Massachusetts Department

of Correction

Program Description Booklet

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Table of Contents

Mission Statement and Vision Statement....3
Program Services Division....4
Vendor Facilitated Programs....5
Specialized Program Units....11
Institutional Program Descriptions....16
Education Division....33
Education Programs....34
School of Reentry (SOR):....42
Massachusetts Correctional Industries (MassCor)....44
Secure Facilities....46
MCI Framingham....46
MCI Norfolk....50
MCI Shirley....54
North Central Correctional Institution (NCCI Gardner)....57
Souza Baranowski Correctional Center....60
Specialized Facilities....62
Massachusetts Treatment Center....62
Old Colony Correctional Center....64
Community Corrections....67
Boston Pre-Release Center....67
Northeastern Correctional Center - Concord....69
Pondville Correctional Center....71

Mission Statement

Promoting growth, success, and resiliency through a team of correctional professionals who foster a safe, empathic, results-driven environment.

Vision Statement

To be leaders in strengthening environments that contribute to safer and healthier communities.

Program Services Division

Religious Services

The Department provides a variety of religious services, which are supervised and coordinated by chaplain staff. Volunteer clergy and community churches assist chaplains in the provision of services. Chaplains provide regular religious services, religious education, and pastoral care. The Department recognizes that Chaplaincy Services are important by helping the incarcerated individual develop prosocial values. *These services are available at all facilities.*

Recreation Services

The Department offers a wide variety of staff supervised recreational and leisure time activities designed to reduce incarcerated individual idle time and teach pro-social skills to use their time constructively and promote wellness. *These services are available at all facilities.*

Department Tablet

The Department Tablet initiative provides program/education/vocational training/reentry preparation tablets to each incarcerated individual and civil commitment. These tablets are individualized educational platforms for justice involved to prepare for success upon reentry. These tablets allow the Department to increase access to programming via virtual programming formats and provide self-taught enrichment courses. *Tablets are available at all facilities.*

Volunteer Services

Approximately 1,000 volunteers provide a variety of services that supplement established departmental programs. Volunteer services include faith-based, substance use support, self-help, support groups, literacy, cognitive skills, and cultural awareness. *These services are available at all facilities.*

Self-Improvement Groups

Self-Improvement Groups are structured incarcerated individual groups designed to reduce idle time and enhance reentry by providing incarcerated individuals and civil commitments with a forum to develop interpersonal communication, problem solving and basic life skills. *Please reference the Institution Program Descriptions for Self-Improvement Group availability.*

Vendor Facilitated Programs- Spectrum Health Systems, Inc.

Male Offender Program Continuum

Atlas Program

Tablet-based interactive journals grounded in the principles of motivational interviewing, and stages of change providing flexible learning opportunities outside of scheduled programming hours as well as addressing individual needs through structured personalized content. As self-directed, this allows for the creation and implementation of carefully crafted programs to meet the criminogenic needs of the population served*. This program is available at all facilities.*

Correctional Recovery Academy (CRA)

Correctional Recovery Academy is an intensive 6-month educational program that targets relapse prevention and cognitive behavioral programming. The program utilizes rolling admissions and combines the elements of a therapeutic community's social learning approach with an advanced cognitive behavioral curriculum*. This program is available at MCI-Norfolk, MCI-Shirley, North Central Correctional Institute Gardner, and Northeastern Correctional Center*.

Correctional Recovery Academy Graduate Support Program

Graduates of the CRA may apply to participate in the peer support program. Peer participants are responsible for co-leading groups under the supervision of CRA counselors. Graduates are also required to attend the community meetings and the weekly continuing care group. *This program is available at MCI-Norfolk, MCI-Shirley, North Central Correctional Institute Gardner, and Northeastern Correctional Center*.

Criminal Thinking Program

Criminal Thinking is a vendor facilitated 8-week program designed to focus on altering the pro-criminal thinking patterns that have been identified as separating those who are serious repeat offenders from those who are not. The program focuses specifically on criminal sentiments and how to develop pro-social alternatives for them. The program assists the participants in developing pro-social alternatives to past activities and associates. Upon completion of the program, participants are recommended to the General Population Maintenance Program. *This program is available at all male facilities.*

General Population Maintenance Program

Maintenance Program for participants who have completed the Violence Reduction and/or Criminal Thinking program. The program is intended to provide an opportunity for participants who have completed either of these programs to remain engaged in practice and integrate learned skills. The program meets once per week. This is a continuous program and therefore eligibility requirements are that the participants are 18 months from release. *This program is available at all male facilities.*

Graduate Maintenance Program – Substance Use

This program is offered to graduates of substance use programs. During Graduate Maintenance, the program concepts are reviewed, programming skills are practiced, and there is individual work on a recovery plan. This is a continuous program and therefore eligibility requirements are that the participants are 18 months from release. *This program is available at all male facilities.*

Healthy Relationships

Healthy Relationships is a 12-session program designed to empower individuals to cultivate healthy pro-social relationships by addressing personal responsibility, self-awareness, and effective communication. *This program is available at all male facilities.*

Knowledge in Recovery

This 8-week program is designed to educate and raise awareness of the consequences of continued substance use and includes groups that are psycho-educational, consisting of didactic lectures, group discussions and skills practice. The curriculum is intended to address incarcerated individuals at varying stages while supporting safety. *This program is available at all male facilities.*

Reentry Readiness Workshop

The 3-week Reentry Readiness Workshop is offered to participants who are within 2 years of release. Curriculum is designed to assist incarcerated individuals in the development of the necessary skills to obtain employment through resume building, cover letter writing, mock interviews, and rehearsal of skills of how to maintain employment. The workshop also includes discussions regarding victim impact, social support, housing plans, financial awareness and budgeting, educational referrals, criminal impact, and attainable goal setting. *This program is available at all male facilities.*

Time To Invest in My Enlightenment Program (TIME)

The goal of this program is to encourage participants to understand the connection between investing in their personal growth throughout their incarceration and their future success upon release. There are 7 sessions and takes place over 7 business days. It includes topics such as emotional well-being, personal growth, finances, and education. *This program is available at Souza Baranowski Correctional Center in Reception only.*

Victim Impact

Victim Impact is a 13-week program consists of a unique learning environment to enable the “power of the personal story” and its impact on offender thinking and behavior to unfold. The facilitator’s challenge is to set up a rich learning environment that incorporates relevant curriculum materials, adult-centered learning principles, experiential learning opportunities, cultural sensitivity, and activities to facilitate changes in thinking, feeling, and behaviors. *This program is available at Boston Pre-Release, MCI Framingham, MCI Norfolk, MCI Shirley, Northeastern Correctional Center, Old Colony Correctional Center, and Pondville Correctional Center.*

Violence Reduction

Violence Reduction is an 8-week program that targets cognitions that contribute to violent behavior. The goal of this program is to decrease violent behavior and the likelihood of institutional disturbances. During the program, participants identify the specific cognitions which have led to their violent behavior. Once those cognitions are identified, participants are taught pro-social strategies and skills to diminish the likelihood of continued violence. Upon completion of the program, participants are recommended to the General Population Maintenance Program. *This program is available at all male facilities.*

Female Offender Program Continuum

Gender responsive and trauma-informed approaches have been incorporated into the framework of services for female offenders. Specific tracks of programs have been designed to address each offender's specific pathway into the criminal justice system with the goal of reducing the likelihood of recidivism by addressing the unique issues associated with female offenders such as social influence, trauma, abuse, relationship dysfunction, substance use and mental illness.

Building Positive Connections

The Building Positive Connections component of Pathways is 26 weeks in length. Programming focuses on addressing past trauma or abuse, relationship dysfunction, as well as substance use. The pathway explores how past abuse, or trauma can influence current behaviors such as substance use or involvement in unhealthy relationships.

Family Preservation

Family Preservation is designed to promote appropriate mother/child bonding, relationship building and communication. This program offers a wide range of services to include parenting education classes, parenting support, children's visit preparation, coordination and referral to available services, professional collaboration with state agencies, and special activity planning. Program staff act as liaison between participants and Department of Children and Families (DCF) for incarcerated mothers whose children are in custody of DCF. An additional aspect of Family Preservation is a program called "A Book from Mom", which is designed to enhance literacy in children. A children's library is available for women to select age-appropriate books to read during visits with their children. After the visit, children are allowed to leave the visiting room with a book from Mom.

The child is allowed to receive a new book during each visit to create his/her own personal library at home. Books are also made available for women to mail home to children.

First Step Program

The First Step Program offers voluntary substance use programming to women who are awaiting trial or a civil commitment. Program participants require medical intervention for detoxification and are referred for further programming. The programming component consists of a 20-day schedule of classes on substance use education, overdose and relapse prevention, and interpersonal skill acquisition. The program also offers an individualized aftercare/discharge planning component to support program participants with identifying community-based services to access upon release.

Healing For the Future

The Healing for The Future component of Pathways is 26 weeks in length. Programming focuses on several needs that are addressed through a community-based program such as criminal thinking, anger management, and negative or unhealthy relationships and how these are related to substance abuse and life choices. Healing For the Future addresses past trauma and mental health that has affected one's life and its impact on criminal behavior.

Healthy Living Community

The Healthy Living component of Pathways is 26 weeks in length. Programming focuses on disrupting criminal behavior and substance use as social norms. Women confront many aspects of criminal behavior as social norms to develop pro-social attitudes. This is done through cognitive behavioral groups and community activities.

Healthy Opportunities Promote Empowerment (HOPE)

The H.O.P.E. program is offered to the awaiting trial population and civil commitments. Upon admission, detainees receive a Texas Christian University Drug Screen assessment. Those who score a low risk for substance use will be offered admission into the H.O.P.E. Program in place of the First Step Program. This program is a non-substance use-based program focusing on areas of need for grief and loss, anger management, criminal thinking, goal setting, reentry, life balance

and how to build healthy relationships. The HOPE program occurs over 5 weeks which consists of daily curriculum-based groups and weekly individual sessions with a Spectrum counselor.

