2019 Multicultural Mental Health Resource Directory



WELCOME!

The Department of Mental Health (DMH) is pleased to present the 2019 Multicultural Mental Health Resource Directory. Compiled by the Department's Office of Race, Equity, and Inclusion with assistance from the DMH regional areas, this resource directory has been continually updated since its first publication in 1989. The goal of this directory is to increase access to culturally and linguistically appropriate care and thereby support the elimination of health disparities.

This directory contains information about organizations in Massachusetts that offer culturally and linguistically appropriate services for communities of color, LGBTQ community, deaf and hard of hearing community, immigrants, and refugees. We hope this directory will be utilized as a starting point in familiarizing users with available local and statewide resources. Users should contact the organizations directly to seek further information. Other resource guides produced by Department of Mental Health are available at mass.gov/service-details/dmh-resource-guides

If you have any questions or comments about this directory, please contact the Office of Race, Equity, and Inclusion at (617) 626-8134 or by email at MCA@massmail.state.ma.us. Please keep in mind that this directory is not meant to be an exhaustive list of organizations, and new entries are always welcome.

Sincerely,

DMH Office of Race, Equity, and Inclusion

DISCLAIMER

This directory is provided solely as a service to the user, and it contains information provided to DMH by the listed organizations or gathered from these organizations' websites. DMH has not independently verified the accuracy of the information provided by the organizations, nor does DMH recommend, endorse, or guarantee any of the listed organizations or their services.

DMH has not verified whether the organizations' services are provided in accordance with applicable law.

This directory does not provide complete information regarding service fees or eligibility requirements. Use of this directory, and the selection of any service or provider from it, is the sole responsibility of the user.

HOW TO USE THIS DIRECTORY

Entries in this directory are organized based on the location of the organization within one of the five DMH regional areas. Organizations with offices located in multiple DMH areas or that provide services statewide are listed in the *Statewide Services* section of this directory. Websites containing mental health education materials in several languages are listed at the end of the *Statewide Services* section.

To find the cities and towns within each DMH area, please click on the following link to view the DMH Regional Coverage Map mass.gov/eohhs/docs/dmh/dmh-offices-august-2015-map.pdf

Each entry in this resource directory includes the following information:

ORGANIZATION INFORMATION

- o Includes the name, address, telephone number, and website of the organization
- Each website address is hyperlinked so clicking the link will bring you directly to the organization's website if you are connected to the internet

SERVICES OFFERED

 Lists the services offered by the organization such as mental health services, cultural events, educational classes, and healthcare services

• LANGUAGES OTHER THAN ENGLISH

 Languages listed are those that the organization has the capacity to provide some or all of its services in through bilingual staff and/or interpreter services

QUICK SEARCH FEATURE

If you are using an electronic copy of this directory, you can search for specific services, languages, locations, and populations by pressing the "Ctrl" key and the "F" key at the same time then typing in a search term or keyword. This will allow you to search for specific words that appear in the directory. For example, you may search for words like "Spanish," "LGBTQ," "Peer Support," "Substance Abuse," or any other word to help narrow your search.

ACKNOWLEDGEMENTS

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STATEWIDE SERVICES

EMERGENCY SERVICES PROGRAM

MASSACHUSETTS BEHAVIORAL HEALTH PARTNERSHIP (MBHP) EMERGENCY LINE

877-382-1609

An alternative to going to a hospital emergency room for those having a mental health or substance use crisis. Connects callers to the Emergency Services Program and Mobile Crisis Intervention in their area.

- Provides behavioral health crisis assessment, intervention, and stabilization services 24 hours per day/7 days per week/365 days per year
- Services for people of all ages and those who are uninsured, insured by MassHealth (Medicaid) plans, or Medicare
- Many Emergency Services Programs also contract with commercial insurance companies

GOVERNMENT AGENCIES

MASSACHUSETTS DEPARTMENT OF MENTAL HEALTH (DMH)

25 Staniford Street, Boston, MA 02114 800-221-0053 (Info and Referral Line)

mass.gov/dmh

The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work, and participate in their communities.

- To receive DMH services, individuals must complete the service authorization process and be deemed eligible. Please visit the following website to check eligibility mass.gov/service-details/am-i-eligible-for-dmh-services
- Service authorization application is available in several languages

MASSACHUSETTS DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS)

66 Canal Street, Boston, MA 02114

617-624-0430

mass.gov/eohhs/gov/departments/dds

The Department of Developmental Services is dedicated to creating, in partnership with others, innovative and genuine opportunities for individuals with intellectual disabilities to participate fully and meaningfully in, and contribute to, their communities as valued members.

MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH (DPH), BUREAU OF SUBSTANCE ABUSE SERVICES (BSAS)

250 Washington Street, Boston, MA 02108

mass.gov/eohhs/gov/departments/dph/programs/substance-abuse

Help is available for those with a drug or alcohol problem at helpline-online.org or by phone at:

TTY and ASCII Users: 800-720-3480 Voice and Hearing Users: 800-327-5050

The Bureau of Substance Abuse Services oversees the substance abuse and gambling prevention and treatment services in the Commonwealth. Responsibilities include licensing programs and counselors, funding and monitoring prevention and treatment services, providing access to treatment for the indigent and uninsured, developing and implementing policies and programs, and tracking substance abuse trends in the state.

MASSHEALTH, CHILDREN'S BEHAVIORAL HEALTH INITIATIVE (CBHI) mass.gov/masshealth/cbhi

CBHI's mission is to ensure that children with MassHealth insurance coverage who have significant behavioral, emotional, and mental health needs and their families get the services they need for success in home, school, community, and throughout life.

- Three Community Service Agencies (CSAs) were chosen for their demonstrated ability to serve specific cultural or linguistic communities. Like all CSAs, these specialized CSAs serve any family seeking services regardless of race, ethnicity, or language.
 - Children's Services of Roxbury specializes in serving the African-American population in Greater Boston <u>csrox.org</u>
 - The Gandara Center specializes in serving the Latino population in the Springfield/Holyoke area gandaracenter.org
 - The Learning Center for the Deaf at the Walden School specializes in serving the deaf and hard-of-hearing population <u>tlcdeaf.org</u>

MASSACHUSETTS COMMISSION FOR THE DEAF AND HARD OF HEARING (MCDHH)

600 Washington Street, Boston, MA 02111

Voice: 617-740-1600, TTY: 617-740-1700

Video Phone: 617-326-7546, Toll Free Voice: 800-882-1155, Toll Free TTY: 800-530-

7570

mass.gov/eohhs/gov/departments/mcdhh

The Massachusetts Commission for the Deaf and Hard of Hearing is the principal agency in the Commonwealth working on behalf of people of all ages who are deaf and hard of hearing.

- Statewide interpretation and Communication Access Realtime Translation referral service
- Case management for deaf, late-deafened, and hard of hearing people in need of human services
- Assists with connecting deaf and hard of hearing people with mental health and substance abuse services

MASSACHUSETTS OFFICE FOR REFUGEES AND IMMIGRANTS (MORI)

600 Washington Street, Boston, MA 02111

617-727-7888

mass.gov/eohhs/gov/departments/ori

The Office for Refugees and Immigrants (ORI) promotes the full participation of refugees and immigrants as self-sufficient individuals and families in the economic, social, and civic life of Massachusetts.

Community Partners Directory lists the organizations that partner with ORI to serve immigrants and refugees. The Community Partners Directory, English Language Resource Directory, and other key resources are available at mass.gov/eohhs/gov/departments/ori/key-resources.html

MASS 2-1-1

211 or toll-free 877-211-6277, TTY 508-370-4890

mass211.org

Dial 211 to learn about community resources including parent supports, mental health services, crisis intervention, substance abuse services, support groups, food pantries, and much more. This informational service is free and available in multiple languages.

MASS OPTIONS

Toll Free Phone: 844-422-6277 and online chat, available in English and Spanish

massoptions.org

Connects those seeking services to the Aging and Disability Resource Consortia, state agencies like the Executive Office of Elder Affairs, and other organizations that provide services and supports to elders and persons with disabilities.

MASSACHUSETTS REHABILITATION COMMISSION (MRC)

600 Washington Street, Boston, MA 02111

617-204-3600

mass.gov/orgs/massachusetts-rehabilitation-commission

The Massachusetts Rehabilitation Commission (MRC) helps individuals with disabilities to live and work independently. MRC is responsible for Vocational Rehabilitation, Community Living and eligibility determination for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) federal benefits programs. MRC provides comprehensive services to people living with disabilities that maximize their quality of life and economic self-sufficiency in the community. All programs have their own intake criteria including financial, medical, and other eligibility requirements.

OTHER PROVIDER ORGANIZATIONS AND REFERRAL RESOURCES

ADVOCATES

1881 Worcester Road (Route 9 West), Framingham, MA 01701

24/7 Emergency Services for mental health or addiction crisis: 800-640-5432

Navigation to help families connect to services: 508-628-6801

advocates.org

Provides addiction services, autism services, help with employment issues as well as mental health counseling and emergency psychiatric services. Locations in Central Massachusetts, Boston, and Southeastern Massachusetts.

ASPERGER / AUTISM NETWORK

51 Water Street, Suite 206, Watertown, MA 02472

617-393-3824

aane.org

Works with individuals, families, and professionals to help people with Asperger Syndrome and similar autism spectrum profiles build meaningful, connected lives.

BAY COVE HUMAN SERVICES

66 Canal Street, Boston, MA 02114

617-371-3000

baycove.org

Provides care and services to individuals and families who face the challenges of developmental disabilities, mental illness, drug and alcohol addiction, and aging. Locations in Boston and Southeastern Massachusetts.

BROCKTON AREA MULTI-SERVICES, INC. (BAMSI)

10 Christy's Drive, Brockton, MA 02301

508-580-8700

Helpline for health care, social services, financial assistance, housing, and food pantries: 508-584-4357

bamsi.org

Provides services for behavioral health, substance abuse, development/intellectual disabilities, and autism in areas across Massachusetts.

CAMBRIDGE HEALTH ALLIANCE

1493 Cambridge Street, Cambridge, MA 02139

617-665-1305

challiance.org

Provides addiction services, mental health services and psychiatry, and support for victims of violence. Mental health programs for specific populations: Asian, Haitian, Latino, Portuguese, and Cape Verdean. Deaf services available at Cambridge Hospital.

CHILD TRAUMA TRAINING CENTER, CENTRALIZED REFERRAL SYSTEM "LINK-KID"

855-456-5543

umassmed.edu/cttc

Links children who would benefit from evidence-based trauma treatments to trained providers of these treatments in Massachusetts. Able to make referrals to treatment for youth aged o-18 years old.

D.E.A.F. INC.

215 Brighton Avenue, Allston, MA 02134

617-254-4041

deafinconline.org

Offers health support services to the Deaf, Deaf Blind, Hard of Hearing, and Late-Deafened community of Greater Boston and Eastern Massachusetts.

