

Massachusetts Department
of Correction

Program Description Booklet

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Commissioner
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Massachusetts Department of Correction

Mission Statement

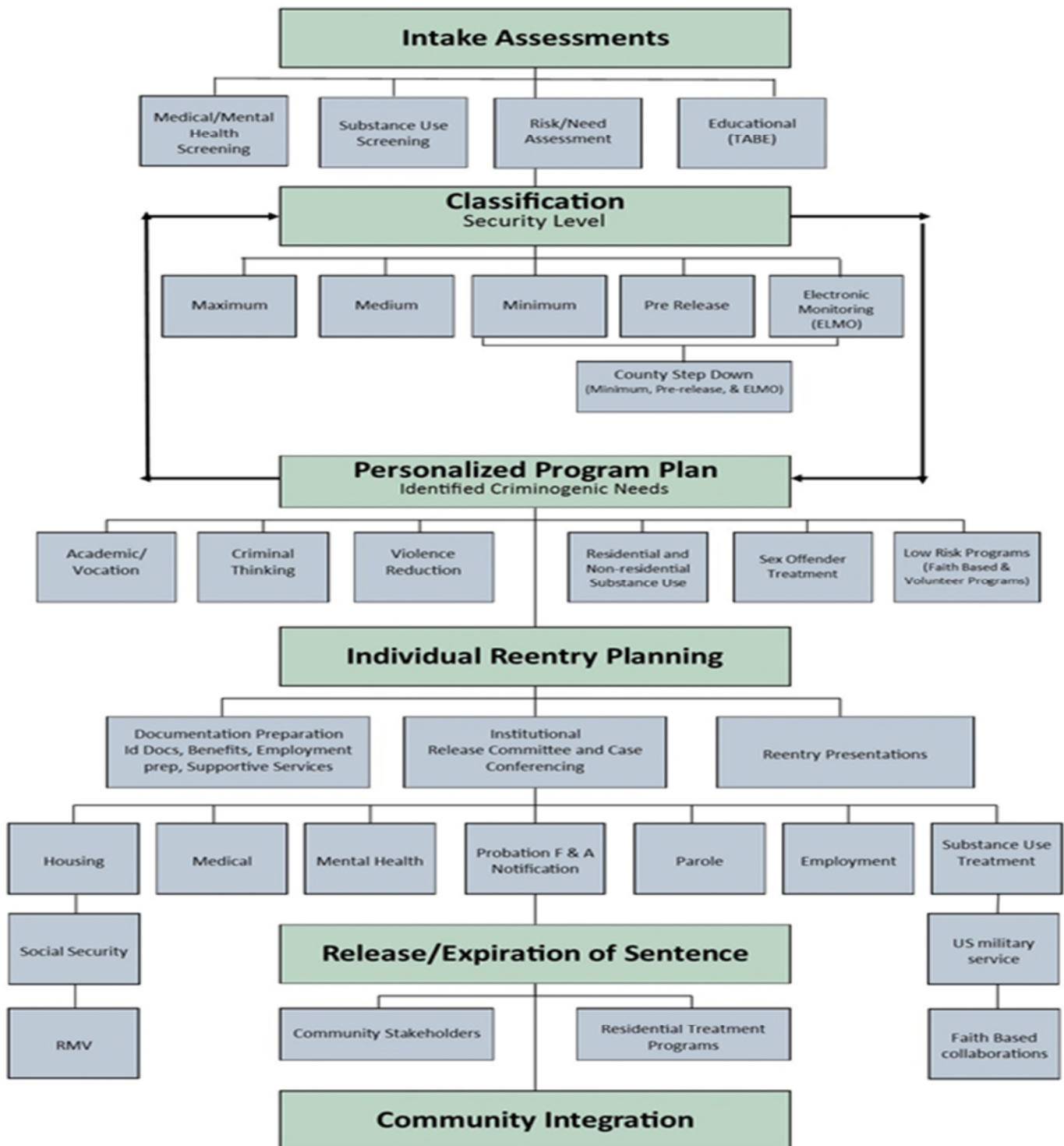
The Massachusetts Department of Correction's mission is to promote public safety by managing offenders while providing care and appropriate Programs in preparation for successful reentry into the community.

Manage - Care - Program - Prepare

Vision Statement

The Massachusetts Department of Correction's vision is to effect positive behavioral change in order to eliminate violence, victimization and recidivism.

Massachusetts Department of Correction — Reentry Continuum



Program Services Division

Religious Services

The Department provides a variety of religious services, which are supervised and coordinated by chaplain staff. Volunteer clergy and community churches assist chaplains in the provision of services. Chaplains provide regular religious services, religious education, and pastoral care. In addition, chaplaincy services include Bible Study, Prayer Groups, Christian Fellowship, Christian Twelve Step, Parenting Groups, Family Religious Services, Religious Seminars and Holiday Observances. The Department recognizes that Chaplaincy Services are important in changing criminal behavior by helping the incarcerated individual develop prosocial values. *These services are available at all facilities.*

Recreation Services

The Department offers a wide variety of staff supervised recreational and leisure time activities designed to reduce incarcerated individual idleness and teach pro-social skills to use their time constructively and promote wellness. *These services are available at all facilities.*

Department Tablet

The Department Tablet initiative provides program/education/vocational training/reentry preparation tablets to each classified incarcerated individual. These tablets are individualized educational platforms for justice involved persons to prepare for success upon reentry. These tablets allow the Department to increase access to programming via virtual programming formats and provide self-taught enrichment courses. *Tablets are available at all facilities.*

Volunteer Services

Approximately 800 volunteers provide a variety of services that supplement established departmental programs. Volunteer services include faith-based, substance use, self-help, support groups, literacy, cognitive skills, and cultural awareness. *These services are available at all facilities.*

Self-Improvement Groups

Self-Improvement Groups are structured incarcerated individual-coordinated groups designed to reduce idleness and enhance reentry by providing offenders with a forum to develop interpersonal communication, problem solving, and basic life skills. *Please reference the institution Program Descriptions for Self-Improvement Group availability.*

School of Reentry

Located within Boston Pre-Release Center in Roslindale, MA, the Executive Office of Public Safety and Security's School of Reentry (SOR) is a 12–18-month residential school providing minimum security incarcerated individuals an opportunity to maximize the end of their incarceration time immersed in education, personal, career and technical education training. The mission of the school is to develop a growth mindset within each student that ultimately affects positive change for themselves, their families, and their communities.

The SOR seeks to transform individuals through its holistic approach to human development. Participants immerse themselves in educational initiatives aimed at creating meaningful opportunities during and beyond their incarceration. Students and professional staff work together to develop a personalized academic plan. Many pursue a High School Equivalency, some begin a vocational track, while others enroll in refresher courses to reactivate the skills needed for post-secondary work. Regardless of academic level, students attend six hours daily of academic classes where instruction deploys interdisciplinary strategies to reach every student and integrate the skills needed to succeed in the "real world." SOR's curriculum focuses on developing marketable skills for employment – especially in technology. Beginning with Microsoft "Tech Support" training, participants earn Microsoft Office Specialist certification with further opportunities in computer programming (Java, C++, Python and HTML5). Students are afforded an opportunity to combine the attainment of a high school credential

with college level credited courses. Through public/private partnerships, students have the opportunity to enroll in certificate, Associate's and Bachelor's degree programs while enrolled at the SOR.

In order to mirror the learning environment of the classroom, the students live in an attached, but separate housing unit with a day room that has no television but is instead equipped with one-to-one computers and a SMART board for completion of homework and further learning and instructional opportunities. Each computer has access to outside learning resources such as Khan Academy, PBS, and the History Channel, giving students advanced opportunities for skill development. The SOR physical environment provides participants with space conducive to deep reflection and internal change. Personal development remains equally important to academic work. From their first day in the program, professional staff lead students through mindfulness training as a therapeutic compliment to education, as well as Moral Reconation and Cognitive Behavioral Therapy. Students are offered additional therapeutic services focusing on substance use counseling, anger management, criminal thinking, and life skills. SOR staff work closely with each participant as they address and take responsibility for their past and begin a transformation into an individual with new skillsets who are better able to cope with life's situations with reason. Together, these initiatives develop a dynamic growth mindset in participants where they see themselves on a path of lifelong success.

Vendor Facilitated Core Programs ~ Spectrum Health Systems, Inc.

Male Offender Program Continuum

Correctional Recovery Academy (CRA)

Correctional Recovery Academy is an intensive six-month educational program located at four institutions: Northeastern Correctional Center, MCI-Norfolk, MCI-Shirley, and MCI-Concord. CRA targets relapse prevention and cognitive behavioral treatment. The program utilizes rolling admissions and combines the elements of a therapeutic community's social learning approach with an advanced cognitive behavioral curriculum.

Correctional Recovery Academy Graduate Support Program

Graduates of the CRA may apply to participate in the peer support program. Peer participants are responsible for co-leading groups under the supervision of CRA counselors. Graduates are also required to attend the community meetings and the weekly continuing care plan group.

