price Percentile by Hospital Cohort (2013)



## The HPC has also found considerable variation in prices for common episodes of care

- As described in the 2014 and 2015 Cost Trends Reports, the HPC has found that spending levels for common episodes of care, such as hip and knee replacements and maternity care, vary considerably and such variation is not tied to differences in quality.
- Spending differences for these episodes are driven by variation in inpatient prices, rather than differences in utilization before or after the inpatient stay.
- The HPC has also found wide variation in prices paid for common outpatient laboratory tests.

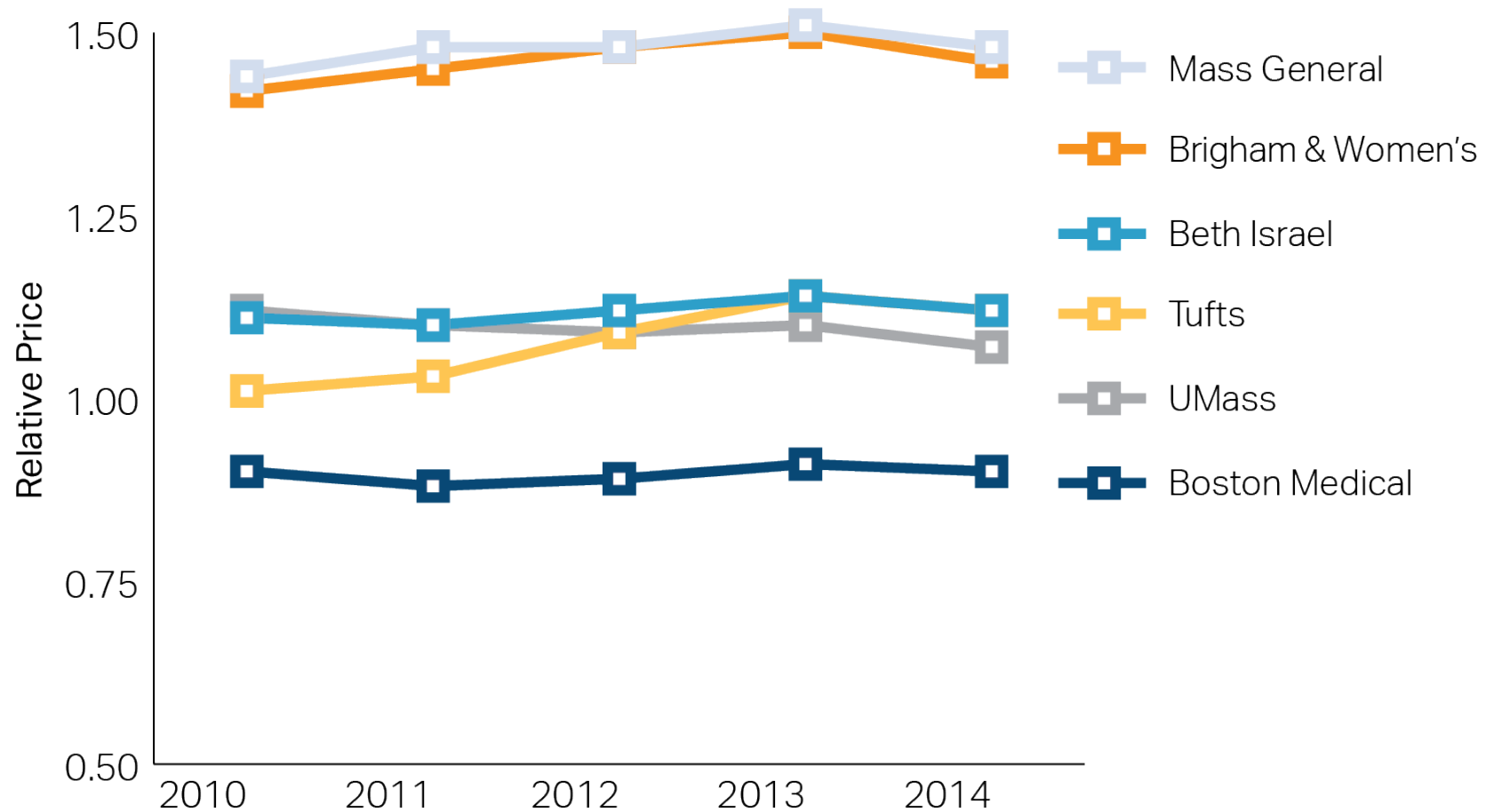


Note: This chart is limited to the 15 hospitals with the greatest number of normal deliveries paid by commercial payers in 2014. Both vaginal and C-section deliveries are included.

Source: HPC analysis of the Massachusetts All-Payer Claims Database, 2011-2012; HPC analysis of Center for Health Information and Analysis Hospital Inpatient Discharge Database 2011-2012; Leapfrog group.

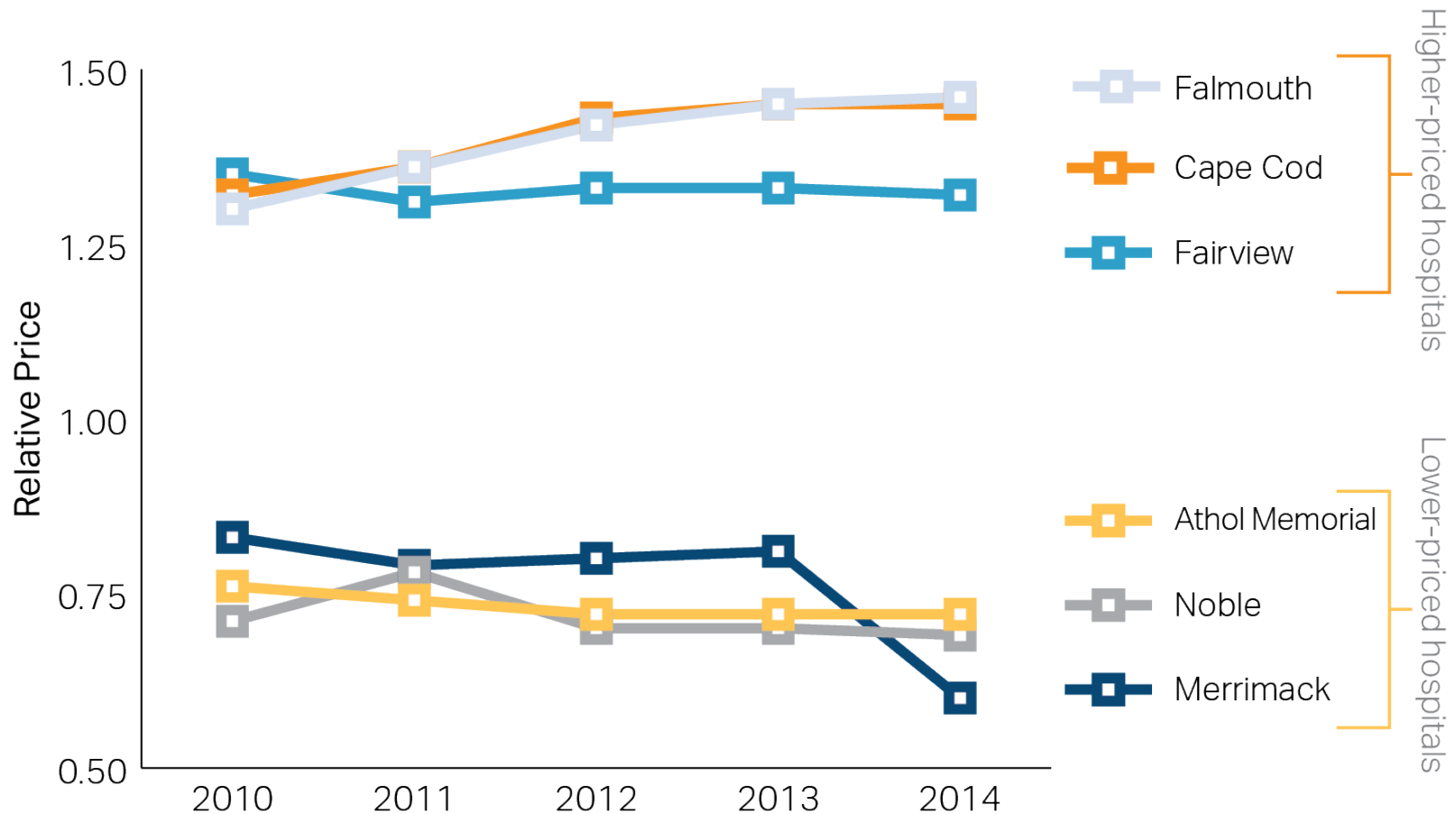
## Hospital price variation has not diminished over time, and hospital price positions generally remain consistent relative to the market

Relative Prices for Academic Medical Centers



## Hospital price variation has not diminished over time, and hospital price positions generally remain consistent relative to the market

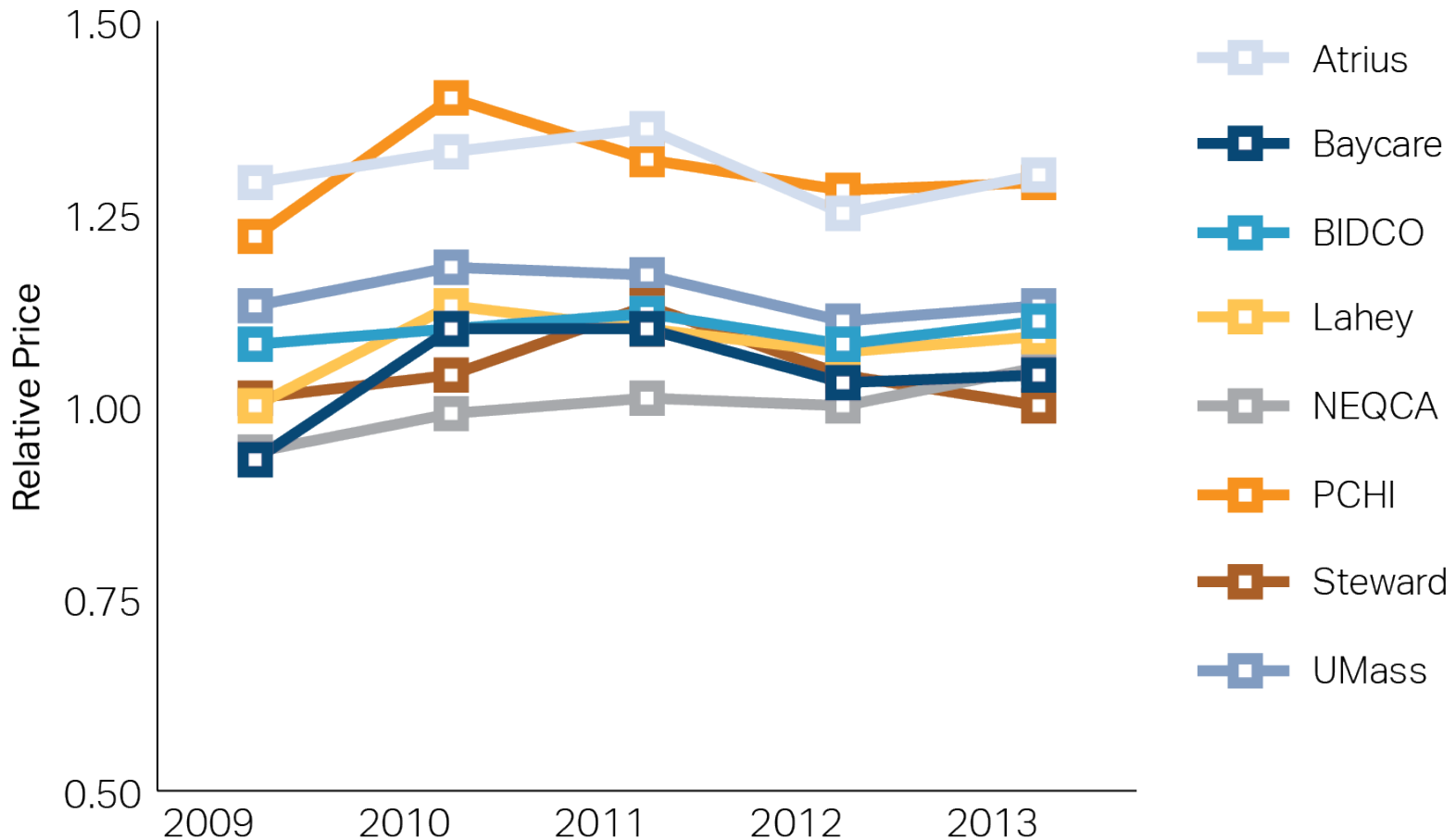
Relative Prices for Higher- and Lower-Priced Community Hospitals