DISABILITY LAW CENTER

11 Beacon Street, Suite 925, Boston, MA 02108 617-723-8455 or 800-872-9992

dlc-ma.org

Private, non-profit Protection and Advocacy Agency for Massachusetts responsible for the rights of Massachusetts residents with disabilities. Provides information and referrals, technical assistance, and representation regarding legal rights and services for people with disabilities.

FAMILY RESOURCE CENTERS

frcma.org

Offers parenting programs, support groups, information and referrals, assessment services, early childhood services, and education programs for families whose children range in age from birth to 18 years old. Specific programs for families with children who may be frequently absent from or have serious problems at school, have serious problems at home, have run away from home, or are being exploited. Also provides specialized services for LGBTQ individuals.

FEDERATION FOR CHILDREN WITH SPECIAL NEEDS

529 Main Street, Boston, MA 02129

617-236-7210 or 800-331-0688

fcsn.org

Provides information, support, and assistance to parents of children with disabilities, their professional partners, and their communities. Has outreach coordinators who speak Spanish, Portuguese, and Chinese.

HAITIAN MENTAL HEALTH NETWORK

hmhnetwork.org

Organization comprised of mental health providers including psychologists, social workers, psychiatrists, mental health counselors, psychiatric nurses, and pastoral counselors who promote the mental health of Haitian individuals.

 List of organizations with mental health providers who are fluent in Haitian Creole and/or French available at hmhnetwork.org/mental-health-services List of agencies that serve the Haitian community in Boston and other parts of Massachusetts available at hmhnetwork.org/boston-based-agencies

JAPANESE BOSTONIANS SUPPORT LINE

781-296-1800

jbline.org

24/7 hotline that provides emotional support, information, and resources to Japanese and Japanese Americans in New England.

JUSTICE RESOURCE INSTITUTE

160 Gould Street, Suite 300, Needham, MA 02494

781-559-4900

jri.org

Provides behavioral health and trauma services as well as residential and educational services. Justice Resource Institute's Health Law Institute provides advocacy and direct representation for individuals from vulnerable populations.

MASSACHUSETTS ADULT DAY SERVICES ASSOCIATION

1 Florence Street, Boston, MA 02131

617-469-5848

madsa.net

Promotes and supports the development of high quality Adult Day Health services in Massachusetts. List of Adult Day Health programs in each region of Massachusetts available at madsa.net/members/members-regions

MASSACHUSETTS ASSOCIATION FOR THE DEAF

P.O. Box 52097, Boston, MA 02205

Email: info@massdeaf.org

massdeaf.org

Serves and advocates for the Deaf Communities in Massachusetts by promoting, preserving and protecting the civil, human, and linguistic rights of Deaf individuals.

MASSACHUSETTS BEHAVIORAL HEALTH PARTNERSHIP (MBHP)

1000 Washington Street, Suite 310, Boston, MA 02118

800-495-0086, TTY: 877-509-6981

masspartnership.com

Offers integrated medical and behavioral health care to MassHealth Members statewide. Website contains a "Find a Provider" search feature to help people locate behavioral health services in their community.

MASSACHUSETTS LEAGUE OF COMMUNITY HEALTH CENTERS

40 Court Street #10, Boston, MA 02108

617-426-2225

massleague.org

Association representing the 50 community health center organizations in Massachusetts. Website contains a "Find a Health Center" search feature to help people locate the health center in their neighborhood.

- Community health centers often have bilingual staff who speak the languages of those who live in the community
- Some community health centers are contracted with MA Department of Public Health to provide refugee health assessments that include a behavioral health screening

MASSACHUSETTS ORGANIZATION FOR ADDICTION RECOVERY

29 Winter Street, 2nd Floor, Boston, MA 02108

617-423-6627

moar-recovery.org

Supports recovering individuals as well as their families and friends. Educates the public about recovery from alcohol and other addictions. Resources for Recovery Guide lists addiction and substance use services in Massachusetts and is available at moar-recovery.org/resources

MASSLEGALHELP.ORG

Website by Massachusetts legal aid programs to help people find information about their legal rights. Information available about health and mental health legal rights, housing rights, and rights of those experiencing homelessness as well as resources for immigrants, children and families, people with disabilities, and survivors of domestic violence.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), MA CHAPTER

NAMI MASS Compass Helpline: 617-704-6264

Monday through Friday, from 9 AM to 5 PM, available in English and Spanish

nami.org

Peer-run phone line that helps those affected by mental health issues navigate the mental healthcare system in Massachusetts. Navigators are available to answer questions and refer to NAMI support and education programs and other community resources.

PARENT/PROFESSIONAL ADVOCACY LEAGUE (PPAL)

15 Court Square, Suite 600, Boston, MA 02108 866-815-8122

ppal.net

Parent/Professional Advocacy League (PPAL) is the leading public voice for families whose children have emotional, behavioral, and mental health needs in Massachusetts. PPAL's goals are to support families, nurture parent and youth leaders and work for systems change. PPAL's programs focus on helping families and youth strengthen their knowledge and skills and ensure that their voices are part of every system that provides services for them. Support groups and educational events available in English, Spanish & Haitian Creole. PPAL's Child, Teen, and Young Adult Resource Guide is available at ppal.net/wp-content/uploads/2011/01/Child-Teens-and-Young-Adult-Resources.pdf

SAHELI

P.O. Box 1345, Burlington, MA 01803

Saheli Helpline: 866-472-4354

saheliboston.org

Community-based women's organization focused on the needs of South Asians with services available in Bangla/Bengali, Gujarati, Hindi, Punjabi, Sindhi, Tamil, Telegu, Urdu, Kannada, Kashmiri/Dogri, Konkani, Malayan, Marathi, Nepali/Nepalese, and Pashto. Saheli's online resource directory available at saheliboston.org/resources

STATEWIDE INDEPENDENT LIVING COUNCIL

masilc.org

Independent Living Centers provide information and referrals to persons with disabilities and their families. The centers also provide training in independent living skills and offer supports for persons with disabilities to participate in the community and have self-sufficiency. Map of independent living centers in Massachusetts available at massic.org/findacenter

TRANSFORMATION CENTER

98 Magazine Street, Roxbury, MA 02119

617-442-4111

transformation-center.org

Statewide peer-operated training, technical assistance, and peer support networking organization. Facilitates the growth, well-being, and diverse voices and expressions of people in all stages of recovering their mental health and freedom from addictions and traumatic experiences. Peer-led coalitions include Asian American Voices of Recovery, Deaf and Hard of Hearing Recovery Project, Blacks United in Recovery, and Latinos en Accion.

WAYSIDE YOUTH AND FAMILY SUPPORT NETWORK

1 Frederick Abbott Way, Framingham, MA 01701

508-879-9800

waysideyouth.org

Provides mental health services to children, young adults, and families at many locations across Massachusetts. Available services include counseling; residential, day, and education services; services for young adults; community and outreach services; and care coordination.

Mental Health Education Materials in Multiple Languages

ETHNOMED

ethnomed.org/patient-education

Patient education materials about mental health with many resources specifically for refugee communities.

MENTALHEALTH.GOV IN SPANISH

espanol.mentalhealth.gov

Resources and information about prevention, treatment, and recovery from mental health conditions. Website focuses on the importance of talking about mental health and engaging parents, young people, community leaders, and professionals serving Spanish-speaking populations.

REFUGEE HEALTH TECHNICAL ASSISTANCE CENTER

refugeehealthta.org

Webinars for healthcare providers serving refugee communities and health education materials for refugees about mental health, suicide prevention, and communicable diseases. Bhutanese community members from across the U.S. were integral in adapting the Question, Persuade, Refer (QPR) suicide prevention model to be culturally appropriate for refugee communities. Their feedback led to the development of the Refugee Suicide Prevention Training Toolkit which includes posters in Arabic, Burmese, Karen, and Nepali refugeehealthta.org/suicide-prevention-toolkit

SELECTED PATIENT INFORMATION IN ASIAN LANGUAGES (SPIRAL)

spiral.tufts.edu/topic_list.shtml

Patient education information developed by non-profit health organizations about a variety of health topics including mental health. Materials are available in Cambodian/Khmer, Chinese, Hmong, Japanese, Korean, Laotian, Thai, and Vietnamese.

SYSTEMS AND PSYCHOSOCIAL ADVANCES RESEARCH CENTER (SPARC), UMASS MEDICAL SCHOOL

umassmed.edu/sparc

SPARC is a Massachusetts DMH Research Center of Excellence whose goal is to improve the mental and behavioral health of all citizens in Massachusetts and beyond. SPARC translates research findings into accessible, easy-to-read issue briefs and tip sheets on topics including mental health recovery, transition age youth, employment and school, human rights and ethics, parent and family mental health, and working with diverse populations to address mental health issues. Written materials are available in English and Spanish, and some select products are available in Vietnamese and American Sign Language (via videos). Sign-up for SPARC e-blasts and newsletter at tinyurl.com/sparcnewsletter



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Resource Directory Home Page

Metro Boston Area

Allston Dorchester Roxbury Somerville Boston **East Boston** South Boston Brighton Hyde Park Brookline Jamaica Plain West Roxbury Cambridge Mattapan Winthrop Charlestown Revere