Entry Program (TIME – Time to Invest in My Enlightenment)

The goal of this program is to encourage participants to understand the connection between investing in their personal growth throughout their incarceration and their future success upon release. It is 7 sessions and takes place over 7 business days. It includes topics such as emotional well-being, personal growth, finances, and education. *This program is located at Souza Baranowski Correctional Center.*

Criminal Thinking Program (CT)

Criminal Thinking is a vendor facilitated 8-week program designed to focus on altering the pro-criminal thinking patterns that have been identified as separating those who are serious repeat offenders from those who are not. The program focuses specifically on criminal sentiments and how to develop pro-social alternatives for them. The program assists the participant in developing pro-social alternatives to past activities and associates. Upon completion of the program, participants are recommended to the General Population Maintenance Program. *This program is available at most facilities.*

General Population Maintenance Program

Maintenance Program for participants who have completed the Violence Reduction and/or Criminal Thinking program. The program is intended to provide an opportunity for participants who have completed either of these programs to remain engaged in treatment to practice and internalize learned skills. The program meets once per week. This is a continuous program and therefore eligibility requirements are that the participants are 18 months from release. *This program is available at most facilities.*

Graduate Maintenance Program – Substance Use

This program is offered to graduates of substance use programs. During Graduate Maintenance, the program concepts are reviewed, program skills are practiced, and there is individual work on a recovery plan. This is a continuous program and participants must be 18 months to release. *This program is available at all facilities.*

Knowledge in Recovery

This 8-week vendor facilitated program designed to educate and raise awareness of the consequences of continued substance use and includes groups that are psycho-educational, consisting of didactic lectures, group discussions and skills practice. The curriculum is intended to meet incarcerated individuals where they are at while supporting safety. *This program is available at all facilities.*

Reentry Readiness Workshop

The 3-week Reentry Readiness Workshop is offered to participants who are within 2 years of release. Curriculum is designed to assist incarcerated individuals in the development of the necessary skills to obtain employment through resume building, cover letter writing, job application completion, mock interviews, and rehearsal of skills of how to maintain employment. The workshop also includes discussions regarding victim impact, social support, housing plans, financial awareness and budgeting, educational referrals, criminal impact, and attainable goal setting. *This program is available at all facilities.*

Victim Impact

The Victim Impact program entails a unique learning environment to enable the “power of the personal story” and its impact on offender thinking and behavior to unfold. The facilitator’s challenge is to set up a rich learning environment that incorporates relevant curriculum materials, adult-centered learning principles, experiential learning opportunities, cultural sensitivity, and activities to facilitate changes in thinking, feeling, and behaviors. *This program is available at MCI Framingham, MCI Norfolk, and MCI Shirley.*

Violence Reduction

Violence Reduction is an 8-week program that targets cognitions that contribute to violent behavior. The goal of this program is to decrease violent behavior and the likelihood of institutional disturbances. During the program, participants identify the specific cognitions which have led to their violent behavior. Once those cognitions are identified, participants are taught pro-social strategies and skills to diminish the likelihood of continued violence. Upon completion of the program, participants are recommended to the General Population Maintenance Program. *This program is available at most facilities.*

Female Offender Program Continuum

Gender responsive and trauma-informed approaches have been incorporated into the framework of treatment services for female offenders. Specific tracks of programs have been designed to address each offender's specific pathway into the criminal justice system with the goal of reducing the likelihood of recidivism by addressing the unique issues associated with female offenders such as social influence, trauma, abuse, relationship dysfunction, substance use and mental illness.

Building Positive Connections

The Building Positive Connections component of Pathways is 26 weeks in length. Programming focuses on addressing past trauma or abuse, relationship dysfunction, as well as substance use. The pathway explores how past abuse or trauma can influence current behaviors such as substance use or involvement in unhealthy relationships.

Family Preservation

Family Preservation is designed to promote appropriate mother/child bonding, relationship building and communication. This program offers a wide range of services to include parenting education classes, parenting support, children's visit preparation, coordination and referral to available services, professional collaboration with state agencies, and special activity planning. Program staff act as liaison between participants and Department of Children and Families (DCF) for incarcerated mothers whose children are in the custody of DCF. An additional aspect of Family Preservation is a program called "A Book from Mom", which is designed to enhance literacy in children. A children's library is available for women to select age-appropriate books to read during visits with their children. After the visit, children are allowed to leave the visiting room with a book from Mom. The child is allowed to receive a new book during each visit to create his/her own personal library at home. Books are also made available for women to mail home to children during the holidays and on birthdays.

First Step Program

The First Step Program is a vendor facilitated program that offers voluntary substance use treatment services to women who are awaiting trial. Program participants require medical intervention for detoxification and are referred for further treatment. The treatment component consists of a 20-day schedule of classes on substance use education, overdose and relapse prevention, and interpersonal skill acquisition. The program also offers an individualized aftercare/discharge planning component to support program participants with identifying community-based treatment to access upon release.

Healing For The Future

The Healing For The Future component of Pathways is 26 weeks in length. Programming focuses on several needs that are addressed through a community-based program such as criminal thinking, anger management, and negative or unhealthy relationships and how these are related to substance abuse and life choices. Healing For The Future addresses the issue of past trauma and mental health that has affected one's life and its impact on criminal behavior.

Healthy Living Community

The Healthy Living component of Pathways is 26 weeks in length. Treatment focuses on disrupting criminal behavior and substance use as social norms. Using community as method, women confront many aspects of criminal behavior as social norms to develop pro-social attitudes. This is done through cognitive behavioral groups and community activities.

Healthy Opportunities Promote Empowerment (HOPE)

The H.O.P.E. program is offered to the awaiting trial population. Upon admission, detainees receive a Texas Christian University Drug Screen assessment. Those who score a low risk for substance use will be offered admission into the H.O.P.E. Program in place of the First Step Program. This program is a non-substance use-based program focusing on need areas of grief and loss, anger management, criminal thinking, goal setting, reentry, life balance and how to build healthy relationship. The HOPE program occurs over 5 weeks which consists of daily curriculum based groups and weekly individual sessions with a Spectrum counselor.

Life in Recovery

The Life in Recovery component of Pathways is 26 weeks in length. Programming involves basic substance use treatment such as relapse prevention and general substance use education. Participants in this pathway have access to parenting programming, education, and job development to build self-efficacy, as well as reentry planning.

Motivational Enhancement Program

Motivational Enhancement is a 4-week program that introduces participants to basic program concepts while encouraging positive behavioral change. The program is designed to motivate participants to participate in more intensive programs to address their broader criminogenic need areas.

Parenting Inside Out (PIO)

Parenting Inside Out is an evidence-based 4-week, cognitive-behavioral parent management skills training program created for incarcerated parents. This program focuses on effective listening and communication, problem solving skills, behavior management strategies, child development and family reunification techniques amongst various other topics.

Parenting Support Group

The Parenting Support group is an open forum for participants at MCI-Framingham to openly discuss various issues, concerns, challenges, or accomplishments regarding their children.

Peer Pathway Program

The Peer Pathway Program is a structured environment where participants can begin or continue to apply their personal growth experience by helping others and giving back to the community. After successful participation in 26 weeks of programming, addressing their core need areas, and successfully completing a competency panel, a participant may be eligible for the Peer Pathway Program. The program allows participants to receive further programming and training on becoming a peer mentor, a peer tutor, or a peer facilitator. The program's main goal for the participant is to provide support to other participants through real-life experiences and continue through a program of positive change and growth.

Pathway Electives

Pathway Electives are approximately 8 weeks in length and held one time per week. During this program, participants will work on a series of interactive journals that are designed to promote positive life change. The elective acts as a tool to help participants with reinforcing change, through ongoing reflection and effort. The process of Interactive Journaling will help participants to become open and honest with themselves. By personalizing the information to individual circumstances, participants will be developing a road map to success.

Specialized Program Units

Behavior Assessment Unit (BAU)

A Behavior Assessment Unit is a housing unit that is not Restrictive Housing that is used for the assessment of incarcerated individuals who pose an unacceptable risk to the safety, security, and orderly operations of the correctional institution, have a possible personal safety need that needs to be investigated, or who pose a threat to others and require separation from general population. The goal of this unit is to expeditiously assess an individual's need(s) and determine if a structured program is recommended to address their need(s).

In addition to a minimum of three (3) hours unstructured recreation opportunities daily while assigned to a BAU, incarcerated individuals are afforded an opportunity to attend at least one (1) wellness group per week facilitated by treatment/program staff. These groups are designed to increase protective factors through building mindfulness, interpersonal effectiveness, emotional regulation, and distress tolerance skills, which are applicable to a wide range of individuals. Incarcerated individuals in the BAU will also continue to have access to educational services and Personalized Program Plan programming should they be enrolled at the time of placement in the BAU or eligible based on their waitlist status. Additionally, incarcerated individuals in the BAU will have access to tablet-based content for self-directed enrichment programming.

Secure Adjustment Units (SAU's)

A Secure Adjustment Unit is a structured program unit which provides access to cognitive behavioral treatment, education, programs, structured recreation, leisure time activities, and mental health services for those assessed as needing a specific structured program intervention to support positive adjustment in general population. An incarcerated individual may be classified, in accordance with 103 CMR 420, *Classification*, to an SAU from a Behavior Assessment Unit if a structured program intervention is recommended to address their needs and risk factors. All SAU's follow a graduated phase system designed to encourage maximum participation and each incarcerated individual will have the opportunity to collaborate on the creation of an Individual Program Plan to identify programmatic goals and guide their participation while in the SAU.

The current SAU programs include:

SAU Level 1 at MCI Concord is designed to aid individuals in building skills to support positive behaviors and increase their ability to successfully engage in opportunities at medium security. The core program focuses on building motivation, both for program participation and making behavior changes. In addition to the core program, individuals will also be recommended to one of three (3) tracks to better address their individual needs:

- Recovery Skills: aimed at individuals whose negative behaviors are connected to a substance use need.
- Rational Thinking: targets thinking patterns that lead to disruptive behavior and misconduct; or
- Interpersonal Effectiveness: focuses on the reasons why an individual may have difficulty adjusting to placement in general population, resolving conflicts, or living with others.