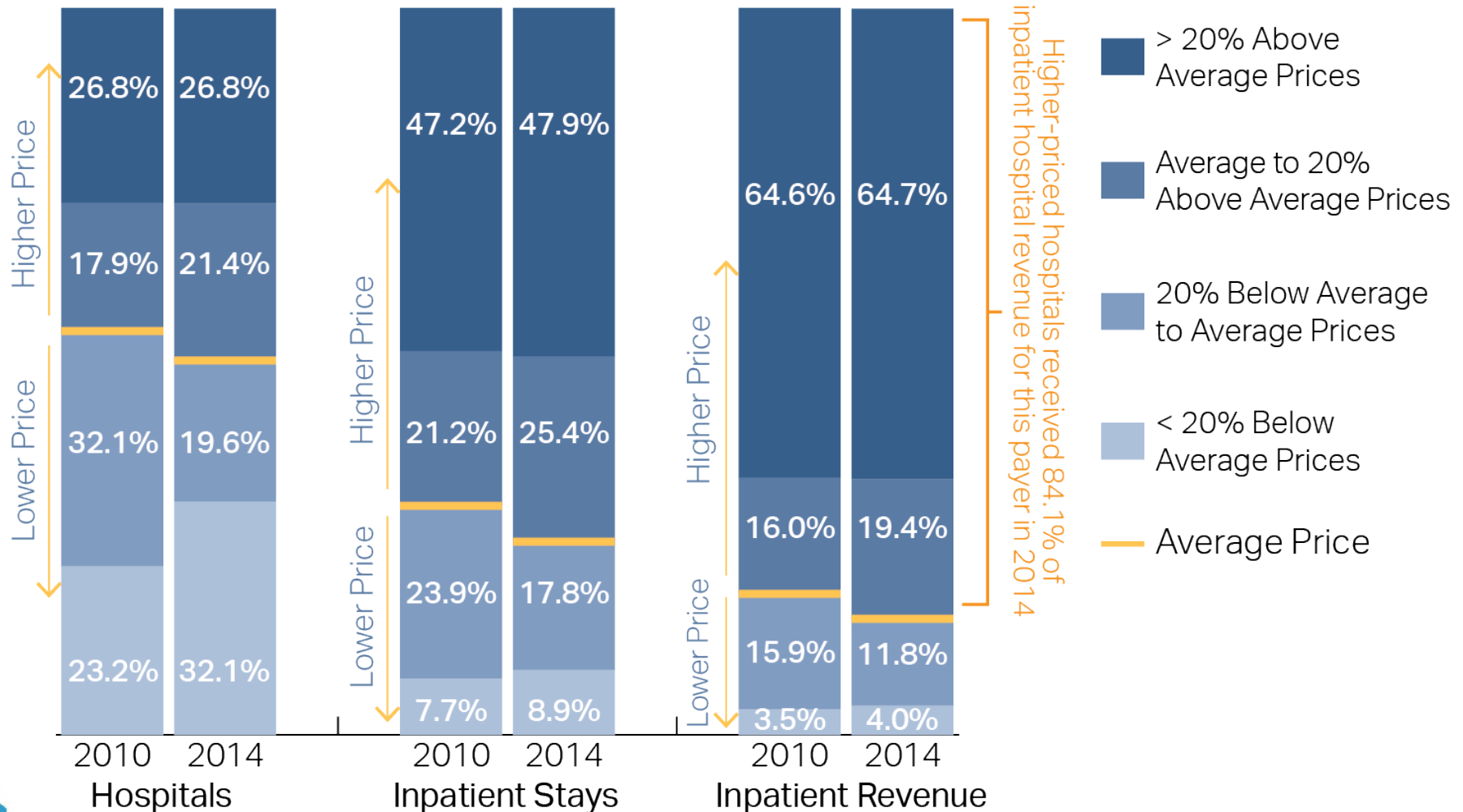
## Physician price variation also has not diminished over time, and physician group price positions generally remain consistent relative to the market

Relative Prices for Eight Major Physician Groups (HPHC)



## Higher healthcare spending is driven by both the higher prices some providers receive and the large volume at these higher-priced providers

Distribution of Inpatient Volume and Revenue at Higher and Lower Priced Providers (THP)



# The HPC found that a substantial portion of hospital price variation is associated with market structure, and not with quality

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## Factors associated with higher commercial prices

(Holding all other factors equal)

Less competition

Larger system size (above a certain size)

Corporate affiliations with certain systems

Provision of higher-intensity (tertiary) services

Status as a teaching hospital

## Factors associated with lower commercial prices

(Holding all other factors equal)

More Medicare patients

More Medicaid patients

Corporate affiliations with certain systems

## Factors not generally associated with commercial prices

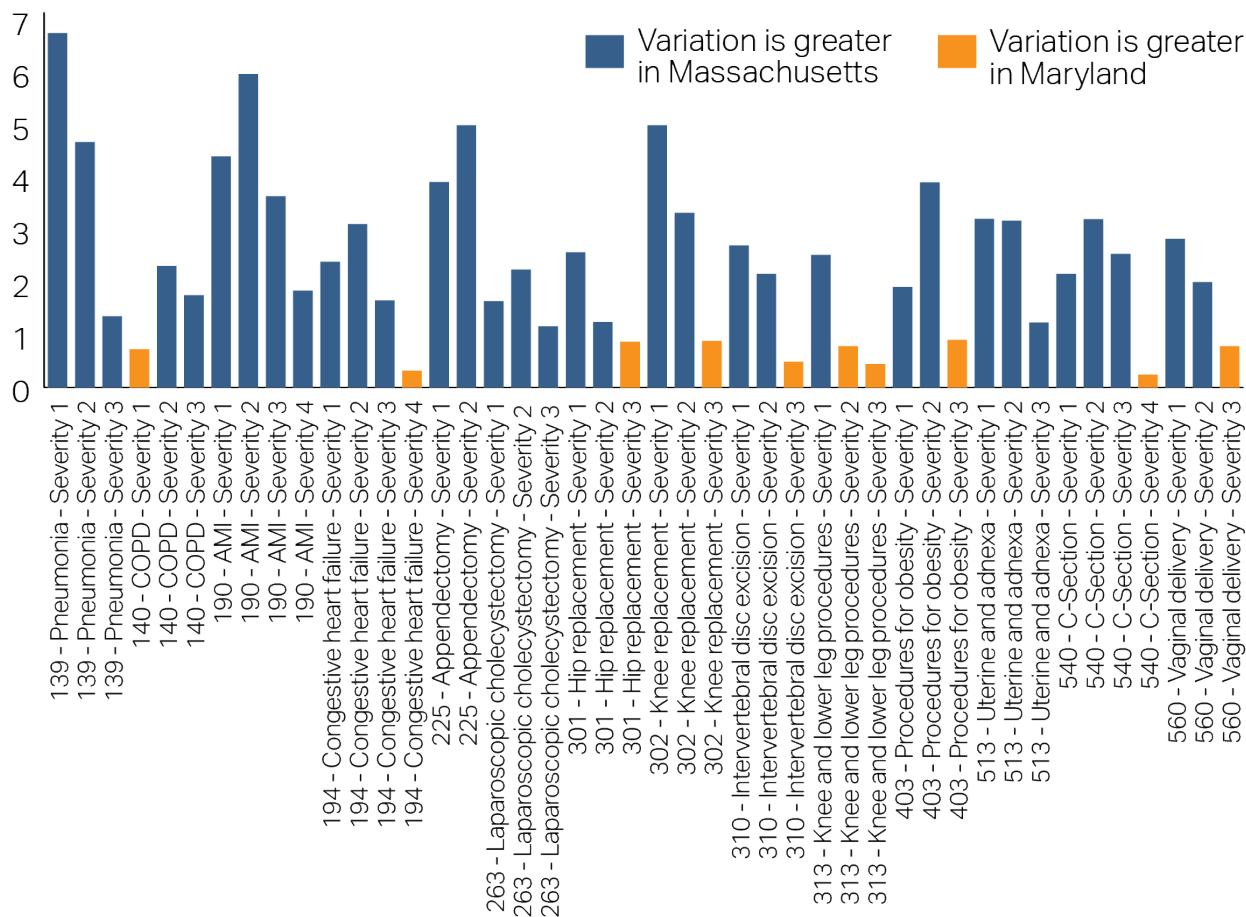
(Holding all other factors equal)

Quality

Mean income in the hospital's service area

# Where price variation is restricted to value-based factors, it is lower than in Massachusetts

## Ratio of Massachusetts Variation to Maryland Variation



- The HPC found that Massachusetts had more price variation than Maryland where hospital prices could only vary based on measures of value (e.g., patient acuity, teaching status, reasonable hospital costs, and level of uncompensated care).
- In 36 out of 44 DRG-severity-level pairs, Massachusetts prices varied more than Maryland.
- In 24 cases, MA hospitals showed **more than twice** as much variation as Maryland.
- For low severity pneumonia, Massachusetts had **nearly 7 times** the variation of Maryland.

