

Massachusetts Department  
of Correction

Program Description Booklet

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***Commissioner***  
***April 2025***

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## **Massachusetts Department of Correction**

### **Mission Statement**

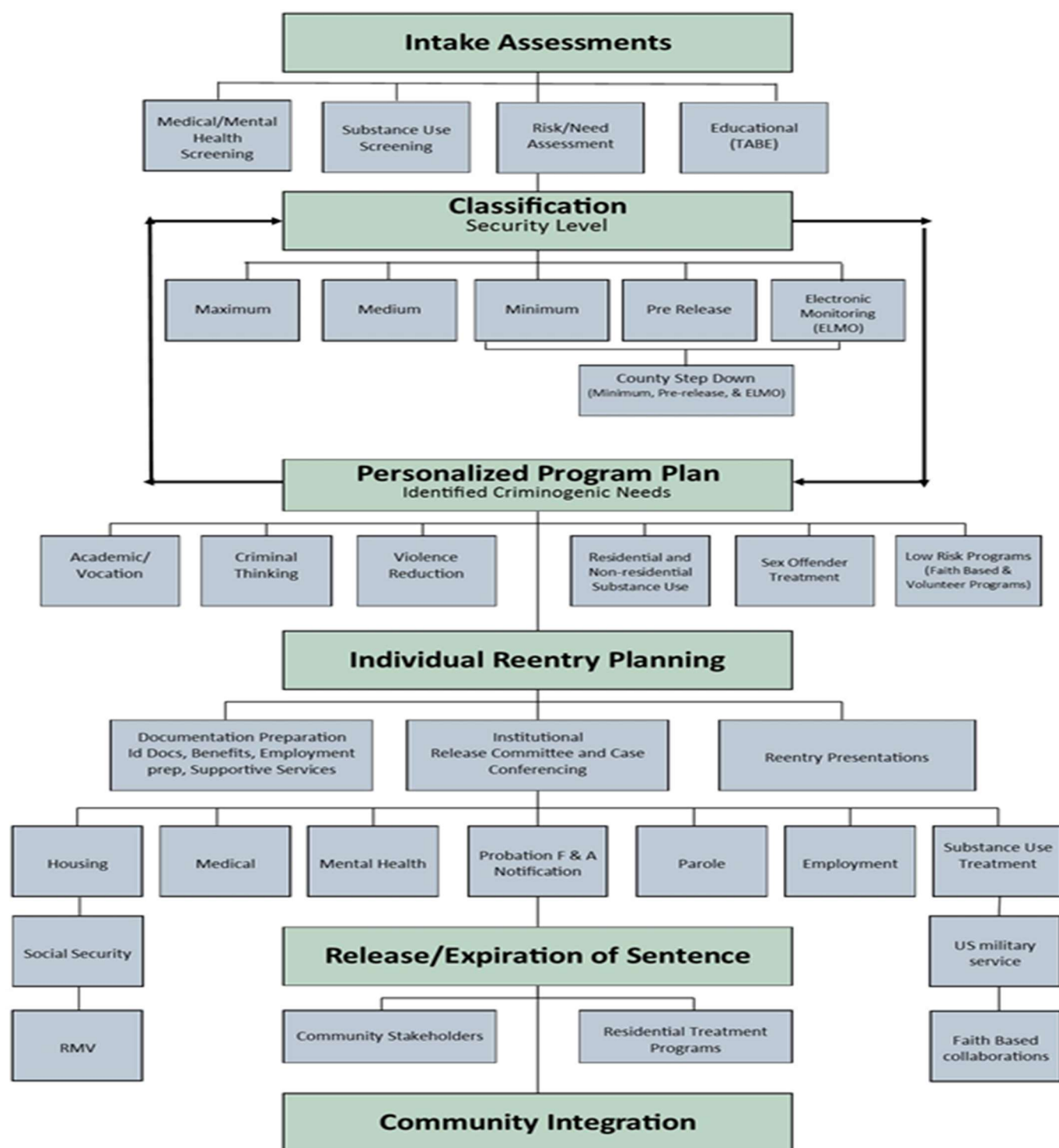
The Massachusetts Department of Correction's mission is to promote public safety by managing offenders while providing care and appropriate programming in preparation for successful reentry into the community.

Manage - Care - Program - Prepare

### **Vision Statement**

The Massachusetts Department of Correction's vision is to effect positive behavioral change in order to eliminate violence, victimization and recidivism.

# Massachusetts Department of Correction — Reentry Continuum



## **Program Services Division:**

### **Religious Services**

The Department provides a variety of religious services, which are supervised and coordinated by chaplain staff. Volunteer clergy and community churches assist chaplains in the provision of services. Chaplains provide regular religious services, religious education, and pastoral care. In addition, chaplaincy services include Bible Study, Prayer Groups, Christian Fellowship, Christian Twelve Step, Parenting Groups, Family Religious Services, Religious Seminars and Holiday Observances. The Department recognizes that Chaplaincy Services are important in changing criminal behavior by helping the incarcerated individual develop prosocial values. *These services are available at all facilities.*

### **Recreation Services**

The Department offers a wide variety of staff supervised recreational and leisure time activities designed to reduce incarcerated individual idleness and teach pro-social skills to use their time constructively and promote wellness. *These services are available at all facilities.*

### **Department Tablet**

The Department Tablet initiative provides program/education/vocational training/reentry preparation tablets to each incarcerated individual. These tablets are individualized educational platforms for justice involved persons to prepare for success upon reentry. These tablets allow the Department to increase access to programming via virtual programming formats and provide self-taught enrichment courses. *Tablets are available at all facilities.*

### **Volunteer Services**

Approximately 900 volunteers provide a variety of services that supplement established departmental programs. Volunteer services include faith-based, substance use, self-help, support groups, literacy, cognitive skills, and cultural awareness. *These services are available at all facilities.*

### **Self-Improvement Groups**

Self-Improvement Groups are structured incarcerated individual-coordinated groups designed to reduce idleness and enhance reentry by providing offenders with a forum to develop interpersonal communication, problem solving, and basic life skills. *Please reference the institution Program Descriptions for Self-Improvement Group availability.*

## **Vendor Facilitated Core Programs ~ Spectrum Health Systems, Inc.**

### **Male Offender Program Continuum**

#### **Correctional Recovery Academy (CRA)**

Correctional Recovery Academy is an intensive 6-month educational program that targets relapse prevention and cognitive behavioral treatment. The program utilizes rolling admissions and combines the elements of a therapeutic community's social learning approach with an advanced cognitive behavioral curriculum. *This program is available at MCI-Norfolk, MCI-Shirley, NCCI-Gardner, and Northeastern Correctional Center*

#### **Correctional Recovery Academy Graduate Support Program**

Graduates of the CRA may apply to participate in the peer support program. Peer participants are responsible for co-leading groups under the supervision of CRA counselors. Graduates are also required to attend the community meetings and the weekly continuing care plan group.

## **Criminal Thinking Program (CT)**

Criminal Thinking is a vendor facilitated 8-week program designed to focus on altering the pro-criminal thinking patterns that have been identified as separating those who are serious repeat offenders from those who are not. The program focuses specifically on criminal sentiments and how to develop pro-social alternatives for them. The program assists the participants in developing pro-social alternatives to past activities and associates. Upon completion of the program, participants are recommended to the General Population Maintenance Program. *This program is available at all facilities.*

## **Entry Program (TIME – Time to Invest in My Enlightenment)**

The goal of this program is to encourage participants to understand the connection between investing in their personal growth throughout their incarceration and their future success upon release. It is 7 sessions and takes place over 7 business days. It includes topics such as emotional well-being, personal growth, finances, and education. *This program is available at Souza Baranowski Correctional Center.*

## **General Population Maintenance Program**

Maintenance Program for participants who have completed the Violence Reduction and/or Criminal Thinking program. The program is intended to provide an opportunity for participants who have completed either of these programs to remain engaged in treatment to practice and internalize learned skills. The program meets once per week. This is a continuous program and therefore eligibility requirements are that the participants are 18 months from release. *This program is available at all facilities.*

## **Graduate Maintenance Program – Substance Use**

This program is offered to graduates of substance use programs. During Graduate Maintenance, the program concepts are reviewed, programming skills are practiced, and there is individual work on a recovery plan. This is a continuous program and therefore eligibility requirements are that the participants are 18 months from release. *This program is available at all facilities.*

## **Healthy Relationships**

Healthy Relationships is a 12-session program designed to empower individuals to cultivate healthy pro-social relationships by addressing personal responsibility, self-awareness, and effective communication. *This program is available at Northeastern Correctional Center, Pondville Correctional Center, and Souza Baranowski Correctional Center.*

## **Knowledge in Recovery**

This 8-week program is designed to educate and raise awareness of the consequences of continued substance use and includes groups that are psycho-educational, consisting of didactic lectures, group discussions and skills practice. The curriculum is intended to address incarcerated individuals at varying stages while supporting safety. *This program is available at all facilities.*

## **Reentry Readiness Workshop**

The 3-week Reentry Readiness Workshop is offered to participants who are within 2 years of release. Curriculum is designed to assist incarcerated individuals in the development of the necessary skills to obtain employment through resume building, cover letter writing, job application completion, mock interviews, and rehearsal of skills of how to maintain employment. The workshop also includes discussions regarding victim impact, social support, housing plans, financial awareness and budgeting, educational referrals, criminal impact, and attainable goal setting. *This program is available at all facilities.*

**Victim Impact**

Victim Impact is a 12-week program consists of a unique learning environment to enable the “power of the personal story” and its impact on offender thinking and behavior to unfold. The facilitator’s challenge is to set up a rich learning environment that incorporates relevant curriculum materials, adult-centered learning principles, experiential learning opportunities, cultural sensitivity, and activities to facilitate changes in thinking, feeling, and behaviors. *This program is available at MCI Framingham, MCI Norfolk, and MCI Shirley.*

**Violence Reduction**

Violence Reduction is an 8-week program that targets cognitions that contribute to violent behavior. The goal of this program is to decrease violent behavior and the likelihood of institutional disturbances. During the program, participants identify the specific cognitions which have led to their violent behavior. Once those cognitions are identified, participants are taught pro-social strategies and skills to diminish the likelihood of continued violence. Upon completion of the program, participants are recommended to the General Population Maintenance Program. *This program is available at all facilities.*

**Female Offender Program Continuum**

Gender responsive and trauma-informed approaches have been incorporated into the framework of treatment services for female offenders. Specific tracks of programs have been designed to address each offender’s specific pathway into the criminal justice system with the goal of reducing the likelihood of recidivism by addressing the unique issues associated with female offenders such as social influence, trauma, abuse, relationship dysfunction, substance use and mental illness.