Life in Recovery

The Life in Recovery component of Pathways is 26 weeks in length. Programming involves basic substance use, such as relapse prevention and general substance use education. Participants in this pathway have access to parenting programming, education, and job development to build self-efficacy, as well as reentry planning.

Motivational Enhancement Program

Motivational Enhancement is a 4-week program that introduces participants to basic program concepts while encouraging positive behavioral change. The program is designed to motivate participants to participate in more intensive programs to address their broader criminogenic need areas.

Parenting Inside Out (PIO)

Parenting Inside Out is an evidence-based 4-week, cognitive-behavioral parent management skills training program created for incarcerated parents. This program focuses on effective listening and communication, problem solving skills, behavior management strategies, child development and family reunification techniques amongst various other topics.

Parenting Support Group

The Parenting Support group is an open forum for participants at MCI-Framingham to openly discuss various issues, concerns, challenges, or accomplishments regarding their children.

Peer Pathway Program

The Peer Pathway Program is a structured environment where participants can begin or continue to apply their personal growth experience by helping others and giving back to the community. After successful participation in 26 weeks of programming, addressing their core need areas, and successfully completing a competency panel, a participant may be eligible for the Peer Pathway Program. The program allows participants to receive further programming and training on becoming a peer mentor, a peer tutor, or a peer facilitator. The program's main goal for the

participant is to provide support to other participants through real-life experiences and continue through a program of positive change and growth.

Pathway Electives

Pathway Electives are approximately 8 weeks in length and held one time per week. During these programs, participants will work on a series of interactive journals that are designed to promote positive life change. The elective acts as a tool to help participants with reinforcing change, through ongoing reflection and effort. The process of Interactive Journaling will help participants to become open and honest with themselves. By personalizing the information to individual circumstances, participants will be developing a road map to success.

Specialized Program Units

Behavior Assessment Unit (BAU)

A Behavior Assessment Unit is a housing unit that is not Restrictive Housing that is used for the assessment of incarcerated and civilly committed individuals who pose an unacceptable risk to the safety, security, and orderly operations of the correctional institution, have a possible personal safety need that needs to be investigated, or who pose a threat to others, and require separation from general population. The goal of this unit is to expeditiously assess an individual's need(s) and determine if a structured program is recommended to address their need(s).

In addition to a minimum of three (3) hours of unstructured recreation opportunities daily while assigned to a BAU, incarcerated individuals are afforded an opportunity to attend at least one (1) wellness group per week facilitated by treatment/program staff. These groups are designed to increase protective factors through building mindfulness, interpersonal effectiveness, emotional regulation, and distress tolerance skills, which are applicable to a wide range of individuals. Incarcerated individuals in the BAU will also continue to have access to educational services and Personalized Program Plan programming should they be enrolled at the time of placement in the BAU or eligible based on their waitlist status. Additionally, incarcerated individuals in the BAU will have access to tablet-based content for self-directed enrichment programming.

Secure Adjustment Units (SAUs)

A Secure Adjustment Unit is a highly structured unit that is not Restrictive Housing which provides access to cognitive behavioral treatment, education, programs, structured recreation, leisure time activities, and mental health services for those incarcerated individuals assessed as needing a specific structured program intervention to support positive adjustment and classified to SAU pursuant to 103 CMR 420, *Classification.* All SAU's have a core program intervention that targets an identified criminogenic risk factor and follows a tiered phase system to meet individualized targets and overarching goals and expectations. Each incarcerated individual will have the opportunity to collaborate on the creation of an Individual Program Plan to identify goals for their time in SAU and guide their engagement within the SAU.

The current SAU interventions include:

SAU at MCI Framingham is designed to assist individuals in building the skills necessary to effectively and appropriately be a positive part of their community within MCI Framingham. There is also a focus on relational awareness to understand their effect on their community and how to develop healthy relationships. In addition to the core program, individuals will also be recommended to one of the three (3) tracks to better address their individual needs:

- Thoughtful Choices: focuses on addressing self-defeating behaviors and poor choices that have led to negative patterns of behavior.
- Emotional Insight: targets those who have extreme reactions to stressful or emotional situations or display a lack of impulse control; or
- Expanding Perspectives: aimed at individuals who utilize violence as a tool to meet their desired needs through developing appropriate strategies to get needs met and recognizing the impact actions have on themselves and others.

SAU Medium at MCI Shirley is an intervention that aims to change the thoughts and beliefs that contribute to disruptive behaviors that prevent positive adjustment in a Medium Security environment. Programming focuses on improving decision-making and building motivation for adherence to rules that prevent positive adjustment in a Medium Security environment. To further address individual needs and risk, an individual will be recommended to one of three (3) tracks:

- Recovery Skills: aims to address disruptive behaviors that are connected to a substance use need and lay the foundation for continued treatment.
- Rational Thinking: focuses on developing more effective and prosocial strategies to solve problems, enhance the ability to use consequential thinking to evaluate actions and develop better self-management.; or
- Interpersonal Effectiveness: aimed at building and maintaining positive connections and social support, improving communication skills to better address social pressure, and learning to resolve conflicts and engage with others in a more prosocial manner.

SAU Level 4 at Souza Baranowski Correctional Center is an intervention for individuals who have engaged in significant violence or disruptive behavior. The program intervention is designed to reduce instances of violence through enhancing moral reasoning, better decision making, and prosocial behavior. In addition to the core program, individuals will also be recommended to one of three (3) tracks to better address their individual needs and risk factors:

- Positive Peer Connections: designed for individuals who engage in criminal or violent behaviors due to their relationships and/or isolation from positive influences.
- Cognitive Restructuring: targets patterns of criminal thinking, disregard for authority, or lack of consideration for others and consequences through challenging current beliefs; or
- Self-Regulation: aimed at individuals who engage in impulsive behaviors such as violence or aggression due to difficulty controlling anger or frustration, substance use, or low distress tolerance.

Building Responsible Adults through Validation and Education (B.R.A.V.E.)

The B.R.A.V.E. Unit at North Central Correctional Institute in Gardner supports incarcerated emerging adult men by creating an opportunity to have a positive experience while incarcerated that will benefit their familial relationships and communities. The community-centered program is comprised of curriculum groups, mentor workshops, volunteer-led activities, and family engagement events that aim to assist these emerging adults in strengthening personal and community responsibility.

The program incorporates incarcerated individual mentors and centers on encouraging self-reflection and self-improvement, learning interpersonal skills, and enhancing relationships with

positive support systems, which includes teaching healthy parenting techniques for those with children.

Incarcerated individuals who are 18-26 years old, have more than 2 years left on their sentence (including first- and second-degree life sentences) and are eligible to be classified to medium security may be considered for the B.R.A.V.E. program. Developmentally appropriate programming for the emerging adult population is offered on the unit as well as the opportunity for individuals with at least one child to take advantage of specific program resources designed to build and foster parent child relationship.

Progressing Everyday and Changing in Every Way (P.E.A.C.E)

The P.E.A.C.E Unit at MCI Framingham opened in June 2024 to support incarcerated emerging adult women with essential skill development, transformative mentoring and building community bonds to advance rehabilitation and promote successful reentry.

The program serves incarcerated individuals between the ages of 18 and 29, providing developmentally appropriate structured and unstructured spaces and activities to learn practical life skills that support positive growth and reentry. The P.E.A.C.E. community nurtures self-sufficiency through the learning and rehearsal of skills, such as independent decision-making, personal responsibility, and positive interactions with others. Participants will have opportunities to nurture their responsibility and growth through education, self-reflection, and activities that promote positive peer connections.

As active members, the participants will make group decisions, be responsible for their actions, provide support to others in the community, and promote healthy daily living in a safe and supportive environment. Participants will also be mentored by other incarcerated individuals, who will have an integral role in the community by supporting members and organizing team-building activities.

Reentry Unit

The Reentry Unit is a residential program for maximum security incarcerated individuals who are 18 months to release from custody. This unit is designed to prepare incarcerated individuals releasing from maximum security for a successful reintegration to the community, with the goal of

reducing recidivism. The program's main goal is for participants to learn effective, real-life ways to be successful in their recovery and reintegrate back into society while living a life free of crime and substances. *This unit is located at Souza Baranowski Correctional Center.*

Vendor Facilitated Treatment - VitalCore

Sex Offender Treatment

The Department of Correction offers comprehensive Sex Offender Treatment (SOT). The purpose of SOT is to reduce the participant's risk to reoffend, to increase the participant's ability to have a successful reintegration into the community, and to increase the participant's overall well-being. SOT incorporates concepts of the Relapse Prevention Model, the Risk-Need-Responsivity Model, the Good Lives Model, and the Self-Regulation Model. The vast majority of the program is facilitated at the Massachusetts Treatment Center, a facility designated exclusively for the purpose of sex offender treatment. Additionally, there are two satellite sites, North Central Correctional Institute Gardner and Old Colony Correctional Center (SHU Only), where an introduction program is offered, as well as a less intensive programming for lower risk offenders and specialized programming for female offenders (MCI-Framingham) and those who have committed sexual crimes involving possession and distribution of child sexual exploitation material.