## Unwarranted price variation is unlikely to diminish over time absent policy action to address the issue

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- Existing policy initiatives were not designed to directly reduce unwarranted price variation. For example:
  - The benchmark focuses on year-over-year growth, not the allocation of resources within the system;
  - Alternative payment methods are not likely to reduce price variation so long as global budgets are based on providers' historic spending levels.
- The need for action is reinforced by the extent of the price variation in the market. Price variation is extensive enough that it would take 16-19 years for some lower-priced hospitals in the three major commercial payer networks to reach the 2013 price level of the 75th percentile, even if they received annual 3.6% rate increases.

## The HPC will continue data-driven analyses and convene stakeholders to discuss policy options to reduce unwarranted price variation

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- The HPC will undertake additional research and analyses and promptly convene stakeholders (including the HPC Advisory Council) to present and discuss specific policy options to reduce unwarranted price variation in support of more sustainable and equitable health care system.
- Policy options for consideration include:
  - Policies to enhance healthcare market transparency and encourage consumers to use high-value providers for their care;
  - Limiting provider charges for emergency out-of-network services and those delivered by out-of-network providers located within in-network facilities;
  - Transitioning away from use of historic spending for setting global budgets; and
  - Limiting price variation to value-based factors that provide benefit to the Commonwealth

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# 2015 COST TRENDS REPORT

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Massachusetts Health Policy Commission



# Report topics and potential areas for recommendations

Report topics		
Spending and the delivery system	Opportunities in quality & efficiency	Progress in aligning incentives
<ul style="list-style-type: none"><li>▪ Spending trends</li><li>▪ Market consolidation</li><li>▪ Drug spending</li><li>▪ Outpatient spending</li></ul>	<ul style="list-style-type: none"><li>▪ Variation in prices and spending</li><li>▪ Avoidable hospital use</li><li>▪ Primary care access</li><li>▪ Post-acute care</li></ul>	<ul style="list-style-type: none"><li>▪ APMs</li><li>▪ Demand-side incentives</li></ul>
Potential areas for recommendations		

- Promoting a value-based market, addressing market dysfunction
- Supporting efficient, high-quality care
- Advancing alternative payment methods, cultivating alignment
- Engaging employers and consumers in value-oriented choices
- Enhancing transparency, data, and infrastructure

## Key statistics from the 2015 Cost Trends Report

### 2015 HPC Key Findings

**\$19,300**

annual health insurance premium plus cost-sharing for typical family

**1.0%**

rate of growth of commercial spending on physician and hospital services

**4.8%** rate of growth of THCE

**1.6%** percentage points due to drug spending

**3.2%** percentage points due to MassHealth enrollment growth due to ACA (2.5 excluding drugs)

**74%**

percent of PCPs affiliated with one of the 8 largest provider systems

**\$6,300**

difference in spending between Mass General and Mt. Auburn for a low-risk pregnancy

**56%**

difference in price of colonoscopy between hospital outpatient department and community setting

**~0**

change in statewide rate of discharge to institutional post-acute care, 2010-2014

**49/57**

number of hospitals that decreased their rate of discharge to institutional post-acute care after joint replacement surgery, 2010-2014

**24%**

statewide growth in ED visits with a primary behavioral health diagnosis, 2010-2014

**68%**

share of HMO lives covered by alternative payment models, 2014

**2%**

share of PPO lives covered by alternative payment models, 2014

**~50%**

growth in behavioral health ED visits in New Bedford and Fall River

There are significant opportunities to enhance the value of health care, addressing cost and quality. We identify four primary areas of opportunity for improving the health care system in Massachusetts:

- 1 **Fostering a value-based market** in which payers and providers openly compete to provide services and in which consumers and employers have the appropriate information and incentives to make high-value choices for their care and coverage options
- 2 **Promoting an efficient, high-quality health care delivery system**, centered on primary care, in which providers efficiently deliver coordinated, patient-centered, high-quality health care that integrates behavioral and physical health and produces better outcomes and improved health status
- 3 **Advancing alternative payment methods** that support and appropriately reward providers for delivering high-quality care while holding them accountable for slowing future health care spending increases
- 4 **Enhancing transparency and data availability** necessary for providers, payers, purchasers, and policymakers to successfully implement reforms and evaluate performance over time

## Proposed Recommendations and Selected HPC Commitments

1. Payers and employers should continue to enhance strategies that enable consumers to make high-value choices, including increasing transparency of comparative prices and quality.
2. The Commonwealth should enhance transparency of drug prices and spending, and payers should consider opportunities to maximize value
  - The Legislature should require increased transparency of drug pricing and rebates.
  - Payers should consider opportunities to maximize value and work with providers to develop appropriate treatment protocols and guidelines for new high cost drugs.
3. The Commonwealth should take action to improve consumer protection and market function related to out-of-network billing practices.
  - The Legislature should take steps to require consumer notice before out-of-network services are delivered, hold consumers harmless in cases of out-of-network emergency services, and establish a maximum reasonable price for such services.
4. The Commonwealth should take action to equalize payments for the same services between hospital outpatient departments and physician offices.
  - The Legislature should limit the types of provider locations that can bill as a hospital outpatient department.
  - Payers should implement site neutral payments for select services.
5. The Commonwealth should act to reduce unwarranted variation in provider prices.
  - The HPC will undertake additional research and analyses and will convene stakeholders to discuss specific policy options.

### Proposed Recommendations and Selected HPC Commitments

6. The Commonwealth should continue to enhance community-based, integrated care and reduce unnecessary utilization of costly acute settings.
  - The Commonwealth should achieve a 20 per cent reduction in all-cause hospital readmissions by 2019.
  - A third of all primary care providers should be practicing within patient-centered medical homes and 20 percent of all primary care providers should be practicing within a HPC-certified PCMH Prime practice (medical homes with integrated behavioral health) by 2017.
  - The HPC will continue to pursue these goals in partnership with market participants through its PCMH and ACO certification programs, CHART and other investment programs, and through direct technical assistance.
7. To improve access to low-cost, high-quality care, particularly for low income and underserved populations, the Massachusetts Legislature should remove scope of practice restrictions for Advanced Practice Registered Nurses (APRNs).
8. The Commonwealth should be a national leader in use of enabling technologies to advance care delivery transformation through expansion of health information exchange, telehealth, and other digital health innovations.

## Proposed Recommendations and Selected HPC Commitments

9. Payers and providers should continue to focus on increasing the adoption and effectiveness of alternative payment methods (APMs):
  - APMs for commercial HMO patients – goal: 80% by 2017
  - APMs for commercial PPO patients – goal: 33% by 2017
  - Implement bundled payment in selected cases
  - Reduce disparities in payment levels
  - Include behavioral health and long-term services and supports
10. The Commonwealth should develop alternative payment models to catalyze delivery system reform in MassHealth.
  - Developing a comprehensive care delivery and payment reform model that promotes coordination of care, improves population health, integrates both behavioral health and long-term services and supports, and enhances accountability for total cost of care is a top priority for the Executive Office of Health and Human Services. HPC strongly supports these efforts.
11. Payers and providers should seek to align technical aspects of their global budget contracts, including quality measures, risk adjustment methods, and reports to providers.
  - The HPC plans to collaborate with stakeholders in 2016 to pursue such alignment.

### Proposed Recommendations and Selected HPC Commitments

12. The Commonwealth should develop a coordinated quality strategy that is aligned across public agencies and market participants.
  - The Legislature should refine the current process for developing the Standard Quality Measure Set (SQMS) to allow for the designation of limited sets of high priority measures for specific uses such as global budgets, PCMH/ACO certification, consumer transparency, and tiered or limited network product design.
13. CHIA should continue to improve and document its data resources and develop key spending measures.

## Vote: Issuing Annual Cost Trends Report

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**Motion:** That, pursuant to section 8(g) of chapter 6D of the Massachusetts General Laws, the Commission hereby issues the attached annual report on cost trends.

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# Discussion Preview: Health Care Innovation Investment Program

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## Agenda Topic

Discussion of Program Design for Health Care Innovation Investment Initiative

## Description

Staff will present for consideration by the Board a proposed program design endorsed by the CHICI Committee for investments to foster innovation in health care payment and service delivery. The proposed design addresses eight high priority challenges for cost containment, and encourages payers and an array of providers to participate and to partner with each other and other stakeholders.

## Key Questions for Discussion and Consideration

Does the proposed program design meet HPC's goals for these investments?

Are there particular outcomes of interest for the Board as staff prepare the RFP announcement?

What supports should the HPC offer to awardees (e.g. technical assistance)?

## Decision Points

Vote requested. Commissioners will be asked to authorize the Executive Director to release a Request for Proposals in early February based upon the proposal for program design and to provide feedback on priorities for RFP development.

### Establishment of the Health Care Innovation Investment Program

- M.G.L. c. 6D § 7. Funded by revenue from **gaming licensing fees** through the Health Care Payment Reform Trust Fund
- Total amount of **\$6 million from** Health Care Payment Reform Trust Fund
  - May be **supplemented** through Distressed Hospital Trust Fund for **CHART hospitals**
- **Competitive** proposal process to receive funds
- Broad eligibility criteria (*any **payer or provider***)

### Purpose of the Health Care Innovation Investment Program

- To **foster innovation** in health care **payment** and service **delivery**
- To **align** with and **enhance** existing funding streams in Mass. (e.g., DSTI, CHART, MeHI, CMMI, etc.)
- To support and further efforts to meet the **health care cost growth benchmark**
- To improve **quality** of the delivery system
- **Diverse uses** include incentives, investments, technical assistance, evaluation assistance or partnerships

# Health Care Innovation Investment Program

The **HCII Program**: Focusing patient-centered innovation on Massachusetts' most complex health care cost challenges through investment in validated, emerging models



## Partnership

*Engage in meaningful collaboration to meet patients' needs*

- Payers
- Employers
- Technology Partners
- Providers
- Social Services
- Researchers

## Sustainability

*Bring promising delivery and payment innovations to-scale to advance Accountable Care*