**Building Positive Connections**

The Building Positive Connections component of Pathways is 26 weeks in length. Programming focuses on addressing past trauma or abuse, relationship dysfunction, as well as substance use. The pathway explores how past abuse, or trauma can influence current behaviors such as substance use or involvement in unhealthy relationships.

**Family Preservation**

Family Preservation is designed to promote appropriate mother/child bonding, relationship building and communication. This program offers a wide range of services to include parenting education classes, parenting support, children’s visit preparation, coordination and referral to available services, professional collaboration with state agencies, and special activity planning. Program staff act as liaison between participants and Department of Children and Families (DCF) for incarcerated mothers whose children are in the custody of DCF. An additional aspect of Family Preservation is a program called “A Book from Mom”, which is designed to enhance literacy in children. A children’s library is available for women to select age-appropriate books to read during visits with their children. After the visit, children are allowed to leave the visiting room with a book from Mom. The child is allowed to receive a new book during each visit to create his/her own personal library at home. Books are also made available for women to mail home to children during the holidays and on birthdays.

**First Step Program**

The First Step Program is a vendor facilitated program that offers voluntary substance use treatment services to women who are awaiting trial. Program participants require medical intervention for detoxification and are referred for further treatment. The treatment component consists of a 20-day schedule of classes on substance use education, overdose and relapse prevention, and interpersonal skill acquisition. The program also offers an individualized aftercare/discharge planning component to support program participants with identifying community-based treatment to access upon release.

## **Healing For the Future**

The Healing for The Future component of Pathways is 26 weeks in length. Programming focuses on several needs that are addressed through a community-based program such as criminal thinking, anger management, and negative or unhealthy relationships and how these are related to substance abuse and life choices. Healing For the Future addresses the issue of past trauma and mental health that has affected one's life and its impact on criminal behavior.

## **Healthy Living Community**

The Healthy Living component of Pathways is 26 weeks in length. Treatment focuses on disrupting criminal behavior and substance use as social norms. Using community as method, women confront many aspects of criminal behavior as social norms to develop pro-social attitudes. This is done through cognitive behavioral groups and community activities.

## **Healthy Opportunities Promote Empowerment (HOPE)**

The H.O.P.E. program is offered to the awaiting trial population. Upon admission, detainees receive a Texas Christian University Drug Screen assessment. Those who score a low risk for substance use will be offered admission into the H.O.P.E. Program in place of the First Step Program. This program is a non-substance use-based program focusing on areas of need for grief and loss, anger management, criminal thinking, goal setting, reentry, life balance and how to build healthy relationships. The HOPE program occurs over 5 weeks which consists of daily curriculum-based groups and weekly individual sessions with a Spectrum counselor.

## **Life in Recovery**

The Life in Recovery component of Pathways is 26 weeks in length. Programming involves basic substance use treatment such as relapse prevention and general substance use education. Participants in this pathway have access to parenting programming, education, and job development to build self-efficacy, as well as reentry planning.

## **Motivational Enhancement Program**

Motivational Enhancement is a 4-week program that introduces participants to basic program concepts while encouraging positive behavioral change. The program is designed to motivate participants to participate in more intensive programs to address their broader criminogenic need areas.

## **Parenting Inside Out (PIO)**

Parenting Inside Out is an evidence-based 4-week, cognitive-behavioral parent management skills training program created for incarcerated parents. This program focuses on effective listening and communication, problem solving skills, behavior management strategies, child development and family reunification techniques amongst various other topics.

## **Parenting Support Group**

The Parenting Support group is an open forum for participants at MCI-Framingham to openly discuss various issues, concerns, challenges, or accomplishments regarding their children.

## **Peer Pathway Program**

The Peer Pathway Program is a structured environment where participants can begin or continue to apply their personal growth experience by helping others and giving back to the community. After successful participation in 26 weeks of programming, addressing their core need areas, and successfully completing a competency panel, a participant may be eligible for the Peer Pathway Program. The program allows participants to receive further programming and training on becoming a peer mentor, a peer tutor, or a peer facilitator. The program's main goal for the participant is to provide support to other participants through real-life experiences and continue through a program of positive change and growth.



## **Pathway Electives**

Pathway Electives are approximately 8 weeks in length and held one time per week. During this program, participants will work on a series of interactive journals that are designed to promote positive life change. The elective acts as a tool to help participants with reinforcing change, through ongoing reflection and effort. The process of Interactive Journaling will help participants to become open and honest with themselves. By personalizing the information to individual circumstances, participants will be developing a road map to success.

## **Specialized Program Units**

### **Behavior Assessment Unit (BAU)**

A Behavior Assessment Unit is a housing unit that is not Restrictive Housing that is used for the assessment of incarcerated individuals who pose an unacceptable risk to the safety, security, and orderly operations of the correctional institution, have a possible personal safety need that needs to be investigated, or who pose a threat to others and require separation from general population. The goal of this unit is to expeditiously assess an individual's need(s) and determine if a structured program is recommended to address their need(s).

In addition to a minimum of three (3) hours of unstructured recreation opportunities daily while assigned to a BAU, incarcerated individuals are afforded an opportunity to attend at least one (1) wellness group per week facilitated by treatment/program staff. These groups are designed to increase protective factors through building mindfulness, interpersonal effectiveness, emotional regulation, and distress tolerance skills, which are applicable to a wide range of individuals. Incarcerated individuals in the BAU will also continue to have access to educational services and Personalized Program Plan programming should they be enrolled at the time of placement in the BAU or eligible based on their waitlist status. Additionally, incarcerated individuals in the BAU will have access to tablet-based content for self-directed enrichment programming.

### **Secure Adjustment Units (SAUs)**

A Secure Adjustment Unit is a structured program unit which provides access to cognitive behavioral treatment, education, programs, structured recreation, leisure time activities, and mental health services for those assessed as needing a specific structured program intervention to support positive adjustment in general population. An incarcerated individual may be classified, in accordance with 103 CMR 420, *Classification*, to an SAU from a Behavior Assessment Unit if a structured program intervention is recommended to address their needs and risk factors. All SAU's follow a graduated phase system designed to encourage maximum participation, and each incarcerated individual will have the opportunity to collaborate on the creation of an Individual Program Plan to identify programmatic goals and guide their participation while in the SAU.

The current SAU programs include:

*SAU at MCI Framingham* is designed to assist individuals in building the skills necessary to effectively and appropriately be a positive part of their community within MCI Framingham. There is also a focus on relational awareness to understand their effect on their community and how to develop healthy relationships. In addition to the core program, individuals will also be recommended to one of the three (3) tracks to better address their individual needs:

- Thoughtful Choices: focuses on addressing self-defeating behaviors and poor choices that have led to negative patterns of behavior.
- Emotional Insight: targets those who have extreme reactions to stressful or emotional situations; or
- Expanding Perspectives: aimed at individuals who utilize violence as a tool to meet their desired needs.

*SAU Medium at MCI Shirley* is a program intervention that aims to change an individual's thoughts and beliefs that cause disruptive behaviors and the decision-making that is preventing positive adjustment in a Medium Security environment. Program groups will challenge negative or criminal thinking patterns and improve the individual's ability to think about consequences before acting. To further address individual needs and risk, an individual will be recommended to one of three (3) tracks:

- **Recovery Skills:** aims to address disruptive behaviors that are connected to a substance use need and lay the foundation for continued treatment.
- **Rational Thinking:** focuses on identifying more effective and prosocial strategies to solve problems, enhancing their ability to use consequential thinking to evaluate their actions, and develop better self-management; or
- **Interpersonal Effectiveness:** aimed at building and maintaining positive connections and social support, improving communication skills to better address social pressure, and learning to resolve conflicts and engage with others in a more prosocial manner.

*SAU Level 4 at Souza Baranowski Correctional Center* is a program intervention for individuals who have engaged in significant violence or disruptive behavior. The program is designed to reduce the risk of future violence through developing a deeper sense of what is right and wrong, improving skills to make decisions, and increasing understanding and awareness of how behaviors impact other people. In addition to the core program, individuals will also be recommended to one of three (3) tracks to better address their individual needs and risk factors:

- **Positive Peer Connections:** designed for individuals who engage in criminal or violent behaviors due to their relationships and/or isolation from positive influences.
- **Cognitive Restructuring:** targets patterns of criminal thinking, issues with authority, or lack of concern for others through challenging current beliefs; or
- **Self-Regulation:** aimed at individuals who engage in impulsive behaviors such as violence or aggression due to struggles controlling anger or frustration, reacting to triggers, or substance use.

*An additional level of SAU is currently in development and will be for those classified to Maximum Security.*

### **Building Responsible Adults through Validation and Education (B.R.A.V.E.)**

The B.R.A.V.E. Unit at North Central Correctional Institute in Gardner supports incarcerated emerging adult men by creating an opportunity to have a positive experience while incarcerated that will benefit their familial relationships and communities. The community-centered program is comprised of curriculum groups, mentor workshops, volunteer-led activities, and family engagement events that aim to assist these emerging adults in strengthening personal and community responsibility.