Institutional Program Descriptions

Able Minds: A facilitated book discussion designed to shift criminal thinking and teach incarcerated individuals interpersonal problem-solving skills. Incarcerated individuals are expected to read 4-5 works of literature, participate in group discussions and book analysis, and write personal reflections utilizing the "Think First" method of consequential thinking. *This program is available at Old Colony Correctional Center, Massachusetts Treatment Center, Souza Baranowski Correctional Center, and North Central Correctional Institute Gardner.*

Alcoholics Anonymous: Support program where incarcerated individuals learn about triggers to their behavior, understand past behavior and learn how to build a new, healthier sober lifestyle. *This program is available at MCI Framingham, MCI Norfolk, MCI Shirley, North Central Correctional Institution, Massachusetts Treatment Center, Old Colony Correctional Center, Northeastern Correctional Center, and Pondville Correctional Center*

Alternatives to Violence (AVP): Teaches incarcerated individuals how to reduce violence by introducing alternative ways of resolving conflict resulting in a diminished need to resort to violence. Workshops focus on conflict resolution. *This program is available at MCI Framingham, MCI Norfolk, MCI-Shirley, North Central Correctional Institute Gardner, Northeastern Correctional Center, Old Colony Correctional Center, and Pondville Correctional Center.*

Alternatives to Violence (AVP) Advanced: This program builds on the work from the AVP Workshop of affirmation, communication, cooperation and creative conflict resolution. The workshop guides participants to identify alternatives when dealing with challenges. *This program is available at MCI Framingham*.

Alternatives to Violence (AVP) Training for Facilitators: To empower incarcerated individuals as facilitators and leaders. Taking the core components of the AVP Basic and Advanced Workshops, participants practice working as facilitating team members, providing giving and receiving feedback and explaining the concept of Transforming Power. *This program is available at MCI Framingham.*

America's VetDogs: Sponsored by The Guide Dog Foundation, provides assistance-dogs to disabled veterans and active military personnel. *This program is offered at MCI Shirley, Old Colony Correctional Center, and Pondville Correctional Center.*

American Veteran's in Prison: Serves to educate incarcerated veterans in the areas of housing, taxes, motor vehicle registration, outreach, and counseling. *This program is available at MCI Norfolk, MCI Shirley and Old Colony Correction Center.*

Anger Strategies: A psycho-educational process program that focuses on developing cognitive, behavioral, and spiritual tools to deal with the different forms of anger. Focusing on how to deal with anger linked to past trauma, present situations, and fear of the future. *This program is available at Northeastern Correctional Center.*

Another Way to Go: Utilizes curriculum developed by the End Violence Project to support incarcerated individuals in successfully transitioning from prison back into society. Participants in this program review a variety of skills such as communication and emotion management that assist them in making a profound and lasting difference in their communities both inside prison and out. *This program is available at MCI Framingham, MCI Norfolk, North Central Correctional Institute Gardner, Northeastern Correctional Center, Pondville Correctional Center, and Souza Baranowski Correctional Center.*

Another Way to Go Facilitator Program: Upon completion of Another Way to Go program, individuals who show mastery of the tools provided are selected to be co- facilitators. The program is discussion based in the classroom, with many new tools and concepts introduced throughout the program to develop the participants as co-facilitators who can connect with participants in a different way through lived experience than the selected volunteers. *This program is available at MCI Norfolk.*

Art of Living Prison Program: A group based transformative initiative aimed at effectively transforming mindsets, attitudes, and behaviors. *This program is available at MCI Norfolk, and Old Colony Correctional Center.*

Beekeeping: Provides lectures and hands-on experience caring for hives of bees which in turn increases pollination for the environment and can provide goods for the facility such as honey. *This program is available at Pondville Correctional Center and MCI Framingham.*

Book Club: Designed to mimic book clubs often offered at public libraries. This discussion-based program allows incarcerated individuals to practice their reading and writing skills while engaging in pro social discussions which will promote positive peer association. *This program is available at MCI Framingham.*

Book Discussion and Dialogue: Monthly awareness topics and books assigned each month correlating with the awareness topics and discussion to review the book, as well as a report. and *This program is available at MCI Norfolk.*

Book Discussion Group: Encourages analysis of changing lives through literature, cultural identity, and book discussion. *This program is available at Souza Baranowski Correctional Center.*

BRAVE Master Plan Workshop: Ten-part series workshop outlining Chris Wilson's road map to success while incarcerated. *This program is available at North Central Correctional Institute Gardner.*

Bridge Club of Greater Lowell Wellness Workshops: Eight workshops designed for individuals within six months of release to gain a greater understanding of reentry planning and challenges post-release. *This program is available at MCI Norfolk.*

Call to Courageous Manhood: Assists incarcerated individuals in acquiring increased communication and negotiation skills by utilizing wisdom and principles related to such. *This program is available at Northeastern Correctional Center and Boston Pre Release Center.*

Canine Companion Program: Puppy raising program providing valuable training experience to incarcerated handlers. Canine Companions is a non-profit organization that provides service dogs to adults, children, and veterans with disabilities. *This program is available at MCI Framingham.*

Catholic Life: Encourages incarcerated individuals to be involved in church related activities and reinforces sense of identity as members of the Catholic church. *This program is available at Northeastern Correctional Center.*

Catholic Rosary Group: Recite the Rosary and other various Catholic prayers with other members of the Catholic community. *This program is available at Northeastern Correctional Center.*

Chess Club: Teaches new strategies and skills to expand knowledge of chess, as well as planning, strategy, and problem solving. *This program is available at MCI Norfolk.*

Christian 12 Step: Discussion based group that teaches the foundation Alcoholics Anonymous/ 12 Steps of Recovery but with a focus on related on Biblical teachings. *This program is available at MCI Framingham.*

Cognitive Skills Workshops: Teaches incarcerated individuals cognitive skills including problem solving, setting goals, negotiating, assertive communication, asking for help, active listening, and using self-control. *This program is available at Boston Pre Release and Pondville Correctional Center.*

Companion Continuation Program: Maintains and expands skills successfully completed in the Companion Training Program with hands-on experience and processing within a guided group and annual training. This continuation helps support the population by acting as care attendants. *This program is available at MCI Norfolk and MCI Shirley.*

Companion Training Program: Training program designed to teach how to safely assist with patient care and enhance awareness of medical companions. *This program is available at MCI Norfolk and MCI Shirley.*

Conversations During Conflict: Metro West Mediation: This course integrates key concepts developing core skills emphasizing both the importance of preparation for challenging conversations and practical techniques to maintain productive exchange in the moment. *This program is available at MCI-Framingham.*

Difficult Conversations: This program works to develop better communication skills and conflict resolution for participants. Developing skills to help seek better understanding of those around the participants not dismissing other's emotions and deeper understanding of self. *This program is available at MCI-Framingham.*

Ethics for Life: Designed to assist incarcerated individuals with making ethical decisions. The program utilizes video seminars, role modeling, and discussion facilitated by the instructor*. This program is available at Boston Pre Release and Northeastern Correctional Center.*

Emotional Awareness/Emotional Healing: Designed to foster emotional and spiritual growth and promote responsibility and accountability toward oneself and others. Incarcerated individuals are also taught skills to reduce disruptive behavior. *This program is available at MCI Norfolk.*

Entrepreneurship: Inspires and empowers individuals who are interested in starting a business. The program will cover a different topic each week leading up to an optional business pitch presentation. Content covered includes coming up with business ideas, why and how to write a business plan, customer definition, positioning, marketing, and sales planning, finance/accounting, the legal aspects of setting up a business, scaling, and pitching your idea. *This program is available at MCI Norfolk and Northeastern Correctional Center.*

Entrepreneurship 201: An 8-week course designed to equip participants with the foundational skills needed to develop a realistic business plan and explore lawful self-employment opportunities. *This program is available at Northeastern Correctional Center.*

Family Stories Through Collage Art: Demonstrates key elements of the creative process including creating background papers. *This program is available at North Central Correctional Institute Gardner.*

Family Violence Education Group: Designed to educate incarcerated individuals on the aspects of family violence and intimate partner violence. The goal of this program is to reduce violent incidents, lower recidivism rates, and contribute to safer communities and a healthier society for all. *This program is available at MCI Norfolk.*

Family Violence Education Group Phase II: Designed for participants who have completed the Family Violence education group and continue to build on the foundation of Restorative Justice Practices, including community building processing, and healing circles to explore how family and intimate partner violence has impacted them. *This program is available at MCI Norfolk.*

Fathers Group: Discussion group for fathers or parental figures to children in the community. Through volunteer led discussion, individuals are able to open about challenges experiencing as non-custodial parents, and work through this in a safe space. *This program is available at MCI Norfolk.*

Fatherheart Program: Eight-week, faith-based program designed to assist offenders in family skills. *This program is available at Northeastern Correctional Center and Boston Pre-Release.*

Fatherhood: A Healing Journey: An empowering curriculum designed to strengthen identities and responsibilities as fathers. This program fosters emotional growth, accountability and connection. *This program is available at Northeastern Correctional Center.*

Financial Literacy: Helps individuals develop practical money management skills. *This program is available at North Central Correctional Institute Gardner.*

Formative Writing Independent Study: Is for individuals who are interested in additional writing projects/support. The goal is for participants to enhance their skills by learning different writing techniques. *This program is available at Massachusetts Treatment Center and Souza Baranowski Correctional Center.*

Garden Program: Group held in the Residential Treatment Unit to provide individuals with an opportunity to plan and care for a garden, where the food produced from the garden can be donated to the community. Promotes healthy coping, improved problem solving, and interpersonal and social skills. *This program is available at Old Colony Correctional Center.*

Grief and Mourning for Incarcerated Individuals: Each session deals with a different aspect of realizing, expressing, and sharing the deep emotions of grief and sorrow that are evoked by a death of loved one, targeting the depressive effects of unresolved grief. *This program is available at MCI Norfolk.*

Health Awareness Education Program: Educates on risk reduction to help lower the risk of infectious diseases. *This program is available at MCI Framingham, Souza Baranowski Correctional Center, and MCI Norfolk.*

Health Resources in Action: Explores transformative change within as well as strategies to address through healing, healthy relationships boundaries and conflict resolution. *This program is available at MCI-Framingham.*

Healing The Wounded Heart: Christian based program aims to help incarcerated individuals find healing, engage with the Scripture, and become resilient. Though the program is based in Christianity, all are welcomed to attend the program regardless of their religious belief. *This program is available at MCI Shirley.*