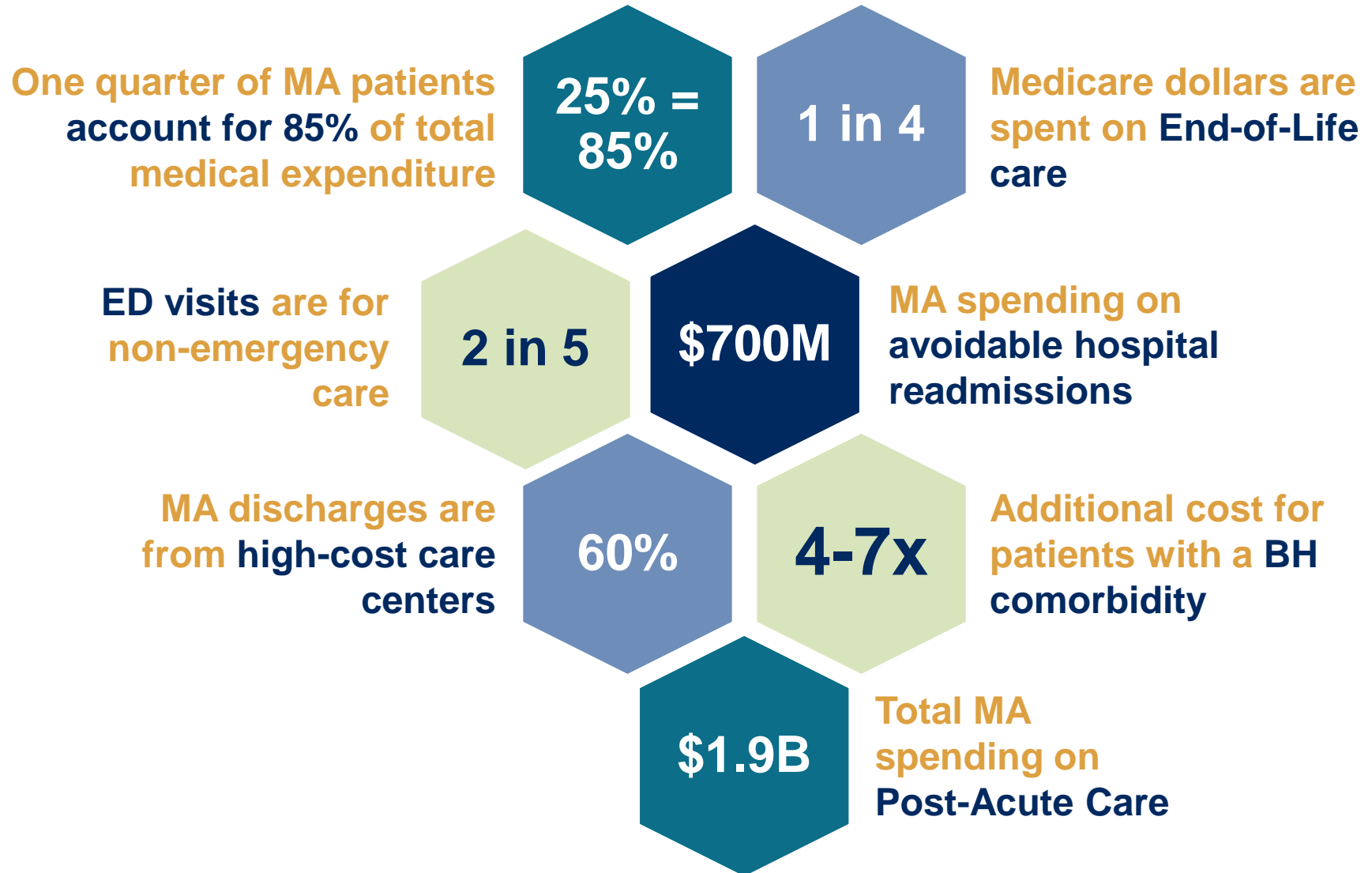
- Rapid cycle measurement and improvement
- Policy-focused evaluation

## Costs

*Demonstrate rapid cost savings impact*

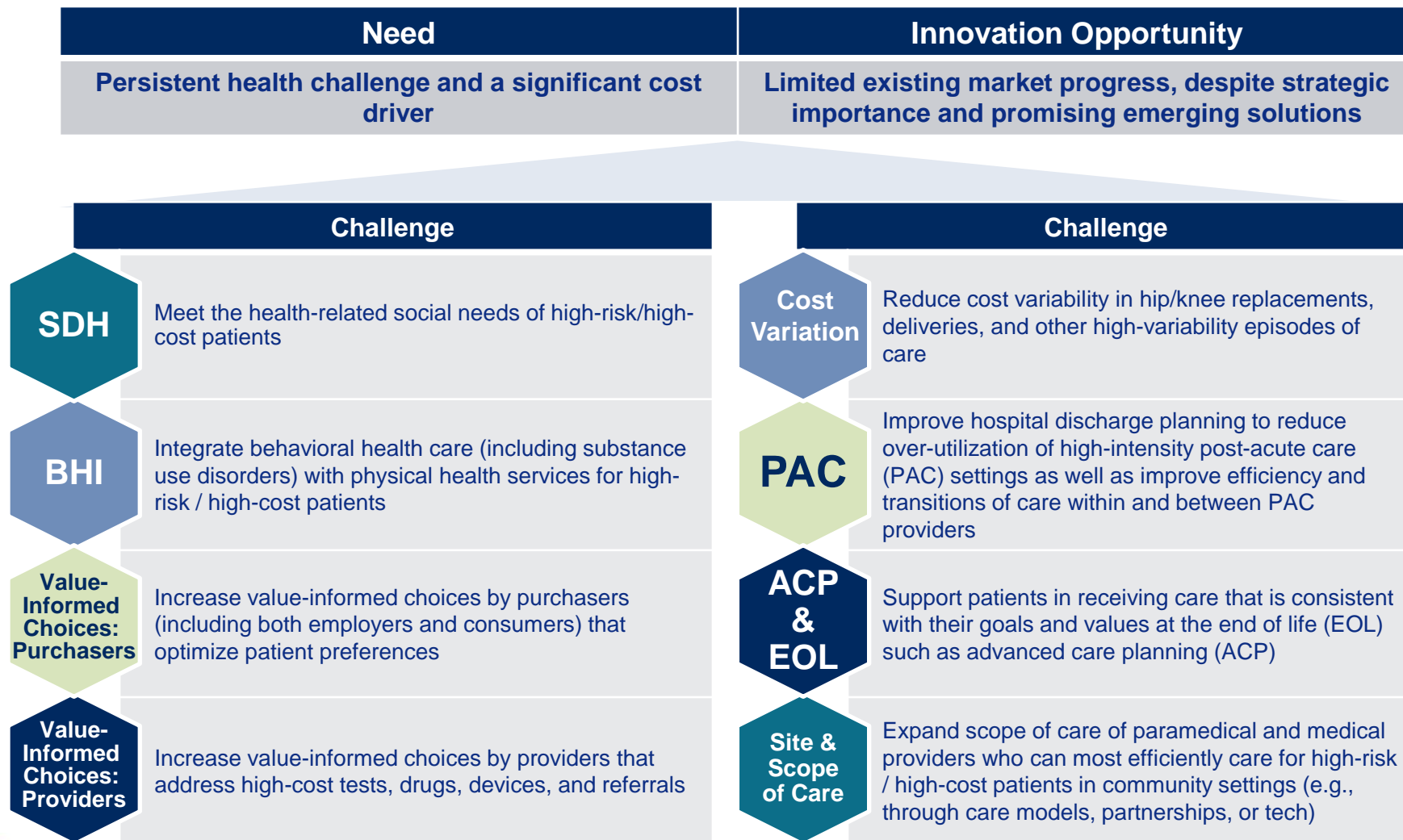
- Measurable savings within 18 months of operations

## Primary cost drivers in Massachusetts identified by HPC



# HCII Round 1 proposed challenge areas

*The HPC outlined inclusion criteria through which 8 Challenges were identified as potential domains applicants may elect to target in their Proposals.*



# A unique feature of the proposed program design is to require partnerships that utilize multi-stakeholder approaches to address cost challenges

*Patients' health needs and approaches to address health system challenges can be best addressed through partnership between organizations spanning service types.*

**Partnerships required for award eligibility**  
**Strength of partnerships will be a competitive factor in selection.**



**Applications will detail how proposed partnerships will collaborate, make decisions, and optimize efficiencies in order to address cost challenge(s).**

## Examples of strong partnerships may include:



A payer and a provider collaborating to test an innovative payment arrangement to implement a new model for supporting care at the end of life

A health system and a social services provider collaborating to meet the housing or other SDH needs of high risk patients



A payer and a researcher partnering to test a new analytics approach or to provide enhanced evaluation

A professional association and payers / providers partnering to address practice pattern variation and waste



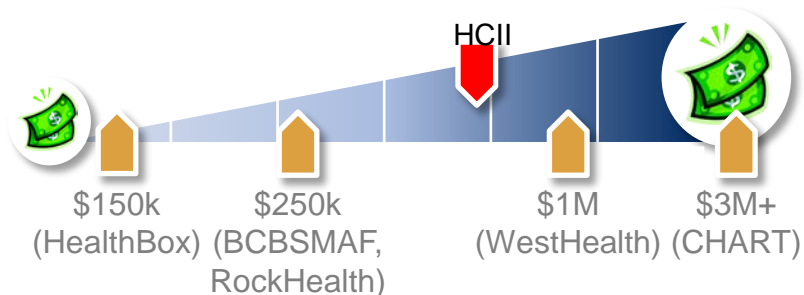
A provider, an employer, and a technology partner to test a model of direct-to-consumer telemedicine offerings to increase employee access to behavioral health services



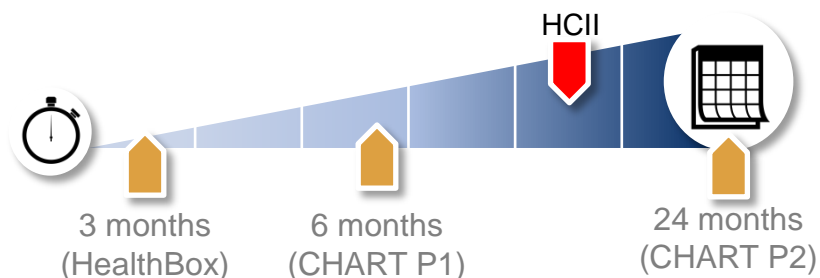
## HCII Round 1 award size and duration

*Other key design considerations have been made based on comparable grant and investment programs in the marketplace.*

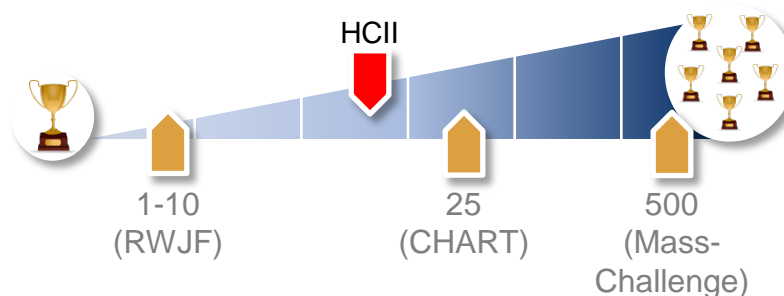
### Max HCII Award **Cap: \$750k per award**