Roslindale

Chelsea

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Arbour Counseling Services 14 Fordham Road Allston, MA 02134 617-782-6460 arbourhealth.com/organizatio ns/arbour-counseling-services Asian American Civic Association	 Individual, couple, family, and group counseling Crisis response Evaluation and treatment Job, housing, and college 	 Bengali French Hebrew Italian Russian Spanish Urdu Cantonese
87 Tyler Street, 5 th Floor Boston, MA 02111 617-426-9492 aaca-boston.org	counseling - English for speakers of other languages - Youth center and youth mentoring program	Chinese - Mandarin Chinese
Asian Task Force Against Domestic Violence P.O. Box 120108 Boston, MA 02112 617-338-2350 24 hour Multilingual Helpline: 617-338-2355 atask.org	 Emergency shelter Crisis intervention Referrals Children and family program Life skills training English for speakers of other languages Legal advocacy Medical/healthcare advocacy Education and outreach 	 Vietnamese Cantonese Chinese Shanghainese Taiwanese Khmer Korean Japanese Lao Nepali Hindi Bangla Tagalog Urdu Thai Manipuri Mien Indonesian Toisanese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Association of Haitian Women in Boston	Domestic violence servicesYouth development	– Haitian Creole
330 Fuller Street Dorchester, MA 02124 617-287-0096 afab-kafanm.org	 Counseling Community outreach Housing support Adult education 	
Boston Alliance of Gay, Lesbian, Bisexual, and Transgender Youth Inc. P.O. Box 960814 Boston, MA 02196 617-227-4313 bagly.org	 Peer support Social events Leadership development Community outreach Referrals HIV and risk counseling 	– American Sign Language (ASL)
Boston Asian: Youth Essential Service, Inc.	– Individual and family counseling	– Mandarin Chinese
199 Harrison Avenue Boston, MA 02111 617-482-4243 bostonasianyes.org	 School drop-out prevention Court diversion programs Youth leadership programs Substance abuse prevention After school tutoring 	 Cantonese Chinese Toisanese Fujinese Vietnamese
Boston Center for Refugee Health and Human Rights 771 Albany Street Boston, MA 02118 617-414-4794 berhhr.org	 Medical and mental health services Legal services Health literacy education Case management 	- Interpreter services for over 30 languages
Boston Chinatown Neighborhood Center 38 Ash Street Boston, MA 02111 617-635-5129 benc.net	 Adult education After school, summer, recreation and fitness programs Early education and child care Youth center 	Cantonese ChineseMandarin ChineseVietnamese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Children's Hospital Department of Psychiatry 300 Longwood Avenue Boston, MA 02115 617-355-6680 childrenshospital.org/centers- and-services/department-of- psychiatry	 Inpatient and outpatient care Emergency psychiatric service Adolescent substance abuse program Center for Young Women's Health Deaf and Hard of Hearing Program Eating Disorders Program 	 Interpretation for more than 25 languages Spanish-speaking interpreters available onsite
For LGBTQ+ youth, homeless youth, and youth living with HIV ages 13-29 75 Amory Street Jamaica Plain, MA 02130 857-399-1920 jri.org/services/health-and-housing/health/boston-glass	 Support groups Outreach and education Drop-in center Behavioral health services and referrals Mentorship program Free HIV/AIDS testing Social events 	– Spanish
Boston Mayor's Health Line 1010 Massachusetts Ave, 2nd floor Boston, MA 02118 800-847-0710 bphc.org/aboutus/mayors- health-line Boston Medical Center Immigrant & Refugee Program	 Free and confidential referral service for information about: Health insurance Social services Mental health services Legal services Check-ups, immunizations, care for illnesses and injuries Care coordination 	 Spanish Portuguese Haitian Creole Cape Verdean Creole Over the phone interpreter service On-site and over the phone interpretation
725 Albany Street Boston, MA 02118 617-414-5951 bmc.org/refugeehealth.htm	 Access to psychiatric and case management support Consultation 	for over 30 languages

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Brazilian Immigrant Center 14 Harvard Avenue, 2 nd Floor Allston, MA 02134 617-783-8001 braziliancenter.org	 Activism Community outreach and education Legal services 	- Portuguese
Brazilian Women's Group 697 Cambridge Street, Suite 106 Brighton, MA 02134 617-202-5775 verdeamarelo.org	 Community outreach English for speakers of other languages Help for domestic violence Cultural events Referrals 	- Portuguese
Casa Esperanza 302 Eustis Street Roxbury, MA 02119 617-445-1123 casaesperanza.org	 Substance abuse programs HIV counseling, education, and case management Parenting education Recreational activities Psychotherapy Psychiatry Employment & education programs Anger management, life skills, and other therapeutic groups Peer recovery coaching 	- Spanish
P.O. Box 180019 Boston, MA 02118 617-521-0100 Domestic Violence Hotline: 877-785-2020 casamyrna.org	 Emergency shelters Transitional living programs Counseling Children's services Legal advocacy Support groups Referrals 	SpanishPortuguese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Center Club, a program of Bay Cove Human Services 31 Bowker Street Boston, MA 02114 617-788-1000 617-788-1091 (Spanish) centerclubboston.org	 Employment and education supports Community outreach Housing supports Young adult programs Dual Recovery Anonymous Mental health peer support 	– Spanish
Center for Cross-Cultural Student Emotional Wellness 55 Fruit Street Boston, MA 02114 617-726-2000 massgeneral.org/psychiatry/s ervices/ccsew_home.aspx Children's Services of Roxbury Specializes in serving the African-American population in Greater Boston 504 Dudley Street Roxbury, MA 02119 617-445-6655 csrox.org	 Education and primary prevention Research Consultation, treatment, and referral for Chinese international and second-generation students Psychiatric diagnostic evaluations Early education and child care Children's Behavioral Health Initiative Community Service Agency In-home therapy Community support program Case management Outpatient substance abuse services Outpatient mental health clinic Intensive care coordination Family support and training Housing services 	 Mandarin Chinese Cantonese Chinese Spanish Haitian Creole Cape Verdean Creole

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Community Legal Services and Counseling Center 1 West Street Cambridge, MA 02139 617-661-1010 clsacc.org	 Individual and group psychotherapy Refugee and immigrant support services Counseling for victims of abuse and torture Legal services 	– Spanish
Deaf and Hard of Hearing Service, Cambridge Health Alliance 1493 Cambridge Street Cambridge, MA 02139 617-665-3458 challiance.org	 Individual and family therapy School consultation Medication evaluation Medication management General psychiatric services 	– American Sign Language (ASL)
Dorchester House Health Multi-Service Center 1353 Dorchester Avenue Dorchester, MA 02122 617-740-2212 dorchesterhouse.org/services/ behavioral_health.html	 Individual, family, and group counseling Anger management Substance abuse services Domestic violence services Grief support Mental health evaluation 	 French Kikongo Lingala (Ngala) Spanish Vietnamese
Emerge: Counseling and Education to Stop Domestic Violence 2464 Massachusetts Avenue Suite 101 Cambridge, MA 02140 617-547-9879 emergedv.com	 Abuser education group meetings Anger management program Fatherhood education group 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Eritrean Community Center 590 Shawmut Avenue Roxbury, MA 02118 617-427-1210 eccboston.org Ethiopian Community Mutual Assistance Association 522 Massachusetts Avenue Cambridge, MA 02139 617-492-4232 krichevsky.com/maac-3/prof-Ethiopian.html	 Social and cultural events Seminars and workshops on social, health, and financial issues Mentorship programs Adult education classes Assistance with resumes and job interviews Advocacy Social services Interpreter services Counseling HIV/AIDS prevention education Referrals 	- Amharic - Tigrinya - Amharic
Fenway Health Healthcare for the LGBTQ+ community 1340 Boylston Street Boston, MA 02215 617-267-0900 142 Berkeley Street Boston, MA 02116 617-247-7555 75 Kneeland Street Boston, MA 02111 617-457-8140 fenwayhealth.org	 Outpatient mental health services Psychotherapy Psychiatry Problem gambling program Therapy and support groups Addiction recovery and wellness Violence recovery Transgender health LGBT family and parenting services 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Freedom Trail Clinic, Deaf and Hard of Hearing Outpatient Mental Health 25 Staniford Street Boston, MA 02114 617-912-7800 TTY: 617-912-7897 northsuffolk.org/services/adu lt-services/deaf-and-hard-of-hearing-outpatient-clinical-services	 Individual, family, and group therapy Psychiatry consultation Counseling Crisis intervention Referrals 	- American Sign Language (ASL)
Frosina Information Network Albanian Cultural Resource and Information Center 162 Boylston Street Boston, MA 02116 617-482-2002 frosina.org	 English for speakers of other languages Document translation service Legal counseling Referrals 	– Albanian
Guidance Center 5 Sacramento Street Cambridge, MA 02138 617-354-2275 guidancectr.org	 Early childhood behavioral health services Child and adolescent counseling In-home therapy Therapeutic Mentoring Family services Domestic violence services Care coordination 	 Spanish Portuguese Haitian Creole Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Haitian American Public Health Initiative	ReferralsPeer support	– Haitian Creole
1601-1603 Blue Hill Avenue P.O. Box 260386 Mattapan, MA 02126 617-298-8076 haphi.org	 Family support Health education Prevention media campaign Haitians Against Drugs Program Youth leadership Medicare/Medicaid outreach 	
Haitian Mental Health Network 637 Washington Street Dorchester, MA 02124 Email: HMHnetwork@gmail.com hmhnetwork.org	and education - Mental health education - Community forums and conferences - Resource guides - Referrals - Research - Clinical consultation and	– Haitian Creole
Harvard Program in Refugee Trauma 22 Putnam Avenue Cambridge, MA 02139 617-876-7879 hprt-cambridge.org	training - Torture Survivors Project - Bosnia Reconstruction Project - Cambodian Mental Health program - Mental health treatment for refugee patients and civilian survivors of mass violence and torture	- Interpreter services available
Home for Little Wanderers 10 Guest Street Boston, MA 02135 617-267-3700 Multiple sites in Boston area thehome.org	 Clinical and family support Residential care Special education Transitional age youth program 	 Amharic Haitian Creole French Spanish German Mandarin Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Inquilinos Boricuas En	 Youth development 	– Spanish
Accion	 Preschool program 	
405 Shawmut Avenue Boston, MA 02118	 After school and summer learning 	
617-927-1707	- Case advocacy	
iba-etc.org	Health education	
	- Referrals	
	– Arts program	
Irish International	- Case management	– Haitian Creole
Immigrant Center	- Counseling	– French
100 Franklin St, Lower Level 1 Boston, MA 02110	 Substance abuse prevention and recovery 	– Spanish
617-542-7654	Suicide prevention	
iiicenter.org	Health screenings	
	- Legal services	
Irish Pastoral Center	 Immigration, detention, and U.S. citizenship services 	
15 Rita Road Dorchester, MA 02124 617-265-5300	 Drug, alcohol and substance abuse services 	
ipcboston.org	 Mental health services 	
•	 Parenting groups 	
	 Employment services 	
	 Spiritual program and pastoral care 	
Italian Home for Children	 In-home therapy 	– Spanish
Children	 In-home behavioral services 	
77 Warren Street Brighton, MA 01235	- Therapeutic Mentoring	
617-787-1901	- Group treatment	
italianhome.org/bamha	 Intensive family treatment 	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Kit Clark Senior Services 66 Canal Street Boston, MA 02114 617-788-1083 kitclark.org	 Outpatient counseling and therapy Substance abuse clinic Anxiety clinic Housing and rehabilitation for those with psychiatric disorders Emergency services Health education 	VietnameseSpanishHaitian Creole
La Alianza Hispana, Inc. 434 Warren Street Boston, MA 02121 617-427-7175	 Family counseling Family stabilization and support Teenage pregnancy prevention 	– Spanish
laalianza.org Latino Health Insurance Program Iglesia Cristiana Nueva Vida 70 White Street East Boston, MA 02128 617-567-0235 Ext. 2 lhiprogram.org	 Girls Initiative support group Community health education Chronic disease self-management program Medical clinic Social services navigation: SNAP/food stamps and WIC application assistance 	- Spanish - Portuguese
Massachusetts Alliance of Portuguese Speakers 1046 Cambridge Street Cambridge, MA 02139 617-864-7600 Locations in Somerville, Brighton, and Dorchester maps-inc.org	 Health insurance navigation Care coordination Domestic violence and sexual assault services Family support Immigrant integration services Elder services Language courses HIV/STI testing and prevention 	- Portuguese
	Medical case managementTranslation service	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Massachusetts Society for the Prevention of Cruelty to Children 3815 Washington Street, Suite 2	 Pregnancy and parenting services Child and family behavioral health services 	SpanishHaitian Creole
Jamaica Plain, MA 02130 617-983-5800 mspcc.org	Trauma counselingAdoption and foster care services	
Native American Lifelines of Boston	Case managementCultural activities	
2077 Centre Street West Roxbury, MA 02132 857-203-9680 nativeamericanlifelines.org	 Elders program Health promotion and disease prevention 	
	 Healthy Native Parenting Prison outreach Substance use prevention and treatment 	
North American Indian Center of Boston, Inc.	CounselingCommunity outreach	– Micmac (Mi'kmaq)
105 South Huntington Avenue Jamaica Plain, MA 02130 617-232-0343	AdvocacyReferrals	
naicob.org	 Domestic violence and sexual assault victims support group 	
North Suffolk Mental Health Association, Inc.	 Outpatient mental health services 	– American Sign Language (ASL)
301 Broadway Street Chelsea, MA 02128	Addiction servicesSoutheast Asian program	KhmerVietnamese
617-889-3300 Locations in East Boston and Revere	Adult, child, and family mental health servicesIn-home therapy	SpanishPortuguese
northsuffolk.org	 Early childhood services 	- Mandarin Chinese
	Adolescent servicesEmergency services	- Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Osiris Family Institute 184 Dudley Street, Suite 107 Roxbury, MA 02119 617-442-2002 osirisinstitute.com Priority Professional Care 1613 Blue Hill Avenue, Suite 302 Mattapan, MA 02126 857-598-4774 ppcboston.com	 Educational workshops Information and tools for parents Family support services Individual, group, family, and couples therapy Psychiatric medication consultation Adolescent stabilization Case consultation 24-hour crisis assistance 	 Haitian Creole Cape Verdean Creole French Arabic Spanish Haitian Creole Cape Verdean Creole French Portuguese
Pyramid Builders Counseling Services, Inc. 1421 Blue Hill Avenue Mattapan, MA 02126 857-267-2059 pbacs.org	 Crisis intervention Counseling Group therapy In-home therapy Therapeutic mentoring Anger management program Substance abuse program 	SpanishPortugueseArabicHaitian Creole
Refugee and Immigrant Assistance Center 31 Heath Street Jamaica Plain, MA 02130 617-238-2430 riacboston.org	 Individual and family counseling Support groups Community outreach and education Assistance for victims of disaster, crime, and domestic violence Refugee resettlement services Citizenship & green card services Youth enrichment 	 Somali Arabic Farsi Spanish Swahili Ibo Hausa