SAU Level 1 at MCI Framingham is designed to assist individuals in building the skills necessary to effectively and appropriately be a positive part of their community within MCI Framingham. There is also a focus on relational awareness in order to understand their effect on their community and how to develop healthy relationships. In addition to the core program, individuals will also be recommended to one of the three (3) tracks to better address their individual needs:

- Thoughtful Choices: focuses on addressing self-defeating behaviors and poor choices that have led to negative patterns of behavior.
- Emotional Insight: targets those who have extreme reactions to stressful or emotional situations; or
- Expanding Perspectives: aimed at individuals who utilize violence as a tool to meet their desired needs.

SAU Level 2 at MCI Concord is a program intervention that aims to change an individual's thoughts and beliefs that cause disruptive behaviors and the decision-making that is leading to possible placement in higher custody. Program groups will challenge negative or criminal thinking patterns and improve the individual's ability to think about consequences before acting. To further address individual needs and risk, an individual will be recommended to one of three (3) tracks:

- Recovery Foundations: aims to address disruptive behaviors that are connected to a substance use need and prepare for more intense treatment in the future.
- Emotional Regulation: focuses on building skills to increase the ability to control emotions and impulses without responding with aggression or violence; or
- Consequential Decision-Making: aimed at increasing the ability to make decisions that are in line with positive goals and values, and to consider rules and other people before acting.

SAU Level 4 at Souza Baranowski Correctional Center is a program intervention for individuals who have engaged in significant violence or disruptive behavior. The program is designed to reduce the risk of future violence through developing a deeper sense of what is right and wrong, improving skills to make decisions, and increasing understanding and awareness of how behaviors impact other people. In addition to the core program, individuals will also be recommended to one of three (3) tracks to better address their individual needs and risk factors:

- Positive Peer Connections: designed for individuals who engage in criminal or violent behaviors due to their relationships and/or isolation from positive influences.
- Cognitive Restructuring: targets patterns of criminal thinking, issues with authority, or lack of concern for others through challenging current beliefs; or
- Self-Regulation: aimed at individuals who engage in impulsive behaviors such as violence or aggression due to struggles controlling anger or frustration, reacting to triggers, or substance use.

An additional level of SAU is currently in development and will be for those classified to Maximum Security.

Building Responsible Adults Through Validation and Education (B.R.A.V.E.)

The B.R.A.V.E. Unit at MCI Concord opened in August 2021 to support incarcerated emerging adult men, some of whom are fathers, by creating an opportunity to have a positive experience while incarcerated that will benefit their familial relationships and communities. The community-centered program was developed through a grant from the Office of Juvenile Justice Delinquency Program (US Department of Justice) and is comprised of curriculum groups, mentor workshops, and volunteer-led activities that aim to assist these emerging adults in strengthening their relationship with their families and/or child(ren) through self-development and family engagement strategies. The program incorporates incarcerated individual mentors and centers on encouraging self-reflection and self-improvement, building personal and community responsibility, learning interpersonal skills to enhance relationships with support systems, and teaching healthy parenting techniques. Incarcerated individuals who are 18-26 years old, have more than 2 years left on their sentence (can include first- and second-degree life sentences) and are eligible to be classified to medium security may be considered for the B.R.A.V.E. program. Developmentally appropriate programming for the emerging adult population is offered on the unit as well as the opportunity for individuals with at least one child to take advantage of specific program resources designed to build and foster the parent child relationship.

Reentry Unit

The Reentry Unit is a residential program for maximum security incarcerated individuals who are 18 months to release from custody. This unit is designed to prepare incarcerated individuals releasing from maximum security for a successful reintegration to the community, with the goal of reducing recidivism. The program's main goal is for participants to learn effective, real-life ways to be successful in their recovery and reintegrate back into society while living a life free of crime and substances. *This unit is located at Souza Baranowski Correctional Center.*



MassCor Correctional Industries

The mission of Massachusetts Correctional (MassCor) Industries is to offer diverse, self-sustaining programs that are beneficial to incarcerated individuals and economical for the Commonwealth. Participants are provided vocational instruction on current equipment and technologies while producing a variety of high-quality products. These programs encourage the development of valuable skills along with a positive work ethic, better positioning incarcerated individuals for success in the workforce and community upon reentry.

MassCor employs approximately 390 incarcerated individuals in sixteen shops within seven institutions. Through MassCor's shop training programs and work assignments, the incarcerated individual workforce is able to stay current with the outside employment field by learning current and state-of-the-art technologies and equipment, developing specific job-related skills, and learning the technology of an ERP system. Incarcerated individuals also develop "soft skills" such as punctuality, effective communication, time management and working both as a member of a team and as an individual contributor.

These real-world skills provide workers with the foundation to secure gainful employment upon their release. All of these skills are in great demand and will be highly valued when incarcerated individuals are looking for post-release employment, thereby making the transition into society easier for them, increasing their chances for success and reducing the likelihood that they will recidivate. Ultimately, making a difference in the life of incarcerated individuals translates into productive taxpaying citizens and overall safer communities.

Vendor Facilitated Treatment Programs ~Wellpath

Sex Offender Treatment

The Department of Correction offers comprehensive Sex Offender Treatment (SOT). The purpose of SOT is to reduce the participant's risk to reoffend, to increase the participant's ability to have a successful reintegration into the community, and to increase the participant's overall well-being. SOT incorporates concepts of the Relapse Prevention Model, the Risk-Need-Responsivity Model, the Good Lives Model, and the Self-Regulation Model. There are two satellite sites, NCCI-Gardner and Old Colony Correctional Center, where an introduction program is offered, as well as a less intensive programming for lower risk offenders and specialized programming for female offenders (MCI-Framingham) and those who have committed sexual crimes involving possession and distribution of child sexual exploitation material. The vast majority of the program is facilitated at the Massachusetts Treatment Center, a facility designated exclusively for the purpose of sex offender treatment.

Education Division

The mission of the Education Division is to prepare incarcerated individuals for successful reentry into the community by providing comprehensive academic and vocational programs based upon individual need; moreover, to further reinforce the knowledge and skills necessary to be competitive in today's job market and transition into productive members of society.

Research indicates that active participation in educational and vocational programming opportunities significantly reduces recidivism:

- Based on Calendar Year 2023 Massachusetts Department of Correction Report, "One-Year Recidivism Rates of Men Released 2013 – 2020: A Multi-Year Descriptive Analysis of Correctional Recovery Academy and High School Equivalency Credential," incarcerated individuals who only had an educational need and who also received a HSE had a recidivism rate of 8.8%. Incarcerated individuals with only an educational need who did not receive a HSE had a recidivism rate of 16.1%.

- The findings in the MA DOC 2023 Report are consistent with those in a meta-analysis of the impact of education programs offered to incarcerated individuals, supporting that each of the educational offerings- Adult Basic Education, Adult Secondary Education, Vocational Education, and Post-Secondary Education – had an effect on reducing recidivism. Schuster, S. S., & Stickle, B. (2023,). Are education programs in prison worth it? Policy Brief: <https://www.stevensprickschuster.net/uploads/1/2/6/4/126430232/s2023-01.pdf>.
- Findings from the 2016 Federal Bureau of Prisons report notes that occupational training when accompanied by GED or a high school diploma has the greatest impact on reducing recidivism and significantly increasing employment opportunities.
- In 2016, the Vera Institute of Justice reported that only 35% of state prisons provide college-level courses. Our division goes beyond offering sporadic college courses; we predominantly offer college degrees ranging from an associate to a bachelor's.

January 2024 projections from the MA Executive Office of Labor and Workforce Development indicate that of the approximately 252,000 active online job postings, 18%, or approximately 46,000, require a high school diploma or GED and 26%, or approximately 65,000, require a Bachelor's degree. As was noted above, research indicates if an incarcerated individual has the chance to successfully reenter their community and not re-offend, a job and the means to support himself/herself and their family is paramount. It is our duty to reduce recidivism and thus increase public safety by providing education and vocational training opportunities that will assist incarcerated individuals in obtaining meaningful employment with sustainable wages.

Emphasis is placed upon identifying each incarcerated individual student's educational/vocational need, crafting an individualized programming plan of action, monitoring progress, and modifying as needed, developing and reinforcing basic literacy skills, and the acquisition of marketable, transferrable skills. To complete these tasks the Education Division offers classes taught by full-time academic teachers and vocational instructors and employs individuals who serve as navigators that assist and support incarcerated individual students' progress towards their identified, individual goals. The Division's responsibilities include teaching academic classes, instructing vocational programs that lead to nationally recognized credentials, and providing opportunities for incarcerated individual students to enroll in college programming. Successful reentry begins at reception by administering the Test of Adult Basic Education (TABE) in order to identify grade level equivalents (GLE) and academic need.

I. Assessments

When newly committed incarcerated individuals enter the reception center, information surrounding their educational background is obtained by administering the Test of Adult Basic Education (TABE). The TABE test provides a grade level equivalent score in math, reading and language. Speakers of other languages are given the TABE CLAS-E. Education staff at each institution receives this information upon an incarcerated individual's transfer to that facility; they discuss educational opportunities and place the incarcerated individual in appropriate, grade-level classes or on waiting lists. Measurable Skills Gain can be calculated by administering the TABE assessment again..

II. Education Programs

Academic Education Programs

Adult Basic Education Continuum

Adult Basic Education

Adult Basic Education (ABE) is designed to serve those students who are struggling with basic reading, writing, and math skills. These individuals are functioning below the sixth-grade level. ABE provides students with the academic skills that are necessary for entrance into adult secondary courses. ABE focuses on reading, language, and mathematics with student progress being measured by the Tests of Adult Basic Education (TABE) (GLE 0.0-*5.9).