### HCII Award **Max Duration: 18 Months**

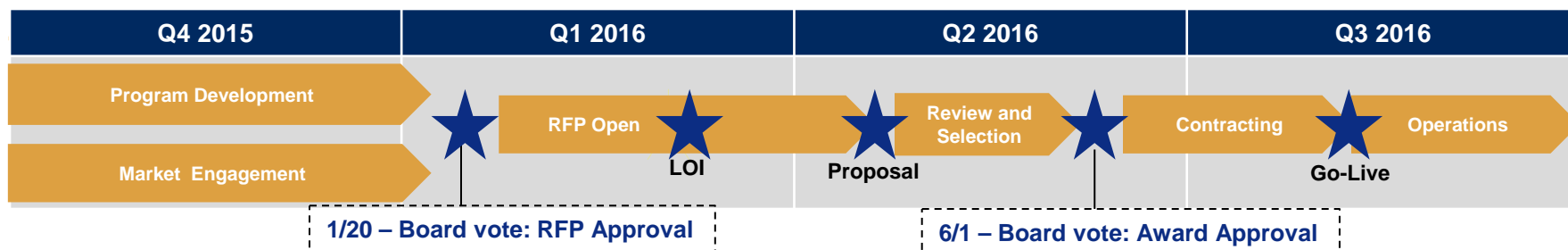


### HCII Number of Awards: **8-12 Awards**



**\$5M investment opportunity\***

# HCII Round 1 RFP Milestones



	RFP Release	LOIs Due	Proposals Due	Review & Selection
RFP Milestones	Early February	Early March (~5 weeks)	Mid April (~5 weeks)	June 1
Description of RFP Framework and Major Activity	RFP will include easy-to-read supporting documents describing each Challenge and detailing select innovative models with a promising evidence base of cost savings	LOIs are required for eligibility, but nonbinding in content. LOIs will describe Applicants' approach to domains including: <ul style="list-style-type: none"> <li>•Contemplated partnerships</li> <li>•Selected challenge and proposed innovation</li> <li>•Policy relevance for system-wide sustainability</li> <li>•Measurable goal</li> <li>•Estimated funding request</li> <li>•Interest in partnerships with other entities for HPC publication</li> </ul>	Applicants who submit or are named in an LOI may submit a Proposal. Proposals will be reviewed based on criteria including: <ul style="list-style-type: none"> <li>•Impact</li> <li>•Need</li> <li>•Sustainability</li> <li>•Partnerships</li> <li>•Operational Feasibility</li> <li>•"Innovativeness"</li> <li>•Synergy with other state programs</li> </ul>	Proposals will be reviewed by a Review Committee consisting of <ul style="list-style-type: none"> <li>•HPC Commissioners</li> <li>•HPC Staff</li> <li>•Representatives of Massachusetts state agencies</li> <li>•Other subject matter experts</li> </ul>
HPC Support	HPC hosts 1-2 Info Sessions	<ul style="list-style-type: none"> <li>•<b>Mid-March</b> – Publish applicant names, challenges, and partnership interests</li> <li>•HPC hosts 2 Info Sessions</li> </ul>	N/A	HPC Announces Awards after Board Approval

# HCII RFP development summary

## Recommendation

## Considerations

Eligible Applicants	<ul style="list-style-type: none"> <li>Any <b>Payer or Provider</b> (includes a broad array of provider types)</li> <li>Applicants <b>must propose partnership</b></li> </ul>	<ul style="list-style-type: none"> <li>The HPC seeks to engage a diverse array of market participants and encourage meaningful partnerships</li> </ul>
Award Cap, Duration, and Opportunity	<ul style="list-style-type: none"> <li><b>\$750k award cap</b> <ul style="list-style-type: none"> <li>\$500k per year of operations; up to 18 months of operations</li> </ul> </li> <li><b>\$5 million</b> total opportunity</li> </ul>	<ul style="list-style-type: none"> <li>Generate impact while maximizing the number of innovations being funded</li> <li>Generate measurable outcomes without 'overfunding' beyond HCII's targeted innovation lifecycle phases</li> </ul>
Investment Focus	<p><b>Globally-emerging</b>, but <b>locally relevant</b> solutions addressing the most <b>persistent challenges</b> facing the state</p>	<ul style="list-style-type: none"> <li>Minimize risk and achieve cost savings within short timeframe</li> <li>Combine learnings of HPC programs and research with stakeholder feedback</li> </ul>
Matching or In-Kind Funds	<ul style="list-style-type: none"> <li>Require <b>matching/in-kind</b> funds</li> <li>No minimum amount, though <b>relative contribution</b> amount will be a <b>competitive factor</b> in selection</li> </ul>	<ul style="list-style-type: none"> <li>Validate strategic importance of project to applicants without unfairly burdening smaller applicants</li> </ul>
Application Process	<ul style="list-style-type: none"> <li>Require submission of a (nonbinding) <b>Letter of Intent (LOI)</b> as prerequisite to Proposal</li> <li>HPC to release companion illustrations of the <b>best emerging innovations</b> with a promising <b>evidence base of cost savings</b></li> </ul>	<ul style="list-style-type: none"> <li>Gain foresight into the field prior to Proposal submission</li> <li>Make program goals and process accessible to a wide variety of applicants</li> </ul>
Selection Factors	<ul style="list-style-type: none"> <li><b>Impact</b> - Cost Savings, Quality, and Access</li> <li><b>Evidence Base</b> Strength</li> <li><b>Innovativeness</b> – Partnership, Process, Tools</li> <li>Sustainability</li> <li>Operational <b>Feasibility</b></li> </ul>	<ul style="list-style-type: none"> <li>Promote highly competitive process to identify leading edge evidence-based innovations with strongest cost-saving potential</li> <li>Emphasize value of multi-stakeholder partnerships</li> <li>Maximize impact on cost savings while prioritizing policy-relevant solutions</li> </ul>
Required Activities	<ul style="list-style-type: none"> <li><b>Measurement</b> <ul style="list-style-type: none"> <li>Patient- and Provider-reported measures</li> <li>Rapid-cycle improvement</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Emphasize scalability by requiring customer-centric approaches to evaluation</li> <li>Require rapid cycle evaluation to encourage learning and potential for transference</li> </ul>

## Vote: approve proposed program design and authorize issuance of RFP

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**Motion:** That the Commission hereby approves the proposal for an investment program to foster innovation in health care payment and service delivery to reduce total health care spending, and authorizes the Executive Director to issue a Request for Proposals (RFP) to solicit competitive proposals according to the framework described in the documents presented and, as applicable, pursuant to 958 CMR 5.04.

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# Agenda

- Approval of Minutes from the December 16, 2015 Meeting
- Executive Director's Report
- Update on HPC Committee Assignments
- Cost Trends and Market Performance
- Community Health Care Investment and Consumer Involvement
  - Approval of Program Design for Health Care Innovation Investment Program
  - **Approval of Program Design for HPC's Telemedicine Pilot Program**
- Schedule of Next Meeting (March 2, 2016)



# Discussion Preview: Telemedicine Pilot Program

## Agenda Topic

Discussion of Program Design for Telemedicine Pilot Program

## Description

In July, the legislature directed the HPC to conduct a regional pilot to study the impact of using telemedicine for consultation, diagnosis, and treatment. Staff will present a proposed program design for consideration by the Board as endorsed by the CHICI Committee. The proposed design considers key cost and access challenges in Massachusetts and focuses on successful applications of telemedicine for reducing readmissions of patients from post-acute settings and enhancing access to behavioral health care for high-need populations and geographies. The proposed design is for two awards of up to \$500,000 each, with a total commitment of \$1,000,000 (extending the legislative mandate by one award).

## Key Questions for Discussion and Consideration

Does the proposed program design meet HPC's goals for these investments?

Are there particular outcomes of interest for the Board as staff prepare the RFP announcement?

What supports should the HPC offer to awardees (e.g. technical assistance)?

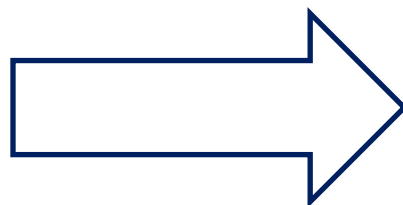
## Decision Points

Vote requested. Commissioners will be asked to authorize the Executive Director to release a Request for Proposals in early February based upon the proposal for program design and to provide feedback on priorities for RFP development.

# Telemedicine Pilot

*A 1-year regional pilot program to further the development and utilization of telemedicine in the commonwealth*

\$1,000,000



**Community-based  
providers and  
telehealth suppliers**

## SUMMARY OF PILOT

- The HPC is to develop and implement a one-year **regional telemedicine pilot** program to advance use of telemedicine in Massachusetts
  - The pilot shall incentivize the use of **community-based providers** and the delivery of patient care in a **community setting**
- To foster partnership, the pilot should **facilitate collaboration** between participating community providers and teaching hospitals
- Pilot is to be evaluated on cost savings, access, patient satisfaction, patient flow and quality of care by HPC

## PILOT AIMS

- 1** Demonstrate **potential** of telemedicine to address critical behavioral health access challenges in three high-need target populations
- 2** Demonstrate effectiveness of multi-stakeholder collaboration to serve these populations
- 3** Inform policy development to support care delivery and payment reform

Q3-Q4'15	Q1-Q2'16	Q3-Q4'16	Q1-Q2' 17
Pilot Planning & Community Engagement	Application; Awardee Selection; Pilot Development Implementation, and Rapid-Cycle Testing		Testing & Evaluation

Sustainability

## Telemedicine pilot design framework

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### Pressing Behavioral Health Needs

HPC focuses investment on high priority behavioral health access needs in Massachusetts



### Innovative, Provider-Driven Care Models

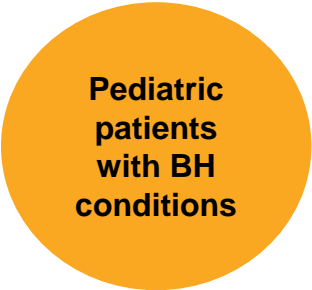


Providers compete to identify high-leverage models of care to address one or more target populations of interest utilizing telemedicine. Proposed models are tailored to local needs but emphasize scalability (low cost of intervention and high replicability)