Heart to Heart Peace Leaders: Supports Incarcerated Individuals reentering communities from incarceration, enabling them to experience more inner peace and to be a healing presence for others. *This program is available at Boston Pre-Release Center and Pondville Correctional Center.*

Houses of Healing: Designed to foster emotional and spiritual growth and promote responsibility and accountability toward oneself and others. Incarcerated individuals are also taught skills to reduce disruptive behavior. *This program is available at MCI Framingham.*

Inner Reform Through Islam: Group discussion-based model focused on encouraging individuals to become 'givers rather than takers'. Participants learn the importance of self-reflection, purifying the soul, softening the heart, and improving one's character, as well as acknowledge the magnitude of good character in being a pious Muslim. *This program is available at MCI Shirley.*

Inside Out Dad: Developed for the challenges incarcerated fathers face and connects incarcerated fathers to their children while they are on the inside. This program also prepares incarcerated fathers for reentry. *This program is available at Old Colony Correctional Center.*

Intermediate American Sign Language: This DOC-instructed program provides individuals, having already taken Introduction to American Sign Language, an opportunity to take the new language skills and begin to use them in communicating through a new language. *This program is available at MCI Norfolk.*

Introduction to American Sign Language: This DOC-instructed program will open opportunities for deaf individuals to broaden their horizon of social interaction. This class will also afford the opportunity to offenders who may be serving long sentences to prepare for aging within the system and potentially becoming hard of hearing or wanting to communicate with other offenders who are hard of hearing. *This program is available at MCI Norfolk.*

Introduction to Horticulture: Designed to help participants understand the fundamental concepts of horticulture and teach the core skills required to produce small-scale sustainable gardens. *This program is available at Boston Pre-Release, MCI Framingham, MCI Norfolk, MCI Shirley, North Central Correctional Institute Gardner, Northeastern Correctional Center, and Pondville Correctional Center.*

Islamic Psychology for Self-Betterment: Designed to provide participants with a comprehensive understanding of psychological principles from an Islamic perspective. Integrating traditional Islamic teachings with contemporary psychological theories to foster personal growth and spiritual development. *This program is available at MCI Shirley.*

Jericho Circle: Targets a variety of criminogenic risk factors that are precursors to criminal behavior to develop integrity, accountability, and emotional intelligence. *This program is available at MCI Framingham and MCI Norfolk.*

Jericho Circle Guide Program: Volunteer led training process to prepare individuals to be peer facilitators in circle assisting with the operation of the program. *This program is available at MCI Norfolk.*

Law Library Clerk Training: Provides pre-employment training in basic legal research and use of electronic legal resources for potential incarcerated individual law library clerks or incarcerated individuals interested in legal research. *This program is available at MCI Framingham, Massachusetts Treatment Center, Old Colony Correctional Center, North Central Correctional Institute Gardner and Souza Baranowski Correctional Center.*

Master Fundamentals Electric Work: Master the fundamentals of electrical work, from circuits and motors to bending conduit, installing electrical boxes, and wiring switches. This pathway includes real-world simulations and safety protocols, so you'll be prepared for both residential and commercial electrical jobs. Upon completion, you'll be ready to sit for the OSHA-10 certification, opening doors to apprenticeships and entry-level roles in the industry. *This program is available at NCCI Gardner in the B.R.A.V.E. Unit.*

Menswork: Designed to provide and create educational services that support the personal and social rehabilitation of incarcerated individuals. *This program is available at MCI Shirley.*

Mindfulness, Meditation and Resiliency: Focuses on the mental and physical health benefits of yoga for incarcerated individuals. The yoga practices will follow the Prison Yoga Project's guidelines based on their effectiveness in prison classes with a variety of students with different physical and psychological issues. *This program is available at MCI Norfolk and Souza Baranowski Correctional Center.*

Money Smart: Covers topics such as developing spending plans, budgeting skills, how to choose and maintain a checking account and the basics of building/repairing credit. *This program is available at MCI Norfolk and Pondville Correctional Center.*

Mural Program: An opportunity to come together and brainstorm ideas for a mural and upon approval, project onto wall(s) of the facility. This program provides therapeutic value through art and creative process improving mental, physical and emotional awareness. *This program is only available at Boston Pre-Release Center.*

Music Theory and Instrument Retention Program: Enables participants to learn basic music theory, comprehension, and practice. *This program is available at Massachusetts Treatment Center, MCI Framingham, MCI Shirley, and Old Colony Correctional Center.*

Narcotics Anonymous: Discussion/support/fellowship group focuses on the twelve steps of narcotics anonymous and providing community information as appropriate. *This program is available at MCI Norfolk and Old Colony Correctional Center.*

National Education for Assistant Dog Services-Puppy Program (NEADS): NEADS is a non-profit service dog organization established to provide Hearing, Service and Assistance Dogs for veterans, adults, and children. For example: children on the autism spectrum; veterans or civilians who are deaf or use wheelchairs or whose activities are limited by their disability. These Service Dogs become extensions of their owners and bring freedom, independence, increased mobility, and relief from social isolation to their partners. This is an 18-month program designed to utilize incarcerated individual handlers to teach dogs basic obedience and other skills needed to prepare them for future “careers” as Service Dogs assisting people who are physically disabled. Following their training with the incarcerated individuals, the dogs will then learn the more advanced Service Dog skills at NEADS’ National Assistance Dog Training Campus in Princeton, MA. *This program is available at MCI Framingham, Northeastern Correctional Center, MCI Norfolk, and North Central Correctional Institute Gardner.*

Norfolk Writers Group: Creative writing program, participants write a short essay or poem based on the topic assigned in the previous month. *This program is available at MCI Norfolk.*

Orijin Monthly Program Overview: This program is facilitated by Orijin staff and educates individuals each month on different applications available on the Orijin tablet it is designed to increase awareness of resources and tablet utilization to support learning and rehabilitation. *This program is available at Boston Pre Release, Massachusetts Treatment Center, MCI-Framingham, North Central Correctional Institute Gardner, and Pondville Correctional Center.*

Parallel Recovery: A comprehensive approach to programming individuals who have both a serious mental illness and a serious substance use disorder, with a goal of helping individuals live independently in the community. *This program is available at Old Colony Correctional Center (Recovery Unit only.*

Parents Helping Parents: Aims to provide ongoing help to incarcerated parents through support groups. *This program is available at MCI-Norfolk.*

Path of Freedom: A mindfulness-based, cognitive-behavioral, and integral approach to self-transformation and personal development. *This program is available at MCI Norfolk and MCI Framingham.*

Path of Freedom Facilitators: Building off the foundation of the Path of Freedom program which provides mindfulness-based, cognitive-behavioral, and integral approach to self-transformation. The program works on growth of nonviolent communication, conflict resolution, and emotional intelligence skills and personal development. *This program is available at MCI Norfolk.*

Peace Education Program: Designed to increase the participant's awareness of the innate resources they have, to manage challenges of life both while incarcerated and after release in a more constructive and positive manner than they might have prior to taking classes. *This program is available at MCI Framingham.*

Peer Support Program: Provides emotional, informational, and instrumental support from fellow peers relating which leads to improved wellbeing, increased community support, and links individuals to services. *This program is available at MCI Framingham and MCI Norfolk.*

Peer Wellness Support Continuation Program: Maintains and expands skills successfully completed in the Companion Training Program with hands-on experience and processing within a guided group and annual training. *This program is available at Old Colony Correctional Center.*

Peer Wellness Support Training Program: Training program designed to teach how to safely assist with patient care and enhance awareness of medical companions to support the recovery, well-being, and flourishing of individuals who are receiving treatment and evaluation at the Bridgewater State Hospital State sentenced units. *This program is available at Old Colony Correctional Center.*

Physical and Mental Well Being - Yoga: Self-care, yoga program designed to quiet the mind and teach discipline. *This program is available at Old Colony Correctional Center.*

Pilates for Wellness: A structured group fitness and mind-body wellness initiative. This program supports physical health, emotional regulation and positive routine – core elements of successful reentry and reduced recidivism. *This program is available at MCI Framingham.*

Prison Fellowship Program: Helps participants to become increasingly pro-social and emphasizes pro-social attitudes and skills developed in a community**.** *This program is available at MCI Framingham, MCI Norfolk, Northeastern Correctional Center, and Old Colony Correctional Center.*

Project Youth: Designed for incarcerated individuals to discuss their personal experiences and consequences that resulted in incarceration with high school students. *This program is available at MCI Norfolk, MCI Shirley, Old Colony Correctional Center, MCI Framingham and North Central Correctional Institution Gardner.*

Read to Me Father: Unifies incarcerated fathers with their children through the power of reading. Incarcerated Individuals will be given the opportunity to be recorded while reading an age-appropriate book that speaks to their child's interest level. The video and the book are then mailed to the child. *This program is available at North Central Correctional Institute Gardner, MCI Norfolk and Old Colony Correctional Center.*

Read To Me Mommy: Unifies incarcerated mothers with their children through the power of reading. Offenders will be given the opportunity to be recorded while reading an age- appropriate book that speaks to their child's interest level. The video and the book are then mailed to the child. *This program is available at MCI-Framingham.*

Reintegration House Reentry Readiness Program: A comprehensive 12-week reentry curriculum designed to help incarcerated women prepare for successful reintegration into their families, communities, and society. The program utilizes structured workshops, facilitated discussions, self-reflection exercises, skill-building activities, guest speakers, and peer support to address critical areas of reentry readiness, including personal planning, family reintegration, financial literacy, emotional wellness, recovery, technology, employment readiness, and community engagement. Participants develop a personalized six-month reentry plan throughout the program, identifying goals, resources, and strategies for long-term success. *This program is available at MCI Framingham Reintegration House.*