The program incorporates incarcerated individual mentors and centers on encouraging self-reflection and self-improvement, learning interpersonal skills, and enhancing relationships with positive support systems, which includes teaching healthy parenting techniques for those with children.

Incarcerated individuals who are 18-26 years old, have more than 2 years left on their sentence (including first- and second-degree life sentences) and are eligible to be classified to medium security may be considered for the B.R.A.V.E. program. Developmentally appropriate programming for the emerging adult population is offered on the unit as well as the opportunity for individuals with at least one child to take advantage of specific program resources designed to build and foster the parent child relationship.

### **Progressing Everyday and Changing in Every way (P.E.A.C.E)**

The P.E.A.C.E Unit at MCI Framingham opened in June 2024 to support incarcerated emerging adult women with essential skill development, transformative mentoring and building community bonds to advance rehabilitation and promote successful reentry.

The program serves incarcerated individuals between the ages of 18 and 29, providing developmentally appropriate structured and unstructured spaces and activities to learn practical life skills that support positive growth and reentry.

The P.E.A.C.E. community nurtures self-sufficiency through the learning and rehearsal of skills, such as independent decision-making, personal responsibility, and positive interactions with others. Participants will have opportunities to nurture their responsibility and growth through education, self-reflection, and activities that promote positive peer connections.

As active members, the participants will make group decisions, be responsible for their actions, provide support to others in the community, and promote healthy daily living in a safe and supportive environment. Participants will also be mentored by other incarcerated individuals, who will have an integral role in the community by supporting members and organizing team-building activities.

### **Reentry Unit**

The Reentry Unit is a residential program for maximum security incarcerated individuals who are 18 months to release from custody. This unit is designed to prepare incarcerated individuals releasing from maximum security for a successful reintegration to the community, with the goal of reducing recidivism. The program's main goal is for participants to learn effective, real-life ways to be successful in their recovery and reintegrate back into society while living a life free of crime and substances. *This unit is located at Souza Baranowski Correctional Center.*

### **Vendor Facilitated Treatment Programs ~VitalCore**

#### **Sex Offender Treatment**

The Department of Correction offers comprehensive Sex Offender Treatment (SOT). The purpose of SOT is to reduce the participant's risk to reoffend, to increase the participant's ability to have a successful reintegration into the community, and to increase the participant's overall well-being. SOT incorporates concepts of the Relapse Prevention Model, the Risk-Need-Responsivity Model, the Good Lives Model, and the Self-Regulation Model. The vast majority of the program is facilitated at the Massachusetts Treatment Center, a facility designated exclusively for the purpose of sex offender treatment. There are also two satellite sites, NCCI-Gardner and Old Colony Correctional Center, where an introduction program is offered, as well as a less intensive programming for lower risk offenders and specialized programming for female offenders (MCI-Framingham) and those who have committed sexual crimes involving possession and distribution of child sexual exploitation material.

## **Volunteer and Chaplain Facilitated Program Descriptions**

**Able Minds:** A facilitated book discussion designed to shift criminal thinking and teach incarcerated individuals interpersonal problem-solving skills. Incarcerated individuals are expected to read 4-5 works of literature, participate in group discussions and book analysis, and write personal reflections utilizing the “Think First” method of consequential thinking. *This program is available at Old Colony Correctional Center, Massachusetts Treatment Center, and NCCI-Gardner.*

**Alcoholics Anonymous:** A volunteer-facilitated support program where incarcerated individuals learn about triggers to their behavior, understand past behavior and learn how to build a new, healthier sober lifestyle. *This program is available at all facilities except for Souza Baranowski Correctional Center.*

**Alternatives to Violence (AVP):** A volunteer-facilitated program teaches incarcerated individuals how to reduce violence by introducing alternative ways of resolving conflict resulting in a diminished need to resort to violence. Workshops focus on conflict resolution. *This program is available at MCI Norfolk, NCCI-Gardner, and Old Colony Correctional Center.*

**America’s VetDogs:** Sponsored by The Guide Dog Foundation, provides assistance-dogs to disabled veterans and active military personnel. *This program is offered at MCI Shirley, Old Colony Correctional Center., and Pondville Correctional Center.*

**American Veterans in Prison:** Serves to educate incarcerated veterans in the areas of housing, taxes, motor vehicle registration, outreach, and counseling. *This program is available at MCI Norfolk, MCI Shirley and Old Colony Correction Center.*

**Another Way to Go:** Formerly called “Leadership and Transformational Thinking”, a volunteer facilitated program utilizes curriculum developed by the End Violence Project to support incarcerated individuals in successfully transitioning from prison back into society. Participants in this program review a variety of skills such as communication and emotion management that assist them in making a profound and lasting difference in their communities both inside prison and out. *This program is available at MCI Framingham, MCI Norfolk, NCCI-Gardner, Northeastern Correctional Center, Pondville Correctional Center, and Souza Baranowski Correctional Center.*

**AVP Basic Workshop:** Aims to reduce interpersonal violence and present conflict management skills that can enable individuals to build successful interpersonal interactions. *This program is available at Northeastern Correctional Center.*

**Beekeeping:** Volunteer facilitated program which provides lectures and hands on experience caring for hives of bees which in turn increases pollination for the environment and can provide goods for the facility such as honey. *This program is available at Pondville Correctional Center.*

**Book Club:** Run by the Institutional Librarian is designed to mimic book clubs often offered at public libraries. This discussion-based program allows incarcerated individuals to practice their reading and writing skills while engaging in pro social discussions which will promote positive peer association. *This program is available at MCI Framingham.*

**Book Discussion Group:** Encourages analysis of changing lives through literature, cultural identity, and book discussion. *This program is available at Souza Baranowski Correctional Center.*

**Career Pathway Workshop:** Designed to assist incarcerated individuals in the development of the necessary skills that are needed for successful transition back into the community. The focus of the workshop is employment readiness to include resume building, cover letter, job application, mock interviews and how to maintain employment. The workshop also includes social support, housing plans, financial awareness and budgeting, criminal impact, and attainable goal setting. *This program is available at Pondville Correctional Center.*

**Catholic Life:** Program led by Department Catholic Chaplain or Catholic Volunteer to encourage incarcerated individuals to be involved in church related activities and reinforces sense of identity as members of the Catholic church. *This program is available at Northeastern Correctional Center.*

**Catholic Rosary:** Program led by Department Catholic Chaplain or Catholic Volunteer to provide space and time to recite the Rosary and other various Catholic prayers with other members of the Catholic community. *This program is available at Northeastern Correctional Center.*

**Christian 12 Step:** Discussion based group that teaches the foundation Alcoholics Anonymous/ 12 Steps of Recovery but with a focus on related on Biblical teachings. *This program is available at MCI Framingham.*

**Cognitive Skills Workshops:** Teaches incarcerated individuals cognitive skills including problem solving, setting goals, negotiating, assertive communication, asking for help, active listening, and using self-control. *This program is available at Boston Pre Release and Pondville Correctional Center.*

**Companion Program:** Provides training to incarcerated individuals who provide support and encouragement to state hospital committed persons served. *This program is available at Old Colony Correctional Center.*

**Companion/Environmental Cleaning Program:** Designed to improve the hygiene practices of incarcerated individuals and reduce the transmission of infectious microorganisms in the Nursing Care Unit and Clinical Stabilization Units. After an extensive training program inclusive of training on dementia, health assistance and suicide prevention, participants receive training on environmental cleaning and assisting individuals with activities of daily living. *This program is available at MCI Shirley.*

**Difficult Conversations – Mediation Client Training and Support:** Difficult Conversations Mediation is a conflict resolution program that addresses exactly this topic. MetroWest Mediation leads a 6-part series that incorporates a book discussion of Difficult Conversations along with interactive exercises related to skill-building. *This program is available at MCI Framingham.*

**Doing The Right Thing:** Designed to assist incarcerated individuals with making ethical decisions. The program utilizes video seminars, role modeling, and discussion facilitated by the instructor. *This program is available at Northeastern Correctional Center.*

**Emotional Awareness/Houses of Healing:** Designed to foster emotional and spiritual growth and promote responsibility and accountability toward oneself and others. Incarcerated individuals are also taught skills to reduce disruptive behavior. *This program is available at MCI Norfolk.*

**Entrepreneurship:** Inspires and empowers individuals who are interested in starting a business. The program will cover a different topic each week leading up to an optional business pitch presentation. Content covered includes coming up with business ideas, why and how to write a business plan, customer definition, positioning, marketing, and sales planning, finance/accounting, the legal aspects of setting up a business, scaling, and pitching your idea. *This program is available at MCI Framingham.*

**Family Violence Education Group:** Designed to educate incarcerated individuals on the aspects of family violence and intimate partner violence. The goal of this program is to reduce the amount of violent incidents, lower recidivism rates, and contribute to safer communities and a healthier society for all. *This program is available at MCI Norfolk.*

**Fatherheart Program:** Eight-week, faith-based program designed to assist offenders in family skills. *This program is available at Northeastern Correctional Center and Boston Pre-Release.*

**Formative Writing Independent Study:** Is for individuals who are interested in additional writing projects/support. The goal is for participants to enhance their skills by learning different writing techniques. *This program is available at Massachusetts Treatment Center and Souza Baranowski Correctional Center.*

**Garden Program (RTU):** Group held in the Residential Treatment Unit to provide individuals with an opportunity to plan and care for a garden, where the food produced from the garden can be donated to the community. Promotes healthy coping, improved problem solving, and interpersonal and social skills. *This program is available at Old Colony Correctional Center.*

**Healing The Wounded Heart:** Christian based program aims to help incarcerated individuals find healing, engage with the Scripture, and become resilient. Though the program is based in Christianity, all are welcomed to attend the program regardless of their religious belief. *This program is available at MCI Shirley.*

**Heart to Heart Peace Leaders:** Supports Incarcerated Individuals reentering communities from incarceration, enabling them to experience more inner peace and to be a healing presence for others. *This program is available at Boston Pre-Release Center and Pondville Correctional Center.*