Pre-Adult Secondary Education

The Pre-Adult Secondary Education (Pre-ASE) class is designed to prepare intermediate level students for the ASE Program where students prepare to take the HiSET (High School Equivalency Test) exam. The class' focus is on reading comprehension, writing skills, math, social studies, and science. These individuals typically function between sixth and ninth grade levels according to TABE scores (GLE 6.0-*8.9).

Adult Secondary Education

The Adult Secondary Education (ASE) program is specifically designed to prepare students to successfully take the HiSET (High School Equivalency Test) exam. The class focuses on reading, writing, math, social studies, and science – the five main components of the HiSET exam. These individuals typically function at or above the ninth-grade level according to TABE scores (GLE 9.0-*12.9).

Limited English Proficient Continuum

English as a Second Language 1-Beginner

English as a Second Language (ESL) is a language development program designed for the adult learner with limited English proficiency. The primary emphasis of the program is to provide students with the fundamentals of speaking, reading, writing, and listening skills in English so they may be mainstreamed into academic classes and/or participate in vocational programs. The three-level program is taught exclusively in English and is available to those students whose native language is not English.

English as a Second Language 2-Intermediate

This program works to develop and refine skills needed in conversation beyond basic needs. The focus is on reading comprehension of short pieces, vocabulary development, and oral answers to reading questions. Writing skills focus on paragraph organization and essay construction and formal English grammar. Informational articles as well as short stories are introduced. Practice is given in letter writing, both informal and formal business letters, complaints, and requests.

English as a Second Language 3-Advanced

In this program, the focus is on more complex English grammar, sentence structure, and punctuation, including self-editing skills. Practice is given in writing and editing two to three paragraph essays. Reading comprehension and academic vocabulary is stressed and applied to word problems in mathematics as well as geography and history selections and informational historical and literary documents. Emphasis is placed on preparing the student to advance from ESL classes to regular academic classes and vocational programs.

Supplemental Education Programs

Remote Learning Tablets

Incarcerated individuals have the opportunity to extend their time on learning through use of tablets. Tablets are preloaded with educational content. Tablets also support teacher-led lessons to promote individualized learning opportunities that influence positive outcomes. *Tablets are available at all facilities.*

College-Level Programs

Babson College

This four-course sequence in Entrepreneurship is designed to support the DOC in providing opportunities to care for and prepare offenders for reentry upon departure. It will follow the large body of research identifying Entrepreneurship as an important alternative to regular job applications for returning citizens, and entrepreneurial thinking and acting as crucial life skills to promote a strong, healthy relationship with self and others. *This program operates at MCI Framingham.*

Boston College

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to take credit-bearing Boston College courses with the potential of earning their Bachelor of Arts degree. *This program operates at MCI-Shirley and is self-funded.*

Boston University

Students who meet the eligibility requirements including an application, essay and potential interview have an opportunity to take credit-bearing Boston University courses towards an Interdisciplinary Studies Certificate from Boston University's Metropolitan College. Funded in full by Boston University, this program operates at MCI-Norfolk and MCI-Framingham.

Emerson College

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to take credit-bearing courses with the potential of earning their Bachelor of Arts degree. *This program operates at MCI-Norfolk and is self-funded.*

Inside-Out Program

Offered at MCI-Framingham, Souza Baranowski Correctional Center, and Old Colony Correctional Center, this program is offered to students who have a high school or equivalency credential/diploma. Taught by an outside college instructor, these courses combine college students from the outside with inmates. Self-funded universities that rotate courses include Tufts University, Bridgewater State University, Framingham State University, and Wheaton College.

Massasoit Community College

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to take credit-bearing Massasoit courses with the potential of earning their Associate Degree in Liberal Arts. This program also provides six culinary credits towards our culinary program. *This program is offered at Old Colony Correctional Center.*

Mount Wachusett Community College (MWCC)

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to take credit-bearing MWCC courses with the potential to achieve a Business Administration Certificate, an additional accounting credential and an Associate of Arts degree from MWCC. *This program operates at MCI-Shirley and NCCI-Gardner and is funded through the Second Chance Pell Program.*

Post-Secondary Education

Taught by staff, academic teachers focus on critical thinking. Classes are offered in a variety of subjects including literature, advanced mathematics, college study skills, and financial literacy. These programs are offered to students who have a high school or equivalency diploma. *This program operates at MCI-Framingham, Souza Baranowski Correctional Center, Old Colony Correctional Center, MCI-Norfolk, MCI-Concord, MCI-Shirley and NCCI Gardner.*

Tufts University

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to earn their Associate of Arts (AA) degree. Tufts partnered with Bunker Hill Community College in order to provide this degree program. Upon completion of an AA, qualified students can apply to Tufts University for a bachelor's degree in Civic Studies. *This program operates at MCI-Concord and Northeastern Correctional Center and is self-funded.*

Technology Education Programs

Introduction to Microsoft Office

The Introduction to Microsoft Office program is designed to provide students with basic technology skills and enhance their digital literacy. This program consists of four components: Introduction to Computers, Microsoft Office 2010 and Windows 7, Microsoft Word 2010, and Microsoft Outlook 2010. A high school diploma or high school equivalency is required for admittance, along with a 7th grade reading level on the TABE. Furthermore, students who meet these requirements will be invited to an interview and a skills assessment in order to gauge current digital literacy skills. *This program is offered at SBCC, MCI-Shirley, MCI-Concord, NCCI-Gardner, MCI-Norfolk, Old Colony Correctional Center, and MCI Framingham.*

CISCO IT Essentials

This program teaches incarcerated individuals the operation and repair of computers, laptops, and printers with up-to-date technology, resulting in Cisco certification. This course offers a broad-based introduction to the field of Information Technology (IT) including its evolution, current trends, and future directions. Students will be introduced to the various aspects of IT along with an understanding of the technical support that is provided to employees and organizations. IT fundamentals, operating systems and hardware, end user support, and networking will be covered. *This program is offered at MCI-Concord.*

Coding 1- Web Design

Empowers students to build skills in design, leadership and coding while designing a website to solve a social issue. It affords them the additional opportunity to learn about career opportunities in coding as well as provide access to mentors while earning college credit from BFIT. Class is administered via Zoom with MIT teaching assistants. *This program is offered at MCI-Framingham.*

Coding 2-Python

Code Your Dreams (CYD) empowers students to build technical projects that make a difference in their communities. Each student leaves the program with their own web app developed using HTML, CSS, Python, Flask, and SOLAlchemy, as well as the skills and inspiration to continue solving big problems with code. The curriculum introduces students to some of today's fastest-growing roles in technology, including project management, user experience research and design, software development, and marketing. *This class is administered via Zoom with MIT teaching assistants and is offered at MCI-Framingham.*

Coding 3- App Design

Empowers students to build technical projects that make a difference in their communities. Each student leaves the program with their own web app developed using HTML, CSS, Python, Flask, and SOLAlchemy, as well as the skills and inspiration to continue solving big problems with code. The curriculum introduces students to some of today's fastest-growing roles in technology, including project management, user experience research and design, software development, and marketing. *This class is administered via Zoom with MIT teaching assistants and is offered at MCI-Framingham.*

The Last Mile

A remote educational coding and technology program that provides marketable computer coding and professional development skills, and workforce reentry support. Students selected to participate in the program will receive educational training in Web Development Fundamentals and MERN development, including such courses as HTML, CSS, JavaScript, jQuery, Bootstrap, Node.js, React, Express, MongoDB and API Testing. *This program is offered at MCI-Shirley.*

Vocational Education Programs

Long-Term Programs

Automotive

Fundamentals of auto mechanics are taught by providing book work in addition to hands-on training achieved by working on state vehicles. Students work toward Automotive Service Excellence (ASE) certification and become proficient in shop safety, electric systems, scan systems, tune, tune-ups, tires and wheels, restraint systems, brake systems, and air conditioning systems. Students are able to earn their OSHA 10 General Industries Training and Mobile Air Condition Society (MACS) license Worldwide, Section 609 Certification. *This program is offered to incarcerated individuals at Pondville Correctional Center and classes take place in the Milford garage.*

Barber Training

The Barber Training Program is a professionally licensed, 1000-hour, state credentialed program that includes a 12–18-month commitment from potential students. Students become proficient in professional ethics, hygiene, shaving and facial hair design, history of barbering, the use of tools and equipment, safe work practices, men's haircutting and styling, barbershop management, and job search. This program encompasses all the practical applications of barbering, training and education required to become a licensed professional barber in the state of Massachusetts. *This program is offered at MCI-Concord, MCI-Shirley, and MCI-Norfolk.*

Building Trades

In this 6-month program, safety, rough and finished carpentry, sheetrock work, and wood working are covered. Hands-on experience is provided by either completing institutional projects or mock-ups, and students become NCCER Certification eligible and receive OSHA 10 General Industries Training. *This program is offered at MCI-Concord.*

Cosmetology

The Cosmetology program provides students with 1000 hours of instruction combining practical and theory requirements of the Massachusetts Board of Registration of Cosmetology and Barbering Division of Professional Licensure. Students will learn the basics of manicuring, pedicuring, nails, facials, hair coloring, hair removal, braiding and wigs, and chemical procedures along with the science of body, skin, hair, diseases, and wellbeing. The students will understand the use of chemicals on hair, sanitation and the proper use of cutting and styling tools. This program encompasses all the practical applications of cosmetology, training and education required to become a licensed professional cosmetologist in the state of Massachusetts. *This program is offered at MCI-Framingham.*

Culinary Arts: Foundations I

Culinary Arts is structured to provide both theory and hands-on experience in the areas of applied foodservice sanitation and hygiene and in professional cooking. The course of study generally runs for nine months with the first three months focusing on obtaining the knowledge and skills required to successfully pass the National Restaurant Association's Education Foundation's SERV Safe certifying exam covering sanitation and hygiene. The next six months focuses on Foundations Level 1 Restaurant Management and Culinary Arts. *This program is offered at SBCC, MCI-Shirley, NECC-Concord, MCI-Concord, NCCI-Gardner, MCI-Norfolk, Old Colony Correctional Center, Massachusetts Treatment Center, and MCI-Framingham.*