Remote Book Discussion: Journal based reading group where individuals read various pieces of writing and discuss questions pertaining to the readings via written response, which enhances reading and writing skills. Journal is then sent to the volunteer to review and respond. *This program is available at Massachusetts Treatment Center.*

Restorative Justice 101: Assists incarcerated individuals to understand the impact of Restorative Justice practices that aid in creating a more peaceful and healing prison community It is designed to give offenders a sense of responsibility and empathy for the harm they have inflicted on families and communities. *This program is available at Pondville Correctional Center.*

Restorative Justice Circle: Restorative justice circles aimed at addressing dynamic criminogenic risk factors and behaviors by promoting accountability, empathy, and positive social interactions. *This program is available at Old Colony Correctional Center, and North Central Correctional Institute Gardner.*

Restorative Justice Co-Facilitator Training: A 40-hour advanced level program for women who have completed withe 8-week Restorative Justice Reading Group. Rooted in the principles of peacemaking, compassion, accountability and repair. *This program is available at MCI Framingham.*

Restorative Justice Maintenance Group: Provides a second layer of exposure to Restorative Justice practices, principles, and theories reviewed in prior programming, focusing on three core domain areas: social responsibility, personal healing, and community impact. *This program is available at MCI Framingham, North Central Correctional Institute Gardner, and MCI Shirley.*

Restorative Justice Recovery Circles: Structured eight-week self-help peer group, utilizing the practices of restorative justice to create a safe, healing space, where accountability is likely to take place. *This program is available at MCI Norfolk and MCI Framingham.*

Restorative Justice Reading Group: Designed to introduce to the offender what it means to be accountable and responsible with the goal of making amends. *This program is available at MCI Framingham, MCI Norfolk, MCI Shirley, Northeastern Correctional Center, and Old Colony Correctional Center.*

Second Thoughts: Develops self-awareness, critical self-reflection, and mentoring skills within the incarcerated population to encourage responsible and rehabilitative behavior. The goal of this program is to build long practiced mentoring skills in order to work post release with high-risk vulnerable urban young men to work through stress and trauma of poverty and violence in urban settings. *This program is available at MCI Norfolk.*

Spanish Service Bible Study: Readings and reflections of the Bible for Spanish Speaking individuals using discussion group-based format. *This program is available at Massachusetts Treatment Center.*

Starting Your Own Business: Educates and prepares individuals interested in starting a business. This program covers topics such as keys to success, defining your business, market research, business finance, business operations, marketing, and development of a business plan. At the conclusion of the program individuals will present their own business plan. *This program is available at MCI Norfolk.*

Strategies for Self-Improvement: Provides an interactive, cognitive-behavioral treatment approach to motivate change in adults with a history of criminal conduct and/or substance use to provide prevention of relapses and recidivism. *This program is available at Northeastern Correctional Center, Old Colony Correctional Center, and Souza Baranowski Correctional Center.*

Talking Without Screaming: Provides communication skills which will assist in conflict resolution and shifts the focus to a learning stance to better understand on how to stay balanced. *This program is only available at MCI-Framingham.*

The Master Plan to Learners Through Orijin: This is a self-paced Orijin course that helps learners set goals, build accountability, and create a reentry plan for success. *This program is available at Pondville Correctional Center.*

Time to Tell Writing Circle: This is an expressive writing and poetry class which provides opportunity for structured, and respectful space to write. It is designed to support voice, clarity of expression, and self-recognition through language. *This program is only available at MCI Framingham.*

Toastmasters: Provides a public-speaking platform that enables incarcerated individuals to develop more effective communication skills. Through a series of presentations, incarcerated individuals learn to express thoughts in a clear and non-threatening manner. “Toastmasters” are an internationally recognized organization. *The program is available at MCI Norfolk, MCI Shirley, and Old Colony Correctional Center.*

UTEC Youth Development and Emerging Adult Engagement Training: Builds foundational knowledge and applied skills in positive youth development and trauma informed practices. Participants deepen their understanding of youth development principles and learn to effectively engage justice involved emerging adults *This program is available at MCI-Framingham.*

Victim Offender Education Group (VOEG): Restorative justice program provides opportunities for the incarcerated individuals to internalize accountability, responsibility and learn empathy towards their victims and the community*. This program is only available at MCI Norfolk.*

Violence and Overdose Prevention Training: Training program designed to provide a clear understanding of addiction and how it manifests in various behaviors*.* Participants learn to recognize the signs of opioid overdose and how Naloxone can reverse an overdose. *This program is only available at North Central Correctional Institute Gardner.*

Walking the Line: Offers critical and concrete tools that help participants control their relationship choices in a way that will lead to more enriching and more satisfying interactions with the people that matter in their lives. *This program is available at Old Colony Correctional Center.*

World of Graphic Novels: This program focuses on graphic novels as a powerful tool for literacy development and critical thinking. Participants will engage in active reading, analytical discussion and creative expression. *This program is only available at Souza Baranowski Correctional Center.*

Youthful Offender Coalition: A peer facilitated and volunteer supported restorative justice and reentry initiative, that serves emerging adults sentenced to life or long-term sentences. This program supports deep accountability, emotional maturity, and parole readiness using circle processes, trauma literacy, and storytelling *This program is available at MCI Norfolk.*

Zen Meditation: Utilizes a variety of meditation techniques such as mindfulness, formal sitting, and walking meditation. Practicing these skills in groups will build confidence within the population and foster strong personal meditation practice outside the weekly group meetings. *This program is offered at MCI Framingham, Old Colony Correctional Center, Northeastern Correctional Center and MCI-Shirley.*

200-Hour Yoga Teacher Training: A trauma-informed program that combines weekly skill-based yoga practice, periodic classroom modules, supervised practice-teaching and sequencing labs, as well as a final practicum where students teach a complete class. *This program is offered at MCI Norfolk.*

Education Division

The mission of the Education Division is to prepare incarcerated individuals for successful reentry into the community by providing comprehensive academic and vocational programs based upon individual need; moreover, to further reinforce the knowledge and skills necessary to be competitive in today's job market and transition into productive members of society.

Emphasis is placed upon identifying each incarcerated individual student's educational/vocational needs, crafting an individualized programming plan of action, monitoring progress, and modifying as needed, developing and reinforcing basic literacy skills, and the acquisition of marketable, transferable skills. To complete these tasks, the Education Division offers classes taught by full-time academic teachers and vocational instructors and employs individuals who serve as College and Career Coordinators that assist and support incarcerated individual students' progress towards their identified, individual goals. The Division's responsibilities include teaching academic classes, instructing vocational programs that lead to nationally recognized credentials, and providing opportunities for incarcerated individual students to enroll in college programming. Successful reentry begins at reception by administering the Test of Adult Basic Education (TABE) in order to identify grade level equivalents (GLE) and academic need.

Assessments

When newly committed incarcerated individuals enter the reception centers, information surrounding their educational background is obtained by administering the Test of Adult Basic Education (TABE). The TABE test provides a grade level equivalent score in math, reading, and language. Speakers of other languages are given the TABE CLAS-E. Education staff at each institution receive this information upon an incarcerated individual's transfer to that facility; they discuss educational opportunities and place the incarcerated individual in appropriate, grade-level classes or on waiting lists. Measurable Skills Gain can be calculated by administering the TABE assessment again.

Education Programs

Academic Education Programs

Adult Basic Education Continuum

Adult Basic Education: Adult Basic Education (ABE) is designed to serve those students who are struggling with basic reading, writing, and math skills and who typically function below the sixth-grade level. ABE provides students with the academic skills that are necessary for entrance into adult secondary courses. ABE focuses on reading, language, and mathematics, with student progress being measured by the Tests of Adult Basic Education (TABE 13/14) (GLE 0.0-*5.9).

Pre-Adult Secondary Education: The Pre-Adult Secondary Education (Pre-ASE) class is designed to prepare intermediate level students for the ASE Program where students prepare to take the High School Equivalency Test (HiSET) exam. The class focus is on reading comprehension, writing skills, math, social studies, and science. These individuals typically function between sixth and ninth grade levels according to TABE 13/14 scores (GLE 6.0-*9.9).

Adult Secondary Education: The Adult Secondary Education (ASE) program is specifically designed to prepare students to successfully take the HiSET (High School Equivalency Test) exam. The class focuses on reading, writing, math, social studies, and science – the five main components of the HiSET exam. These individuals typically function at or above the ninth-grade level according to TABE 13/14 scores (GLE 10.0-*12.9).

English Language Development Continuum: English as a Second Language (ESL) is a language development program designed for the adult learner with limited English proficiency (LEP). The focus of the program is to provide students with the fundamentals English language skills of speaking, reading, writing, and listening in English so they may function effectively in communities, workplaces, and classrooms. The primary emphasis of the program is for the student to be mainstreamed into academic classes and/or participate in vocational programs. The three-level program is taught exclusively in English and is available to those students whose primary language is not English.

The English Language Development Continuum consists of 1 ESL class that could include individuals from all three levels: Beginner ESL 1, Intermediate ESL 2, and Advanced ESL3.

ESL 1- Beginner: This program works to develop a foundation in Basic Interpersonal Communication Skills (BICS) and cognitive academic language skills needed to function successfully in the DOC community.

ESL 2- Intermediate: This program works to develop and refine skills needed in conversation beyond basic needs. The focus is on reading comprehension of short pieces, vocabulary development, and oral answers to reading questions. Writing skills focus on paragraph organization and essay construction and formal English grammar. Informational articles as well as short stories are introduced. Practice is given in letter writing, both informal and formal business letters, complaints, and requests.

ESL 3- Advanced: In this program, the focus is on more complex English grammar, sentence structure, and punctuation, including self-editing skills. Practice is given in writing and editing two to three paragraph essays. Reading comprehension and academic vocabulary is stressed and applied to word problems in mathematics as well as geography and history selections and informational historical and literary documents. Emphasis is placed on preparing the student to advance from ESL classes to regular academic classes and vocational programs.

