## ~ JOIN US! ~

The Massachusetts Department of Mental Health,
Office of Behavioral Health Promotion and Prevention,
and William James College present:

## Demystifying MENTAL HEALTH

## A Community Forum

A time for real talk about inclusive, culturally rooted approaches to mental well-being for everyone.

Oct. 18, 2025 11 a.m. - 4 p.m.

Union United Methodist Church 485 Columbus Avenue, Boston, MA

Scan or click the QR code to register