Diesel Mechanic

In collaboration with Massasoit Community College, this diesel technology training and placement program supports releasing individuals in obtaining and retaining unsubsidized employment in the diesel industry. Students are provided with career training, support, and job placement assistance, while addressing the diesel industry's need for skilled workers. *This program is offered to pre-release eligible incarcerated individuals at Pondville Correctional Center.*

Food Service Training

The Food Service Training program introduces students to the food hospitality industry and explores the various career opportunities within the industry. Through a combination of classroom lessons and hands on experience, supervised by a chef-instructor, students acquire the knowledge and technical skills needed to gain employment in the hospitality industry. Students are instructed in safe food handling and given the opportunity to earn the nationally recognized SERV Safe certification at the expense of the Department of Correction. *This program is offered at the Massachusetts Treatment Center.*

Small Engine Repair

This year long program provides the students training in the outdoor power equipment field. Students learn troubleshooting and repair in all engine systems. Students learn entry level skills to better themselves for employment. Upon completion, students take the Equipment and Engine Training Counsel (EETC) exam to become certified. Students are required to take the 4-stroke exam, and the 2-stroke exam is optional. Students will also complete their OSHA 10. *This program is offered at NCCI-Gardner.*

Welding

This 6-month training program teaches basic job skills, safety protocols, and a variety of welding techniques used to weld different metals including steel, stainless steel, and aluminum. Upon successful completion of this program, students receive credentials from the National Center for Construction Education and Research (NCCER) a nationally recognized authorizing agency. *This program is offered at MCI-Norfolk.*

Wheelchair Repair

The Wheelchair Repair program is a nine-month training curriculum that prepares students to restore, repair, and maintain ambulatory products. This program is designed to prepare students to be competitive for entry-level positions such as durable medical equipment technicians, assemblers, or quality control specialists while simultaneously providing a needed service to less fortunate countries around the world. *This program is offered at NECC-Concord.*

Short-Term Programs

Future Hope Pre-Apprenticeship and Recovery Program (FHARP)

This 12-week off-site faith-based program provides valuable job opportunities in the construction trade, along with life skills education, professional guidance, and job readiness training for a sustainable future. Those participating in this program will receive training in Basic Carpentry, Roofing, Painting, Taping, Drywall, and HiSET Prep, as well as OSHA 10-hour and CPR Certifications. *This program is offered at Boston Pre Release.*

New England Culinary Arts Training (NECAT)

This 12-week off-site program provides comprehensive technical and job readiness training in the food services industry. Upon successful completion of the program, participants are placed in a position in a related field and will receive a stipend of \$1000, which will be accessible upon release. Students are given the opportunity to earn the nationally recognized certification. *This program is offered to prerelease eligible incarcerated individuals at Boston Pre Release.*

OSHA-10

This two-day, ten-hour training safety course includes electric and fire safety, slip, and fall prevention, chemical safety, and more. This course satisfies the OSHA 10 training requirement for workers of general industries. Students are required to provide the \$8 exam fee. A GED or high school diploma is not required to participate. This training is open to all incarcerated individuals. *This program is available at all facilities.*

SERV Safe

This program is designed to provide students with the education necessary to earn a nationally recognized certification. This certification is useful for obtaining employment in the food service industry. Students who complete the course then take the National Exam, and upon completion of the SERV Safe program and certification, students are eligible to apply for a position in the Culinary Arts Program. Students are responsible for payment of the SERV Safe exam. *This training is offered at all facilities.*

Educational Volunteer Partnerships**Partakers**

A volunteer mentoring program available to support students who are enrolled in post-secondary education. Program participants meet with students in the facility's visiting room to discuss academic needs. A list of program participants and incarcerated individuals/students is updated annually by the Executive Director of Partakers and provided to each facility and the Education Division. *This program operates at MCI-Concord, MCI-Framingham, MCI-Norfolk, and MCI-Shirley*

Volunteer and Chaplain Facilitated Program Descriptions

Able Minds: A facilitated book discussion designed to shift criminal thinking and teach incarcerated individuals interpersonal problem-solving skills. Incarcerated individuals are expected to read 4-5 works of literature, participate in group discussions and book analysis, and write personal reflections utilizing the “Think First” method of consequential thinking. *This program is available at MCI Concord, Old Colony C.C., Massachusetts Treatment Center, and NCCI-Gardner.*

Alcoholics Anonymous: A volunteer-facilitated working support program where incarcerated individuals learn about triggers to their behavior, understand past behavior and learn how to build a new, healthier sober lifestyle. *This program is available at most facilities.*

Alternatives to Violence (AVP): A volunteer-facilitated program teaches incarcerated individuals how to reduce violence by introducing alternative ways of resolving conflict resulting in a diminished need to resort to violence. Workshops focus on conflict resolution. *This program is available at MCI Norfolk and NCCI-Gardner.*

America’s VetDog: Sponsored by The Guide Dog Foundation, provides assistance-dogs to disabled veterans and active military personnel. *This program is offered at MCI Framingham, MCI Shirley, Old Colony C.C. Medium, and Pondville Correctional Center.*

American Veterans in Prison: Serves to educate incarcerated veterans in the areas of housing, taxes, motor vehicle registration, outreach, and counseling. *This program is available at MCI Norfolk, MCI Shirley and Old Colony C.C. Medium.*

Anger Strategies: A psycho-educational process program that focuses on developing cognitive, behavioral, and spiritual tools to deal with the different forms of anger. *This program is available at NECC-Concord and MCI Concord.*

Another Way To Go: A volunteer facilitated program utilizes curriculum developed by the End Violence Project to support incarcerated individuals in successfully transitioning from prison back into society. Participants in this program review a variety of skills such as communication and emotion management that assist them in making a profound and lasting different in their communities both inside prison and out. *This program is available at Pondville Correctional Center.*

AVP Basic Workshop: Aims to reduce interpersonal violence and present conflict management skills that can enable individuals to build successful interpersonal interactions. *This program is available at NECC-Concord.*

Basic Computer Skills: Designed for participants to master basic computer operation and become proficient in Microsoft Word, Excel, and Power point. *This program is available at MCI Concord.*

Book Club: Run by the Institutional Librarian, is designed to mimic book clubs often offered at public libraries. This discussion based program that will allow incarcerated individuals to practice their reading and writing skills while engaging in pro social discussions which will promote positive peer association. *This program is available at MCI Framingham.*

Book Discussion Group: Encourages analysis of changing lives through literature, cultural identity, and book discussion. *This program is available at Souza Baranowski Correctional Center.*

Career Pathway Workshop: Designed to assist incarcerated individuals in the development of the necessary skills that are needed for successful transition back into the community. The focus of the workshop is employment readiness to include resume building, cover letter, job application, mock interviews and how to maintain employment. The workshop also includes social support, housing plans, financial awareness and budgeting, criminal impact, and attainable goal setting. *This program is available at Pondville Correctional Center.*

Cognitive Skills Workshops: Teaches incarcerated individuals cognitive skills including problem solving, setting goals, negotiating, assertive communication, asking for help, active listening, and using self-control. *This program is available at Boston Pre Release, Old Colony C.C., and Pondville Correctional Center.*

Community Gardening and Landscaping: Teaches incarcerated individuals' skills that assist in the development of work ethic, commitment, self-fulfillment and social interaction, teamwork, and inclusion. *This program is available at NCCI-Gardner.*

Companion Program: Provides training to incarcerated individuals who provide support and encouragement to state hospital committed persons served. *This program is available at Old Colony C.C. Medium.*

Companion/Environmental Cleaning Program: Designed to improve the hygiene practices of incarcerated individuals and reduce the transmission of infectious microorganisms in the Nursing Care Unit and Clinical Stabilization Units. After an extensive training program inclusive of training on dementia, health assistance and suicide prevention, participants receive training on environmental cleaning and assisting individuals with activities of daily living. *This program is available at MCI Shirley.*

Difficult Conversations – Mediation Client Training and Support: Difficult Conversations Mediation is a conflict resolution program that addresses exactly this topic. MetroWest Mediation leads a 6-part series that incorporates a book discussion of Difficult Conversations along with interactive exercises related to skill-building. *This program is available at MCI Concord (B.R.A.V.E. Unit).*

DCF Visit Coordination: Allows staff to coordinate with the Department of Children & Families (DCF) in an effort to facilitate on-site Foster Care Reviews and supervised visits for incarcerated individuals whose children are in the custody of DCF. Other services that are provided include court appointed investigators, guardian ad litem (GAL) DYS, residential placement, and adoption mediators. *These services are available at MCI Framingham.*

Doing The Right Thing: Designed to assist incarcerated individuals with making ethical decisions. The program utilizes video seminars, role modeling, and discussion facilitated by the instructor. *This program is available at NECC-Concord.*

Emotional Awareness/Houses of Healing: Designed to foster emotional and spiritual growth and promote responsibility and accountability toward oneself and others. Incarcerated individuals are also taught skills to reduce disruptive behavior. *This program is available at MCI Norfolk.*

Entrepreneurship: Inspires and empowers individuals who are interested in starting a business. The program will cover a different topic each week leading up to an optional business pitch presentation. Content covered includes coming up with business ideas, why and how to write a business plan, customer definition, positioning, marketing, and sales planning, finance/accounting, the legal aspects of setting up a business, scaling, and pitching your idea. *This program is available at MCI Concord.*