Supplemental Education Programs

Education: Specialized Housing Units: For those incarcerated individuals housed outside of general population due to clinical needs, structured program intervention needs, or protective custody status, a variety of academic, technology, and vocational programs may be offered.

Tablets: Incarcerated individuals have the opportunity to extend their time on learning through the use of tablets. Tablets are preloaded with educational content. Tablets also support teacher-led lessons to promote individualized learning opportunities that influence positive outcomes. *Tablets are available to all incarcerated individuals at all facilities.*

Special Education Services: Through the work with certified special educators, teachers are able to identify students with academic needs and provide an individualized approach for instruction. This includes modifications to lessons, and accommodations for eligible students to successfully access academic programs in the ABE continuum. These services may be provided at institutions where educational services are provided by the Education Division.

College-Level Programs

Babson College: This four-course sequence in Entrepreneurship is designed to support the DOC in providing opportunities to care for and prepare incarcerated individuals for successful reentry. It will follow the large body of research identifying Entrepreneurship as an important alternative to regular job applications for returning citizens, and entrepreneurial thinking and acting as crucial life skills to promote a strong, healthy relationship with self and others. Prerequisites for this program include High School Equivalency, application, and interview. *This program alternates between MCI Framingham and MCI-Norfolk.*

Boston College: Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to apply for acceptance into a Bachelor of Applied Liberal Arts. *This program operates at MCI-Shirley, MCI-Framingham and there is a continuum component at Northeastern Correctional Center.*

Boston University: Students who meet the eligibility requirements by applying and meeting the minimum admissions requirements have an opportunity to take credit-bearing Boston University courses towards an Interdisciplinary Studies Certificate from Boston University's Metropolitan College. Funded in full by Boston University*. This program is available at MCI-Norfolk and MCI-Framingham.*

Emerson College: Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to apply for acceptance into a Bachelor of Arts in Media, Literature and Culture, and a minor in Economics. *This program is available at MCI-Norfolk and occasionally at Northeastern Correctional Center.*

Massasoit Community College: Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to take credit-bearing Massasoit courses with the potential of earning their Associate Degree in Liberal Studies. This program also provides six culinary credits for those who completed our culinary program. *This program is available at Old Colony Correctional Center.*

Mount Wachusett Community College: Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to achieve a Business Administration Certificate from Mount Wachusett Community College. Additionally, students can take additional courses in accounting and bookkeeping and continue to enroll in an Associate Degree upon completion of the certificate. *This program is available at MCI-Shirley and North Central Correctional Institute Gardner.*

Post-Secondary Education/Academic Readiness: Taught by staff, academic teachers focus on critical thinking. Classes are offered in a variety of subjects including literature, advanced mathematics, college study skills, and financial literacy. These programs are offered to students who have a high school or equivalency diploma. *This program is available at MCI-Framingham, Souza Baranowski Correctional Center, Old Colony Correctional Center, MCI-Norfolk, MCI-Shirley and North Central Correctional Institute Gardner.*

Tufts University: Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to initially earn their Associate of Arts degree. Tufts partnered with Bunker Hill Community College in order to provide this degree program. Upon completing the associate's degree, qualified students can apply to Tufts University to enroll in a Bachelor's Degree in Civic Studies. *This program is available at MCI-Shirley, Souza Baranowski Correctional Center, and has a continuum component at Northeastern Correctional Center and is self-funded.*

Technology Education Programs

Introduction to Microsoft Office: The Introduction to Microsoft Office program is designed to provide students with basic technology skills and enhance their digital literacy and provide training on the use of key programs in use in various industries and higher education. Skill learned will include Introductory Microsoft Word, Excel and PowerPoint, Keyboarding and general

digital literacy skills. A high school diploma or high school equivalency is required for admittance, along with a 7th grade reading level on the TABE. Furthermore, students who meet these requirements will be invited to an interview and a skills assessment to gauge current digital literacy skills. *This program is offered at Souza Baranowski Correctional Center, MCI-Shirley, North Central Correctional Institute Gardner, MCI-Norfolk, Old Colony Correctional Center, and MCI Framingham.*

Coding 1- Web Design: Empowers students to build skills in design, leadership, and coding while designing a website to solve a social issue. It affords them the additional opportunity to learn about career opportunities in coding as well as provide access to mentors while earning college credit from Benjamin Franklin Cummings Institute of Technology **(**BFIT). Class is administered via Zoom with MIT teaching assistants. *This program is offered at MCI-Framingham.*

Coding 2-Python: Code Your Dreams (CYD) empowers students to build technical projects that make a difference in their communities. Each student leaves the program with their own web app developed using HTML, CSS, Python, Flask, and SQLAlchemy , as well as the skills and inspiration to continue solving big problems with code. The curriculum introduces students to some of today's fastest-growing roles in technology, including project management, user experience research and design, software development, and marketing. *This class is administered via Zoom with MIT teaching assistants and is offered at MCI-Framingham.*

Coding 3- App Design: Empowers students to build technical projects that make a difference in their communities. Each student leaves the program with their own web app developed using HTML, CSS, Python, Flask, and SQLAlchemy , as well as the skills and inspiration to continue solving big problems with code. The curriculum introduces students to some of today's fastest-growing roles in technology, including project management, user experience research and design, software development, and marketing. These coding programs are sequential and require a High School Equivalency. *This class is administered via Zoom with MIT teaching assistants and is offered at MCI-Framingham.*

The Last Mile: A 45-week remote educational coding and technology program that operates approximately 35 hours per week with remote instruction and independent and group work and projects. The program provides marketable computer coding and professional development skills,

and workforce reentry support. Students selected to participate in the program will receive educational training in Web Development Fundamentals and MERN development, including such courses as HTML, CSS, JavaScript, jQuery, Bootstrap, Node.js, React, Express, MongoDB and API Testing. This program requires a High School Equivalency, logic test, interview, and absence of cyber related crimes. *This program is offered at MCI-Shirley.*

Persevere Coding: This 11-month coding class trains students in Front-End and Back-End Development with the opportunity for those who successfully complete training to earn a Full Stack development certification. Students are presented with life skills education, instruction in the soft skills necessary for the work environment and mentoring support and job placement services. *This program is offered at North Central Correctional Institute Gardner.*

Vocational Education Programs

Long-Term Programs

Automotive: This 10-month program on the fundamentals of auto mechanics is taught by providing book work in addition to hands-on training achieved by working on state vehicles. Students work toward Automotive Service Excellence (ASE) certification and become proficient in shop safety, electric systems, scan systems, tune, tune-ups, tires and wheels, restraint systems, brake systems, and air conditioning systems. Students are able to earn their OSHA 10 General Industries Training and Mobile Air Condition Society (MACS) license Worldwide, Section 609 Certification. *This program is located Pondville Correctional Center and classes take place in the Milford garage.*

Barber Training: The Barber Training Program is a professionally licensed, 1000-hour, state credentialed program that includes a 12–18-month commitment from potential students. Students become proficient in professional ethics, hygiene, shaving and facial hair design, history of barbering, the use of tools and equipment, safe work practices, men's haircutting and styling, barbershop management, and job search. This program encompasses all the practical applications of barbering, training and education required to become a licensed professional barber in the state of Massachusetts. T*his program is offered at MCI-Shirley, MCI-Norfolk and Old Colony Correctional Center.*

Cosmetology: The Cosmetology program provides students with 1000 hours of instruction combining practical and theory requirements of the Massachusetts Board of Registration of Cosmetology and Barbering Division of Professional Licensure. Students will learn the basics of manicuring, pedicuring, nails, facials, hair coloring, hair removal, braiding and wigs, and chemical procedures along with the science of body, skin, hair, diseases, and wellbeing. The students will understand the use of chemicals on hair, sanitation and the proper use of cutting and styling tools. This program encompasses all the practical applications of cosmetology, training and education required to become a licensed professional cosmetologist in the state of Massachusetts. *This program is offered at MCI-Framingham.*

Culinary Arts: Foundations I: Culinary Arts is structured to provide both theory and hands-on experience in the areas of applied foodservice sanitation and hygiene and in professional cooking. The course of study generally runs for nine months with the first three months focusing on obtaining the knowledge and skills required to successfully pass the National Restaurant Association's Education Foundation's SERV Safe Manager certifying exam covering sanitation and hygiene. The next six months focus on Foundations Level 1 Restaurant Management and Culinary Arts. *This program is offered at Souza Baranowski Correctional Center, MCI-Shirley, Northeastern Correctional Center, North Central Correctional Institute Gardner, MCI-Norfolk, Old Colony Correctional Center, Massachusetts Treatment Center, and MCI-Framingham.*

Diesel Mechanic: In collaboration with Massasoit Community College, this diesel technology training and placement program supports releasing individuals in obtaining and retaining unsubsidized employment in the diesel industry. The Program is comprised of classroom lectures and hands-on laboratory instruction offering students marketable diesel technology skills, including maintaining, repairing and overhauling diesel engines. Students are provided with career training, support, and job placement assistance, while addressing the diesel industry's need for skilled workers. *This program is offered to incarcerated individuals at Pondville Correctional Center who are classified as pre-release security level.*

New England Culinary Arts Training (NECAT): This 14-week off-site program provides comprehensive technical and job readiness training in the foodservices industry. Upon successful

completion of the program, participants are placed in a position in a related field and will receive a stipend of $1000, which will be accessible upon release. Students are given the opportunity to earn the nationally recognized certification. This program is offered to prerelease eligible incarcerated individuals at Boston Pre Release.