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Roca, Inc. 101 Park Street Chelsea, MA 02150 617-889-5210 rocainc.org	 Outreach and mentorship for youth Young Mothers Program 	– Spanish
Roxbury Multi-Service Center 321 Blue Hill Avenue Dorchester, MA 02121 617-989-0292 roxmulti.org	 Multicultural cancer support group Family Nurturing Program Anger management Services for trauma survivors Substance abuse services In-home therapy Adolescent and family supports Therapeutic Mentoring 	SpanishHaitian CreoleVietnamese
Somali Development Center 10 Malcolm X Blvd. 2 nd Floor Roxbury, MA 02119 617-522-0700 sdcboston.org	 Basic adult literacy/citizenship assistance programs Youth employment and crime prevention Social services Healthcare services 	ArabicAmharicSomaliSwahili
South Bay Community Service, Dorchester Mental Health Clinic 415 Neponset Avenue, 3 rd Floor Dorchester, MA 02122 857-217-3700 southbaycommunityservices.com	 Day services Children, youth, and family mental health services Mental health and substance abuse counseling 	 American Sign Language (ASL) Spanish Portuguese Haitian Creole Vietnamese Mandarin Chinese Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Trauma Center	- Counseling	- Spanish
1269 Beacon Street Brookline, MA 02446 617-232-1303 traumacenter.org	 Evaluation for children, adolescents, and young adults Family support Trauma-focused therapies 	
Ummah Health 100 Malcolm X Boulevard Roxbury, MA 02120 617-858-6114 ummahealth.org	 Health insurance information and connection to primary care services Mental health discussions Alcoholics Anonymous groups Parent and student workshops 	– Arabic
Vietnamese American Civic Association 42 Charles Street Dorchester, MA 02122 617-288-7344 vaca-boston.org	 Housing counseling Immigration services Gardening program Community health program English for speakers of other languages Youth development 	- Vietnamese
Vietnamese American Initiative for Development 42 Charles Street, Suite E Dorchester, MA 02122 617-822-3717 vietaid.org Women's Center 46 Pleasant Street Cambridge, MA 02139	 Women's Initiative program Childcare and preschool After school programs Summer youth programs Small business aid Community outreach Educational workshops Drop-in center Peer support 	- Vietnamese
617-354-6394 Crisis Helpline: 617-354-8807 cambridgewomenscenter.org		









2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Resource Directory Home Page

Central Massachusetts Area

Ashburnham	Gardner	Natick	Sterling
Ashby	Gilbertville	Needham	Sturbridge
Ashland	Grafton	New Braintree	Sudbury
Auburn	Groton	Newton	Sutton
Ayer	Harvard	Norfolk	Templeton
Barre	Hardwick	Northbridge	Townsend
Bellingham	Holden	Northborough	Upton
Berlin	Holliston	North Brookfield	Uxbridge
Blackstone	Holland	North Grafton	Wales
Bolton	Hopedale	Norwood	Walpole
Boylston	Hopkinton	Oakham	Warren
Brimfield	Hubbardston	Oxford	Webster
Canton	Hudson	Paxton	Wellesley
Brookfield	Lancaster	Pepperell	West Boylston
Charlton	Leicester	Plainville	West Brookfield
Clinton	Leominster	Princeton	Westborough
Dedham	Lunenburg	Rutland	Westminster
Douglas	Marlborough	Sharon	Weston
Dover	Medfield	Sherborn	Westwood
Dudley	Medway	Shirley	Whitinsville
East Brookfield	Mendon	Shrewsbury	Winchendon
Fitchburg	Milford	Southbridge	Worcester
Foxboro	Millbury	Southborough	Wrentham
Framingham	Millis	Southbridge	
Franklin	Millville	Spencer	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Advocates, Inc. and Advocates Deaf Services 1881 Worcester Road Framingham, MA 01701 508-628-6300 24/7 Hotline: 1-800-640-5432 Video Phone: 774-999-0606 Email: DeafInquiries@Advocates.org advocates.org	 24 hour crisis support hotline, emergency services and mobile crisis intervention Residential services Outpatient mental health services Resources for deaf employees Individual, family, couples, and group therapy Medication management Youth and family services 	- American Sign Language (ASL)
African Children Education 24 Chatham Street Worcester, MA 01609 508-799-3653 acechildren.org	 Tutoring Mentoring Life skills training Home visitation with families Extracurricular activities: dance, soccer 	 Swahili Haitian Creole Arabic Somali Farsi
ARISE (Advocacy for Refugee and Immigrant Services for Empowerment) 10 Gordon Road Shrewsbury, MA 01545 617-446-3706 ariseus.org	 Nepali language reference guide for healthcare providers in Worcester Citizenship assistance class Community social events Youth programs Suicide prevention program 	– Nepali
Ascentria Care Alliance 11 Shattuck Street Worcester, MA 01605 774-243-3100 ascentria.org	 Mental health and disability services Refugee and immigrant services Immigration legal assistance 	– Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Health Care	- Individual, couples, group,	– Arabic
1600 Providence Highway, Suite 167	and family therapy	- Greek
Walpole, MA 02081 508-660-7974	 Child, adolescent, and adult services 	– Urdu
hartanka dikamaina ann	 Medication management 	
bostonhealthcareinc.com	 Substance abuse counseling 	
Callahan Center	 Recreational and social events 	- Spanish
535 Union Avenue Framingham, MA 01702	 Substance abuse and mental health education 	
508-532-5980	 Caregiver support groups 	
framinghamma.gov/360/Council	 Legal services 	
-on-Aging	 Computer classes 	
Center for Health Impact	Community health worker training	Interpreter and translation
35 Harvard Street, Suite 300 Worcester, MA 01609 508-756-6676 centerforhealthimpact.org	- Consultations	services
	 Curriculum development 	
	 Training and technical assistance 	
	 Community based participatory research & qualitative research 	
Center for Living and Working, Inc.: Deaf and Hard	 Independent living skills training 	American SignLanguage
of Hearing Independent	- Advocacy	(ASL)
Living Services	Peer mentoring	
484 Main Street Denholm Building, Suite 345	 Crisis intervention 	
Worcester, MA 01608	 Community education 	
Voice: 508-798-0350 TTY: 508-755-1003 Video Phone: 508-762-1164	– Referrals	
centerlw.org		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Centro Las Americas	- In-home therapy	- Spanish
11 Sycamore Street	- Therapeutic Mentoring	- Portuguese
Worcester, MA 01608 508-798-1900	 Youth and family support programs 	- Haitian Creole
centroinc.org	Community outreach	ArabicVietnamese
Children's Friend	 Child and family counseling 	– Spanish
21 Cedar Street	 Psychological testing 	- French
Worcester, MA 01609 508-753-5425	 Adoption services 	– Italian
	 Early childhood learning 	
sevenhills.org/affiliates/children s-friend		
Community Healthlink, Inc.	 Family support and training 	– Spanish
275 Belmont Street	– Psychotherapy	- Portuguese
Worcester, MA 01604 508-791-3261	– Psychiatry	– Thai
communityhealthlink.org	 Counseling for children, youth, adults, and families 	
	 Crisis intervention 	
	 Victim services and advocacy 	
	 Intensive Care Coordination 	
Counseling and Assessment	 Life skills training 	- Spanish
Clinic of Worcester, LLC 38 Front Street, 5 th floor Worcester, MA 01608 508-756-5400 33 Electric Avenue, Suite 204 Fitchburg, MA 01420 978-345-9400 cacworcester.org	 Medical and outpatient coordination 	
	 Crisis plan development 	
	 Peer support and self-help groups 	
	Therapeutic Mentoring	
	 In-home and outpatient therapy 	
	- Group therapy	
	 Substance abuse services 	
	- Medication management	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Everyday Miracles 25 Pleasant Street Worcester, MA 01609 508-799-6227 everydaymiraclesprsc.org	 Community outreach Housing, furniture and clothing referrals Peer mentoring and support Support groups and meetings Health and wellness workshops Computer classes Recovery Coaching 	– Spanish
Family Continuity Programs (FCP) 29 East Mountain Street Worcester, MA 01606 508-755-0556 76 Church Street, Suite 301 Whitinsville, MA 01588 508-234-4181 familycontinuity.org	 Family and community based services Cultural Broker Support Program Outpatient mental health services School based behavioral health 	Cultural Broker Support Program available in: - Spanish - Arabic - Nepali - Somali
Friendly House 36 Wall Street Worcester, MA 01604 508-755-4362 friendlyhousema.org	 Homeless family shelter Emergency food pantry Immigration assistance After school programs Referrals 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Hearing Loss Association of Central Massachusetts Headquarters address: 7910 Woodmont Avenue, Suite 1200 Bethesda, MD 20814 Meetings at Northborough Library: 34 Main Street Northborough, MA 01532 301-657-2248 Email: info@hearinglosscentralma.org hearinglosscentralma.wordpress .com	 Monthly meetings on topics relating to hearing loss Information and peer support 	 American Sign Language (ASL) Computer Aided Real Time Captioning (CART)
Hector Reyes House Latin American Health Alliance 27 Vernon Street Worcester, MA 01610 508-459-1801 lahaworc.org	 Residential substance abuse treatment for Latino men English for Speakers of Other Languages (ESOL) Educational programs for literacy and GED completion Physical fitness, nutrition education, and disease management Alcoholics Anonymous, Narcotics Anonymous, and other 12 step programs Vocational and social skills training 	SpanishPortuguese
Jewish Community Center 633 Salisbury Street Worcester, MA 01609 508-756-7109 worcesterjcc.org	 Health and fitness classes Summer camp Childcare Teen events and sports Programs for elders Cultural arts 	
2010 DMH MILITICILITURAL MEN	ITAL HEALTH RESOURCE DIRECTORY (CENTRAL AREA)	6