Family Violence Education Group: Designed to educate incarcerated individuals on the aspects of family violence and intimate partner violence. The goal of this program is to reduce the amount of violent incidents, lower recidivism rates, and contribute to safer communities and a healthier society for all. *This program is available at MCI Norfolk.*

Fatherheart Program: Eight week, faith-based program designed to assist offenders in family skills. *This program is available at NECC-Concord and Boston Pre-Release.*

Formative Writing Independent Study: Is for individuals who are interested in additional writing projects/support. The goal is for participants to enhance their skills by learning different writing techniques. *This program is available at Souza Baranowski Correctional Center.*

Gardening and Landscaping Skills: Is designed to teach incarcerated individuals various components of successful gardening through an approved curriculum and hands on experience planting and harvesting various plants. *This program is available at MCI Concord.*

Greenhouse/Garden Program: Designed to provide basic gardening skills to the incarcerated individual population in designated individual garden plots. These skills not only provide fresh vegetables to incarcerated individuals, but it also provides a sense of accomplishment. *This program is available at NECC-Concord and Old Colony C.C. Medium.*

Healing The Wounded Heart: Christian based program aims to help incarcerated individuals find healing, engage with the Scripture, and become resilient. Though the program is based in Christianity, all are welcomed to attend the program regardless of their religious belief. *This program is available at MCI Shirley.*

Healthy Fathering: Mind, Body, and Health: Consists of a fifteen-week curriculum designed to bring healing, awareness, and transferable skills to its participants. Participants will be assisted with challenges of parenting in areas such as communication, parenting from a distance, discipline, and self-worth. *This program is available at MCI-Concord (B.R.A.V.E. Unit).*

Heart to Heart Peace Leaders: Supports Incarcerated Individuals reentering communities from incarceration, enabling them to experience more inner peace and to be a healing presence for others. *This program is available at Boston Pre-Release Center and Pondville Correctional Center.*

Houses of Healing: Designed to foster emotional and spiritual growth and promote responsibility and accountability toward oneself and others. Incarcerated individuals are also taught skills to reduce disruptive behavior. *This program is available at MCI Framingham.*

Introduction to Horticulture: Designed to help participants understand the fundamental concepts of horticulture and teach the core skills required to produce small-scale sustainable gardens. *This program is available at Old Colony C.C. Minimum, MCI Shirley, and Pondville Correctional Center.*

Inside Out Dad: Developed for the challenges incarcerated fathers face and connects incarcerated fathers to their children while they are on the inside. This program also prepares incarcerated fathers for reentry. *This program is available at Old Colony C.C.*

Jericho Circle: Targets a variety of criminogenic risk factors that are precursors to criminal behavior to develop integrity, accountability, and emotional intelligence. *This program is available at MCI Framingham and MCI Norfolk.*

Law Library Clerk Training: This program provides pre-employment training in basic legal research and use of electronic legal resources for potential incarcerated individual law library clerks or incarcerated individuals interested in legal research. *This program is available at MCI Framingham, NCCI-Gardner, Old Colony C.C. Medium, and Souza Baranowski Correctional Center.*

Leadership and Transformational Thinking: Developed by The End Violence Project which is a nonprofit organization with the vision of ending violence without violence. This program support offenders in successfully transitioning from prison back into society as they join their families and communities. *This program is available at NCCI-Gardner, NECC-Concord, MCI Concord, MCI Norfolk, and Souza Baranowski Correctional Center.*

Living Skills: Composed of basic skills offered over an 8 week period. Acquiring skills such as Critical thinking, appropriate decision making, refusal skills, interpersonal skills, parenting and child development, and setting and attaining goals will enable incarcerated individuals to solve problems encountered daily which would otherwise lead to conflicts. *This program is offered at MCI-Concord (BRAVE Unit.)*

Menswork: Eight to twelve week program brings a curriculum designed to provide and create educational services that support the personal and social rehabilitation of incarcerated individuals. *This program is available at MCI Shirley.*

Mindfulness, Meditation and Resiliency: Focuses on the mental and physical health benefits of yoga for incarcerated individuals. The yoga practices will follow the Prison Yoga Project's guidelines based on their effectiveness in prison classes with a variety of students with different physical and psychological issues. *This program is available at MCI Norfolk.*

Mindfulness and Yoga 101: Incorporates yoga postures, gentle movement sequences, breath work, supported silent mediation and guided relaxation. *This program is available at MCI Concord.*

Money Smart: Covers topics such as developing spending plans, budgeting skills, how to chose and maintain a checking account and the basics of building/repairing credit. *This program is available at MCI Norfolk and Pondville Correctional Center.*

Moral Reconation Therapy (MRT): Provides an evidence-based, cognitive behavioral treatment strategy based on Kohlberg's concepts of moral reasoning and Erickson's theory of psychosocial development. *This program is available at Boston Pre-Release (School of Reentry.)*

Music Theory Program: Enables participants to learn basic music theory, comprehension, and practice. Incarcerated individuals join bands to rehearse and perform. *This program is available at MCI-Shirley and Old Colony C.C. Medium.*

Narcotics Anonymous: Discussion/support/fellowship group focuses on the twelve steps of narcotics anonymous and providing community information as appropriate. *This program is available at MCI Norfolk and Old Colony C.C.*

National Education for Assistant Dog Services-Puppy Program (NEADS): NEADS is a non-profit service dog organization established to provide Hearing, Service and Assistance Dogs for veterans, adults, and children. For example: children on the autism spectrum; veterans or civilians who are deaf or use wheelchairs or whose activities are limited by their disability. These Service Dogs become extensions of their owners and bring freedom, independence, increased mobility, and relief from social isolation to their partners. This is an 18-month program designed to utilize incarcerated individual handlers to teach dogs basic obedience and other skills needed to prepare them for future "careers" as Service Dogs assisting people who are physically disabled. Following their training with the incarcerated individuals, the dogs will then learn the more advanced Service Dog skills at NEADS' National Assistance Dog Training Campus in Princeton, MA. *This program is available at MCI Concord, NECC-Concord, MCI Norfolk, and NCCI-Gardner.*

Nurturing Fathers: 13 week course designed to teach parenting and nurturing skills to men. The program targets key parental behaviors and beliefs and the structure and content help to evoke positive change in the participants. *This program is available at Pondville Correctional Center.*

Out for Good Behavioral Services: Eight (8) week curriculum that focuses on, Mental Health/Substance Abuse Relationship Building, Workforce Development, Character Development, Crisis Management, and Utilizing Resources. *This program is available at MCI Concord (B.R.A.V.E. Unit).*

Parallel Recovery: A comprehensive approach to programming individuals who have both a serious mental illness and a serious substance use disorder, with a goal of helping individuals live independently in the community. *This program is available at Old Colony C.C. Medium (Recovery Unit only.)*

Parents Helping Parents: Aims to provide ongoing help to incarcerated parents through support groups. Groups are comprised of non judgmental peers who are dedicated to helping one another and achieve three goals: reducing social isolation, enhancing resiliency, and improving parenting skills. *This program is available at MCI Norfolk.*

Path of Freedom: A mindfulness-based, cognitive-behavioral, and integral approach to self-transformation and personal development. *This program is available at MCI Norfolk, and Old Colony C.C. Medium.*

Peace Education Program: Designed to increase the participant's awareness of the innate resources they have, to manage challenges of life both while incarcerated and after release in a more constructive and positive manner than they might have prior to taking classes. *This program is available at MCI Framingham.*

Physical and Mental Well Being: Teaches yoga and the positive effects it has on day-to-day discipline and overall mindfulness. This program is about self-care and uniting the mind, body and spirit and taking it back into their everyday lives. *This program is available at Old Colony C.C. Medium.*

Prison Fellowship Program: Helps participants to become increasingly pro-social and emphasizes pro-social attitudes and skills developed in a community. *This program is available at MCI Norfolk and Old Colony C.C. Medium.*

Project Youth: Designed for incarcerated individuals to discuss their personal experiences and consequences that resulted in incarceration with high school students. *This program is available at MCI Concord, MCI Norfolk, Old Colony C.C. Medium, and MCI Shirley.*

Read to Me Father: Unifies incarcerated fathers with their children through the power of reading. Incarcerated Individuals will be given the opportunity to be recorded while reading an age- appropriate book that speaks to their child's interest level. The video and the book are then mailed to the child. *This program is available at MCI Norfolk and Old Colony C.C. Medium.*

Read To Me Mommy: Unifies incarcerated mothers with their children through the power of reading. Offenders will be given the opportunity to be recorded while reading an age- appropriate book that speaks to their child's interest level. The video and the book are then mailed to the child. *This program is available at MCI-Framingham.*

Reclaiming Reality: Provides eight weeks of non-residential substance use treatment that follows a detailed lesson plan addressing addictive behavior. *This program is available at Pondville Correctional Center.*

Restorative Justice 101: Assists incarcerated individuals to understand the impact of Restorative Justice practices that aid in creating a more peaceful and healing prison community. It is designed to give offenders a sense of responsibility and empathy for the harm they have inflicted on families and communities. *This program is available at MCI Norfolk and Pondville Correctional Center.*

Restorative Justice Community Building Circles: Designed to provide offenders with a notion of responsibility and empathy for the harm that they've inflicted on families and communities. *This program is available at MCI Norfolk.*

Restorative Justice Reading Group: Designed to introduce to the offender what it means to be accountable and responsible with the goal of making amends. *This program is available at MCI Framingham, MCI Norfolk and Old Colony C.C. Medium.*

Restorative Justice Mindfulness Program: Designed to assist incarcerated individuals in learning to become present and to engage in pro-social behavior. It also allows incarcerated individuals to cultivate skills that bring awareness to destructive behavior patterns. *This program is available at MCI Norfolk.*