Welding: This 9-month training program teaches basic job skills, safety protocols, and a variety of welding techniques used to weld different metals including steel, stainless steel, and aluminum. Upon successful completion of this program, students receive credentials from the National Center for Construction Education and Research (NCCER), a nationally recognized authorizing agency. *This program is offered at MCI-Norfolk.*

Short-Term Programs

Future Hope Pre-Apprenticeship and Recovery Program (FHARP): This 12-week off-site faith-based program provides valuable job opportunities in the construction trade, along with life skills education, professional guidance, and job readiness training for a sustainable future. Those participating in this program will receive training in Basic Carpentry, Roofing, Painting, Taping, Drywall, and HiSET Prep, as well as OSHA 10-hour and CPR Certifications. *This program is offered at Boston Pre Release.*

OSHA-10: Delivered primarily as a Tablet Based Self-Paced Program, this training safety course includes the equivalent of ten hours of training in electric and fire safety, slip, and fall prevention, chemical safety, and more. This course satisfies the OSHA 10 training requirement for workers of general industries. A GED or high school diploma is not required to participate. *This training is open to all incarcerated individuals and is available at all facilities.*

SERV Safe: Delivered primarily as a Tablet Based Self-Paced Program, this program is designed to provide students with the education necessary to earn a nationally recognized certification. This certification is useful for obtaining employment in the food service industry. Students who complete the course then take the National Exam, and upon completion of the SERV Safe program and certification, students are eligible to apply for a position in the Culinary Arts Program. *This training is offered at all facilities.*

Educational Volunteer Partnerships

Partakers: A volunteer mentoring program available to support students who are enrolled in post-secondary education. Program participants meet with students in the facility's visiting room to discuss academic needs. *This program is available at MCI-Framingham, MCI-Norfolk, and MCI-Shirley.*

School of Reentry (SOR):

Located within Boston Pre-Release Center in Roslindale, MA, the Executive Office of Public Safety and Security's School of Reentry (SOR) is a 12–18-month residential school providing minimum security incarcerated individuals an opportunity to maximize the end of their incarceration time immersed in education, personal, career and technical education training. The mission of the school is to develop a growth mindset within each student that ultimately affects positive change for themselves, their families, and their communities.

The SOR seeks to transform individuals through its holistic approach to human development. Participants immerse themselves in educational initiatives aimed at creating meaningful opportunities during and beyond their incarceration. Students and professional staff work together to develop a personalized academic plan. Many pursue High School Equivalency, some begin a vocational track, while others enroll in college programming. Regardless of academic level, students attend six hours daily of academic classes where instruction deploys interdisciplinary strategies to reach every student and integrate the skills needed to succeed in the "real world." SOR's curriculum focuses on developing marketable skills for employment – especially in technology. Beginning with Microsoft "Tech Support" training, participants earn Microsoft Office Specialist certification with further opportunities in computer programming (Java, C++, Python and HTML5). Students are afforded an opportunity to combine the attainment of a high school credential with college level credited courses. Through public/private partnerships, students have the opportunity to enroll in certificate, associate and bachelor's degree programs while enrolled at the SOR.

To mirror the learning environment of the classroom, the students live in an attached, but separate housing unit with a day room that has no television but is instead equipped with one-to-one

computers and a SMART board for completion of homework and further learning and instructional opportunities. Each computer has access to outside learning resources such as Khan Academy, PBS, and the History Channel, giving students advanced opportunities for skill development. The SOR physical environment provides participants with space conducive to deep reflection and internal change. Personal development remains equally important to academic work. From their first day in the program, professional staff lead students through mindfulness training as a therapeutic complement to education, as well as Cognitive Behavioral Therapy. Students are offered additional therapeutic services focusing on substance use counseling, anger management, criminal thinking, and life skills. SOR staff work closely with each participant as they address and take responsibility for their past and begin a transformation into an individual with new skillsets who are better able to cope with life's situations with reason. Together, these initiatives develop a dynamic growth mindset in participants where they see themselves on a path of lifelong success.

Massachusetts Correctional Industries (MassCor)

The mission of Massachusetts Correctional Industries is to offer diverse, self-sustaining programs that are beneficial to incarcerated individuals and economical for the Commonwealth. Participants are provided with vocational instruction on current equipment and technologies while producing a variety of high-quality products. These programs encourage the development of valuable skills along with a positive work ethic, better positioning incarcerated individuals for success in the workforce and community upon reentry.

To this end, MassCor employs approximately 340 incarcerated individuals in fifteen shops within six institutions. Through MassCor's shop training programs and work assignments, the incarcerated individual workforce is able to stay current with the outside employment field by learning current and state-of-the-art technologies and equipment, developing specific job-related skills, and learning the technology of an ERP system. Incarcerated individuals also develop "soft skills" such as punctuality, effective communication, time management and working both as a member of a team and as an individual contributor.

These real-world skills provide workers with the foundation to secure gainful career-focused employment upon their release and reentry into society and the workforce as all these skills are in great demand and will be highly valued when incarcerated individuals are looking for post-release employment, making the transition into society easier for them by increasing their chances for success and reducing the likelihood that they will recidivate. Ultimately, making a difference in the life of incarcerated individuals translates into productive taxpaying citizens and overall safer communities.

Key Focus Areas

Adherence to Quality Control standards
Advanced training on current and state-of-the-art equipment
Developing manufacturing skills
Enterprise Resource Planning (ERP) System Utilization
Inspection Process

Inventory Management

Lean Manufacturing Process Flow

Meeting production schedules

Software Applications

Certifications – Equipment Manufactures

Soft Skills

Accountability for meeting deadlines

Effective Communication

Job Force Readiness

Manufacturing scheduling and workflow management

Punctuality

Time Management

Working collaboratively

Workflow

Secure Facilities

MCI Framingham

Departmental Services and Programs

Atlas Program

Building Positive Connections

Department Tablet

Family Preservation Programs and Services

First Step/HOPE Program

Healthy Living Community

Healing for the Future

Life in Recovery

Motivational Enhancement Program

Parenting Inside Out

Parenting Support Group

Pathway Electives

Progressing Everyday and Changing in Every Way (P.E.A.C.E)

Peer Pathway Program

Recreation Services

Reentry Readiness Workshop

Religious Services

Secure Adjustment Unit

Sex Offender Treatment

Victim Impact

Volunteer Services

Correctional Industries

Embroidery Shop

Binder Shop

Flag Shop

Academic Education Programs

Adult Basic Education (ABE)

Adult Secondary Education (ASE)

English as a Second Language (ESL)

Pre-Adult Secondary Education (Pre-ASE)

Virtual Education

College-Level Programs

Babson College

Boston College

Boston University

Partakers

Post-Secondary Education/Academic Readiness

Supplemental Education Programs

Education in Specialized Housing Units

Technology Education Programs

Coding 1- Web Design

Coding 2- Python

Coding 3- App Design

Introduction to Microsoft Office

Vocational Education Programs

Cosmetology

Culinary Arts Foundations I

OSHA-10

SERV Safe

Institutional Programs

Alcoholics Anonymous

Alternative to Violence Advanced

Alternative to Violence

Alternative to Violence Basic Facilitators Training

Another Way to Go

Beekeeping

Book Club

Canine Companian Program

Christian 12- Step

Conversations During Conflict – Metro West

Difficult Conversations

Health Awareness Education

Health Resources in Action

Houses of Healing

Introduction to Horticulture

Law Library Clerk Training

Music Theory and Instrument Retention Program

National Education for Assistant Dog Services (NEADS)

Path of Freedom

Peace Education Program

Peer Support Program

Wellness

Prison Fellowship Program

Project Youth

Read to Me Mommy

Reintegration House Reentry Readiness Program

Restorative Justice Co-facilitator Training

Restorative Justice Reading Group

Restorative Justice Recovery Circles

Restorative Justice Maintenance Group

Talking Without Screaming

Time to Tell Writing Circle

UTEC Youth Development & Emerging Adult Engagement Training

Zen Meditation

MCI Norfolk

Departmental Services and Programs

Atlas Program

Correctional Recovery Academy

Correctional Recovery Academy Graduate Support Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program-Substance Use

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Victim Impact

Violence Reduction

Volunteer Services

Self-Improvement Groups

African American Coalition Committee

Asian Cultural Awareness Committee

Creative Writing Group

Empower Art

Latino Cultural Awareness Committee

Lifer's Group

Linguistics Club

MCI Norfolk Debate Team

Norfolk Music and Performing Arts Committee

Reentry Discussion Group

Stitch for Life

Transformation Fitness

United for Gay, Bisexual and Transgender Progress

We Are Joint Venture

Young Men's Committee/Reaching Beyond the Bars

Correctional Industries

Assembled Furniture

Binder - Flag Shop

Cost Office/Shipping

Clothing Shop

Mattress Shop

Metal Shop

Plate Shop

Upholstery Shop

Academic Education Programs

English as a Second Language (ESL)

Adult Basic Education (ABE)

Pre-Adult Secondary Education (Pre-ASE)

Adult Secondary Education (ASE)

College-Level Programs

Babson College

Boston University

Emerson College

Partakers

Post-Secondary Education/Academic Readiness

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Barber Training

Culinary Arts Foundations I

OSHA-10

SERV Safe

Welding

Institutional Programs

Alcoholics Anonymous

Alternatives to Violence

American Veterans in Prison (AVIP)

Another Way to Go

Another Way to Go Facilitator

Art of Living Prison Program

Book Discussion and Dialogue

Bridge Club of Greater Lowell- Wellness Workshops

Chess Club

Companion Continuation Program

Companion Training Program

Emotional Awareness

Entrepreneurship

Family Violence Education Group

Family Violence Education Group Phase 2

Fathers Group

Grief and Mourning for Incarcerated Individuals

Health Awareness Education Program

Intermediate American Sign Language

Introduction to American Sign Language

Introduction to Horticulture

Jericho Circle

Jericho Circle Guide Program

Mindfulness, Meditation and Resiliency

Money Smart

Narcotics Anonymous

National Education for Assistant Dog Services (NEADS)