**High Impact  
Telemedicine Pilot**

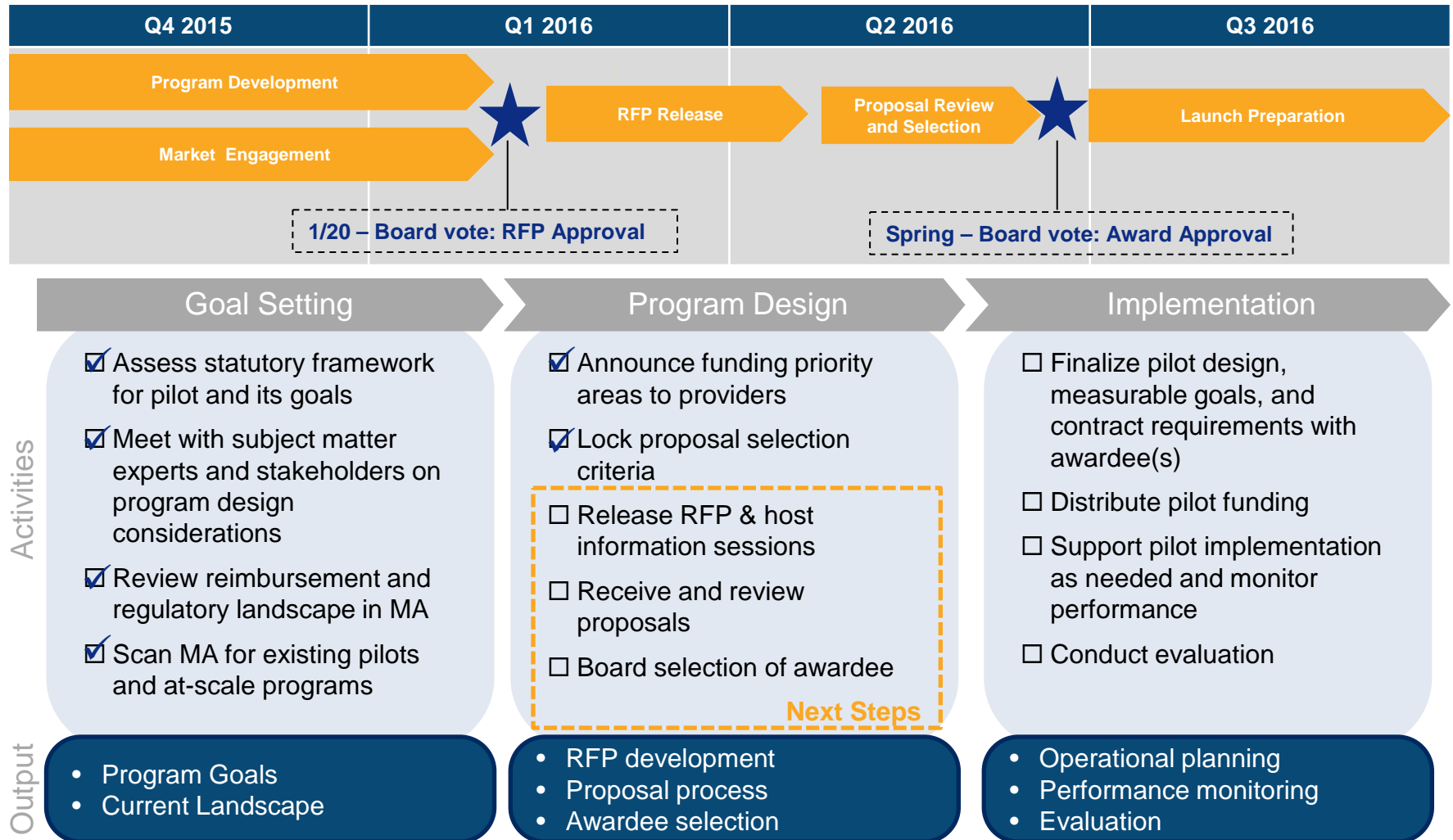


# Program design provides three target populations of interest. Applicants must propose innovative uses of telemedicine to address the needs of one or more of these populations

Target Population	Relevant Data Point	Potential Use Cases
	<b>3,261</b> Discharges of patients between the ages of 10-19 spent at least 8 hours in an emergency department in 2014 for a mental health condition	<b>PROVIDER-PATIENT*</b> <ul style="list-style-type: none"><li>Behavioral health integration in pediatric practices</li><li>Expanded access to school-based BH services</li></ul>
	<b>20%</b> of the 65+ population suffers from a mental health disorder. Greatest segment of prescriptions with abuse potential are among adults aged 51-70	<b>PROVIDER – PATIENT</b> <ul style="list-style-type: none"><li>Direct in-home tele-behavioral health clinical services (med management and counseling)</li><li>Facilitated in-home tele-behavioral health with ASAP or VNA augmented with tele-BH provider</li></ul>
	<b>1,256</b> estimated opioid-related deaths in 2014, a 88% increase over 2012 (n=668) and a 38% increase over cases for 2013 (n=911).	<b>PROVIDER – PATIENT</b> <ul style="list-style-type: none"><li>'Reverse integration' of emergency medical care into detox facilities to reduce acute care transfers</li></ul> <b>PROVIDER TELECONSULTS</b> <ul style="list-style-type: none"><li>Consult service for addiction providers to support PCPs in MAT</li></ul>

# Telemedicine pilot timeline

*The HPC anticipates releasing an RFP for the telemedicine pilot in late January 2016, with subsequent awardee selection and program launch in late Spring 2016*



# RFP development summary

	Recommendation	Considerations
Eligible Applicants	<ul style="list-style-type: none"> <li>Any <b>provider</b></li> <li>A single entity may apply on behalf of a <b>consortium</b> of providers</li> <li>Require some <b>level of collaboration</b> with a teaching hospital; no funding requirement</li> </ul>	<ul style="list-style-type: none"> <li>The HPC seeks to engage a diverse array of market participants and encourage meaningful partnerships</li> </ul>
Award Cap, Duration, and Opportunity	<ul style="list-style-type: none"> <li><b>\$500k</b> award <b>cap</b>; <b>\$1M</b> total opportunity</li> <li>Up to <b>two awards</b></li> <li><b>18 months duration</b>: 6 month funded design period; 12 month implementation period</li> </ul>	<ul style="list-style-type: none"> <li>Two regional awards</li> <li>Integrated planning period (driven by awardee) for clinical protocol development, clinician engagement, etc.</li> </ul>
Investment Focus	<b>Behavioral health</b> initiatives focused on <b>pediatric</b> BH needs, <b>homebound adults</b> with BH needs, and/or patients with <b>opioid use disorders</b>	<ul style="list-style-type: none"> <li>Combine high priority areas of focus with opportunities for provider innovation</li> </ul>
Matching or In-Kind Funds	<ul style="list-style-type: none"> <li>Require <b>matching/in-kind</b> funds</li> <li>No minimum amount, though <b>relative contribution</b> amount will be a <b>competitive factor</b> in selection</li> </ul>	<ul style="list-style-type: none"> <li>Validate strategic importance of project to applicants without unfairly burdening smaller applicants</li> </ul>
Application Process	<ul style="list-style-type: none"> <li><b>Conventional</b>, brief proposal describing target population, measurable aim, driver diagram, operational model, budget, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Encourage competitive application pool</li> </ul>
Selection Factors	<ul style="list-style-type: none"> <li>Level of access expansion OR cost savings (or both); evidence base for proposed model, including anticipated impact on patient experience and quality; demonstration of how pilot will improve operating efficiency and provider satisfaction; prior experience with telehealth; likelihood of sustainability;</li> </ul>	<ul style="list-style-type: none"> <li>Prioritize anticipated impact, evidence of model, and applicant's past experience (and therefore likelihood of success)</li> <li>Emphasize opportunities to scale successful models</li> </ul>
Required Activities	<ul style="list-style-type: none"> <li><b>Measurement</b> Applicants must indicate key outcomes of interest, measures to assess those outcomes, and include a plan for rapid-cycle evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Require rapid cycle evaluation to encourage learning and potential for transference</li> <li>Maximize impact through multi-stakeholder partnerships</li> </ul>

## Vote: approve proposed program design and authorize issuance of RFP

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**Motion:** That the Commission hereby approves the proposal for a pilot program to advance use of telemedicine services to enhance access to behavioral health care in the Commonwealth, and authorizes the Executive Director to issue a Request for Proposals (RFP) to solicit competitive proposals according to the framework described in the documents presented and, as applicable, pursuant to 958 CMR 5.04.

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# Agenda

- Approval of Minutes from the December 16, 2015 Meeting
- Executive Director's Report
- Update on HPC Committee Assignments
- Cost Trends and Market Performance
- Community Health Care Investment and Consumer Involvement
- **Schedule of Next Meeting (March 2, 2016)**



## Contact Information

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For more information about the Health Policy Commission:

Visit us: <http://www.mass.gov/hpc>

Follow us: @Mass\_HPC

E-mail us: [HPC-Info@state.ma.us](mailto:HPC-Info@state.ma.us)

# Appendix



# Program development to date: stakeholder input and feedback

## HPC Board Meetings

- April 29, 2015
- **January 20, 2016**

## CHICI Committee Meetings

- February 25, 2015
- April 15, 2015
- October 14, 2015
- December 2, 2015
- January 6, 2016

## HPC Advisory Council Meetings

- March 18, 2015
- May 13, 2015
- January 13, 2016

## HPC Staff Meetings with Stakeholders

### **Payers**

- Blue Cross Blue Shield of Massachusetts
- Massachusetts Association of Health Plans
- MassHealth

### **Providers**

- Atrius Health
- Boston Children's Hospital
- Boston Healthcare for the Homeless
- Brigham and Women's Hospital
- Commonwealth Care Alliance
- Lowell General Physician Hospital Organization
- Massachusetts Child Psychiatry Access Project (MCPAP)
- Massachusetts General Hospital

### **Communities of Practice**

- American Telemedicine Association
- The Network for Excellence in Health Innovation (NeHI)

### **Government**

- Cambridge Housing Authority
- Commonwealth Corporation
- Department of Public Health (DPH)
- Executive Office of Elder Affairs
- Executive Office of Health and Human Services
- MassHealth
- Massachusetts eHealth Institute (MeHI)

### **Research & Foundation**

- BCBSMA Foundation
- Center for Health Care Strategies
- Harvard School of Public Health
- Institute for Healthcare Improvement
- RAND Corporation
- The Kraft Center for Community Health
- UCLA Global Lab for Innovation

### **Other Market Participants**

- Aledade Health
- American Well
- Klio Health
- Patient Ping

*...& 98 other market respondents to a public survey  
and all members of the HPC Advisory Council*



# HPC has engaged key health care innovation experts to support program design



**Molly J Coye MD, MPH, MA**  
*Strategic Advisor to the HPC*



**HCII**  
**Technical Advisory Group**

Dr Coye brings many years of experience in public health, government, large hospital systems, insurance companies, academia and nonprofits. Dr. Coye is **Social Entrepreneur in Residence** at NEHI. Previously she was **Chief Innovation Officer** for UCLA Health. Dr. Coye was also the **founder and CEO of the Health Technology Center** (HealthTech), a non-profit education and research organization established in 2000 that became the premier forecasting organization for emerging technologies in health care. Dr. Coye has also served as **Commissioner of Health** for the State of New Jersey, Director of the California State Department of Health Services, and Head of the Division of Public Health Practice at the Johns Hopkins School of Hygiene and Public Health.

Dr. Coye holds MD and MPH degrees from Johns Hopkins University and an MA in Chinese History from Stanford University.

