Massachusetts-Grown Produce Availability Calendar JANUARY RUARY APRIL MAY JUNE JULY AUGUST OCTORER DECE Dairy, cheese and eggs Honey Maple syrup Meat and poultry Apples Blueberries Cantaloupes Cranberries Peaches Pears Raspberries Watermelon Vegetables Arugula Asparagus Beans, green **Beets Bok Choy** Broccoli Cabbage Carrots Cauliflower Celery Corn-on-the-cob Cucumbers **Eggplant** Leeks Lettuce & greens, salad Mung beans Mushrooms, shiitake Peas, green and snap Peppers Potatoes, baking Potatoes, new **Pumpkins** Radishes **Scallions** Spinach **Sprouts** Squash, summer & zucchini Squash, winter Tomatoes Tomatoes, cherry **Turnips** Aquaculture Barramundi Hard shell clams American oyster Bay scallops Various trout species **Plants Cut flowers** Forestry products & fiber Lumber Massachusetts Department of Agricultural Resources www.mass.gov/massgrown Massachusetts grown...and fresher!