Reverence: Designed to validate, enhance, or restore an incarcerated individual's self-respect while instilling a sense of community. *This program is available at NECC-Concord and MCI Concord.*

Reverence Program Facilitator Training: Incorporates a treatment model that is based on the theory of intrinsic motivation and positive reinforcement. *This program is available at NECC-Concord.*

Second Thoughts: Develops self awareness, critical self reflection, and mentoring skills within the incarcerated population to encourage responsible and rehabilitative behavior. The goal of this program is to build long practiced mentoring skills in order to work post release with high risk vulnerable urban young men to work through stress and trauma of poverty and violence in urban settings. *This program is available at MCI Norfolk.*

Speak Up: Targets Incarcerated Individuals that desire to develop more effective communication skills. *This program is available at Souza Baranowski Correctional Center.*

Starting Your Own Business: Educates and prepares individuals interested in starting a business. This program cover topics such as keys to success, defining your business, market research, business finance, business operations, marketing, and development of a business plan. At the conclusion of the program individuals will present their own business plan. *This program is available at MCI Norfolk.*

Stepping Up – Call to Courageous Manhood: Assists incarcerated individuals in acquiring increased communication and negotiation skills by utilizing wisdom and principles related to such. *This program is available at NECC-Concord.*

Strategies for Self-Improvement: Provides an interactive, cognitive-behavioral treatment approach to motivate change in adults with a history of criminal conduct and/or substance use to provide prevention of relapse and recidivism. *This program is available at NECC-Concord and MCI Concord.*

The Art of Drawing – The Basics: The basic elements of drawing will be taught. These elements include: form, line, shape, value, color, texture, space, and the relationship of light and shadow. What the students will learn is that drawing reveals the dynamic phenomenal elements of form, light, shadow, smoother, texture, tonal relationships. *This program is available at MCI Framingham.*

Toastmasters: Provides a public-speaking platform that enables incarcerated individuals to develop more effective communication skills. Through a series of presentations, incarcerated individuals learn to express thoughts in a clear and non-threatening manner. "Toastmasters" are an internationally recognized organization. *Program is available at Old Colony C.C. Medium, MCI Norfolk, and MCI Shirley.*

Transformation-Temple Training Fitness: 16 week, 4 phase program offers incarcerated individuals guided workouts which includes a fitness test at the end of each phase. The purpose of this program is to increase health awareness while allowing incarcerated individuals to improve their physical and mental wellbeing. *This program is available at MCI Shirley.*

TYRO Core Communications: Provides effective communication skills through mutual understanding, effective talking and listening, conflict resolution, and building healthy relationships. *This program is available at MCI-Concord (BRAVE Unit.)*

Victim Offender Education Group (VOEG): Restorative justice program provides opportunities for the incarcerated individuals to internalize accountability, responsibility and learn empathy towards their victims and the community. *This program is only available at MCI Norfolk.*

Walking the Line: Offers critical and concrete tools that help participants control their relationship choices in a way that will lead to more enriching, and more satisfying interactions with the people that matter in their lives. *This program is available at Old Colony C. C.*

Zen Meditation: Utilizes a variety of meditation techniques such as mindfulness, formal sitting, and walking meditations. Practicing these skills in groups will build confidence within the population and fosters a strong personal meditation practice outside the weekly group meetings. *This program is offered at MCI-Shirley.*

SECURE FACILITIES

MCI CONCORD

Departmental Services and Programs

B.R.A.V.E Unit
Correctional Recovery Academy
Correctional Recovery Academy Graduate Support Program
Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Secure Adjustment Unit Level 1 and 2
Violence Reduction
Volunteer Services

Correctional Industries

The Wood Shop located at MCI Concord, while smaller than it's counterpart at MCI Shirley, helps to relieve some of Shirley's workload by taking on overflow. Orders handled by this shop include wooden picnic tables, ordered each year by the Department of Conservation and Recreation.

Self-Improvement Groups

Spanish United
Asian & Pacific Islander Cultural Alliance
African Heritage Coalition Program

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Tufts University
Post-Secondary Education

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

CISCO IT Essentials
Introduction to Microsoft Office

Vocational Education Programs

Barber Training
Building Trades
Culinary Arts Foundations I
SERV Safe
OSHA

Institutional Programs

Able Minds
Anger Strategies
Basic Computer Skills
Difficult Conversations (B.R.A.V.E. Unit)
Entrepreneurship
Gardening and Landscaping
Healthy Fathering: Mind, Body, and Health (B.R.A.V.E. Unit)
Leadership and Transformational Thinking
Living Skills (B.R.A.V.E Unit)
Mindfulness and Yoga 101
National Education for Assistant Dog Services-Puppy Program
Nurturing Fathers Journal (B.R.A.V.E Unit)
Out for Good Behavioral Services - 8-weeks (B.R.A.V.E. Unit)
Potter's Wheel Community Services (B.R.A.V.E Unit)
Project Youth
Reverence
TYRO Core Communications (B.R.A.V.E Unit)
Strategies for Self Improvement

MCI FRAMINGHAM

Departmental Services and Programs

Building Positive Connections
Department Tablet
Family Preservation Programs and Services
First Step/HOPE Program
Healthy Living Community
Healing for the Future
Life in Recovery
Motivational Enhancement Program
Parenting Inside out
Parenting Support Group
Pathway Electives
Peer Pathway Program
Recreation Services
Reentry Readiness Workshop
Religious Services
Secure Adjustment Unit Level 1
Victim Impact
Volunteer Services

Correctional Industries

MassCor's Flag/Embroidery Shop is located at MCI Framingham. Incarcerated individuals working in this shop manufacture hand-sewn United States, Commonwealth of Massachusetts, POW/MIA and custom flags for both public and private entities, along with flag accessories such as tassels and finials. Over the past several years, the Flag Shop has experienced a significant increase in demand for cemetery flags. These flags, which are very popular around Memorial Day, Flag Day, Fourth of July and Veterans' Day, are on display at many remembrance sites throughout the state and show support for our Veterans. Workers in the Flag Shop also create laundry bags and belt pouches.

In addition to basic and advanced sewing skills, incarcerated workers in this shop learn digitized design and manufacturing. Incarcerated individuals learn valuable skills that are related to various employment opportunities in the sewing industry within the state. Our Embroidery Shop offers standard and custom embroidery services for apparel such as shirts, jackets, caps and many other items.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Babson College
Boston University
Inside-Out Program/Framingham State University
Post-Secondary Education
Academic Readiness/Writing

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Coding 1

Coding 2

Coding 3

Introduction to Microsoft Office

Vocational Education Programs

Culinary Arts Foundations I

OSHA

SERV Safe

Cosmetology

Institutional Programs

Alcoholics Anonymous

America's VetDog

Book Club

Houses of Healing

Jericho Circle

Law Library Clerk Training

Peace Education Program

Read to Me Mommy

Restorative Justice Reading Group

The Art of Drawing – The Basics

MCI NORFOLK

Departmental Services and Programs

Correctional Recovery Academy
Correctional Recovery Academy Graduate Support Program
Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Victim Impact
Violence Reduction
Volunteer Services

Self-Improvement Groups

African American Coalition Committee
Asian Cultural Awareness Committee
Chess Club
Latino Cultural Awareness Committee
Lifer's Group
Norfolk Music and Performing Arts Committee
Stitch for Life
United for Gay, Bisexual and Transgender Progress
Young Men's Committee/Reaching Beyond the Bars
Youthful Offender Coalition

Correctional Industries

MCI Norfolk, MassCor's largest operation, offers incarcerated individuals the opportunity to work in a wide range of manufacturing settings within seven (7) distinct shops. Incarcerated workers in the Clothing Shop cut and sew fabric to create garments and blankets used throughout the Commonwealth and Department of Correction (DOC). The Mattress Shop produces a variety of mattresses used in shelters, colleges and universities, jails and prisons, local police and fire departments and nursing homes. The Metal Shop supplies custom fabricated metal furniture built according to provided specifications for a variety of customers. The Upholstery Shop produces a number of quality reupholstered pieces of furniture such as sofas, chairs, and ottomans. They also have reupholstered several high school auditoriums as well as seats at Fenway Park for the Boston Red Sox. The Plate Shop was recently moved from Cedar Junction in Walpole to MCI Norfolk. This shop handles all the license plate needs of the Massachusetts Registry of Motor Vehicles. Lastly, the Binder Shop provides products integral to the MassCor product line and employee office needs such as vinyl binders and padfolios, in many assorted styles, sizes and colors, while the Furniture Assembly Shop assembles various furniture items from a number of outstanding furniture manufacturers.