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH	
Kiva Center 209 Shrewsbury Street Worcester, MA 01604 508-751-9600 centralmassrlc.org Latino Health Insurance Program 88 Waverly Street, 1st Floor Framingham, MA 01702 508-875-1237 Locations in Milford and Worcester lhiprogram.org	 Mental health peer support Support groups Social events Arts, Yoga, and Zumba Community health education Chronic disease selfmanagement program Medical clinic Social services navigation: SNAP/food stamps, WIC application assistance Health insurance navigation Care coordination 	- American Sign Language (ASL) - Spanish - Portuguese - Spanish - Portuguese	
Learning Center for the Deaf 848 Central Street Framingham, MA 01701 508-879-5110 Video Phone: 774-999-0941 tlcdeaf.org	 American Sign Language classes (ASL) Audiology Walden Community Services: Comprehensive services to families with a Deaf or Hard of Hearing member Public school partnerships Interpreting services 	- American Sign Language (ASL)	
LUK Crisis Center 545 Westminster Street Fitchburg, MA 01420 978-345-0685 251 Main Street Webster, MA 01570 508-640-0011 40 Southbridge Street Worcester, MA 01608 508-672-3000 luk.org	 Youth development Substance abuse prevention Psychiatry Mental health assessment and treatment Addictions treatment Referrals Foster care services Residential programs Young adult services 	SpanishInterpreter services available	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH	
Martin Luther King Jr. Opportunity Center, SMOC 237 Chandler Street Worcester, MA 01609 508-756-6330 mlkj-oc.org	 Homeless services Shelter Housing services Community outreach Employment assistance 	SpanishPortuguese	
Multicultural Wellness Center 250 Commercial Street Worcester, MA 01608 508-752-4665 515 Main Street, 1st Floor Fitchburg, MA 01420 978-343-3336 multiculturalwellness.org	 Outpatient therapy In-home therapy Culturally centered counseling Balancing Life and Recovery support group Therapeutic Mentoring Substance abuse services 	 Arabic Bangladeshi Cape Verdean French Haitian Creole Hindi Japanese Patois Punjabi Portuguese Russian Spanish Swahili Ibo-Nigerian Twi 	
Our Deaf Survivors Center 12 Meade Street Worcester, MA 01610 978-451-7225 Email: CBosdc414@gmail.com odscunity.org	 Sexual violence and domestic violence services Advocacy Website has list of Signing Therapists in Massachusetts Trainings for culturally and linguistically accessible services for Deaf victims/survivors 	- American Sign Language (ASL)	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Pathways for Change: Deaf Survivors Program 588 Main Street Worcester, MA 01608 Video Phone: 508-502-7681 24 hour Hotline: 800-870-5905 pathwaysforchange.help/pfc/age ncy-programs/deaf-survivors- program	 Culturally appropriate and accessible crisis counseling and advocacy services for survivors of sexual violence who are Deaf and Hard of Hearing Medical, police, and court accompaniment Workshops and consultation Support groups 	 American Sign Language (ASL) Spanish
Refugee & Immigrant Assistance Center 340 Main Street, Suite 802 Worcester, MA 01608 508-756-7557 riacboston.org	 Youth enrichment Civics tutoring, citizenship, and Green Card services Domestic violence advocacy Community support program Employment services Extended case management Refugee resettlement Community mental health clinic 	 Somali Arabic Farsi Spanish Swahili French
Riverside Community Care 270 Bridge Street, Suite 301 Dedham, MA 02026 781-329-0909 riversidecc.org	 Outpatient counseling Emergency services Early childhood services and early intervention Home-based services Community living services Suicide prevention education Domestic violence services Employment services Therapeutic Mentoring Family support 	 Cantonese Chinese Mandarin Chinese Korean Portuguese Russian Spanish Arabic Greek French

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH	
Sarah Care /Adult Day Health	- Adult day services	- Vietnamese	
1217 Grafton Street Worcester, MA 01604 508-756-7272	 Customized programs of individual and group activities 	- Chinese	
sarahcare.com/Worcester	 Nursing services 		
Sur-united 2000 11.7 11 0 2 0 0 0 0 1	– Ancillary care		
	- Transportation		
SMOC Behavioral Health Services	Adult mental health services	– Spanish	
	 Child, adolescent, and family counseling 	– Portuguese	
7 Bishop Street Framingham, MA 01702	 Family shelter 		
508-872-4853	- Rape crisis services		
255 Main Street, Suite 113 Marlborough, MA 01752	 Emergency housing for women 		
508-460-9699	 Substance abuse services 		
smoc.org	 Domestic violence and sexual assault services 		
	 Young adult residential services and case management 		
	- Recovery programs		
Southeast Asian Coalition of Central Massachusetts	- Youth groups	– Laotian	
	 Refugee assistance 	– Cambodian	
484 Main Street, Suite 400 Worcester, MA 01608	– Cultural arts	- Vietnamese	
508-791-4373	– Referrals	– Thai	
seacma.org	 Health and wellness programs 		
	 Economic development 		
	 Language classes 		
	- Career services		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Spanish American Center 112 Spruce Street Leominster, MA 01453 978-534-3145 spanishamericancenter.org	 Asthma awareness Breast cancer education English for Speakers of Other Languages (ESOL) Food pantry Domestic violence services and counseling After school program Elders program Homeless services 	– Spanish
UMass Memorial Health Care Behavioral/Psychiatric Services 281 Lincoln Street Worcester, MA 01605 508-334-1000 Other locations in Worcester umassmemorialhealthcare.org	 Outpatient and inpatient psychiatry Substance abuse services Depression Specialty Clinic Individual and family therapy Psychopharmacology Women's behavioral health program Neuropsychology Emergency mental health care 	 American Sign Language (ASL) Interpreter services available
United Hmong of Massachusetts, Inc. 21 Culley Street, Suite 104 Fitchburg, MA 01420 978-343-3831 unitedhmong.org	 Social services Translation services Cultural events Community advocacy 	- Hmong

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Worcester Adult Day Health/ Renaissance 81 Lafayette Street Worcester, MA 01608 508-831-7500 daycarein.com/adult- daycare/worcester_ma_city.htm l Youth Opportunities Upheld, Inc.	 Adult day services Customized programs of individual and group activities Nursing services Ancillary care Transportation Outpatient individual and 	RussianAlbanianSpanishSpanish
81 Plantation Street Worcester, MA 01604 508-849-5600 youinc.org	family therapy - Early childhood mental health consultation - Substance abuse program for adolescents ages 13-18 - Residential mental health treatment - Therapeutic Day Treatment	 Portuguese American Sign Language (ASL) and other services for those with impaired hearing
Zia Access Center At The Bridge of Central MA 4 Mann Street Worcester, MA 01602 508-751-9600 At the Kiva Center 209 Shrewsbury Street Worcester, MA 01602 774-242-6364 centralmassrlc.org	 Young adult peer support Employment assistance LGBTQIA+ services Research opportunities with paid stipends 	– Spanish



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Resource Directory Home Page

Northeast Massachusetts Area

Acton	Chelmsford	Littleton	Newbury	Tewksbury
Amesbury	Concord	Lowell	Newburyport	Topsfield
Andover	Danvers	Lynn	North Andover	Tyngsborough
Arlington	Dracut	Lynnfield	North Reading	Wakefield
Bedford	Dunstable	Malden	Peabody	Waltham
Belmont	Essex	Manchester	Reading	Watertown
Beverly	Everett	Marblehead	Rockport	Wenham
Billerica	Georgetown	Maynard	Rowley	Westford
Boxborough	Gloucester	Medford	Salem	West Newbury
Boxford	Hamilton	Melrose	Salisbury	Wilmington
Bradford	Ipswich	Merrimac	Saugus	Winchester
Burlington	Lawrence	Methuen	Stoneham	Woburn
Byfield	Lexington	Middleton	Stow	
Carlisle	Lincoln	Nahant	Swampscott	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
P.O Box 2100 Lowell, MA 01885 978-937-5777 24/7 Hotline:888-291-6228	 Community-based support group Community education Domestic violence emergency shelter services 	PortugueseSpanish
Arbour Counseling Services 116 Summer Street Haverhill, MA 01830 978-373-7010 599 Canal Street Lawrence, MA 01840 978-686-8202 10 Bridge Street Lowell, MA 01852 978-453-5736 arbourhealth.com	 Individual, couple, family, and group mental health counseling Substance abuse counseling Case management Latino partial hospitalization program Women's partial hospitalization program The Triangle Program (LGBTQ focused) 	- Spanish - Greek - Khmer - Russian - Ukrainian
Arbour Counseling Services Latino Program 115 Mill Street Belmont, MA 02478 617-855-2000 arbourhealth.com/about /Latino-services	 Short-term treatment for Latino adults with psychiatric or cooccurring psychiatric and addiction disorders Psychotherapy and psychoeducation group sessions Individual, group, and family therapy Medical evaluation and monitoring 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Bosnian Community Center for Resource Development, Inc. 330 Lynnway, Suite 302 Lynn, MA 01901 781-593-0100 Ext. 20 bccrd.org	 English for Speakers of Other Languages (ESOL) Citizenship assistance Translation and Interpreting Project Services for refugees and immigrants who are deaf or hard of hearing Legal assistance Information and referrals 	 Albanian Arabic Bosnian Croatian Nepali Hindi Serbian Somali
Cambodian Mutual Assistance Association 465 School Street Lowell, MA 01851 978-454-6200	 English for Speakers of Other Languages (ESOL) Civics and history classes Aid with citizenship application process 	 Khmer (Cambodian) Lao Thai Vietnamese Burmese
Children's Friend & Family Services—A Division of Justice Research Institute 112 Market Street Lynn, MA 01901 781-592-5691 15 Union Street Lawrence, MA 01840 978-682-7289	 Children's mental health services Youth mentoring Teen parenting services Juvenile court services In-home therapy Therapeutic mentoring Outpatient therapy Family support and training 	 Haitian Creole Cantonese Chinese Khmer (Cambodian) Albanian Spanish (Lawrence only)
childrensfriend.net		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Congolese Development Center 330 Lynnway 781-593-0100 Ext. 11 cd-c.org	 Translation services Legal services Employment services Preventative health services Cultural promotion and advocacy Cross-cultural interaction program 	– French
Eliot Community Human Services 730 Eastern Avenue Malden, MA 02148 781-395-0704 eliotchs.org	 Emergency services and crisis stabilization Individual, group, and family outpatient counseling Addiction treatment In-home therapy Therapeutic mentoring Early intervention for children Community outreach Mental illness case management 	 Spanish Haitian Creole Mandarin Chinese Portuguese Amharic
Family Continuity Programs (FCP) 360 Merrimack Street Lawrence, MA 01843 978-687-1617 9 Centennial Drive, Suite 202 Peabody, MA 01960 978-927-9410	 Children's Behavioral Health Initiative (CBHI) Family/community based services Outpatient mental health clinics Integrated care services Workplace safety training Specialized community programs 	SpanishInterpreter services available
familycontinuity.org		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
International Institute of Lowell 15 Warren Street Lowell, MA 01852 978-459-9031 iine.org	 Refugee resettlement Health and mental health service navigation Employment and education services Targeted services for Asylees and Cuban-Haitian entrants English for Speakers of Other Languages (ESOL) 	- Interpreters services available
Jewish Family and Children's Services 1430 Main Street Waltham, MA 02451 781-647-5327	 Child and family counseling In-home services School-based consultation Community services 	GermanHebrewRussianSpanishYiddish
Lahey/Northeast Behavioral Health 200 Main Street Haverhill, MA 01820 978-374-0414 298 Washington Street Gloucester, MA 01930 978-922-0025 nebhealth.org	 Outpatient clinics, counseling, and medication services Day treatment for adults Addiction treatment Child, youth, and family services Inpatient mental health Employee assistance programs Emergency psychiatric care 	 French (Haverhill site only) Spanish Haitian Creole Shona Japanese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Lowell Community Health Metta Health Center 135 Jackson Street Lowell, MA 01852 978-441-1700 lchealth.org	 Focused on Southeast Asian and other refugee populations in Lowell Mental health services Acupuncture Massage therapy Social services Meditation Health education 	 Khmer (Cambodian) Laotian Portuguese Vietnamese French Mandarin Chinese Hindi Swahili Interpreter services available
Massachusetts Alliance of Portuguese Speakers (MAPS) 11 Mill Street Lowell, MA 01852 978-970-1250 maps-inc.org	 Citizenship assistance Domestic violence/sexual assault advocacy Family support services Intimate partner abuse educational program Translation and notary services Elder services Employment and career assistance Immigrant integration services 	- Portuguese