**Houses of Healing:** Designed to foster emotional and spiritual growth and promote responsibility and accountability toward oneself and others. Incarcerated individuals are also taught skills to reduce disruptive behavior. *This program is available at MCI Framingham.*

**Impact Fitness:** Delivers health and wellness knowledge, skills, and practice in order to lead healthier lives while incarcerated, which may also lead to employment after incarceration. *This program is available at MCI Framingham.*

**Inside Out Dad:** Developed for the challenges incarcerated fathers face and connects incarcerated fathers to their children while they are on the inside. This program also prepares incarcerated fathers for reentry. *This program is available at Old Colony Correctional Center.*

**Introduction to Horticulture:** Designed to help participants understand the fundamental concepts of horticulture and teach the core skills required to produce small-scale sustainable gardens. *This program is available at MCI Framingham, MCI Shirley, and Northeastern Correctional Center.*

**Iericho Circle:** Targets a variety of criminogenic risk factors that are precursors to criminal behavior to develop integrity, accountability, and emotional intelligence. *This program is available at MCI Framingham and MCI Norfolk.*

**Law Library Clerk Training:** This program provides pre-employment training in basic legal research and use of electronic legal resources for potential incarcerated individual law library clerks or incarcerated individuals interested in legal research. *This program is available at MCI Framingham, Massachusetts Treatment Center, NCCI Gardner, Old Colony Correctional Center., and Souza Baranowski Correctional Center.*

**Liturgical Dance:** Form of worship performed during a typical church service that involves movements that mirror ballet moves, performed to religious hymns. *This program is available at MCI Framingham.*

**Living Skills:** Composed of basic skills offered over an 8-week period. Acquiring skills such as Critical thinking, appropriate decision making, refusal skills, interpersonal skills, parenting and child development, and setting and attaining goals will enable incarcerated individuals to solve problems encountered daily which would otherwise lead to conflicts. *This program is offered at NCCI Gardner (BRAVE Unit.)*

**Menswork:** This program brings is designed to provide and create educational services that support the personal and social rehabilitation of incarcerated individuals. *This program is available at MCI Shirley.*

**Mindfulness, Meditation and Resiliency:** Focuses on the mental and physical health benefits of yoga for incarcerated individuals. The yoga practices will follow the Prison Yoga Project's guidelines based on their

effectiveness in prison classes with a variety of students with different physical and psychological issues. *This program is available at MCI Norfolk.*

**Money Smart:** Covers topics such as developing spending plans, budgeting skills, how to choose and maintain a checking account and the basics of building/repairing credit. *This program is available at MCI Framingham, MCI Norfolk and Pondville Correctional Center.*

**Music Theory Program:** Enables participants to learn basic music theory, comprehension, and practice. Incarcerated individuals join bands to rehearse and perform. *This program is available at Massachusetts Treatment Center, MCI-Shirley, and Old Colony Correctional Center.*

**Narcotics Anonymous:** Discussion/support/fellowship group focuses on the twelve steps of narcotics anonymous and providing community information as appropriate. *This program is available at MCI Norfolk and Old Colony Correctional Center.*

**National Education for Assistant Dog Services-Puppy Program (NEADS):** NEADS is a non-profit service dog organization established to provide Hearing, Service and Assistance Dogs for veterans, adults, and children. For example: children on the autism spectrum; veterans or civilians who are deaf or use wheelchairs or whose activities are limited by their disability. These Service Dogs become extensions of their owners and bring freedom, independence, increased mobility, and relief from social isolation to their partners. This is an 18-month program designed to utilize incarcerated individual handlers to teach dogs basic obedience and other skills needed to prepare them for future “careers” as Service Dogs assisting people who are physically disabled. Following their training with the incarcerated individuals, the dogs will then learn the more advanced Service Dog skills at NEADS’ National Assistance Dog Training Campus in Princeton, MA. *This program is available at MCI Framingham, Northeastern Correctional Center, MCI Norfolk, and NCCI Gardner.*

**New Beginnings Reentry:** This program is held virtually. Session one will prepare clients and focus on developing successful guidelines (rules to live by), these guidelines can be learned in the Bible, though the 7 Pillars of Islam, the Halachah in the Torah or elsewhere. The goal is to stress the need for a set of values that guide behavior. The message is delivered in one-hour sessions co-led by Faith leaders and people with lived experiences in incarceration. *This program is available at MCI Framingham and Boston Pre Release.*

**Nurturing Fathers:** This program is designed to teach parenting and nurturing skills to men. The program targets key parental behaviors and beliefs and the structure and content help to evoke positive change in the participants. *This program is available at Pondville Correctional Center.*

**Parallel Recovery:** A comprehensive approach to programming individuals who have both a serious mental illness and a serious substance use disorder, with a goal of helping individuals live independently in the community. *This program is available at Old Colony Correctional Center (Recovery Unit only.)*

**Parents Helping Parents:** Aims to provide ongoing help to incarcerated parents through support groups. Groups are comprised of nonjudgmental peers who are dedicated to helping one another and achieve three goals: reducing social isolation, enhancing resiliency, and improving parenting skills. *This program is available at MCI Norfolk.*

**Path of Freedom:** A mindfulness-based, cognitive-behavioral, and integral approach to self-transformation and personal development. *This program is available at MCI Norfolk and Old Colony Correctional Center.*

**Peace Education Program:** Designed to increase the participant’s awareness of the innate resources they have, to manage challenges of life both while incarcerated and after release in a more constructive and positive manner than they might have prior to taking classes. *This program is available at MCI Framingham.*

**Peer Recovery Support Program:** Provides emotional, informational, and instrumental supports from fellow peers relating which leads to improved wellbeing, increased community support, and links individuals to services. *This program is available at MCI Framingham.*

**Phoenix Physical Wellness and Recovery:** Provides immersive activities that catalyze personal growth and community building through engaging in yoga, fitness classes, meditation, and team-based challenges. *This program is available at MCI Framingham.*

**Physical and Mental Well Being:** Teaches yoga and the positive effects it has on day-to-day discipline and overall mindfulness. This program is about self-care and uniting the mind, body and spirit and taking it back into their everyday lives. *This program is available at Old Colony Correctional Center.*

**Prison Fellowship Program:** Helps participants to become increasingly pro-social and emphasizes pro-social attitudes and skills developed in a community. *This program is available at MCI Norfolk and Old Colony Correctional Center.*

**Project Youth:** Designed for incarcerated individuals to discuss their personal experiences and consequences that resulted in incarceration with high school students. *This program is available at MCI Norfolk, Old Colony Correctional Center, and MCI Shirley.*

**Read to Me Father:** Unifies incarcerated fathers with their children through the power of reading. Incarcerated Individuals will be given the opportunity to be recorded while reading an age- appropriate book that speaks to their child's interest level. The video and the book are then mailed to the child. *This program is available at MCI Norfolk and Old Colony Correctional Center.*

**Read To Me Mommy:** Unifies incarcerated mothers with their children through the power of reading. Offenders will be given the opportunity to be recorded while reading an age- appropriate book that speaks to their child's interest level. The video and the book are then mailed to the child. *This program is available at MCI-Framingham.*

**Reclaiming Reality:** Provides eight weeks of non-residential substance use treatment that follows a detailed lesson plan addressing addictive behavior. *This program is available at Pondville Correctional Center.*

**Remote Book Discussion:** Journal based reading group where individuals read various pieces of writing and discuss questions pertaining to the readings via written response, which enhances reading and writing skills. Journal is then sent to the volunteer to review and respond. *This program is available at Massachusetts Treatment Center.*

**Restorative Justice 101:** Assists incarcerated individuals to understand the impact of Restorative Justice practices that aid in creating a more peaceful and healing prison community It is designed to give offenders a sense of responsibility and empathy for the harm they have inflicted on families and communities. *This program is available at Pondville Correctional Center.*

**Restorative Justice Circle (BRAVE UNIT):** Restorative justice circles aimed at addressing dynamic criminogenic risk factors and behaviors by promoting accountability, empathy, and positive social interactions. *This program is available at NCCI Gardner (BRAVE UNIT.)*

**Restorative Justice Community Building Circles:** Designed to provide offenders with a notion of responsibility and empathy for the harm that they've inflicted on families and communities. *This program is available at MCI Norfolk.*

**Restorative Justice Maintenance Group:** Provides a second layer of exposure to Restorative Justice practices, principles, and theories reviewed in prior programming, focusing on three core domain areas: social responsibility, personal healing, and community impact. *This program is available at MCI Framingham.*



**Restorative Justice Reading Group:** Designed to introduce to the offender what it means to be accountable and responsible with the goal of making amends. *This program is available at MCI Framingham, MCI Norfolk, MCI Shirley, and Old Colony Correctional Center.*

**Restorative Justice Mindfulness Program:** Designed to assist incarcerated individuals in learning to become present and to engage in pro-social behavior. It also allows incarcerated individuals to cultivate skills that bring awareness to destructive behavior patterns. *This program is available at MCI Norfolk.*

**Second Thoughts:** Develops self-awareness, critical self-reflection, and mentoring skills within the incarcerated population to encourage responsible and rehabilitative behavior. The goal of this program is to build long practiced mentoring skills in order to work post release with high-risk vulnerable urban young men to work through stress and trauma of poverty and violence in urban settings. *This program is available at MCI Norfolk.*

**Spanish Service Bible Study:** Readings and reflections of the Bible for Spanish Speaking individuals using discussion group-based format. *This program is available at Massachusetts Treatment Center.*

**Speak Up:** Targets Incarcerated Individuals that desire to develop more effective communication skills. *This program is available at Souza Baranowski Correctional Center.*

**Starting Your Own Business:** Educates and prepares individuals interested in starting a business. This program covers topics such as keys to success, defining your business, market research, business finance, business operations, marketing, and development of a business plan. At the conclusion of the program individuals will present their own business plan. *This program is available at MCI Norfolk.*