MassCor continues to collaborate with our Education division, enabling incarcerated individuals seeking skill development and learning opportunities, access through APDS-managed tablets, to learn various professional and vocational skills. Current offerings include CAD and Mastercam training and entry-level upholstery skills. The development of woodworking skills education and plans for CNC milling machine operator training are being worked on. Upon completing a course, participants are allowed to enhance their skills by applying for work within our Industries operations, thereby enhancing their prospects for a successful professional career upon reentry.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Post-Secondary Education
Boston University
Emerson College

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Barber Training
Culinary Arts Foundations I
OSHA
SERV Safe
Welding

Institutional Programs

Alcoholics Anonymous
Alternatives to Violence
American Veterans in Prison
Emotional Awareness / Houses of Healing
Family Violence Education Group
Jericho Circle
Leadership & Transformational Thinking
Mindfulness, Meditation and Resiliency
Money Smart
Narcotics Anonymous
National Education for Assistant Dog Services-Puppy Program
Parents Helping Parents
Path of Freedom
Prison Fellowship Program
Project Youth
Read to Me Father
Restorative Justice 101
Restorative Justice Community Building Circles
Restorative Justice Reading Group
Restorative Justice Mindfulness Program
Second Thoughts
Starting Your Own Business
Toastmasters
Victim Offender Education Group

MCI SHIRLEY

Departmental Services and Programs

Correctional Recovery Academy
Correctional Recovery Academy Graduate Support Program
Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Victim Impact
Violence Reduction
Volunteer Services

Self-Improvement Groups

Black, Latino, Asian Cultural Coalition
Latino-Hispanic Heritage Group
Long Termers' Group
Second Degree Lifers Group

Correctional Industries

MassCor's Wood Shop at MCI Shirley offers participating incarcerated individuals the opportunity to work in a highly productive wood manufacturing plant where they are trained on current, state-of-the-art equipment including CNC (Computer Numerical Control) machines. This equipment provides the capability to manufacture a wide range of specialized, custom-built products to fulfill the needs of fire and police departments, municipal town halls, state agencies, colleges, parks and recreation departments, schools, and housing authorities. Workers transform a wide variety of wood types into desks, chairs, and other custom items, exposing them to a trade that is in high demand and marketable within the Commonwealth. The Laser Engraving program, also housed here, offers a wide variety of options from engraved cutting boards and retirement plaques to holiday decorations and gifts.

The Sewing Shop, also located within MCI Shirley, continues to manufacture flagship products such as sheets, towels and socks for DOC use. In addition, this shop is also assisting with our cemetery flag production by taking some of the overflow from MCI Framingham so that these flags are produced timelier.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Partakers
Post-Secondary Education
Mount Wachusett Community College
Boston College

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Introduction to Microsoft Office
Last Mile

Vocational Education Programs

Barber Training
Culinary Arts Foundations I
OSHA
SERV Safe

Institutional Programs

Alcoholics Anonymous
America's VetDog
American Veterans in Prison
Companion/Environmental Cleaning Program
Healing the Wounded Heart
Introduction to Horticulture
Menswork
Music Theory
Project Youth
Restorative Justice Reading Group
Toastmasters (also offered in Spanish)
Transformation-Temple Training Fitness
Zen Meditation

NORTH CENTRAL CORRECTIONAL INSTITUTION (NCCI-Gardner)

Departmental Services and Programs

Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Sex Offender Treatment
Violence Reduction
Volunteer Services

Self-Improvement Group

Enlightenment Group for Lifers

Correctional Industries

The Optical shop, located at NCCI Gardner, is MassCor's signature shop. It is a highly profitable, full-scale optical laboratory that utilizes the most current technology and equipment and produces upwards of 250,000 pairs of glasses annually. The Optical Shop services many optical providers throughout Massachusetts. Incarcerated individuals currently working at this site grind, polish, and assemble eyeglasses for a number of customers.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Mount Wachusett Community College
Post-Secondary Education

Supplemental Education Programs

Remote Learning Tablets

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Culinary Arts Foundations I
OSHA
SERV Safe
Small Engine Repair

Institutional Programs

Able Minds

Alternatives to Violence

Alcoholics Anonymous

Community Gardening and Landscaping

Law Library Clerk Training

Leadership and Transformational Thinking

National Education for Assistant Dog Services-Puppy Program

SOUZA BARANOWSKI CORRECTIONAL CENTER

Departmental Services and Programs

Criminal Thinking
Department Tablet
Graduate Maintenance Program-Substance Use
General Population Maintenance Program
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Reentry Unit
Religious Services
Secure Adjustment Unit Level 4
TIME Program (Reception Only)
Violence Reduction
Volunteer Services

Academic Education Programs

ESL I-Beginner
ESL II-Intermediate
ESL III-Advanced
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Inside-Out Program/Tufts University
Post-Secondary Education

Supplemental Education Programs

Remote Learning Tablet

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Culinary Arts Foundations I
SERV Safe

Institutional Programs

Alcoholics Anonymous
Book Discussion Group
Formative Writing Independent Study
Law Library Clerk Training
Leadership and Transformational Thinking
Speak Up

MASSACHUSETTS TREATMENT CENTER

Departmental Services and Programs

Department Tablet
Graduate Maintenance Program
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Sex Offender Treatment
Volunteer Services

Correctional Industries

The Massachusetts Treatment Center houses the Sign and Silkscreen shops. Incarcerated Individuals working in the Sign Shop manufacture a variety of standard street signs, that are used on many roadways within the Commonwealth. In addition, they manufacture wall mounted signs for indoor and outdoor use, and signs posted at parks, beaches, parking lots, and other recreational areas. This shop can now manufacture vinyl signs as well. Workers in the Silk Shop produced high-quality custom decals for a variety of uses and silk-screened clothing. Creating decals for cornhole boards has become quite popular in the Silk Screen shop. Over the past year, a direct-to-garment printer, a small sublimation printer and a new CMKY Silkscreen process were introduced to the sign shop to expand its capabilities.

Self-Improvement Groups

Veterans Support Group

Academic Education Programs

ESL I- Beginner
ESL II- Intermediate
ESL III- Advanced
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education

Supplemental Education Programs

Remote Learning Tablet

Vocational Education Programs

Culinary Arts Foundations I
Food Services Training/SERV Safe
OSHA

Institutional Programs

Able Minds
Alcoholics Anonymous

OLD COLONY CORRECTIONAL CENTER

Departmental Services and Programs

Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Sex Offender Treatment (SHU Only)
Violence Reduction Program
Volunteer Services

Self-Improvement Groups

African Heritage Coalition Program
Art Program (SHU Only)
City Missions
Gay Pride Group
Lifer's Group
Mending Souls
Veteran's Support Group

Correctional Industries

Old Colony Correctional Center is home to our full scale, state-of-the-art print shop. Incarcerated Individuals working in the print shop are able to use the latest technology to produce quality products and therefore also gain valuable skills which are easily transferable to private industry. Products offered vary from letterhead and business cards to continuous forms and City and Town Reports. Also located here is the Validation Shop that produces Registry of Motor Vehicle stickers and decals.

Academic Education Programs

ESL I-Beginner
ESL III-Advanced
ESL II-Intermediate
Adult Basic Education
Pre-Adult Secondary Education
Adult Secondary Education
Inside Out Dad
Inside-Out Program/Wheaton College
Massasoit Community College
Post-Secondary Education

Technology Education Programs

Introduction to Microsoft Office

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Programs

Culinary Arts Foundations 1

OSHA

SERV Safe

Institutional Programs

Able Minds

Alcoholics Anonymous

American Veteran's In Prison

America's VetDog

Cognitive Skills Workshops

Companion Program

Garden Program (RTU)

Inside Out Dad

Law Library Clerk Training

Music Theory

Narcotics Anonymous

Parallel Recovery (Recovery Unit Only)

Path of Freedom

Physical and Mental Well Being

Prison Fellowship Program

Project Youth

Read To Me Father

Restorative Justice Reading Group

Self-Help/Twelve Step Programs

Toastmasters

Walking the Line

COMMUNITY CORRECTIONS

BOSTON PRE RELEASE CENTER

Departmental Services and Programs

Criminal Thinking
Department Tablet
Graduate Maintenance Program-Substance Use
General Population Maintenance Program
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Academic Education Programs

School of Reentry
Adult Secondary Education

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Program

FHARP
NECAT
SERV Safe

Institutional Programs

Cognitive Skills Workshops
Fatherheart Program
Heart to Heart Peace Leaders
Moral Reconciliation Therapy (MRT)

Community Programs (Level two incarcerated individuals only)

Educational Release (NECAT)

NORTHEASTERN CORRECTIONAL CENTER-CONCORD

Departmental Services and Programs

Correctional Recovery Academy
Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Correctional Industries

The Metal Finishing Shop located at NECC provides painting and finishing services for all metal products coming out of the Norfolk metal shop requiring such services.

Self-Improvement Group

Restorative Justice Working Group

Academic Education Programs

College Continuum (Tufts University/Boston College/Emerson College)
HiSet Program

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Programs

Culinary Arts Foundations I
Wheelchair Repair
OSHA
SERV Safe

Institutional Programs

Anger Strategies
Alcoholics Anonymous
AVP Basic Workshop
Doing the Right Thing
Fatherheart Program
Greenhouse/Garden Program
Leadership and Transformational Thinking
National Education for Assistant Dog Services-Puppy Program
Reverence
Reverence Program Facilitator Training
Stepping Up: Call to Courageous Manhood
Strategies for Self-Improvement

OLD COLONY CORRECTIONAL CENTER-MINIMUM

Departmental Services and Programs

Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Group

City Missions
Gay Pride Group
Veterans Support Group

Academic Education Programs

Adult Basic Education Continuum

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Programs

OSHA
SERV Safe

Institutional Programs

Able Minds
Alcoholics Anonymous
Cognitive Skills Workshops
Inside Out Dad
Introduction to Horticulture
Walking The Line

PONDVILLE CORRECTIONAL CENTER

Departmental Services and Programs

Criminal Thinking
Department Tablet
General Population Maintenance Program
Graduate Maintenance Program-Substance Use
Knowledge In Recovery
Recreation Services
Reentry Readiness Workshop
Religious Services
Violence Reduction
Volunteer Services

Self-Improvement Group

Fathers Group

Academic Education Programs

Adult Secondary Education
ESL I-Beginner
ESL II-Intermediate
ESL III-Advanced

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Programs

Automotive Program (Milford Garage)
OSHA
SERV Safe
Diesel Mechanic

Institutional Programs

America's VetDog
Another Way To Go
Career Pathway Workshop
Cognitive Skills Workshop
Heart to Heart Peace Leaders
Introduction to Horticulture
Money Smart
Nurturing Fathers
Reclaiming Reality
Restorative Justice 101

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