ORGANIZATION McLean Hospital 115 Mill street Belmont, MA 02478 800-333-0338 mcleanhospital.org	SERVICES OFFERED - Alcohol/ drug abuse services - Child and adolescent services - Inpatient and outpatient services - Adult psychiatric program - Trauma, borderline personality disorder, and eating disorder services	LANGUAGES OTHER THAN ENGLISH - French - American Sign Language (ASL) - Interpreter available through telephone or in person
Mystic Valley Elder Services 300 Commercial Street, Suite 19 Malden, MA 02148 781-324-7705 mves.org	 Coordination of services Services for LGBTQ seniors Resource for Chinese-American seniors (citizenship, translations, etc.) Services for adults with disabilities Caregiver support services 	 French Fuzhou German Polish Russian Spanish Ukrainian Haitian Creole
Northeast Independent Living Program 20 Ballard Road Lawrence, MA 01843 978-687-4288 nilp.org	 Advocacy Personal care attendant program Deaf and hard of hearing independent living services Vocational rehabilitation learning community Youth services program 	- American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Refugee & Immigrant Assistance Center (RIAC)	Youth enrichmentCivics tutoring, citizenship, andGreen Card services	SomaliFarsiArabic
330 Lynnway Lynn, MA 01901 781-593-0100 Ext. 13 riacboston.org Russian Community	 Domestic violence advocacy Community support program Employment services Extended case management Refugee resettlement Community mental health clinic Case management 	SpanishSwahiliRussian
Association of Massachusetts 330 Lynnway, Suite 302-Rear Lynn, MA 01901 781-593-0100 rcamlynn.org	 English for employment classes Youth programs Elder services Preventative health Citizenship assistance 	 Ukrainian Moldavian Turkish Uzbek Interpreter services available
South Bay Community Services 35 Congress Street, Suite 214 Salem, MA 01970 978-542-1951 22 Old Canal Drive Lowell, MA 01851 978-674-5400 Other locations in Lawrence and Malden	 Adult behavioral health Substance abuse counseling Children's behavioral health Day services Autism services Early childhood services 	SpanishPortugueseKhmer (Cambodian)Japanese
southbaycommunityservi ces.com		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Wayside Youth & Family Support Network 73 East Merrimack Street Lowell, MA 01852 978-460-8712 waysideyouth.org	 Intensive care coordination In-home therapy Therapeutic mentoring Other family-based services 	SpanishPortugueseKhmer(Cambodian)
YouForward 15 Union Street Lawrence, MA 01840 978-989-2047 Drop-in Centers: Mondays through Wednesdays 1:00-6:00pm YouForward-Entrance B in the back of the building 15 Union Street Lawrence, MA 01840 Thursdays 2:00-5:00pm Haverhill YMCA 81 Winter Street Haverhill, MA 01830	YouForward serves young adults ages 16-25 who experience mental health concerns. Services include: - Individual and Team-based support services to help young adults in the areas of education, housing, employment, physical and mental health and more. - Gathering & Inspiring Future Talent (GIFT)/Employment courses - LGBTQ&A Group and Activities	- Spanish
youforward.org		



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Resource Directory Home Page

Southeast Massachusetts Area

Abington	Dennis	Holbrook	Orleans	Taunton
Acushnet	Dighton	Hull	Osterville	Tisbury
Aquinnah	Duxbury	Hyannis	Pembroke	Truro
Attleboro	East Bridgewater	Lakeville	Plymouth	Vineyard Haven
Avon	Eastham	Mansfield	Plympton	Wareham
Barnstable	Easton	Marion	Pocasset	Wellfleet
Berkley	Edgartown	Marshfield	Provincetown	West Bridgewater
Bourne	Fairhaven	Mashpee	Quincy	West Tisbury
Braintree	Fall River	Mattapoisett	Randolph	Weymouth
Brewster	Falmouth	Middleborough	Rehoboth	Whitman
Bridgewater	Freetown	Milton	Rochester	Woods Hole
Brockton	Gay Head	Nantucket	Rockland	Yarmouth
Carver	Gosnold	New Bedford	Sandwich	
Chatham	Halifax	North Attleboro	Scituate	
Chilmark	Hanover	Norton	Seekonk	
Cohasset	Hanson	Norwell	Somerset	
Cotuit	Harwich	Oak Bluffs	Stoughton	
Dartmouth	Hingham	Onset	Swansea	

ORGANIZATION	Services Offered	Languages Other Than English
Abelard Psychotherapy, LLC 450 Pearl Street, Suite 3	Individual therapyMedication managementIn-home therapy	Haitian CreolePortugueseSpanish
Stoughton, MA 02072 781-344-0057 abelardpsychotherapy.com	- Therapeutic mentoring services	
Arbour Counseling Center	Substance abuse counseling services	- Portuguese
134 Ansel Hallet Road West Yarmouth, MA 02673 774-470-2294 1082 Davol Street Fall River, MA 02720 508-678-2833 arbourhealth.com	 Community support programs In-home therapy Therapeutic mentoring Home-bound outpatient therapy Partial hospitalization and intensive outpatient programs School based services Structured outpatient 	SpanishHaitian Creole
BAMSI (Brockton Area Multi-Services, Inc.)	 addiction program Peer recovery support Individual and family counseling 	Cape VerdeanCreoleHaitian Creole
24 Mercedes Road Brockton, MA 02301 508-580-8700 bamsi.org	 Adult day treatment center Employment services Parent information network Services for Parents of transitional aged youth 	

ORGANIZATION	Services Offered - Adult education	LANGUAGES OTHER THAN ENGLISH - Cantonese
Boston Chinatown Neighborhood Center 38 Ash Street Boston, MA 02111 617-635-5129 275 Hancock Street, Suite 200 Quincy, MA 02171 617-770-0091	 Adult education After school and summer programs Early education and care Childcare services Family services Recreation and fitness Youth center 	Cantonese ChineseMandarin ChineseVietnamese
benc.net		
Bristol Elder Services 1 Father Devalles Blvd, #8 Fall River, MA 02723 508-675-2101 bristolelder.org	 Information and referrals Crisis intervention Outreach and education Intake, assessment, and service planning Advocacy Caregiver support Legal services 	PortugueseSpanishKhmer (Cambodian)
Cape Cod Behavioral Health Services Psychiatric Center 27 Park Street Hyannis, MA 02601 508-862-5566	 24 hour mental health assessments and referrals Psychiatric assessment Adult inpatient psychiatric care Geriatric outpatient psychiatry 	 Interpreter services available including American Sign Language (ASL)
capecodhealth.org	 Child, adolescent, and adult outpatient psychiatric services 	

ORGANIZATION	Services Offered	Languages Other Than English
Catholic Charities 169 Court Street Brockton, MA 02302 508-587-0815 ccab.org	 Family counseling and guidance center Family intervention program Case management Support groups English for Speakers of Other Languages (ESOL) Refugee resettlement Immigration legal services Employment services Shelter services Community interpreter services 	 Haitian Creole French Spanish Cape Verdean Creole
Child & Family Services 3057 Acushnet Avenue New Bedford, MA 02740 508-990-0894 1061 Pleasant Street New Bedford, MA 02740 508-996-8572 543 North Street New Bedford, MA 02740 508-996-3154 child-familyservices.org	 Specialized mental health services Emergency mental health services Adoption services Outreach and counseling for youth and families Psychiatric services Open support groups for the public Closed support groups available only to clients after referral by a psychiatrist or therapist 	 Spanish Portuguese Cape Verdean Creole

Organization Community Counseling of Bristol County 1 Washington Street Taunton, MA 02780 508-828-9116 19 Cedar Street Taunton, MA 02780 508-823-6124 5 Bank Street Attleboro, MA 02703 508-222-8812	Services Offered - Mental health and substance abuse treatment - Community support services - Acute care services (adult partial hospitalization) - Rehabilitation and recovery - Adult behavioral health services - Child and family treatment services - Adult/child case management	LANGUAGES OTHER THAN ENGLISH - Spanish - Portuguese - American Sign Language (ASL)
Fairwinds-Nantucket's Counseling Center	 Addiction and substance abuse rehabilitation program Couples therapy sessions 	KoreanSpanish
20 Vesper Lane, #L1 Nantucket, MA 02554 508-228-2689 fairwindscenter.org	 Emergency services In-home family services Medication management Mentoring Youth Nantucket Programs Outpatient counseling Urgent behavioral healthcare clinic 	