**Stepping Up – Call to Courageous Manhood:** Assists incarcerated individuals in acquiring increased communication and negotiation skills by utilizing wisdom and principles related to such. *This program is available at Northeastern Correctional Center.*

**Strategies for Self-Improvement:** Provides an interactive, cognitive-behavioral treatment approach to motivate change in adults with a history of criminal conduct and/or substance use to provide prevention of relapse and recidivism. *This program is available at Northeastern Correctional Center and Old Colony Correctional Center.*

**The Art of Drawing – The Basics:** The basic elements of drawing will be taught. These elements include: form, line, shape, value, color, texture, space, and the relationship of light and shadow. What the students will learn is that drawing reveals the dynamic phenomenal elements of form, light, shadow, smoother, texture, and tonal relationships. *This program is available at MCI Framingham.*

**Toastmasters:** Provides a public-speaking platform that enables incarcerated individuals to develop more effective communication skills. Through a series of presentations, incarcerated individuals learn to express thoughts in a clear and non-threatening manner. “Toastmasters” are an internationally recognized organization. *The program is available at MCI Framingham, MCI Norfolk, MCI Shirley, and Old Colony Correctional Center.*

**TYRO Core Communications:** Provides effective communication skills through mutual understanding, effective talking and listening, conflict resolution, and building healthy relationships. *This program is available at NCCI Gardner (BRAVE Unit.)*

**Victim Offender Education Group (VOEG):** Restorative justice program provides opportunities for the incarcerated individuals to internalize accountability, responsibility and learn empathy towards their victims and the community. *This program is only available at MCI Norfolk.*

**Walking the Line:** Offers critical and concrete tools that help participants control their relationship choices in a way that will lead to more enriching and more satisfying interactions with the people that matter in their lives. *This program is available at Old Colony Correctional Center.*

**Zen Meditation:** Utilizes a variety of meditation techniques such as mindfulness, formal sitting, and walking meditation. Practicing these skills in groups will build confidence within the population and foster a strong personal meditation practice outside the weekly group meetings. *This program is offered at MCI Framingham and MCI-Shirley.*

## **Education Division**

The mission of the Education Division is to prepare incarcerated individuals for successful reentry into the community by providing comprehensive academic and vocational programs based upon individual need; moreover, to further reinforce the knowledge and skills necessary to be competitive in today's job market and transition into productive members of society.

Emphasis is placed upon identifying each incarcerated individual student's educational/vocational need, crafting an individualized programming plan of action, monitoring progress, and modifying as needed, developing and reinforcing basic literacy skills, and the acquisition of marketable, transferable skills. To complete these tasks the Education Division offers classes taught by full-time academic teachers and vocational instructors and employs individuals who serve as College and Career Coordinators that assist, and support incarcerated individual students' progress towards their identified, individual goals. The Division's responsibilities include teaching academic classes, instructing vocational programs that lead to nationally recognized credentials, and providing opportunities for incarcerated individual students to enroll in college programming. Successful reentry begins at reception by administering the Test of Adult Basic Education (TABE) in order to identify grade level equivalents (GLE) and academic need.

### **I. Assessments**

When newly committed incarcerated individuals enter the reception centers, information surrounding their educational background is obtained by administering the Test of Adult Basic Education (TABE). The TABE test provides a grade level equivalent score in math, reading and language. Speakers of other languages are given the TABE CLAS-E. Education staff at each institution receives this information upon an incarcerated individual's transfer to that facility; they discuss educational opportunities and place the incarcerated individual in appropriate, grade-level classes or on waiting lists. Measurable Skills Gain can be calculated by administering the TABE assessment again.

### **II. Education Programs**

#### **Academic Education Programs**

##### ***Adult Basic Education Continuum***

##### **Adult Basic Education**

Adult Basic Education (ABE) is designed to serve those students who are struggling with basic reading, writing, and math skills and who typically function below the sixth-grade level. ABE provides students with the academic skills that are necessary for entrance into adult secondary courses. ABE focuses on reading, language, and mathematics with student progress being measured by the Tests of Adult Basic Education (TABE) (GLE 0.0-\*5.9).

##### **Pre-Adult Secondary Education**

The Pre-Adult Secondary Education (Pre-ASE) class is designed to prepare intermediate level students for the ASE Program where students prepare to take the HiSET (High School Equivalency Test) exam. The class focus is on reading comprehension, writing skills, math, social studies, and science. These individuals typically function between sixth and ninth grade levels according to TABE scores (GLE 6.0-\*8.9).

### **Adult Secondary Education**

The Adult Secondary Education (ASE) program is specifically designed to prepare students to successfully take the HiSET (High School Equivalency Test) exam. The class focuses on reading, writing, math, social studies, and science – the five main components of the HiSET exam. These individuals typically function at or above the ninth-grade level according to TABE scores (GLE 9.0-\*12.9).

### ***Limited English Proficient (LEP) Continuum***

#### **English as a Second Language 1-Beginner**

English as a Second Language (ESL) is a language development program designed for the adult learner with limited English proficiency. The primary emphasis of the program is to provide students with the fundamentals of speaking, reading, writing, and listening skills in English so they may be mainstreamed into academic classes and/or participate in vocational programs. The three-level program is taught exclusively in English and is available to those students whose native language is not English.

#### **English as a Second Language 2-Intermediate**

This program works to develop and refine skills needed in conversation beyond basic needs. The focus is on reading comprehension of short pieces, vocabulary development, and oral answers to reading questions. Writing skills focus on paragraph organization and essay construction and formal English grammar. Informational articles as well as short stories are introduced. Practice is given in letter writing, both informal and formal business letters, complaints, and requests.

#### **English as a Second Language 3-Advanced**

In this program, the focus is on more complex English grammar, sentence structure, and punctuation, including self-editing skills. Practice is given in writing and editing two to three paragraph essays. Reading comprehension and academic vocabulary is stressed and applied to word problems in mathematics as well as geography and history selections and informational historical and literary documents. Emphasis is placed on preparing the student to advance from ESL classes to regular academic classes and vocational programs.

### ***Supplemental Education Programs***

#### **Education: Specialized Housing Units**

For those incarcerated individuals housed outside of general population due to clinical needs, structured program intervention needs, or protective custody status, a variety of academic, technology, and vocational programs are supplied.

#### **Remote Learning Tablets**

Incarcerated individuals have the opportunity to extend their time on learning through use of tablets. Tablets are preloaded with educational content. Tablets also support teacher-led lessons to promote individualized learning opportunities that influence positive outcomes. *Tablets are available to all incarcerated individuals at all facilities.*

#### **Special Education Services**

Through the work of certified special educators, teachers are able to provide an individualized approach for instruction, modifications, and accommodations that some students need to successfully access academic programs in the ABE continuum. These services are available to all students residing at a facility that provides ABE educational services.

## ***College-Level Programs***

### **Babson College**

This four-course sequence in Entrepreneurship is designed to support the DOC in providing opportunities to care for and prepare incarcerated individuals for successful reentry . It will follow the large body of research identifying Entrepreneurship as an important alternative to regular job applications for returning citizens, and entrepreneurial thinking and acting as crucial life skills to promote a strong, healthy relationship with self and others. *This program is available at MCI Framingham.*

### **Boston College**

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to apply for acceptance into a bachelor of applied liberal arts. *This program operates at MCI-Shirley and there is a continuum component at Northeastern Correctional Center.*

### **Boston University**

Students who meet the eligibility requirements by applying and meeting the minimum admissions requirements have an opportunity to take credit-bearing Boston University courses towards an Interdisciplinary Studies Certificate from Boston University's Metropolitan College. Funded in full by Boston University. *This program is available at MCI-Norfolk and MCI-Framingham.*

### **Emerson College**

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to apply for acceptance into a Bachelor of Communication and media students. *This program is available at MCI-Norfolk and occasionally at Northeastern Correctional Center.*

### **Inside-Out Program**

This program is offered to students who have a high school or equivalency credential/diploma. Taught by an outside college instructor, these courses combine college students from the outside with incarcerated individuals. Self-funded universities that rotate courses include Tufts University, Bridgewater State University, Framingham State University, and Wheaton College. *These programs are available at MCI-Framingham, Souza Baranowski Correctional Center, and Old Colony Correctional Center*

### **Massasoit Community College**

Students who meet the eligibility requirements by passing an entrance exam, and interview have an opportunity to take credit-bearing Massasoit courses with the potential of earning their Associate Degree in Liberal Studies. This program also provides six culinary credits for those who completed our culinary program. *This program is available at Old Colony Correctional Center.*

### **Mount Wachusett Community College**

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to achieve a Business Administration Certificate from Mount Wachusett Community College. Additionally, students can take additional courses in bookkeeping and continue to enroll in an associate degree upon completion of the certificate. *This program is available at MCI-Shirley and NCCI-Gardner.*

### **Post-Secondary Education**

Taught by staff, academic teachers focus on critical thinking. Classes are offered in a variety of subjects including literature, advanced mathematics, college study skills, and financial literacy. These programs are offered to students who have a high school or equivalency diploma. *This program is available at MCI-Framingham, Souza Baranowski Correctional Center, Old Colony Correctional Center, MCI-Norfolk, MCI-Shirley and NCCI Gardner.*

## **Tufts University**

Students who meet the eligibility requirements by passing an entrance exam and interview have an opportunity to initially earn their Associate of Arts degree. Tufts partnered with Bunker Hill Community College in order to provide this degree program. Upon completing the associate's degree, qualified students can apply to Tufts University to enroll in a bachelor's degree in Civic Studies. *This program is available at MCI-Shirley and has a continuum component at Northeastern Correctional Center and is self-funded.*