The HPC has also assembled a 10-member Technical Advisory Group (TAG) to support final design and implementation of the Health Care Innovation Investment Program. The TAG consists of credible, established experts from relevant fields. TAG members are:

- **Dr. Karen Bell**, Independent Consultant
- **Dr. Karen Feinstein**, Jewish Healthcare Foundation
- **Scott Lambert**, Ascension Health's Innovations Accelerator Team
- **Eric Langshur**, AVIA
- **Dr. Thomas Lee**, Press Ganey Associates
- **Barbara Lubash**, Versant Ventures
- **Sheila Fifer PhD, MA**, NEHI
- **June Simmons**, Partners in Care Foundation
- **Laurence Stuntz**, Massachusetts eHealth Initiative
- **Dr. Krishna Udayakumar**, Global Innovation for Duke Medicine

## HCII program development considerations

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*Chapter 224 provides guidance on program development process and framework but does not provide detailed specifications for use of funds*

- 1 HPC shall **solicit ideas for payment and care delivery reforms** directly from providers, payers, research / educational institutions, community-based organizations and others
- 2 HPC must coordinate with other state grant makers
- 3 Investments must be **evaluated for cost and quality implications**
- 4 Chapter 224 encourages broad dissemination of learnings and incorporation of successes into ACO certification and state-administered payment reforms



**Investments that catalyze care delivery and payment innovations**

## HCII investing in ‘validated innovation’

*Research on innovation emphasizes the opportunity for the HPC to focus investments in ‘innovation’ on ‘adaptation’ of emerging models rather than the ‘invention’ of new ones.*

Innovation isn’t “just about generating new ideas or finding new uses for the iPad. ...Lately, the innovation field has shifted its focus from the generation of ideas to rapid methods of running experiments to test them.”

### **Innovation as Discipline, Not Fad**

-David A. Asch, and Roy Rosin  
The New England Journal of Medicine, August 19, 2015

“Providers need to actively seek out good ideas that have been tried and refined, bring those ideas home, and adapt them for local use.”

### **Health Care Needs Less Innovation and More Imitation**

-Anna M. Roth, and Thomas H. Lee  
Harvard Business Review; November 19, 2014

“Good ideas themselves are not innovations; instead, they become innovations when they have economic impact, when they add [business and social] value.”

### **Permanent Innovation**

-Langdon Morris  
Innovation Academy Publishing; November 19, 2014

**Drive sustainable  
market value by  
investing in  
adaptation of  
promising  
innovations from  
the field**

## HCII Round 1 challenge inclusion criteria

*Initial draft challenges were determined by taking cost reduction as its defining goal, and synthesizing best practice approaches to innovation with stakeholder feedback. Those factors guiding challenge inclusion are below.*

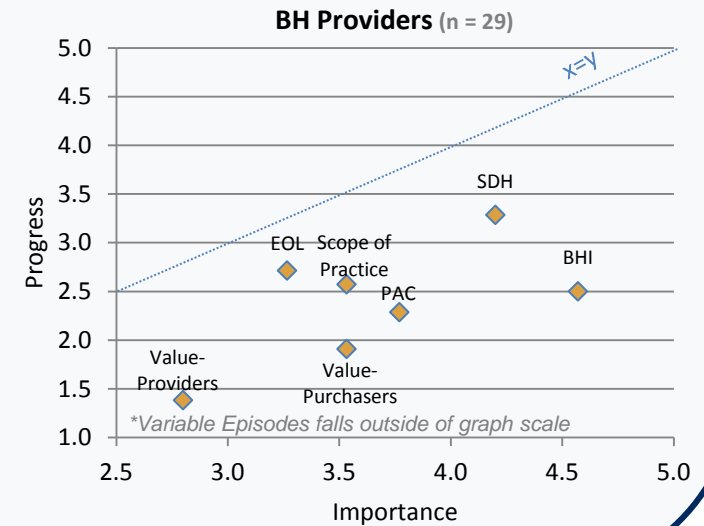
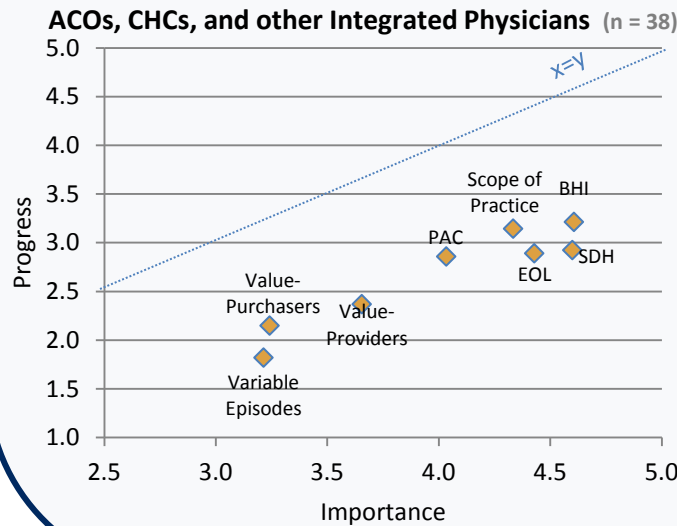
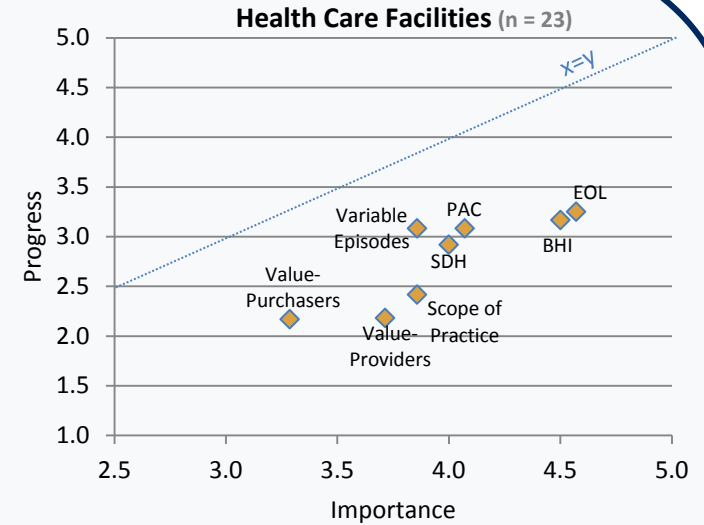
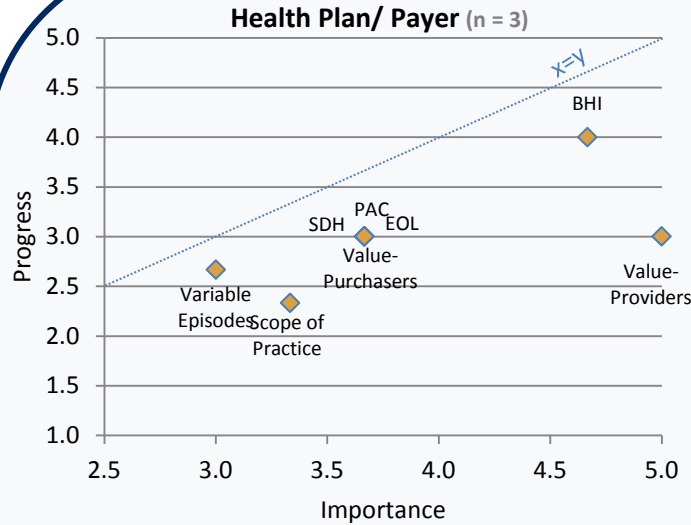
Need	Innovation Opportunity	Feasibility & Sustainability
<ul style="list-style-type: none"><li>• <b>Persistent health challenge</b> for people, especially the underserved, of Massachusetts</li><li>• The challenge is a significant <b>cost driver</b> that threatens the benchmark and can be improved with equal or better quality</li></ul>	<ul style="list-style-type: none"><li>• Existing solutions have made <b>limited progress</b></li><li>• <b>Preliminary evidence</b> of innovation potential already exists</li><li>• <b>Synergy</b> with other Commonwealth investments and certification programs</li><li>• Demonstrable <b>market interest</b> in disruption, primarily through substantially and rapidly changing:</li></ul>	<ul style="list-style-type: none"><li>• Challenge is <b>actionable</b> by potential applicants</li><li>• Potential for <b>sustainability</b>, translation, and scale</li><li>• Responsive to interventions enough to demonstrate measurable impacts within approximately <b>18 months</b></li></ul>



# HCII Stakeholder Survey – importance vs progress by respondent type

No respondent type indicated sufficient Progress in any Challenge.

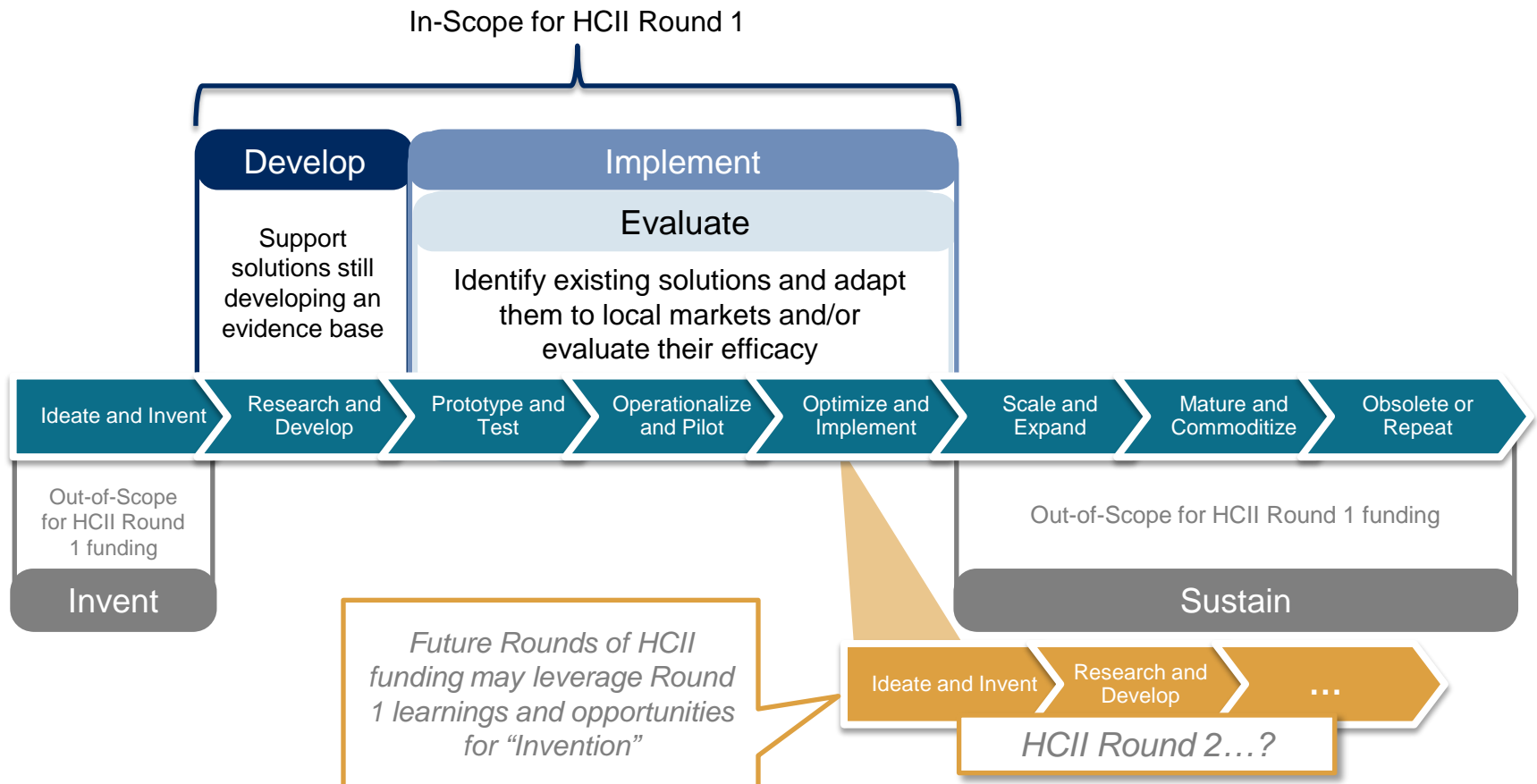
BHI emerges as the only Challenge indicated as a top priority ( $\geq 4$ ) across all respondent types, but great variability exists in all other domains.