ORGANIZATION Family Continuity Program (FCP) 118 Long Pond Road, Suite 106 Plymouth, MA 02360 508-747-6762 29 Bassett lane Hyannis, MA 02601	Services Offered - Children's Behavioral Health Initiative (CBHI) - Family/community based services - Outpatient mental health clinics - Integrated care services - Workplace safety training - Specialized community programs	LANGUAGES OTHER THAN ENGLISH - Spanish - Interpreter services available
familycontinuity.org Family Service Association 101 Rock Street Fall River, MA 02720	 In-home therapy Therapeutic mentoring Employment support Family resource and home assistance program 	SpanishPortugueseKhmer (Cambodian)
frfsa.org Health Imperatives	 Adult day health and family care program Behavioral health center Penelope's Place Domestic 	– Cape Verdean Creole
942 West Chestnut Street Brockton, MA 02301 508-583-3005 24/7 Hotline: 508-588-8255 Other locations in Falmouth, Vineyard Haven, Nantucket, Plymouth, and New Bedford healthimperatives.org	Violence Center - LGBTQ support/BrAGLY group - Sexual and reproductive health services - LGBTQ youth crisis counseling and advocacy - 24-hour domestic violence hotline - Court advocacy services	

Organization	Services Offered	Languages Other Than English
High Point Treatment Center 1233 State Road Plymouth, MA 02360 508-224-7701 hptc.org	 Outpatient and community based services Women's and men's addiction treatment centers The CASTLE (Clean and Sober Teens Living Empowered) Children's Behavioral Health Initiative (CBHI) 	SpanishPortuguese
Immigrants Assistance Center 58 Crapo Street New Bedford, MA 02740 508-996-8113 immigrantsassistancecenter.org	 Citizenship services Free English for Speakers of Other Languages (ESOL) and Civic classes Advocacy Interpretation assistance Case management Counseling Crisis management 	- Interpreter and translation services available
Independence House, Inc. 160 Bassett Lane Hyannis, MA 02601 508-771-6507 24/7 Hotline: 800-439-6507 independencehouse.org	 Domestic and sexual violence services Individual counseling, advocacy, and groups for survivors, children, and adolescents Housing stabilization Medical/police accompaniment Primary prevention practices Education and outreach 	BrazilianPortugueseSpanish

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ODGANIZATION	Services Offered	LANGUAGES OTHER THAN
ORGANIZATION	SERVICES OFFERED	
Italian Home for Children 5 Palmer Court East Freetown, MA 02717 508-763-4217 italianhome.org Luminosity Behavioral Health 157 Main street Brockton, MA 02301 781-344-0102 luminosityma.org	 Milieu therapy Individual and group therapy Intensive family treatment Family preservation services Mental health and substance abuse counseling services Clinical services Specialty programs Children's Behavioral Health Initiative (CBHI) Therapeutic mentoring 	ENGLISH - American Sign Language (ASL) - Cape Verdean Creole - Greek - Spanish - French - Haitian Creole - Portuguese - Spanish
•	In home thousans	
	– In-home therapy	
Martha's Vineyard Community Services 111 Edgartown Road Oak Bluffs, MA 02557 508-693-7900 24/7 Hotline: 508-696-7233 mvcommunityservices.com	 24 hour emergency domestic & sexual violence hotline Assessments, diagnosis and treatment Medication monitoring Substance use programs Individual and family therapy In-home therapy Veterans Outreach program 	- Portuguese

ORGANIZATION New Life Counseling 400-402 North Main Street Randolph, MA 02368 781-986-4800	 Services Offered In-home therapy Outpatient services Family stabilization and support services 	LANGUAGES OTHER THAN ENGLISH - Haitian Creole - Mandarin Chinese - Cantonese Chinese
newlifecounselingcenter.org	Individual and family flexible support servicesTherapeutic mentoring	
Northeast Family Services 145 Faunce Corner Road Dartmouth, MA 02747 774-206-1125 northeastfamilyservices.com	 In-home behavioral services Therapeutic mentoring In-home therapy 	Haitian CreoleSpanish
Pyramid Builders Counseling 425 Pleasant street Brockton, MA 02301 617-481-8566 pyramidbuilderscounseling.com	 Individual therapy In-home therapy Therapeutic mentoring Community support programs Family, group and couples therapy 	 Cape Verdean Creole Spanish Haitian Creole

ORGANIZATION Seven Hills Behavioral Health 10 Welby Road 1st Floor New Bedford, MA 02745 508-995-6360 sevenhills.org	Services Offered - Mental health counseling - Education services - Psychiatric day treatment program - Children's residential programs - Adult residential programs	LANGUAGES OTHER THAN ENGLISH - Portuguese - Spanish
South Shore Mental Health 500 Victory Road Quincy, MA 02171 617-847-1950 ssmh.org	 Early intervention Outpatient counseling Trauma services Substance abuse services Specific services for the Asian community 	 Spanish American Sign Language (ASL) Haitian Creole French Cantonese Chinese Mandarin Chinese Vietnamese
St. Vincent's Home 2425 Highland Avenue Fall River, MA 02720 508-679-8511 stvincentshome.org	 Pre-independent living support for youth Support and stabilization services Children's Behavioral Health Initiative (CBHI) Mental health clinic Life skills program Spiritual development 	SpanishCape Verdean CreoleCantonese

ORGANIZATION	Services Offered	Languages Other Than English
The Women's Center (Greater New Bedford Women's Center)	 Counseling, education, outreach, referrals and resources 	SpanishPortuguese
405 County Street New Bedford, MA 02740 508-996-3343 24/7 Hotline: 508-999-6636	 Sexual and domestic violence program Child trauma program Residential services Legal and medical advocacy 	
thewomenscenters.com		



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Resource Directory Home Page

Western Massachusetts Area

Adams	Deerfield	Huntington	Otis	Sunderland
Agawam	Easthampton	Lanesborough	Palmer	Thorndike
Alford	East Longmeadow	Lee	Pelham	Three Rivers
Amherst	Egremont	Lenox	Peru	Tolland
Ashfield	Erving	Leverett	Petersham	Turner Falls
Athol	Florence	Leyden	Phillipston	Tyringham
Becket	Florida	Longmeadow	Pittsfield	Ware
Belchertown	Gill	Ludlow	Plainfield	Warwick
Bernardston	Goshen	Middlefield	Richmond	Washington
Blandford	Granby	Monroe	Rowe	Wendell
Bondsville	Granville	Monson	Royalston	Westfield
Buckland	Great Barrington	Montague	Russell	Westhampton
Charlemont	Greenfield	Monterey	Sandisfield	West Springfield
Cheshire	Hadley	Montgomery	Savoy	West Strockbridge
Chester	Hampden	Mt. Washington	Sheffield	Whately
Chesterfield	Hancock	New Ashford	Shelburne	Wilbraham
Chicopee	Hatfield	New Marlborough	Shutesbury	Williamsburg
Clarksburg	Hawley	New Salem	South Hadley	Williamstown
Colrain	Heath	North Adams	Southampton	Windsor
Conway	Hinsdale	Northfield	Southwick	Worthington
Cummington	Holyoke	Northampton	Springfield	
Dalton	Housatonic	Orange	Stockbridge	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
A Positive Place 2 Conz Street Northampton, MA 01060 413-586-8288 cooleydickinson.org/progra ms-services/hivaids	 HIV care, education, prevention, and risk reduction Case management Referrals Focused on LGBTQ healthcare equality 	
AdCare 117 Park Avenue West Springfield, MA 01089 413-209-3124 adcare.com	 Outpatient care and treatment Recovery groups Family support Individual, group, and family counseling Parenting group Women's group Spanish speaking intensive outpatient program 	- Spanish
AdLib 215 North Street Pittsfield, MA 01201 413-442-7047 adlibcil.org	 Independent living and specialized services for people with disabilities Referrals Advocacy Peer counseling Skills training Transition services Deaf and hard of hearing services 	- American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Anchor House 518 Pleasant Street Northampton, MA 01060 413-588-4337 anchorhouseartists.org	 Shared affordable art space LGBTQI+ friendly Community events 	
Ascentria Service for New Americans 94 North Elm Street, Suite 401 Westfield, MA 01085 413-787-0725 ascentria.org/our- services/services-new- americans	 Refugee resettlement Immigration legal services Foster care for refugee children Self-employment/business training for refugees 	- Interpreter services available
Behavioral Health Network 417 Liberty Street Springfield, MA 01104 413-747-0705 Other locations in Westfield, Ware, Greenfield, and Holyoke bhninc.org	 Therapy and counseling Addiction services Crisis services Forensic evaluation and treatment Partial hospitalization program Domestic violence support and advocacy 	- Spanish - Italian - Russian

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Berkshire Immigrant Center 67 East Street Pittsfield, MA 01201 413-445-4881 berkshireic.com Brick House Community	 Support for immigrants to help with cultural adjustment Citizenship classes Walk-in legal clinic Referrals to community services Advocacy Food and shelter assistance Interpretation and translation services English classes Youth services (teen drop-in 	SpanishKyrgyzRussianSpanish
24 Third Street Turners Falls, MA 01376 413-863-9576 brickhousecommunity.org	 Youth services (teen drop-in center, peer support, arts, social justice work) Parent and family services Community Center Summer meals program for youth 	– Spanisn
Brien Center 333 East Street Pittsfield, MA 01201 413-499-0412 briencenter.org	 Behavioral health treatment for children, adolescents, adults, and families Crisis and respite services Community-based mental health services 	- Spanish - American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Casa Latina	 Medical interpretation 	– Spanish
	 Community education 	
140 Pine Street, Suite 5 Florence, MA 01062	 Navigation of health insurance options 	
413-586-1569 casalatinainc.org	 Referrals and information about healthcare, legal, and social services 	
Catholic Charities,	- Immigration services	- Spanish
Diocese of Springfield	Citizenship classes	1
1 0	Social justice workshops	
65 Elliot Street	 Rental and housing assistance 	
Springfield, MA 01105 413-452-0605	 Referrals to food pantries, health insurance, and employment resources 	
diospringfield.org/Ministri	 Case management 	
es/cca	 Refugee resettlement 	
Center for Human	- Counseling	– Spanish
Development	 Behavioral health programs 	– Vietnamese
7.	 Disability support services 	– Russian
332 Birnie Avenue Springfield, MA 01107	– Elder care	
413-733-6624	 Community-based programs 	
chd.org	 Child, adolescent, and family support services 	
	 LGBTQ focused services 	
Center for New	 Education and career advising 	– Spanish
Americans	- Referrals to healthcare and	– Urdu
42 Gothic Street	housing Community based advection	- German
Northampton, MA 01060 413-587-0084	 Community-based education and resource center 	- Russian
100-7-307	 Citizenship classes 	– Haitian Creole
cnam.org	- English classes	- Mandarin Chinese