## **Technology Education Programs**

### **Introduction to Microsoft Office**

The Introduction to Microsoft Office program is designed to provide students with basic technology skills and enhance their digital literacy. This program consists of three components: Introduction to Computers, Microsoft Office 2010 and Windows 7, and Microsoft Word 2010. A high school diploma or high school equivalency is required for admittance, along with a 7<sup>th</sup> grade reading level on the TABE. Furthermore, students who meet these requirements will be invited to an interview and a skills assessment to gauge current digital literacy skills. *This program is offered at Souza Baranowski Correctional Center, MCI-Shirley, NCCI-Gardner, MCI-Norfolk, Old Colony Correctional Center, and MCI Framingham.*

### **Coding 1- Web Design**

Empowers students to build skills in design, leadership and coding while designing a website to solve a social issue. It affords them the additional opportunity to learn about career opportunities in coding as well as provide access to mentors while earning college credit from Benjamin Franklin Cummings Institute of Technology (BFIT). Class is administered via Zoom with MIT teaching assistants. *This program is offered at MCI-Framingham.*

### **Coding 2-Python**

Code Your Dreams (CYD) empowers students to build technical projects that make a difference in their communities. Each student leaves the program with their own web app developed using HTML, CSS, Python, Flask, and SQLAlchemy, as well as the skills and inspiration to continue solving big problems with code. The curriculum introduces students to some of today's fastest-growing roles in technology, including project management, user experience research and design, software development, and marketing. *This class is administered via Zoom with MIT teaching assistants and is offered at MCI-Framingham.*

### **Coding 3- App Design**

Empowers students to build technical projects that make a difference in their communities. Each student leaves the program with their own web app developed using HTML, CSS, Python, Flask, and SQLAlchemy, as well as the skills and inspiration to continue solving big problems with code. The curriculum introduces students to some of today's fastest-growing roles in technology, including project management, user experience research and design, software development, and marketing. *This class is administered via Zoom with MIT teaching assistants and is offered at MCI-Framingham.*

## **The Last Mile**

A 45-week remote educational coding and technology program that operates approximately 35 hours per week with remote instruction. The program provides marketable computer coding and professional development skills, and workforce reentry support. Students selected to participate in the program will receive educational training in Web Development Fundamentals and MERN development, including such courses as HTML, CSS, JavaScript, jQuery, Bootstrap, Node.js, React, Express, MongoDB and API Testing. *This program is offered at MCI-Shirley.*

## **Persevere Coding**

This 12-month coding class trains students in Front-End and Back-End Development with the opportunity for those who successfully complete training to earn a Full Stack development certification. Students are presented with life skills education, instruction in the soft skills necessary for the work environment and mentoring support and job placement services. *This program is offered at NCCI-Gardner.*

## **Vocational Education Programs**

### ***Long-Term Programs***

#### **Automotive**

This 10-month program on the fundamentals of auto mechanics is taught by providing book work in addition to hands-on training achieved by working on state vehicles. Students work toward Automotive Service Excellence (ASE) certification and become proficient in shop safety, electric systems, scan systems, tune, tune-ups, tires and wheels, restraint systems, brake systems, and air conditioning systems. Students are able to earn their OSHA 10 General Industries Training and Mobile Air Condition Society (MACS) license Worldwide, Section 609 Certification. *This program is located Pondville Correctional Center and classes take place in the Milford garage.*

#### **Barber Training**

The Barber Training Program is a professionally licensed, 1000-hour, state credentialed program that includes a 12–18-month commitment from potential students. Students become proficient in professional ethics, hygiene, shaving and facial hair design, history of barbering, the use of tools and equipment, safe work practices, men's haircutting and styling, barbershop management, and job search. This program encompasses all the practical applications of barbering, training and education required to become a licensed professional barber in the state of Massachusetts. *This program is offered at MCI-Shirley, MCI-Norfolk and Old Colony Correctional Center.*

#### **Building Trades**

In this 6-month program, safety, rough and finished carpentry, sheetrock work, and wood working are covered. Hands-on experience is provided by either completing institutional projects or mock-ups, and students become NCCER Certification eligible and receive OSHA 10 General Industries Training. *This program is offered at MCI-Shirley.*

#### **Cosmetology**

The Cosmetology program provides students with 1000 hours of instruction combining practical and theory requirements of the Massachusetts Board of Registration of Cosmetology and Barbering Division of Professional Licensure. Students will learn the basics of manicuring, pedicuring, nails, facials, hair coloring, hair removal, braiding and wigs, and chemical procedures along with the science of body, skin, hair, diseases, and wellbeing. The students will understand the use of chemicals on hair, sanitation and the proper use of cutting and styling tools. This program encompasses all the practical applications of cosmetology, training and education required to become a licensed professional cosmetologist in the state of Massachusetts. *This program is offered at MCI-Framingham.*

#### **Culinary Arts: Foundations I**

Culinary Arts is structured to provide both theory and hands-on experience in the areas of applied foodservice sanitation and hygiene and in professional cooking. The course of study generally runs for nine months with the first three months focusing on obtaining the knowledge and skills required to successfully pass the National Restaurant Association's Education Foundation's SERV Safe certifying exam covering sanitation and hygiene.

The next six months focus on Foundations Level 1 Restaurant Management and Culinary Arts. *This program is offered at SBCC, MCI-Shirley, Northeastern Correctional Center, NCCI-Gardner, MCI-Norfolk, Old Colony Correctional Center, Massachusetts Treatment Center, and MCI-Framingham.*

### **Diesel Mechanic**

In collaboration with Massasoit Community College, this diesel technology training and placement program supports releasing individuals in obtaining and retaining unsubsidized employment in the diesel industry. Students are provided with career training, support, and job placement assistance, while addressing the diesel industry's need for skilled workers. *This program is offered to incarcerated individuals at Pondville Correctional Center who are classified as pre-release security level.*

### **Commercial Driver's License (CDL)**

The Commercial Driver's License vendor facilitated training program is comprised of the Commercial Learner's Permit and Entry Level Driver's Training (ELDT) training course and the Behind-The-Wheel training course. Upon successful completion of the program, students have the opportunity to earn their Commercial Driver's License Certification and receive job readiness and employment services. *This program is offered at Pondville Correctional Center.*

### **Food Service Training**

The Food Service Training program introduces students to the food hospitality industry and explores the various career opportunities within the industry. Through a combination of classroom lessons and hands-on experience, supervised by a chef-instructor, students acquire the knowledge and technical skills needed to gain employment in the hospitality industry. Students are instructed in safe food handling and given the opportunity to earn the nationally recognized SERV Safe certification at the expense of the Department of Correction. *This program is offered at the Massachusetts Treatment Center.*

### **Small Engine Repair**

This year long program provides the students training in the outdoor power equipment field. Students learn troubleshooting and repair in all engine systems. Students learn entry level skills to better themselves for employment. Upon completion, students take the Equipment and Engine Training Counsel (EETC) exam to become certified. Students are required to take the 4-stroke exam, and the 2-stroke exam is optional. Students will also complete their OSHA 10. *This program is offered at NCCI-Gardner.*

### **Welding**

This 9-month training program teaches basic job skills, safety protocols, and a variety of welding techniques used to weld different metals including steel, stainless steel, and aluminum. Upon successful completion of this program, students receive credentials from the National Center for Construction Education and Research (NCCER), a nationally recognized authorizing agency. *This program is offered at MCI-Norfolk.*

### **Wheelchair Repair**

The Wheelchair Repair program is a 9-month training curriculum that prepares students to restore, repair, and maintain ambulatory products. This program is designed to prepare students to be competitive for entry-level positions such as durable medical equipment technicians, assemblers, or quality control specialists while simultaneously providing a needed service to less fortunate countries around the world. *This program is offered at Northeastern Correctional Center.*



## *Short-term Programs*

### **Future Hope Pre-Apprenticeship and Recovery Program (FHARP)**

This 12-week off-site faith-based program provides valuable job opportunities in the construction trade, along with life skills education, professional guidance, and job readiness training for a sustainable future. Those participating in this program will receive training in Basic Carpentry, Roofing, Painting, Taping, Drywall, and HiSET Prep, as well as OSHA 10-hour and CPR Certifications. *This program is offered at Boston Pre Release.*

### **OSHA-10**

This training safety course includes the equivalent of ten hours of training in electric and fire safety, slip, and fall prevention, chemical safety, and more. This course satisfies the OSHA 10 training requirement for workers of general industries. A GED or high school diploma is not required to participate. *This training is open to all incarcerated individuals and is available at all facilities.*

### **SERV Safe**

This program is designed to provide students with the education necessary to earn a nationally recognized certification. This certification is useful for obtaining employment in the food service industry. Students who complete the course then take the National Exam, and upon completion of the SERV Safe program and certification, students are eligible to apply for a position in the Culinary Arts Program. *This training is targeted to be offered at all facilities.*

## ***Educational Volunteer Partnerships***

### **Partakers**

A volunteer mentoring program available to support students who are enrolled in post-secondary education. Program participants meet with students in the facility's visiting room to discuss academic needs. . *This program is available at MCI-Framingham, MCI-Norfolk, and MCI-Shirley.*

## **School of Reentry (SOR):**

### **SOR**

Located within Boston Pre-Release Center in Roslindale, MA, the Executive Office of Public Safety and Security's School of Reentry (SOR) is a 12–18-month residential school providing minimum security incarcerated individuals an opportunity to maximize the end of their incarceration time immersed in education, personal, career and technical education training. The mission of the school is to develop a growth mindset within each student that ultimately affects positive change for themselves, their families, and their communities.

The SOR seeks to transform individuals through its holistic approach to human development. Participants immerse themselves in educational initiatives aimed at creating meaningful opportunities during and beyond their incarceration. Students and professional staff work together to develop a personalized academic plan. Many pursue High School Equivalency, some begin a vocational track, while others enroll in refresher courses to reactivate the skills needed for post-secondary work. Regardless of academic level, students attend six hours daily of academic classes where instruction deploys interdisciplinary strategies to reach every student and integrate the skills needed to succeed in the "real world." SOR's curriculum focuses on developing marketable skills for employment – especially in technology. Beginning with Microsoft "Tech Support" training, participants earn Microsoft Office Specialist certification with further opportunities in computer programming (Java, C++, Python and HTML5). Students are afforded an opportunity to combine the attainment of a high school credential with college level credited courses. Through public/private partnerships, students have the opportunity to enroll in certificate, associate and bachelor's degree programs while enrolled at the SOR.