# Where in the innovation life cycle can HCII be most effective?

*HCII may use its funds to develop, implement, or evaluate promising models in payment and service delivery. Within this model framework, HCII Round 1 funding would focus on investment in rapid adoption of existing models with a preliminary evidence base.*

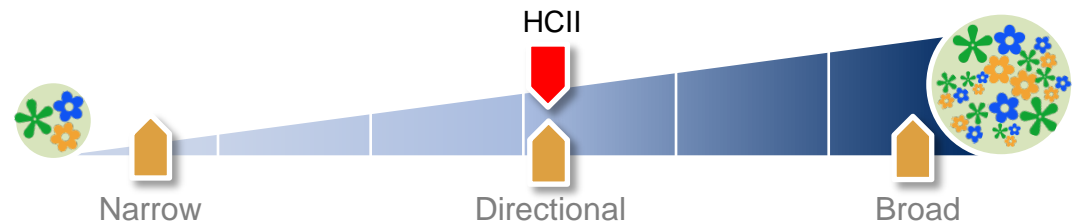
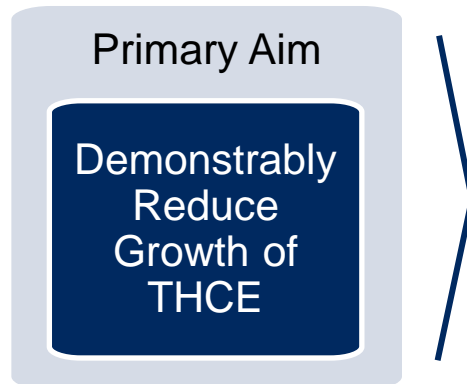
## 1½ – 5-year “Innovation Lifecycle”



# HCII Round 1 primary design choice: how should investments be focused?

Stakeholder recommendations were divided between prescribing a narrow focus for investment based on HPC priority areas and allowing a diverse swath of ideas to emerge.

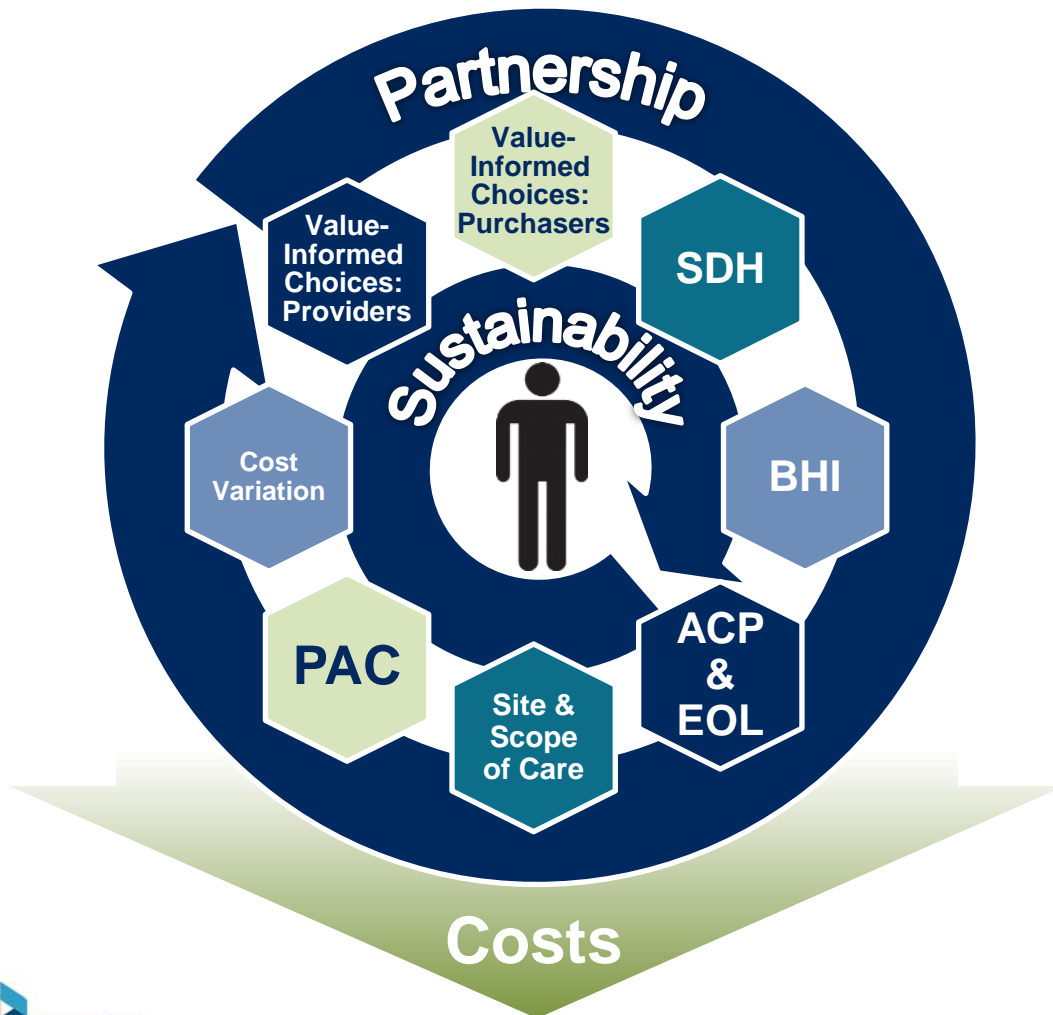
Which framework will generate investments that achieve HCII's Primary Aim?



	Directive	Hybrid	“Let 100 Flowers Bloom”
	Allow only 2-3 models for Applicants to scale	Allow Applicants to inform selection of challenges & models, but ultimately compete by adapting from a focused list	Allow Applicants to propose any innovations
Pros	<ul style="list-style-type: none"> <li>Promotes concentrated impact on a specific issue</li> <li>Builds shared learning community, evidence base, and scale opportunities</li> </ul>	<ul style="list-style-type: none"> <li>Applicant viewpoints substantially inform models</li> <li>Focuses effort on select challenges to maximize impact</li> </ul>	<ul style="list-style-type: none"> <li>Allows broad Applicant choice</li> <li>Facilitates creativity</li> </ul>
Cons	<ul style="list-style-type: none"> <li>Drastically limits Applicant choice</li> <li>Eliminates any potential for creative new models</li> </ul>	<ul style="list-style-type: none"> <li>(More) complex process may not yield consensus</li> <li>Emphasizes ‘imitation’ over ‘invention’</li> </ul>	<ul style="list-style-type: none"> <li>Substantial risk of diluted impact</li> <li>Difficult to contrast Proposals for selection</li> </ul>

# HCII: Innovations Advancing Delivery and Payment Transformation

*The **HCII Program**: Focusing patient-centered innovation on Massachusetts' most complex health care cost challenges through investment in validated, emerging models*



Broad  
array of  
eligible  
Challenges

Capture  
innovations from  
a diverse swath  
of applicants



Narrow  
selection  
criteria

Define rigorous  
requirements for  
high-quality  
innovation and  
partnership in  
order to achieve  
sustainable cost-  
reduction



# HCII and Telemedicine: Aligned approaches to requirements and technical assistance

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*With minor Program-specific variation, HPC's HCII Program and Telemedicine Pilot approach investment through shared principles around measurement, technical assistance, and partnership.*

## Measurement

Applicants will propose **key outcomes, measures** to assess those outcomes, and a plan for **rapid-cycle evaluation** in order to:

- Improve care for patients real-time
- Encourage learning and knowledge transfer
- Evaluate overall impact and effectiveness

## Partnership

HPC will require **multi-stakeholder collaboration** to:

- Maximize impact through interdisciplinary approaches enabled by multi-stakeholder partnerships
- Strengthen partnerships in communities to meet patient needs

## Technical Assistance

In order to meet program goals, the HPC may provide **limited, focused technical assistance** to Awardees to finalize project design, implementation, and/or evaluation

## Goals of telemedicine pilot program

**Payers, providers, and policymakers are interested in understanding the impact of using telemedicine for consultation, diagnosis, and treatment. Goals of piloted models may include:**

- 1 Telemedicine should demonstrate **cost savings** and/or **enhance access to care**
- 2 Telemedicine should maintain or **improve patient experience** and **quality** of care
- 3 Telemedicine should **improve patient flow**
- 4 Telemedicine should **improve providers' operating efficiency** through optimal allocation of clinical staff among partnering sites and use of staff time
- 5 Telemedicine should enhance community-based care and **reduce the number of patients transferred for specialty evaluations** when appropriate care could be delivered at the originating setting
- 6 Telemedicine should **improve provider satisfaction**
- 7 Telemedicine care models should be closely linked back to primary providers to ensure **continuity of care**
- 8 Telemedicine should **not result in duplicative utilization** patterns and, where appropriate, should reduce overall utilization over an episode of care

# Local and regional examples of value of telemedicine

## Two-Way Video Conferencing



**MGH TelePsych** program allows patients to receive personalized, convenient psychiatric care from their home, workplace or any private location



CHART funded

Utilize telehealth behavioral health visits to expand access to psychiatric services



Utilize telehealth visits to expand access to primary care

## Provider-Provider Support



Beth Israel Deaconess Medical Center

**ECHO Age** links BIDMC geriatric specialists, neurologists and psychiatrists with providers in the community through a weekly teleconference to discuss cases and to co-develop treatment plans



Telephonic consultations between child/adolescent psychiatrist and the pediatric PCP

## Passive Remote Monitoring



CHART funded

**Homeward Bound**, a CHART Phase 2 funded initiative, uses a combination of telemedicine and nurse-led home visits to support high-risk patients with COPD and CHF at home

## HealthAffairs

In the nursing home, a switch from on-call to telemedicine physician coverage during off hours resulted in fewer hospital admissions<sup>2</sup>

## Active Remote Monitoring



Intensivists promoting remote ICU care decreased mortality by more than 20 percent, decreased ICU lengths-of-stay by up to 30 percent, and reduced the costs of care<sup>1,3</sup>



With tele-ICU, a clinician in one “command center” is able to remotely monitor, consult and care for ICU patients in multiple locations<sup>3</sup>

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# Identification of a priority area for telemedicine pilot

*HPC engaged in extensive dialogue with payers, providers, telemedicine experts, and state policy leaders to identify a single area of focus for the telemedicine pilot*