ORGANIZATIONS	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Center for Women and	 Information and referrals 	- Spanish
Community	 Education services 	
180 Infirmary Way	 Counseling services 	
Amherst, MA 01003 413-545-0883	 Women of Color Leadership Network 	
24/7 Hotline:413-545-0800 umass.edu/cwc	 Sexual assault resources for people of all gender expressions and LGBTQ+ identified survivors 	
	 Rape crisis services including 24 hour hotline 	
Clinical & Support Options	 Behavioral health counseling, therapy, and treatment programs 	– Spanish
8 Atwood Drive, Suite 301	 Outpatient programs 	
Northampton, MA 01060 413-773-1314	 Crisis and respite services 	
Other locations include: Greenfield, Pittsfield, Springfield, Athol, Amherst, Florence, Orange, and Gardner	 Community and family support services 	
csoinc.org		
Community Action	 Childcare and HeadStart 	- Spanish
	 Family support 	– Nepali
393 Main Street Greenfield, MA 01301 413-774-2318	 Adult education and job skills training 	– Russian
56 Vernon Street	 Center for Community Resilience After Trauma 	
Northampton, MA 01060 413-582-4230	 Multicultural Alzheimer's program 	
167 South Main Street	 Financial literacy program 	
Orange, MA 01364 978-544-5423	 Spanish speaking home visitors 	
communityaction.us		

ORGANIZATIONS	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
DIAL/SELF Youth and Community Services 196 Federal Street Greenfield, MA 01301 413-774-7054 dialself.org	 Youth services Services for homeless youth LGBT young adult housing 	
43 Francis Avenue Pittsfield, MA 01201 413-499-2425 24/7 Hotline: 866-401-2425 elizabethfreemancenter.org	 Domestic violence and sexual assault services Emergency services and shelter Counseling Safety planning Advocacy Special services for refugees, immigrants, and LGBTQ community 	– Spanish
Fair Housing Center 57 Suffolk Street Holyoke, MA 01040 413-539-9796 massfairhousing.org	 Advocacy to address housing discrimination and unfair lending Services specifically for those who have been discriminated against 	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Franklin County Life Path	 Rainbow Elders Programs for LGBTQIA elders and allies 	
101 Munson Street, Suite 201 Greenfield, MA 01301	 Services for the elderly, individuals with disabilities, and caregivers 	
413-773-5555	 Caregiver resource center 	
lifepathma.org	 Home care services 	
	Food programs	
	 Resources for raising grandchildren 	
	- Support groups	
	- Respite services	
	 Healthy living programs 	
	 Personal care attendant program 	
Gandara Center 147 Norman Street	 Focused on well-being of diverse populations specifically Western MA's Hispanic population 	– Spanish
West Springfield, MA 01089 413-736-8329	 Counseling services 	
gandaracenter.org	 Child and family support programs and services 	
	 Addiction recovery services 	
	 Youth Development Center 	
	 Residential programs 	
	 Developmental disability services 	
Guidewire Inc.	 Adult residential support 	– American
551 East Columbus Avenue	 Young adult transitional support 	Sign Language
Springfield, MA 01105	Adult community day program	(ASL)
413-733-6100	– Shared living, residential home	
34 Depot Street	placement	
Pittsfield, MA 01201	 Clinical and nursing support 	
413-443-3295	 Disability support services 	
	 Deaf and hard of hearing services 	
guidewireinc.org		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Impact Center 41 Taylor Street Springfield, MA 413-654-1566 gandaracenter.org/impact- youth-access-center/	Offers services for youth 16-21 who are experiencing, or at risk for mental health and/or substance abuse concerns. Services include: - Housing resources - Independent life skills training - Health and wellness programs - Support group sessions	– Spanish
Jewish Family Service of Western Massachusetts 15 Lenox Street Springfield, MA 01108 413-737-2601 jfswm.org	 Behavioral health services Counseling services Geriatric care Refugee resettlement program English for Speakers of Other Languages (ESOL) Citizenship services Domestic violence aid 	 Arabic Vietnamese Nepali Burmese Karenni Swahili Somali French Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Martin Luther King Jr. Family Services 3 Rutland Street Springfield, MA 01109 413-746-3655 mlkjrfamilyservices.org/ho me.html	 Serves multi-cultural youth and families Childcare Shelter, housing and family support Education scholarships Tours of historically Black colleges and universities 	
Massachusetts Society for the Prevention of Cruelty to Children 9 Sullivan Road Holyoke, MA 01040 413-532-9446 mspcc.org	 Pregnancy and parenting support Child and family counseling Foster care and adoption Advocacy 	– Spanish
Mental Health Association 995 Worthington Street Springfield, MA 01109 413-734-5376 mhainc.org	 Disability support services Homeless services Caring Together residences for youth served by Department of Mental Health (DMH) and Department of Children and Families (DCF) Residential programs for adults with mental illness Outreach services 	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Montague Catholic Social Ministries	 Bilingual play and learning groups 	- Spanish
41 Third Street	- Family support	
Turners Falls, MA 01376 413-863-4804	 Parent support programs and groups 	
mcsmcommunity.org	- Emergency basic needs program	
	 Women's resource center 	
New England Learning Center for Women in	 Rape crisis and domestic violence center 	- Spanish
Transition	- Counseling	
479 Main Street	- Advocacy	
Greenfield, MA 01301	 Crisis intervention and services 	
413-772-0871	 Economic support 	
24/7 Hotline: 413-772-0806	 Supervised visitation program 	
nelcwit.org	– Anti-racism work	
Northeast Center for		
Youth and Families	 Therapeutic day programs for children 	– Spanish
203 East Street	 Outpatient behavioral health 	
Easthampton, MA 01027 800-360-6210	 Therapy for children, adolescents, and families 	
c	 Child psychiatry 	
ncyf.org	 Sexual abuse and trauma treatment for survivors and their families 	
	 Group therapy 	
	 Medication management 	
	- Care coordination	
	 Family support services 	
	Foster care services	
	 Residential care 	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Northeast Family Services 59 Interstate Drive West Springfield, MA 01089 774-206-1125 northeastfamilyservices.com	 In home therapy Intensive Care Coordination Outpatient therapy Therapeutic Mentoring 	– Spanish
Nuestras Raices, Inc. 329 Main Street Holyoke, MA 01040 413-535-1789 nuestras-raices.org	 Community gardens La Finca—beginning farmers program Youth programs Life skills training 	– Spanish
Picknelly Adult and Family Education Center 206 Maple Street Holyoke, MA 01040 413-552-2990 hcc.edu/courses-and- progams/adult-basic- education/picknelly-adult- and-family-educatin-center	 English for Speakers of Other Languages (ESOL) Computer classes Mentoring Referrals Advocacy 	– Spanish
Roca Inc. 29 School Street Springfield, MA 01105 413-846-4301 rocainc.org	 Justice-oriented work for at-risk youth Young Men's program Young Mothers' program Programs aimed to break the cycle of poverty, violence, and incarceration 	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Safe Passage	Resources for victims of domestic violence	- Spanish
43 Center Street, Suite 304	- Counseling	Khmer (Cambodian)
Northampton, MA 01060	- Advocacy	- Vietnamese
413-586-1125	 Legal assistance 	
24/7 Hotline: 888-345-5282	 Emergency shelter 	
safepass.org	 Project Access: Services specifically for immigrants 	
	 Support for transgender, gender non-conforming, no gender individuals and people of all sexual identities 	
	 Disability services program for domestic violence survivors with physical disabilities and mental health issues 	
ServiceNet	 Addiction services 	
131 King Street	- Counseling	
Northampton, MA 01060 413-585-1300	– Psychiatry	
413-303-1300	 Mental health recovery services 	
servicenet.org	 Prevention and Recovery in Early Psychosis 	
	 Disability support services 	
	 Transition age youth services 	
	 Employment programs 	
	 Support groups for LGBTQ young adults 	
Springfield Vietnamese	 Bilingual/bicultural services 	- Khmer
Cultural Center	- Advocacy	(Cambodian)
433 Belmont Avenue Springfield, MA 01108 413-733-9373	– Outreach	Vietnamese
	 Community support 	
. 2 / 20 / 20 / 20	- Education	
	- Elderly health programs	
	Youth programs	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Stavros 210 Old Farm Road Amherst, MA 01002 413-256-0473 stavros.org	 Disability services for everyday living assistance Deaf and hard of hearing services Healthcare School advocacy 	AmericanSignLanguage(ASL)
Tapestry Health 296 Nonotuck street #12 Florence, MA 01062 413-586-2016 Other locations include Greenfield, Holyoke, North Adams, Northampton, Pittsfield, Springfield, and West Springfield tapestryhealth.org	 Reproductive health services and sexually transmitted infections testing Overdose prevention and education Access to food and nutrition programs Community education Syringe disposal and Narcan LGBTQ focused health services 	- Spanish
Valley Opportunity Council 35 Mt. Carmel Avenue Chicopee, MA 01013 413-552-1554 300 High Street Holyoke, MA 01040 413-552-1554 valleyopp.com	 Energy/heating assistance Nutrition programs Summer lunch program for children Childcare Adult education classes Career support English for Speakers of Other Languages (ESOL) Citizenship classes Senior companion program Youth programs (college and career assistance, after school and summer programs, employment programs) 	 Spanish (both sites) Arabic (Holyoke site) Haitian Creole (Holyoke site) French (Holyoke site) Russian (Chicopee site)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Viability, Inc. 5 Franklin Street Northampton, MA 01060 413-584-1460 viability.org Walden Community Services, Learning Center for the Deaf 110 Maple Street Springfield, MA 01105 Phone and TTY: 508-879-5110 Video Phone: 774-999-0941	 Job readiness and employment services Disability support services Mental health services Advocacy and academic support for high school and college students with disabilities Deaf and hard of hearing services Independent living services Services for Deaf children, adolescents, and their families Family support and stabilization program Intensive Care Coordination Therapeutic Mentoring 	- American Sign Language (ASL) - American Sign Language (ASL)
Western Mass Recovery Learning Community 187 High Street, Suite 303 Holyoke, MA 01040 413-539-5941 235 Chestnut Street Springfield, MA 01301 413-372-5652 74 Federal Street Greenfield, MA 01301 413-772-0715 Afiya (Peer-run respite house) Northampton, MA westernmassrlc.org	 Peer support Resource centers Wellness and fitness programs Support groups Career exploration and support Housing support Peer-run respite house Social activities and networking opportunities 	 Spanish American Sign Language (ASL) Website in multiple languages



Fabric dyed with indigo from China



Silk sari with embroidery from India



Purse made from a woman's shirt from Guatemala



Tote bag from Uganda



Carved
wooden box
from Russia



Linen tea towel from Ireland



Fabric with bird design



Quilt from
United States
of America



Silk obi belt from Japan



Embroidery

and applique

needlework by

a Hmong

artisan



Tote bag from Kenya



Cotton woven fabric from Guatemala



25 Staniford St Boston, MA 02114