In order to mirror the learning environment of the classroom, the students live in an attached, but separate housing unit with a day room that has no television but is instead equipped with one-to-one computers and a SMART board for completion of homework and further learning and instructional opportunities. Each computer has access to outside learning resources such as Khan Academy, PBS, and the History Channel, giving students advanced opportunities for skill development. The SOR physical environment provides participants with space conducive to deep reflection and internal change. Personal development remains equally important to academic work. From their first day in the program, professional staff lead students through mindfulness training as a therapeutic complement to education, as well as Cognitive Behavioral Therapy. Students are offered additional therapeutic services focusing on substance use counseling, anger management, criminal thinking, and life skills. SOR staff work closely with each participant as they address and take responsibility for their past and begin a transformation into an individual with new skillsets who are better able to cope with life's situations with reason. Together, these initiatives develop a dynamic growth mindset in participants where they see themselves on a path of lifelong success.

### **MassCor Correctional Industries**

The mission of Massachusetts Correctional Industries is to offer diverse, self-sustaining programs that are beneficial to incarcerated individuals and economical for the Commonwealth. Participants are provided with vocational instruction on current equipment and technologies while producing a variety of high-quality products. These programs encourage the development of valuable skills along with a positive work ethic, better positioning incarcerated individuals for success in the workforce and community upon reentry.

To this end, MassCor employs approximately 390 incarcerated individuals in sixteen shops within seven institutions. Through MassCor's shop training programs and work assignments, the incarcerated individual workforce is able to stay current with the outside employment field by learning current and state-of-the-art technologies and equipment, developing specific job-related skills, and learning the technology of an ERP system. Incarcerated individuals also develop "soft skills" such as punctuality, effective communication, time management and working both as a member of a team and as an individual contributor.

These real-world skills provide workers with the foundation to secure gainful employment upon their release. All these skills are in great demand and will be highly valued when incarcerated individuals are looking for post-release employment, making the transition into society easier for them by increasing their chances for success and reducing the likelihood that they will recidivate. Ultimately, making a difference in the life of incarcerated individuals translates into productive taxpaying citizens and overall safer communities.

## **SECURE FACILITIES**

### **MCI FRAMINGHAM**

#### **Departmental Services and Programs**

Building Positive Connections  
Department Tablet  
Family Preservation Programs and Services  
First Step/HOPE Program  
Healthy Living Community  
Healing for the Future  
Life in Recovery  
Motivational Enhancement Program  
Parenting Inside out  
Parenting Support Group  
Pathway Electives  
Peer Pathway Program  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Secure Adjustment Unit Level 1  
Victim Impact  
Volunteer Services

#### **Correctional Industries**

MassCor's Flag/Embroidery Shop is located at MCI Framingham. Incarcerated individuals working in this shop manufacture hand-sewn United States, Commonwealth of Massachusetts, POW/MIA and custom flags for both public and private entities, along with flag accessories such as tassels and finials. Over the past several years, the Flag Shop has experienced a significant increase in demand for cemetery flags. These flags, which are very popular around Memorial Day, Flag Day, Fourth of July and Veterans' Day, are on display at many remembrance sites throughout the state and show support for our Veterans. Workers in the Flag Shop also create laundry bags and belt pouches.

In addition to basic and advanced sewing skills, incarcerated workers in this shop learn digitized design and manufacturing. Incarcerated individuals learn valuable skills that are related to various employment opportunities in the sewing industry within the state. Our Embroidery Shop offers standard and custom embroidery services for apparel such as shirts, jackets, caps and many other items.

#### **Academic Education Programs**

ESL I-Beginner  
ESL III-Advanced  
ESL II-Intermediate  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education  
Partakers  
Babson College  
Boston University  
Inside-Out Program/Framingham State University  
Post-Secondary Education

**Supplemental Education Programs**

Education in Specialized Housing Units  
Remote Learning Tablets

**Technology Education Programs**

Coding 1  
Coding 2  
Coding 3  
Introduction to Microsoft Office

**Vocational Education Programs**

Culinary Arts Foundations I  
OSHA  
SERV Safe  
Cosmetology

**Institutional Programs**

Alcoholics Anonymous  
Another Way to Go  
Book Club  
Christian 12- Step  
Difficult Conversations  
Entrepreneurship  
Houses of Healing  
Introduction to Horticulture  
Impact Fitness  
Jericho Circle  
Law Library Clerk Training  
Liturgical Dance  
Money Smart  
National Education for Assistant Dog Services (NEADS)  
New Beginnings Reentry  
Peace Education Program  
Peer Recovery Support  
Phoenix Physical Wellness and Recovery Program  
Read to Me Mommy  
Restorative Justice Reading Group  
Restorative Justice Maintenance Group  
The Art of Drawing – The Basics  
Toastmasters  
Zen Meditation

## **MCI NORFOLK**

### **Departmental Services and Programs**

Correctional Recovery Academy  
Correctional Recovery Academy Graduate Support Program  
Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Victim Impact  
Violence Reduction  
Volunteer Services

### **Self-Improvement Groups**

African American Coalition Committee  
Asian Cultural Awareness Committee  
Latino Cultural Awareness Committee  
Lifer's Group  
Norfolk Music and Performing Arts Committee  
Stitch for Life  
United for Gay, Bisexual and Transgender Progress  
Young Men's Committee/Reaching Beyond the Bars  
Youthful Offender Coalition

### **Correctional Industries**

MCI Norfolk, MassCor's largest operation, offers incarcerated individuals the opportunity to work in a wide range of manufacturing settings within seven (7) distinct shops. Incarcerated workers in the Clothing Shop cut and sew fabric to create garments and blankets used throughout the Commonwealth and Department of Correction (DOC). The Mattress Shop produces a variety of mattresses used in shelters, colleges and universities, jails and prisons, local police and fire departments and nursing homes. The Metal Shop creates custom fabricated metal furniture built according to provided specifications for a variety of customers. The Upholstery Shop produces a number of quality reupholstered pieces of furniture such as sofas, chairs, and ottomans. They also have reupholstered several high school auditoriums as well as seats at Fenway Park for the Boston Red Sox. The Plate Shop was recently moved from Cedar Junction in Walpole to MCI Norfolk. This shop handles all the license plate needs of the Massachusetts Registry of Motor Vehicles. Lastly, the Binder Shop provides products integral to the MassCor product line and employee office needs such as vinyl binders and padfolios, in many assorted styles, sizes and colors, while the Furniture Assembly Shop assembles various furniture items from a number of outstanding furniture manufacturers.

MassCor continues to collaborate with our Education division, enabling incarcerated individuals seeking skill development and learning opportunities, access through APDS-managed tablets, to learn various professional and vocational skills. Current offerings include CAD and Mastercam training and entry-level upholstery skills. The development of woodworking skills education and plans for CNC milling machine operator training are being worked on. Upon completing a course, participants are allowed to enhance their skills by applying for work within our Industries operations, thereby enhancing their prospects for a successful professional career upon reentry.

**Academic Education Programs**

ESL I-Beginner  
ESL III-Advanced  
ESL II-Intermediate  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education  
Partakers  
Post-Secondary Education  
Boston University  
Emerson College

**Supplemental Education Programs**

Remote Learning Tablets

**Technology Education Programs**

Introduction to Microsoft Office

**Vocational Education Programs**

Barber Training  
Culinary Arts Foundations I  
OSHA  
SERV Safe  
Welding

**Institutional Programs**

Alcoholics Anonymous  
Alternatives to Violence  
American Veterans in Prison (AVIP)  
Another Way to Go  
Companion/Environmental Cleaning  
Emotional Awareness  
Entrepreneurship Program  
Family Violence Education Group  
Introduction to Horticulture  
Jericho Circle  
Mindfulness, Meditation and Resiliency  
Mindfulness: An Islamic Perspective  
Money Smart  
Narcotics Anonymous  
National Education for Assistant Dog Services (NEADS)  
Norfolk Writer's Group  
Parents Helping Parents  
Path of Freedom  
Peer Support Program  
Prison Fellowship Program  
Project Youth  
Read to Me Father  
Restorative Justice Community Building Circles  
Restorative Justice Reading Group  
Restorative Justice Mindfulness Program  
Second Thoughts

Starting Your Own Business  
Toastmasters  
Victim Offender Education Group

## **MCI SHIRLEY**

### **Departmental Services and Programs**

Correctional Recovery Academy  
Correctional Recovery Academy Graduate Support Program  
Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Violence Reduction  
Volunteer Services

### **Self-Improvement Groups**

Black, Latino, Asian Cultural Coalition  
Latino-Hispanic Heritage Group  
Long Termers' Group  
Second Degree Lifers Group

### **Correctional Industries**

MassCor's Wood Shop at MCI Shirley offers participating incarcerated individuals the opportunity to work in a highly productive wood manufacturing plant where they are trained on current, state-of-the-art equipment including CNC (Computer Numerical Control) machines. This equipment provides the capability to manufacture a wide range of specialized, custom-built products to fulfill the needs of fire and police departments, municipal town halls, state agencies, colleges, parks and recreation departments, schools, and housing authorities. Workers transform a wide variety of wood types into desks, chairs, and other custom items, exposing them to a trade that is in high demand and marketable within the Commonwealth. The Laser Engraving program, also housed here, offers a wide variety of options from engraved cutting boards and retirement plaques to holiday decorations and gifts.