Norfolk Writers Group

Parents Helping Parents

Path of Freedom

Path of Freedom Facilitators

Peer Support Program

Prison Fellowship Program

Project Youth

Read to Me Father

Restorative Justice Reading Group "*Chapters of Change"*

Restorative Justice Recovery Circles

Second Thoughts

Starting Your Own Business

Toastmasters

Victim Offender Education Group

Youthful Offender Coalition

200-Hour Yoga Teacher Training

MCI Shirley

Departmental Services and Programs

Atlas Program

Correctional Recovery Academy

Correctional Recovery Academy Graduate Support Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program-Substance Use

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Secure Adjustment Unit

Victim Impact

Violence Reduction

Volunteer Services

Self-Improvement Groups

Black, Latino, Asian Cultural Coalition

Latino-Hispanic Heritage Group

Long Termer's Group

Second Degree Lifers Group

Correctional Industries

Sew Shop

Wood/Furniture Shop

Academic Education Programs

Adult Secondary Education (ASE)

Adult Basic Education (ABE)

English as a Second Language (ESL)

Pre-Adult Secondary Education (Pre-ASE)

College-Level Programs

Boston College

Mount Wachusett Community College

Partakers

Post-Secondary Education/Academic Readiness

Tufts University

Technology Education Programs

Introduction to Microsoft Office

The Last Mile

Vocational Education Programs

Barber Training

Culinary Arts Foundations I

OSHA-10

SERV Safe

Institutional Programs

Alcoholics Anonymous

Alternatives to Violence

America's VetDogs

American Veterans in Prison

Companion Training Program

Companion Continuation Program

Healing the Wounded Heart

Inner Reform Through Islam

Introduction to Horticulture

Islamic Psychology for Self-Betterment

Menswork

Music Theory and Instrument Retention Program

Project Youth

Restorative Justice Maintenance Group

Restorative Justice Reading Group

Toastmasters

Zen Meditation

North Central Correctional Institution (NCCI Gardner)

Departmental Services and Programs

Atlas Program

B.R.A.V.E.

Correctional Recovery Academy

Correctional Recovery Academy Graduate Support Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program-Substance Use

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Sex Offender Treatment

Violence Reduction

Volunteer Services

Self-Improvement Group

Enlightenment Group for Lifers

Correctional Industries

Optical Shops

Academic Education Programs

Adult Basic Education (ABE)

Adult Secondary Education (ASE)

English as a Second Language (ESL)

Pre-Adult Secondary Education (Pre-ASE)

College-Level Programs

Mount Wachusett Community College

Post-Secondary Education/Academic Readiness

Technology Education Programs

Introduction to Microsoft Office

Persevere Coding

Vocational Education Programs

Culinary Arts Foundations I

OSHA-10

SERV Safe

Institutional Programs

Able Minds

Alcoholics Anonymous

Alternatives to Violence

Another Way to Go

Family Stories Through Collage Art

Financial Literacy (B.R.A.V.E Unit)

Introduction to Horticulture (B.R.A.V.E Unit)

Law Library Clerk Training

Master the Fundamentals of Electrical Work (B.R.A.V.E Unit)

Master Plan Workshop (B.R.A.V.E Unit)

Orijin Monthly Program Overview

Project Youth

National Education for Assistant Dog Services-Puppy Program

Read to Me Father

Restorative Justice Circle

Restorative Justice Maintenance Group

Violence and Overdose Prevention Training (B.R.A.V.E Unit)

20 Week Restorative Justice Co-Facilitator Training

Souza Baranowski Correctional Center

Departmental Services and Programs

Atlas Program

Criminal Thinking

Department Tablet

Graduate Maintenance Program-Substance Use

General Population Maintenance Program

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Reentry Unit

Religious Services

Secure Adjustment Unit Level 4

TIME Program (Reception Only)

Violence Reduction

Volunteer Services

Academic Education Programs

Adult Secondary Education (ASE)

Adult Basic Education (ABE)

English as a Second Language (ESL)

Pre-Adult Secondary Education (Pre-ASE)

College-Level Programs

Tufts University

Supplemental Education Programs

Education in Specialized Housing Units

Technology Education Programs

Introduction to Microsoft Office

Vocational Education Programs

Culinary Arts Foundations I

OSHA-10

SERV Safe

Institutional Programs

Able Minds

Another Way to Go

Book Discussion Group

Formative Writing Independent Study

Health Awareness Program

Law Library Clerk Training

Mindfulness, Meditation, and Resiliency

Strategies For Self-Improvement

World of Graphic Novels

Specialized Facilities

Massachusetts Treatment Center

Departmental Services and Programs

Atlas Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program

Knowledge in Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Sex Offender Treatment

Violence Reduction

Volunteer Services

Correctional Industries

Silkscreen Shop

Sign Shop

Self-Improvement Group

Veterans Support Group

Academic Education Programs

Adult Secondary Education (ASE)

Adult Basic Education (ABE)

English as a Second Language (ESL)

Pre-Adult Secondary Education (Pre-ASE)

Vocational Education Programs

Culinary Arts Foundation I

OSHA-10

SERV Safe

Institutional Programs

Able Minds

Alcoholics Anonymous

Formative Writing Independent Study

Law Library Clerk Training

Music Theory and Instrument Retention Program

Orijin Monthly Overview

Remote Book Discussion

Spanish Service Bible Study

Old Colony Correctional Center

Departmental Services and Programs

Atlas Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program-Substance Use

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Sex Offender Treatment (SHU Only)

Victim Impact

Violence Reduction

Volunteer Services

Self-Improvement Groups

Alliances

African Heritage Coalition

A Language for Life

City Missions

Lifer’s Group

Mending Souls

Veteran’s Support Group

Correctional Industries

Print Shop

Academic Education Programs

Adult Basic Education (ABE)

Adult Secondary Education (ASE)

English as a Second Language (ESL)

Pre-Adult Secondary Education (Pre-ASE)

College-Level Programs

Massasoit Community College

Post-Secondary Education/Academic Readiness

Technology Education Programs

Introduction to Microsoft Office

Supplemental Education Programs

Education in Specialized Housing Units

Vocational Education Programs

Barber Training

Culinary Arts Foundations I

OSHA-10

SERV Safe

Institutional Programs

Able Minds

Alcoholics Anonymous

Alternatives to Violence

American Veteran's in Prison

America's VetDogs

Art of Living Prison Program

Garden Program (Residential Treatment Unit)

Inside Out Dad

Law Library Clerk Training

Music Theory and Instrument Retention Program

Narcotics Anonymous

Parallel Recovery

Peer Wellness Support Continuation Program

Peer Wellness Support Training Program

Physical and Mental Well Being - Yoga

Prison Fellowship Program

Project Youth

Read To Me Father

Restorative Justice Circle

Restorative Justice Reading Group

Strategies for Self-Improvement

Toastmasters

Walking the Line

Zen Meditation

Community Corrections

Boston Pre-Release Center

Departmental Services and Programs

Atlas Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program - Substance Use

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Victim Impact

Violence Reduction

Volunteer Services

Academic Education Programs

Adult Secondary Education (ASE)

High Set Equivalency (HSE)

School of Reentry (SOR)

Supplemental Education Programs

Remote Learning Tablets

Vocational Education Program

FHARP

OSHA-10

SERV Safe

Institutional Programs

Call to Courageous Manhood

Cognitive Skills Workshops

Ethics for Life

Fatherheart Program

Heart to Heart Peace Leaders

Introduction to Horticulture

Mural Program

Orijin Monthly Program Overview

Community Programs (for incarcerated individuals classified to pre-release)

Educational Release (NECAT)

Northeastern Correctional Center - Concord

Departmental Services and Program

Atlas Program

Correctional Recovery Academy

Correctional Recovery Academy Graduate Support Program

Criminal Thinking Program

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program-Substance Use

Healthy Relationships

Recreation Services

Reentry Readiness Workshop

Tablet Workshop

Victim Impact

Violence Reduction

Volunteer Services

Self-Improvement Group

Long Termer’s Support Group

Restorative Justice Working Group

Academic Education Programs

Adult Basic Education (ABE)

Pre-Adult Secondary Education (Pre-ASE)

Adult Secondary Education (ASE)

English as a Second Language (ESL)

College-Level Programs

Boston College (continuum classes)

Emerson College (continuum classes)

Tufts University (continuum classes)

Vocational Education Programs

Culinary Arts: Foundations I

OSHA-10

SERV Safe

Institutional Programs

Alcoholics Anonymous

Anger Strategies

Another Way to Go

Call to Courageous Manhood

Catholic Life

Catholic Rosary Group

EPI Tutoring Program

Entrepreneurship

Entrepreneurship 201

Ethics for Life

Fatherheart Program

Fatherhood: A Healing Journey

Introduction to Horticulture

National Education for Assistant Dog Services-Puppy Program

Prison Fellowship Program

Restorative Justice Reading Group

Call to Courageous Manhood

Strategies for Self-Improvement

Zen Meditation

Pondville Correctional Center

Departmental Services and Programs

Atlas Program

Criminal Thinking

Department Tablet

General Population Maintenance Program

Graduate Maintenance Program-Substance Use

Healthy Relationships

Knowledge In Recovery

Recreation Services

Reentry Readiness Workshop

Religious Services

Victim Impact

Violence Reduction

Volunteer Services

Academic Education Programs

Adult Basic Education

Pre Adult Secondary Education

Adult Secondary Education (ASE)

English as a Second Language (ESL)

Virtual Education

Vocational Education Programs

Automotive Program (Milford Garage)

OSHA-10

SERV Safe

Institutional Programs

Alcoholics Anonymous

Alternatives to Violence

America’s VetDogs

Another Way to Go

Beekeeping

Cognitive Skills Workshop

Heart to Heart Peace Leaders

Introduction to Horticulture

Orijin Monthly Overview

Money Smart

Restorative Justice 101

The Master Plan to Learners Through Orijin

Community Programs (for incarcerated individuals classified to pre-release)

Diesel Mechanic