The Sewing Shop, also located within MCI Shirley, continues to manufacture flagship products such as sheets, towels and socks for DOC use. In addition, this shop is also assisting with our cemetery flag production by taking some of the overflow from MCI Framingham so that these flags are produced timelier.

### **Academic Education Programs**

ESL I-Beginner  
ESL III-Advanced  
ESL II-Intermediate  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education  
Partakers  
Post-Secondary Education  
Mount Wachusett Community College  
Boston College  
Tufts University



**Supplemental Education Programs**

Remote Learning Tablets

**Technology Education Programs**

Introduction to Microsoft Office

Last Mile

**Vocational Education Programs**

Barber Training

Building Trades

Culinary Arts Foundations I

OSHA

SERV Safe

**Institutional Programs**

Alcoholics Anonymous

America's VetDogs

American Veterans in Prison

Companion/Environmental Cleaning Program

Healing the Wounded Heart

Introduction to Horticulture

Menswork

Music Theory

Project Youth

Restorative Justice Reading Group

Toastmasters

Zen Meditation

## **NORTH CENTRAL CORRECTIONAL INSTITUTION (NCCI-Gardner)**

### **Departmental Services and Programs**

Correctional Recovery Academy  
Correctional Recovery Academy Graduate Support Program  
Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Sex Offender Treatment  
Violence Reduction  
Volunteer Services

### **Self-Improvement Group**

Enlightenment Group for Lifers

### **Correctional Industries**

The Optical shop, located at NCCI Gardner, is MassCor's signature shop. It is a highly profitable, full-scale optical laboratory that utilizes the most current technology and equipment and produces upwards of 250,000 pairs of glasses annually. The Optical Shop services many optical providers throughout Massachusetts. Incarcerated individuals currently working at this site grind, polish, and assemble eyeglasses for a number of customers.

### **Academic Education Programs**

ESL I-Beginner  
ESL III-Advanced  
ESL II-Intermediate  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education  
Mount Wachusett Community College  
Post-Secondary Education

### **Supplemental Education Programs**

Remote Learning Tablets

### **Technology Education Programs**

Introduction to Microsoft Office  
Persevere Coding

### **Vocational Education Programs**

Culinary Arts Foundations I  
OSHA  
SERV Safe  
Small Engine Repair

**Institutional Programs**

Able Minds

Alternatives to Violence

Alcoholics Anonymous

Another Way To Go

Law Library Clerk Training

Living Skills Core Curriculum (BRAVE Unit)

National Education for Assistant Dog Services-Puppy Program

Restorative Justice Circle (BRAVE Unit)

## **SOUZA BARANOWSKI CORRECTIONAL CENTER**

### **Departmental Services and Programs**

Criminal Thinking  
Department Tablet  
Graduate Maintenance Program-Substance Use  
General Population Maintenance Program  
Healthy Relationships  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Reentry Unit  
Religious Services  
Secure Adjustment Unit Level 4  
TIME Program (Reception Only)  
Violence Reduction  
Volunteer Services

### **Academic Education Programs**

ESL I-Beginner  
ESL II-Intermediate  
ESL III-Advanced  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education  
Inside-Out Program/Tufts University  
Post-Secondary Education

### **Supplemental Education Programs**

Education in Specialized Housing Units  
Remote Learning Tablets

### **Technology Education Programs**

Introduction to Microsoft Office

### **Vocational Education Programs**

Culinary Arts Foundations I  
OSHA  
SERV Safe

### **Institutional Programs**

Alcoholics Anonymous  
Another Way to Go  
Book Discussion Group  
Formative Writing Independent Study  
Law Library Clerk Training  
Speak Up  
Strategies For Self Improvement

## **SPECIALIZED FACILITIES**

### **MASSACHUSETTS TREATMENT CENTER**

#### **Departmental Services and Programs**

Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Sex Offender Treatment  
Violence Reduction  
Volunteer Services

#### **Correctional Industries**

The Massachusetts Treatment Center houses the Sign and Silkscreen shops. Incarcerated individuals working in the Sign Shop manufacture a variety of standard street signs that are used on many roadways within the Commonwealth. In addition, they manufacture wall mounted signs for indoor and outdoor use, and signs posted at parks, beaches, parking lots and other recreational areas. This shop can now manufacture vinyl signs as well.

Workers in the Silkscreen Shop produce high-quality custom decals for a variety of uses and silk-screened clothing. Creating decals for cornhole boards has become quite popular in the Silk Screen shop. Over the past year, a direct-to-garment printer, a small sublimation printer and a new CMKY Silkscreen process were introduced to the sign shop to expand its capabilities.

#### **Self-Improvement Group**

Veterans Support Group

#### **Academic Education Programs**

ESL I-Beginner  
ESL II-Intermediate  
ESL III-Advanced  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education

#### **Supplemental Education Programs**

Remote Learning Tablets

#### **Vocational Education Programs**

Culinary Arts Foundations I  
Food Services Training/SERV Safe  
OSHA

#### **Institutional Programs**

Able Minds  
Alcoholics Anonymous

Formative Writing Independent Study  
Law Clerk Training Program  
Music Theory  
Remote Book Discussion Group  
Spanish Service Bible Study

## **OLD COLONY CORRECTIONAL CENTER**

### **Departmental Services and Programs**

Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Sex Offender Treatment (SHU Only)  
Violence Reduction Program  
Volunteer Services

### **Self-Improvement Groups**

African Heritage Coalition  
A Language for Life  
City Missions  
Gay Pride Group  
Lifer's Group  
Mending Souls  
Veteran's Support Group

### **Correctional Industries**

Old Colony Correctional Center is home to our full scale, state-of-the-art Print Shop. Incarcerated Individuals working in the Print Shop are able to use the latest technology to produce quality products and therefore also gain valuable skills which are easily transferable to private industry. Products offered vary from letterhead and business cards to continuous forms and City and Town Reports.

Also located here is the Validation Shop that produces Registry of Motor Vehicle stickers and decals.

### **Academic Education Programs**

ESL I-Beginner  
ESL III-Advanced  
ESL II-Intermediate  
Adult Basic Education  
Pre-Adult Secondary Education  
Adult Secondary Education  
Inside-Out Program/Wheaton College  
Massasoit Community College  
Post-Secondary Education

### **Technology Education Programs**

Introduction to Microsoft Office

### **Supplemental Education Programs**

Education in Specialized Housing Units  
Remote Learning Tablets

**Vocational Education Programs**

Culinary Arts Foundations 1

OSHA

SERV Safe

**Institutional Programs**

Able Minds

Alcoholics Anonymous

Alternatives to Violence

American Veteran's in Prison

America's VetDogs

Companion Program

Garden Program (RTU)

Inside Out Dad

Law Library Clerk Training

Music Theory

Narcotics Anonymous

Path of Freedom

Physical and Mental Well Being

Prison Fellowship Program

Project Youth

Read To Me Father

Restorative Justice Reading Group

Strategies for Self-Improvement

Toastmasters

Walking the Line



**COMMUNITY CORRECTIONS**  
**BOSTON PRE-RELEASE CENTER**

**Departmental Services and Programs**

Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Violence Reduction  
Volunteer Services

**Academic Education Programs**

Adult Secondary Education  
School of Reentry

**Supplemental Education Programs**

Remote Learning Tablets

**Vocational Education Program**

FHARP  
SERV Safe

**Institutional Programs**

Cognitive Skills Workshops  
Fatherheart Program  
Heart to Heart Peace Leaders  
New Beginnings Reentry

**Community Programs** (for incarcerated individuals classified to pre-release )

Educational Release (NECAT)

## **NORTHEASTERN CORRECTIONAL CENTER-CONCORD**

### **Departmental Services and Programs**

Correctional Recovery Academy  
Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Healthy Relationships  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Violence Reduction  
Volunteer Services

### **Correctional Industries**

The Metal Finishing Shop located at NECC provides painting and finishing services for all metal products coming out of the Norfolk metal shop requiring such services.

### **Self-Improvement Group**

Long Termer's Support Group  
Restorative Justice Working Group

### **Academic Education Programs**

Adult Basic Education  
Adult Secondary Education  
Boston College (continuum classes)  
Emerson College (continuum classes)  
HiSet Program  
Pre Adult Secondary Education  
Tufts University (continuum classes)

### **Supplemental Education Programs**

Remote Learning Tablets

### **Vocational Education Programs**

Culinary Arts Foundations I  
Wheelchair Repair  
OSHA  
SERV Safe

### **Institutional Programs**

Alcoholics Anonymous  
Another Way to Go  
AVP Basic Workshop  
Catholic Life  
Catholic Rosary  
Doing the Right Thing  
Fatherheart Program  
Intro to Horticulture

National Education for Assistant Dog Services-Puppy Program  
Stepping Up: Call to Courageous Manhood  
Strategies for Self-Improvement

## **PONDVILLE CORRECTIONAL CENTER**

### **Departmental Services and Programs**

Criminal Thinking  
Department Tablet  
General Population Maintenance Program  
Graduate Maintenance Program-Substance Use  
Healthy Relationships  
Knowledge In Recovery  
Recreation Services  
Reentry Readiness Workshop  
Religious Services  
Violence Reduction  
Volunteer Services

### **Self-Improvement Group**

Fathers Group

### **Academic Education Programs**

Adult Basic Education  
Adult Secondary Education  
ESL I-Beginner  
ESL II-Intermediate  
ESL III-Advanced  
Pre Adult Second Learning

### **Supplemental Education Programs**

Remote Learning Tablets

### **Vocational Education Programs**

Automotive Program (Milford Garage)  
OSHA  
SERV Safe

### **Institutional Programs**

Alcoholic's Anonymous  
America's VetDogs  
Another Way to Go  
Beekeeping  
Career Pathway Workshop  
Cognitive Skills Workshop  
Heart to Heart Peace Leaders  
Money Smart  
Nurturing Fathers  
Reclaiming Reality  
Restorative Justice 101

### **Community Programs (for incarcerated individuals classified to pre-release)**

Diesel Mechanic